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MORE CHANNELS THAN ANY OTHER TV MAG!

14-20 JANUARY 2023

TV&Satellite week

NEW
VERA
Our favourite cops are back

NEW
DANCING ON ICE
Celebrities get their skates on

NEW
MATERNAL
Parminder Nagra is a doctor on the edge

EXCLUSIVE!

The Last of Us

Blockbuster sci-fi drama with **Bella Ramsey** and **Pedro Pascal**

STARTS MONDAY ON SKY ATLANTIC

BEST FOR SKY * BEST FOR SPORT * BEST FOR MOVIES

HotList This week's 28

Saturday 14

Premier League

***FOOTBALL** BT Sport 1, kick-off 12.30pm*

Almost a month on from that epic World Cup final, Manchester City's Julián Álvarez (above) – who bagged four goals for Argentina in Qatar – will still be on a high going into today's Manchester derby.

Michael McIntyre's Big Show

***ENTERTAINMENT** BBC 1, 6.50pm*

The comedian (above) returns with a mix of music, pranks and surprises for members of the public, while Rylan Clark plays Send to All. *See feature, page 12*

Hancock: Very Nearly an Armful

***FACTUAL** Gold, 8pm*

Jack Dee (above) looks back at the career of comic Tony Hancock, followed by two colourised episodes of *Hancock's Half Hour* from 10.05pm. *See Documentaries, p21*

Atlantic Crossing

***DRAMA** Drama, 9pm (box set, UKTV Play)*

Wartime drama about the alleged relationship between Norway's Crown Princess Märtha (Sofia Helin) and US President Franklin D Roosevelt (Kyle MacLachlan). *See feature, page 12*

■ Full listings start on **p35**

Sunday 15

Serengeti III

***WILDLIFE** BBC 1, 4.35pm (box set, BBC iPlayer)*

Baboon Bakari faces a huge challenge as the natural-history series returns: a rival picks a fight, leading to a hair-raising chase. *See Documentaries, p20*

Dancing on Ice

***ENTERTAINMENT** ITV 1, 6.30pm*

Celebrities getting their skates on for tonight's opening show include *Love Island*'s Ekin-Su Cülcüloglu (pictured with dance partner Brendyn Hatfield) and actor Patsy Palmer. *See feature, page 8*

Vera

***CRIME DRAMA** ITV 1, 8pm*

The Northumberland-based crime drama starring Brenda Blethyn returns. DCI Vera Stanhope investigates when burnt human remains are unearthed in a local quarry. *See feature, page 7*

Bad Education

***COMEDY** BBC3, 10pm (box set, BBC iPlayer)*

This fourth series sees Mr Fraser (Mathew Horne) in a new role and Ms Hoburn (Vicki Pepperdine, above) taking charge at Abbey Grove. *See feature, page 11*

■ Full listings start on **p45**

Monday 16

Bank of Dave

***COMEDY DRAMA** Netflix*

Fact-based comedy drama about a Burnley businessman, Dave Fishwick (Rory Kinnear), who set up a community bank to help struggling local businesses. *See Your Watchlist, page 14*

Australian Open

***TENNIS** Eurosport 1, Eurosport 2 & Discovery+*

The first major of the year starts in the early hours of Monday. Venus Williams has been served a wild card, 25 years after her debut. *See Sport Week, page 28*

Maternal

***DRAMA** ITV 1, 9pm (box set, ITVX)*

Almost 15 years on from starring in US hospital drama *ER*, Parminder Nagra (centre) is back on the wards as one of three doctors balancing motherhood with work. *See feature, page 6*

The Last of Us

***SCI-FI** Sky Atlantic, 9pm*

This post-apocalyptic sci-fi drama follows smuggler Joel (*The Mandalorian*'s Pedro Pascal), who is tasked with escorting teenager Ellie (Bella Ramsey) to a safe zone across the US. *See feature, page 4*

■ Full listings start on **p55**

Tuesday 17

Winterwatch

***FACTUAL** BBC2, 8pm*

There are wildlife updates from Chris Packham and Michaela Strachan at Norfolk's Wild Ken Hill, while Iolo Williams and Gillian Burke explore the thriving urban ecosystem of Edinburgh. Continues all week.

Know Your S**t: Inside Our Guts

***FACTUAL** C4, 8pm (box set, All 4)*

Presenters – and identical twins – Lisa and Alana Macfarlane reveal the secrets behind our number twos, from digestive complaints to mental-health issues.

The Conners

***COMEDY** Sky Comedy, 8pm (box set, Sky Box Sets/NOW)*

In the *Roseanne* spin-off's second series, Jackie (Laurie Metcalf, above) must step up in the wake of Emilio's departure. Seasons 1-4 are on Sky Box Sets/NOW.

The Family Pile

***COMEDY** ITV 1, 9.30pm (box set, ITVX)*

Clare Calbraith, Claire Keelan, Alexandra Mardell and Amanda Abbington star as four sisters who are clearing out the family home following the deaths of their elderly parents. *See feature, page 8*

■ Full listings start on **p65**

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best shows

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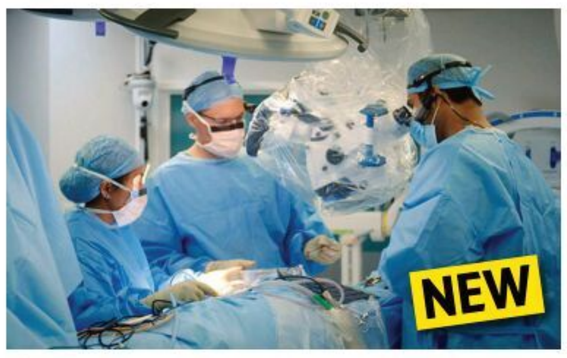
Wednesday 18

Little Demon
***COMEDY** Disney+*
In this animated adult comedy, a mum (Aubrey Plaza) and her Antichrist daughter, Chrissy (Lucy DeVito), are trying to live a normal life, while being regularly plagued by Chrissy's father, Satan (Danny DeVito).

NCIS
***CRIME DRAMA** Disney+*
The US crime drama returns with a crossover episode. Agents Nick Torres, Jessica Knight and *NCIS: Hawaii*'s Jane Tennant must clear Parker's name after he's framed for murder...



Surgeons: At the Edge of Life
***DOCUMENTARY** BBC2, 9pm*
As cameras follow the staff at Addenbrooke's Hospital in Cambridge, specialists help single mother Jasvinder, injured after her car left the road at 70mph.

Ken Loach: This Cultural Life
***PROFILE** BBC4, 10pm*
A profile of the firebrand director behind films such as *Kes* and *I, Daniel Blake*, followed by a screening of Loach's 1965 TV play *Up the Junction* (10.30pm).

■ Full listings start on **p75**

Thursday 19

The Chemistry of Death
***CRIME DRAMA** Paramount+*
In this six-parter, Dr David Hunter (Harry Treadaway, centre) is a GP who is pulled back into his former life with the police when a mutilated body is found in local woods. ***See Your Watchlist, page 17***

That '90s Show
***COMEDY** Netflix*
In this *That '70s Show* spin-off, it's 1995 and Kitty (Debra Jo Rupp) and Red (Kurtwood Smith) find themselves hosting their granddaughter (Callie Haverda) and her friends in their basement.

The Sex Lives of College Girls
***COMEDY DRAMA** ITVX*
A second season of the comedy drama following four room-mates as they return to Essex College in Vermont, with new dramas and new challenges ahead.

Premier League
***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League, kick-off 8pm*
Man City face Spurs in a midweek clash. In February 2022, Harry Kane (above) secured a Tottenham victory in injury time – but the Blues now have Erling Haaland.

■ Full listings start on **p85**

Friday 20

Truth Be Told
***DRAMA** Apple TV+*
In this third series, true-crime podcaster Poppy (the brilliant Octavia Spencer) teams up with an outspoken high-school principal (Gabrielle Union) to look into the case of several missing black girls.

The Hanging Sun
***THRILLER** Sky Premiere, 10.30am & 8pm*
Alessandro Borghi (above) headlines this thriller as a hitman who goes on the run, finding refuge in an isolated village in northern Italy. Jessica Brown Findlay and Charles Dance also star. ***See review, p23***

Primal Survivor: Over the Andes
***DOCUMENTARY** National Geographic, 6pm*
Daredevil presenter Hazen Audel battles waterfalls, snake-filled swamps and freezing terrain as he sets off on a journey across South America.

Ben Is Back
***DRAMA** BBC3, 9pm*
Critically acclaimed drama starring Julia Roberts as a mother who tries to help her addict son, Ben (Lucas Hedges), when he returns home for an unexpected visit from rehab over the Christmas holidays.

■ Full listings start on **p95**

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Staying alive

Bella Ramsey and Pedro Pascal fight to survive a post-apocalyptic world in an adaptation of the acclaimed video game

NEW SCI-FI

The Last of Us

Monday, 9pm, Sky Atlantic

Set in a post-apocalyptic world where a mutated fungus is turning humans into cannibalistic creatures, PlayStation game *The Last of Us* was released in 2013 to widespread acclaim, particularly regarding the central relationship between gruff survivor Joel and his charge Ellie, a teenager who is seemingly immune to the virus.

Many fans observed that the game's compelling narrative would lend itself well to a live-action adaptation, and the game's creator Neil Druckmann teamed up with *Chernobyl* writer Craig Mazin to bring *The Last of Us* to TV, starring *The Mandalorian*'s Pedro Pascal as Joel and *Game of Thrones* star Bella Ramsey as Ellie.

TV&Satellite Week caught up with Pascal, 47, and Ramsey, 19, to find out about turning the bestselling game into a thrilling nine-part series…

How familiar were you with *The Last of Us* before you joined the project?

Ramsey It was one of the only video games I had heard of apart from *Call of Duty* and *Fortnite*, so it was cool when I got the email through – I was like, 'Ooh, I recognise this!' I wasn't a gamer, but I was immediately thrust into the world of it and found out what a great impact it had.

Pascal I remember calling my sister to tell her about the possibility of being cast: she was in a car with my nephews, who are teenage boys – I think you know where this is going! I was like, 'There's this job, it's based on a video game called *The L–*' and I didn't even get the 'a-s-t' out before my nephews were like, '*The Last of Us*?!!' They were really freaked out, and I understood immediately, 'OK, this is a big deal and I hope I get it.'

How does Joel and Ellie's relationship evolve as the series progresses?

Ramsey I think they're mirrors of each other. They clash so much at the beginning because of that – they're so stubborn and reluctant to open up to one another. But as time goes on and they become each other's only grounding element of the world around them, those mirrors become windows where they can really see each other for the first time.

When preparing for these roles, did you look at how Troy Baker and Ashley Johnson played Joel and Ellie in the game?

Pascal I needed to see Troy Baker's Joel to do my Joel, if that makes sense – not to do any kind of copying, but just to incorporate an entire picture. That made sense for me to be able to really be in it.

Ramsey I remember Ashley and Troy posted something when the news was announced. It felt really nice to have their blessing because their work is so fantastic and set us up really well.

Ellie is a very rebellious character. What did you draw on to portray her strength?

Ramsey At one point Pedro started calling me 'Rebellie'! I'm grateful to have the experience of playing these sorts of characters, beginning with the first character I ever got to play, Lyanna Mormont in *Game of Thrones*. She had a strength about her, and I think Ellie is a very different expression of it. Ellie's strength is maybe the initial thing that you notice, but underneath she's this very fragile, vulnerable young person whose greatest fear is ending up alone.

You were both in *Game of Thrones*, although not at the same time. Did you know each other before this?

Ramsey I'd heard of you, but we had never met.

Pascal My head was well-squished by the time you showed up [Pascal played the ill-fated Oberyn Martell, who perished in season four].

Ramsey The first time we met on set, it was this brief meeting – we'd messaged a bit before – and the second time we met, we were filming together.

Pascal I wonder if it was strategic on the part of Craig and Neil to force us not to get to know each other beforehand. It was such a great way for the characters to make their way towards each other in the story.

How did you find the experience of working together?

Pascal We would get the giggles in a horrific way. Although it was primarily Bella's fault.

Ramsey I disagree, I think it was your fault – you were aware that I was a giggler, and you really made the most of it.

Pascal No, you were aware that I couldn't resist the contagiousness of your giggling, and yet you were still incapable of controlling yourself, knowing what it would do to me!

Ramsey OK, I can't fight that.

Pascal I guess we have some unresolved issues around that.

Ramsey We're working on it. We're in couples therapy!

WORDS: STEVEN PERKINS. PHOTOS: SKY/HBO

WHO'S WHO IN *THE LAST OF US*

Joel
Pedro Pascal

A military veteran whose daughter was killed by the virus, Joel is hired to escort Ellie out of a quarantine zone to a safe area.

Ellie
Bella Ramsey

Ellie is sarcastic and combative, but yearns to make a human connection. Her apparent immunity to the virus could be key to creating a vaccine.

Tess
Anna Torv

Tess is Joel's smuggling partner at the start of the series. She's tough and resourceful, but she's also keeping a big secret from him.

Tommy
Gabriel Luna

Following the outbreak, Joel's brother Tommy still believes in a better world, although the two have become separated.

Marlene
Merle Dandridge

Marlene is the head of a movement trying to break away from military rule. She hires Joel to escort Ellie out of the quarantine zone.

Helen, Maryam and Catherine with their children

Front-line

Parminder Nagra stars in a new drama about three medics returning to work after maternity leave

NEW DRAMA
Maternal
Monday, 9pm, ITV1 (box set, ITVX)

Having spent six years in US hospital drama *ER*, Parminder Nagra is back on the wards in new ITV1 medical series *Maternal*.

The six-parter follows three friends and medics as they return to their demanding jobs after maternity leave. Paediatric registrar Maryam (Nagra), acute medicine doctor Helen (*Somewhere Boy*'s Lisa McGrillis), and surgeon Catherine (*The Split*'s Lara Pulver) must navigate a post-pandemic and overstretched NHS while also juggling family life and tricky personal relationships.

'All three women have very different personalities, but they are a big source of support for each other,' explains Nagra, 47. 'Maryam has been on leave for nearly two years after having two children in quick succession, so she's feeling a mixture of excitement and anxiety about how she's going to cope at work and how she's going to feel about leaving her children.'

EARLY STRUGGLES

The opening episode sees Maryam thrown straight into an emergency situation on her first day back, while mum-of-three Helen finds it tough working alongside her husband, Guy (Oliver Chris).

'Helen has a lot of warmth and compassion, but her marriage is collapsing,' reveals McGrillis, 40. 'Helen is a better doctor than Guy, but he's been promoted while she's been off work and he's also been having an affair with a younger colleague, which has caused huge problems in their relationship.'

Meanwhile, ambitious Catherine is a single mum whose baby was conceived during a fling with a married colleague.

'By mutual agreement, the father of her baby is not on the scene,' says Pulver, 42. 'Catherine is determined that family life will fit in around the job she absolutely loves, but she's discovering that you can't schedule a nine-month-old baby.'

KEEP IT IN THE FAMILY

Set in Manchester but filmed in and around Liverpool, the drama also gave the three lead actors a chance to work with loved ones. Pulver's real-life husband, Raza Jaffrey, stars in the show as Catherine's former boyfriend, Jack.

'Working with Raza has been great. It's the first time we've done a job together and this is the first big role I've done since having our two children,' she smiles. 'We have some intimate scenes together. Catherine and Jack are still very much

WORDS: TESS LAMACRAFT. PHOTOS: ITV

Stars Lara Pulver, Parminder Nagra and Lisa McGrillis

mums

Maryam faces a worrying case on her first day back

intertwined. Jack is like the Poldark of the wards!'

Meanwhile, McGrillis was delighted when she managed to combine her role in *Maternal* with a bit of childcare.

'My daughter in real life, Cleo, plays my daughter in the show,' she explains. 'When I read the script and saw Helen had an 18-month-old, I thought, "Well, I've got one, too!" so I volunteered her for the role.

'She was great, although there's one scene where I am singing her a lullaby and she started to play up a bit. It was the end of the day, she was really tired and she didn't want me to hold her. If it had been another baby, I wouldn't have known how to settle her, but because she was my own daughter, thankfully I knew what to do.'

Brenda Blethyn as DCI Vera Stanhope and Kenny Doughty as DS Aiden Healy

DEADLY vendetta

A disliked doctor is found dead as **crime drama *Vera* returns**

NEW CRIME DRAMA

Vera

Sunday, 8pm, ITV1

A web of intrigue, deadly secrets and passionate affairs are exposed when DCI Vera Stanhope and DS Aiden Healy return to solve more crimes in the stunning landscapes of Northumberland.

With six compelling new cases to unravel, Brenda Blethyn and Kenny Doughty resume their roles as the tight-knit detective duo, who, this week, are called to a remote quarry where charred human remains have been discovered.

'They belong to a local GP called Lucy, and have been found in a burnt-out car,' reveals Doughty, 47. 'As Vera and Aiden investigate, they discover that Lucy had made quite a few enemies among the locals.'

Guest stars include *Breeders'* Hugh Quarshie as Lucy's colleague, Dr Leon Parmer, who is caring for his sick wife but is hiding secrets of his own.

'It was really great working with Hugh,' says Blethyn, 76. 'We are always lucky to have lots of fantastic guests appear on *Vera*. It helps keep the series fresh and makes it so fun to work on.'

Later cases in the series find Vera and Aiden called to a remote lighthouse where a body has been discovered tied to a boat, while they also investigate the suspicious death of a popular policeman found floating in a lake.

Vera with forensic boffin Dr Malcolm Donahue (Paul Kaye)

TEAMWORK

Returning characters include DC Jacqueline Williams (Ibinabo Jack) and DC Kenny Lockhart (Jon Morrison), while Paul Kaye reprises his role as moody pathologist Dr Malcolm Donahue, who constantly rubs Vera up the wrong way.

'I adore my scenes with Paul. He is such a lovely man,' says Blethyn. 'We enjoy adding our own little quips and put-downs. We're very serious about our work, but it's important that we can have a bit of a laugh, too.'

'Sometimes they worry they've gone too far,' smiles Doughty. 'You should see the out-takes of the things they say that don't make it to the final edit!'

Dr Leon Parmer (Hugh Quarshie)

Stars Clare Calbraith, Claire Keelan, Alexandra Mardell and Amanda Abbington

We are *family*

Amanda Abbington is one of four close-knit sisters who've lost their parents

NEW COMEDY
The Family Pile
Tuesday, 9.30pm, ITV1 (box set, ITVX)

There are some surprising revelations in store for four Liverpudlian sisters whose parents recently died in ITV1's sparky new sitcom, *The Family Pile*.

Sherlock's Amanda Abbington plays eldest sister Nicole in the six-part comedy, which co-stars *Home Fires*' Clare Calbraith, *The Trip*'s Claire Keelan and *Coronation Street*'s Alexandra Mardell as her straight-talking siblings Yvette, Ursula and Gaynor.

'Nicole has two sons and is happily married to Stuart,' says Abbington. 'She's like the matriarch of the sisters and is organised, business-like and quite acerbic.'

CONFLICTING VIEWS

Nicole thinks their parents' house should be sold and is getting ready to clear it out, but her siblings, who all have very different personalities, aren't entirely happy with the plans.

'Nicole is fiercely loyal and would kill for her sisters, but, at the same time, they rub her up the wrong way,' continues Abbington.

'The characters are warm and very relatable. And as the series progresses, the sisters make some surprising discoveries about their late father...'

Nicole and Stuart with son Connor

The series, filmed in Liverpool, opens with Nicole showing prospective buyers around the property. However, they get an unexpected eyeful when Yvette is caught in a compromising situation with a man she definitely shouldn't be with in an upstairs bedroom.

CAMARADERIE

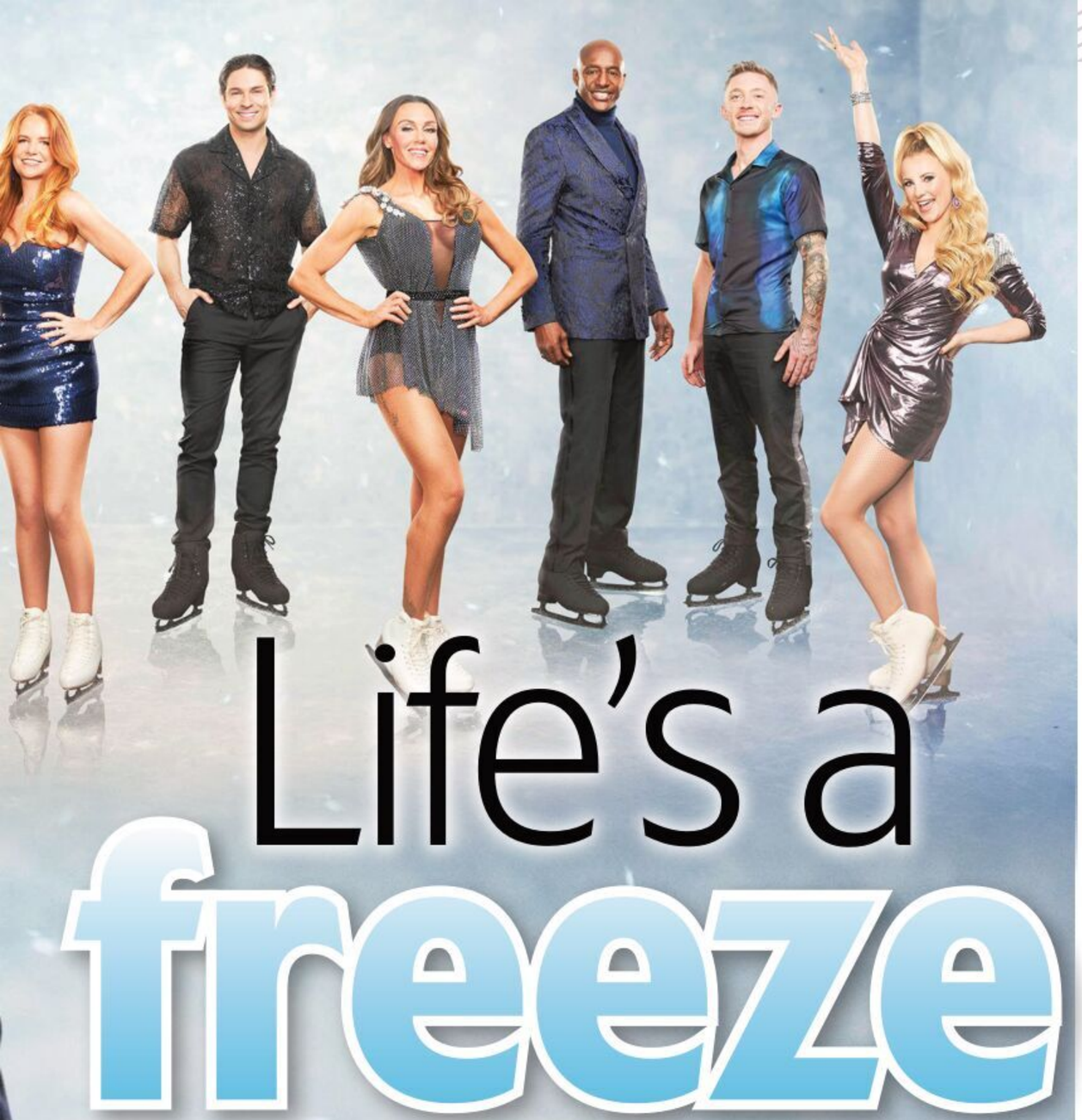
'There was a lot of laughter on set and I'm a corpser,' smiles Abbington, 48. 'I have no self-control and that scene did take a few attempts. But that's what I love about doing a comedy – you can have a lot of fun.'

Although some of the cast are locals, Abbington had to adopt a Liverpool accent for the role.

'Claire and Clare are both from the Liverpool area, so they gave me tips on pronunciation. It's always a slightly scary prospect if you're filming in a location where it's not your native tongue, but they were like my wing women.'

The new line-up

'Come January, when it's dark and bleak, there's a glitzy and over-the-top jeopardy show to watch on TV'
CHRISTOPHER DEAN



Life's a freeze

Jayne Torvill and Christopher Dean are back as judges for a new series as more celebrities take to the ice...

NEW ENTERTAINMENT
Dancing on Ice
Sunday, 6.30pm, ITV1

It's still winter outside and 11 celebrities will be feeling the chill as they get their skates on with the return of ITV1's entertainment spectacle *Dancing on Ice*.

Phillip Schofield and Holly Willoughby host rink-side as the first six famous faces perform on Sunday. Showing off their skills are former *EastEnders* actor Patsy Palmer, Liberty X singer Michelle Heaton, ex-*TOWIE* favourite Joey Essex, Olympic gymnast Nile Wilson, *Love Island* winner Ekin-Su Cülcüloğlu, and The Wanted's Siva Kaneswaran.

Performing next week will be former footballer John Fashanu, *Coronation Street*'s Mollie Gallagher, *RuPaul's Drag Race UK* winner The Vivienne, comedian Darren Harriott, and ex-*Hollyoaks* and West End star Carley Stenson.

Meanwhile, watching over our stars' every glide, twist and twirl will be the Ice Panel – dancers Ashley Banjo and Oti Mabuse, alongside ice-dance royalty Jayne Torvill, 65, and Christopher Dean, 64.

We caught up with the Olympic champions to find out more…

How does it feel to be back for another series of *Dancing on Ice*?
Torvill It's always good to be back and it's exciting when we get to see the new group of celebrities. There's a buzz because you wonder what's going to happen and how far they are going to go.
Dean Like a lot of shows, you get to a certain time of year and it's *Dancing on Ice* time! We've established that, come January, when it's dark and bleak, there's a glitzy and over-the-top jeopardy show to watch on TV.

What are you hoping for from this series?
Dean Something new and creative. We want to be wowed, be excited. I have a feeling The Vivienne will surprise people, and there's a gymnast, Nile Wilson, in there, too.

What advice would you give to *Dancing on Ice*'s class of 2023?
Torvill Put the hours in with all the basic training. But also enjoy the experience. If you enjoy it, then you'll want to do more and you'll want to work harder. It's about having fun and working hard.
Dean Everyone takes it very personally – it's their Olympics, in a sense. You get into this bubble and everybody is trying to do the best they can to survive each week and get to the final.

Which celebrity would you love to see on the ice one day?
Dean Hollywood's Margot Robbie. She played a skater in *I, Tonya*.
Torvill Regé-Jean Page from *Bridgerton*. Shall we see if he's free?

WORDS: TESS LAMACRAFT, ALISON SLADE, VICTORIA WILSON. PHOTOS: BBC, ITV

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Teddy is Stephen's second victim

CORONATION STREET

Stephen kills Leo's dad, Teddy

» **Stephen was left** panic-stricken over Christmas when Teddy discovered that son Leo never arrived in Canada. Fearing his murder secret was about to be exposed, he tried to kill Teddy as he lay unconscious in hospital after being hit by a car, only to be interrupted.

Teddy is on the mend, but his grey matter is shot to bits, and Stephen has manipulated him into thinking Leo is across the Atlantic, and wants nothing to do with him. But just as Stephen seems in the clear, Teddy's memory returns. He realises Audrey's golden child has led him up the garden path, and confronts him.

Will anyone find out what's happened?

Stephen's rattled, and suggests they meet in the empty factory. He tries to talk Teddy round, but the fella is sure Stephen murdered Leo to have Jenny to himself. The second bit may be untrue but the first bit isn't, and when Teddy then vows to go to the police, Stephen whacks him on the head and kills him. Suddenly, he has another corpse to conceal. How long until he's caught?

» **PLUS** Paul attacks Mike, Daisy gets a shock regarding her admirer, Fiz and Tyrone discover Hope's been listening to John's tapes, Damon threatens Nick, and Gemma decides to offer BSL-friendly childminding services.

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ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Linda (right) returns and finds Alfie's having a party in The Vic! Later, the grieving mum's anger is interrupted by the police... Have they found Mick? Whit has her first scan, while Lily makes a decision about her pregnancy.

EMMERDALE

» Sarah (right) suspects Chloe's babyfather is Mackenzie, Gabby makes a move on Nicky, Dawn's kids find out about her past, Mandy gives Bernice bad news, and Kim wants Caleb to invest in her business.

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NEW COMEDY

Bad Education

Sun, 10pm, BBC3 (box set, iPlayer)

Back to school

Vicki Pepperdine takes charge at Abbey Grove as *Bad Education* returns

Jack Whitehall's teacher Alfie Wickers may have finally moved on in last year's *Bad Education: Reunion*, but it's safe to say that Abbey Grove School is no closer to passing an Ofsted inspection as the BBC3 comedy returns for a fourth series.

As we saw in the special, former students Stephen (Layton Williams) and Mitchell (Charlie Wernham) are now back teaching drama and PE respectively, while tragic, try-hard head teacher Mr Fraser (Mathew Horne) has made a 'lateral move' to the canteen, and been replaced in the top job by the forthright Ms Hoburn (Vicki Pepperdine).

Stephen and Mitchell (both centre)

CORPORATE FOCUS

'Hoburn is from a business background, so everything she does is motivated by profit,' Pepperdine tells *TV&Satellite Week*. 'She's not passionate about educating children. She just cares about achieving targets, and setting things in motion that are going to benefit her.

'She has quite interesting tactics to pull the children into line and make people do what she wants, but she's absolutely hopeless at it. She was a failure in business, and she's a failure in the education system.'

Ms Hoburn watches a stage performance

EASY TARGETS

The bottom line is very much on Hoburn's mind in the opening episode, as she announces her plan to get rid of one department in order to balance the school's budget. With drama and PE foremost in her firing line, Stephen and Mitchell are determined to save their jobs – and aren't afraid to throw each other under the bus in the process.

'She's completely brutal, and thinks those two departments are pointless,' says Pepperdine, 61. 'She's a bit bemused by Stephen, perhaps a little scared of him because he is very dynamic. With Mitchell, she's fond of him in a way. She thinks of him as a cheeky chappie and not very bright, so therefore not much of a threat.'

> 'She was a failure in business, and she's a failure in education'
>
> VICKI PEPPERDINE

Pepperdine found herself growing close to the cast of up-and-coming talent who play the new generation of pupils in Abbey Grove's Class K.

'I fell in love with all of them,' she reveals. 'I've got two boys, and they were between the ages of my youngest and my oldest sons, so I felt quite motherly in some ways. It's a great cast, with so much energy – it was lovely to be around that whole vibe.'

You liked...

Schitt's Creek on Netflix

The Canadian comedy series originally aired between 2015 and 2020 and followed the fortunes of the once-wealthy Moira and Johnny Rose after the couple lose their millions and relocate with their family to Schitt's Creek, a small town they once bought as a joke.

Now try this...

The Reluctant Traveller on Apple TV+

Schitt's Creek's Emmy-winning actor Eugene Levy will pack his bags for an upcoming travelogue series. The eight-parter follows Levy, who admits he's not a natural traveller, as he visits Costa Rica, Finland, Italy, Japan, the Maldives, Portugal, South Africa and the US to explore the local cultures.

WORDS: STEVEN PERKINS, RICHARD MCCLURE.
PHOTOS: APPLE TV+, BBC, C4

Look Who's Back...

A familiar face appearing in a new role this week

Siobhán McSweeney

NEW Murdoch Mysteries

Thursday, 9pm, Alibi

Born in County Cork, Siobhán McSweeney turned to acting after earning a science degree and is best known for her role as cynical nun Sister Michael (inset) in C4 comedy *Derry Girls* (2018-2022). As well as hosting C4's *The Great Pottery Throw Down*, she's starred in ITV1 whodunnit series *Holding* (2022), C4 cop comedy *No Offence* (2015) and BBC2 crime drama *The Fall* (2013-2014).

HER NEW ROLE

The Irish star turns up in the new, 16th series of period crime drama *Murdoch Mysteries*, playing the clairvoyant aunt of Constable George Crabtree (Jonny Harris) in a two-part story. When Aunt Oleander (McSweeney) foretells a frightful fate surrounding her nephew's nuptials, Crabtree leaves his bride-to-be, Effie (Clare McConnell), at the altar. But does she have an ulterior motive? 'I don't think Sister Michael would have much time for her spooky ways,' says McSweeney, 43.

Siobhán McSweeney as Aunt Oleander

WORDS: TESS LAMACRAFT, REBECCA MAHONEY, RICHARD MCCLURE, NATASHA HOLT, VICTORIA WILSON. PHOTOS: BBC, C4, ITV, UKTV

TV WEEK

Crown in crisis

Sofia Helin and Kyle MacLachlan star in a wartime royal drama

NEW DRAMA

Atlantic Crossing

Saturday, 9pm, Drama (box set, UKTV Play)

He's best known as FBI Agent Dale Cooper in *Twin Peaks* and Charlotte's husband Trey in *Sex and the City*, but this week Kyle MacLachlan is almost unrecognisable as US President Franklin D Roosevelt.

Set against the backdrop of World War Two, eight-part drama *Atlantic Crossing* follows the real-life friendship between the US leader and Norway's Crown Princess Märtha (Sofia Helin).

When Nazi Germany invades neutral Norway in 1940, Crown Prince Olav (Tobias Santelmann) and Märtha retreat to London. Olav arranges for Märtha and their three children to sail to America, where they are taken in by Roosevelt at the White House.

'The focus is on how Märtha finds her voice and her strength,' reveals MacLachlan, 63. 'It is a side of the war that is not typically explored.'

As a Nazi spy puts Märtha's children at risk, the married Roosevelt begins to develop romantic feelings for his house guest.

'Their relationship was the target of a lot of gossip,' says Helin, 50. 'Märtha was an early

Märtha and FDR soon grow close

Mischief-maker

Michael McIntyre is back for more surprises

NEW ENTERTAINMENT

Michael McIntyre's Big Show

Saturday, 6.50pm, BBC1

There's a new batch of celebs, skits and unexpected stars as *Michael McIntyre's Big Show* returns to BBC1, with this week's show featuring a prank on an *Antiques Roadshow* fan, plus Rylan Clark bravely handing over his phone in Send to All.

Tobias Santelmann, Sofia Helin and Kyle MacLachlan as Olav, Märtha and Roosevelt

version of Princess Diana in the sense that she didn't care about royal rules, and acted from her heart and with compassion.'

ROYAL RULES

The Swedish star learnt Norwegian to prepare for the role, and also took lessons in royal etiquette.

'I worked with the staff at the royal palace in Stockholm and they taught me how to behave, and what you're not supposed to do,' she reveals. 'For instance, I learnt that in the 1940s, a woman at a dinner couldn't drink any alcohol unless a man proposed a toast. That's quite shocking, isn't it?'

Here, McIntyre, 46, tells us what's in store for the new series...

This week, there is a brilliant *Antiques Roadshow* spoof... We prank a guy who is a big collector of bits that are relatively worthless, with me disguised as one of the experts. I was putting on a posh voice but occasionally I would slip into my own voice. Towards the end, he said the dreaded words, 'Is that Michael McIntyre?'

Sir Bryn Terfel sings with Anne

The Unexpected Stars of the Show are fantastic... One is a lady in her 70s called Anne who has been blind since birth. During lockdown, she sang in her road for her neighbours, who nominated her for the show – and she got to duet with one of her singing heroes.

One of the pranks features an amazing man called Paul who's been helping people in Ukraine... He's an Everton fan, so we rigged up secret cameras in the stadium. I spent a pre-season match as a fake mascot called Mickey Kickey and we got Paul on the subs bench, where he was suddenly called on to take a penalty. The crowd, who were in on the surprise, were going crazy.

Jonathan Ross, Lewis Capaldi and Stacey Dooley are among the celebs surrendering their phones... Lewis had the dating app Hinge on his phone and was happy for us to go through his answers on that. It was quite hard to think of a text to send that was more embarrassing than anything Lewis normally says himself!

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Iolo Williams, Michaela Strachan, Gillian Burke and Chris Packham

NEW Winterwatch

Tuesday-Friday, 8pm, BBC2

Chris Packham and Michaela Strachan host two weeks of live shows from Wild Ken Hill in Norfolk, including footage of breeding season for grey seals, while Iolo Williams and Gillian Burke report from Edinburgh, where cameras are trained on a wild badger sett. Elsewhere, Megan McCubbin witnesses a starling murmuration in Brighton and TV medic Dr Amir Khan celebrates the birds in his back garden.

Love Island

Monday-Friday, 9pm, ITV2

If you want a splash of sunshine to brighten the winter gloom, Maya Jama (left) provides just that as she takes over hosting duties as *Love Island* returns. This time, South Africa is the location as more love-struck singletons are guided through the trials and tribulations of cracking on and coupling up in the swanky villa, with extra safeguarding rules in place following past controversies.

Celebrity Bridge of Lies

Saturday, 6.05pm, BBC1

Ross Kemp (left) returns with a celeb version of the hit quiz. First to try their luck are soap actors John Partridge, Faye Brookes, Natalie Anderson and Richard Blackwood. 'This show is light relief for me. Normally I'm doing "misery" documentaries but I think we've all had enough misery,' says Kemp. 'The celebrity version is more glam than the regular show and there's more jeopardy.'

Amy Dowden's Dare to Dance

Saturday, 5.35pm, BBC1 Wales & BBC iPlayer

Strictly Come Dancing professional dancer Amy Dowden takes to the floor in this new six-part series as she teaches non-dancers a routine to surprise their family and friends. In the first episode, she teaches Sian, from South Wales, a waltz to perform with her grandson Iestyn at her 70th birthday party.

Rory Kinnear as Dave Fishwick

High-street hero

Rory Kinnear stars in the true story of the Burnley businessman who opened his own community bank

NETFLIX **Bank of Dave**

NEW *Available:* ***Monday 16 January***
Genre: ***Comedy drama***

The David-and-Goliath tale of how self-made millionaire Dave Fishwick took on the banking world has already been the subject of a 2012 C4 documentary series.

Now, the story of the Burnley businessman who decided to set up a community bank in his home town has been turned into a film.

Bank of Dave stars Rory Kinnear as Fishwick, who, after leaving school with no qualifications, made his fortune selling minibuses. When he noticed orders drying up because his customers were unable to borrow money from the big banks, he started loaning money to them on an ad hoc basis before coming up with his idea.

BIG AMBITIONS

'I never had any desire to be a banker,' admits the 51-year-old. 'But the credit crunch in 2008 threatened to be a very big problem for my business. So I thought maybe I could open a tiny bank to serve the local community. How hard could it be?'

The film, which co-stars *Yesterday*'s Joel Fry as Fishwick's lawyer Hugh, and Hugh Bonneville as an aristocratic financier, reveals the answer was 'very hard indeed'.

With Jo Hartley as Fishwick's wife, Nicola

Fishwick discovered that no new banking licence had been issued in over 100 years, and in order to obtain one he would have to come up with a vast sum of money.

'The Financial Services Authority wouldn't even meet me unless I put millions of pounds in a protected account with them,' he explains.

MAKING A DIFFERENCE

As retold in *Bank of Dave*, Fishwick's quest runs alongside a fish-out-of-water romance between Hugh and local doctor Alexandra (*Bridgerton*'s Phoebe Dynevor), and sees local rock legends Def Leppard help to make his dream come true.

Hugh Bonneville as Sir Charles

The real Dave Fishwick

Kinnear with Joel Fry (right) as Hugh

Ultimately, Fishwick did open a bank – which, despite the film's title, is actually called Burnley Savings and Loans – deciding all the profits should go to charity.

'This is not about adding more zeroes to my net wealth,' he reveals. 'After all, you can only drive one car at a time or go on one holiday at a time. Sometimes you just have to stand up and make a difference.'

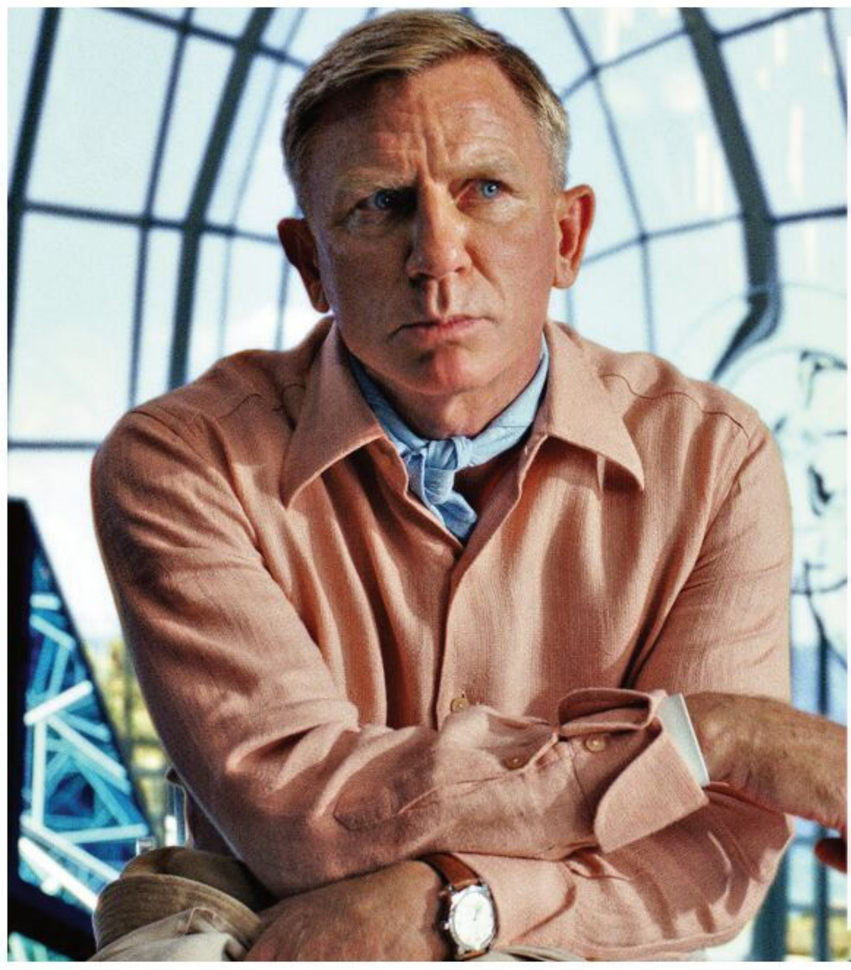
But despite the happy ending, Fishwick is still concerned about what his experience says about the banking industry and the financial regulators.

'This whole process has felt like jumping off a cliff and building a plane on the way down,' he says. 'Hopefully, thanks to what I have learnt, other people will have some of the tools to change how we bank in Britain.

'My dream is for small banks like mine to spring up all over the country, and to go back to a system of banking that's focused on people, not bonuses.'

What we're watching...

The shows being enjoyed by the *TVSW* team



NETFLIX Glass Onion: A Knives Out Mystery

Genre: Thriller Episodes: One-off

Daniel Craig (left) again relishes his role as Benoit Blanc, the flamboyant, cigar-chomping detective with a deep southern drawl in the sequel to 2019's *Knives Out*. Blanc receives an invitation to visit the private island of billionaire Miles Bron (Edward Norton), along with some of Miles' old friends, for a murder-mystery weekend. But when an actual murder takes place, Blanc's services are needed for real. A stylish whodunnit with enjoyable performances from the likes of Dave Bautista and Janelle Monáe.

itvX Plebs: Soldiers of Rome

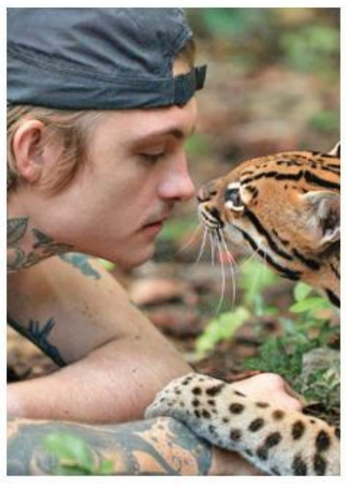
Genre: Comedy
Episodes: One-off

The Ancient Rome sitcom ends with a feature-length episode as the clueless trio (Jon Pointing, right, Tom Rosenthal and Ryan Sampson) sign up for the army, never expecting they'll have to fight.

prime video Wildcat

Genre: Documentary
Episodes: One-off

An inspiring documentary about Harry Turner, a British Afghanistan veteran suffering from PTSD, who finds new meaning in life when he helps to rehabilitate an orphaned baby ocelot in the Amazon jungle.



Now in production...

Three upcoming shows to look out for soon

Disney+ Witch Mountain

This Disney+ pilot is based on the classic films, and will follow teens who have strange powers and uncover dark secrets. Bryce Dallas Howard (above) plays Audrey, whose daughter Tia (Isabel Gravitt) is terrified about inheriting her late father's mental illness.

tv+ Firebug

Taron Egerton (above) will star in Apple TV+'s drama about a special investigator who works to track down two prolific arsonists. It is inspired by the true story of California-based firefighter John Leonard Orr, who caused shock waves when he was convicted of arson himself.

prime video All Stars

In Prime Video's comedy series, Reese Witherspoon will portray a wily one-time cheerleader from Florida, who gets a job at a school on the British coast, where she tries to teach a motley bunch of students the ins and outs of cheerleading, and learns about herself along the way.

WORDS: CAREN CLARK, JUDY EWENS, IAN MACEWAN. PHOTOS: GETTY, ITV, NETFLIX, PRIME VIDEO, SHUTTERSTOCK

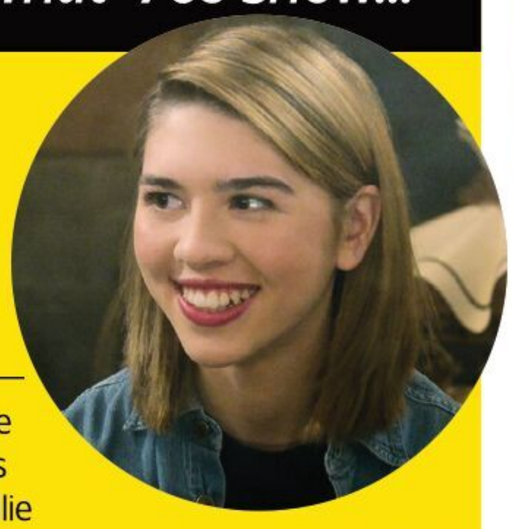
For fans of Danny DeVito...

Disney+ Little Demon

NEW Available: Wed 18 January
Genre: Comedy Season: 1
Episodes: 10

Movie star Danny DeVito voices Satan in this adult animation, which follows a mother, Laura (*The White Lotus*' Aubrey Plaza), and her Antichrist daughter Chrissy as they battle monstrous forces. DeVito's real-life daughter Lucy voices Chrissy, while his ex, Rhea Perlman, also guests.

If you liked That '70s Show...



NETFLIX That '90s Show

NEW Available: Thu 19 Jan
Genre: Comedy Season: 1
Episodes: 10

Set several years after the events of *That '70s Show*, this spin-off focuses on Leia (Callie Haverda, inset), the teenage daughter of Eric and Donna from the original series. It follows Leia as she spends the summer of 1995 with her grandparents, Red and Kitty, in Wisconsin.

NETFLIX Fauda

NEW Available: Friday 20 January
Genre: Thriller Season: 4 Episodes: 12

As the hit drama returns, two years have passed since the execution of former hostage Yaara by terrorist Bashar. Israeli agent Doron Kavillio (Lior Raz) is dealing with his guilt over the death of his colleague, Avihai, and anger at being thrown out of the undercover unit. But Doron is soon enlisted for one more mission as the team heads to Belgium, where they uncover an unexpected terrorist connection. 'The team is trying to find a man who is responsible for a terrible attack in the first episode,' explains co-creator Avi Issacharoff. 'It turns out he is living inside Israel and his sister is a police officer in the Israeli police.'

Jeremy Renner as Mike McLusky

Paramount+ Mayor of Kingstown

NEW Available: Monday 16 January Genre: Drama
Season: 2 Episodes: 10 (released weekly)

Marvel actor Jeremy Renner, who recently survived a near-fatal snowplough accident, is back as Mike McLusky, the unofficial mayor of Kingstown, Michigan, in the series about the McLusky family, who have made their fortune from running prisons in the town. In the season-one finale, Mike and his brother Kyle (Taylor Handley) were dragged into a prison riot and must now deal with the aftermath. Meanwhile, Mike has to fix his fractured relationship with sex worker Iris (Emma Laird), and Russian mobster Milo (Aidan Gillen) is causing chaos after helping to initiate the riot and escaping in a prison guard's uniform.

Octavia Spencer as Poppy Scoville

tv+ Truth Be Told

NEW Available: Fri 20 Jan Genre: Drama
Season: 3 Eps: 10 (released weekly)

Oscar-winner Octavia Spencer returns as investigative reporter-turned-true-crime podcaster Poppy Scoville, who this time finds herself frustrated by the lack of media attention given to several young black girls who have gone missing. She teams up with their unorthodox high-school principal Eva (Gabrielle Union) to keep the girls in the public eye, and is determined to chase down a suspected sex-trafficking ring that may have ensnared the youngsters. 'You can expect a propulsive story, great acting, laughter and tears,' says Spencer. 'Playing Poppy, I finally understand the meaning of the adage, "The road to hell is paved with good intentions." Poppy has so many good intentions.'

WORDS: NATASHA HOLT, NICK CANNON, RICHARD MCCLURE, JUDY EWENS, CAREN CLARK. PHOTOS: APPLE TV+, BBC, © 023 DISNEY AND ITS RELATED ENTITIES, ITV, PARAMOUNT+, SKY, NETFLIX, FX

Hunting a KILLER

Harry Treadaway plays a GP running away from his past

Dr David Hunter (Harry Treadaway) is called to the scene of a brutal murder

Paramount+ The Chemistry of Death

NEW *Available: Thu 19 Jan Genre: Crime drama Season: 1 Episodes: 6 (released weekly)*

***Penny Dreadful* actor** Harry Treadaway stars in this gritty adaptation of the bestselling novels by Simon Beckett, playing renowned forensic anthropologist Dr David Hunter.

However, when we first meet Hunter, he's working as a GP in a countryside village after seeking refuge from a traumatic loss. 'David has become this village GP, having run away from his previous life – and he is doing a pretty good job at being a new person,' says Treadaway.

But his life is thrown into turmoil when the mutilated body of a woman is discovered in nearby woods. The local cops, hearing about Hunter's former career as a well-respected police consultant, ask him for advice. Initially unwilling to get involved, Hunter finds himself drawn into the case when another woman goes missing and the atmosphere in the close-knit community becomes full of fear and suspicion.

DIVIDED COMMUNITY

The series also stars *Downton Abbey*'s Amy Nuttall and *Babylon*'s Nick Blood as married couple Grace and Michael Strachan, who are regarded with suspicion by the locals.

'Not many people in the community are keen on Grace because she's not a local and is considered quite a posh newcomer,' says Nuttall. 'She's keen to get the villagers on her side, but not all is as it seems.'

'Michael is a little bit of a mystery, too,' adds Blood. 'He and Grace turned up a few years ago. They've got a lot of money and they've kind of bought their way into the community.'

Meanwhile, Harry Potter actor Katie Leung plays investigative journalist Maggie, and *His Dark Materials* actor Lucian Msamati is Hunter's boss, Dr Henry Maitland.

'What excited me most about the series was David's complex backstory,' says Treadaway. 'And as the story progresses, viewers will see the chinks in his armour…'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER

Happy Valley

Diligent cop Catherine Cawood (Sarah Lancashire) finds her life turned upside down in the final series of the BBC1 thriller when she is forced to cross paths once more with twisted killer Tommy Lee Royce (James Norton).

itvX

Stonehouse

ITV1's colourful 1970s-set factual drama sees personal and financial pressures mount for Labour MP John Stonehouse (Matthew Macfadyen). But after he fakes his own death, he lands himself in even more trouble...

BBC iPLAYER

Macaque: Monkeys in the Mountains

This stunning BBC1 wildlife film explores the tribulations faced by courageous Barbary macaque Mac as he leads his troop in Morocco's Atlas Mountains and battles a rival and the impact of extreme weather.

sky box sets · Virgin media · NOW

Romantic Getaway

In a quirky Sky Comedy series, Deacon (Romesh Ranganathan) and Allison (Katherine Ryan) steal a fortune from their nasty boss to fund IVF. But their scam quickly hits some stumbling blocks.

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PLUS Return flights with all transfers†, three and four-star accommodation, with four breakfasts, plus the services of a tour manager

Departures March to November 2023

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- Stay in vibrant Vancouver and tour this sophisticated city

PLUS Return flights with all transfers†, silverLeaf service on board the Rocky Mountaineer with two breakfasts and two lunches, three-star superior accommodation, plus the services of a tour manager

Departures May to September 2023

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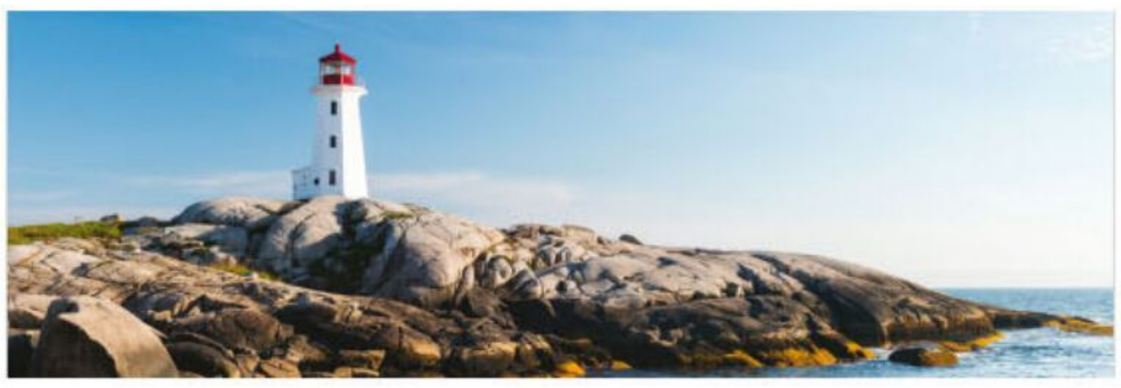
- Tour Graceland and explore the incredible life and times of Elvis
- Spend three days in New Orleans and enjoy a walking tour
- Guided tour of Houston's NASA Johnson Space Centre
- Visit the Alamo in San Antonio
- In Memphis visit the National Civil Rights Museum
- See where President John F Kennedy was assassinated in Dallas

PLUS Return flights with all transfers, three to three-star superior accommodation including daily breakfast, plus the services of a tour manager

Departures March to November 2023



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- Discover picturesque Halifax, unearth its military past at the historic Citadel and visit Fairview Lawn Cemetery, final resting place of victims of the Titanic
- Experience the world's highest tides at Fundy National Park
- Follow in the footsteps of author Lucy Maud Montgomery and her beloved red-haired character at the Anne of Green Gables Museum
- Spend the day exploring St Andrews by-the-Sea, a quintessential fishing town
- See the iconic Peggy's Point Lighthouse, one of Canada's most famous

PLUS Return flight from the UK and hotel transfers, three-star and four-star accommodation, with breakfast, plus the services of a tour manager

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Temptation Island
Sunday 15 January

Season four of the dating reality show. Couples who are at a crossroads in their relationship must live with a group of singletons on a gorgeous island to test the strength of their romance.

The Paradise
Monday 16 January

Season two of the Finnish/Spanish crime drama. Criminal investigator Hilkka Mäntymäki (Riitta Havukainen) returns to the Costa del Sol to investigate the murder of an unknown Finnish man.

Bank of Dave
Mon 16 January

Rory Kinnear stars in this biopic as Dave Fishwick, the self-made Burnley millionaire, who, in 2011, fought London banking institutions to set up a community bank so that he could help local businesses. See feature, page 14.

Are You the One? Global Edition

The Price of Glee
Monday 16 January

Three-part docuseries about TV phenomenon *Glee*, a show that made overnight stars out of its unknown cast but which was plagued by tragedies and scandals, including the death of actor Cory Monteith during its run.

Mayor of Kingstown
Monday 16 January

Season two of the crime thriller about the powerful McLusky family in Kingston, Michigan, who run the prison system and often take the law into their own hands. Jeremy Renner and Dianne Wiest return to head the cast.

Little Demon
Wednesday 18 January

Animated adult sitcom. Thirteen years after being impregnated by Satan (Danny DeVito), a mother (Aubrey Plaza) and her Antichrist daughter (Lucy DeVito) try to live an ordinary life, but they find themselves constantly overwhelmed by monstrous forces.

NCIS
Wednesday 18 January

Season 20 of the US crime drama starring *The Good Fight*'s Gary Cole as supervisory special agent Alden Parker.

Are You the One? Global Edition
Thursday 19 January

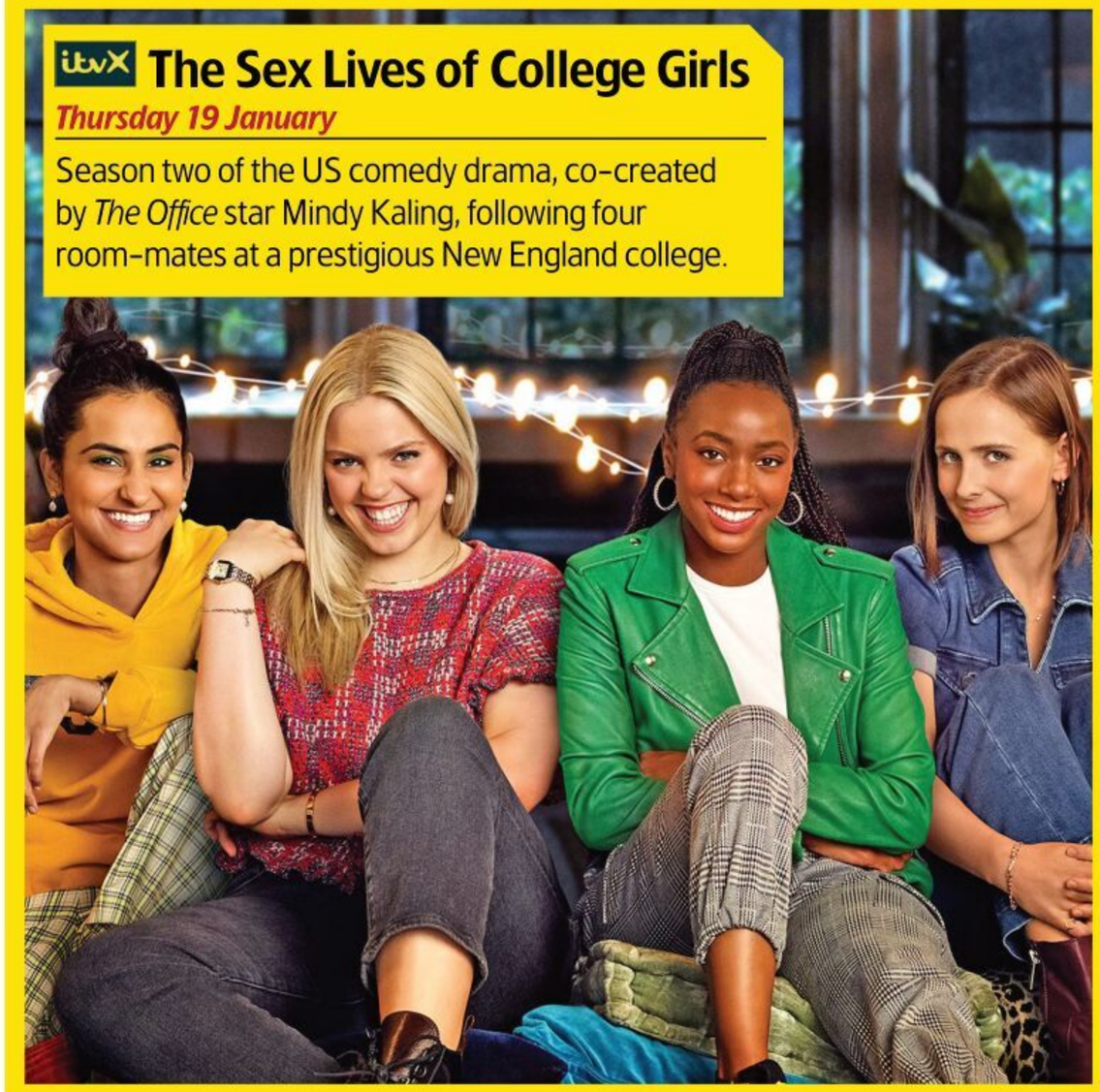
Dating reality show in which 22 recently single men and women from around the world are put through an extensive matchmaking process in the hopes of finding their perfect match.

That '90s Show
Thursday 19 January

Spin-off from US sitcom *That '70s Show* centring on Leia (Callie Haverda), the teenage daughter of the original show's Eric and Donna, as she spends the summer of 1995 with her grandparents (Debra Jo Rupp and Kurtwood Smith).

The Chemistry of Death
Thursday 19 January

Crime drama based on the novels by Simon Beckett. Harry Treadaway stars as former forensic anthropologist Dr David Hunter, now working as a GP in the countryside, who returns to his old calling when a body is discovered in the woods. See feature, page 17.



The Sex Lives of College Girls
Thursday 19 January

Season two of the US comedy drama, co-created by *The Office* star Mindy Kaling, following four room-mates at a prestigious New England college.

Fauda
Friday 20 January

Season four of the Israeli military drama. Doron (Lior Raz) is enlisted for a complex and dangerous mission, which takes him and his team from Belgium to Lebanon.

Shahmaran
Friday 20 January

Turkish fantasy drama series. A young woman (Serenay Sarikaya) goes to the city of Adana to confront her estranged grandfather and finds herself in the middle of a legend.

Represent

Represent
Friday 20 January

French political comedy starring Jean-Pascal Zadi. A youth-centre leader from the suburbs of Paris becomes a finalist in the presidential election. But is France ready for its first black president?

Bake Squad
Friday 20 January

Season two of the American baking competition. Bakers battle it out to see whose dessert will be chosen for a client's special day.

Mission Majnu
Friday 20 January

Indian spy thriller set in the 1970s. An undercover spy takes on a mission to expose a covert nuclear-weapons programme in Pakistan.

The Legend of Vox Machina
Friday 20 January

Season two of the adult animated fantasy series. The Vox Machina team must once again save the world from destruction.

Truth Be Told
Friday 20 January

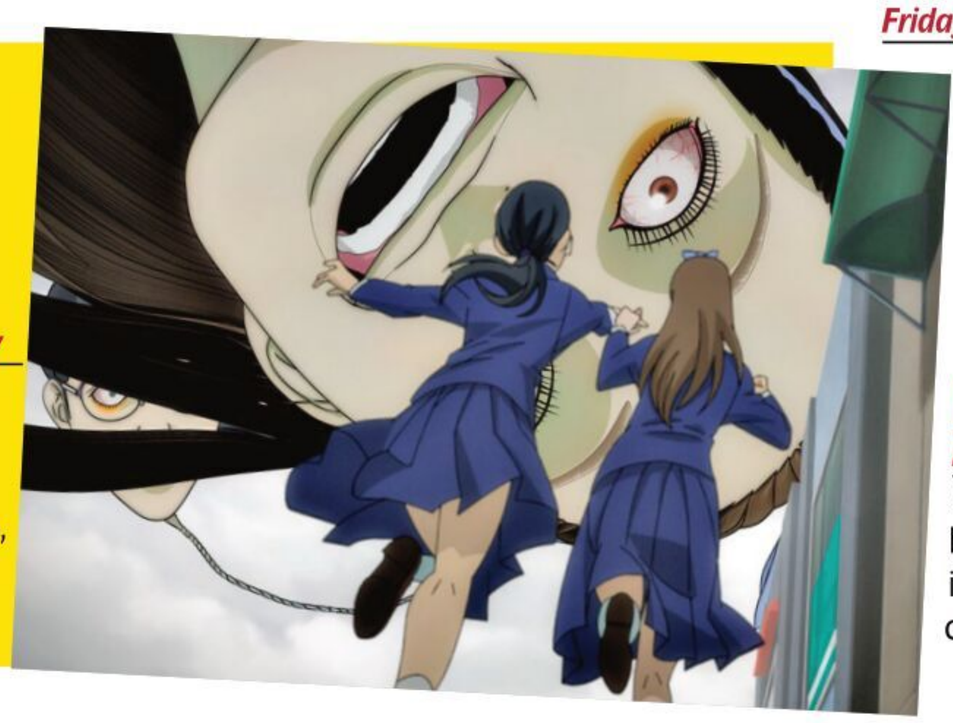
In season three of the drama starring Octavia Spencer as an investigative reporter turned true-crime podcaster, Poppy teams up with an unorthodox principal (Gabrielle Union) to investigate the disappearance of several black girls.

Grow
Friday 20 January

Danish thriller series. After their father dies, one brother goes off the rails while the other joins the police. Real-life brothers Andreas and Sebastian Jessen star, with Lars Mikkelsen (*The Killing*, *Borgen*) also among the cast.

Junji Ito Maniac: Japanese Tales of the Macabre
Thursday 19 January

Anime anthology series based on stories from horror manga artist Junji Ito, with the shared theme of madness.



WORDS: JUDY EWENS. PHOTOS: PARAMOUNT+, ITV, NETFLIX

Documentaries

Animal tales

Cameras catch up with our favourite **Serengeti** residents

NEW WILDLIFE

Serengeti III

Sun, 4.35pm, BBC1 (box set, BBC iPlayer)

From the lions and hyenas to the tiny mongoose, the animals of the Serengeti all have one thing in common – the fight for survival.

Now, we get to take a closer look at their individual struggles as *Serengeti*, the stunning BBC1 series showing the real-life stories of the animals of Tanzania, returns for a new series.

In the first episode, we catch up with Kali the lioness, who joined a new pride when her own was torn apart. But she's still struggling to find her place in this new family and must keep her cubs safe, especially from Askari, the fearsome male.

Two of her cubs have been killed by jealous males in the past and we see Kali determined to protect her offspring, no matter the danger.

We also follow Bakari, the leader of a baboon troop, who has a fierce rival waiting in the wings, and Zalika the tenacious hyena who's determined to work out how to hunt flamingos.

There's also Duma the adventurous cheetah cub, Nalla the elephant and her baby Kadogo, and new arrival Utani, the mongoose.

Utani with a pup

FAMILY DRAMAS

'All these animals have family groups just like humans have family groups,' says *Bridgerton* and *Doctor Who* star Adjoa Andoh, who narrates the series. 'Just like us, they can be lonely, ambitious and fall in love.'

While the animals all have their own individual dramas, their biggest threat comes from nature itself when a huge fire sweeps across the tinder-dry plains. It's tough viewing, but Andoh feels it's vital to show the problems that climate change is inflicting on the animal kingdom.

A flock of flamingos

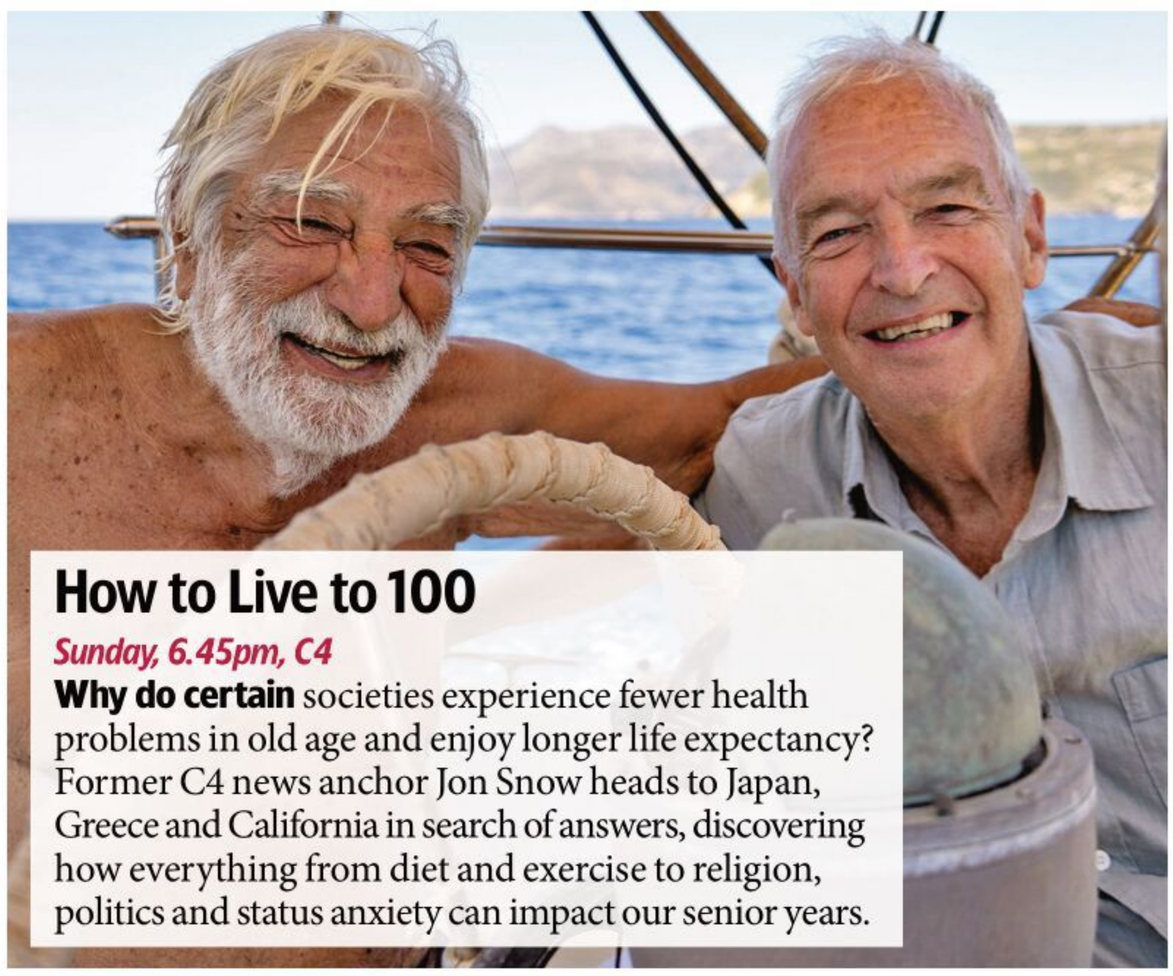
'The thing that struck me most is how these groups of animals band together when they are threatened from the outside,' she says.

'Hopefully, this series will make us more conscious of the ravages of climate change, and what can be done to stop humans spoiling the planet. It's so important that we have a conversation about protecting these precious creatures.'

Britain's Notorious Prisons

Thursday, 9pm (not STV), ITV1

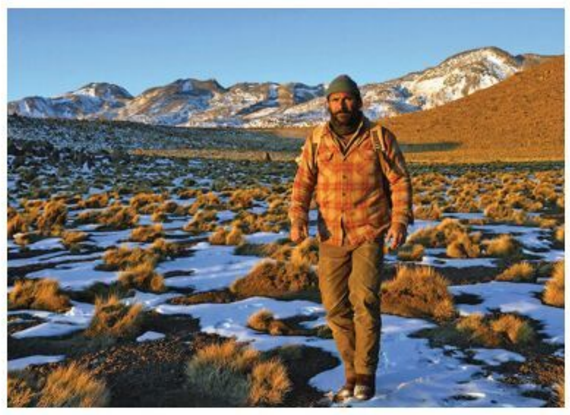
The two-parter concludes with a look at London's Wormwood Scrubs, a prison with a violent past whose famous inmates have included rock musicians Keith Richards and Pete Doherty, gangsters the Krays, Yorkshire Ripper Peter Sutcliffe and armed robber Donald Neilson, AKA the Black Panther.



How to Live to 100

Sunday, 6.45pm, C4

Why do certain societies experience fewer health problems in old age and enjoy longer life expectancy? Former C4 news anchor Jon Snow heads to Japan, Greece and California in search of answers, discovering how everything from diet and exercise to religion, politics and status anxiety can impact our senior years.



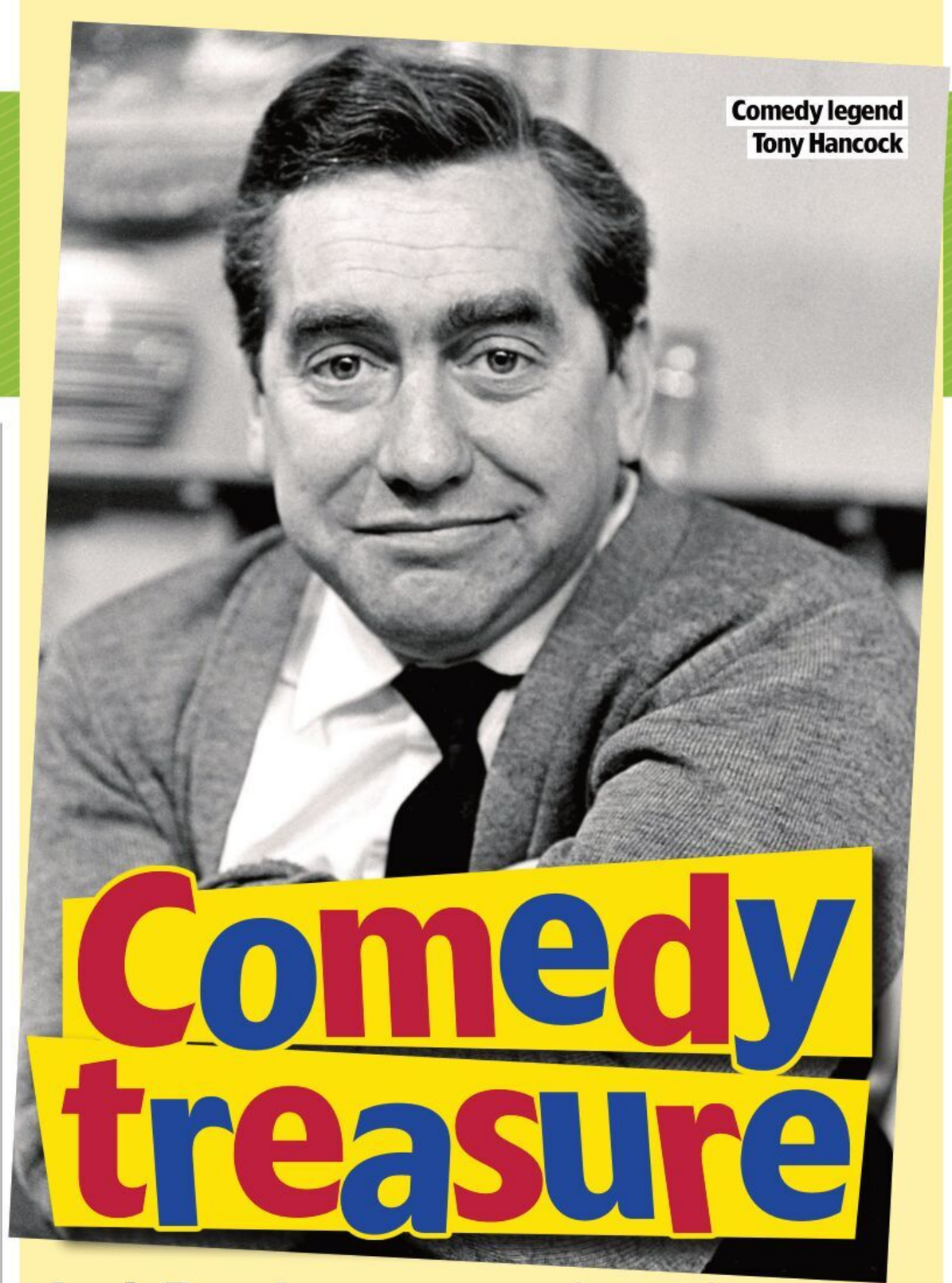
Primal Survivor: Over the Andes

Friday, 6pm, National Geographic

US explorer Hazen Audel tackles the mighty Atlantic Forest in the first leg of an epic adventure across South America, from east to west though six amazing and diverse ecosystems. To complete this trek and conquer the Andes, he will need to learn the skills and survival techniques of the local tribes.

WORDS: HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, NATIONAL GEOGRAPHIC, UKTV

Male lion Askari



Comedy legend Tony Hancock

Comedy treasure

Jack Dee fronts a new show about his inspirational hero Tony Hancock

NEW FACTUAL

Hancock: Very Nearly an Armful

Saturday, 8pm, Gold

During the 1950s and 1960s, Tony Hancock was one of the most beloved stars on TV, going on to inspire British comedians including Steve Coogan, Ricky Gervais and diehard fan Jack Dee.

Now, for a new feature-length documentary looking back at the comedian's extraordinary life and career, Dee opens up Hancock's archive, revealing a treasure trove of personal items such as photos, scripts, scrapbooks and letters.

'I discovered Tony Hancock in my late teens when I was really getting into comedy,' says Dee, 61. 'Obviously, the minute you're doing deadpan comedy everyone points you towards Hancock, so I used to watch *Hancock's Half Hour*. He had natural talent.'

The archive was discovered by Hancock's great-niece, Lucy Hancock. Among the items is a letter from a lady, Edna, who declared her love for him months before he took his own life in 1968, and an air-mail message sent to Hancock's mother by the man who discovered his body.

UNFINISHED BUSINESS

'There are also the beginnings of books and ideas for films, which reveal the complexity of his life,' adds Dee. 'We begin to understand the dark place he ended up in.'

The documentary's title refers to a line in *The Blood Donor*, a famous 1961 episode of Hancock's sitcom, and a full-colour, digitally restored version will be shown after the film along with the episode *Twelve Angry Men*.

The documentary also includes contributions from Eddie Izzard, Nigel Planer and Diane Morgan, as well as former Libertines frontman Pete Doherty, who named his album *Up the Bracket* after Hancock's slang term for a punch in the throat.

'Pete Doherty is the last person I'd have thought would have been influenced by him, and what a delight it was to discover that,' says Dee. 'It's incredible we're still talking about Hancock now, but it shows how his comedy has stood the test of time.'

Comedian Jack Dee

Deadline Day: Football's Transfer Window

Sunday, 8pm, Sky Documentaries

An insight into the financial side of the beautiful game as football's January transfer window closes later this month. It includes access to star players and the super-wealthy agents who represent them on the final day of frenetic activity and last-minute moves as multimillion-pound deals get made.

Keeping Up Appearances: 30 Years of Laughs

Saturday, 8.30pm, Channel 5

During the 1990s, sitcom *Keeping Up Appearances*, about social climber Hyacinth Bucket, was one of the most popular shows on TV. In this one-off, Dame Patricia Routledge, who played Hyacinth, reveals how she came to be cast, while celeb fans pay tribute to the show.

Good Luck to You, Leo Grande

MOVIE OF THE WEEK

Tuckered out: Daryl and Emma

Emma Thompson and **Daryl McCormack** frolic about in this frank and funny look at the world's oldest profession

WORDS: TOM DAWSON, MATT MAYTUM, JAMES MOTTRAM, NIGEL PIZEY, NEIL SMITH

COMEDY DRAMA

On all week, on demand, Amazon Prime Video ★★★★

'It's all a dance!' says Leo Grande (Daryl McCormack), a dashing young sex worker who's come to a nondescript hotel room to meet his latest client, widowed former schoolteacher Nancy (Emma Thompson). 'I don't know the steps!' Nancy replies, smartly establishing the inverted tutor-pupil relationship that underpins this thoughtful look at the politics (and economics) behind the escort business.

Smooth, confident and unapologetic about how he makes his living, Leo (not his real name) appears to hold all the cards in a two-hander that unfolds over the course of four clandestine assignations. Nancy, however, is no frustrated matron but a woman with agency determined to finally have the orgasm she never experienced in her 31 years of marriage. Working through a wish-list of coital must-haves means there is no shortage of frank talk (or full-frontal nudity) in Sophie Hyde's follow-up to her 2019 comedy *Animals*.

And while the privations of a Covid-constricted production show through in confined aesthetics, its well-matched leads ensure no facet of Katy Brand's perceptive script is left unrealised. McCormack, of *Peaky Blinders* and *Pixie* fame, makes a strong impression that bodes well for future endeavours. Inevitably, though, it is Thompson who shines brightest in a welcome display of her formidable dramatic chops. 2022, 15, 97MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

the Week's Best Films

MYSTERY

The Hanging Sun

Friday, 10.30am & 8pm, Sky Premiere ★★

Adapted from Jo Nesbø's novel *Midnight Sun*, this workaday Nordic noir from Italian photographer-turned-director Francesco Carrozzini simmers before boiling over. Alessandro Borghi plays John, a hitman hiding out on a remote island, where he befriends a mother (Jessica Brown Findley) and her son (Raphael Vicas). Peter Mullan (as John's gangster father) and Sam Spruell (as troubled twins) bring some menace, but despite the intriguing setting – where daylight rarely relents – it never really takes off. Accents from all over the map don't exactly help, either. 2022, 15, 93MIN

Faraway: Alessandro

Memories are made of this: Frankie and Paul

DRAMA

Aftersun

On all week, on demand, Mubi ★★★★★

Charlotte Wells' beguiling debut feature teleports you to a resort and a time period so vividly evoked, you'll swear you've been on that all-inclusive to Turkey yourself. The holidaymakers in question here are 11-year-old Sophie (Frankie Corio), and her dad, Calum (Paul Mescal), spending time together on a budget vacation in the late 1990s. The film opens with camcorder footage of Sophie interviewing her pa, and – setting the tone for what's to follow – what's unsaid hangs heavily in the air of the no-frills hotel room. Mescal is low-key superb, pulling off quiet, subtle moments that suggest a torment beneath the surface. Corio, meanwhile, is wonderful as our window into this world, giving a child's-eye-view of a life just outside her comprehension. As the end nears, the film's emotional sucker punch manifests, in a cinematic experience you won't forget in a hurry. 2022, 12, 102MIN

PERIOD DRAMA

Eiffel

Sunday, 11.50am & 9.50pm, Sky Premiere ★★★

The titular French tower's late-19th-century construction provides the backdrop for this fictionalised, old-fashioned romance from director Martin Bourboulon. Romain Duris plays engineer Gustave Eiffel who, following a chance encounter with ex-lover Adrienne (Emma Mackey), makes the decision to design and build a 300-metre iron tower. Eiffel rushes over the considerable public resistance to the pioneering project at its core, yet it papers a few cracks with dynamic widescreen lensing and the leads' powerful, class-crossed chemistry. 2021, 15, 108MIN

Towering love: Emma and Romain

Bad blood: Kevin and Colson

THRILLER

One Way

Saturday, 12.20pm & 9.50pm, Sky Premiere ★★★

Starring Colson Baker (aka rapper Machine Gun Kelly), this grimy crime drama has his petty criminal Freddy with a stash of stolen money and drugs, a bullet in his gut, riding a bus with time running out. Drea de Matteo's mob leader, Kevin Bacon's deadbeat dad and Travis Fimmel's mysterious stranger also make an appearance, but all are outshone by Storm Reid, as a young girl also travelling on the bus, but seemingly riding into a dangerous situation. The acting's good, the script decent, so it's a shame Andrew Baird's hectic direction is too often a distraction. 2022, 15, 95MIN

FilmFinder The best of the week at a glance

Drama

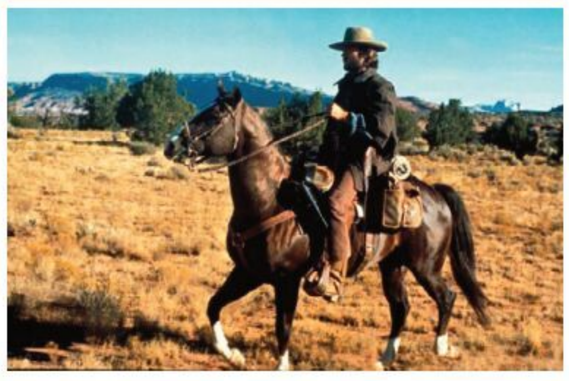
The Imitation Game
Saturday, 3.40pm, Sky Drama ★★★★
A spellbinding Benedict Cumberbatch plays Alan Turing, the prickly genius who cracked the Nazis' Enigma code and paved the way for modern computing. A brilliantly done biopic. 2014, 12, 114MIN

The Impossible
Tuesday, 6.05pm, Sky Drama ★★★★
A thoroughly gripping true-life survival story set during the devastating 2004 Indian Ocean tsunami, starring Naomi Watts and Ewan McGregor as parents of three boys. 2012, 12, 114MIN

Manchester by the Sea
Thursday, 8pm, Sky Drama ★★★★★
Oscar-winning Casey Affleck is superb as a man overwhelmed by grief and guilt who returns to his home town to care for nephew Lucas Hedge. A bracingly honest drama about despair. 2016, 15, 137MIN

Land
Friday, 7.40am, Sky Drama ★★★★
Robin Wright makes an assured directorial debut and stars as a woman escaping from Chicago to the wilds of Wyoming. Demián Bichir helps her survive in a fine, well-acted drama. 2021, 12, 89MIN

Classic



The Outlaw Josey Wales
Saturday, 9pm, TCM ★★★★★
Filled with memorable scenes, this superb Western is one Clint Eastwood's finest films as director and star. He's a farmer bent on revenge after Union soldiers kill his family. 1976, 18, 130MIN

Taxi Driver
Saturday, 10.15pm, Sky Thriller ★★★★★
In a career-defining role, Robert De Niro is riveting as a troubled cab driver who is obsessed with saving Jodie Foster's teenage prostitute. 1976, 18, 110MIN

Sunset Boulevard
Wednesday, 6pm, Sky Greats ★★★★★
You can almost smell the decay in Billy Wilder's look at the Hollywood Dream gone sour. Gloria Swanson is magnetic as a one-time star and William Holden narrates from beyond the grave. 1950, PG, 110MIN

The Ladykillers
Friday, 1.30pm, TCM ★★★★★
Probably the funniest Ealing comedy stars Alec Guinness as the leader of a gang of crooks posing as a string quartet and hiding in little old lady Katie Johnson's boarding house. 1955, U, 97MIN

Action

Men in Black: International
Saturday, 8.30pm, C4 ★★★
Two new mismatched MIB agents, feisty Tessa Thompson and cocky Chris Hemsworth, protect Earth from aliens in a fun reboot. The plot's routine, but the stars keep it entertaining. 2019, 12, 115MIN

Bunraku
Friday, 11.45pm, GREAT! movies ★★★
An offbeat mash-up of martial-arts film and Western set in the future. Josh Hartnett is a drifter looking for revenge against Ron Perlman. 2010, 15, 119MIN

EDITOR'S CHOICE

Bombshell
Thursday, 9pm, Film4 ★★★★
TV anchor Gretchen Carlson's 2016 sexual harassment suit against Fox News supremo Roger Ailes (John Lithgow) explodes like a megaton bomb in Jay Roach's juicy take on the real-life battle. Nicole Kidman as Carlson, Charlize Theron as Megyn Kelly and Margot Robbie's composite character bring movie-star wattage to their roles, while Roach revs up your anger and sniffs out the dark humour. 2019, 15, 109MIN

Comedy

Ghost Town
Saturday, 12.25pm, Sky Cinema Comedy ★★★★
Ricky Gervais is at his best in this fantasy romcom as a cynical dentist who, after a mishap during a routine op, finds he can see dead people. 2008, 12, 102MIN

This Is Spinal Tap
Saturday, 11.55pm, BBC1 ★★★★★
This hilarious homage to a British heavy metal band's disastrous tour of the US is not only one of the funniest spoofs, but also one of the best films about rock 'n' roll ever made. 1983, 15, 83MIN

Trading Places
Monday, 9.55pm, Sky Greats ★★★★★
Dan Aykroyd's stuck-up stockbroker and Eddie Murphy's wily beggar find their roles reversed in director John Landis' exquisite farce. 1983, 15, 116MIN

Ted
Wednesday, 4.05pm, Sky Cinema Comedy ★★★
Lewd laughs abound as Mark Wahlberg's slacker and his best friend – a potty-mouthed teddy – lead lives of irresponsible disrepute. 2012, 15, 106MIN

FILMS MAY BE EDITED FOR TELEVISION. THE RUNNING TIMES GIVEN ARE THOSE OF THE ORIGINAL CINEMA RELEASES.

Weekend movies

Saturday 14 January

PERIOD DRAMA

The Duchess

10pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Keira Knightley and Ralph Fiennes are perfectly cast as Georgiana Spencer, the vivacious 18th-century Duchess of Devonshire, and her chillingly aloof older husband of convenience in this genuinely involving, moving and informative slice of British history. Based on the bestseller by Amanda Foreman, the fanciful script hums with vibrancy and brings the characters and their dilemmas to vivid life and, filmed on gorgeous locations and dressed in the most dazzling costumes, it looks a treat. 2008, 12, 110MIN

Royal blues: Keira

ANIMATION

Cloudy with a Chance of Meatballs

4.10pm, ITV2 ★★★

Sex ●●● Violence ●●● Language ●●●

Charming and engagingly offbeat, this quirky animated comedy about a young inventor, Flint Lockwood (voiced by Bill Hader), who is hailed as a hero after he invents a rocket that sends junk food down from the sky, is a delicious trifle. Inspired by the beloved children's picture-book by Judi and Ron Barrett, the film will appeal to children and adults alike with its good-hearted be-yourself message. 2009, U, 90MIN

THRILLER

Mission: Impossible

6.20pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

In his first outing as Ethan Hunt, Tom Cruise is a key member of the daredevil Mission: Impossible team of US spies. However, after a disastrous operation in Prague in which his colleagues are wiped out, he's accused of being a traitor and has to go on the run... The plot is far too cluttered for its own good, but Cruise's need for speed is expressed in stunning style with a finale involving a train, a helicopter and the Channel Tunnel. 1996, PG, 110MIN

FANTASY

Logan

10.45pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Hugh Jackman's Logan, aka Wolverine, has always been the most popular character in the *X-Men* series, but as Jackman takes his bow as the razor-clawed mutant, the mood is grim, gritty and resolutely downbeat. Set in 2029, a boozy and battered Logan is working as a limo driver and caring for Patrick Stewart's aged Professor X, whose terrible psychic seizures are leaving tremendous collateral damage in their wake. 2017, 15, 137MIN

DRAMA

Stand by Me

12.30am, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

In 1959, small-town boys River Phoenix, Wil Wheaton, Corey Feldman and Jerry O'Connell go to find the body of a missing teen. Based on a Stephen King story, this has a simple plot, but director Rob Reiner's film is one of the all time great coming-of-age movies. The young stars, plus Kiefer Sutherland and John Cusack, all score strongly. 1986, 15, 89MIN

■ Full listings start on p35

Sunday 15 January

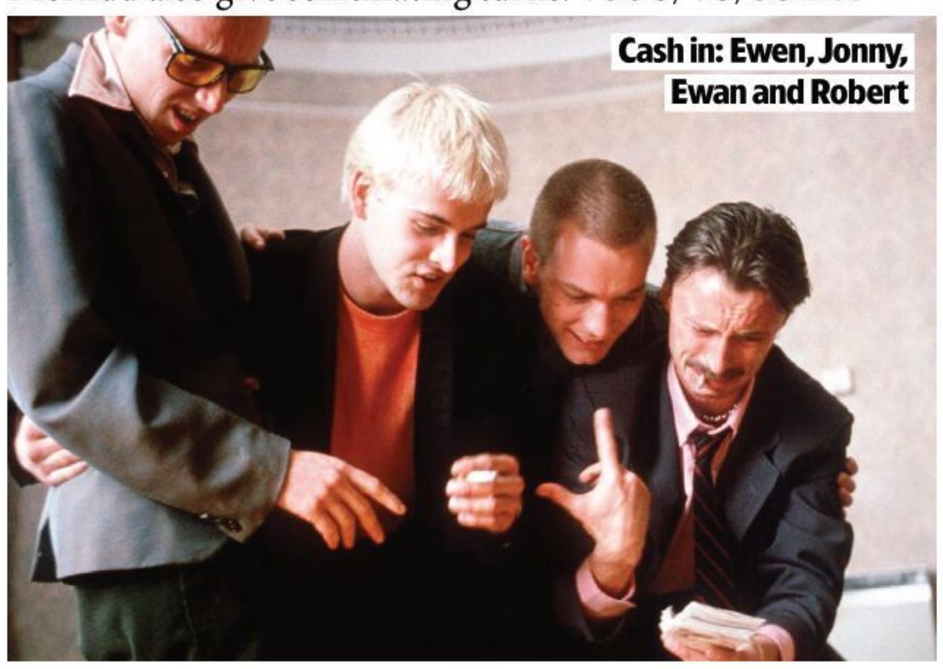
COMEDY DRAMA

Trainspotting

11.30pm, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A young Scottish drug addict (Ewan McGregor) and his loser friends run head first into one crisis after another. The foul language and graphically grim subject matter may offend some, but this 1990s British classic is an amazing mix of cinematic style and social satire, dazzlingly handled by director Danny Boyle and ferociously well acted by McGregor. As his psychotic pal, Robert Carlyle's Begbie is a monstrous creation and Ewen Bremner, Jonny Lee Miller and Kevin McKidd also give scintillating turns. 1996, 18, 93MIN



Cash in: Ewen, Jonny, Ewan and Robert

ACTION THRILLER

Jack Reacher

9pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Though a misjudged choice for author Lee Child's larger-than-life military cop-turned-vigilante hero, Tom Cruise's air of cocky invincibility gets him through this first screen thriller. Reacher turns up out of nowhere after an unseen lone gunman claims five victims in Pittsburgh and swaggers through the ensuing investigation, stripping bare a deadly conspiracy. It is pulpy stuff, but the film delivers the requisite thrills. 2012, 15, 130MIN

ACTION

John Wick

10.15pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Keanu Reeves is John Wick, a widowed ex-assassin who picks up his guns again when the slimy son (Alfie Allen) of a Russian Mafia boss kills his dog, a present from his late wife. Willem Dafoe and Ian McShane lend droll support and Reeves has a blast in this first movie, pulling off his improbable stunts with drop-dead cool, while director Chad Stahelski handles the absurd plot, hyper-stylised world and awesome fights with gusto. 2014, 15, 101MIN

DRAMA

Green Book

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

This fact-based road movie stars Mahershala Ali as dignified African-American classical pianist Don Shirley who, in 1962, needs a chauffeur with muscle for a concert tour of the segregated US Deep South. Step forward Viggo Mortensen's big-mouthed Italian-American bouncer 'Tony Lip'. Director and co-writer Peter Farrelly's hilarious culture-clash comedy is also touching, with some serious points to make. 2018, 12, 129MIN

MUSICAL

In the Heights

12.20am, Sky Feel Good ★★★

Sex ●●● Violence ●●● Language ●●●

This high-energy big-screen version of Lin-Manuel Miranda's award-winning 2007 musical is a fizzy pick-me-up. The film lacks the show's focus and warmth, but when it gets things right – in *Carnaval del Barrio*, *It Won't Be Long Now* and *96,000*, as well the deliciously engaging love story between Anthony Ramos and Melissa Barrera – it delivers spectacle that's good for the soul. 2021, PG, 137MIN

■ Full listings start on p45

PAY-PER-VIEW PREMIERES

*The pick of the week's films on **Sky**, **Virgin** and other platforms*

On the warpath: Dwayne

SUPERHERO

Black Adam

From Mon 16 January ★★★

Sex ●●● Violence ●●● Language ●●●

In director Jaume Collet-Serra's emphatically unrestrained but messy superhero movie, a brisk prologue details Dwayne Johnson's title character's backstory of slavery, wizardry and revenge in Kahndaq, before he's inadvertently awoken in the present day and makes his thumping presence felt. So Task Force X's Amanda Waller (Viola Davis) mobilises superhero team the Justice Society to curtail this loose cannon. The film is less fresh than it thinks it is, but Johnson shoulders the show well enough and if you sift through the wreckage, there's potential here. 2022, 12, 125MIN

On the edge: Aubrey

THRILLER

Emily the Criminal

From Mon 16 January ★★★★

Sex ●●● Violence ●●● Language ●●●

Aubrey Plaza's would-be artist Emily is stuck in a dead-end, gig economy job, until she gets wind of an easy pay day: $200 cash-in-hand to buy a TV with dodgy plastic. But this theft leads to ever riskier deceptions – forging credit cards, hawking hot goods and seeing off predators with pepper spray and tasers – not to mention a hesitant romance with amiable mentor Youcef (Theo Rossi). Plaza is always compelling and here her steely performance is riveting in a tightly scripted, edgily shot, often unbearably tense thriller. 2022, 15, 97MIN

Weekday movies over page

Weekday movies

Monday 16 January

ANIMATION

Isle of Dogs

6.55pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In a futuristic Japan all dogs are banished to an island rubbish dump, but six months later the orphaned nephew of the town's corrupt mayor sets off to rescue his beloved pet. Writer-director Wes Anderson has made some of the quirkiest films of the last 20-plus years and this irresistibly charming treat is one of his best, from the punning title ('I Love Dogs') to the awesome stop-motion animation and a pedigree voice cast including Bryan Cranston, Edward Norton and Bill Murray. 2018, PG, 101MIN

One boy and his dogs

DRAMA

Pig

8am & 4.25am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Nicolas Cage dials it down for this absorbing oddity about a grizzled loner. Living in the woods near Portland, Oregon, the taciturn Cage sells truffles sniffed out by his pig. But when his prize pet is stolen, he has to embark on a search among the high-flying society where he once belonged. The delight of this movie is that it never quite turns into the film you expect, with darkly satisfying results. 2021, 15, 91MIN

COMEDY DRAMA

Made in Italy

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Liam Neeson and his real-life son Micheál Richardson play a father and son tasked with refurbishing and selling an old family home in Tuscany. This house, as these things tend to go, contains many bitter and tragic memories, all of which will be kicked back up with all the unsettled dust as the men go about their work. This is a lightly comic, fairly dry drama, but it's well acted and the scenery's a picturesque distraction. 2020, 15, 94MIN

THRILLER

The Dry

8pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

The bone-dry land around an Outback town is fertile territory for festering secrets and lies in this thriller based on Jane Harper's hit novel. Eric Bana is superb as a haunted cop forced to go back to his hometown after his childhood pal has, apparently, shot his wife and kid and then himself. But Bana's presence opens up bitter wounds of a murder 20 years before. Wonderfully acted and shot with a masterful eye, this is gripping. 2020, 15, 117MIN

DRAMA

A Bigger Splash

11.15pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Recuperating from an operation on her vocal chords, rock star Tilda Swinton is hiding out on a Sicilian island with younger partner Matthias Schoenaerts. Then her brash former lover (Ralph Fiennes) arrives with his newly discovered teen daughter (Dakota Johnson). Desires and jealousies simmer in the Mediterranean haze in this smouldering, superbly acted drama. 2015, 15, 124MIN

Full listings start on p55

Tuesday 17 January

THRILLER

The Outfit

12noon, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

This taut but stagey Mob drama unrolls in a 1950s Chicago tailor's. Mark Rylance's meek English Savile Row veteran finds himself pulled into a twisting night of shootings, chicanery and stitch-ups (bullet holes rather than buttonholes). Dylan O'Brien and Johnny Flynn kick off the mayhem, Zoey Deutch is a risk-taking receptionist and Simon Russell Beale an unlikely Mob boss, but it's Rylance's virtuoso turn that shapes the film as confidently as he conjures up a bespoke suit. 2022, 15, 106MIN

Hanging by a thread: Mark

COMEDY

Ace Ventura Pet Detective

10am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

It was the success of this goofy comedy that transformed Jim Carrey into a big-screen superstar, although co-star Courteney Cox had to wait a few more years before she became a household name in *Friends*. Carrey is a joy as Ace, a private eye who specialises in finding missing animals, in this case the Miami Dolphins football team's aquatic mascot. 1993, 12, 86MIN

ACTION THRILLER

Red Sparrow

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Following an injury, ex-Bolshoi ballerina Jennifer Lawrence is coerced by her devious uncle (Matthias Schoenaerts) into going to 'Sparrow School' to be trained as a ruthlessly alluring spy for Russian intelligence. Sent to Budapest to ply her new skills of seduction and manipulation on Joel Edgerton's CIA agent, she finds herself playing a perilous double game. This is a lurid and far-fetched thriller, but Lawrence makes it work. 2018, 15, 140MIN

COMEDY

The Truman Show

3.15pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

An ingenious media satire from Australian director Peter Weir that gives Jim Carrey a chance to flex both his comedy skills and his serious acting talents as an innocent husband unaware that his whole life is the subject of a global TV show, presided over by Ed Harris. While the film offers little in the way of great revelations about our attitudes towards television, it is intelligent, inventive and uplifting. 1997, PG, 99MIN

BIOPIC

Love & Mercy

11.15pm, BBC2 (not Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

This superb biopic of Brian Wilson, the troubled musical genius behind 1960s pop icons The Beach Boys, takes a radical approach to the biopic genre, casting two actors to play its protagonist at contrasting stages of his life. Paul Dano is the brilliant young pop pioneer, while John Cusack is the mentally frail 1980s version of Brian. 2014, 12, 121MIN

Full listings start on p65

Wednesday

THRILLER

Nobody

6.20pm, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Bob Odenkirk stars as a jaded everyman facing the diminishing returns of a middle-aged, middle-class suburban existence. Wife Connie Nielsen doesn't love him, his kids don't respect him, his job at a metal-fabrication plant is pure

THRILLER

No Sudden Move

8pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

This neat thriller stars Don Cheadle, Benicio Del Toro and Kieran Culkin as stick-up men hired by Brendan Fraser's Mob fixer. David Harbour is the stooge they're robbing, with Jon Hamm, Julia Fox and Ray Liotta all double-crossing each other against a backdrop of corporate espionage in 1950s Detroit. It's a stellar cast, and director Steven Soderbergh uses them perfectly in his efficient, smart and twisty old-style thriller. 2021, 15, 110MIN

SCI-FI HORROR

Alien: Covenant

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

In this sequel to 2012's *Prometheus*, we know what horrors lie in store for Katherine Waterston's Ripley-like hero and her crew on the colony ship *Covenant*, so brace yourself for another round of face-huggers, chest-bursters and astronauts being chased down spaceship corridors by a slavering xenomorph. Michael Fassbender's eerie android turns out to be far scarier, though, and by far the movie's best feature. 2017, 15, 122MIN

18 January

monotony. But his previous life as an assassin comes to the fore following a home invasion and a simple act of retribution quickly escalates into a full-on war with the Russian Mob. Odenkirk does a remarkable job of convincing us he's the most dangerous man in town, plunging the viewer into a spiral of murderous set-pieces. 2021, 15, 92MIN

Standing up for himself: Bob

COMEDY MUSICAL

The Blues Brothers

10.30pm, ITV4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Wayward musician brothers John Belushi and Dan Aykroyd attempt to save their childhood orphanage from closure by re-forming their old R&B band in this cult comedy. The film careers from one show-stopping musical number to the next (featuring musical greats Aretha Franklin, James Brown, Ray Charles and Cab Calloway), punctuating the songs with brilliantly staged car chases involving the entire Chicago police force. 1980, 15, 135MIN

BIOPIC

The Doors

1.50am, AMC ★★★

Sex ●●● Violence ●●● Language ●●●

Jim Morrison takes his life and music to self-destructive new limits in Oliver Stone's raw, if shallow, biopic of The Doors' lead singer. Rising to the challenge of re-creating the alcohol and drug-induced haze of Morrison's outrageous life at the top, Val Kilmer is really impressive, not only looking like him, but also managing a decent vocal impersonation, too. 1991, 18, 141MIN

■ Full listings start on p75

Thursday 19 January

ROMCOM

Seeking a Friend for the End of the World

9pm, AMC ★★★★

Sex ●●● Violence ●●● Language ●●●

This decidedly offbeat romcom finds an asteroid on a collision course with Earth and nerdy Steve Carell and free-spirited Keira Knightley hooking up in New York for mutual support during Earth's final days. Initially dark and flippant, the film's mood turns to wistful and bittersweet, and the characters' deepening bond is affecting thanks to great acting from the stars. 2012, 15, 101MIN

Together till the end: Keira and Steve

COMEDY HORROR

Shaun of the Dead

9.40pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

It may be a one-joke movie, but director Edgar Wright's hysterical spoof of the 1978 classic *Dawn of the Dead* keeps both the gore and the laughs flowing freely. Zombies are on the march in London, so Shaun (Simon Pegg) and pal Ed (Nick Frost) lead a rescue party to find safety at the local pub. The film revels in its sheer goofiness, yet also has moments that verge on the sublime. 2004, 15, 99MIN

THRILLER

Collateral

10pm, ITV4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Cruise is on awesome form as a hitman who hails Jamie Foxx's LA cab and forces him to drive him on a night of killing. Writer-director Michael Mann's thriller is mesmerisingly mean and moody. Cruise and Foxx are perfect, the scenes involving loveless lawyer Jada Pinkett Smith and Irma P Hall, as Foxx's hospitalised mother, add a welcome note of humour and night-time LA has rarely been depicted with such sordid beauty. 2004, 15, 120MIN

BIOPIC

First Man

11.15pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Gosling stars in a reflective yet exhilarating biopic of first man on the Moon Neil Armstrong. From the off, Damien Chazelle's film puts us inside Armstrong's shoes and the fragile craft he pilots as 1960s America races to fulfil its lofty space ambitions. Of course, we know the outcome but this is still edge-of-seat stuff. Gosling digs deep as the buttoned-up astronaut, with Claire Foy rock solid in support as his wife. 2018, 12, 114MIN

HORROR

Ghost Stories

12.20am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Fancy a good scare? This deliciously chilling horror movie written and directed by Andy Nyman and Jeremy Dyson, adapting their play, will have you on the edge of your seat. Nyman also stars as a smug debunker of the supernatural who gets the fright of his life when he looks into three creepy tales involving Paul Whitehouse, Alex Lawther and Martin Freeman. 2017, 15, 98MIN

■ Full listings start on p85

Friday 20 January

SUPERHERO

The Suicide Squad

5.45pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Only three additional letters separate director James Gunn's *The Suicide Squad* from the 2016 *Suicide Squad*. You want the alphabet, though, to explain how much better this film is. From the opening quick-fire raid to the climactic all-out assault, there's rarely a shortage of (very gruesome) carnage. The juicy cast (including Idris Elba and Margot Robbie) are immense fun in a movie that delivers almost non-stop zippy action, but truly shines when the characters enjoy hanging out together. 2021, 15, 132MIN

Idris smells something fishy

THRILLER

Dreamland

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

On the parched plains of 1935 Texas, which hasn't seen rain in more than a year, a bank robber (Margot Robbie) is on the run, sparking interest from impoverished locals desperate for the $10,000 reward. Then teen Finn Cole finds her hiding out in his family's barn... With the sheer wattage of Robbie's star power and exceptional photography, this slight, sparse drama generates real emotional clout. 2019, 15, 98MIN

DRAMA

Ben Is Back

9pm, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Exposing a side of herself we rarely see on screen, Julia Roberts is fiercely good in this compelling drama. She plays a mother who is overjoyed when drug-addict son Ben (Lucas Hedges) turns up for Christmas. Over the coming hours, though, the troubled Ben puts his whole family through the emotional wringer. And brace yourself, for writer-director Peter Hedges puts the viewer through it, too. 2018, 15, 103MIN

HORROR

The Company of Wolves

9.05pm, Talking Pictures ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Neil Jordan's surreal adaptation of stories by Angela Carter is a stylish blend of horror theatrics and poetic fantasy. An eclectic cast, including Angela Lansbury, Terence Stamp, Stephen Rea, Sarah Patterson and former avant garde pop star Danielle Dax, bring to life Carter's spin on *Little Red Riding Hood*, soaked in gore and replete with eroticism. 1984, 18, 95MIN

HORROR

Scream

10.30pm, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Playing by and with the rules, this 'requel' (reboot/sequel) is a joy. There's a new bunch of knowing teens (including Jenna Ortega, Melissa Barrera and Dylan Minnette), film-within-a-film franchise *Stab*, a new Ghostface killer on the loose and old favourites Neve Campbell, Courteney Cox and David Arquette. A fun, clever and enormously witty fan-pleaser. 2022, 18, 114MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

Carlos Alcaraz

Rafael Nadal

Venus Williams

Novak Djokovic

Australian Open

Five stars to watch at the season's first Grand Slam

LIVE TENNIS

From Sunday, Eurosport 1, Eurosport 2 & Discovery+

The first Grand Slam tennis titles of the year will be decided over the next two weeks as Novak Djokovic returns to Melbourne Park after having his visa cancelled last year, and women's No.1 Iga Swiatek seeks her first Australian triumph.

Here, we look at five big names with everything to play for...

CARLOS ALCARAZ

The Spaniard, 19, is seeded one after winning the US Open in September to became the youngest men's Grand Slam champion since Rafael Nadal won the 2005 French Open, and the first teenager to reach No.1 in the ATP world rankings. He's among a new generation of rising stars in the men's game, including Norway's Casper Ruud, who Alcaraz defeated in the New York final.

RAFAEL NADAL

Despite a series of injuries, the 36-year-old Spaniard won two Grand Slam titles in 2022, taking his tally to a men's record of 22 singles trophies. Fellow veteran Sir Andy Murray, five-time runner-up in Melbourne, is also in the field, but is unseeded after failing to reach the third round of an overseas Slam since the 2017 French Open, before his hip injury.

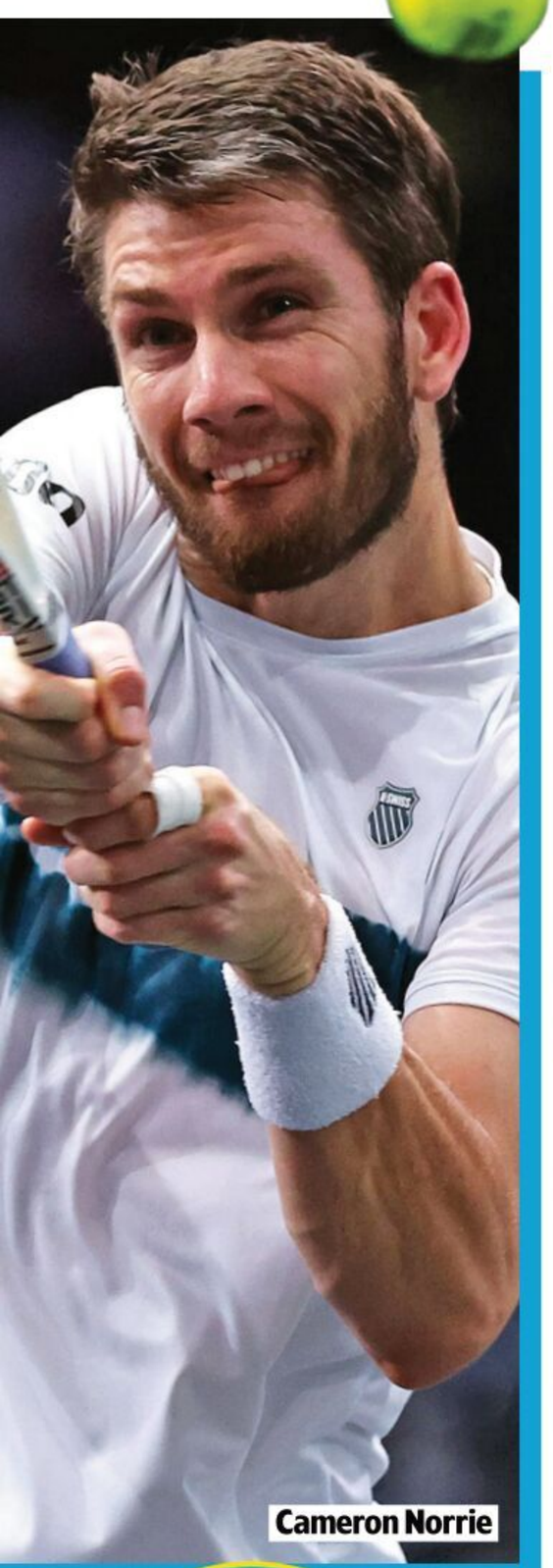
VENUS WILLIAMS

Serena Williams may have retired from the sport last year with 23 Grand Slam singles titles to her name, but big sister Venus is still going strong. Now aged 42 and ranked 1,003rd in the world, the seven-time Grand Slam winner has been given a wildcard entry for the Australian Open – 25 years after first playing in the tournament. She has never won the singles title, losing to Serena in both the 2003 and 2017 finals.

NOVAK DJOKOVIC

The 35-year-old Serb hit the headlines when he was deported ahead of last year's Australian Open because of his COVID-19 vaccination status, but he's now back in Melbourne to seek a 10th Australian Open victory – his first came back in 2008. The 21-time Grand Slam winner, and current Wimbledon champion, is just one title shy of Rafael Nadal's men's record, and is seeded fifth for the event.

WORDS: RICHARD MCCLURE PHOTOS: GETTY

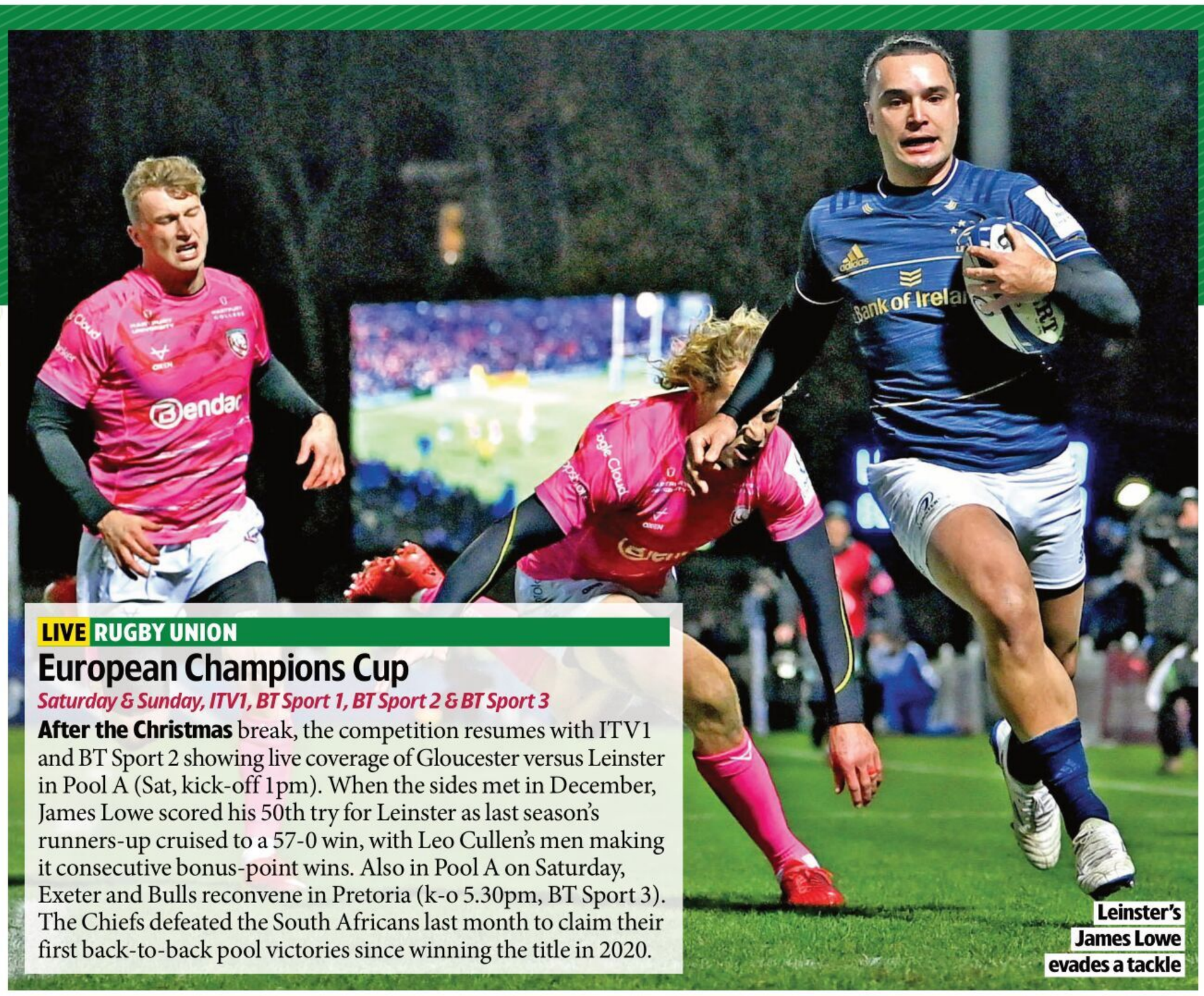


Cameron Norrie

THE MAIN EVENT

CAMERON NORRIE

The British No.1 had a superb 2022, winning two titles, reaching the semi-finals at Wimbledon – where he was beaten in four sets by Novak Djokovic – and finishing the season ranked 14th in the world. The South Africa-born 27-year-old has a poor record in Melbourne having played in the Australian Open four times, losing in the first round in three of his appearances, and making the third round in 2021.



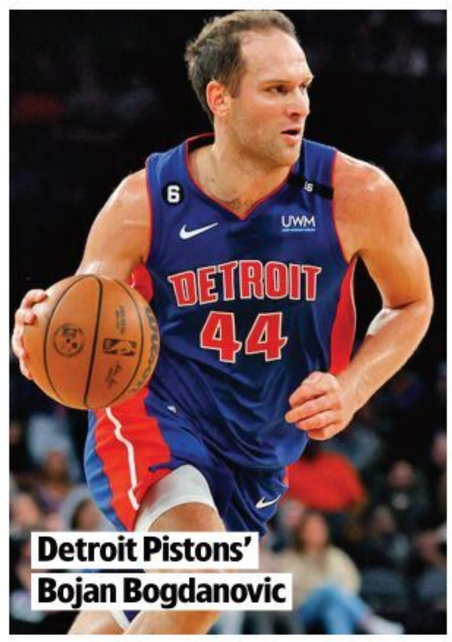
Leinster's James Lowe evades a tackle

LIVE RUGBY UNION

European Champions Cup

Saturday & Sunday, ITV1, BT Sport 1, BT Sport 2 & BT Sport 3

After the Christmas break, the competition resumes with ITV1 and BT Sport 2 showing live coverage of Gloucester versus Leinster in Pool A (Sat, kick-off 1pm). When the sides met in December, James Lowe scored his 50th try for Leinster as last season's runners-up cruised to a 57-0 win, with Leo Cullen's men making it consecutive bonus-point wins. Also in Pool A on Saturday, Exeter and Bulls reconvene in Pretoria (k-o 5.30pm, BT Sport 3). The Chiefs defeated the South Africans last month to claim their first back-to-back pool victories since winning the title in 2020.



Detroit Pistons' Bojan Bogdanovic

LIVE BASKETBALL

NBA Paris

Thursday, tip-off 8pm, Sky Sports Arena

Thursday's clash between the Chicago Bulls and Detroit Pistons at the Accor Arena marks the first NBA game in Europe since 2020. It's the Bulls' first regular-season match in the French capital, while the Pistons are also making their debut, having previously played regular-season games in London (2013) and Mexico City (2019). The Bulls have been in poor form this season, while the Pistons' Croatian forward Bojan Bogdanovic is playing the best basketball of his career.

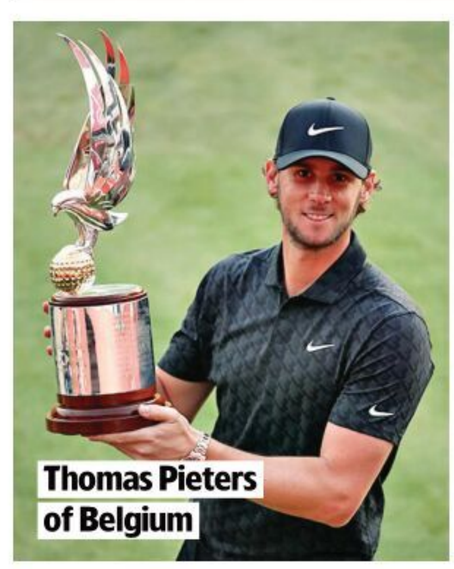
Spurs striker Harry Kane

LIVE FOOTBALL

Tottenham Hotspur v Arsenal

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

The north London derby is usually an entertaining affair, but Arsenal would be more than happy with a boring 1-0 win as they continue to push for the title. The Gunners have lost in all of their three visits to the Tottenham Hotspur Stadium, which opened in 2019, including a 3-0 defeat last season when Harry Kane netted twice.



Thomas Pieters of Belgium

LIVE GOLF

Abu Dhabi Championship

From Wednesday, Sky Sports Golf & Sky Sports Main Event

The first Rolex Series event of 2023 starts at Yas Links late on Wednesday night, with Belgium's defending champion, Thomas Pieters, among the field for the $9 million event. Two-time PGA Tour winner Séamus Power makes his debut alongside former winner Tyrrell Hatton, 2018 Open champion Francesco Molinari, and Austria's rising star Sepp Straka.

Sport A-Z and football planner »»

Nicole finds her spark again, thanks to **Magnesium+**

Many people struggle with the change of pace when they go from a busy working life to the slower pace of retirement. This was certainly the case for 57-year-old retired bookkeeper Nicole Hylan from Hampshire, who also had an empty nest to contend with.

'We'd just retired and life was a bit difficult. I was feeling particularly tired and jaded. And I was a bit sad because my daughter had gone off to uni.'

With a bit more time on her hands, Nicole thought she would do her own research on supplements and how they might be able to help as she had heard mixed results in the past. This is when she discovered Magnesium+ from FutureYou Cambridge, a company who specialise in scientifically-proven health supplements developed in the heart of Cambridge, famed for its world-class univerisites and academia.

'I just felt less tired and less jaded.'

'I'd heard a couple of times about people saying that magnesium had really made a big difference to them. Then I read in a magazine about Magnesium+ I liked the fact that it seemed to have a good delivery system.

'And I thought: if you don't try, you don't know, do you? So I tried them, and I was amazed.'

Magnesium+ uses a special formulation which is more easily absorbable than standard magnesium oxide. It contains organic magnesium lactate, which is gentler on the stomach than other forms of magnesium.

Magnesium is naturally present in foods like kale and spinach, black beans, nuts, bananas and whole grains, but it's not always easy for the body to absorb, and it can get harder as you get older. An essential mineral, it not only contributes to reduced tiredness and fatigue but also aids with the normal function of our muscles and nervous system, whilst helping to maintain normal bones and teeth and even normal psychological function.

Nicole noticed that she started to feel 'different' within just a couple of weeks.

'I just felt less tired and less jaded. And more comfortable at night which meant I was sleeping better. And because I felt better in myself, it just lightened my mood as well.'

Nicole credits Magnesium+ with helping to change her outlook and adjusting to the new phase of life she had recently found herself in.

'I think I was feeling quite old psychologically. And what I got from the magnesium was enough to start pushing my thoughts in a more positive direction, accepting my age and using it as a springboard to get on with life.

'You know, this can be the best time of your life. I genuinely believe this gave me the little lift I needed to get me going again.'

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FutureYou Cambridge, known for its well-researched nutritional supplements, is giving away packs of its flagship energy product to new customers.

The offer is aimed at helping those who commonly suffer with low energy and fatigue. It comes after the Cambridge firm received a flurry of positive reviews for its best-selling energy products on Trustpilot, the independent online review platform.

Adam Cleevely, FutureYou Cambridge's CEO, explains the thinking behind the offer: 'After receiving so much positive feedback on Magnesium+, our team is confident that people will love it.

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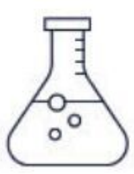
Your first box is free (just pay £1.50 postage) and you will be enrolled into a flexible subscription costing £11.50 every 28 days, which you can cancel at any time, without obligation.

Developed in Cambridge



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Sport week A-Z GUIDE

AMERICAN FOOTBALL

LIVE NFL
Sat 8.30pm & 1am, Sun 7pm, 9pm & 1am, Mon 1.30am Sky Sports Main Event; Sat 8.30pm & 1am, Sun 5.30pm, 9pm & 1am, Mon 1am Sky Sports NFL; Sat 9pm Sky Max
The Wild Card play-off matches.

BASKETBALL

LIVE Miami Heat v Milwaukee Bucks
Sat 6pm Sky Sports Arena
The NBA Eastern Conference game.

LIVE Texas Longhorns v Texas Tech Red Raiders
Sat 1am BT Sport 4

LIVE Gonzaga Bulldogs v Portland Pilots
Sat 3am BT Sport 4

LIVE Detroit Pistons v New York Knicks
Sun 6pm Sky Sports Arena
The NBA Eastern Conference clash.

LIVE Temple Owls v Memphis Tigers
Sun 8pm BT Sport 4

LIVE Chicago Bulls v Golden State Warriors
Sun 8.30pm Sky Sports Arena
The NBA Western Conference game.

LIVE Texas Longhorns v Iowa State Cyclones
Sun 10pm BT Sport 4

LIVE Memphis Grizzlies v Phoenix Suns
Mon 11pm Sky Sports Main Event & Sky Sports Mix, 11.30pm Sky Sports Arena
The NBA Western Conference clash.

LIVE Miami Hurricanes v Syracuse Orange
Mon 12m't BT Sport 2

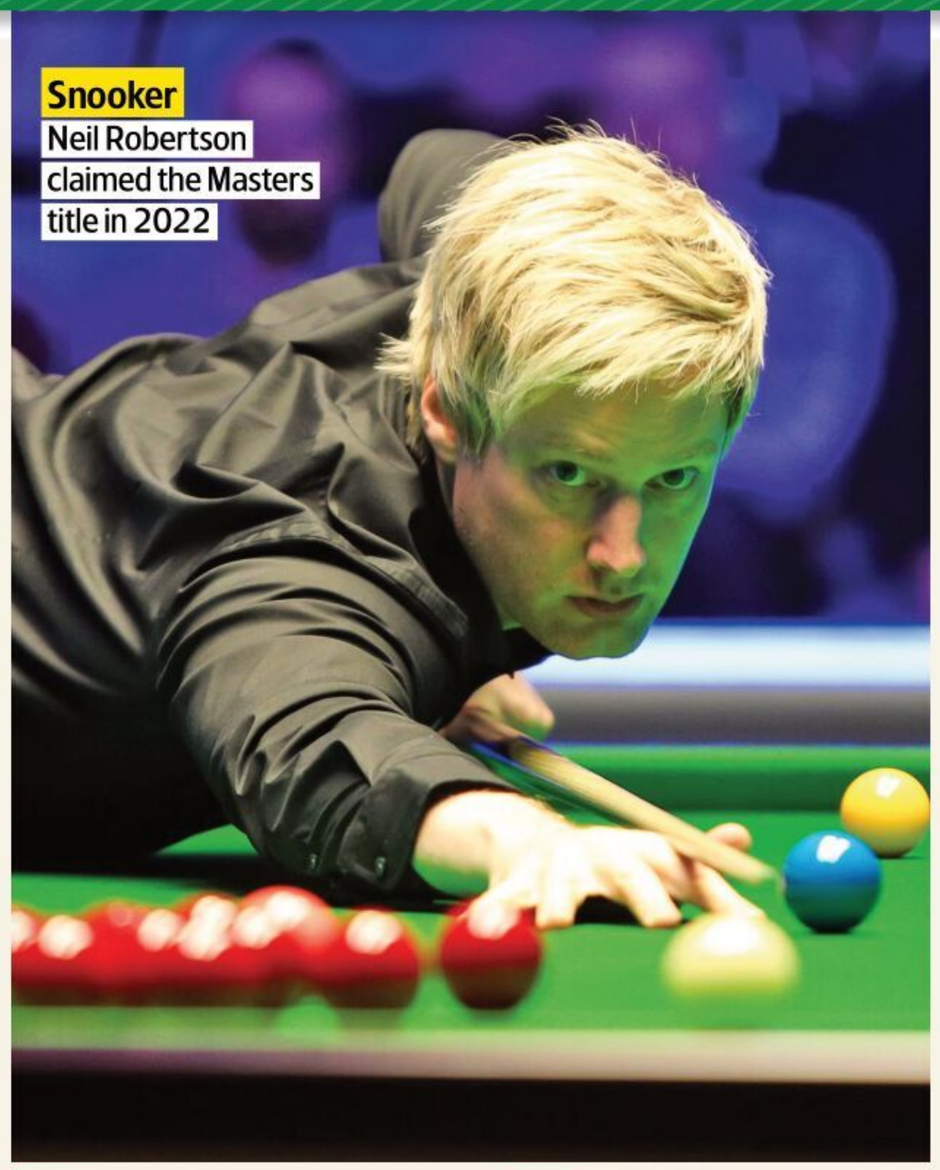
LIVE Prairie View A&M Panthers v Alcorn State Braves
Mon 2am BT Sport 2

LIVE Kentucky Wildcats v Georgia Bulldogs
Tue 2am BT Sport 3

LIVE Aquila Basket Trento v London Lions
Wed 6.45pm BT Sport 1

LIVE Oklahoma State Cowboys v Oklahoma Sooners
Wed 2am BT Sport 1

LIVE Detroit Pistons v Chicago Bulls
Thu 7.30pm Sky Sports Arena
The NBA Eastern Conference game at Accor Arena in Paris. See p29.


Snooker Neil Robertson claimed the Masters title in 2022

LIVE Boston Celtics v Golden State Warriors
Thu 12.30am Sky Sports Main Event & Sky Sports Arena
The NBA inter-conference clash.

LIVE Colorado Buffaloes v Washington Huskies
Thu 2am BT Sport 2

LIVE Phoenix Suns v Brooklyn Nets
Thu 3am Sky Sports Main Event & Sky Sports Arena
The NBA inter-conference clash.

LIVE Pepperdine Waves v Saint Mary's Gaels
Thu 4am BT Sport 2

LIVE Sheffield Sharks v Bristol Flyers
Fri 7.30pm Sky Sports Arena

BOWLS

LIVE World Championships
Mon-Fri 1pm BBC2

BOXING

LIVE Efe Ajagba v Stephan Shaw
Sat 1am Sky Sports Arena
Coverage of the heavyweight bout.

COMBAT SPORTS

LIVE UFC Prelims
Sat 10pm BT Sport 1

LIVE Kelvin Gastelum v Nassourdine Imavov
Sat 12m't BT Sport 1
The middleweight bout from Las Vegas.

CRICKET

LIVE Adelaide Strikers v Brisbane Heat
Sat 6am Sky Sports Main Event & Sky Sports Cricket

LIVE Melbourne Renegades v Melbourne Stars
Sat 8.15am Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix

LIVE Pakistan v New Zealand
Sat 9.20am Sky Sports Cricket

LIVE Pretoria Capitals v Sunrisers Eastern Cape
Sat 12noon Sky Sports Mix

LIVE MI Emirates v Sharjah Warriors
Sat 1.45pm BT Sport 4

LIVE MI Cape Town v Joburg Super Kings
Sat 3pm Sky Sports Mix & 5.30pm Sky Sports Cricket

LIVE Otago Sparks v Wellington Blaze
Sat 10pm BT Sport 2

LIVE Otago Volts v Wellington Firebirds
Sat 1.30am BT Sport 2

LIVE Hobart Hurricanes v Sydney Thunder
Sat 2.10am Sky Sports Cricket & 4.30am Sky Sports Main Event

LIVE Sydney Sixers v Perth Scorchers
Sun 7.45am Sky Sports Cricket & Sky Sports Mix

LIVE Abu Dhabi Knight Riders v Gulf Giants
Sun 9.45am BT Sport 4

LIVE Durban Super Giants v Paarl Royals
Sun 11am Sky Sports Cricket

LIVE Desert Vipers v Sharjah Warriors
Sun 1.45pm BT Sport 4

LIVE Australia v Pakistan
Sun 12m't BT Sport 1; Tue & Fri 12m't BT Sport 2
Coverage of all three ODIs in the three-match series.

LIVE Melbourne Stars v Brisbane Heat
Mon 7.45am Sky Sports Main Event & Sky Sports Cricket

LIVE Dubai Capitals v Gulf Giants
Mon 1.45pm BT Sport 1; Thu 1.45pm BT Sport 2

LIVE Sunrisers Eastern Cape v MI Cape Town
Mon 3pm Sky Sports Main Event & Sky Sports Cricket

LIVE Sydney Sixers v Adelaide Strikers
Tue 7.45am Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix

LIVE Paarl Royals v Durban Super Giants
Tue 11am Sky Sports Cricket & 11.45am Sky Sports Main Event

LIVE Sharjah Warriors v MI Emirates
Tue 1.45pm BT Sport 1

LIVE Joburg Super Kings v Pretoria Capitals
Tue 3pm Sky Sports Main Event & Sky Sports Cricket

LIVE Perth Scorchers v Hobart Hurricanes
Wed 8.10am Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix

LIVE MI Cape Town v Sunrisers Eastern Cape
Wed 11am Sky Sports Cricket & 12noon Sky Sports Main Event

LIVE Abu Dhabi Knight Riders v Desert Vipers
Wed 1.45pm BT Sport 1

LIVE Pretoria Capitals v Joburg Super Kings
Wed 3pm Sky Sports Main Event & Sky Sports Cricket

LIVE Sydney Thunder v Melbourne Renegades
Thu 7.45am Sky Sports Cricket

LIVE Paarl Royals v Sunrisers Eastern Cape
Thu 3pm Sky Sports Main Event & Sky Sports Cricket

LIVE South Africa v India
Thu 4.45pm Sky Sports Mix

LIVE Auckland Hearts v Wellington Blaze
Thu 11.15pm BT Sport 1

LIVE Auckland Aces v Wellington Firebirds
Thu 3am BT Sport 1

LIVE Adelaide Strikers v Perth Scorchers
Thu 5am Sky Sports Cricket

LIVE Brisbane Heat v Hobart Hurricanes
Fri 8.30am Sky Sports Cricket

LIVE Abu Dhabi Knight Riders v Desert Vipers
Fri 1.45pm BT Sport 1

LIVE Durban Super Giants v Pretoria Capitals
Fri 3pm Sky Sports Cricket & 3.30pm Sky Sports Main Event

LIVE Central Hinds v Otago Sparks
Fri 9.45pm BT Sport 3

LIVE Central Stags v Otago Volts
Fri 1.30am BT Sport 3

GOLF

LIVE Hero Cup
Sat 6am Sky Sports Golf; Sun 6.30am Sky Sports Main Event & Sky Sports Golf
Days two and three in Abu Dhabi.

LIVE Sony Open in Hawaii
Sat & Sun 3.45pm & 9pm Sky Sports Golf
Coverage of days three and four.

LIVE Abu Dhabi Championship
Wed & Thu 3.30am, Fri 5am Sky Sports Golf; Wed 3.30am, Fri 6am & 5am Sky Sports Main Event
Coverage of days one to three at Yas Links in the UAE. See p29.

LIVE Hilton Grand Vacations Tournament of Champions
Thu & Fri 5pm Sky Sports Golf
Coverage of days one and two.

LIVE American Express
Thu & Fri 8pm Sky Sports Golf
Days one and two in California.

HOCKEY

LIVE New Zealand v Chile
Sat 7.30am BT Sport 4

LIVE Netherlands v Malaysia
Sat 9.30am BT Sport 4

LIVE Belgium v South Korea
Sat 11.30am BT Sport 4

LIVE Spain v Wales
Sun 11.30am BT Sport 2
The men's World Cup encounter.

LIVE England v India
Sun 1.30pm BT Sport 2
The men's World Cup match.

LIVE Malaysia v Chile
Mon 7.30am BT Sport 2

LIVE New Zealand v Netherlands
Mon 9.30am BT Sport 2

LIVE France v South Africa
Mon 11.30am BT Sport 2

LIVE Argentina v Australia
Mon 1.30pm BT Sport 2

LIVE South Korea v Japan
Tue 11.30am BT Sport 2

LIVE Germany v Belgium
Tue 1.30pm BT Sport 2

LIVE Malaysia v New Zealand
Thu 7.30am BT Sport 1

LIVE Netherlands v Chile
Thu 9.30am BT Sport 1

LIVE Spain v England
Thu 11.30am BT Sport 1
The men's World Cup fixture.

LIVE India v Wales
Thu 1.30pm BT Sport 1
The men's World Cup game.

LIVE Australia v South Africa
Fri 7.30am BT Sport 2

LIVE France v Argentina
Fri 9.30am BT Sport 2

LIVE Belgium v Japan
Fri 11.30am BT Sport 2

LIVE South Korea v Germany
Fri 1.30pm BT Sport 2

HORSE RACING

LIVE Warwick
Sat 1.10pm ITV4

ICE HOCKEY

LIVE San Jose Sharks v Edmonton Oilers
Sat 6am Viaplay Sports 2

LIVE Dallas Stars v Calgary Flames
Sat 7pm Viaplay Xtra

LIVE Boston Bruins v Toronto Maple Leafs
Sat 12m't Viaplay Sports 1

LIVE Vegas Golden Knights v Edmonton Oilers
Sat 3am Viaplay Sports 2

LIVE New York Rangers v Montreal Canadiens
Sun 10pm Viaplay Sports 1

LIVE Winnipeg Jets v Arizona Coyotes
Sun 12m't Viaplay Sports 2

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Football planner

LIVE Boston Bruins v Philadelphia Flyers
Mon 6pm Viaplay Sports 1

LIVE Seattle Kraken v Tampa Bay Lightning
Mon 9pm Viaplay Sports 2

LIVE Toronto Maple Leafs v Florida Panthers
Tue 12m't Viaplay Sports 1

LIVE Edmonton Oilers v Seattle Kraken
Tue 2am Viaplay Sports 2

LIVE Ottawa Senators v Pittsburgh Penguins
Wed 12m't Viaplay Sports 1

LIVE San Jose Sharks v Dallas Stars
Wed 3am Viaplay Sports 2

LIVE New York Rangers v Boston Bruins
Thu 12m't Viaplay Sports 1

LIVE Edmonton Oilers v Tampa Bay Lightning
Thu 2am Viaplay Sports 2

LIVE Pittsburgh Penguins v Ottawa Senators
Fri 12m't Viaplay Sports 1

LIVE Vancouver Canucks v Colorado Avalanche
Fri 3am Viaplay Sports 2

MOTORSPORT

LIVE Formula E
Sat 7pm Euro1

LIVE World Rally Championship
Thu 7pm BT Sport 1

NETBALL

LIVE England v Jamaica
Sat 2pm BBC2

RUGBY UNION

LIVE Gloucester v Leinster
Sat 12.30pm ITV1 & BT Sport 2 (kick-off 1pm)
Champions Cup Pool B clash from Kingsholm Stadium. See p29.

LIVE Sale Sharks v Toulouse
Sat 12.30pm BT Sport 3 (kick-off 1pm)
Champions Cup Pool B match.

LIVE Stade Francais v Lions
Sat 12.55pm Viaplay Sports 1

LIVE Munster v Northampton Saints
Sat 3pm BT Sport 2 (kick-off 3.15pm)
Champions Cup Pool B match.

LIVE Sharks v Bordeaux Begles
Sat 3pm BT Sport 3

LIVE Bath v Toulon
Sat 3.10pm Viaplay Sports 1 (kick-off 3.15pm)
Challenge Cup Pool A match.

LIVE La Rochelle v Ulster
Sat 5.15pm BT Sport 2

LIVE Bulls v Exeter Chiefs
Sat 5.15pm BT Sport 3 (kick-off 5.30pm)
Champions Cup Pool A fixture.

LIVE Saracens v Lyon
Sat 7.45pm BT Sport 2 (kick-off 8pm)
Champions Cup Pool A game.

LIVE Ospreys v Montpellier
Sat 7.45pm BT Sport 3 & S4C

LIVE London Irish v Stormers
Sun 12.30pm BT Sport 1 (kick-off 1pm)
Champions Cup Pool B clash.

LIVE Cardiff v Newcastle Falcons
Sun 12.55pm Viaplay Sports 1 (kick-off 1pm) Challenge Cup Pool A.

LIVE Racing 92 v Harlequins
Sun 3pm BT Sport 1 (k-o 3.15pm) Champions Cup Pool A.

LIVE Leicester Tigers v Ospreys
Fri 7.30pm BT Sport 1 & 7.55pm S4C (kick-off 8pm) Champions Cup Pool B fixture.

LIVE Lyon v Bulls
Fri 7.30pm BT Sport 2

SAILING

LIVE Sail GP
Sat & Sun 6am Sky Sports Arena & Sky Sports Mix

SKIING

LIVE Alpine Skiing
Sat 9.45am; Sun 9am Euro1 & Fri 9.15am Euro2

LIVE Freestyle Skiing
Sat 9.50am & 11.30am Euro2

LIVE Nordic Combined Skiing
Sat 10.45am; Sun 9.20am & 12.15pm Euro2

SNOOKER

LIVE The Masters
Sat 1pm & 6.45pm Euro2, 1.15pm BBC1, 4.30pm & 7pm BBC2; Sun 12.45pm & 6.45pm Euro2, 1pm & 7pm BBC2
Coverage of the semi-finals and final.

LIVE World Grand Prix
Mon 6.45pm; Tue-Fri 12.45pm & 6.45pm ITV4
Coverage of days one to five.

TENNIS

LIVE Adelaide International
Sat 7.30am Euro1
Coverage of the final.

LIVE Australian Open
Sun 12m't Euro1 & 2am Euro2; Mon-Thu 7am & 12m't Euro1, 8am & 12m't Euro2; Fri 7am & 12m't Euro1, 12m't Euro 2
Days one to six of the first Grand Slam of the year. Also available via Discovery+. See page 28.

WINTER SPORTS

LIVE Ski Jumping
Sat 7.50am Euro2 & 2.45pm Euro1; Sun 6.50am Euro1; Fri 7am Euro2

LIVE Snowboarding
Sat 4.50pm Euro2

LIVE Biathlon: Winter World University Games
Sat 5.15pm Euro1; Mon 7pm Euro2

LIVE Cross-Country Skiing: Winter World University Games
Sun 4pm Euro2

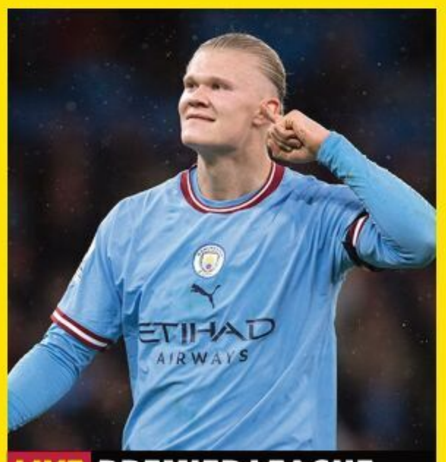
LIVE Speed Skating: Winter World University Games
Mon & Thu 3pm Euro2

LIVE Ski Jumping: Winter World University Games
Mon 10pm & Tue 1pm Euro2

LIVE Alpine Skiing: Winter World University Games
Tue 2.30pm & 5.30pm; Wed 2.30pm & 6pm Euro2

LIVE Nordic Combined Skiing: Winter World University Games
Thu 6pm & 11pm Euro2

LIVE Snowboarding: Winter World University Games
Fri 6pm Euro2



LIVE PREMIER LEAGUE

Manchester United v Manchester City

Saturday, kick-off 12.30pm, BT Sport 1

The champions have two massive games this week, with the derby followed by the visit of Spurs (Thursday, 8pm, Sky Sports Main Event & Premier League). Erling Haaland is now the fastest player to reach 20 Premier League goals.

LIVE PREMIER LEAGUE

Brentford v Bournemouth

Saturday, kick-off 5.30pm, Sky Sports Main Event & Sky Sports Premier League

Brentford began 2023 with a 3-1 victory over Liverpool, with Yoane Wissa (above) and Bryan Mbeumo bagging goals. The Bees are now unbeaten in six – their best run in the top flight for more than 80 years.

LIVE PREMIER LEAGUE

Newcastle United v Fulham

Sunday, kick-off 2pm, Sky Sports Main Event & Sky Sports Premier League

Newcastle are unbeaten in the league since August, while Fulham have equalled the 28 points that saw them relegated in 2021. Miguel Almirón scored twice as the Magpies won 4-1 at Craven Cottage in October.

Saturday 14

LIVE Brisbane Roar v Wellington Phoenix
6am BT Sport 1

LIVE Adelaide United v Melbourne Victory
8.45am BT Sport 2

LIVE Manchester United v Manchester City
11.30am BT Sport 1 (kick-off 12.30pm)
The Premier League clash.

LIVE Rotherham United v Blackburn Rovers
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)

LIVE Llanelli Town v Connah's Quay Nomads
5pm S4C (kick-off 5.15pm)

LIVE Brentford v Bournemouth
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
The Premier League clash.

LIVE Celtic v Kilmarnock
5pm Viaplay Sports 1 (kick-off 5.30pm)

LIVE Lecce v AC Milan
5.15pm BT Sport 1

LIVE Marseille v Lorient
6pm BT Sport 4 (kick-off 6pm)

LIVE Inter Milan v Hellas Verona
7.30pm BT Sport 1 (kick-off 7.45pm)

LIVE Lyon v Strasbourg
8pm BT Sport 4 (kick-off 8pm)

LIVE Western Sydney Wanderers v Melbourne City
4am BT Sport 1

LIVE Brisbane Roar v Adelaide United
5am BT Sport 3

Sunday 15

LIVE Western United v Newcastle Jets
6am BT Sport 1

LIVE Perth Glory v Wellington Phoenix
8am BT Sport 2

LIVE Arsenal v Chelsea
11.30am Sky Sports Football & Sky Showcase; 12noon Sky Sports Main Event (kick-off 12noon)

LIVE Sassuolo v Lazio
11.30am BT Sport 3 (kick-off 11.30am)

LIVE Newcastle United v Fulham
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2pm)
The Premier League clash.

LIVE Manchester United v Liverpool
1.50pm BBC1 (kick-off 2.05pm)
Women's Super League encounter.

LIVE Udinese v Bologna
2pm BT Sport 3 (kick-off 2pm)

LIVE Rangers v Aberdeen
2.30pm Viaplay Sports 1 (kick-off 3pm)

LIVE Tottenham Hotspur v Arsenal
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
The Premier League clash. See p29.

LIVE Monaco v Ajaccio
4pm BT Sport 2 (kick-off 4.05pm)

LIVE Atalanta v Salernitana
5pm BT Sport 3 (kick-off 5pm)

LIVE Benfica v Sporting Lisbon
6pm BT Sport 4 (kick-off 6pm)

LIVE West Ham United v Manchester City
6.30pm Sky Sports Football, Sky Showcase & 7.30pm Sky Sports Premier League (kick-off 6.45pm)

LIVE Spanish Super Cup final
6.30pm BT Sport 2

LIVE AS Roma v Fiorentina
7.45pm BT Sport 1 (kick-off 7.45pm)

LIVE Rennes v Paris Saint-Germain
7.45pm BT Sport 3 (kick-off 7.45pm)

Monday 16

LIVE Port Vale v Peterborough United
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)

LIVE Empoli v Sampdoria
7.30pm BT Sport 1 (kick-off 7.45pm)

Tuesday 17

LIVE Napoli v Cremonese
7.55pm Viaplay Sports 1

Wednesday 18

LIVE Western Sydney Wanderers v Melbourne Victory
7am BT Sport 1

LIVE AC Milan v Inter Milan
6.55pm Viaplay Sports 1

LIVE FA Cup
7.30pm BBC1
Coverage of a third-round replay.

LIVE Kilmarnock v Rangers
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Scottish Premiership clash.

Thursday 19

LIVE Manchester City v Tottenham Hotspur
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
Coverage of the Premier League clash from the Etihad Stadium.

LIVE Juventus v Monza
7.55pm Viaplay Sports 2

Friday 20

LIVE Adelaide United v Macarthur FC
8.45am BT Sport 1

LIVE RB Leipzig v Bayern Munich
7.20pm Sky Sports Mix (kick-off 7.30pm)

LIVE Burnley v West Bromwich Albion
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)

LIVE Western United v Brisbane Roar
3.15am BT Sport 1

LIVE Melbourne City v Western Sydney Wanderers
4am BT Sport 4

LIVE Adelaide United v Melbourne Victory
5am BT Sport 3

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Saturday

14 January

Evening Planner

Football

Premier League
BT Sport & Sky Sports
Today's live coverage features the Manchester derby (k-o 12.30pm) and Brentford v Bournemouth (k-o 5.30pm).

Entertainment

Michael McIntyre's Big Show
BBC1, 6.50pm
Comedy, celebrity pranks and surprises, recorded live at the London Palladium.

Factual

Hancock: Very Nearly an Armful
GOLD, 8pm
Jack Dee and celeb fans including Pete Doherty look at the life of Tony Hancock.

Drama

Atlantic Crossing
Drama, 9pm
Drama about the alleged relationship between Norway's Crown Princess Märtha and President F. D. Roosevelt.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	◂ 6.50 Michael McIntyre's Big Show	7.50 That's My Jam		8.50 Casualty		9.40 Not Going Out	10.10 News	10.30 Match of the...
102 BBC2	7.00 Snooker: The Masters – Live: Coverage of the second semi-final						10.00 Film: The Duchess	
103 ITV1	7.00 The Masked Singer			8.30 Ant & Dec's Limitless Win		9.30 The John Bishop Show	10.15 News	10.30 DNA Journey
104 CHANNEL 4	◂ 6.20 Film: Mission: Impossible			8.30 Film: Men in Black: International				
105 CHANNEL 5	◂ 6.10 Princess...	7.30 Secrets of the Royal Palaces		8.30 Keeping Up Appearances: 30 Years of Laughs			10.00 When Classic Comedy Goes Horribly...	
106 SKY SHOWCASE	7.00 Shark with Steve Backshall		8.00 Hold the Front Page		9.00 Film: The Dark Knight			
ENTERTAINMENT								
117 BBC3	7.00 EastEnders				9.00 Two Pints of Lager and a Packet of Crisps			
116 BBC4	7.00 Arctic with Bruce Parry		8.00 Puerto Rico: Island of Enchantment...		9.00 Mystery Road: Origin			
118 ITV2	◂ 6.00 Film: Evan Almighty		7.55 Film: The Fast and the Furious: Tokyo Drift				10.00 Kavos Weekender	
136 MORE4	◂ 6.55 Escape to the Chateau		8.00 Best Year Ever... 1994		9.00 24 Hours in A&E			
135 E4	7.00 Film: Fantastic Four				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Blue Bloods		8.00 New Amsterdam		9.00 Bull		10.00 Coroner	
108 SKY ATLANTIC	◂ 6.45 True Blood		7.55 Game of Thrones					
110 GOLD	◂ 6.40 The Vicar of Dibley		8.00 Hancock: Very Nearly An Armful				10.05 Hancock's Half Hour	
111 DAVE		7.20 Would I Lie to You?...	8.00 Not Going Out			9.20 QI	10.00 Mock the Week	
119 ITV3	7.00 Vera				9.00 Midsomer Murders			
120 ITV4	◂ 5.50 Film: The Guns of Navarone				9.00 English Football League Highlights			
112 COMEDY CENTRAL	7.00 Film: Jackie Chan's The Tuxedo				9.00 Film: Scary Movie 2			10.30 Film: Jackass...
139 SKY SCI-FI	7.00 Stargate SG-1				9.00 Film: Apocalypse of Ice			
113 SKY MAX	7.00 Agatha Raisin		8.00 Hold the Front Page		9.00 NFL – Live: Coverage of the first Wild Card play-off match			
132 ALIBI	◂ 6.00 Inspector George Gently		8.00 Shakespeare & Hathaway: Private...		9.00 Death in Paradise			
130 SKY ARTS	7.00 Queen – The Magic Years			8.20 Queen – Hungarian Rhapsody: Live in Budapest				10.20 Freddie Mercury...
DOCUMENTARY								
125 DISCOVERY	7.00 The Dino Hunters		8.00 Gold Rush				10.00 Alaskan Killer Bigfoot	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Swimming with Monsters with Steve...		9.00 Rugged Justice		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Seconds from Disaster		8.00 Superstorm New York: What Really...		9.00 Killer Tornado USA: Caught on Camera		10.00 Japan's Disaster: Caught on Camera	
123 SKY HISTORY	7.00 Lost Secrets of the Pyramid				9.00 Elusive: Bigfoot in Britain			
155 YESTERDAY	7.00 Great Continental Railway Journeys						10.00 One Foot in the Grave	
121 SKY DOCS	7.00 Film: Listen to Me Marlon				9.00 Film: The Beatles: Eight Days a Week – The Touring Years			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 The Last Son		8.00 The Estate			9.50 One Way		
303 TWILIGHT	◂ 6.45 The Twilight Saga: Eclipse				9.00 The Twilight Saga: Breaking Dawn – Part 1			
311 BRITISH ICONS	◂ 6.00 The World's End		8.00 Operation Mincemeat				10.10 The Hunt for Red October	
305 ANIMATION	◂ 5.55 The Ant Bully	7.30 Open Season: Scared Silly			8.55 Early Man			10.30 Rabbit...
306 FAMILY	◂ 6.05 Divergent			8.30 The Divergent Series: Insurgent				10.30 Divergent...
307 ACTION	7.00 Uncharted				9.00 The Lost City			
308 COMEDY	◂ 6.00 Kingpin		8.00 You Don't Mess with the Zohan				10.00 The Hangover	
309 THRILLER	◂ 6.00 Focus		8.00 In the Line of Fire				10.15 Taxi Driver	
310 DRAMA	◂ 5.35 The Lost City of Z		8.00 Cast Away					10.25 American Beauty
304 DYSTOPIA	◂ 5.20 Dune		8.00 Firestarter			9.40 The Matrix Reloaded		
302 FEEL GOOD	◂ 6.00 Maid in Manhattan		8.00 Jerry Maguire					10.20 My Best Friend's...
313 FILM4	◂ 6.35 How to Lose a Guy in 10 Days				9.00 Kingsman: The Secret Service			
315 TCM MOVIES	◂ 6.20 Waterloo				9.00 The Outlaw Josey Wales			
SPORT								
401 MAIN EVENT	◂ 5.00 SNF – Live: Brentford v Bournemouth (Kick-off 5.30)			8.30 NFL – Live: Coverage of the first Wild Card play-off match				
402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Brentford v Bournemouth (Kick-off 5.30)			8.30 Game of the Day				10.30 PL Highlights
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 EFL						10.30 EFL Greatest...
404 CRICKET	◂ 5.30 SA20 – Live	7.30 Big Bash League				9.30 One-Day International Cricket		10.30 SA20
413 BT SPORT 1	7.00 Champions...	7.30 Serie A – Live: Inter Milan v Hellas Verona (Kick-off 7.45)					10.00 UFC – Live	
414 BT SPORT 2	◂ 5.15 Heineken Champions Cup – Live: La Rochelle v Ulster (Kick-off 5.30); Saracens v Lyon (Kick-off 8.00)						10.00 Women's T20 Super Smash – Live	

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101/115 801 101 101 1 101 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Oti Mabuse. (S)
11.30 **The Great Food Guys** New edition 2/8. With guest Barbara Dickson. (S)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 LIVE **Snooker: The Masters** Coverage of the opening semi-final at Alexandra Palace in London, played over the best of 11 frames. *Continues on BBC2*. (S)
4.30 **Final Score** Results round-up. (S)
5.15 **BBC News** (S)
5.25 **Local News** (S)
5.35 **Celebrity Mastermind** New edition 4/14. Victoria Smurfit, Wayne Hemingway, Ria Lina and James Buckley are put to the test by Clive Myrie. (S)

6.05 Celebrity Bridge of Lies

6 PM

6.05 NEW SERIES **Celebrity Bridge of Lies** 1/8. Ross Kemp presents a special edition of the quiz, with a team of soap stars playing for their chosen charities. (S)

7 PM

6.50 NEW SERIES **Michael McIntyre's Big Show** 1/6. An evening of comedy and music. Rylan hands over his phone in Send to All, plus Joel Corry and Tom Grennan perform. *See feature, page12*. (S)

8 PM

7.50 **That's My Jam** New edition 5/8. Camilla Luddington and Chris Carmack take on Kimberly Wyatt and Gina Yashere in a test of their singing abilities, performance skills and musical knowledge. (S)

9 PM

8.50 **Casualty** Jonty photographs Stevie kissing Marcus and threatens to expose their relationship, jeopardising her career. (S)(AD)
9.40 **Not Going Out** *Text*: 2/6. Lee sends a rude text about Anna to Lucy, but makes the mistake of sending it to Anna herself. (S12) (S)(R)

10 PM

10.10 **BBC News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, including the Manchester derby and Brighton & Hove Albion v Liverpool. (S)
■ *Match of the Day 2* is on tomorrow at 10.30pm
11.55 FILM **This Is Spinal Tap** Mock documentary recounting the misadventures of an ageing English rock band on tour in America. Stars Christopher Guest, Michael McKean and Harry Shearer. (S)(AD) (1983, 15, 80min) ★★★★★
1.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **Children's Programmes**
9.30 **Deadly Pole to Pole** (S)(R)(AD)
10.00 **Robot Wars: World Series** (S)(R)
11.00 **Dogs in the Wild: Meet the Family** 3/3. Broken Heart Syndrome in wild dogs. (S)(R)(AD)
12.00 NOON **The Hairy Bikers Go Local** 5/8. A visit to Norfolk. (S)(R)(AD)
1.00 PM **Natural World: Galapagos – Islands of Change** (S)(R)(AD)
2.00 LIVE **Netball** England v Jamaica: Coverage of the second game in a three-match series from Copper Box Arena in London. Centre-pass is at 2.15. (S)
4.00 **Amanda & Alan's Italian Job** 2/8. A Sicilian kitchen. (S)(R)(AD)
4.30 LIVE **Snooker: The Masters** Further coverage of the opening semi-final. *Continues at 7pm*. (S)
5.30 **Flog It!** From Haddon Hall. (S)(R)

10.00 The Duchess

6.00 **Waterhole: Africa's Animal Oasis** 1/3. Chris Packham and Ella Al-Shamahi create a waterhole in Tanzania, keen to learn how they support so much life. (S)(R)
7.00 LIVE **Snooker: The Masters** Coverage of the second semi-final from Alexandra Palace in London, played over the best of 11 frames. (S)
10.00 FILM **The Duchess** Historical drama starring Keira Knightley, Ralph Fiennes and Dominic Cooper. An 18th-century aristocrat seeks relief from her loveless marriage in a scandalous affair with a rising politician. With Hayley Atwell and Charlotte Rampling. (S)(AD) (2008, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.40 **Snooker: The Masters – Extra** Highlights of a semi-final from Alexandra Palace in London. (S)
1.40 AM FILM **Amundsen** Drama telling the life story of explorer Roald Amundsen, starring Pål Sverre Hagen. Partly subtitled. (2019, 12, 120min) ★★★
3.40 **to 6.35** AM **Previews** (S)

ITV1

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Jason Fox from *SAS: Who Dares Wins*. (S)
11.40 **James Martin's French Adventure** From Saint-Emilion. (S)(R)(AD)
12.15 PM **ITV News** (S)
12.30 LIVE **Rugby Union: Champions Cup** Gloucester v Leinster: Hugh Woozencroft presents all the action from the Pool A match in the third round of fixtures, held at Kingsholm. Kick-off is at 1.00. (S)
3.30 **Tipping Point: Lucky Stars** With Roisin Conaty, Chris Bavin and Jordan Banjo. (S)(R)
4.30 **The Chase: The Bloopers** Compilation of outtakes. (S)(R)(AD)
5.30 **ITV News** (S)
5.45 **Local News** (S)

8.30 Ant & Dec's Limitless Win

6.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts a charity edition of the game show, with Bonnie Langford, Aston Merrygold and Liza Tarbuck trying to guess the familiar phrases. (S)(AD)
7.00 **The Masked Singer** New edition 3/8. Joel Dommett hosts as five incognito celebrities take to the stage, with panellists Rita Ora, Jonathan Ross, Davina McCall and Mo Gilligan trying to idenitfy them. (S)(AD)
8.30 **Ant & Dec's Limitless Win** New edition The duo host as husband-and-wife team Matt and Hannah take on the money ladder, playing for a truly life-changing cash prize. (S)
9.30 **The John Bishop Show** New edition The comedian and actor performs topical stand-up routines and chats to guests from the worlds of film, TV, sport and music. (S)
10.15 **ITV News** (S)
10.30 **DNA Journey** Olympic legends Torvill and Dean embark on a journey that brings them even closer as they uncover their family history using DNA and genealogy. (S)(R)(AD)
11.45 **English Football League Highlights** The latest EFL action, including Burnley v Coventry City and Sheffield United v Stoke City. (S)
1.30 AM **Shop: Ideal World**
3.00 **Unwind with ITV** (S)
4.15 **to 6.00** AM **Love Your Weekend with Alan Titchmarsh** (S)(SL)(R)

+1 hour 203 114 35 112

CHANNEL 4

104 104/108 804 104/108 4 104 104/106

6.15 AM **3rd Rock from the Sun** (S)(R)
7.30 **The Simpsons** (S)(R)(AD)
11.30 FILM **Alvin and the Chipmunks: The Squeakquel** Family comedy sequel starring Jason Lee. (S) (2009, U, 105min) ★★
1.15 PM **Four in a Bed** From Churchill's Hotel in Barnsley. (S)(R)
1.50 From Darnells' Farm Luxury Glamping in Herefordshire. (S)(R)
2.20 A visit to the Hatton Court Hotel in Gloucester. (S)(R)
2.50 From the Ladbrooke Hotel in central Birmingham. (S)(R)
3.20 The owners meet up. (S)(R)
3.50 **Grand Designs** A 17th-century flour mill in Cornwall. (S)(R)(AD)
4.50 **A Lake District Farm Shop** A farmer has big plans for sheep's milk brie. (S)(R)(AD)
5.50 **News** (S)

6.20 Mission: Impossible

6.20 FILM **Mission: Impossible** Brian De Palma's action thriller based on the cult 1960s TV series, starring Tom Cruise, Jon Voight and Emmanuelle Béart. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (S) (1996, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
8.30 FILM **Men in Black: International** Sci-fi comedy sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. With Rebecca Ferguson. (S)(AD) (2019, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.45 FILM **Logan** Fantasy adventure starring Hugh Jackman, Patrick Stewart and Stephen Merchant. (S)(AD) (2017, 15, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.10 AM **Ramsay's Kitchen Nightmares USA** Gordon Ramsay visits a restaurant in Providence, Rhode Island. (S)(SL)(R)
2.00 **Couples Come Dine with Me** Three dinner parties in Kent. (S)(R)
2.55 **Hollyoaks Omnibus** Felix warns Mercedes the police are coming to arrest her. (S)(SL)(R)(AD)
5.00 **Find It, Fix It, Flog It** (S)(R)
5.15 **to 5.55** AM **Countdown** (S)(R)

+1 hour 204/208 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.40 AM **Milkshake!**
10.00 **The Smurfs** (S)(R)
10.15 **SpongeBob SquarePants** Cartoon adventures. (S)(R)
10.25 **Entertainment News** (S)
10.30 **Friends** (S3&4) (S)(R)(AD)
12.35 PM **FILM Serendipity** Romantic comedy starring John Cusack and Kate Beckinsale. (S) (2001, PG, 110min) ★★★★
2.25 **FILM Me Before You** Romantic drama based on the novel by Jojo Moyes, with Emilia Clarke and Sam Claflin. A woman hired as a carer for a paralysed man tries to show him he still has something to live for. (S) (2016, 12, 130min) ★★★
4.35 **Michael Ball's Wonderful Wales** The singer explores his Welsh heritage. (S)(R)

12.35 Serendipity

6.05 **News** (S)
6.10 **Princess Anne: The Perfect Royal** Documentary exploring the life of Princess Anne, who represented Britain in the 1976 Olympics and survived a kidnapping attempt in 1974. (S)(R)
7.30 **Secrets of the Royal Palaces** New edition Behind-the-scenes at the Palaces of Westminster, where royalty and democracy merge. (S)
8.30 **NEW Keeping Up Appearances: 30 Years of Laughs** A look at the popular 1990s sitcom starring Patricia Routledge as Hyacinth Bucket, who was endlessly let down in her attempts to climb the social ladder. (S)
10.00 **When Classic Comedy Goes Horribly Wrong** A collection of less-than-perfect moments from some of the nation's favourite shows from the 1960s right up to the present day. (S)(R)
12.30 AM **Criminals: Caught on Camera** A look at how CCTV is used to enforce a drinking ban in a west London park. (S)(R)
12.55 **Entertainment News** (S)
1.00 **LeoVegas Live Casino Show**
3.00 **Casualty 24/7: Every Second Counts** Documentary. (S)(R)
3.50 **My Mum's Hotter Than Me!** (R)
4.40 **Divine Designs** (S)(SL)(R)
5.05 **to 5.35** AM **House Doctor** (R)

+1 hour 205 155 46 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Monkey Life** (S)(R)
7.00 **Orangutan Jungle School** Double bill of editions. (S)(R)
9.00 **The Fresh Prince of Bel Air** 9-11/25. Triple bill. (S1) (S)(R)
10.30 **Soccer AM** Football magazine.
12.00 NOON **The Simpsons** Six episodes, including at: **2.00** PM *Midnight Towboy:* Marge joins a group that encourages toddlers to be more independent. (S)(R) **2.30** *I Don't Wanna Know Why the Caged Bird Sings:* Lisa receives an award for Student of the Millennium. (S)(R)
3.00 **Gillette Labs Soccer Saturday** Updates from today's games.
5.00 **Celts: The Untold Story** The Celts' transition from traders into proven warriors. (R)

9.00 The Dark Knight

6.00 **Strangest Things** Investigating how a skull changed neuroscience and asking if World War II could have been won by a bat. (R)
7.00 **Shark with Steve Backshall** 2/3. The naturalist learns about the sharks of the Indian Ocean, that face threats from climate change and pollution. (S)(R)(AD)
8.00 **Hold the Front Page** 2/6. Nish Kumar and Josh Widdicombe head to West Sussex to work for a local newspaper, on a mission to find stories strong enough for the front page. (R)
9.00 **FILM The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger, Aaron Eckhart and Maggie Gyllenhaal. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy on the streets of Gotham City. (S)(AD) (2008, 12, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.45 **Never Mind the Buzzcocks** With Roisin Conaty, ArrDee and James Bay. (S)(R)(AD)
12.30 AM **Road Wars** A drug dealer is arrested in Aylesbury. (R) **1.30** Video footage of dangers on the road. (R)
2.00 **The Force: North East** Officers race to a stabbing outside a pub in Newcastle. (S)(R)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
4.30-5.15pm Sportscene Results (S) **11.55** Sportscene: Premiership Highlights (S)(R) **12.55am** **FILM** This Is Spinal Tap (S)(AD) (1983, 15, 80min) ★★★★★ **2.15** Weather for the Week Ahead (S) **2.20-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.30am-12.00noon Kiri's TV Flashback (S)(R) **5.35-6.05pm** **NEW SERIES** Amy Dowden's Dare to Dance (S) **8.50** Celebrity Mastermind New edition (S) **9.20-10.10pm** Casualty (S)(AD)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
5.30pm Waterhole: Africa's Animal Oasis (S)(R) **6.30-7.00pm** B&B by the Sea (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Priodas Pum Mil **11.00** Codi Pac **11.30** Cegin Bryn **12.00noon** Ffermio **12.30pm** Cefn Gwlad (AD) **1.30** Cymry ar Gynfas (AD) **2.00** Dan Do **2.30** Lle Bach Mawr (AD) **3.30** Canu gyda Fy Arwr **4.30** Sgwrs Dan y Lloer **5.00** **LIVE** Sgorio **7.30** Newyddion a Chwaraeon **7.45** **LIVE** Rygbi Ewrop **10.00** Fferm Ffactor: Selebs (AD) **11.00-11.35pm** Darren Drws Nesa

BBC3

117/141/173 | 107/157 | 23 | 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Martin is stunned by what he learns. **7.30** Denise plans to put the spark back into her marriage. **8.00** The Slaters face serious money problems. **8.30** Lola and Jay have a big announcement.
9.00 **Two Pints of Lager and a Packet of Crisps** 8/10. Janet starts her job managing The Archer. **9.30** 9/10. Janet tries to keep the pub open. **10.00** 10/10. A horror-themed episode. (S6) **10.30** 1/8. Jonny wins a competition to jump over a shark in Hawaii. (S7)
11.00 **Bad Education: Reunion Special** Class K are back for a careers day.
11.45 **Meet the Khans: Big in Bolton**
12.15 AM **Blood, Sweat and Cheer** Documentary.
1.00 **Two Pints of Lager and a Packet of Crisps**
3.00 **Ellie & Natasia**
3.15 **to 4.00** AM **Blood, Sweat and Cheer**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Arctic with Bruce Parry** 1/5. The adventurer experiences life in the Siberian wilderness.
8.00 **Puerto Rico: Island of Enchantment – Natural World** 1/8. The fight to save the Caribbean island's most endangered creatures.
9.00 **Mystery Road: Origin** New episodes 3/6. Jay is ordered off the investigation but refuses to give up. **9.55** 4/6. A confessed killer is in jail, but there are doubts he is truly guilty. (S3)
10.50 **Early Doors** 3/6. Police officers Phil and Nige have a brush with death. **11.20** 4/6. Tension mounts as the football card winner is announced, while Duffy and Joe advise Liam on how to win back a lost love. (S1)
11.50 **To the Manor Born**
12.20 AM **The Many Faces of Les Dawson**
1.20 **Vienna: Empire, Dynasty and Dream**
2.20 **to 3.20** AM **Arctic with Bruce Parry**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun**
12.30 PM **Location, Location, Location** From Yorkshire.
1.35 **Come Dine with Me**
4.10 **Four in a Bed** The first visit of the week is to the Old Times Guesthouse in Ipswich. **4.40** From the Flower Pot in Sunbury-on-Thames. **5.15** A visit to the Dolphin Hotel in Exmouth, Devon. **5.50** The Mariners Beachside B&B in Seaton, Devon. **6.20** The owners meet up.
6.55 **Escape to the Chateau** It's all hands on deck as Dick and Angel prepare to welcome guests once more.
8.00 **Best Year Ever... 1994** 3/4. Documentary delving into the songs and stories of 1994 when Blur and Oasis divided the country and the Wonderbra billboards caused traffic accidents.
9.00 **24 Hours in A&E** The A&E staff of King's College Hospital in London treat patients involved in accidents. **10.00** A retired dockworker who suffers from diabetes is brought in with severe stomach pain.
11.05 **8 Out of 10 Cats Does Countdown** With Stephen Mangan and Katherine Ryan. **12.10** AM With Cariad Lloyd.
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 196 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Don't Tell the Bride**
7.50 **Supernanny USA**
8.50 **Lego Masters Australia**
10.05 **Ramsay's Kitchen Nightmares USA**
1.05 PM **Modern Family**
3.05 **The Big Bang Theory** Eight episodes, including at: **5.35** 2/24. Leonard returns from his research expedition. **6.00** 3/24. The friends take part in a scavenger hunt. **6.35** 4/24. Sheldon introduces Amy to one of his favourite films. (S7)
7.00 **FILM Fantastic Four** Superhero adventure starring Miles Teller, Michael B Jordan, Kate Mara and Jamie Bell. Four scientists return from another dimension with unusual powers, which they use to defend the Earth. (2015, 12, 100min) ★★
9.00 **Celebrity Gogglebox** Famous faces appraise *Little Fires Everywhere, Casino Royale* and *Bradley Walsh & Son: Breaking Dad.*
10.00 **Gogglebox** *The Eurovision Song Contest, Beat the Chasers* and *Lovestruck High* are appraised.
11.05 **Gogglebox**
12.15 AM **First Dates**
1.20 **Summer House**
3.55 **Ramsay's Kitchen Nightmares USA**
4.40 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 146 30 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111 341 356

6.00 AM **Motorbike Cops**
7.00 **Border Patrol**
10.00 **Stop, Search, Seize**
11.00 **UK Border Force** A student is prevented from entering the UK after a trip to India.
12.00 NOON **Send in the Dogs** A stabbing in London brings together two of the city's leading Alsatian dog teams.
1.00 PM **Caught on Dashcam** Road disasters captured in video via people's in-vehicle dash-board cameras.
2.00 **Nothing to Declare**

9.00 Bull

7 PM

7.00 **Blue Bloods** *Triumph Over Trauma:* 1/16. Frank faces a battle with the city government over police brutality protests. (S11)

8 PM

8.00 **New Amsterdam** *Don't Do This For Me:* 10/13. Max helps an intern deal with the loss of a patient. (S5)

9 PM

9.00 **Bull** *The Envelope, Please:* 20/22. Jason buckles under the stress when a delivery causes him to blackout for hours. (S6)

10 PM

10.00 **Coroner** *Our Home On Native Land:* 9/12. Jenny and Donovan investigate a death in Toronto's homeless community. (S4)
11.00 **Elementary** 1/13. Holmes investigates when a model becomes the victim of an acid attack. (S7)
12.00 M'T **Blue Bloods** 3/16. (S11)
1.00 AM **Caught on Dashcam**
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 220

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Storm City**
8.00 **Urban Secrets**
9.00 **The Sopranos** 3-7/13. (S1)
2.25 PM **True Blood** 3/10. Sookie hatches a dangerous plan. **3.30** 4/10. Sookie enlists a band of vampires and humans to track down the H-Vamps. **4.35** 5/10. Sookie hosts a festive party for a group of mainstreaming vampires. **5.40** 6/10. Eric and Pam forge an unlikely alliance. **6.45** 7/10. Sookie hopes for a miracle to save Bill. (S7)

2.25 True Blood

7.55 **Game of Thrones** *The Wolf and the Lion:* 5/10. Ned tries to stop Robert from entering the tournament after a suspicious death.

9.00 **Game of Thrones** *A Golden Crown:* 6/10. Ned is reinstated by Robert, and Tyrion tries to escape the Eyrie.

10.05 **Game of Thrones** *You Win or You Die:* 7/10. House Lannister prepares for conflict, and Khal Drogo vows revenge. (S1)
11.10 **Game of Thrones** 8/10. (S1)
12.20 AM **The Wire** 3/13. Royce tries to reverse his fortunes by taking action against Carcetti. **1.25** 4/13. Marlo rejects Proposition Joe's offer. (S4)
2.30 **In Treatment** (S3)
3.00 **to 6.00** AM **Storm City**

+1 hour 208/209

Sky Max

113/114 113/114 122 121 346 361

6.00 AM **Highway Patrol**
7.00 **Supergirl** 5-8/23. (S3)
11.00 **Grimm** 17-20/23. (S5)
3.00 PM **Hawaii Five-0** 16/24. The detectives try to protect the sole witness in a murder case. **4.00** 17/24. The team try to rescue 12 students who were kidnapped by pirates. **5.00** 18/24. The crew pursue a bomber. (S1)
6.00 **Agatha Raisin** *Agatha Raisin and the Fairies of Fryfam – Part One:* 3/6. A case of infidelity leads to murder. (S2)

6.00 Agatha Raisin

7.00 **Agatha Raisin** *Agatha Raisin and the Fairies of Fryfam – Part Two:* 4/6. The murder investigation takes a dramatic turn. (S2)

8.00 **Hold the Front Page** 2/6. Nish Kumar and Josh Widdicombe head to West Sussex to work for a local newspaper.

9.00 **LIVE NFL** Coverage of the opening Wild Card play-off match.

1.00 AM **Never Mind the Buzzcocks** With Roisin Conaty.
1.45 **Banshee** 8/10. Lucas and Brock head to Louisiana in search of Chayton, and Stowe pieces together details about the Camp Genoa heist. (S3)
2.45 **Road Wars**
3.10 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 115 176 6 113

6.00 AM **Totally Bonkers Guinness World Records**
6.35 **Coronation Street Omnibus**
9.20 **Secret Crush**
10.20 **Dress to Impress**
12.20 PM **Celebrity Catchphrase**
1.25 **In for a Penny**
2.00 **FILM The Lego Batman Movie** Animated adventure. (2017, U, 104min) ★★★★
4.10 **FILM Cloudy with a Chance of Meatballs** Animation. (2009, U, 90min) ★★★★
6.00 **FILM Evan Almighty** Comedy. (2007, PG, 91min) ★★

6.00 Evan Almighty

7.55 **FILM The Fast and the Furious: Tokyo Drift** Motor racing thriller starring Lucas Black and Bow Wow. After relocating to Japan, a rebellious American teenager gets involved in the local car racing scene. With Nathalie Kelley and Brian Tee. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Kavos Weekender** The lives of British tourists and holiday reps, this time in the Greek party capital of Kavos.
11.00 **Family Guy** 17/21. Peter becomes a classy person. **11.30** 11/21. Brian's estranged TV star son Dylan turns up in Quahog. (S12)
12.00 M'T **American Dad!**
1.00 AM **Hey Tracey!** (S2)
2.00 **to 3.00** AM **All American**

+1 hour 218 116 29 114

ITV3

119 119 817 117 177 10 115

6.00 AM **George and Mildred**
7.35 **Rosemary & Thyme**
9.40 **Inspector Morse**
12.00 NOON **Inspector Morse** *The Settling of the Sun:* Murder shatters the peace of an Oxford college. **2.20** PM *Last Bus to Woodstock:* A secretary is found dead in a pub car park park by her boyfriend. **4.40** *The Ghost in the Machine:* An aristocrat goes missing, along with his collection of explicit erotic paintings.

9.00 Midsomer Murders

7.00 **Vera** *The Sea Glass:* The detective investigates the murder of a fisherman whose body was found tangled up in a trawler's net, and who may have been killed as part of a family feud.

9.00 **Midsomer Murders** *Faithful Unto Death:* Barnaby investigates when the wife of the businessman behind a failed craft centre project goes missing, only for her husband to subsequently be murdered. Guest stars Roger Allam.

11.05 **Vera** *The Moth Catcher:* DCI Stanhope investigates a murder at a remote country house, but no sooner does she arrive than a second body is discovered.
1.05 AM **George and Mildred**
2.10 **to 2.30** AM **Unwind**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **The Edit**
7.30 **Sportscene: Premiership Highlights** Action from the latest top-flight fixtures.
8.30 **The River** The Floors Stud team prepare for the Tattersalls auctions at Newmarket.
9.00 **The Karen Dunbar Show** Featuring Scotland's only morris dancing troupe.
9.25 **Scotland the Rave** Diving into the little-explored world of the Scottish rave scene.
10.25 PM **to 12.00** M'T **FILM Beats** Comedy drama starring Martin Donaghy and Brian Ferguson. Two teenagers share a final night out before life takes them in different directions. (2018, 18, 101min) ★★★

Sky Comedy

114/115 135 123 347 362

8.00 AM **Everybody Hates Chris** 8&9/22. (S1)
9.00 **Fresh Prince of Bel Air**
11.30 **Pen15** (S1&2)
1.35 PM **Will & Grace** (S10)
4.00 **Futurama** (S3)
6.30 **The Office (US)** 5/22. Michael is ordered to fire one employee. **7.00** 6/22. Dwight embarrasses Michael. **7.30** 7/22. Dichael and Jan try to woo a potential new client. **8.00** 8/22. Michael gives the staff a performance evaluation. **8.30** 9/22. Michael starts monitoring e-mails. (S2)
9.00 **Curb Your Enthusiasm**
10.10 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.10 **American Auto** (S1)
12.10 AM **Young Rock** (S3)
12.40 **Sex and the City** (S2)
1.10 **SMILF** 3-5/10. (S2)
2.55 **Pen15** 3/15. (S2)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 11 147 365

6.00 AM **Carmen on Sydney Harbour**
8.30 **Tales of the Unexpected**
11.00 **Agatha Christie Hour**
12.00 NOON **John Wayne: America at All Costs**
1.00 PM **Gil Scott-Heron – Pieces of a Man**
2.00 **Landscape Artist of the Year**
3.00 **Discovering**
5.00 **Simon & Garfunkel: Concert in Central Park**
7.00 **Queen: The Magic Years** Documentary.
8.20 **Queen – Hungarian Rhapsody: Live in Budapest** From 1986.
10.20 **Freddie Mercury: Magic Remixed**
11.20 **Queen: Live at the Rainbow** From 1974.
1.05 AM **Discovering: Queen**
1.55 **Isle of Wight Festival Greatest Hits**
2.45 **The Great Songwriters**
3.45 **Classic Albums**
4.45 **to 6.00** AM **The Art of Drumming**

Pick

151 156 36 144

6.00 AM **Nothing to Declare**
11.00 **Border Security USA**
12.00 NOON **Highway Cops**
1.00 PM **Motorway Patrol**
2.00 **After the Wildfires**
3.00 **Secrets of Wild Australia** Documentary.
4.00 **Deadly Australians**
5.00 **Great Barrier Reef with David Attenborough**
6.00 **Road Wars**
8.00 **The Force: Manchester**
9.00 **Caught on Dashcam**
10.00 **World's Most Evil Killers** American serial killer William Bonin.
11.00 **Murders That Shocked the Nation** The crimes of 1960s serial killer 'Jack the Stripper'.
12.00 M'T **Double Murder** The discovery of two brothers' bodies in June 2005.
1.00 AM **Britcam: Emergency on Our Streets**
2.00 **Border Security: America's Front Line**
4.00 **to 6.00** AM **Highway Patrol**

Comedy Central

112/113 181 132 345 360

8.00 AM **Friends** (S7)
12.00 NOON **Friends** (S7&8)
6.00 PM **Friends** 9/24. The gang celebrate Thanksgiving and Monica invites old school friend Will. **6.30** 10/24. Monica spends a fortune on a new pair of boots. (S8)
7.00 **FILM Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan and Jennifer Love Hewitt. (2002, 12, 98min) ★★
9.00 **FILM Scary Movie 2** Horror spoof sequel starring Marlon Wayans and Shawn Wayans. (2001, 18, 82min) ★
10.30 **FILM Jackass Presents: Bad Grandpa .5** Hidden camera comedy with Johnny Knoxville. (2014, 15, 82min) ★★
12.15 AM **Ugly Americans**
1.15 **South Park**
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 28 119

7.00 AM **Little Women: LA**
8.00 **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **Great Chocolate Showdown**
2.00 PM **The Real Housewives of Atlanta**
3.00 **The Big Bake: Spring**
5.00 **Celebrity Dinner Date** With Casey Batchelor. **6.00** With Jon Lee. **7.00** With TV personality Sharon Gaffka. **8.00** With barber Dale Mehmet.
9.00 **Botched** A young woman ravaged by a flesh-eating disease seeks help. **10.00** Helping a woman who had a double mastectomy to beat cancer. **11.00** Dr Paul Nassif helps a woman with blowfish lips.
12.00 M'T **Don't Be Tardy**
12.55 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Protectors**
6.30 **Robson and Jim's Icelandic Fly-Fishing Adventure**
8.25 **The NFL Show**
9.30 **Racing: The Opening Show**
10.30 **Nine Dart Finishes**
10.40 **The Big Match Revisited**
12.40 PM **Made in Britain**
1.10 LIVE **Racing** From Warwick.
4.00 **World of Sport**
4.15 **The Professionals**
5.20 **Made in Britain**
5.50 FILM **The Guns of Navarone** Drama. (1961, PG) ★★★★

5.50 The Guns of Navarone

FILM The Guns of Navarone (film started at 5.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Action from the latest fixtures including Burnley v Coventry City at Turf Moor and Sheffield United v Stoke City at Bramall Lane in the Championship.

11.00 FILM **Collateral** Director Michael Mann's thriller starring Tom Cruise, Jamie Foxx and Jada Pinkett Smith. (2004, 15, 120min) ★★★★
1.25 AM **The Adventures of Sherlock Holmes**
2.40 **to 3.00** AM **Unwind**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 139 138 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **The Outpost** 1&2/10. (S1)
1.00 PM **The Outpost** 3/10. Talon tries to control a lethal creature. **2.00** 4/10. The Mistress proves to be a ruthless enemy. **3.00** 5/10. Wythers blackmails Gwynn. (S1)
4.00 **Stargate SG-1** 15/22. Skaara is put on trial. **5.00** 16/22. A curious entity invades the crew's minds. **6.00** 17/22. Jack is stranded on an alien planet. (S3)

9.00 Apocalypse of Ice

7.00 **Stargate SG-1** *Shades of Grey:* 18/22. Earth's diplomatic relations suffer a blow. (S3)

8.00 **Stargate SG-1** *New Ground:* 19/22. The team members become pawns in an ideological war. (S3)

9.00 FILM **Apocalypse of Ice** Disaster drama starring Tom Sizemore, Jake Holley and Torrey Richardson. A family must make their way to a safe zone at the equator within two days or risk freezing. (2020, PG, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Stan Lee's Lucky Man** 7/10. A piece of evidence disappears. **12.00** M'T 8/10. Harry crosses a major line. (S2)
1.00 AM **Wynonna Earp** (S2)
4.00 **Star Trek: The Next Generation** 2/26. (S6)
5.00 **to 6.00** AM **Most Haunted**

+1 hour 229

Alibi

109/110 809 126 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Inspector George Gently** (S6)
11.55 **Inspector Alleyn Mysteries**
2.00 PM **Father Brown** A man is murdered at the church clock. **3.00** Suspicion grows about an accidental drowning. **4.00** A man is found hanging in a conservatory. **5.00** Sid is implicated as the villain when a man is injured.
6.00 **Inspector George Gently** *Gently Going Under:* Bacchus and Gently investigate the suspicious death of a miner.

6.00 Inspector George Gently

Inspector George Gently (started at 6.00pm)

8.00 **Shakespeare & Hathaway: Private Investigators** 2/10. The death of a care home worker is investigated. (S1)

9.00 **Death in Paradise** *Murder from Above:* 1/8. A billionaire's fiancée falls from a balcony the day before her wedding.

10.00 **Death in Paradise** *The Stakes Are High:* 2/8. Jack and his team enter the world of poker when a player is poisoned. (S7)
11.00 **Father Brown**
12.00 M'T **Inspector George Gently**
2.00 AM **Major Crimes** *By Any Means – Part Two:* 11/13. The team delve into Phil Stroh's past, and face a struggle with Mason. (S6)
2.50 **to 4.00** AM **Major Crimes**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.15 AM **dinnerladies**
8.30 **Citizen Khan**
9.50 **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Eight episodes, including at: **3.20** Del gets his hands on a statue of a Hindu god. **4.00** One of Del's old flames turns up out of the blue. **4.40** Del enters the highly profitable tourist trade. **5.15** Rodney dates an aristocrat's daughter.
6.40 **The Vicar of Dibley** First ever episode of the comedy.

8.00 Hancock: Very Nearly An...

7.20 **The Vicar of Dibley** The *Songs of Praise* crew visit the village.

8.00 NEW **Hancock: Very Nearly An Armful** Jack Dee hosts a unique look back at the life and career of one of Britain's most important and influential comedy stars, Tony Hancock. *See feature, page 21.*

10.05 **Hancock's Half Hour** Special colourised episode. Hancock decides to donate blood. **10.45** Tony has jury duty.
11.25 **The Real McCoy** Triple bill of the comedy sketch show.
1.25 AM **French and Saunders** A spoof of *Western The Quick*. **2.00** Featuring a spoof of *Dr Quinn Medicine Woman*.
2.35 **The Vicar of Dibley**
3.15 **to 4.00** AM **Citizen Khan**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Rick Stein's Far Eastern Odyssey** From Thailand.
9.00 **Rick Stein's French Odyssey**
10.00 **Top Gear** With Damian Lewis.
11.00 **Red Bull Soapbox Race**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear** A Lotus Emira.
2.00 **World's Most Dangerous Roads** Double bill of ediitons.
4.40 **Mortimer & Whitehouse: Gone Fishing** Double bill.
6.00 **Would I Lie to You?**

4.40 Mortimer & Whitehouse

7.20 **Would I Lie to You? – The Unseen Bits** Highlights from the third series of the panel show presented by Rob Brydon.

8.00 **Not Going Out** 3/6. Lee promises Lucy he will try to be more friendly with other parents. **8.40** 4/6. When he is confined to a wheelchair after surgery, Lee turns Peeping Tom. (S12)
9.20 **QI** With Rob Brydon, Phill Jupitus and Cal Wilson.

10.00 **Mock the Week** Best bits and unseen material. **10.40** With guests Maisie Adam, Angela Barnes and Rhys James.
11.20 **QI** With David Mitchell.
12.00 M'T **Have I Got a Bit More News for You**
1.00 AM **Live at the Apollo**
2.00 **The Misadventures of Romesh Ranganathan**
3.00 **Mock the Week**
3.35 **to 4.00** AM **Beat the Internet**

+1 hour 211 131 74

Saturday

7 PM
8 PM
9 PM
10 PM

GREAT! tv

157 189 50 142

6.00 AM **Highway to Heaven**
11.00 **Danielle Steel's Star**
12.50 PM **Great! Movie News**
1.00 **Danielle Steel's Vanished** Drama.
2.50 **Great! Movie News**
3.00 **Danielle Steel's Full Circle** Melodrama.
4.50 **Great! Movie News**
5.00 **Danielle Steel's Zoya** Concluding part of the drama starring Melissa Gilbert. The Wall Street Crash deals another blow to the former Russian aristocrat as she moves to New York.
8.30 **M*A*S*H** 14/24. Trapper and Hawkeye fix Radar up with a nurse after his girl jilts him. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the award-winning quiz show.
1.00 AM **Randall and Hopkirk (Deceased)** 13/26. (S1)
2.00 **to 6.00** AM **Castle**

+1 hour 257 220 62 143

4seven

137 143 193 49 127

9.00 AM **Come Dine with Me: The Professionals**
12.00 NOON **A New Life in the Sun** Four editions.
4.00 PM **A Place in the Sun** Five editions, including at: **6.30** Danni Menzies helps a couple find a holiday home in Manilva. **7.30** Siblings seek a holiday home in southern Cyprus.
8.30 **Kirstie and Phil's Love It or List It** Kirstie and Phil help a couple in Birmingham.
9.30 **8 Out of 10 Cats Does Countdown** With Jonathan Ross.
10.30 **Jon & Lucy's Odd Couples** With Rachel Riley and Catie Wilkins.
11.35 **24 Hours in A&E**
12.40 AM **Celebrity Gogglebox**
1.45 **Travel Man: 48 Hours in Vilnius**
2.15 **999: On the Front Line**
3.20 **to 4.25** AM **In the Footsteps of Killers**

5USA

141 141 153 21 129

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Seven episodes of the drama, including at: **6.00** *Murder by Twos*: A body is found in Jessica's garage. **7.00** *Murder of the Month Club*: A book club promotion turns nasty.
8.00 **Blue Bloods** *Friendly Fire:* 2/22. Danny shoots an undercover cop. (S2)
9.00 **Criminal Minds** *Extreme Aggressor:* 1/22. First episode of the drama. The agents investigate the disappearances of four Seattle women. **10.00** *Compulsion:* 2/22. The team search for an arsonist. (S1)
11.00 **Law & Order: Special Victims Unit** (S19)
2.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Home and Away**
8.35 **Filthy House SOS**
9.30 **Car Pound Cops: Give Me My Car Back!**
12.35 PM FILM **The Last Airbender** Fantasy. (2010, PG, 103min) ★★
2.40 FILM **Lost in Space** Sci-fi. (1998, PG) ★★
5.20 FILM **Starsky & Hutch** Comedy. (2004) ★★★★
7.20 FILM **The Naked Gun** Spoof thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
9.00 FILM **The Naked Gun 2½: The Smell of Fear** Spoof. (1991, 15) ★★★
10.50 FILM **The Naked Gun 33⅓: The Final Insult** Spoof. (1994, 12) ★★★
12.25 AM **The Cruise: Below Deck** Documentary.
1.25 **Suits** 7&8/16. (S8)
3.20 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.10 AM **The Bill**
11.00 **Tipping Point**
1.00 PM **Tipping Point**
5.00 **My Family** Six episodes of the series, including at: **6.20** The Harpers look back at some of their crazier moments. **7.00** Ben pretends to be disabled but regrets it. **7.40** Michael's news comes as a shock to Ben. **8.20** Ben forgets about Valentine's Day.
9.00 **Miranda** A hotel stay adds fun to Miranda's life. **9.40** Penny tries to find a man for Miranda. **10.20** A handsome man leaves his wallet in the shop.
11.00 **Louis Theroux: A Place for Paedophiles**
12.20 AM **Louis Theroux's LA Stories** Documentary.
1.40 **Tipping Point**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.10 AM **Lovejoy**
11.00 **Sharpe**
1.00 PM **Pie in the Sky**
4.00 **Inspector George Gently** *The Burning Man:* A burnt body is found near an RAF base.
6.00 **The Brokenwood Mysteries** 4/4. (S6)
8.00 **Shakespeare & Hathaway: Private Investigators** *All That Glisters:* The duo examine a car accident in which a young mother was killed.
9.00 NEW SERIES **Atlantic Crossing** 1/8. Drama series based on the true story of Norwegian Crown Princess Märtha. Stars Kyle MacLachlan. *See feature, page12.* (S1)
■ Entire series available on UKTV Play
10.10 **Inspector George Gently** As 4.00pm.
12.10 AM **Taggart**
3.00 **to 4.00** AM **Auf Wiedersehen, Pet**

+1 hour 243 226 60

RealityXtra

147 197 68 134

9.00 AM **48 Hours**
12.00 NOON **Fatal Vows**
2.00 PM **Medical Detectives**
5.00 Judge Judy Back-to-back editions of the series, including at: **10.00** Casino co-workers dispute several moeny issues. **10.25** A woman asks her sister to cash a fraudulent check. **10.50** The cost of an herbal cleansing kit leads to a fight between ex-roommates. **11.15** A woman sues for damages when a slumber party goes awry. **11.40** A woman sues her future son-in-law. **12.05** AM A man says he slashed his own car's tires to stop his girlfriend from stealing the vehicle.
12.30 World's Most Unexplained...
1.00 Perry Mason
3.00 to 6.00 AM **48 Hours**

Legend

148 149 41 137

7.00 AM **World's Most Unexplained...**
8.00 FILM **Alien Fury: Countdown to Invasion** Sci-fi action thriller. (2000, 12, 85min) ★
10.00 Walker, Texas Ranger
3.00 PM FILM **The Gambler** Musical drama. (1980, PG, 90min) ★★
5.00 FILM **An Eye For An Eye** Western drama. (1966, U, 110min) ★★
6.50 FILM **Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
8.30 The Twilight Zone
9.00 FILM **The Lawnmower Man 2: Beyond Cyberspace** Thriller. (1995, 12, 92min) ★
10.50 FILM **Mom and Dad** Comedy horror. (2017, 15, 86min) ★★★★
12.35 AM FILM **WAZ** Thriller. (2007, 18, 99min) ★★
2.35 to 4.30 AM FILM **The Titan** Sci-fi thriller. (2018, 15, 97min) ★★

Challenge

145 160 48 146

7.00 AM **The Chase**
9.00 Wheel of Fortune
11.30 Family Fortunes
1.00 PM **All Star Family Fortunes** With Olympic rower Steve Redgrave and *Emmerdale*'s Natalie Anderson. **2.15** With TV presenter Julia Bradbury and darts star Phil Taylor.
2.30 Strike It Lucky
4.00 Tenable Quiz show.
5.00 The Chase Four editions of the quiz show hosted by Bradley Walsh.
9.00 The Chase Celebrity Special *Loose Women's* Andrea McLean, football pundit Robbie Savage, Liberty X singer Jessica Taylor and comedian Rory McGrath take on one of the trivia experts.
10.00 The Chase Quiz show hosted by Bradley Walsh.
11.00 Bullseye Ten editions of the darts-based quiz.
4.00 to 6.00 AM **The Chase**

E!

159 159 835 164 163

7.00 AM **Big Rich Texas**
12.00 NOON **Khloe and Lamar**
4.00 PM **Botched** Eight editions, including at: **6.00** The doctors help a woman who regards herself as the unluckiest person in the world. **7.00** The doctors meet Blondie, who aspires to be a plastic doll. **8.00** Terry Dubrow performs full body work on a pair of co-dependent sisters. **9.00** Following three stories of individuals seeking perfection. **10.00** A woman needs help to remedy her facial features after being injected with cement. **11.00** A gambler with a serious case of man boobs seeks help.
12.00 M'T **Just Jillian**
2.00 AM **Teleshopping**
3.00 to 5.00 AM **How Do I Look?**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering**
8.00 The Directors
10.00 FILM **Project Nim** (2011, 12) ★★★★
12.00 NOON **Black Art: In The Absence of Light**
1.45 PM **My Icon**
2.00 Six by Sondheim
3.45 FILM **Undefeated** (2011, 12) ★★★★★
6.00 Spector Documentary.
7.00 FILM **Listen to Me Marlon** Documentary. (2015, 15) ★★★★
9.00 FILM **The Beatles: Eight Days a Week – The Touring Years.** (2016, 12) ★★★★
11.05 FILM **Bowling for Columbine** Documentary. (2002, 15) ★★★★
1.25 AM **PL Legends**
2.00 NEW **Deadline Day: Football's Transfer Window** Documentary.
3.00 Between the World and Me Documentary.
4.30 to 6.00 AM **The Reagan Show**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Monkey Life**
7.00 Orangutan Jungle School Four editions.
11.00 Land of the Far North
1.00 PM **Wildlife ER**
2.00 Monkey Life
3.00 The Wadden Sea
4.00 One Planet, One Chance Triple bill.
7.00 Shark with Steve Backshall The naturalist learns about the sharks of the Indian Ocean.
8.00 Wildlife ER The work of staff at the RSPCA Hospital in Brisbane.
9.00 The Wadden Sea
10.00 Alien Abyss
11.00 Planet Shark
12.00 M'T **A Wild Year on Earth** Documentary.
1.00 AM **How Animals Talk to Each Other**
2.00 Africa's Wild Roommates: How Animals Share Bed and Board
3.00 Malawi Wildlife Rescue
4.00 to 6.00 AM **Equator**

HGTV

158 286 44 166

7.00 AM **Escape to the Country** Four editions.
11.00 My Lottery Dream Home Eight editions.
3.00 PM **The Restoration Man** Five editions.
8.00 Escape to the Country Jules Hudson helps a couple find a property in north Wales.
9.00 My Dream Derelict Home in the Sun Restoring derelict homes in France and Spain.
10.00 Escape to the Country A retired couple search for a home in Cornwall. **11.00** A buyer looks to swap the hustle and bustle of London for the Shropshire countryside. **12.00** M'T A couple search for a property in the Peak District.
1.00 AM **Unsellable Houses**
2.00 Escape to the Country
3.00 to 4.00 AM **The Restoration Man**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 The Pioneer Woman
1.00 PM **James Martin's Brittany** Double bill.
2.00 James Martin's Champagne Double bill.
3.00 Ainsley's Good Mood Food Five editions of the series, including at: **6.00** Ainsley Harriott shows how herbs and spices can elevate dishes. **7.00** Recipes featuring grains and pulses.
8.00 Lose Weight and Get Fit with Tom Kerridge Volunteers embark on an eight-week weight-loss and fitness journey. **8.30** Tom shows the volunteers how to enjoy their favourite comfort food dishes.
9.00 Man v Food
12.00 M'T **Mystery Diners**
2.00 to 3.00 AM **Tom Kerridge Barbecues**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Deadliest Catch**
9.00 Baggage Battles
12.00 NOON **American Pickers** Triple bill.
3.00 PM **Alaska: Homestead Rescue** Four editions.
7.00 How Do Animals Do That? A look at how hummingbirds can fly backwards. **7.30** What a dog says when it wags its tail.
8.00 Crikey! It's the Irwins Robert has the job of feeding all of the zoo's 44 alligators at once.
9.00 Dr Jeff: Rocky Mountain Vet
10.00 Body Bizarre
11.00 Monsters Inside Me
1.00 AM **Ed Stafford: First Man Out**
2.00 Teleshopping
4.00 Insane Pools: Off the Deep End
5.00 to 6.00 AM **Baggage Battles**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Trucking Hell**
12.00 NOON **Police Interceptors**
2.05 PM FILM **Rio Bravo** Classic Howard Hawks Western starring John Wayne. (1959, PG, 140min) ★★★★★
4.55 FILM **Destry** Western starring Audie Murphy. (1954, PG, 96min) ★★
7.00 FILM **Young Guns II: Blaze of Glory** Western sequel starring Emilio Estevez and Kiefer Sutherland. (1990, 15, 104min) ★★★
9.00 FILM **Cold Pursuit** Action drama with Liam Neeson, Laura Dern and Tom Bateman. (2019, 15, 119min) ★★★
11.15 FILM **Non-Stop** Action thriller starring Liam Neeson and Julianne Moore. (2014, 12, 106min) ★★★★
1.25 to 5.00 AM **Car Crash TV**

Sky Crime

122 122 820 137 136 349 364

6.00 AM **Road Wars**
7.00 Highway Patrol
11.00 Brit Cops: Rapid Response Documentary.
12.00 NOON **The Force: Manchester**
1.00 PM **Murdered at First Sight** Documentary.
2.00 World's Most Evil Killers
4.00 Britain's Most Evil Killers
5.00 Forensics: Catching the Killer Double bill.
7.00 What the Killer Did Next A woman's body is found in a bin.
8.00 World's Most Evil Killers
9.00 FILM **Tales of the Grim Sleeper** Documentary. (2014, 15) ★★★★
11.00 Forensics: Catching the Killer Documentary.
12.00 M'T **Britain's Most Evil...**
3.00 AM **Road Wars**
4.00 Brit Cops: Rapid Response Documentary.
5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222 221

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 Evidence of Evil
7.00 Medical Detectives A murder victim's final moments are caught on tape and evidence points to a jilted lover. **7.30** An arrest is made 20 years after three sex workers were murdered. **8.00** A sex offender and murderer attacks in a terrifying rage. **8.30** A house fire kills a doctor in the small town of Laeger, West Virginia.
9.00 Murder: First on Scene Notorious murder investigations. **10.00** A beloved Spanish teacher is found in her bathtub.
11.00 Facing Evil
1.00 AM **Murder: First on Scene** Double bill.
3.00 Evidence of Evil
4.40 to 6.00 AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From France.
7.00 Teleshopping
8.00 Kings of the Wood
9.00 Antiques Road Trip
10.00 Dr. Pimple Popper: Pop Ups Triple bill.
1.00 PM **A Place in the Sun**
3.00 The Edinburgh Auction House
4.00 Helicopter ER
8.00 Saving Lives at Sea
9.00 Destination Fear New edition Alex Schroeder takes the team to a decrepit building in Illinois.
10.00 Ghost Brothers: Lights Out New edition
11.00 Paranormal: Caught on Camera
12.00 M'T **The Osbournes Want to Believe**
1.00 AM **A Haunting**
2.00 Teleshopping
4.00 Lone Star Law
5.00 to 6.00 AM **Kings of the Wood**

Blaze

164 199 64 162

6.00 AM **Walking Through History** The Lake District.
7.00 The Search for the Tesla Files
8.00 World's Deadliest Weather: Caught on Camera Triple bill.
11.00 Highway Thru Hell
1.00 PM **Pawn Stars**
3.00 Ancient Aliens
7.00 Ancient Aliens The high number of UFO sightings in Chile.
8.00 Deep Water Salvage The team at America's largest shipwreck must remove 4,000 cars.
9.00 Paranormal Survivor A homeowner is caught between two spirits.
10.00 I Am a Killer
11.00 Homicide: Hours to Kill
12.00 M'T **Court Cam**
1.00 AM **Paranormal: Caught on Camera**
3.00 to 6.00 AM **Hardcore Pawn**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 Say Yes... UK
10.00 Say Yes to the Dress
12.00 NOON **My 600lb Life**
1.00 PM **Dr Pimple Popper**
3.00 Dr Mercy
5.00 Sister Wives
6.00 Say Yes... Atlanta
7.00 Seeking Sister Wife
8.00 I Didn't Know I Was Pregnant Double bill.
9.00 Monsters Inside Me
10.00 Heartbreak Island New edition An apology is issued to try to bring a couple back together.
11.00 Sex Sent Me to the ER
12.00 M'T **I Didn't Know I Was Pregnant**
1.00 AM **Monsters Inside Me**
2.00 Seeking Sister Wife
3.00 Sex Sent Me to the ER
4.00 My 600lb Life
5.00 to 6.00 AM **Dr Pimple Popper**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.05 Walking Tudor England
10.05 GPs: Behind Closed Doors Double bill.
12.05 PM **Forged in Fire**
8.00 Dunkirk: Mission Impossible JJ Chalmers examines the evacuation of Allied soldiers in 1940. **9.00** JJ Chalmers examines the beginning of the evacuation. **10.00** Examining the final battle to keep German forces back.
11.00 Walking Tudor England Suzannah Lipscomb visits royal locations along the River Thames.
12.00 M'T **A Farm Through Time** Ruth Goodman introduces Rob and Dave Nicholson to Victorian farm machinery.
1.00 AM **Secrets of the Royal Palaces** Triple bill of editions.
3.45 to 4.00 AM **Entertainment News**

Quest

144 144 834 169 12 172

6.00 AM **Gunslingers**
8.00 Fifth Gear Recharged
9.00 Wheeler Dealers
2.00 PM **Ambulance**
3.00 Helicopter ER
4.00 Disasters at Sea
5.00 Supertruckers
6.00 Fifth Gear Recharged
7.00 Salvage Hunters: Classic Cars A Jensen Interceptor Mark III.
8.00 The Woodland Workshop Creating a cricket-themed lamp.
9.00 The Repair Shop The team restore an 80-year-old brass kettle.
10.00 Ancient Unexplained Files An ancient burial ground in Germany.
11.00 Blowing Up History
12.00 M'T **Hunting Hitler**
1.00 AM **NASA's Unexplained Files**
3.00 Outback Opal Hunters
4.00 to 5.00 AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 Animal Cops Houston
9.00 The Zoo
10.00 The Bad Skin Clinic
12.00 NOON **Hoarding: Buried Alive**
2.00 PM **Say Yes to the Dress** Five editions.
7.00 Dr Pimple Popper A girl who covered her huge lipoma with a sweatshirt for years.
8.00 The Bad Skin Clinic A man complains about smelly blisters in his armpits and groin.
9.00 Murder on CCTV New edition In 2016, a young mother-of-two is shot dead in her home.
10.00 FILM **The Fraudsters** New edition Stories of serial swindlers.
11.00 Forensic Detectives
1.00 AM **The Perfect Murder**
2.00 A Crime to Remember
3.00 to 4.00 AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Building Off the Grid** Six editions of the series.
12.00 NOON **Kindig Customs** Seven editions, including at: **2.00** PM Potential buyers are lining up for the CF1s. **3.00** Dave and Kev take the show to the American Midwest. **4.00** A regular client enlists Dave and the gang to make a dream become a reality. **5.00** A semi hauler comes in for a makeover. **6.00** A 1969 Camaro comes in and the team determine it needs a full rebuild.

6.00 Building Off the Grid

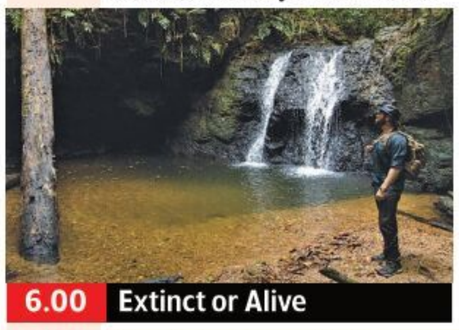
7.00 **The Dino Hunters** In Wyoming, Mike Harris and his team uncover a huge Triceratops.
8.00 **Gold Rush** The gold weighs that changed everything for Parker Schnabel, Tony Beets, Rick Ness and Fred Hurt.
9.00 **Gold Rush** Following the gold miners of the Yukon as they put everything on the line in the hope of striking it rich.
10.00 **Alaskan Killer Bigfoot** The team are unnerved after finding evidence that Nantinaq may be lurking in the water.
11.00 **Hunting Atlantis** Stel and Jess explore underwater ruins off the coast of Greece. Their quest to find Atlantis leads them on ancient trade routes and into the heart of a volcano.
12.00 M'T **Expedition Bigfoot**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Into the Shark Bite**
3.00 **Return to the Isle of Jaws**
4.00 **Saved By the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** A cat is monitored closely for unusual eating habits.
6.00 **Extinct or Alive** Forrest Galante searches for the Dracula monkey in Indonesia.


6.00 Extinct or Alive

7.00 **How Do Animals Do That?** Birds that can fly as high as a passenger jet. **7.30** How homing pigeons find their way home.
8.00 **Swimming with Monsters with Steve Backshall** The naturalist is in Mexico to swim with the great white shark.
9.00 **Rugged Justice** Officers arrest two dangerous men on felony warrants, while a fugitive at large is captured.
10.00 **Alaska: The Last Frontier** Atz travels to Perl Island to build a homestead for a friend.
11.00 **Intruders** In California, a mother battles to protect her son from venomous snakes.
12.00 M'T **Monsters Inside Me** A baby is infected in utero.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved By the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262 259

Nat Geographic

129 129 825 266 268

8.00 AM **Lords of War**
9.00 **Seconds from Disaster** Six editions, including at: **1.00** PM Examining the Japanese attack on Pearl Harbour in 1941. **2.00** A mid-air plane crash over southern Germany.
3.00 **Top Ten Natural Disasters** Experts count down the 10 biggest disasters using footage and eyewitness testimony.
5.00 **Seconds from Disaster** An Alpine avalanche in 1999. **6.00** The eruption of Mount St Helens in 1980.

10.00 Japan's Disaster

7.00 **Seconds from Disaster** The devastation caused when a volcano erupted on the Caribbean island of Montserrat in 1995.
8.00 **Superstorm New York: What Really Happened** The factors that transformed Hurricane Sandy into a superstorm.
9.00 **Killer Tornado USA: Caught on Camera** Footage of the destruction caused by the 200mph Joplin tornado in 2011.
10.00 **Japan's Disaster: Caught on Camera** Reconstructing the horror of a 2011 earthquake as it unfolded.
11.00 **Sinkholes: Swallowed Alive** Exploring the facts about the natural phenomena.
12.00 M'T **Seconds from Disaster**
2.00 AM **Lords of War**
2.30 **Food Factory**
4.10 **When Sharks Attack**
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Counting Cars**
7.00 **The Proof Is Out There**
8.00 **Mountain Men**
11.00 **WWII's Most Daring Raids**
2.00 PM **Pawn Stars** Six editions of the series, including at: **4.00** A pair of 1960s space robot toys arrive at the shop. **4.30** Two rare GI Joe playsets are deployed to the shop.
5.00 **Celts: The Untold Story** The Celts' transition from traders into proven warriors.
6.00 **Strangest Things** Perplexing and unusual historical objects.

9.00 Elusive: Bigfoot in Britain

7.00 **Lost Secrets of the Pyramid** Part one of two. David Suzuki investigates new details of Egypt's Great Pyramid of Giza.
8.00 **Lost Secrets of the Pyramid** Part two of two. Immersive CGI imagery and unique access to ongoing excavations.
9.00 **Elusive: Bigfoot in Britain** The Bigfoot is well known in North America, but reports of an eight-foot-tall primate in the UK are surprisingly regular. There are over 500 sightings, and many encounters border on the supernatural.
11.00 **Alien Autopsy: The Search for Answers** Philip Mantle recaps his investigation into the 16mm alien autopsy film that was unearthed in the 1990s.
12.00 M'T **Pawn Stars**
3.00 AM **Strangest Things**
4.00 **to 6.00** AM **Lost Secrets of the Pyramid**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Impossible Railways**
8.00 **Bangers and Cash**
1.00 PM **Abandoned Engineering** An American prison with links to a cult leader. **2.00** An Albanian village home to Allied secret agents. **3.00** Examining an infamous pirate city in Jamaica.
4.00 **Great Continental Railway Journeys** Michael Portillo travels from Turin to Venice. **5.00** Michael embarks on a journey through Germany. **6.00** Exploring Scandinavia.

7.00 Great Continental Railways

7.00 **Great Continental Railway Journeys** Michael Portillo goes on a journey through Bohemia and Bavaria.
8.00 **Great Continental Railway Journeys** Michael Portillo travels from Bordeaux to Bilbao.
9.00 **Great Continental Railway Journeys** Michael Portillo travels through Russia from Tula to St Petersburg.
10.00 **One Foot in the Grave** Victor helps a Dutch girl get back on her feet. **10.40** Victor receives an unlikely job offer.
11.20 **One Foot in the Grave** Christmas special from 1994. Domestic disharmony ensues for the Meldrews as a routine trip to the garden centre sets off a trail of turmoil.
12.10 AM **Bangers and Cash**
1.10 **to 3.00** AM **Impossible Railways**

+1 hour 255 217 75

Saturday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **How the Universe Works** Triple bill.
9.00 **Blowing Up History**
12.00 NOON **Combat Dealers**
3.00 PM **Expedition Unknown** Double bill.
5.00 **Combat Dealers** The murky secrets of World War Two spies. **6.00** Bruce Compton seeks Moscow's biggest military dealers. **7.00** Bruce heads to a Martello Tower on the Channel Islands.
8.00 **Hidden History of Egypt** Terry Jones presents a light-hearted interpretation of the complexities of ancient Egyptian life.
9.00 **Tut's Lost City Revealed** Hunting for King Tut's undiscovered mortuary temple.
10.00 **Expedition Unknown**
12.00 M'T **to 5.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245

9.00 AM **Forbidden History**
1.00 PM **Forbidden History**
7.00 **Forbidden History** Jamie Theakston investigates the Dead Sea Scrolls. **8.00** Investigating secret societies to uncover their political influence. **9.00** Investigating historical evidence of the story of Jesus. **10.00** The story of the Stasi, East Germany's State Security Service. **11.00** What Hitler intended to do with the priceless works of art stolen by the Nazis. **12.00** M'T The truth behind James Bond, and what elements were drawn from Ian Fleming's experiences.
1.00 AM **Forbidden History**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Extreme Animal Babies** Triple bill.
11.00 **Yukon Vet**
12.00 NOON **Okavango: River of Dreams**
3.00 PM **Madagascar's Weirdest** Documentary.
4.00 **World's Weirdest Animals: Freaky Families** A look at unusual animal families.
5.00 **Africa's Hidden Wonders** Triple bill.
8.00 **Cesar Millan: Better Human Better Dog**
9.00 **The Incredible Dr Pol** New edition Featuring clips of unusual things eaten by animals.
10.00 **Madagascar's Weirdest** The island's most unusual wildlife.
11.00 **World's Weirdest Animals: Freaky Families** As 4.00pm.
12.00 M'T **When Sharks Attack** Double bill.
2.00 **to 5.00** AM **Okavango: River of Dreams**

Sky History 2

163 163 840 272

8.00 AM **Disasters That Changed Britain**
9.00 **Damian Lewis: Spy Wars**
10.00 **Combat Machines**
1.00 PM **Curse of the Ancients** Documentary.
2.00 **Conspiracy Files: Unsealed** Double bill.
3.00 **Air Crash: Disasters Uncovered**
4.00 **Mega Disasters**
5.00 **When Big Things Go Wrong** Documentary.
6.00 **National Park Mysteries**
7.00 **The Proof Is Out There**
8.00 **Alien Files: Unsealed**
9.00 **Paranormal: Caught on Camera**
10.00 **Evil Encounters**
11.00 **Paranormal Survivor**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Ultimate Soldier Challenge**
2.00 **Human Weapon**
3.00 **Monsterquest**
5.00 **to 6.00** AM **Pirate Treasure of the Knights Templar**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **The Good Nazi**
9.35 **KGB: The Sword and the Shield** Triple bill.
1.00 PM **Beautiful Serengeti**
1.30 **Muhammad Ali**
3.55 **Jazz** Double bill.
6.25 **The Good Nazi** The story of Major Karl Plagge, a high-ranking Nazi officer who risked his own life to save hundreds of people, in a story reminiscent of *Schindler's List*.
7.35 **KGB: The Sword and the Shield** The history of the KGB, told through its veterans and its victims. **8.40** Nikita Khrushchev's attempts to limit the security service's power. **9.50** The supreme authority of the Kremlin under President Putin.
10.55 **The Good Nazi**
12.00 M'T **Boeing's Fatal Flaw**
1.15 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **On the Case with Paula Zahn** Triple bill.
9.00 **Meet, Marry, Murder**
12.00 NOON **Exhumed: Killer Revealed** Four editions.
4.00 PM **Criminal Confessions** Triple bill.
7.00 **The First 48**
8.00 **Murdered By Morning**
9.00 **Rob Rinder's Interrogation Secrets** The battle of wits between police and suspects in recent years.
10.00 **Murdertown** Jordan Monaghan comes under suspicion when his girlfriend is found dead.
11.00 **Phrogging: Hider in My House** A man discovers people living on his balcony.
12.00 M'T **Buried in the Backyard** Investigating the disappearance of an ex-judge.
1.00 **to 6.00** AM **Court Cam**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 848 401 501 515

6.10 AM **Operation Mincemeat**
8.35 **The Duke** Comedy drama starring Jim Broadbent. (2020, 12, 95min) ★★★★
10.25 **The Estate** As 8.00pm.
12.15 PM **PREMIERE One Way**
2.10 **Downton Abbey: A New Era**
4.20 **Hounded** Horror thriller starring Samantha Bond. (2022, 15, 94min) ★★★
6.10 **The Last Son** Western starring Sam Worthington. (2021, 15, 96min) ★★

9.50 One Way

8 PM

8.00 **The Estate** Comedy starring Toni Collette and Anna Faris. Two sisters attempt to win over their terminally-ill, difficult-to-please aunt in the hope of becoming the beneficiaries of her wealthy estate. (2022, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.50 **PREMIERE One Way** Action thriller starring Colson Baker, Kevin Bacon and Storm Reid. (2022, 15, 95min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.35 **Operation Mincemeat** War drama starring Colin Firth. (2021, 12, 128min) ★★★★
1.50 AM **Downton Abbey: A New Era** Drama starring Hugh Bonneville and Jim Carter. (2022, PG, 124min) ★★★
4.00 **Pil's Adventures** Animation. (2021, U, 89min) ★★
5.40 **to 6.25** AM **Sky Cinema Preview**

11 PM

+1 hour 312

Sky Cinema Twilight

303 303 857 403 503 517

6.00 AM **Twilight Saga: New Moon**
8.15 **The Twilight Saga: Eclipse**
10.25 **The Twilight Saga: Breaking Dawn – Part 1** As 9.00pm.
12.25 PM **The Twilight Saga: Breaking Dawn – Part 2**
2.25 **Twilight** As 1.00am.
4.30 **The Twilight Saga: New Moon** Fantasy sequel. (2009, 12, 125min) ★★★
6.45 **The Twilight Saga: Eclipse** Supernatural romance thriller. (2010, 12, 123min) ★★★

2.25 Twilight

The Twilight Saga: Eclipse (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Twilight Saga: Breaking Dawn – Part 1** Supernatural thriller based on Stephenie Meyer's novel, starring Robert Pattinson and Kristen Stewart. Newlyweds Edward and Bella consummate their love. (2011, 12, 117min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance thriller with Kristen Stewart and Robert Pattinson. (2012, 12, 110min) ★★★
1.00 AM **Twilight** Supernatural romance thriller with Kristen Stewart and Robert Pattinson. (2008, 12, 122min) ★★★
3.05 **The Twilight Saga: New Moon** As shown at 4.30pm.
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Family

306 306 850 406 506 520

6.15 AM **Sky Cinema Preview**
6.35 **The Smurfs 2** (2013, U) ★★
8.25 **The Amazing Maurice** Animation. (2022, PG) ★★★★
10.05 **Are We There Yet?** Comedy. (2005, PG, 95min) ★
11.55 **Are We Done Yet?** Comedy sequel. (2007, PG, 91min) ★★
1.40 PM **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
4.00 **Ghostbusters: Afterlife** Comedy. (2021, 12) ★★★★
6.05 **Divergent** (2014, 12) ★★★

6.05 Divergent

8.30 **The Divergent Series: Insurgent** Sci-fi adventure sequel starring Shailene Woodley and Kate Winslet. An outsider in a regimented society faces a conflict that threatens to tear her civilisation apart. (2015, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **The Divergent Series: Allegiant** Sci-fi adventure sequel starring Shailene Woodley, Theo James and Naomi Watts. (2016, 12, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Amazing Mr Blunden** Period ghost story. (1972, U, 95min) ★★★★
2.25 **C.I.Ape** Family comedy. (2021, PG, 82min) ★
4.00 **to 6.00** AM **The Tiger Rising** Drama starring Dennis Quaid. (2022, PG, 102min) ★★★

Sky Cinema Action

307 307 851 407 507 521

7.20 AM **Batman** Adventure. (1989, 15, 121min) ★★★★
9.35 **Batman Returns** Adventure. (1992, 12, 121min) ★★★★
11.50 **The Brothers Grimm** Terry Gilliam's fantasy adventure. (2005, 12, 118min) ★★★
1.50 PM **The 355** Action thriller. (2022, 12, 122min) ★★★
4.00 **The Batman** Action drama. (2021, 15, 176min) ★★★★
7.00 **Uncharted** Action adventure. (2022, 12, 116min) ★★★

9.00 The Lost City

Uncharted (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Lost City** Adventure comedy starring Sandra Bullock and Channing Tatum. A novelist on a book tour with her cover model gets swept up in a kidnapping attempt that lands them in danger. With Daniel Radcliffe. (2022, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Northman** Historical adventure starring Alexander Skarsgård and Nicole Kidman. (2022, 15, 137min) ★★★★
1.20 AM **Snowpiercer** Fantasy thriller with Chris Evans, Song Kang-ho and Tilda Swinton. (2013, 15, 126min) ★★★★
3.30 **The Crow** Supernatural thriller starring Brandon Lee. (1994, 18, 110min) ★★★★
5.25 **to 7.20** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **The Odd Couple** Comedy. (1968, PG, 105min) ★★★★★
9.00 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
10.40 **Away We Go** As 3.00am.
12.25 PM **Ghost Town** Comedy. (2008, 12, 102min) ★★★★
2.15 **The Hangover** As 10.00pm.
4.00 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
6.00 **Kingpin** Comedy with Woody Harrelson and Randy Quaid. (1996, 12, 114min) ★★★

10.00 The Hangover

8.00 **You Don't Mess with the Zohan** Comedy starring Adam Sandler. A top Israeli commando fakes his own death and moves to New York to follow his dream of becoming a hairstylist. With John Turturro. (2008, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Hangover** Comedy with Bradley Cooper and Zach Galifianakis. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Jackass: The Movie** Slapstick comedy based on the MTV show, with Johnny Knoxville. (2002, 18, 87min) ★
1.20 AM **Jackass Forever** Comedy with Johnny Knoxville. (2022, 18, 96min) ★★★
3.00 **Away We Go** Comedy starring John Krasinski. (2009, 15, 97min) ★★★★
4.45 **to 6.50** AM **Finding You** Romantic drama starring Rose Reid. (2021, PG, 119min) ★★

primetime

Sky Cinema British Icons

311 311 849 404 504 518

6.00 AM **Operation Petticoat** World War Two comedy. (1959, U, 124min) ★★★
8.15 **Welcome to the Punch** Crime thriller. (2013, 15, 98min) ★★★
10.10 **Alfie** Comedy drama remake. (2004, 15, 106min) ★★★
12.10 PM **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
2.10 **Shaun of the Dead** Horror comedy. (2004, 15) ★★★★
3.55 **Hot Fuzz** Cop thriller spoof. (2007, 15, 115min) ★★★★★
6.00 **The World's End** Sci-fi comedy with Simon Pegg and Nick Frost. (2013, 15, 109min) ★★★★★
8.00 **Operation Mincemeat** Drama starring Colin Firth. During World War Two, two intelligence officers use a corpse and false papers to outwit German troops. (2021, 12, 128min) ★★★★
10.10 **The Hunt for Red October** Thriller starring Sean Connery. (1990, PG, 135min) ★★★★
12.30 AM **The Dam Busters** World War Two epic with Richard Todd. (1954, b/w, U, 125min) ★★★★
2.50 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
4.50 **to 7.15** AM **First Knight** Romantic mythical drama. (1995, PG, 134min) ★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **A Stork's Journey** Animation. (2017, U, 85min) ★★
7.40 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
9.20 **Extinct** Animated adventure. (2021, U, 84min) ★★★
11.00 **Mary and the Witch's Flower** Animation. (2017, U) ★★★
12.40 PM **How to Train Your Dragon 2** Animated adventure sequel. (2014, PG, 102min) ★★★★
2.20 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
4.05 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
5.55 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
7.30 **Open Season: Scared Silly** Animated family adventure. (2015, PG, 84min) ★★
8.55 **Early Man** Animation featuring the voice of Eddie Redmayne. (2018, PG, 87min) ★★★★
10.30 **Rabbit Academy** Animation. (2022, U, 76min) ★★★
11.45 **Monster Family** As 2.20pm.
1.20 AM **Birds of a Feather** Animated comedy adventure featuring the voice of Josh Keaton. (2019, U, 90min) ★★
2.55 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
4.30 **to 6.00** AM **Early Man** (2018)

TCM Movies

315 415 416

7.00 AM **Off Set** With Jamie Cullum.
7.15 **The Man from UNCLE** (S3)
12.45 PM **Meet Me in St Louis** Classic musical starring Judy Garland. (1944, U, 113min) ★★★★
3.00 **Tall Man Riding** Western with Randolph Scott and Dorothy Malone. (1955, U, 83min) ★★
4.45 **Cavalry Scout** Western starring Rod Cameron and Audrey Long. (1951, PG, 78min) ★★
6.20 **Waterloo** Historical drama starring Christopher Plummer, Rod Steiger and Orson Welles. (1970, U, 132min) ★★★
9.00 **The Outlaw Josey Wales** Western starring Clint Eastwood as a Missouri farmer who joins a band of Confederate guerrillas after his wife and child are killed by Union raiders. (1976, 18, 130min) ★★★★★
11.50 **Magnum Force** Thriller sequel to *Dirty Harry*, with Clint Eastwood. (1973, 18, 117min) ★★★★
2.15 AM **Teleshopping**
4.20 **Off Set** Singer-songwriter Jamie Cullum discusses his influences.
4.30 **Close Up** Profile of Brad Pitt.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Third Alibi** Thriller. (1961, b/w, PG, 68min) ★★★
7.20 **Phantom from Space** Sci-fi thriller. (1953, b/w, U, 73min) ★
8.50 **Looney Tunes**
9.00 **The Adventures of William Tell**
9.30 **A Ghost of a Chance** Fantasy. (1967, U, 50min) ★★
10.30 **Green Hornet Strikes Again!**
10.55 **Sir Francis Drake** (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **The Monster That Challenged the World** Sci-fi. (1957, b/w, PG, 83min) ★★
1.40 PM **Night Was Our Friend** Thriller. (1951, b/w, PG) ★★
2.55 **Look at Life**
3.10 **Web of Evidence** Crime thriller. (1959, b/w, PG, 90min) ★★
4.55 **A High Wind in Jamaica** Adventure. (1965, PG) ★★★★★
7.00 **In Suspicious Circumstances**
8.00 **Norman Wisdom: A Life**
8.50 **Look at Life** Documentary.
9.00 **The Four Just Men** (S1)
9.30 **Vanishing Point** Thriller. (1971, 18, 107min) ★★★
11.30 **Images** Chilling drama. (1972, 18, 100min) ★★
1.35 AM **Anatomy of a Murder** Drama. (1959, b/w, 12) ★★★★★
4.50 **RJ Mitchell**
5.50 **to 6.00** AM **Look at Life**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Lava Storm** Disaster movie. (2008, 12, 92min) ★★★
6.50 **This Is HorrorXtra**
7.00 **Solar Attack** Disaster movie starring Mark Dacascos. (2005, PG, 90min) ★★
8.50 **This Is HorrorXtra**
9.00 **Jackals** Horror starring Johnathon Schaech. An estranged family hire a cult deprogrammer to take back their teenage son from a murderous cult, but find themselves under siege. (2017, 15, 85min) ★★
10.50 **Witch Hunt** Horror thriller starring Gideon Adlon. (2021, 15, 98min) ★★
12.50 AM **This Is HorrorXtra**
1.00 **Lava Storm** As 5.00pm.
2.50 **to 3.00** AM **This Is HorrorXtra**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Last Looks** Comedy thriller. (2021, 15, 110min) ★★★
8.15 **The Gateway** Crime thriller. (2021, 15, 91min) ★★★
10.00 **The Italian Job** As 4.40am.
11.55 **Fatal Attraction** Thriller. (1987, 18, 120min) ★★★★
2.00 PM **Side Effects** Thriller. (2013, 15, 106min) ★★★★
4.00 **Panic Room** Suspense thriller. (2002, 15, 112min) ★★★
6.00 **Focus** Comedy crime drama. (2015, 15, 105min) ★★★

6.00 Focus

8.00 **In the Line of Fire** Thriller starring Clint Eastwood as a veteran secret service agent trying to stop a killer assassinating the US president. With Rene Russo, John Malkovich and Dylan McDermott. (1993, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Taxi Driver** Martin Scorsese's disturbing drama starring Robert De Niro as a New York taxi driver obsessed with saving a child prostitute. With Jodie Foster. (1976, 18, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Dragged Across Concrete** Crime drama. (2018, 18, 158min) ★★★★
2.50 **2 Days in the Valley** Thriller. (1996, 18, 105min) ★★★★
4.40 **to 6.25** AM **The Italian Job** Classic crime caper. (1969, PG, 100min) ★★★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Sky Cinema Preview**
7.00 **Albert Nobbs** Period drama. (2011, 15, 109min) ★★★★
9.05 **Frida** Biographical drama. (2002, 15, 123min) ★★★★
11.20 **Steel Magnolias** Comedy drama. (1989, PG) ★★★★
1.25 PM **The Cider House Rules** Drama. (1999, 12) ★★★★
3.40 **The Imitation Game** Biopic. (2014, 12, 112min) ★★★★
5.35 **The Lost City of Z** Drama. (2016, 15, 141min) ★★★★

5.35 The Lost City of Z

8.00 **Cast Away** Adventure drama starring Tom Hanks as a man who must learn the physical and emotional secrets of survival when he is stranded on a South Pacific island. With Helen Hunt, Nick Searcy and Chris Noth. (2000, 12, 143min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **American Beauty** Oscar-winning satirical comedy starring Kevin Spacey. A middle-class family begin to fall apart when the husband suffers a mid-life crisis. (1999, 18, 122min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Stand by Me** Drama. (1986, 15, 89min) ★★★★★
2.10 **The Accused** Legal drama. (1988, 18, 111min) ★★★★
4.10 **to 6.00** AM **Percy vs Goliath** Drama. (2020, PG) ★★★

Sky Cinema Dystopia

304 304 858 411 511 525

6.40 AM **The Fog** Supernatural chiller. (1979, 15, 90min) ★★★
8.25 **Stephen King's Thinner** Thriller. (1996, 18, 92min) ★★
10.15 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
12.45 PM **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★★
3.20 **The Faculty** Sci-fi chiller. (1998, 15, 102min) ★★★
5.20 **Dune** Epic sci-fi drama. (2021, 12, 155min) ★★★★★

5.20 Dune

8.00 **Firestarter** Thriller starring Zac Efron and Ryan Kiera Armstrong. A girl tries to understand how she gained the power to set things on fire with her mind. (2022, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Matrix Reloaded** Sci-fi thriller sequel starring Keanu Reeves, Laurence Fishburne, Carrie-Anne Moss and Hugo Weaving. (2003, 15, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **My Bloody Valentine** Stalk 'n' slash horror thriller starring Paul Kelman and Lori Hallier. (1981, 18, 91min) ★
1.35 AM **Interview with the Vampire** Gothic horror starring Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★
3.40 **The Faculty** As 3.20pm.
5.30 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Feel Good

302 302 856 402 502 516

6.40 AM **Down to You** Comedy drama. (2000, 12, 92min) ★★
8.20 **13 Going on 30** Comedy. (2004, 12, 98min) ★★★
10.15 **Big Daddy** (1999, 12) ★★★
12.05 PM **In & Out** Comedy. (1997, 12, 91min) ★★★
1.50 **Footloose** Dance drama. (1984, 12, 107min) ★★★
3.50 **Notting Hill** Romantic comedy. (1999, 15, 120min) ★★★★
6.00 **Maid in Manhattan** Comedy. (2002, PG, 105min) ★★★

10.20 My Best Friend's Wedding

8.00 **Jerry Maguire** Romantic comedy drama starring Tom Cruise as an idealistic sports agent who finds support from an adoring single mother and a pugnacious American football star. With Cuba Gooding Jr and Renée Zellweger. (1996, 15, 139min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **My Best Friend's Wedding** Romantic comedy with Julia Roberts, Cameron Diaz and Dermot Mulroney. (1997, 12, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Shall We Dance?** Romantic comedy drama. (2004, 12, 106min) ★★★
2.00 **Poms** Comedy drama. (2019, 12, 90min) ★★★
3.35 **I Love You, Man** Comedy. (2009, 15, 100min) ★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The SpongeBob SquarePants Movie** Animation. (2004, U) ★★★
12.45 PM **Monsters vs Aliens** Animation. (2009, PG) ★★★
2.35 **Carry On Regardless** Comedy. (1961, b/w, PG, 85min) ★★★
4.35 **Leap Year** Romantic comedy. (2009, PG, 96min) ★
6.35 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★

9.00 Kingsman: The Secret...

How to Lose a Guy in 10 Days (film started at 6.35pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Kingsman: The Secret Service** Action comedy based on a comic book, starring Colin Firth and Taron Egerton. A streetwise teenager is given the opportunity to work with a super-secret spy organisation (2015, 15, 128min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.40 **Zombieland** Horror comedy starring Woody Harrelson, Jesse Eisenberg, Emma Stone and Abigail Breslin. (2009, 15, 84min) ★★★★ **11 PM**
1.25 **to 3.05** AM **One Cut of the Dead** Japanese comedy horror starring Takayuki Hamatsu, Yuzuki Akiyama and Harumi Shuhama. Subtitled. (2017, 15, 96min) ★★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Autumn Dreams** Comedy. (2015, PG, 105min) ★★
7.45 **Lead with Your Heart** Drama. (2015, PG, 83min) ★★
9.30 **A Slice of Chicago Romance** Drama. (2022, PG, 90min) ★★
11.15 **Sweet Autumn** Romantic drama. (2020, PG, 84min) ★★
1.00 PM **Love & Where to Find It** Romantic comedy drama. (2021, PG, 85min) ★★
2.45 **The Dating List** Romantic comedy. (2019, PG, 90min) ★★
4.30 **Dater's Handbook** Romantic comedy. (2016, U, 83min) ★★
6.15 **Listen Out for Love** Romantic comedy with Stephanie Bennett. (2022, PG, 88min) ★★
8.00 **Anything for Love** Romantic comedy with Erika Christensen. (2016, PG, 84min) ★★
10.00 **Calling for Love** Comedy. (2020, PG, 90min) ★★
11.45 **A Picture Perfect Wedding** Drama. (2021, PG, 90min) ★★
1.30 AM **A Wedding to Remember** Drama. (2020, PG, 85min) ★★
3.00 **I Married Who?** Comedy. (2012, PG, 86min) ★★
4.30 **to 6.00** AM **Love at the Parade** Romance. (2012, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.10 AM **Lost Letter Mysteries: One in a Million** (2016, PG) ★★
10.55 **Lost Letter Mysteries: Lost Without You** (2016, PG) ★★
12.45 PM **Lost Letter Mysteries: Higher Ground** Drama. (2017, PG, 84min) ★★
2.35 **Come Away** Fantasy drama. (2020, PG, 94min) ★★★
4.30 **Eat Pray Love** Romantic drama. (2010, PG, 139min) ★★
7.10 **Bill & Ted's Excellent Adventure** Fantasy comedy starring Keanu Reeves and Alex Winter as two Californian teens who go time-travelling through history. With Robert V Barron. (1988, PG, 87min) ★★★★
9.00 **The Take** Action thriller starring Idris Elba and Richard Madden. A CIA agent enlists the help of a thief who has stolen top secret information to take down a sinister conspiracy. (2016, 15, 90min) ★★★
10.50 **Erin Brockovich** Legal drama. (2000, 15, 133min) ★★★★
1.40 AM **Ain't Them Bodies Saints** Crime drama. (2013, 15) ★★★★
3.45 **to 6.00** AM **Upside Down** Fantasy. (2012, 12, 115min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Depth Charge** Thriller. (2008, 12, 90min) ★★
7.45 **Hell Below Zero** Adventure drama. (1953, U, 87min) ★★
9.40 **Atlantic Convoy** (1942, U) ★★
11.05 **Bitter Victory** War drama. (1957, b/w, PG, 101min) ★★
1.10 PM **Taste of Killing** Western. (1966, PG, 86min) ★★
2.55 **Battle of Rogue River** Western. (1954, PG, 90min) ★★
4.25 **Fort Yuma** Western. (1955, PG, 78min) ★★
6.00 **Domino Kid** Western. (1957, b/w, U, 74min) ★★
7.35 **Apache Ambush** Western adventure starring Bill Williams. (1955, U, 68min) ★★
9.00 **Solar Attack** Disaster movie with Mark Dacascos. An aeronautics expert proposes to set off a nuclear explosion beneath the North Pole to counter the threat of a series of massive solar flares. (2005, PG, 90min) ★★
11.05 **Assassination Games** Action thriller. (2010, 18, 95min) ★★
1.05 AM **The Exception** War drama. (2016, 15, 107min) ★★★
3.10 **to 4.00** AM **Bombers of the Second World War**

+1 hour 324

Movies 24

325 419

7.00 AM **To Catch A Spy** As 7pm.
9.00 **South Beach Love** As 9pm.
11.00 **Love, For Real** As 11pm.
1.00 PM **Heart of the Matter** As 1am.
3.00 PREMIERE **Unthinkably Good Things** Drama starring Karen Pittman. (2022, PG, 84min) ★★
5.00 **A Slice of Chicago Romance** Drama starring Megan Elizabeth Barker and Tyler Courtad. (2022, PG, 90min) ★★
7.00 **To Catch A Spy** Mystery starring Nathalie Kelley and Colin Donnell. A travel writer witnesses a murder at a hotel in Malta and becomes ensnared in a web of intrigue and espionage. (2021, PG, 90min) ★★
9.00 **South Beach Love** Romantic comedy with William Levy and Taylor Cole. Two chefs whose relationship was ended by their career plans are reunited while catering rival quinceañeras. (2021, PG, 83min) ★★
11.00 **Love, For Real** Romantic comedy. (2021, PG, 84min) ★★
1.00 AM **Heart of the Matter** Drama. (2015, U, 90min) ★★
3.00 **to 5.00** AM **Unthinkably Good Things** As shown at 3pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

7pm TILL LATE

7.00 PM **Fantastic Four** *E4* ★★
7.00 **Jackie Chan's The Tuxedo** *Comedy Central* Comedy. ★★
7.00 **Young Guns II: Blaze of Glory** *5Action* Western sequel. ★★★
7.00 **Listen to Me Marlon** *Sky Documentaries* ★★★★
7.20 **The Naked Gun** *5STAR* ★★★★
7.55 **The Fast and the Furious: Tokyo Drift** *ITV2* Adventure. ★★
8.30 **Men in Black: International** *Channel 4* Fantasy sequel. ★★★
9.00 **The Dark Knight** *Sky Showcase* Comic-book action thiller. ★★★★
9.00 **The Naked Gun 2½: The Smell of Fear** *5STAR* Spoof. ★★★
9.00 **Scary Movie 2** *Comedy Central* ★
9.00 **Apocalypse of Ice** *Sky Sci-Fi* ★★
9.00 **Cold Pursuit** *5Action* ★★★
9.00 **The Beatles: Eight Days a Week – The Touring Years** *Sky Documentaries* ★★★★
10.00 **The Duchess** *BBC2* ★★★★
10.25 **Beats** *BBC Scotland* ★★★
10.30 **Jackass Presents: Bad Grandpa .5** *Comedy Central* ★★
10.45 **Logan** *Channel 4* ★★★★
10.50 **The Naked Gun 33⅓: The Final Insult** *5STAR* ★★★
11.00 **Collateral** *ITV4* ★★★★
11.05 **Bowling for Columbine** *Sky Documentaries* ★★★★

Saturday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE **Big Bash League Adelaide Strikers v Brisbane Heat.** Coverage of the Australian T20 match at Adelaide Oval.
8.15 LIVE **Big Bash League Melbourne Renegades v Melbourne Stars.** The T20 match from Marvel Stadium.
12.00 NOON LIVE **EFL Rotherham United v Blackburn Rovers.** Coverage of the Championship clash from AESSEAL New York Stadium. Kick-off **12.30pm**.
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football up and down the country, as updates come in from around the grounds.
5.00 LIVE **SNF Brentford v Bournemouth.** The Premier League clash at Gtech Community Stadium. Kick-off **5.30pm**.
8.30 LIVE **NFL** Coverage of the opening Wild Card play-off match.
1.00 AM LIVE **NFL** Coverage of the second Wild Card play-off match.
4.30 to 6.00 AM LIVE **Big Bash League Hobart Hurricanes v Sydney Thunder.** The T20 match from Blundstone Arena.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 Premier League Years
9.00 Premier League – The Big Interview An interview with Spurs star Cristian Romero.
9.30 Saturday Social
10.30 Soccer AM Magazine show.
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up**
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football up and down the country, as updates come in from around the grounds.
5.00 LIVE **SNF Brentford v Bournemouth.** The Premier League clash at Gtech Community Stadium. Kick-off **5.30pm**.
8.30 Game of the Day A full re-run of one of this afternoon's fixtures in the Premier League.
10.30 Premier League Highlights
12.00 M'T **SNF** Highlights of Brentford v Bournemouth.
12.30 AM **Premier League Highlights**
2.30 SNF Brentford v Bournemouth.
3.00 PL Greatest Games
4.00 Best PL Goals 06/07
5.00 Premier League Best Goals
5.30 to 6.00 AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Cup Retro**
8.45 EFL Greatest Games
9.00 SPFL Highlights
9.30 Saturday Social
10.30 Soccer AM Magazine show.
12.00 NOON LIVE **EFL Rotherham United v Blackburn Rovers.** Coverage of the Championship clash from AESSEAL New York Stadium. Kick-off **12.30pm**.
3.00 PM **Gillette Labs Soccer Saturday** Football updates.
5.00 EFL Highlights
5.15 EFL Cup Highlights Action from Newcastle United v Leicester City.
5.45 EFL Cup Highlights Action from Southampton v Manchester City.
6.15 EFL Highlights Rotherham United v Blackburn Rovers.
6.30 Bundesliga Special: Midseason Review First half of the campaign.
7.30 EFL A replay of Rotherham United v Blackburn Rovers.
10.30 EFL Greatest Games
12.00 M'T **EFL Cup** Chelsea v Liverpool in the 2021/22 final.
1.00 AM **EFL Cup Highlights**
2.00 Best Goals of the Carabao Cup 2020/21
2.30 Best Goals: EFL Cup 2021-22
3.00 to 6.00 AM **EFL Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM LIVE **Big Bash League Adelaide Strikers v Brisbane Heat.** Coverage of the Australian T20 match at Adelaide Oval.
8.15 LIVE **Big Bash League Melbourne Renegades v Melbourne Stars.** The T20 match from Marvel Stadium.
9.20 LIVE **One-Day International Cricket Pakistan v New Zealand.** Coverage of the third and final ODI in the series from National Stadium, Karachi.
5.30 PM LIVE **SA20 MI Cape Town v Joburg Super Kings.** Coverage of the South African T20 match at Six Gun Grill Newlands, Cape Town.
7.30 Big Bash League
9.30 One-Day International Cricket
10.30 SA20
12.30 AM **One-Day International Cricket** Pakistan v New Zealand.
1.30 Stuart Broad – My Greatest Spells
1.50 Best of England v Australia
2.10 to 6.00 AM LIVE **Big Bash League Hobart Hurricanes v Sydney Thunder.** The T20 match from Blundstone Arena.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM LIVE **DP World Tour Golf** Coverage of day two of the Hero Cup at Abu Dhabi Golf Club, as two 10-man teams from Great Britain & Ireland and Continental Europe go against one another.
1.00 PM **Ryder Cup Memories** Jose Maria Olazabal shares some of his memories of the 2012 Ryder Cup at Medinah.
2.00 Roots: Shane Lowry A profile of the Irish golfer.
2.30 Ryder Cup Memories Justin Rose shares his memories of the 2012 Ryder Cup at Medinah.
3.00 Ryder Cup Memories Luke Donald shares his memories of the 2012 Ryder Cup in Medinah.
3.30 My Icon Michael Campbell.
3.45 LIVE **PGA Tour Golf** The featured groups on the third day of the Sony Open in Hawaii at the Waialae CC in Honolulu, Hawaii.
9.00 LIVE **PGA Tour Golf** Coverage of the third day of the Sony Open in Hawaii at the Waialae CC in Honolulu, Hawaii.
1.00 AM **DP World Tour Golf**
3.00 Chronicles of a Champion Golfer Double bill of editions.
4.00 to 6.00 AM **DP World Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM LIVE **Isuzu UTE A-League Brisbane Roar v Wellington Phoenix.** Kick-off **6.00am**.
8.00 Premier League Preview
8.30 WWE Friday Night SmackDown
10.00 Early Kick-Off
10.30 Scottish Football Extra
11.00 Rio Ferdinand's Between the Lines With Bruno Fernandes.
11.30 LIVE **Premier League Manchester United v Manchester City.** Coverage from Old Trafford. Kick-off **12.30pm**.
3.00 PM **BT Sport Score**
5.15 LIVE **Serie A Lecce v AC Milan.** From Stadio Ettore Giardiniero.
7.00 UEFA Champions League
7.30 LIVE **Serie A Inter Milan v Hellas Verona.** Kick-off **7.45pm**.
9.45 Deaf Away Days
10.00 LIVE **UFC** The preliminary bouts from UFC Fight Night 217.
12.00 M'T LIVE **UFC Kelvin Gastelum v Nassourdine Imavov.** The middleweight bout from UFC Apex in Las Vegas, Nevada.
3.30 AM **UFC Greatest Fights**
4.00 to 6.00 AM LIVE **Isuzu UTE A-League Western Sydney Wanderers v Melbourne City.**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **ESPN FC** Football news.
6.30 Serie A Napoli v Juventus.
7.30 Ligue 1 Show
8.00 What I Wore: Pep Guardiola
8.15 ESPN FC Football news.
8.45 LIVE **Isuzu UTE A-League Adelaide United v Melbourne Victory.** Kick-off **8.45am**.
10.45 BT Sport Reload
11.00 Heineken Champions Cup
12.30 PM LIVE **Heineken Champions Cup Gloucester v Leinster.** Kick-off **1.00pm**.
3.00 LIVE **Heineken Champions Cup Munster v Northampton Saints.** Kick-off **3.15pm**.
5.15 LIVE **Heineken Champions Cup La Rochelle v Ulster.** The Pool B match. Kick-off **5.30pm**.
7.45 LIVE **Heineken Champions Cup Saracens v Lyon.** The Pool A match. Kick-off **8.00pm**.
10.00 LIVE **Women's T20 Super Smash Otago Sparks v Wellington Blaze.**
1.30 AM LIVE **T20 Super Smash Otago Volts v Wellington Firebirds.**
5.00 to 6.00 AM **SEC Storied: Once Upon a Comeback**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Heineken Champions Cup**
7.30 WWE NXT UK Classics
8.30 Scottish Football Extra
9.00 Premier League Preview
9.30 Premier League – Big Interview
10.00 ESPN FC Football news.
10.30 Boxing: Bruno v Bugner 1987
11.00 Premier League Preview
11.30 Ligue 1 Show
12.00 NOON **ESPN FC**
12.30 PM LIVE **Heineken Champions Cup Sale Sharks v Toulouse.** Kick-off **1.00pm**.
3.00 LIVE **Heineken Champions Cup Sharks v Bordeaux Begles.** Kick-off **3.15pm**.
5.15 LIVE **Heineken Champions Cup Bulls v Exeter Chiefs.** The Pool A match. Kick-off **5.30pm**.
7.45 LIVE **Heineken Champions Cup Ospreys v Montpellier.** The Pool B match. Kick-off **8pm**.
10.00 WWE Friday Night SmackDown
11.30 Serie A Triple bill of action.
2.30 AM **Heineken Champions Cup**
4.00 BT Sport Films: Cornered
5.00 to 7.00 AM LIVE **A-League Women Brisbane Roar Women v Adelaide United Women.** Kick-off **5.00am**.

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Highlights**
9.00 NFL Review Show
11.00 NFL Highlights
11.15 NFL Bitesize Highlights
12.00 NOON **NFL Highlights**
1.00 PM **Around the NFL** The latest news ahead of the Wild Card round of play-off matches.
3.00 NFL Bitesize Highlights Cincinnati Bengals v Las Vegas Raiders from the 2021/22 season.
3.15 Buffalo Bills v New England Patriots from the 2021/22 season.
3.30 Tampa Bay Buccaneers v Philadelphia Eagles from 2021/22.
3.45 Dallas Cowboys v San Francisco 49ers from 2021/22.
4.00 Kansas City Chiefs v Pittsburgh Steelers from 2021/22.
4.15 Los Angeles Rams v Arizona Cardinals in the 2021/22 season.
4.30 NFL Gameday The latest news ahead of the latest games of the NFL season, with discussion on all of the latest talking points.
8.30 LIVE **NFL** Coverage of the opening Wild Card play-off match.
1.00 AM LIVE **NFL** Coverage of the second Wild Card play-off match.
4.30 NFL Bitesize Highlights
5.00 to 6.00 AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM LIVE **Sail GP** Coverage of day one of the event in Singapore.
7.30 Sail GP The Dubai Sail Grand Prix.
8.00 The Best of The Big Bash
8.15 LIVE **Big Bash League Melbourne Renegades v Melbourne Stars.** The T20 match from Marvel Stadium.
12.00 NOON LIVE **SA20 Pretoria Capitals v Sunrisers Eastern Cape.** The T20 match from SuperSport Park, Centurion.
3.00 PM LIVE **SA20 MI Cape Town v Joburg Super Kings.** The South African T20 match at Six Gun Grill Newlands, Cape Town.
7.30 My Icon Double bill.
8.00 Premier League Stories
8.30 Sail GP The Dubai Sail Grand Prix.
9.00 Sail GP Action from day one of the event in Singapore.
10.30 One-Day International Cricket Pakistan v New Zealand: The third and final ODI in the series from National Stadium, Karachi.
11.30 NBA on Fire
12.00 M'T **World Darts Championship**
2.30 AM **NBA Basketball**
3.30 One-Day International Cricket
4.30 to 6.00 AM **Sail GP**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **Highlights**
7.30 LIVE **FIH Hockey Men's World Cup New Zealand v Chile.**
9.30 LIVE **FIH Hockey Men's World Cup Netherlands v Malaysia.**
11.30 LIVE **FIH Hockey Men's World Cup Belgium v Korea.**
1.30 PM **BT Sport Reload**
1.45 LIVE **ILT20 MI Emirates v Sharjah Warriors.**
5.30 Pardon the Interruption
6.00 LIVE **Ligue 1 Marseille v Lorient.** Kick-off **6.00pm**.
8.00 LIVE **Ligue 1 Lyon v Strasbourg.** Kick-off **8.00pm**.
10.00 LIVE **College Basketball**
1.00 AM LIVE **College Basketball Texas Longhorns v Texas Tech Red Raiders.** Tip-off **1.00am**.
3.00 LIVE **College Basketball Gonzaga Bulldogs v Portland Pilots.** Tip-off **3.00am**.
5.00 to 6.00 AM **Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Highlights**
7.30 LIVE **ATP Tennis** Coverage of the Adelaide International final.
9.30 Australian Open Tennis
9.45 LIVE **Alpine Skiing** The World Cup meeting in St Anton, Austria.
11.30 LIVE **Alpine Skiing** World Cup action from Wengen, Switzerland.
1.15 PM **Discovery Golf**
1.45 ATP Tennis
2.45 LIVE **Ski Jumping** The World Cup meeting in Zakopane, Poland.
4.45 Olympic Games: From the Top
5.15 LIVE **Biathlon: Winter World University Games** The men's individual competition.
6.35 Sofia Goggia: Best of Downhill
6.50 Henrik Kristoffersen
7.00 LIVE **Formula E** Coverage of the Mexico City ePrix.
9.30 Discovery Golf
10.00 ATP Tennis
11.00 Dakar Rally
12.00 M'T **to 6.50** AM **Highlights**

Eurosport 2

411 411 869 | 522 | 413 436

7.50 AM **Dakar Rally**
8.50 LIVE **Nordic Combined Skiing** The World Cup meeting from Klingenthal, Germany.
10.00 Formula E
11.00 Masters Snooker
1.00 PM LIVE **Masters Snooker** Coverage of the first semi-final from Alexandra Palace in London.
4.30 Snooker 147s
4.50 LIVE **Snowboarding** Coverage of the World Cup meeting from Kreischberg in Austria.
6.30 Snooker 147s
6.45 LIVE **Masters Snooker** Coverage of the second semi-final from Alexandra Palace in London, as the line-up for the showpiece match is confirmed.
10.30 Masters Snooker
12.00 M'T **ATP Tennis**
1.00 AM **Dakar Rally**
2.00 Masters Snooker
4.00 Dakar Rally
5.00 to 6.00 AM **ATP Tennis**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM LIVE **Sail GP** Coverage of day one of the event in Singapore.
7.30 Super League Highlights
8.00 Rugby League Retro
9.45 Great Britain's First Black Captain The story of Clive Sullivan.
10.00 World Darts Championship
1.30 PM **Sail GP**
3.00 Fight Night
4.00 NBA Basketball
6.00 LIVE **NBA Basketball Miami Heat v Milwaukee Bucks.** The Eastern Conference match from FTX Arena. Tip-off **6.00pm**.
8.30 NBA Action
9.00 Players Only: Kobe & Shaq
10.00 Fight Night International
1.00 AM LIVE **Fight Night International Efe Ajagba v Stephan Shaw.** The heavyweight bout at Turning Stone Resort & Casino in Verona, New York.
5.00 The Gloves Are Off
5.30 to 6.00 AM **Boxing Archive**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
12.00 NOON **Formula 1**
1.00 PM **Formula 1** Highlights of the 2022 Saudi Arabian Grand Prix.
2.00 Formula 1 Action from the 2022 Australian Grand Prix.
3.00 Formula 1 Highlights of the 2022 Emilia Romagna Grand Prix.
4.00 Formula 1 Highlights of the 2022 Miami Grand Prix.
5.00 Formula 1 Action from the 2022 Spanish Grand Prix.
6.00 Formula 1 Highlights of the 2022 Monaco Grand Prix.
7.00 Formula 1 Action from the 2022 Azerbaijan Grand Prix.
8.00 Formula 1 Highlights of the 2022 Canadian Grand Prix.
9.00 Formula 1 Highlights of the 2022 British Grand Prix.
10.00 Formula 1 Action from the 2022 Austrian Grand Prix.
11.00 Box Box Box: Red Bull's First Win With Christian Horner.
11.30 F1: The Championship Begins
12.20 to 6.00 AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Sunday

15 January

Evening Planner

Wildlife

Serengeti III
BBC1, 4.35pm
The dramatised and beautifully-filmed wildlife series returns, following groups including Nalla and her elephant troop.

Entertainment

Dancing on Ice
ITV1, 6.30pm
The ice dancing show is back for another season, with celebs taking part including Patsy Palmer and gymnast Nile Wilson.

Crime Drama

Vera
ITV1, 8pm
In the return of the crime drama, DCI Vera Stanhope investigates when human remains are unearthed in a local quarry.

Comedy

Bad Education
BBC3, 10pm
This fourth series sees Ms Hoburn (Vicki Pepperdine, right) taking charge at Abbey Grove, while Mr Fraser has a new role.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 His Dark Materials		8.00 Call the Midwife		9.00 Happy Valley		10.00 News	10.30 Match of the...
102 BBC2	7.00 Snooker: The Masters – Live: The concluding session of the final						10.00 The Misadventures of Romesh...	
103 ITV1	◂ 6.30 Dancing on Ice		8.00 Vera				10.00 News	10.15 Film: John Wick
104 CHANNEL 4	◂ 6.45 How to Live to 100	7.45 The Great Pottery Throw Down			9.00 Film: Jack Reacher			
105 CHANNEL 5	◂ 6.30 When All Inclusive Holidays Go...		8.00 22 Kids & Counting		9.00 Motorhoming with Merton & Webster		10.00 Hotel Benidorm: Sun, Sea & Sangria	
106 SKY SHOWCASE	◂ 6.30 Football: WSL – Live: West Ham United v Manchester City (Kick-off 6.45)				9.00 Spector		10.00 Romantic Getaway	
ENTERTAINMENT								
117 BBC3	7.00 Gassed Up	7.50 Top Gear America			9.00 Roman Kemp: Our Silent Emergency		10.00 Bad Education	10.30 Search Party
116 BBC4	7.00 Come Dancing		8.00 Inside Classical: Stravinsky's Rite of Spring			9.30 Stealing Van Gogh		10.30 Spike...
118 ITV2	◂ 6.55 Film: Yes Man				9.00 Film: Fast & Furious			
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Emergency Helicopter Medics		9.00 24 Hours in A&E		10.00 Super Surgeons: A Chance at Life	
135 E4	7.10 Film: Teenage Mutant Ninja Turtles				9.00 Film: RED			
107 SKY WITNESS	7.00 Blue Bloods		8.00 Coroner		9.00 New Amsterdam		10.00 Bull	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan	7.55 Game of Thrones			9.00 Succession			10.15 Euphoria
110 GOLD	7.15 Only Fools and Horses				9.10 Dad's Army	9.50 Billy Connolly Does...		
111 DAVE	7.00 Special Ops: Crime Squad UK		8.00 QI XL		9.00 Have I Got a Bit More News for You		10.00 Mock the Week	10.40 QI
119 ITV3	7.00 Rosemary & Thyme		8.00 Martin Clunes: Islands of the Pacific		9.00 Joanna Lumley's Great Cities of the...		10.00 Maigret	
120 ITV4	◂ 6.40 Film: From Russia with Love				9.00 Film: The Blues Brothers			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Kevin & Perry Go Large			
139 SKY SCI-FI	7.00 Warehouse 13				9.00 Film: Evil Dead 2			
113 SKY MAX	7.00 Grimm				9.00 Hold the Front Page		10.00 A League of Their Own Road Trip...	
132 ALIBI	7.00 Death in Paradise		8.00 The Mallorca Files				10.00 CSI: Vegas	
130 SKY ARTS	7.00 The Agatha Christie Hour		8.00 Alfred Hitchcock Presents		9.00 Phantom of the Opera at the Royal Albert Hall			
DOCUMENTARY								
125 DISCOVERY	7.00 Alaskan Bush People						10.00 The Dino Hunters	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Crikey! It's the Irwins				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 World's Worst Natural Disasters		8.00 Canary Islands: Born Of Fire		9.00 Worst Weather Ever?		10.00 Atlas of Cursed Places	
123 SKY HISTORY	7.00 The Curse of Oak Island		8.00 Wellington v Napoleon Aftermath of...		9.00 Roman Vice			
155 YESTERDAY	7.00 Bangers and Cash		8.00 'Allo 'Allo!				10.00 Hornby: A Model World	
121 SKY DOCS	7.15 Film: Fire in Babylon				9.00 Deadline Day: Football's Transfer...		10.00 Spector	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 The Estate		8.00 The Duke			9.50 Eiffel		
303 TWILIGHT	◂ 6.50 The Twilight Saga: Breaking Dawn – Part 1				9.00 The Twilight Saga: Breaking Dawn – Part 2			
311 BRITISH ICONS	◂ 5.40 The Hunt for Red October		8.00 Black Hawk Down					
305 ANIMATION	7.10 Happy Feet				9.00 Molly Monster			10.15 Asterix: The Mansions of...
306 FAMILY	7.15 The Amazing Maurice				9.00 Bandslam			
307 ACTION	◂ 6.00 The Huntsman: Winter's War		8.00 Ambulance					10.20 Fury
308 COMEDY	◂ 6.10 Meet the Parents		8.00 Meet the Fockers				10.00 The Hangover Part II	
309 THRILLER	◂ 5.40 Stillwater		8.00 Prisoners					
310 DRAMA	◂ 6.20 The Importance of Being Earnest		8.00 The Hours				10.00 Babel	
304 DYSTOPIA	◂ 5.30 A.I. Artificial Intelligence		8.00 The Matrix Revolutions					10.25 Sleepy Hollow
302 FEEL GOOD	◂ 5.45 The Terminal		8.00 My Best Friend's Wedding				10.00 Sabrina	
313 FILM4	◂ 5.10 Titanic				9.00 Kingsman: The Golden Circle			
315 TCM MOVIES	◂ 5.40 Battle of the Bulge				9.00 Jericho			
SPORT								
401 MAIN EVENT	7.00 NFL – Live: Coverage of the third and fourth Wild Card play-off matches							
402 PREMIER LEAGUE	◂ 4.00 Super...	7.30 Football: WSL – Live: West Ham United v Manchester City (Kick-off 6.45)				9.30 Newcastle...	10.00 Premier League Highlights	
403 FOOTBALL	◂ 6.30 Football: WSL – Live: West Ham United v Manchester City (Kick-off 6.45)					9.30 Lionesses: When Football Came Home		
404 CRICKET	◂ 6.30 Big Bash...	7.30 SA20		8.30 Big Bash League				10.30 SA20
413 BT SPORT 1	7.00 Golazzo Live	7.45 Serie A – Live: AS Roma v Fiorentina (Kick-off 7.45)					10.00 FIH Hockey Men's World Cup	
414 BT SPORT 2	◂ 6.30 Spanish Super Cup – Live: Action from the Spanish Super Cup Final					9.30 WWE NXT UK Classics		10.30 WWE...

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.35 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Sunday Morning Live** (S)
11.30 **Scotland's Sacred Islands with Ben Fogle** Catholic island life. (S)(R)
12.30 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 LIVE **Football: Women's Super League** Manchester United v Liverpool: From Leigh Sports Village. Kick-off is at 2.05. (S)
4.05 **Garden Rescue** (S)(R)(AD)
4.35 NEW SERIES **Serengeti III** 1/6. The dramatised natural history show returns. *See feature, pg 20.* (S)(AD)
■ Entire series on BBC iPlayer
5.35 **BBC News** (S)
5.50 **Local News** (S)

9.00 Happy Valley

6 PM
6.00 **Countryfile** New edition John Craven and Charlotte Smith visit Audley End House in Essex, where they help out with winter cleaning and examine a collection of thousands of artefacts. (S)

7 PM
7.00 **His Dark Materials** New episode *No Way Out:* 5/8. Lyra and Will journey through the Land of the Dead in search of Roger, while Mrs Coulter tries to persuade Dr Cooper to take her side. (S3) (S)(AD)

8 PM
8.00 **Call the Midwife** New episode 3/8. A mother shares a terrible truth about her marriage with Sister Veronica, Nancy asks for additional shifts, and Trixie enrols on a cookery course. (S12) (S)(AD)

9 PM
9.00 **Happy Valley** New episode 3/6. Catherine confronts Clare and presents Ryan with an ultimatum. Meanwhile, Faisal and Joanna hatch a plan that takes an unexpected turn. (S3) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day 2** Mark Chapman reviews the day's Premier League action, including Tottenham Hotspur v Arsenal. Plus, a look back at yesterday's goals. (S)
11.35 **The Women's Football Show** Highlights of the weekend's games in the Super League. (S)
12.25 AM **Question of Sport** With Steve Redgrave, Sally Gunnell, Stephen Hendry and Martin Offiah. (S)(R)
12.55 **Ambulance** 4/6. The night team deal with the consequences of a busy day shift. (S)(R)
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.35 AM **Countryfile** (S)(R)
7.30 **Coast Great Guides: North Sea Coast** Lindisfarne. (S)(R)(AD)
8.30 **Weatherman Walking** (S)(R)
9.00 **Around the World in 80 Gardens** Monty Don visits Australia and New Zealand. (S)(R)(AD)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **The Hairy Bikers Go Local** Dave and Si visit an Indian restaurant on the outskirts of Leeds. (S)(R)(AD)
12.30 PM **Tom Kerridge's Fresh Start** The benefits of meal planning and batch cooking. (S)(R)(AD)
1.00 LIVE **Snooker: The Masters** Coverage of the opening eight frames of the final from Alexandra Palace in London. *Continues at 7.00pm.* (S)
5.15 **Flog It!** From Birmingham. (S)(R)

11.00 Green Book

6.15 **Ski Sunday** New edition Action from the World Cup downhill race in Wengen, Switzerland. Plus, a catch up with Dave Ryding as he returns to Kitzbuhel. (S)
7.00 LIVE **Snooker: The Masters** Coverage of the concluding session of the final from Alexandra Palace in London, where the first player to reach 10 frames wins the title claimed by Neil Robertson last year. (S)
10.00 **The Misadventures of Romesh Ranganathan** 1/2. The comedian returns to visit more unusual destinations, beginning with Sierra Leone, where he hoping to witness rare wildlife. (S)(R)(AD)
11.00 FILM **Green Book** Oscar-winning comedy drama starring Viggo Mortensen and Mahershala Ali. In the 1960s, a working-class bouncer becomes the driver of an African-American classical pianist. (S) (2018, 12, 120min) ★★★★
1.00 AM **Sign Zone: Question Time** From Birmingham. (S)(R)
2.00 **Sign Zone: Waterloo Road** (S)(R)
3.00 **Sign Zone: Dragons' Den** (S)(R)
4.00 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition With Susie Blake and Sophie Ward. (S)
11.30 **Love Your Garden** (S)(R)(AD)
12.30 PM **Simply Raymond Blanc** (S)(R)
1.30 **ITV News** (S)
1.45 **You've Been Framed!** (S)(R)
2.15 FILM **Dr Seuss' The Lorax** Animated comedy adventure. (S)(AD) (2012, U, 105min) ★★★
4.00 **Tipping Point: Lucky Stars** Sara Pascoe, Lucy Pargeter and Joe Marler compete. (S)(R)
5.00 **ITV News** (S)
5.20 **Local News** (S)
5.30 **The Chase Celebrity Special** New edition 1/12. Melvin Odoom, Carl Fogarty, Louis Smith and Bonnie Langford take part. (S)

2.15 Dr Seuss' The Lorax

6.30 NEW SERIES **Dancing on Ice** Phillip Schofield and Holly Willoughby return with the ice-dancing contest as 11 celebrities compete to become champion of the rink with the help of some of the world's top skating professionals. With judges Jayne Torvill, Christopher Dean, Oti Mabuse and Ashley Banjo. *See feature, page 8.* (S)
8.00 NEW **Vera** *Vital Signs:* 1/6. DCI Stanhope is called out to a grim scene when a body is found in the back of a burnt-out car and the victim is identified as a popular local GP. The detective's investigation leads her into a world of intrigue, betrayal and lust, when she learns that the doctor's relationships with those that knew her were anything but healthy. *See feature, page 7.* (S)(AD)
10.00 **ITV News** (S)
10.15 FILM **John Wick** Action thriller starring Keanu Reeves and Willem Dafoe. A former assassin who has turned his back on violence is provoked into a murderous rage when a criminal kills his dog. (S)(AD) (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **Shop: Ideal World**
3.00 **The Widow** 1/8. Drama starring Kate Beckinsale. A woman travels to Kinshasa in DR Congo to find out the truth about her husband's death. (S1) (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Lingo** (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

5.55 AM **3rd Rock from the Sun** (S)(R)
7.10 **The Simpsons** (S)(R)(AD)
8.00 NEW SERIES **Formula E Unplugged** Behind-the-scenes of the 2022 season. (S)
8.30 NEW **Motorsport: Formula E** Action from the Mexico City ePrix, the opening race of 2023. (S)
9.30 **Sunday Brunch** New edition With Clint Boon, Alexandra Roach, Babatunde Aleshe, Molly Rainford and Gaz Coombes. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.30 FILM **Patrick** Comedy starring Beattie Edmondson and Ed Skrein. (S) (2018, PG, 105min) ★★★
4.15 FILM **Jumanji** Fantasy adventure with Robin Williams. A mysterious board game unleashes chaos upon a small American town. (S) (1995, PG, 120min) ★★★★★

4.15 Jumanji

6.15 **News** (S)
6.45 NEW SERIES **How to Live to 100** 1/2. Jon Snow travels the world visiting communities where residents are living longer and healthier lives. He starts on the island of Ikaria in the Aegean Sea. (S)(AD)
7.45 **The Great Pottery Throw Down** New edition The 11 potters craft a keepsake box with a disguised lid and face a surprise blindfold challenge. Judges Rich Miller and Keith Brymer Jones must decide who will leave this week. (S)(AD)
9.00 FILM **Jack Reacher** Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike and Richard Jenkins. (S) (2012, 15, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.30 FILM **Trainspotting** Black comedy drama starring Ewan McGregor. (S) (1996, 18, 105min) ★★★★★
1.15 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.05 **Come Dine with Me** (S)(R)(AD)
4.15 **Food Unwrapped: New Year Health Secrets** (S)(SL)(R)(AD)
5.10 **Jamie's Comfort Food** (S)(R)
5.20 **to 6.10** AM **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
10.00 **The Smurfs** (S)(R)
10.15 **SpongeBob SquarePants** Cartoon adventures. (S)(R)
10.25 **Entertainment News** (S)
10.30 **NFL End Zone** Action from the latest matches in the NFL. (S)
11.00 **Friends** 4-7/24. Four episodes of the comedy. (S4) (S)(R)(AD)
12.55 PM **Real Murders: An Aurora Teagarden Mystery** Drama with Candace Cameron Bure. (S)(R)
2.40 FILM **Appointment with Death** Agatha Christie mystery set in 1930s Palestine, starring Peter Ustinov as Belgian detective Hercule Poirot. (S) (1988, PG, 130min) ★
4.50 **Cruising South America with Jane McDonald** The singer sails along the Chilean coast. (S)(R)

8.00 22 Kids & Counting

6.25 **News** (S)
6.30 **When All Inclusive Holidays Go Horribly Wrong** Holidaymakers discuss dream breaks that turned into nightmares, including a nurse whose family vacation in Crete was ruined by a construction site next to her hotel. (S)(R)
8.00 **22 Kids & Counting** New edition 2/10. The Radfords begin the search for their dream home, and the family pie business is nominated for a prestigious award. (S)
9.00 **Motorhoming with Merton & Webster** New edition 3/6. Paul Merton and Suki Webster explore the New Forest, where Suki learns how to remove a horseshoe. (S)
10.00 **Hotel Benidorm: Sun, Sea & Sangria** 2/6. There is a problem with the booking system. (S)(R)
10.55 **Most Shocking Celebrity Moments** 6/10. Memorable incidents involving famous couples, featuring break-ups, extra-marital shenanigans and on-screen romances spilling over into real life. (S)(R)
12.55 AM **Entertainment News** (S)
1.00 **LeoVegas Live Casino Show**
3.00 **GPs: Behind Closed Doors** (R)
3.50 **My Mum's Hotter Than Me!** (R)
4.40 **House Busters** (S)(SL)(R)
5.05 **to 5.35** AM **House Doctor** (R)

+1 hour 205 155 46 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Abominable and the Invisible City** 6-10/20. (S)(R)
8.05 **Monkey Life** (S)(R)
9.30 **Gangs of Lemur Island** (S)(R)
11.30 LIVE **Football: WSL** Arsenal v Chelsea: Coverage of the top-flight match at the Emirates Stadium. Kick-off is at 12.00.
2.30 PM **Lionesses: When Football Came Home** (S)(R)(AD)
4.15 **The Simpsons** *Little Orphan Millie:* Homer forgets his wedding anniversary. (S)(R) **4.40** *Husbands and Knives:* Comic Book Guy is forced out of business. (S)(R) **5.05** *That 90s Show:* Homer reminisces about the time he was in a grunge band. (S)(R) **5.30** *The Debarted:* Bart joins forces with a new pupil. (S)(R)

10.00 Romantic Getaway

6.00 NEW SERIES **The Simpsons** *Habeus Tortoise:* Homer tries to solve a mystery. (S34)
6.30 LIVE **Football: WSL** West Ham United v Manchester City: Coverage of the top-flight match from Chigwell Construction Stadium. Kick-off is at 6.45.
9.00 **Spector** New edition 2/4. Examining how Phil Spector went to trial after Lana Clarkson's death was determined to be murder. (S) ■ Entire series on Sky Box Sets
10.00 **Romantic Getaway** New episode 5/6. Deacon makes an enemy. (S)(AD) **10.30** Series finale 6/6. Esme helps Deacon and Allison to escape. (S1) (S)(AD) ■ Entire series on Sky Box Sets
11.00 **Brassic** 2/6. The boys plan a heist at a strip club, but when things go awry they find their escape route is blocked by a colossal fatberg. (S1) (S)(R)(AD)
12.00 M'T **Ricky Gervais: Fame** Highlights of the comedian's stand-up show. (S)(R)
1.40 AM **Road Wars** (R)
3.00 **Nothing to Declare** (S)(R)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
10.00-10.30am The Sunday Show (S)
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
4.05-4.35pm Question of Sport (S)(R) **12.25-12.55am** Not Going Out (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm Walkin' Hame New edition (S) **10.30-11.00pm** Sunday Politics Northern Ireland (S)(R)
WALES
Sky **971**, Freesat **971**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Nôl i'r Gwersyll **10.00** Cynefin **11.00** Dau Gi Bach (AD) **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Yr Wythnos New edition **12.30pm** Ffasiwn Drefn (AD) **1.00** Lleisiau Eraill: Aberteifi 2022 **2.00** Richard Holt: Yr Academi Felys **2.30** Richard Holt: Yr Academi Felys **3.00** Symud i Gymru (AD) **4.00** Ar Werth **4.35** Rygbi Cymru: Y Gêm yn y Gwaed **5.35** Ffermio **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Canu gyda Fy Arwr New edition **9.00** Yr Amgueddfa New episode (AD) **10.00** Gogglebocs Cymru **11.00** Y Byd yn ei Le **11.45pm-12.20am** Y Llinell Las

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 | 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Gassed Up**
7.50 **Top Gear America** New editions Exploring the classic car resale market. **8.25** The team take a Lamborghini, Porsche and Bentley SUV to Colorado.
9.00 **Roman Kemp: Our Silent Emergency**
10.00 NEW SERIES **Bad Education** 1/6. Stephen and Mitchell are told one of them will be fired. *See feature, page 11*. (S4) ■ Entire series on BBC iPlayer
10.30 **Search Party** New episodes 5/10. Drew has problems tailing a creep. **10.55** 6/10. Dory is drawn to a 'cult' party. (S1)
11.20 **Blood, Sweat and Cheer**
12.05 AM **Bad Education**
12.35 **Gassed Up**
1.25 **Roman Kemp: Our Silent Emergency**
2.25 **Meet the Khans: Big in Bolton**
3.25 **Meet the Khans Relationship Quiz**
3.30 **to 4.00** AM **Bad Education**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Come Dancing** In a 1979 edition, Scotland take on Northern Ireland at the Civic Centre, Motherwell.
7.45 **Mozart Uncovered** Analysing arias and duets from Mozart's operas.
8.00 NEW **Inside Classical: Stravinsky's Rite of Spring** 5/8. The BBC National Orchestra of Wales perform Stravinsky and Rachmaninov.
9.30 **Stealing Van Gogh** Uncovering the true story behind the greatest art heist of the 21st century.
10.30 **Spike Milligan: Love, Light and Peace** A portrait of the comedian.
12.00 M'T **Michael Palin's New Europe** The traveller visits Croatia, Bosnia and Serbia.
1.00 AM **Ancient Worlds** Richard Miles explores the roots of civilisation.
2.00 **Stealing Van Gogh**
3.00 **to 4.00** AM **Natural World: Puerto Rico – Island of Enchantment**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **George Clarke's Amazing Spaces**
9.55 **Ugly House to Lovely House with George Clarke** From Berkshire.
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Come Dine with Me**
2.40 PM **Four in a Bed**
5.15 **Come Dine with Me** Checkout assistant Jamie-Lea hosts the first dinner party from Bristol and Bath. **5.50** Pig farmer Chris shows off his love of Italy.
6.20 **Come Dine with Me** Retired pub landlady Christine plays host. **6.55** Hummus-maker James hosts the fourth night. **7.25** Retiree Shelley sets out to impress.
8.00 **Emergency Helicopter Medics** A cyclist with a partially amputated leg.
9.00 **24 Hours in A&E** A man is brought in with a suspected abdominal aortic aneurysm.
10.00 **Super Surgeons: A Chance at Life** 2/3. Following surgeons at Royal Marsden Hospital.
11.05 **Emergency Helicopter Medics** A hillside rescue.
12.10 AM **24 Hours in A&E**
1.15 **Super Surgeons: A Chance at Life**
2.15 **Emergency Helicopter Medics** As 8pm.
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 196 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
8.55 **Ramsay's Kitchen Nightmares USA**
10.55 **Ramsay's 24 Hours to Hell and Back**
11.55 **The Big Bang Theory**
4.15 PM **Junior Bake Off** Highlights from 2002.
5.50 **Lego Masters Australia** New edition The teams build song titles, with their creations having to be clear enough so that a musical guest is able to identify what tunes they are based on.
7.10 FILM **Teenage Mutant Ninja Turtles** Fantasy adventure starring Megan Fox and Will Arnett. Four humanoid amphibians use their martial arts skills to protect New York from a criminal organisation. (2014, 12, 101min) ★★
9.00 FILM **RED** Action comedy thriller starring Bruce Willis, Morgan Freeman, John Malkovich and Helen Mirren. A retired CIA agent sets out to re-assemble his former team to find out why he is being targeted for assassination. (2010, 12, 111min) ★★★★
11.15 **Gogglebox** Featuring reviews of *Three Girls* and *The Island with Bear Grylls*.
12.20 AM **Naked Attraction**
1.20 **Summer House**
3.05 **to 6.00** AM **Hollyoaks Omnibus**

+1 hour 235 146 30 123

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **UK Border Force**
7.00 **Customs UK**
8.00 **Border Patrol**
11.00 **The Real A&E**
12.00 NOON **999 Frontline** Traffic police in Essex rush to the aid of a colleague. **12.30** Norfolk police race to the scene of a siege.
1.00 PM **Sun, Sea and A&E** Documentary following British tourists who find themselves lying in a hospital ward rather than on sun-kissed beaches.
2.00 **Nothing to Declare**

8.00 Coroner

7 PM

7.00 **Blue Bloods** *In the Name of the Father:* 2/16. Danny and Jamie team up to take down a notorious drug lord. (S11)

8 PM

8.00 **Coroner** *Our Home On Native Land:* 9/12. Jenny and Donovan investigate a death in Toronto's homeless community. (S4)

9 PM

9.00 **New Amsterdam** *Don't Do This For Me:* 10/13. Max helps an intern with the loss of a patient. (S5)

10 PM

10.00 **Bull** *The Envelope, Please:* 20/22. Jason buckles under the stress when a delivery causes him to blackout for hours. (S6)
11.00 **Law & Order: Special Victims Unit** 1/22. Benson's loyalty to Garland is tested during an investigation. (S23)
12.00 M'T **Blue Bloods** 4/16. (S11)
1.00 AM **Caught on Dashcam**
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 220

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town**
8.00 **Urban Secrets**
9.00 **The Sopranos** 8-12/13. (S1)
2.25 PM **True Blood** 8/10. Violet has revenge on her mind, and Eric debates his options. **3.30** 9/10. Bill pushes Sookie away and Eric faces a dilemma. **4.35** 10/10. Sookie considers a future without Bill. (S7)
5.45 **Ray Donovan** 1/12. First episode of the drama starring Liev Schreiber and Jon Voight. **6.50** 2/12. Ray handles two crises involving film stars. (S1)

9.00 Succession

7.55 **Game of Thrones** *Baelor:* 9/10. Ned faces a fateful decision, Tyrion is forced onto the battlefield and Robb seeks to prove himself in combat. (S1)

9.00 **Succession** *This Is Not for Tears:* 10/10. Logan weighs up whether a member of the family, or a top lieutenant, will need to be sacrificed. (S2)
10.15 **Euphoria** *Stuntin' Like My Daddy:* 2/8. Rue struggles to forget the past on her return to school. (S1)
11.20 **Britannia** 2/9. (S1)
12.25 AM **In Treatment** 18/28. (S3)
12.50 **City on a Hill** 1/10. (S1)
2.00 NEW SERIES **The Last of Us** 1/9. *See feature, page 4.* (S1)
3.35 **Boardwalk Empire** (S1)
4.35 **In Treatment** 17/28. (S3)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 346 361

6.00 AM **Highway Patrol**
7.00 **DC's Legends of Tomorrow**
11.00 **NCIS: New Orleans** Six episodes, including at: **3.00** PM 21/24. A US Navy lieutenant is poisoned. **4.00** 22/24. A 100-year-old restaurant belonging to a chef's family is bombed. (S2)
5.00 **Grimm** 21/23. Part one of two. Black Claw tightens its hold over Portland. **6.00** 22/23. Part two of two. Black Claw makes a strategic move against Hank. (S5)

6.00 Grimm

7.00 **Grimm** *Fugitive:* 1/13. Captain Renard claims power as the mayor-elect of Portland, posing a new threat to Nick.

8.00 **Grimm** *Trust Me Knot:* 2/13. Hank and Wu find a way to stop Renard, but Nick remains on the run. (S6)

9.00 **Hold the Front Page** 2/6. Nish Kumar and Josh Widdicombe head to West Sussex to work for a local newspaper.

10.00 **A League of Their Own Road Trip: Dingle to Dover** The guys continue their travels with a celebrity football match.
11.00 **Brassic** 2/6. The boys plan a heist at a strip club but things soon go awry. (S1)
12.00 M'T **The Force: North East** Officers race to save a man threatening to kill himself. **1.00** AM A high-speed chase.
2.00 **Road Wars**
3.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.35 **Secret Crush**
9.25 **Dress to Impress**
11.25 **The Masked Singer**
12.55 PM FILM **Rio 2** Animation. (2014, U, 101min) ★★★
3.00 FILM **Step Up 2 the Streets** Drama starring Briana Evigan. (2008, PG, 97min) ★★
5.05 FILM **Cloudy with a Chance of Meatballs 2** Animated comedy sequel featuring the voices of Bill Hader and Anna Faris. (2013, U, 93min) ★★★

6.55 Yes Man

6.55 FILM **Yes Man** Comedy starring Jim Carrey. After attending a motivational seminar, a persistent naysayer vows to say yes to everything which throws his quiet life completely out of whack. (2008, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Fast & Furious** Action thriller sequel, starring Vin Diesel and Paul Walker. A wanted man reunites with an old FBI agent pal to seek revenge on a drugs baron. With Jordana Brewster. (2009, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Family Guy** 19/21. Meg has fun partying with Peter when he takes her to a college. (S12)
11.35 **Family Guy** 12/21. (S12)
12.00 M'T **American Dad!**
12.55 AM **The Sex Lives of College Girls** 2&3/10. Double bill. (S1)
2.05 **to 3.00** AM **All American**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **George and Mildred**
6.35 **Emmerdale Omnibus**
9.25 **George and Mildred**
9.55 **Agatha Christie's Marple**
1.55 PM **Agatha Christie's Marple** *By the Pricking of My Thumbs:* The sleuth investigates a case of infanticide.
3.55 **Doc Martin** 3/6. A stomach bug sweeps through Portwenn. **5.00** 4/6. Louisa tries to help one of her pupils. (S1)
6.00 **Rosemary & Thyme** *The Language of Flowers:* 3/6. The duo's client is murdered. (S1)

6.00 Rosemary & Thyme

7.00 **Rosemary & Thyme** *Sweet Angelica:* 4/6. The duo get caught up in a tale of passion that leads to murder. (S1)

8.00 **Martin Clunes: Islands of the Pacific** 2/3. Martin climbs a volcano and meets a tribe who worship Prince Philip.

9.00 **Joanna Lumley's Great Cities of the World** 2/3. Joanna's visit to Rome includes a look at the Trevi Fountain.

10.00 **Maigret: Dead Man** The detective receives calls from a man claiming a gang are trying to kill him. Stars Rowan Atkinson.
11.55 **Upstairs, Downstairs** Lady Bellamy arranges a picnic for her employees. **1.00** AM Mrs Bridges breaks down and steals a baby.
2.05 **George and Mildred**
3.15 **Emmerdale Omnibus**
5.45 **to 6.00** AM **Unwind**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **The Glasgow Mela 2022** Ravi Sagoo and Harpz Kaur present highlights of the music and arts festival.
8.15 **Rewind 1990s** Events and news from 1999.
8.30 **Accidental Renovators** 2/4. Cal and Claire reach 100,000 followers on their Instagram account.
9.00 **Still Game** 7/9. Jack and Victor celebrate their friendship. (S2)
9.30 **Life on the Bay** New edition 2/8. The Wallaces buy 14 new caravans for the park.
10.00 **Who Owns Scotland?** 2/2. Martin Geissler investigates who owns the nation's rural land.
11.00 PM **to 12.00** M'T **Seven Days** New edition The week's big stories.

Sky Comedy

114/115 | 135 123 | 347 362

8.00 AM **Everybody Hates Chris** 15&20/22. (S1)
9.00 **Fresh Prince of Bel Air**
11.30 **Pen15** 4-6/15. (S2)
1.30 PM **Will & Grace** (S10)
4.00 **Futurama** (S3)
6.30 **The Office (US)** (S2)
9.00 **Romantic Getaway** New episode 5/6. Deacon and Allison make an enemy of Kethan and commit to a life on the run. **9.30** Series finale 6/6. Esme helps Deacon and Allison make their escape after Kethan and Alfie join forces to catch them. (S1)
10.00 **Ricky Gervais: Fame** Stand-up show in which the comedian tackles the world of fame.
11.40 **The Office (US)** 15/22. Michael decides to host a seminar. (S5)
12.10 AM **SMILF** 6-8/10. (S2)
2.05 **Pen15** (S2)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 365

6.00 AM **André Rieu: Live in Brazil**
8.00 **Spielberg and Williams: The Adventure Continues**
8.30 **Tales of the Unexpected**
11.00 **Hitchcock Presents**
12.00 NOON **Landscape Artist of the Year**
1.00 PM **Classic Albums**
2.00 **Julie Andrews Forever**
3.00 **Freddie Mercury: The Tribute Concert**
4.45 **Pink Floyd: P.U.L.S.E**
6.00 **Classic Albums**
7.00 **Agatha Christie Hour**
8.00 **Hitchcock Presents**
9.00 **Phantom of the Opera at the Royal Albert Hall**
11.50 **The Directors**
12.50 AM **The Fantastic Mr Murray** Documentary.
1.50 **Isle of Wight Festival 2022** With Madness.
2.55 **The Great Songwriters**
3.55 **The Ronnie Wood Show**
4.35 **to 6.00** AM **The Art of Drumming**

Pick

151 | 156 | 36 | 144

6.00 AM **Border Patrol**
8.00 **Highway Patrol**
11.00 **Neighbourhood Blues**
12.00 NOON **The Chase Celebrity Special**
1.00 PM **The Celebrity Chase**
2.00 **Agatha Raisin** 4/4. (S4)
4.00 **Highway Cops**
5.00 **Caught Red Handed**
7.00 **Motorway Patrol**
8.00 **Brit Cops: Frontline Crime UK** The work of police officers in Devon and Cornwall.
9.00 **The Killer Within** The story of Ohio man Shawn Grate.
10.00 **Killer in My Village** The murder of 90-year-old Mabel Leyshon.
11.00 **Britain's Most Evil Killers** Steve Wright. **12.00** M'T The case of murderer Ian Huntley.
1.00 AM **Britcam: Emergency on Our Streets**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

Comedy Central

112/113 | 181 132 | 345 360

8.00 AM **Friends** (S8)
2.00 PM **Friends** (S9)
7.00 **Friends** 11/24. Rachel visits work to show off her baby. **7.30** 12/24. Rachel tries to make amends with work rival Gavin. **8.00** 13/24. Ross attempts to make Rachel jealous after seeing her kissing Gavin. **8.30** 14/24. Joey and Phoebe play Cupid for Rachel and Ross. (S9)
9.00 FILM **Kevin & Perry Go Large** Comedy spin-off with Harry Enfield, Kathy Burke and Rhys Ifans. (2000, 15, 82min) ★★
10.40 **Greatest Ever Movie Blunders** Elis James points out mistakes in films including *Trolls* and *Ghostbusters*.
11.40 **Live at the Apollo**
12.40 AM **South Park**
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **Little Women: LA**
8.00 **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.25 PM **Real Housewives of New Jersey**
5.00 **Great Chocolate Showdown** New editions Double bill.
7.00 **Gino's Italian Coastal Escape** Gino explores the Conero Riviera. **7.30** Gino heads to the Tremiti Islands.
8.00 **Tanya Bardsley: Me and ADHD** *The Real Housewives of Cheshire* star discusses her diagnosis of ADHD.
9.00 **Botched** Double bill.
10.30 **Botched: Most Outrageous OMG Patients Countdown** A selection of over-the-top patients.
10.55 **Don't Be Tardy**
11.55 PM **to 1.00** AM **Real Housewives of Atlanta**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **World of Sport**
6.05 **Made in Britain**
6.30 **Extreme E: Electric Odyssey**
7.00 **Motorsport Mundial**
7.30 **Auto Mundial**
8.00 **EFL Highlights**
10.05 **Robson and Jim's Icelandic Fly-Fishing Adventure**
11.10 FILM **The Guns of Navarone** Adventure. (1961) ★★★★
2.20 PM FILM **Aces High** Drama. (1976, PG, 114min) ★★
4.35 FILM **633 Squadron** Drama. (1964, PG, 94min) ★★★

6.40 From Russia With Love

6.40 FILM **From Russia with Love** James Bond adventure starring Sean Connery. British secret service agent 007 helps a Russian woman defect from Istanbul. With Daniela Bianchi. (1963, PG, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **The Blues Brothers** Comedy starring John Belushi and Dan Aykroyd as delinquent brothers who get their old band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **An Audience with Billy Connolly** The comedian descends on London to entertain a celebrity crowd.
12.50 AM **Giant Lobster Hunters**
1.50 **Driving Force** Judy Murray speaks to Hayley Turner.
2.50 **to 3.00** AM **Unwind**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 139 138 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Merlin** 5-7/13. (S3)
2.00 PM 8/13. Arthur embarks on a quest to prove himself a worthy heir to the throne. **3.00** 9/13. An old flame of Gaius arrives in Camelot. (S3)
4.00 **Warehouse 13** 13/20. Pete and Myka get sucked into a 1940s detective noir novel. **5.00** 14/20. Pete and Myka investigate murders in Vegas. **6.00** 15/20. Criminals are forced into confessions. (S4)

9.00 Evil Dead 2

7.00 **Warehouse 13** *Runaway:* 16/20. Claudia tries to help Artie when he loses his hearing.
8.00 **Warehouse 13** *What Matters Most:* 17/20. Pete and Myka go undercover in a gated community. (S4)
9.00 FILM **Evil Dead 2** Cult director Sam Raimi's tongue-in-cheek horror sequel, starring Bruce Campbell and Sarah Berry. Once again, Ash does battle with demonic forces. (1987, 18, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 FILM **Armed Response** Action thriller starring Wesley Snipes, Anne Heche and Dave Annable. (2017, 15, 93min) ★
1.00 AM **Wynonna Earp** (S2)
3.00 **Star Trek: The Next Generation** 3/26. (S6)
4.00 **to 6.00** AM **Most Haunted**

+1 hour 229

Alibi

109/110 809 126 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Father Brown**
2.00 PM **The Mallorca Files** 1/10. Crime drama with Elen Rhys. **3.00** 2/10. A champion cyclist disappears. (S1)
4.00 **Maisie Raine** 1/6. First episode of the police drama starring Pauline Quirke. (S1) **5.00** 2/6. An elderly man is viciously attacked. (S1)
6.00 **Death in Paradise** 2/8. Jack and his team enter the high-stakes world of poker when a player is poisoned. (S7)

8.00 The Mallorca Files

7.00 **Death in Paradise** *Written in Murder:* 3/8. A famous author is stabbed through the heart after an early morning swim. (S7)
8.00 **The Mallorca Files** *Honour Amongst Thieves:* 1/10. DC Miranda Blake escort supergrass Niall Taylor back to the UK.
9.00 **The Mallorca Files** *King of the Mountains:* 2/10. Miranda and Max look into the disappearance of a champion cyclist. (S1)
10.00 **CSI: Vegas** *Story of a Gun:* 3/21. A group of teens discover a dead woman behind the wheel of an abandoned car. (S2)
11.00 **Major Crimes** 1/13. Part one of five. The team search for three missing boys. (S6)
12.00 M'T **Murdoch Mysteries** Murdoch investigates the death of a stage manager.
1.00 AM **Maisie Raine**
3.00 **to 4.00** AM **Major Crimes**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.30 AM **Citizen Khan**
8.40 **Only Fools and Horses**
1.15 PM **The Vicar of Dibley**
2.30 **Only Fools and Horses** The Trotters lose their millions. Christmas special from 2001.
4.00 **Hancock: Very Nearly An Armful** Jack Dee hosts a documentary celebrating the work of Tony Hancock.
6.00 **Hancock's Half Hour** Tony is selected for jury duty. **6.35** Hancock donates blood but is aghast to find out how much he has to give.

9.50 Billy Connolly Does...

7.15 **Only Fools and Horses** The Trotter brothers go on a lads' day out to Margate, but things do not turn out as expected, and they end up stranded in the seaside town overnight. Christmas special from 1989.
9.10 **Dad's Army** Captain Mainwaring initiates a recruitment campaign.
9.50 **Billy Connolly Does...** A look at how fame has taken Billy to some weird and wonderful places.
10.55 **Blackadder II** Blackadder takes in a spirited young boy as his manservant.
11.35 **Blackadder II** Edmund is appointed Lord High Executioner and finds himself in bother when he cuts off a nobleman's head prematurely.
12.10 AM **Only Fools and Horses**
1.50 **French and Saunders**
3.05 **to 4.00** AM **Blackadder II**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Rick Stein's French Odyssey**
9.00 **Red Bull Soapbox Race**
11.00 **Top Gear** Double bill.
1.00 PM **James May's Cars of the People** Double bill.
3.00 **Red Bull Soapbox Race**
4.00 **Room 101** Triple bill of the comedy show, including at:. **5.20** With Ross Noble, Jamelia and Germaine Greer.
6.00 **Top Gear** The team use a tank assault course to test out used cars costing less than £500.

10.00 Mock the Week

7.00 **Special Ops: Crime Squad UK** Britain's most talented detectives pursue a violent drug gang in Gloucester.
8.00 **QI XL** Guests Jason Manford, Aisling Bea and Johnny Vegas join regular panellist Alan Davies and host Stephen Fry.
9.00 **Have I Got a Bit More News for You** With comedian Ria Lina and *Sunday Times* journalist Tim Shipman.
10.00 **Mock the Week** With Ed Byrne and Felicity Ward.
10.40 **QI** With guest panellists Sandi Toksvig, Bill Bailey and Susan Calman.
11.20 **Would I Lie to You?** With Sara Pascoe and Mary Portas.
12.00 M'T **Red Dwarf**
2.00 AM **Have I Got a Bit More News for You**
2.50 **to 4.00** AM **The Misadventures of Romesh Ranganathan**

+1 hour 211 131 74

GREAT! tv

157 189 50 142

6.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the mystery, including at: **4.00** *The Prodigal Father:* A man arrives looking for his daughter. **5.00** *Where Have You Gone, Billy Boy?* A ventriloquist is accused of murder. **6.00** *Thursday's Child:* Jessica receives shocking news about her late husband. **7.00** *Murder, Plain and Simple:* Jessica visits Amish country. **8.00** *Tainted Lady:* Jessica's friend is accused of murder.
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **Randall and Hopkirk (Deceased)**
2.00 **to 6.00** AM **Body of Proof**

+1 hour 257 220 62 143

4seven

137 143 193 49 127

9.00 AM **Four in a Bed**
11.35 **Undercover Boss USA**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **A Place in the Sun** Seven editions of the series, including at: **6.00** Siblings seek a holiday home in southern Cyprus. **7.00** Craig Rowe helps a woman find a home in Dordogne, France.
8.00 **The Dog House** 'Escape artist' Lily the beagle seeks a new home.
9.00 **Celebrity Gogglebox** Shows appraised include *Platinum Party at the Palace* and *The1% Club*.
10.00 **8 Out of 10 Cats Does Countdown** With Judi Love and Jonathan Ross.
11.05 **Murder in the Outback: The Falconio and Lees Mystery**
3.20 AM **In the Footsteps of Killers** Documentary.
4.15 **to 4.45** AM **Travel Man: 48 Hours in Vilnius**

5USA

141 141 153 21 129

9.00 AM **Columbo**
1.00 PM **Columbo** Four episodes, including at: **5.00** *Last Salute to the Commodore:* The detective suspects a shipbuilder's son has murdered his father and dumped the body at sea. **7.00** *Columbo Cries Wolf:* The slovenly sleuth suspects a magazine owner has murdered his partner.
9.00 **Lucifer** *Chloe Does Lucifer:* 8/26. A murder is connected to a dating app and Ella tries to avoid Charlotte. **10.00** *The Sinnerman:* 9/26. Chloe and Lucifer encounter the Sinnerman. (S3)
11.00 **Law & Order: Special Victims Unit** (S19)
2.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Nightmare Tenants, Slum Landlords**
11.00 **Call the Bailiffs: Time to Pay Up**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions following the work of a police interception unit.
9.00 FILM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. (1984, 15, 105min) ★★★★★
11.10 FILM **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy as Axel Foley on the trail of a gang led by a six-foot blonde. (1987, 15, 99min) ★★★
1.20 AM **Cold Case Killers**
2.20 **Rich Kids Go Skint**
3.15 **to 4.00** AM **Suits**

+1 hour 228 186 141

W

132 827 125 25 156

6.10 AM **Tipping Point**
1.00 PM **Property Brothers: Double Down**
3.00 **My Family**
7.00 **Alex Jones: Making Babies** Alex witnesses the emotional turmoil and resilience of the patients undergoing IVF.
8.00 **Inside the Operating Theatre** Following a woman who needs an operation to remove a bony lump from her foot.
9.00 **DNA Family Secrets** Triplets who were adopted as young boys explore their birth father's heritage.
10.20 **Louis Theroux: A Place for Paedophiles**
11.40 **Louis Theroux's LA Stories** Documentary.
1.00 AM **Stacey Dooley: Face to Face with the Bounty Hunters**
2.05 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.00 AM **The Bill**
10.45 **New Tricks**
11.45 **Bleak House**
2.05 PM **Catherine Cookson's Tilly Trotter**
4.10 **Call the Midwife**
6.50 **Atlantic Crossing**
8.00 **New Tricks** *The Rock – Part Two:* The team come closer to solving the Gibraltar murders.
9.00 **Frankie Drake Mysteries** *Life is a Cabaret:* 7/10. Frankie's search for a suspect leads her to an underground cabaret. (S4)
10.00 **Rebus** *A Question of Blood:* The detective investigates the deaths of two schoolboys.
11.35 **The Inspector Lynley Mysteries** *A Suitable Vengeance:* A trip home turns sour for Lynley.
1.35 AM **Zen**
3.25 **to 4.00** AM **As Time Goes By**

+1 hour 243 226 60

RealityXtra

147 197 68 134

9.00 AM **48 Hours**
12.00 NOON **Fatal Vows**
2.00 PM **Medical Detectives**
5.00 Judge Judy Back-to-back editions of the series, including at: **9.35** Hurricane victims clash over relief money. **10.00** Perjury, forgery and child visitation are disputed by parents. **10.25** A young man is sued by his ex-lover for damages from an assault. **10.50** An act of vandalism after a night of heavy drinking is disputed by ex lovers. **11.15** A runaway teenager is accused of stealing and wrecking his caretaker's car. **11.40** Threats of child abuse, harassment and a stolen car cause a rift between former friends.
12.05 AM **World's Most Unexplained...**
1.00 Perry Mason
3.00 to **6.00** AM **48 Hours**

Legend

148 149 41 137

7.00 AM **Special Unit 2** (S2)
8.00 FILM **Avalon: Beyond the Abyss** Adventure. (1999, PG, 86min) ★★
9.50 Legend Lowdown
10.00 Star Trek: The Next Generation (S3)
3.00 PM FILM **San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
4.45 FILM **2012: Ice Age** Disaster movie. (2011, 12, 87min) ★
6.35 Legend Lowdown
6.45 FILM **2021: War of the Worlds** Thriller. (2021, PG, 78min) ★★
8.30 The Twilight Zone (S1)
9.00 FILM **Doomwatch** Ecological chiller. (1972, 12, 92min) ★★★
10.50 FILM **To the Devil a Daughter** Horror. (1976, 18, 95min) ★
12.40 AM FILM **Revenge** Thriller. (2017, 18, 108min) ★★★★
2.45 to **4.30** AM FILM **The Driver** Thriller. (1978, 15, 91min) ★★★★

Challenge

145 160 48 146

7.00 AM **The Chase**
9.00 Wheel of Fortune
11.30 Family Fortunes Triple bill. Les Dennis hosts as two families compete for spot prizes and a cash jackpot of £3,000.
1.00 PM **Bruce's Price Is Right** Double bill of the big-prize game show.
2.00 Play Your Cards Right Double bill of editions.
3.00 Lily Savage's Blankety Blank Triple bill of the comedy quiz show.
5.00 The Chase Four editions of the quiz show hosted by Bradley Walsh.
9.00 The Chase Celebrity Special Bradley Walsh hosts as former *I'm a Celebrity...* campmates Eric Bristow and Nadine Dorries, *Emmerdale's* Sammy Winward and comedian Ed Byrne take on a trivia expert.
10.00 PM **to 6.00** AM **The Chase**

E!

159 159 835 164 163

7.00 AM **Hollywood Medium with Tyler Henry**
12.00 NOON **Botched**
7.00 PM **Keeping Up with the Kardashians** Khloe attends drama lessons. **7.30** Kris auditions to become a cheerleader. **8.00** Kim and Kourtney set Khloe up on a date. **8.30** The girls learn self-defence after a break-in. **9.00** The sisters get involved in an argument. **9.30** The family go on holiday together. **10.00** Kim panics over a calendar she made as a gift for Reggie. **10.30** The sisters visit New Orleans. **11.00** The family watch unseen footage. **11.30** Khloe is sent to jail for violating the terms of her parole.
12.00 M'T **Just Jillian**
2.00 AM **Teleshopping**
3.00 to **5.00** AM **How Do I Look?**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering**
8.00 The Directors
9.00 Laurel and Hardy: Their Lives and Magic
11.00 Clint Eastwood: A Life in Film
12.40 PM **My Icon**
1.00 Spector
2.00 PL Legends
2.30 Lionesses: When Football Came Home
4.10 My Icon
4.30 I Am Alfred Hitchcock
6.15 FILM **Fire in Babylon** Sports documentary. (2010, 12, 86min) ★★★
8.00 NEW **Deadline Day: Football's Transfer Window** Documentary.
9.00 Spector New edition
10.00 The Go-Go's
12.00 M'T FILM **Undefeated** (2011, 12) ★★★★★
2.10 AM FILM **89** Football documentary. (2017, PG, 91min) ★★★
4.00 Red Elvis: The Cold War Cowboy
5.50 to **6.00** AM **My Icon**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Battle of the Alphas**
8.00 Monkey Life
9.30 Gangs of Lemur Island
11.20 Malawi Wildlife Rescue
12.10 PM **Africa's Wild Roommates: How Animals Share Bed and Board**
1.00 Africa's Wild Horizons
6.00 Monkey Life New editions
7.00 The Wadden Sea New edition Shell ducks forage and defend heir home, young rabbits discover they're not safe, and spoonbills fight over nests.
8.00 Micro Monsters with David Attenborough
9.00 Africa's Claws and Jaws
10.00 A Wild Year on Earth
11.00 Alien Abyss
12.00 M'T **Planet Shark**
1.00 AM **Monkey Life**
2.00 The Wadden Sea
3.00 How Animals Talk to Each Other
4.00 to **6.00** AM **Equator**

HGTV

158 286 44 166

7.00 AM **Love Your Garden**
10.00 The Restoration Man
3.00 PM **A Place in the Sun**
7.00 A Place in the Sun A pair of best friends search for a holiday home on the Caribbean island of Grenada that could one day become a retirement location.
8.00 My Dream Derelict Home in the Sun Restoring derelict homes in France and Spain.
9.00 The Restoration Man Transforming a water tower at Settle station in North Yorkshire. **10.00** Revisiting a man who tried to restore a Victorian church.
11.00 100 Day Dream Home
1.00 AM **How We Got To Here: Looking Back On Fixer Upper**
2.00 Love Your Garden
3.00 to **4.00** AM **The Restoration Man**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 Cake Boss
1.00 PM **James Martin's Champagne** Double bill.
2.00 James Martin's Brittany The chef prepares a pot-au-feu.
2.30 James Martin's Favourite Feasts
3.00 Great British Bake Off
8.00 NEW SERIES **Big Bad Budget Battle** Three home cooks have just 20 minutes to make a signature shortcut dish and prepare a dinner.
9.00 Jamie's Great Britain Jamie Oliver samples Persian-inspired lamb and Jewish smoked trout in Yorkshire.
10.00 Restaurant: Impossible
1.00 AM **Diners, Drive-Ins and Dives** Double bill.
2.00 to **3.00** AM **Tom Kerridge Barbecues**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Fantomworks**
9.00 Richard Hammond's Workshop
10.00 Jade Fever
12.00 NOON **Yukon Gold**
3.00 PM **Aussie Gold Hunters**
5.00 Life Below Zero
6.00 Alaska Moose Men
7.00 Joe Exotic: Tigers, Lies and Cover-Up
8.00 Paranormal Declassified
9.00 Portals to Hell A Pennsylvania estate rumoured to be brimming with paranormal activity.
10.00 Most Terrifying Places
11.00 Body Bizarre
12.00 M'T **Monsters Inside Me**
1.00 AM **Ed Stafford: First Man Out**
2.00 Teleshopping
4.00 Insane Pools: Off the Deep End
5.00 to **6.00** AM **Baggage Battles**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Trucking Hell**
10.00 WWE – SmackDown Highlights
11.00 WWE – Raw Highlights
11.55 Police Interceptors
1.55 PM FILM **36 Hours** Wartime thriller starring James Garner. (1964, b/w, PG, 104min) ★★★
4.15 FILM **The Angry Hills** Action drama starring Robert Mitchum. (1959, b/w, PG, 105min) ★★★
6.30 FILM **The Searchers** Classic John Ford Western starring John Wayne. (1956, U, 114min) ★★★★★
9.00 FILM **We Were Soldiers** War drama starring Mel Gibson. (2002, 15, 137min) ★★★
11.45 FILM **Out for Justice** Martial arts thriller. (1991, 18, 91min) ★
1.40 AM **Airport 24/7: Thailand** Triple bill.
4.30 to **5.00** AM **Winter Road Rescue**

Sky Crime

122 122 820 137 136 349 364

6.00 AM **Road Wars**
7.00 Motorway Patrol
8.00 Highway Cops
8.30 Caught Red Handed
10.00 Murdered at First Sight
11.00 Britain's Most Evil Killers
12.00 NOON **Killer in My Village** Terry Edmonds.
1.00 PM **When Life Means Life** Documentary.
2.00 World's Most Evil Killers
3.00 Killer in My Village
4.00 The Real Manhunter
5.00 World's Most Evil Killers
8.00 What the Killer Did Next
9.00 Method of a Serial Killer
11.00 Forensics: Catching the Killer Crime series.
12.00 M'T **An Unexpected Killer** Documentary.
1.00 AM **Snapped**
2.00 World's Most Evil Killers
3.00 Road Wars
4.00 Brit Cops: Rapid Response Documentary.
5.00 to **6.00** AM **Motorway Patrol**

+1 hour 222 221

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 Evidence of Evil
7.00 Medical Detectives A mortally wounded woman crawls to call 911 and her husband gets a hard look from police, but claims to have an airtight alibi. **7.30** A man's motives for killing an intruder who allegedly murdered his wife are questioned. **8.00** A spate of robberies soon begins to unravel upon the discovery of fibres at the scene of the crime. **8.30** A flurry of arson fires in California that had authorities baffled.
9.00 Murder: First on Scene
11.00 Facing Evil
1.00 AM **Murder: First on Scene** Double bill.
3.00 Evidence of Evil
4.40 to **6.00** AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Suffolk.
7.00 Teleshopping
8.00 Fantasy Homes by the Sea Double bill.
10.00 A Place in the Sun
3.00 PM **Posh Pawnbrokers**
4.00 Antiques Road Trip
7.00 The Edinburgh Auction House Sybelle Thomson searches homes for valuable items.
8.00 The Repair Shop The team take on a small racing car, a weather vane and a leather rhinoceros.
9.00 The Bad Skin Clinic
10.00 Faking It: Tears of a Crime The story of Trimaan Dhillon.
11.00 Help! My House Is Haunted From Derby.
12.00 M'T **Destination Fear**
1.00 AM **Ghost Brothers: Lights Out**
2.00 Teleshopping
4.00 to **6.00** AM **Fantasy Homes by the Sea**

Blaze

164 199 64 162

6.00 AM **Cutty Sark: Out of the Ashes**
7.00 Deep Water Salvage
8.00 Lost Gold of World War II
9.00 Conspiracy Files: Unsealed
10.00 The Proof Is Out There
11.00 The UnXplained
12.00 NOON **Top Secret UFO Projects Declassified**
1.00 PM **Alien Files: Unsealed**
2.00 Close Encounters Down Under
3.00 Conspiracy
6.00 National Park Mysteries
8.00 The Curse of Oak Island
9.00 Deep Water Salvage
10.00 Curse of the Lost Amazon Gold
11.00 The UnXplained
1.00 AM **Paranormal Survivor**
2.00 Uncharted Mysteries
3.00 Wicked Tuna
5.00 to **6.00** AM **Counting Cars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 Flip or Flop
10.00 My Lottery Dream Home Four editions.
12.00 NOON **Say Yes to the Dress** Double bill.
2.00 PM **Say Yes... UK**
4.00 Good Bones
6.00 sMothered
7.00 Sister Wives The family are reunited for Ysabel's graduation party.
8.00 The Bad Skin Clinic The team try to solve complex skin conditions.
9.00 Body Bizarre
10.00 Monsters Inside Me
11.00 Bride & Prejudice: The Forbidden Weddings
12.30 AM **The Bad Skin Clinic**
1.30 Body Bizarre
2.30 Bride & Prejudice: The Forbidden Weddings
4.00 Monsters Inside Me
5.00 to **6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Triple bill.
12.00 NOON **Secrets of the Royal Palaces**
7.00 PM **Secrets of the Royal Palaces** A look at the development of Buckingham Palace.
8.00 Dodi: Last Days of a Playboy Exploring the life of Dodi Al-Fayed, revealing the story of the man who tragically lost his life alongside Princess Diana in the fateful car accident in 1997.
9.30 Royal Servants in Their Own Words Stories from the royal household's staff, with a cook revealing the Queen's favourite treat and a footman to the Queen Mother recounting his most embarrassing gaffe.
11.00 Forged in Fire
3.20 AM **The Yorkshire Vet**
3.45 to **4.00** AM **Entertainment News**

Quest

144 144 834 169 12 172

6.00 AM **Mighty Trains**
7.00 Plane Reclaimers
8.00 The Woodland Workshop As 7.00pm.
9.00 Nick Knowles Heritage Rescue
10.00 The Repair Shop
11.00 Salvage Hunters
2.00 PM **The Yorkshire Auction House**
3.00 Shed and Buried
5.00 Find It, Fix It, Flog It
7.00 The Woodland Workshop Creating a cricket-themed lamp.
8.00 Salvage Hunters
9.00 The Repair Shop
10.00 Outback Opal Hunters
11.00 Gem Hunters Down Under Documentary.
12.00 M'T **Robson Green's Australian Adventure**
1.00 AM **World's Greatest Motorcycle Rides**
3.00 Fifth Gear Recharged
4.00 to **5.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 Animal Cops Houston
9.00 My 600lb Life
1.00 PM **1000lb Sisters**
3.00 Say Yes to the Dress: Atlanta Eight editions.
7.00 Long Lost Family Two stories of women trying to bring their families back together.
8.00 Who Do You Think You Are? Naomie Harris traces her ancestry, discovering a startling connection to slavery and learning of a story of tragic poverty in Jamaica's capital of Kingston.
9.00 The Fraudsters Stories of brazen and ruthless serial swindlers.
10.00 Dan's 80lb Testicle
11.00 Murder on CCTV
12.00 M'T **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 A Crime to Remember
3.00 to **4.00** AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Gold Rush** Fred engineers an ice dam. **1.00** PM Parker opens his biggest cut of the season. **2.00** The Clayton brothers go on a treasure hunt. **3.00** Parker hauls Big Red into the massive Bear Cut. **4.00** Parker tasks Mitch with mining out an old road. **5.00** Parker is on a mission to kickstart the Alaska operation.
6.00 **Ed Stafford: First Man Out** Ed challenges endurance athlete Matt Graham to a rematch.

8.00 Alaskan Bush People

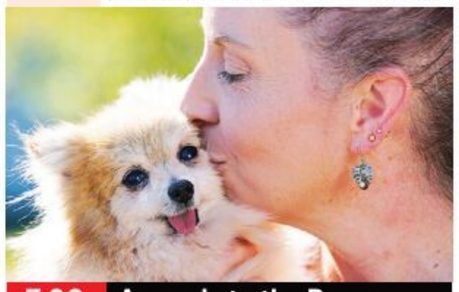
7.00 **Alaskan Bush People** The Wolfpack struggle as they try to bring their 50-year-old mining equipment back to life.
8.00 **Alaskan Bush People** New edition The Wolfpack reflect on never-before-seen moments as they embark on a new chapter.
9.00 **Alaskan Bush People** New edition The family pay tribute to the crucial role Bird and Rain play within the Wolfpack.
10.00 **The Dino Hunters** In Wyoming, Mike Harris and his team uncover a huge Triceratops.
11.00 **Kindig Customs** A 1969 Camaro comes in and the team determine it needs a full rebuild. The client decides to go all-out on the chassis, engine and every detail.
12.00 M'T **Naked and Afraid**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Extinct or Alive**
9.00 **How Do Animals Do That?**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Guardians of Rescue**
4.00 **Saved By the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** Amy debates emergency surgery for a French bulldog that ate its favourite toy.
6.00 **Extinct or Alive** Forrest Galante searches for the extinct Caribbean monk seal.



7.00 Amanda to the Rescue

7.00 **Amanda to the Rescue** Amanda Geise tries to find forever homes for her Hawaiian rescues.
8.00 **Crikey! It's the Irwins** Robert and Chandler catch some waves before going to pick up a new Komodo dragon.
9.00 **Crikey! It's the Irwins** Chandler must handle a koala crisis, while Terri lends a hand to care for an influx of puggles.
10.00 **Alaska: The Last Frontier** Atz helps his grandson in three tasks as a rite of passage.
11.00 **Swimming with Monsters with Steve Backshall**
12.00 M'T **Rugged Justice** Officers arrest two dangerous men on felony warrants.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved By the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262 259

Nat Geographic

129 129 825 266 268

8.00 AM **Real Time Disaster**
9.00 **Seconds from Disaster**
1.00 PM **Worst Weather Ever?**
3.00 **Sinkholes: Swallowed Alive**
4.00 **The Challenger Disaster: Lost Tapes** The events leading up to the loss of the space shuttle in January 1986.
5.00 **Inside the Mega Twister** Examining one of the largest tornadoes ever recorded.
6.00 **Tornado Destruction: Caught on Camera** Damage caused by a spate of tornadoes in America during April 2011.

8.00 Canary Islands: Born of Fire

7.00 **World's Worst Natural Disasters** Experts formulate a list of the 10 most significant natural disasters of all time.
8.00 NEW **Canary Islands: Born of Fire** The massive volcanic eruption of Cumbre Vieja Volcano in the Canary Islands.
9.00 **Worst Weather Ever?** Examining how recent extreme weather events compare to changes in climate in the past.
10.00 **Atlas of Cursed Places** Sam Sheridan investigates the lost city of Atlantis that Plato says was cursed by the gods.
11.00 **Atlas of Cursed Places** Sam Sheridan investigates the curse of Vlad Tepes.
12.00 M'T **Atlas of Cursed Places**
2.00 AM **Lords of War**
2.30 **Food Factory**
4.10 **When Sharks Attack**
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Lost Secrets of the Pyramid** Double bill.
8.00 **Pawn Stars**
11.00 **Mountain Men**
12.00 NOON **History's Greatest Mysteries** The *Titanic* disaster.
2.00 PM **Britain's Most Historic Towns** The history of Chester. **3.00** Alice Roberts tells the story of Viking England. **4.00** Investigating Norman Britain in Winchester. **5.00** Alice Roberts tells the story of Tudor England.
6.00 **The Curse of Oak Island**

8.00 Wellington v Napoleon

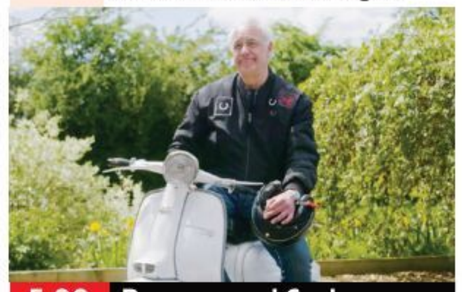
7.00 **The Curse of Oak Island** The team begin the arduous work necessary to get a team member underground.
8.00 **Wellington v Napoleon: Aftermath of Waterloo** A look at what followed the epic battle of 1815.
9.00 **Roman Vice** The astounding dominance of men during Roman times, offering an insight into how the empire as a whole was formulated around patriarchal notions.
11.00 **Colosseum** 1/8. Docu-drama that uses the Colosseum to tell the story of the Roman Empire, through the lens of the men and women who fought and died there. (S1)
12.00 M'T **What on Earth?**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Impossible Engineering**
8.00 **Churchill's Bodyguard**
12.00 NOON **Hornby: A Model World** Double bill.
2.00 PM **Train Truckers** The exploits of a family-run crew of heavy-haulage specialists. **3.00** Expert hauliers Eric Harrison and Chris Case move an iconic Deltic diesel.
4.00 **Bangers and Cash** Paul picks up a 1961 Vauxhall Cresta.. **5.00** A former Mod waves ciao to his Italian scooters. **6.00** A 1965 Ford Anglia.



5.00 Bangers and Cash

7.00 **Bangers and Cash** Paul heads to County Durham to pick up a 1936 Singer Le Mans sports car.
8.00 **'Allo 'Allo!** Rene reluctantly assists the Resistance in their plan. **8.40** While on a sabotage mission, Rene is captured by General Von Klinkerhoffen. **9.20** Rene, in disguise, faces the task of arranging a funeral – for himself.
10.00 **Hornby: A Model World** The iconic *Flying Scotsman* is scaled down 120 times from real life.
11.00 **Bangers & Cash: Restoring Classics** Derek encourages the team to buy a Francis Barnett Plover at auction, and the wheels come off the restoration of an MG Metro.
12.00 M'T **Bangers and Cash**
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 217 75

Sunday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

177 257

6.00 AM **Combat Dealers**
9.00 **Greatest Events of World War II**
12.00 NOON **NASA's Unexplained Files**
3.00 PM **Expedition Unknown** Double bill.
5.00 **Combat Dealers** Triple bill, including at: **7.00** Bruce acquires an extremely rare German Panther tank.
8.00 **Tony Robinson's World War One** Exploring the stalemate of trench warfare.
9.00 **Tony Robinson's Wild West** Exploring some of the myths of the American west.
10.00 **Wings of War** The arms race to develop military airplanes. **11.00** The fight for domination of the skies over southern England.
12.00 M'T **to 5.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245

9.00 AM **Africa From Above**
1.00 PM **Fascinating New Zealand** Double bill.
3.00 **Africa From Above**
7.00 **Fascinating New Zealand** Explorling New Zealand's rugged fjords, mountain peaks, volcanic landscapes and cave systems. **8.00** How New Zealand is responding to major challenges with a radical environmental policy.
9.00 **Africa From Above** Exploring Zambia. **10.00** The melting pot of traditions in Mozambique. **11.00** The spectacular landscapes of Cameroon. **12.00** M'T The landscapes of Botswana.
1.00 AM **Fascinating New Zealand** Double bill.
3.00 **Africa From Above**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **South America's Weirdest Animals**
11.00 **Yukon Vet**
12.00 NOON **The Flood**
2.00 PM **Born in Africa: The Circle of Life**
3.00 **Africa's Hunters**
5.00 **Ten Deadliest Snakes with Nigel Marven**
6.00 NEW **South America's Curious Characters** A look at the weird and wonderful creatures of South America.
7.00 **Something Bit Me** New edition Compilation of clips involving crocodiles.
8.00 **Strangest Bird Alive**
9.00 **Ocean's Weirdest**
10.00 **Freaks & Creeps**
11.00 **Incredible Diggers**
12.00 M'T **When Sharks Attack** Double bill.
2.00 AM **The Flood**
4.00 **to 5.00** AM **Born in Africa: The Circle of Life**

Sky History 2

163 163 840 272

8.00 AM **Ancient Aliens**
9.00 **Weeks of War**
10.00 **WW2 Treasure Hunters**
11.00 **Ancient Aliens**
12.00 NOON **Ancient Aliens: The Ultimate Evidence**
1.00 PM **Digging for Britain**
6.00 **History's Greatest Mysteries** Documentary.
7.00 **History of Weapons**
8.00 **Conspiracy** UFO sightings in the UK.
9.00 **The American Presidency with Bill Clinton** The US presidents who made an impact through their nation's potential.
10.00 **Royal Mob** Willy ascends the German throne.
11.00 **Kings of Pain**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Mafia Killers**
2.00 **Human Weapon**
3.00 **Monsterquest**
5.00 **to 6.00** AM **Shipwrecks: When History Resurfaces**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.40 **The Ship That Changed the World**
9.50 **The Civil War: Remember the Sultana**
11.55 **The Ship That Changed the World**
1.00 PM **Beautiful Serengeti**
1.30 **Muhammad Ali**
3.35 **Jazz** Double bill.
6.05 **Hellfire: Battle for Cobargo** The story of the bushfires that tore through the Australian village in 2019.
7.10 **The Civil War: Remember the Sultana** Sean Astin tells the story of the steamboat *Sultana*, America's worst ever maritime disaster.
9.10 **Death and the Civil War** The legacy of the American Civil War.
11.30 **Beautiful Serengeti**
12.00 M'T **The Ship That Changed the World**
1.15 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 834 198

6.00 AM **I Knew My Murderer** Double bill.
7.00 **Court Cam**
9.00 **Killer in Plain Sight**
1.00 PM **Buried in the Backyard** Four editions.
5.00 **Killer Town** Triple bill.
8.00 **Sunshine Slayings** Police find body parts in two different tourist destinations.
9.00 **What the Killer Did Next** A 79-year-old who was killed in her Hartlepool home.
10.00 **When Missing Turns to Murder** The murder of Milton Keynes mother Natalie Hemming.
11.00 **The First 48** A man is mysteriously found shot and dumped on a street in Oklahoma.
12.00 M'T **Sex, Lies and Murder** Triple bill.
3.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

SUNDAY Films

Sunday primetime

Sky Cinema Premiere

301 301 848 401 501 515

6.25 AM **One Way** As 11.55pm.
8.15 **The Last Son** Western. (2021, 15, 96min) ★★.
10.00 **The Estate** As 6.10pm.
11.50 **PREMIERE Eiffel** As 9.50pm.
1.50 PM **Downton Abbey: A New Era** Drama. (2022, PG) ★★★
4.00 **Operation Mincemeat** War drama starring Colin Firth. (2021, 12, 128min) ★★★★
6.10 **The Estate** Comedy starring Toni Collette and Anna Faris. (2022, 15, 96min) ★★

9.50 Eiffel

8 PM

8.00 **The Duke** Comedy drama starring Jim Broadbent and Helen Mirren. In 1961, a 60-year-old taxi driver steals Goya's portrait of the Duke of Wellington from the National Gallery in London. (2020, 12, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.50 **PREMIERE Eiffel** Romantic drama starring Romain Duris and Emma Mackey. (2021, 15, 108min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.55 **One Way** Action thriller starring Kevin Bacon. (2022, 15, 95min) ★★★
1.50 AM **Crimes of the Future** David Cronenberg's sci-fi horror with Viggo Mortensen. (2022, 18, 107min) ★★★
3.55 **Pil's Adventures** Animation. (2021, U, 89min) ★★
5.40 **to 6.10** AM **Sky Cinema Preview**

11 PM

+1 hour 312

Sky Cinema Twilight

303 303 857 403 503 517

6.00 AM **The Twilight Saga: Eclipse**
8.15 **The Twilight Saga: Breaking Dawn – Part 1** As 6.50pm.
10.20 **The Twilight Saga: Breaking Dawn – Part 2** As 9.00pm.
12.20 PM **Twilight** As 11.00pm.
2.25 **The Twilight Saga: New Moon**
4.40 **The Twilight Saga: Eclipse** Supernatural romance thriller. (2010, 12, 123min) ★★★
6.50 **The Twilight Saga: Breaking Dawn – Part 1** Supernatural thriller. (2011, 12, 117min) ★★

2.25 Twilight Saga: New Moon

The Twilight Saga: Breaking Dawn – Part 1 (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance thriller starring Kristen Stewart, Robert Pattinson and Taylor Lautner, the final instalment of the series based on Stephanie Meyer's bestselling books. (2012, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Twilight** Supernatural thriller based on the novels by Stephenie Meyer, with Kristen Stewart and Robert Pattinson. (2008, 12, 122min) ★★★
1.05 AM **The Twilight Saga: New Moon** Romantic fantasy sequel starring Kristen Stewart and Robert Pattinson. (2009, 12, 125min) ★★★
3.20 **The Twilight Saga: Eclipse**
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Family

306 306 850 406 506 520

6.00 AM **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
7.50 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
9.30 **The Amazing Maurice**
11.40 **The Divergent Series: Allegiant** (2016, 12) ★★
1.55 PM **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
4.00 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
5.25 **Peter Rabbit 2** Animated sequel. (2020, U, 93min) ★★★

7.15 The Amazing Maurice

7.15 **The Amazing Maurice** Animation with the voice of Hugh Laurie. (2022, PG, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Bandslam** High-school comedy drama starring Gaelan Alexander Connell and Alyson Michalka. A misfit gets asked by the most popular girl in school to manage her band. (2009, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Think Like a Dog** Family comedy drama starring Josh Duhamel. (2020, PG, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Tiger Rising** Family drama starring Dennis Quaid. (2022, PG, 102min) ★★★
2.25 **Max Winslow and the House of Secrets** Sci-fi thriller. (2019, 12, 98min) ★
4.15 **to 6.15** AM **Wickensburg** Adventure. (2022, PG) ★★★

Sky Cinema Action

307 307 851 407 507 521

7.20 AM **The Brothers Grimm** Fantasy. (2005, 12) ★★★
9.30 **The 355** Action thriller. (2022, 12, 122min) ★★★
11.40 **The Northman** Adventure. (2022, 15, 137min) ★★★★
2.00 PM **Uncharted** Adventure. (2022, 12, 116min) ★★★
4.00 **The Lost City** Adventure comedy. (2022, 12) ★★★
6.00 **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★

8.00 Ambulance

8.00 **Ambulance** Crime drama starring Jake Gyllenhaal. A man desperate for money asks for help from his adoptive brother, a criminal who instead offers him a score, but their getaway goes wrong. With Eiza González, Yahya Abdul-Mateen II and Garret Dillahunt. (2022, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Fury** Drama starring Brad Pitt. An American tank crew undertake a final dangerous mission behind enemy lines in the last months of World War Two. (2014, 15, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Batman Forever** Adventure. (1995, 12) ★★★
2.50 **Under Siege 2** Thriller sequel. (1995, 18, 99min) ★★★
4.40 **The Cinema List: Spider-Man**
5.00 **to 7.00** AM **Around the World in 80 Days** Adventure. (2004, PG, 120min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **The Cinema List: The 90s**
7.15 **Down to You** Comedy drama. (2000, 12, 92min) ★★
9.00 **Beverly Hills Cop** (1984)
10.50 **Beverly Hills Cop II** (1987)
12.35 PM **Beverly Hills Cop 3**
2.25 **The Hangover Part II**
4.10 **You Don't Mess with the Zohan** Comedy starring Adam Sandler. (2008, 12) ★★★
6.10 **Meet the Parents** Comedy starring Robert De Niro. (2000, 12, 108min) ★★★★

10.00 The Hangover Part II

8.00 **Meet the Fockers** Comedy sequel starring Robert De Niro, Ben Stiller, Dustin Hoffman and Barbra Streisand. A hapless male nurse travels to Florida to introduce his prospective in-laws to his parents. (2004, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★★
1.35 AM **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
3.25 **Beverly Hills Cop 3** Comedy sequel starring Eddie Murphy. (1994, 15, 104min) ★★
5.15 **to 7.00** AM **Napoleon Dynamite** Teen comedy. (2004, PG, 95min) ★★★★

Sky Cinema British Icons

311 311 849 404 504 518

7.15 AM **Shaun of the Dead** Horror comedy starring Simon Pegg. (2004, 15, 99min) ★★★★
9.10 **Hot Fuzz** Cop thriller spoof. (2007, 15, 115min) ★★★★★
11.25 **The World's End** Sci-fi comedy. (2013, 15, 109min) ★★★★★
1.25 PM **Dad's Army** World War Two comedy. (2016, PG) ★★★
3.20 **First Knight** Romantic mythical drama. (1995, PG, 134min) ★★
5.40 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
8.00 **Black Hawk Down** Ridley Scott's war drama based on the catastrophic US military action in Somalia in 1993, starring Josh Hartnett and Ewan McGregor. (2001, 15, 144min) ★★★
10.40 **Gladiator** Ridley Scott's historical epic starring Russell Crowe, Joaquin Phoenix, Connie Nielsen and Oliver Reed. (2000, 15, 154min) ★★★★
1.20 AM **Law Abiding Citizen** Thriller starring Jamie Foxx. (2009, 18, 109min) ★★
3.20 **The Cold Light of Day** Crime thriller. (1995, 18, 101min) ★
5.15 **to 7.05** AM **Young Sherlock Holmes** Adventure fantasy. (1985, PG, 109min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Happy Feet** As 7.10pm.
8.00 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
9.45 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
11.30 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
1.00 PM **Open Season: Scared Silly** Animation. (2015, PG) ★★
2.30 **Shaun the Sheep Movie** Animation. (2015, U) ★★★★
4.00 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★
5.30 **The Angry Birds Movie** Animation. (2016, U) ★★★
7.10 **Happy Feet** Animated musical comedy featuring the voices of Elijah Wood and Robin Williams. (2006, U, 108min) ★★★★
9.00 **Molly Monster** Animated family adventure. (2016, U, 72min) ★★
10.15 **Asterix: The Mansions of the Gods** Animated adventure. (2014, PG, 85min) ★★
11.45 **Vic the Viking** Animation. (2019, U, 77min) ★★
1.15 AM **Justin and the Knights of Valour** Animated adventure. (2013, PG, 96min) ★★
3.00 **The House of Magic** Animation. (2013, U, 85min) ★★★
4.35 **to 6.00** AM **Molly Monster**

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** Double bill.
7.55 **The Man from UNCLE** (S3)
1.25 PM **Riding Shotgun** Western with Randolph Scott and Charles Bronson. (1954, U, 75min) ★★
3.00 **The Cowboys** Western starring John Wayne. An ageing rancher enlists 11 young boys to help him on a cross-country cattle drive. (1971, 12, 128min) ★★★
5.40 **Battle of the Bulge** World War Two drama starring Henry Fonda and Robert Shaw. In December 1944, a Nazi panzer commander attempts to turn the tide of the war. (1965, PG, 141min) ★★★
9.00 **Jericho** Western starring Mark Valley and Leon Coffee. An amnesiac gunslinger goes in search of his true identity, leading him to a robbery in a town that shares his name. (2000, PG, 101min) ★★★
11.10 **Point Break** Action thriller remake. (2015, 12, 114min) ★★
1.30 AM **Teleshopping**
3.45 **Off Set** With Ben Miller.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best...**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Railroaded!** Crime drama. (1947, b/w, PG, 71min) ★★★
7.30 **Pony Soldier** Western. (1952, PG, 82min) ★★★
9.10 **Look at Life**
9.25 **Stranger in Town** Crime drama. (1957, b/w, U, 74min) ★★
10.55 **Lonnie Donegan: Putting On the Style**
11.25 **Little Red Monkey** Spy thriller. (1954, b/w, PG, 73min) ★★
12.55 PM **Robbery Under Arms** Western. (1957, PG, 99min) ★★
2.55 **The Last Angry Man** Drama. (1959, b/w, U, 100min) ★★
5.00 **The Footage Detectives**
6.00 **The Saint** 5/23. (S3)
7.00 **The Lion** Drama starring William Holden and Capucine. (1962, PG, 96min) ★★
8.55 **Automatic Fare Collection and You in 1969**
9.00 **The Onedin Line** 5/14. (S2)
10.00 **Friday On My Mind** Drama starring Christopher Eccleston.
12.25 AM **Silent Playground** Thriller. (1963, b/w, U, 82min) ★★
1.55 **The Heritage Chart Show with Mike Read** Music show.
3.00 **The Last Page** Thriller. (1952, b/w, PG, 85min) ★★
4.40 **to 6.00** AM **Shadow of a Man** Drama. (1956, b/w, PG) ★★

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Stormageddon** Fantasy thriller. (2015, PG, 90min) ★★
6.50 **This Is HorrorXtra**
7.00 **Ice Quake** Sci-fi disaster movie starring Brendan Fehr and Holly Dignard. (2010, PG, 91min) ★★
8.50 **This Is HorrorXtra**
9.00 **From a House on Willow Street** Horror starring Sharni Vinson. A gang of kidnappers get more than they bargained for when their would-be victim turns the tables in a nightmarish fashion. (2016, 15, 90min) ★★
10.45 **Paradise Cove** Thriller starring Kristin Bauer van Straten. (2021, 15, 103min) ★★
12.50 AM **This Is HorrorXtra**
1.00 **Stormageddon** As 5.00pm.
2.50 **to 3.00** AM **This Is HorrorXtra**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **The Winter Lake** Mystery. (2020, 15, 92min) ★★★
8.00 **Traitor** As shown at 2.40am.
10.05 **The Machinist** As 10.45pm.
11.50 **Side Effects** Psychological thriller starring Jude Law. (2013, 15, 106min) ★★★★
1.40 PM **Focus** Crime comedy. (2015, 15, 105min) ★★★
3.30 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
5.40 **Stillwater** Crime thriller. (2021, 15, 139min) ★★★

5.40 Stillwater

8.00 **Prisoners** Crime thriller starring Hugh Jackman and Jake Gyllenhaal. A desperate father decides to take the law into his own hands after two six-year-old girls go missing. With Paul Dano and Maria Bello. (2013, 15, 153min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The Machinist** Thriller starring Christian Bale as a troubled insomniac struggling to tell the difference between reality and imagination. (2004, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **2 Days in the Valley** Thriller. (1996, 18) ★★★★
2.40 **Traitor** Suspense thriller. (2008, 12, 114min) ★★★
4.40 **The Cinema List: Bourne**
5.00 **to 6.00** AM **The Ultimate Christmas Movies**

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Blue Bayou** As 2.35am.
8.00 **20th Century Women** (2016)
10.00 **The Imitation Game** Biopic. (2014, 12, 112min) ★★★★
11.55 **The Lost City of Z** Drama. (2016, 15, 141min) ★★★★
2.20 PM **Stand by Me** Drama. (1986, 15, 89min) ★★★★★
3.55 **Cast Away** Adventure drama. (2000, 12, 143min) ★★★★
6.20 **The Importance of Being Earnest** Oscar Wilde's comedy. (2002, U, 98min) ★★

6.20 The Importance of Being...

8.00 **The Hours** Stephen Daldry's drama starring Nicole Kidman, Julianne Moore and Meryl Streep. Three women in different eras are linked by a single great work of literature – Virginia Woolf's novel *Mrs Dalloway*. (2002, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Babel** Epic global drama starring Brad Pitt. A rifle shot on a Moroccan hillside reverberates around the world and affects the lives of strangers on three continents. Partly subtitled. (2006, 15, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **20th Century Women** Comedy drama with Annette Bening. (2016, 15) ★★★★
2.35 **Blue Bayou** Melodrama. (2021, 15, 117min) ★★★
4.40 **to 6.20** AM **Last Chance Harvey** Romantic drama. (2008, 12, 92min) ★★★

Sky Cinema Dystopia

304 304 858 411 511 525

6.15 AM **A.I. Artificial Intelligence**
8.50 **Sleepy Hollow** As 10.25pm.
10.50 **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★★
1.10 PM **Dune** Epic sci-fi drama. (2021, 12, 155min) ★★★★★
3.50 **Firestarter** Thriller with Zac Efron. (2022, 15, 94min) ★★★
5.30 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment. (2001, 12, 145min) ★★★★

5.30 A.I. Artificial Intelligence

8.00 **The Matrix Revolutions** Sci-fi action thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. As the machine army advance on the underground city of Zion, messiah-like hero Neo remains trapped between the Matrix and the machine world. (2003, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Sleepy Hollow** Tim Burton's comic horror fantasy with Johnny Depp and Christina Ricci. (1999, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Shadowhunter** Horror thriller. (1993, 18, 97min) ★★
2.10 **The Crow** Supernatural thriller starring Brandon Lee. (1994, 18, 110min) ★★★★
3.55 **Come Play** Horror thriller. (2020, 15, 96min) ★★
5.35 **to 7.10** AM **Willy's Wonderland** Horror comedy. (2021, 15, 88min) ★★★★

Sky Cinema Feel Good

302 302 856 402 502 516

6.30 AM **Liar Liar** As 4.15pm.
8.00 **Footloose** Dance drama. (1984, 12, 107min) ★★★
10.00 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
12.20 PM **Maid in Manhattan** Comedy. (2002, PG) ★★★
2.20 **Matilda** Fantasy drama. (1996, PG, 98min) ★★★★
4.15 **Liar Liar** Comedy starring Jim Carrey. (1997, 12) ★★★★
5.45 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★

5.45 The Terminal

8.00 **My Best Friend's Wedding** Romantic comedy starring Julia Roberts and Cameron Diaz. A woman realises that she is in love with her best friend when he gets engaged. With Dermot Mulroney. (1997, 12, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Sabrina** Romantic comedy starring Harrison Ford and Julia Ormond. A chauffeur's daughter returns a glamorous woman from two years in Paris and stirs the interest of her father's stuffy boss and his younger brother. (1995, PG, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **In the Heights** Musical. (2021, PG, 143min) ★★★
2.45 **I Love You, Man** Comedy. (2009, 15, 100min) ★★★
4.35 **to 6.10** AM **The Station Agent** Comedy drama. (2003, 15, 90min) ★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **A Dog's Purpose** Comedy drama starring Dennis Quaid. (2017, PG, 100min) ★★★
1.05 PM **Rise of the Guardians** Animated comedy adventure. (2012, PG, 93min) ★★★★
3.05 **Congo** Michael Crichton's adventure with Laura Linney (1995, 12, 108min) ★★★
5.10 **Titanic** Epic drama with Kate Winslet and Leonardo DiCaprio. (1997, 12, 195min) ★★★

1.05 Rise of the Guardians

Titanic (film started at 5.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Kingsman: The Golden Circle** Comedy adventure starring Taron Egerton and Colin Firth. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a psychotic femme fatale. (2017, 15, 141min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **Unsane** Horror, shot entirely on an iPhone, starring Claire Foy and Joshua Leonard. A woman is committed to a psychiatric institute, where she is confronted by her greatest fear. (2018, 15, 98min) ★★★★
1.45 **to 3.55** AM **She, a Chinese** Drama starring Huang Lu and Wei Yi Bo. Partly subtitled. (2009, 18, 103min) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Frozen in Love** Romance. (2018, PG, 84min) ★★
7.45 **The Wedding Fix** Romantic drama. (2022, PG, 87min) ★★
9.30 **Autumn in the Vineyard** Drama. (2016, PG, 84min) ★★
11.15 **Summer in the Vineyard** Drama. (2017, PG, 82min) ★★
1.00 PM **Valentine in the Vineyard** Romance with Rachael Leigh Cook. (2019, PG, 105min) ★★
2.45 **Undercover Bridesmaid** Drama. (2012, PG, 86min) ★★
4.30 **I Do, I Do, I Do** Romantic fantasy. (2015, PG, 90min) ★★
6.15 **Our Dream Wedding** Romantic drama starring Rachel Hendrix. (2020, PG, 105min) ★★
8.00 **Double Wedding** Romantic comedy starring Tia and Tamera Mowry. (2010, PG, 88min) ★★
10.00 **Lucky in Love** Romantic drama. (2014, 12, 87min) ★★
11.45 **A Summer to Remember** Comedy. (2018, PG, 90min) ★★
1.30 AM **Love Afloat** Romantic drama. (2022, PG, 90min) ★★
3.00 **Love on the Sidelines** Comedy. (2016, PG, 86min) ★★
4.30 **to 6.00** AM **Flip That Romance** Drama. (2019, PG, 90min) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.10 AM **Signed, Sealed, Delivered: Home Again** (2017, PG) ★★
11.10 **Signed, Sealed, Delivered: Road Less Travelled** Drama. (2018, PG, 90min) ★★
1.10 PM **Signed, Sealed, Delivered: To the Altar** (2018, PG) ★★
3.10 **Bewitched** Comedy fantasy. (2005, PG, 102min) ★★★
5.15 **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
7.05 **Big Daddy** Comedy starring Adam Sandler as a law school graduate who adopts a five-year-old boy to impress his girlfriend. With Joey Lauren Adams and Kristy Swanson. (1999, 12, 95min) ★★★
9.00 **The Bone Collector** Crime thriller starring Denzel Washington and Angelina Jolie. A paralysed homicide detective and a rookie cop join forces to catch a fiendish serial killer. (1999, 15, 117min) ★★★
11.25 **As Good As It Gets** Comedy. (1997, 15, 138min) ★★★★
2.15 AM **The Deadly Room: Garage Sale Mystery III** (2015, 12) ★★
4.05 **to 6.00** AM **Past Sins** Thriller. (2006, 12, 88min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **The Mountain Road** World War Two adventure. (1959, U, 120min) ★★
8.10 **Castle Keep** War adventure. (1969, 15, 107min) ★★★
10.20 **Tank Force** Wartime adventure. (1958, PG, 102min) ★★★
12.10 PM **The Enemy General** War drama. (1960, b/w, U) ★★
1.45 **Coroner Creek** Western. (1948, PG, 89min) ★★
3.40 **Gunman's Walk** Western. (1958, PG, 95min) ★★
5.30 **Indian Uprising** Western. (1951, U, 75min) ★★★
7.00 **3.10 to Yuma** Suspense Western starring Glenn Ford, Van Heflin and Felicia Farr. (1957, b/w, PG, 80min) ★★★★
8.50 **Wild West Chronicles**
9.20 **Stratton** Thriller starring Dominic Cooper and Austin Stowell. A commando tracks down an international terrorist cell. (2017, 15, 94min) ★★
11.10 **Reprisal** Action thriller. (2018, 15, 89min) ★★
1.05 AM **Blunt Force Trauma** Action thriller. (2015, 15, 93min) ★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **The Sweetest Heart**
9.00 **Sweet Mountain Christmas**
11.00 **Winter Castle** As 11.00pm.
1.00 PM **Just One Kiss** As 1.00am.
3.00 PREMIERE **Marry Go Round** Romantic comedy drama. (2022, PG, 84min) ★★
5.00 **For the Love of Chocolate** Romantic comedy starring Rhiannon Fish and Jesse Hutch. (2021, PG, 85min) ★★
7.00 **The Sweetest Heart** Romantic drama starring Julie Gonzalo and Chris McNally. A baker enjoying the early days of a new relationship suddenly realises she may still be in love with her ex. (2018, PG, 82min) ★★
9.00 **Sweet Mountain Christmas** Romantic drama starring Megan Hilty. Romance blossoms when a country singer is stranded in her home town, and lends her talents to a local Christmas concert. (2019, PG, 88min) ★★
11.00 **Winter Castle** Drama starring Emilie Ullerup and Kevin McGarry. (2019, U, 83min) ★★
1.00 AM **Just One Kiss** Romantic comedy. (2022, PG, 85min) ★★
3.00 **to 5.00** AM **Marry Go Round**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.15 PM **Fire in Babylon** *Sky Documentaries* ★★★
6.30 **The Searchers** *5Action* ★★★★★
6.40 **From Russia with Love** *ITV4* James Bond adventure. ★★★★
6.55 **Yes Man** *ITV2* Comedy. ★★★
7.10 **Teenage Mutant Ninja Turtles** *E4* Fantasy adventure. ★★
9.00 **Jack Reacher** *Channel 4* ★★★
9.00 **Fast & Furious** *ITV2* ★★★
9.00 **The Blues Brothers** *ITV4* Cult comedy musical. ★★★★★
9.00 **RED** *E4* Comedy thriller. ★★★★
9.00 **Beverly Hills Cop** *5STAR* Comedy thriller. ★★★★★
9.00 **Kevin & Perry Go Large** *Comedy Central* Comedy. ★★
9.00 **Evil Dead 2** *Sky Sci-Fi* ★★★
9.00 **We Were Soldiers** *5Action* ★★★
10.15 **John Wick** *ITV1* Thriller. ★★★★
11.00 **Green Book** *BBC2* ★★★★
11.00 **Armed Response** *Sky Sci-Fi* ★
11.10 **Beverly Hills Cop II** *5STAR* Action comedy sequel. ★★★
11.30 **Trainspotting** *Channel 4* Black comedy drama. ★★★★★
11.45 **Out for Justice** *5Action* ★
12.00 M'T **Undefeated** *Sky Documentaries* ★★★★★
2.10 AM **89** *Sky Documentaries* ★★★

Sunday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News** Round-up of the sports news, with analysis and comment, plus interviews with the headline-makers.
6.30 LIVE **DP World Tour Golf** Coverage of day three of the Hero Cup at Abu Dhabi Golf Club, as two 10-man teams from Great Britain & Ireland and Continental Europe go against one another.
12.00 NOON LIVE **WSL Arsenal v Chelsea.** The top-flight match from the Emirates Stadium. Kick-off **12.00noon**.
2.00 PM LIVE **Super Sunday Newcastle v Fulham.** Coverage of the Premier League clash from St James' Park. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Tottenham Hotspur v Arsenal.** Coverage of the Premier League clash from Tottenham Hotspur Stadium. Kick-off **4.30pm**.
7.00 LIVE **NFL** Coverage of the third Wild Card play-off match.
9.00 LIVE **NFL** Coverage of the fourth Wild Card play-off match.
1.00 AM LIVE **NFL** Coverage of the fifth Wild Card play-off match.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **Premier League Highlights**
7.30 **SNF** Brentford v Bournemouth
8.00 **Premier League Highlights**
10.00 **Super Sunday Matchday** Build-up to today's games.
12.00 NOON **Sports Sunday**
1.00 PM LIVE **Super Sunday Newcastle v Fulham.** Coverage of the top-flight clash from St James' Park. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Tottenham Hotspur v Arsenal.** Coverage of the Premier League clash from Tottenham Hotspur Stadium. Kick-off **4.30pm**.
7.30 LIVE **WSL West Ham United v Manchester City.** All the action from the top-flight encounter at Chigwell Construction Stadium. Kick-off **6.45pm**.
9.30 **Newcastle – The Entertainers** Exploring the history of Kevin Keegan's exhilarating Newcastle United side during the 1990s.
10.00 **Premier League Highlights**
2.30 AM **Premier League Best Goals**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Goals: Leagues 1 & 2**
6.30 **EFL Highlights**
8.00 **EFL Goals: Leagues 1 & 2**
8.30 **EFL Highlights**
10.00 **EFL Goals: Leagues 1 & 2**
10.30 **EFL Highlights**
11.30 LIVE **WSL Arsenal v Chelsea.** Coverage from the Emirates Stadium. Kick-off **12.00noon**.
2.30 PM **EFL Highlights**
3.00 **EFL Goals: Leagues 1 & 2**
3.30 **EFL Highlights**
5.00 **EFL Goals: Leagues 1 & 2**
5.30 **EFL Highlights**
6.30 LIVE **WSL West Ham United v Manchester City.** All the action from Chigwell Construction Stadium. Kick-off **6.45pm**.
9.30 **Lionesses: When Football Came Home** The inside story of the England team's triumph at the UEFA Women's Euro 2022.
11.00 **WSL** Arsenal v Chelsea.
11.30 **EFL Greatest Games**
12.00 M'T **Championship Season Review 13/14** A look back at the 2013/14 season.
1.00 AM **EFL Highlights**
2.00 **EFL**
3.00 **EFL Highlights**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Ashes Greats**
6.25 **Best of England v Australia**
6.45 **One-Day International Cricket**
7.45 LIVE **Big Bash League Sydney Sixers v Perth Scorchers.** The T20 match from Sydney Cricket Ground
11.00 LIVE **SA20 Durban Super Giants v Paarl Royals.** The T20 match from Hollywoodbets Kingsmead Stadium, Durban.
3.30 PM **One-Day International Cricket** Pakistan v New Zealand.
4.30 **The Best of The Big Bash**
5.30 **Big Bash League**
7.30 **SA20** Highlights of Durban Super Giants v Paarl Royals.
8.30 **Big Bash League** Hobart Hurricanes v Sydney Thunder.
9.30 **Big Bash League** Sydney Sixers v Perth Scorchers.
10.30 **SA20**
11.30 **One-Day International Cricket** Pakistan v New Zealand.
12.30 AM **Big Bash League**
2.30 **One-Day International Cricket**
3.30 **SA20**
4.30 **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **to 6.00** AM **The Best of The Big Bash**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Roots: Shane Lowry**
6.30 LIVE **DP World Tour Golf** Coverage of day three of the Hero Cup at Abu Dhabi Golf Club, as two 10-man teams from Great Britain & Ireland and Continental Europe go against one another.
12.00 NOON **Women In Golf: Breaking with Tradition**
1.00 PM **Ryder Cup Memories** Patrick Reed shares his memories of the 2016 Ryder Cup.
1.30 **My Icon** Michael Campbell discusses the individuals that have inspired him during his life.
1.45 **DP World Tour Golf** Highlights from day three of the Hero Cup.
3.45 LIVE **PGA Tour Golf** Coverage of the featured groups on the fourth and final day of the Sony Open in Hawaii at the Waialae CC in Honolulu, Hawaii.
9.00 LIVE **PGA Tour Golf** Further coverage of the fourth and final day of the Sony Open in Hawaii at the Waialae CC in Honolulu.
1.00 AM **DP World Tour Golf**
3.00 **Chronicles of a Champion Golfer** Double bill of editions.
4.00 **to 6.00** AM **DP World Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM LIVE **Isuzu UTE A-League Western United v Newcastle Jets.** Kick-off **6.00am**.
8.00 **Premier League – The Big Interview**
8.30 **ESPN FC** Football news.
9.00 **WWE Raw Highlights**
10.00 **WWE SmackDown Highlights**
11.00 **Heineken Champions Cup**
12.30 PM LIVE **Heineken Champions Cup London Irish v DHL Stormers.** The Pool B encounter. Kick-off **1.00pm**.
3.00 LIVE **Heineken Champions Cup Racing 92 v Harlequins.** The Pool A clash from Paris La Defense Arena. Kick-off **3.15pm**.
5.30 **Heineken Champions Cup Highlights** The third round.
6.30 **The WRC Magazine**
7.00 **Golazzo Live**
7.45 LIVE **Serie A Roma v Fiorentina.** Kick-off **7.45pm**.
10.00 **FIH Hockey Men's World Cup**
12.00 M'T **to 6.00** AM LIVE **Women's One-Day International Cricket Australia v Pakistan.** The first ODI in the three-match series from Allan Border Field, Brisbane.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **ESPN FC** Football news.
6.30 **The Action Woman Show**
7.30 **UCL Stories of the Finals**
8.00 LIVE **A-League Women Perth Glory Women v Wellington Phoenix Women.**
10.00 **Premier League**
11.30 LIVE **FIH Hockey Men's World Cup Spain v Wales.** Push-back **11.30am**.
1.30 PM LIVE **FIH Hockey Men's World Cup England v India.** Push-back **1.30pm**.
3.30 **UCL Stories of the Finals**
4.00 LIVE **Ligue 1 Monaco v Ajaccio.** Kick-off **4.05pm**.
6.00 **Rio Ferdinand's Between the Lines** With Bruno Fernandes.
6.30 LIVE **Spanish Super Cup** The Spanish Super Cup Final.
9.30 **WWE NXT UK Classics**
10.30 **WWE SmackDown Highlights**
11.30 **WWE NXT** Wrestling action.
1.15 AM **BT Sport Reload**
1.30 **Rio Ferdinand's Between the Lines** With Bruno Fernandes.
2.00 **Spanish Super Cup**
3.30 **Boxing: Pazienza v Duran II**
4.30 **ESPN Classic Boxing**
5.00 **to 6.00** AM **Fishing: On the Bank**

BT Sport 3

417 417 874 | 529 | 410 432

7.00 AM **Africa Eco Race**
8.00 **Ligue 1** Triple bill of action.
11.00 **ESPN FC** Football news.
11.30 LIVE **Serie A Sassuolo v Lazio.** Coverage of the Italian top-flight clash from Mapei Stadium – Citta del Tricolore. Kick-off **11.30am**.
1.30 PM **UCL Stories of the Finals**
2.00 LIVE **Serie A Udinese v Bologna.** Coverage of the Italian top-flight clash from Dacia Arena. Kick-off **2.00pm**.
4.00 **The Action Woman Show**
5.00 LIVE **Serie A Atalanta v Salernitana.** Coverage of the Italian top-flight clash from Gewiss Stadium. Kick-off **5.00pm**.
7.00 **BT Sport Reload**
7.15 **Pele: Long Live The King** A tribute to footballing legend.
7.45 LIVE **Ligue 1 Rennes v Paris Saint-Germain.** Coverage of the French top-flight clash from Roazhon Park. Kick-off **7.45pm**.
9.45 **UFC** Kelvin Gastelum v Nassourdine Imavov.
12.45 AM **The WRC Magazine**
1.15 **BT Sport Reload**
1.30 **Ligue 1**
5.30 **to 6.00** AM **BT Sport Reload**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Bitesize Highlights**
7.00 **NFL Highlights**
9.00 **NFL: A Football Life**
10.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights** Brief highlights of San Francisco 49ers v Tampa Bay Buccaneers.
12.15 PM Highlights of Cincinnati Bengals v Kansas City Chiefs.
12.30 Highlights of Minnesota Vikings v Dallas Cowboys.
12.45 Highlights of Los Angeles Chargers v Kansas City Chiefs.
1.00 Brief highlights of Green Bay Packers v Dallas Cowboys.
1.15 Highlights of San Francisco 49ers v Los Angeles Chargers.
1.30 Brief highlights of the first Wild Card play-off match.
1.45 Brief highlights of the second Wild Card play-off match.
2.00 **NFL Gameday** The latest news from the NFL season.
5.30 LIVE **NFL** Coverage of the third Wild Card play-off match.
9.00 LIVE **NFL** Coverage of the fourth Wild Card play-off match.
1.00 AM LIVE **NFL** Coverage of the fifth Wild Card play-off match.
4.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM LIVE **Sail GP** Coverage of day two of the event in Singapore.
7.30 **The Best of The Big Bash**
7.45 LIVE **Big Bash League Sydney Sixers v Perth Scorchers.** Coverage of the T20 match at Sydney Cricket Ground.
11.45 **The Best of The Big Bash**
12.00 NOON **Sail GP**
1.30 PM **NFL Bitesize Highlights**
2.00 **The Best of The Big Bash**
2.30 **Top Rank Boxing Archive**
3.00 **Fight Night International**
4.00 **Sail GP** Day two in Singapore.
5.30 **DP World Tour Golf** Highlights from day three of the Hero Cup.
7.30 **The Best of The Big Bash**
8.00 **Fight Night International** Efe Ajagba v Stephan Shaw.
9.00 **One-Day International Cricket** Pakistan v New Zealand.
10.00 **Fight Night International**
11.00 **Sail GP** Day two in Singapore.
12.30 AM **One-Day International Cricket** Pakistan v New Zealand.
1.30 **NBA Basketball**
3.30 **Premier League Stories**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **College Basketball**
9.30 **BT Sport Reload**
9.45 LIVE **ILT20 Abu Dhabi Knight Riders vs Gulf Giants.** At Sheikh Zayed Cricket Stadium, Abu Dhabi.
1.30 PM **BT Sport Reload**
1.45 LIVE **ILT20 Desert Vipers vs Sharjah Warriors.** Coverage from Dubai International Stadium.
5.30 **In Depth with Graham Bensinger** With Lindsey Vonn.
6.00 LIVE **Primeira Liga Benfica v Sporting Lisbon.** From Estadio da Luz. Kick-off **6.00pm**.
8.00 LIVE **College Basketball Temple Owls v Memphis Tigers.** Tip-off **8.00pm**.
10.00 LIVE **College Basketball Texas Longhorns v Iowa State Cyclones.** Tip-off **10.00pm**.
12.00 M'T **BT Sport Reload**
12.15 AM **College Basketball**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

Eurosport 1

410 410 868 | 521 | 412 435

6.50 AM LIVE **Ski Jumping** The women's HS102 event in Japan.
8.35 **Marco Odermatt: Best of...**
8.50 **Alpine Skiing**
9.00 LIVE **Alpine Skiing** The men's slalom from Switzerland.
10.15 LIVE **Alpine Skiing** In Austria.
12.00 NOON LIVE **Alpine Skiing** The men's slalom from Switzerland.
1.15 PM **ATP Tennis**
2.15 **Marco Odermatt: Best of Giant Slalom 2022**
2.30 LIVE **Sailing: Ocean Race** The start of the race from Spain.
4.30 **Dakar Rally** Stage 13.
5.30 **Alpine Skiing**
7.30 **Biathlon**
8.00 **Dakar Rally** The 14th stage.
9.00 **Formula E** The Mexico City ePrix.
10.00 **Ski Jumping**
11.00 **Short Track Speed Skating**
12.00 M'T **to 7.00** AM LIVE **Australian Open Tennis** Day one of the Grand Slam event.

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Masters Snooker**
8.00 **Dakar Rally**
9.00 **Snooker 147s**
9.20 LIVE **Nordic Combined Skiing** Coverage from Germany.
10.30 **ATP Tennis**
11.30 **Tennis: Roger's Last Dance**
12.00 NOON **Roland-Garros**
12.15 PM LIVE **Nordic Combined Skiing** Coverage from Germany.
12.45 LIVE **Masters Snooker** The opening frames of the final.
4.00 LIVE **Cross-Country Skiing Winter World University Games** Coverage of the men's and women's sprint classics.
5.35 **Masters Snooker**
6.45 LIVE **Masters Snooker** The concluding session of the final.
10.00 **Snooker: Shoot-Out**
12.00 M'T **Formula E**
1.00 AM **Australian Open Tennis**
2.00 **to 7.00** AM LIVE **Australian Open Tennis** Day one coverage.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM LIVE **Sail GP** Coverage of day two of the event in Singapore.
7.30 **Sail GP** The Dubai Sail Grand Prix.
8.00 **International Netball**
10.30 **Fight Night International**
11.30 **Super League Highlights**
12.30 PM **Sail GP** Dubai Sail Grand Prix.
1.00 **Sail GP** Day two of the event.
2.30 **Top Rank Boxing Archive**
3.00 **Fight Night International**
4.00 **NBA Basketball**
6.00 LIVE **NBA Basketball New Detroit Pistons v New York Knicks.** Coverage of the Eastern Conference match from Little Caesars Arena. Tip-off **6.00pm**.
8.30 LIVE **NBA Basketball Chicago Bulls v Golden State.** Coverage of the Western Conference clash at United Centre. Tip-off **8.30pm**.
11.00 **NBA Basketball**
1.30 AM **NBA on Fire**
2.00 **World Darts Championship**
5.30 **to 6.00** AM **Boxing Archive**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
12.00 NOON **Formula 1** Action from the 2022 French Grand Prix.
1.00 PM **Formula 1** Highlights of the 2022 Hungarian Grand Prix.
2.00 **Formula 1** Action from the 2022 Belgian Grand Prix.
3.00 **Formula 1** Highlights of the 2022 Dutch Grand Prix.
4.00 **Formula 1** A look back at action from the 2022 Italian Grand Prix.
5.00 **Formula 1** Highlights of the 2022 Singapore Grand Prix.
6.00 **Formula 1** Action from the 2022 Japanese Grand Prix.
7.00 **Formula 1** Highlights of the 2022 United States Grand Prix.
8.00 **Formula 1** Action from the 2022 Mexico City Grand Prix.
9.00 **Formula 1** Highlights of the 2022 Sao Paulo Grand Prix.
10.00 **Formula 1** Action from the 2022 Abu Dhabi Grand Prix.
11.00 **Formula 1** A review of 2022.
12.30 AM **F1 Features**
12.45 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Monday

16 January

Evening Planner

Drama

Maternal
ITV1, 9pm
Parminder Nagra stars as one of three doctors and new mums, trying to balance motherhood with working for the NHS.

Drama

The Last of Us
Sky Atlantic, 9pm
This post-apocalyptic drama follows the journey of a smuggler (Pedro Pascal) and a teenager (Bella Ramsey) across the US.

OnDemand

NETFLIX

Bank of Dave
Available today
Fact-based drama about Burnley man Dave Fishwick (Rory Kinnear) who set up a community bank.

OnDemand

discovery+

Australian Open
The first major of 2023 starts in the early hours, with matches streamed live. Coverage is also on Eurosport 1 and Eurosport 2.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 We Are... †	9.00 Silent Witness		10.00 News; Local News	10.40 Zara... †
102 BBC2	7.00 Nadiya's Fast...	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 The Mayfair Hotel Megabuild		10.00 QI	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Maternal		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 George Clarke's Amazing Spaces		9.00 999: On the Front Line		10.00 8 Out of 10 Cats Does Countdown	
105 CHANNEL 5	7.00 Police Interceptors		8.00 Traffic Cops		9.00 Police: Night Shift 999		10.00 Casualty 24/7: Every Second Counts	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Micro Monsters with David...		9.00 Chernobyl: The Lost Tapes			
ENTERTAINMENT								
117 BBC3	7.00 Hungry for It		8.00 Young...	8.30 Meet the...	9.00 Gordon Ramsay's Future Food Stars		10.00 Film: The Accountant	
116 BBC4	7.00 Great British...	7.30 The Joy of...	8.00 Vienna: Empire, Dynasty and Dream		9.00 Britain's Lost Masterpieces		10.00 The US and the Holocaust	
118 ITV2	7.00 Film: Legally Blonde				9.00 Love Island			10.35 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau		7.55 Grand Designs		9.00 George Clarke's Remarkable...		10.00 24 Hours in Police Custody	
135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Below Deck		9.00 Gogglebox		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Coroner		10.00 The Equalizer	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 The Last of Us			10.35 Succession
110 GOLD	◂ 6.35 Dad's Army		8.00 dinnerladies			9.25 Absolutely Fabulous	10.00 Not Going Out	
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?	8.20 QI				10.00 Have I Got a Bit More 2018 News...	
119 ITV3	7.00 Heartbeat		8.00 Agatha Christie's Poirot		9.00 Long Lost Family		10.00 DCI Banks	
120 ITV4	◂ 6.45 Snooker: World Grand Prix – Live: Coverage of day one							10.30 Film: Silence...
112 COMEDY CENTRAL	◂ 6.55 Friends				9.00 Rhod Gilbert's Growing Pains		10.00 Jimmy Carr: Laughing & Joking	
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Stan Lee's Lucky Man			
113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 A League of Their Own Road Trip...	
132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise				10.00 Murdoch Mysteries	
130 SKY ARTS	7.00 André Rieu: Live in Sydney						10.00 Nina Simone: The Lost Album	
DOCUMENTARY								
125 DISCOVERY	7.00 Diesel Brothers				9.00 Bitchin' Rides		10.00 Mike Brewer's World of Cars	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Expedition Bigfoot				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 To Catch a Smuggler		9.00 Ultimate Airport Dubai		10.00 Car S.O.S.	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Wars		9.00 Strangest Things		10.00 Ancient Skies	
155 YESTERDAY	7.00 Fred Dibnah's Building of Britain		8.00 Hornby: A Model World		9.00 The Architecture the Railways Built		10.00 Bangers and Cash	
121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 The Guest Wing		9.00 Chernobyl: The Lost Tapes			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.45 Operation Mincemeat		8.00 The Estate			9.50 One Way		
303 HITS	7.00 The Twilight Saga: Breaking Dawn – Part 2				9.00 Last Night in Soho			
311 GREATS	◂ 6.05 Blue Hawaii		8.00 Roustabout			9.55 Trading Places		
305 ANIMATION	7.10 Minions			8.50 Even Mice Belong in Heaven				10.30 Lego DC...
306 FAMILY	◂ 5.45 Mr Magorium's...	7.35 Divergent					10.05 Dino Dana – The Movie	
307 ACTION	◂ 5.40 Ambulance		8.00 San Andreas				10.00 Reindeer Games	
308 COMEDY	◂ 6.00 Meet the Fockers		8.00 Maid in Manhattan				10.00 The Hangover Part III	
309 THRILLER	◂ 5.25 Prisoners		8.00 The Dry				10.10 Every Breath You Take	
310 DRAMA	◂ 5.55 Control		8.00 Straight Outta Compton					10.30 Hamlet
304 DYSTOPIA	◂ 6.15 After Yang		8.00 Escape from LA			9.55 From Dusk Till Dawn		
302 FEEL GOOD	◂ 6.00 Kate & Leopold		8.00 Footloose				10.00 In the Heights	
313 FILM4	◂ 6.55 Isle of Dogs				9.00 Made In Italy			
315 TCM MOVIES	◂ 6.50 Memphis Belle				9.00 Magnum Force			
SPORT								
401 MAIN EVENT	◂ 3.00 SA20 – Live	7.30 EFL – Live: Port Vale v Peterborough United (Kick-off 8.00)						10.30 The Gloves...
402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Gary Neville's Soccerbox		9.00 Premier League Review		10.00 Soccer AM...	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Port Vale v Peterborough United (Kick-off 8.00)						10.30 WSL
404 CRICKET	◂ 3.00 SA20 – Live	7.30 Big Bash League		8.30 One-Day International Cricket		9.30 SA20		10.30 Big Bash...
413 BT SPORT 1	7.00 The WRC...	7.30 Serie A – Live: Empoli v Sampdoria (Kick-off 7.45)					9.45 BT Sport Goals Reload	10.30 ESPN FC...
414 BT SPORT 2	◂ 6.00 Premier...	7.30 BT Sport Films			9.00 Fishing: On the Bank		10.00 MLB Classic	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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BBC1

101 101/115 801 101 101 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live: Cost of Living Special** New edition (S)
10.00 **Rip Off Britain Live: Cost of Living Special** New edition (S)
10.45 **For Love or Money** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **The Farmers' Country Showdown** New edition A visit to Barnard Castle Farmers' Market. (S)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **The Repair Shop** New edition A broken porcelain bowl. (S)(AD)
4.30 **Make It at Market** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Silent Witness

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Denise tries to make a problem disappear, and Zack gets ready to take responsibility. (S)(AD)

8 PM

8.00 **Panorama** New edition In-depth current affairs report. (S)
8.30 **We Are England** New edition Regional stories of interest. (S)

9 PM

9.00 **Silent Witness** New episode *Star – Part One:* 5/10. The Lyell team are thrown into the dark side of social media. (S26) (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW TO BBC1 **Zara McDermott: Disordered Eating** Exploring the huge rise in eating disorders among children and young people. *Previously on BBC3.* (S)(AD)
11.40 **The Graham Norton Show** Graham is joined by actors Cate Blanchett and Margot Robbie, comedian and presenter Alan Carr and singer Beverley Knight. Plus, music by RAYE, who performs her current single *Thrill Is Gone.* (S)(R)
12.30 AM **Have I Got News for You** Clive Myrie hosts, with guests Camilla Long and Miles Jupp. (R)
1.00 **Weather for the Week Ahead** (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Make It at Market** (S)(R)(AD)
8.00 **Sign Zone: Tom Kerridge: Lose Weight for Good** (S)(R)(AD)
8.30 **Sign Zone: England's Lionesses: Inside the Pride** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Bowls: World Championships** Coverage from Potters Resort at Hopton-on-Sea, Norfolk, including the pairs final, plus Les Gillett v Stuart Irwin in the open singles competition. (S)
5.15 **Flog It!** From Huddersfield. (S)(R)
6.00 **Richard Osman's House of Games** New edition With guests Kriss Akabusi, Grace Dent, Tim Lovejoy and Lauren Steadman. (S)
6.30 **Take a Hike** New edition The first of five walks in Snowdonia. (S)

9.00 The Mayfair Hotel Megabuild

7.00 **Nadiya's Fast Flavours** 2/6. Nadiya Hussain shares quick and easy recipes. (S)(R)(AD)
7.30 **Mastermind** New edition Specialist subjects include Rupert Brooke and Marcus Trescothick. (S)
8.00 **Only Connect** New edition The Jugadores play the Cunning Planners. (S)
8.30 **University Challenge** New edition Two more teams battle it out for a place in the quarter-finals of the quiz. (S)
9.00 **The Mayfair Hotel Megabuild** Series finale 3/3. The hotel turns its attention to the interiors as the construction work nears completion, with the new penthouse expected to be a highlight. (S)(AD)
10.00 **QI** New edition 9/16. Ed Byrne, Cally Beaton and Jack Dee join regular panellist Alan Davies and host Sandi Toksvig. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **A Bigger Splash** Drama starring Tilda Swinton and Ralph Fiennes. A rock star recovering from surgery finds her peaceful Mediterranean retreat disrupted by the arrival of a former lover. With Matthias Schoenaerts. (S) (2015, 15, 120min) ★★★★
1.15 AM **Sign Zone: Countryfile** (S)(R)
2.10 **Sign Zone: Miriam Margolyes: Australia Unmasked** (S)(R)(AD)
3.10 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** New edition David Dickinson and experts Tim Hogarth, Jan Keyne, James Layte and Fay Rutter assess items brought in by members of the public in Liverpool. (S)(AD)
3.00 **Lingo** New edition Word-based quiz show hosted by Adil Ray. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Ryan overhears a conversation, while Amy and Chloe finally make amends. (S)(AD)
8.00 **Coronation Street** Aaron and Billy are worried that they cannot get hold of Summer, while Fiz and Tyrone are horrified as they discover Hope has been listening to tapes of John Stape. (S)(AD)
9.00 NEW SERIES **Maternal** 1/6. Drama following three doctors returning to frontline medicine after maternity leave and the pandemic. Stars Parminder Nagra. *See feature, page 6.* (S1) (S)(AD)
■ Entire series on ITVX
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Bradley & Barney Walsh: Breaking Dad** 1/7. The duo head to Mexico, where they try the sport of lucha libre wrestling. (S)(R)(AD)
11.15 **Bradley & Barney Walsh: Breaking Dad** 2/7. Bradley is challenged to swing across the top of a mountain with a terrifying drop below. (S)(R)(AD)
11.45 **Wrestling: AEW Dynamite** Hard-hitting action. (S)
1.30 AM **Shop: Ideal World**
3.00 **Lingo** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Dickinson's Real Deal** (S)(SL)(R)(AD)

+1 hour 203 114 35 112

CHANNEL 4

104 104/108 804 104/108 4 104 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 3-5/24. (S10) (S)(R)(AD)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Come Dine with Me: The Professionals** In Liverpool. (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition (S)
4.00 **A New Life in the Sun** New edition A couple dream of opening a Portuguese B&B. (S)
5.00 NEW SERIES **Junior Bake Off** 1/15. Harry Hill and judges Liam Charles and Ravneet Gill present the first of this year's heats. (S)(AD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

8.00 George Clarke's Amazing Spaces

7.00 **News** (S)
8.00 **George Clarke's Amazing Spaces** New edition George drops in on a glass-fronted eco-lodge seemingly floating in mid-air and meets a couple trying to turn an old boat into their first home together. (S)(AD)
9.00 NEW SERIES **999: On the Front Line** Paramedics respond to reports of a patient in cardiac arrest. Concerned that an elderly relative is attempting CPR inside, they break down two sets of doors to gain entry. (S)
10.00 **8 Out of 10 Cats Does Countdown** Jimmy Carr hosts the game show mash-up, as Jonathan Ross and Joe Wilkinson take on Roisin Conaty and Ahir Shah. Plus, Mat Ewins joins Susie Dent in Dictionary Corner. (S)(R)
11.05 **Jon & Lucy's Odd Couples** (S)(R)
12.10 AM **I Literally Just Told You** (S)(R)
1.05 **The Caribbean: Billionaires' Paradise** (S)(SL)(R)(AD)
2.00 **Ramsay's Kitchen Nightmares USA** From Boston. (S)(SL)(R)
2.50 **Travel Man: 48 Hours in Split** (R)
3.15 **Couples Come Dine with Me** (R)
4.05 **Kirstie's Fill Your House for Free**
4.20 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.15 **to 6.10** AM **Grand Designs** (S)(R)

+1 hour 204/208 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **Traffic Cops** (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **The Killer Downstairs** Suspense thriller starring Cindy Busby and Marcus Rosner. (S) (2019, 12, 105min) ★
4.00 **Bargain-Loving Brits in the Sun** New edition Following Brits who moved to Spain for sun and a low-cost life. (S)
5.00 **News** (S)
6.00 **Holiday Homes in the Sun** Presenters Amanda Lamb, JB Gill and Sam Pinkham are in Amalfi on the Italian coast, competing to find the ultimate hillside holiday home. (S)(R)
6.55 **News** (S)

9.00 Police: Night Shift 999

7.00 **Police Interceptors** 12/20. Officers hunt for three teenagers alleged to have threatened a shopkeeper with a gun. (S)(R)
7.55 **News** (S)
8.00 **Traffic Cops** New edition 3/20. A prolific car thief crashes and rolls a stolen car at over 100mph, while in Harrogate the hunt for a cloned car and disqualified driver leads to a high-speed pursuit. (S)
9.00 **Police: Night Shift 999** New edition 5/8. Officers respond to a report of a two-vehicle crash, but when they arrive only one of the cars is present, leading them to suspect the other driver may have been over the limit. (S)
10.00 **Casualty 24/7: Every Second Counts** 3/20. At Barnsley Hospital, nurse Chloe treats an 88-year-old woman who has been knocked over by high-speed winds and has a severe open head wound. (S)(R)
11.05 **999: Critical Condition** A man is rushed in with multiple stab wounds to his abdomen. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Million Pound Motorhomes** Matt Allwright gives viewers a tour of his campervan. (S)(R)
3.50 **My Mum's Hotter Than Me!** (R)
4.40 **House Busters** (S)(SL)(R)
5.05 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Monkey Life** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 10/23. (S3) (S)(R)
11.00 **NCIS: New Orleans** (S3) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **S.W.A.T.** 5/21. (S3) (S)(R)(AD)
3.00 **Orangutan Jungle School** (R)
4.00 **The Conners** 10/11. (S1) (S)(R)
4.30 **Futurama** (S)(R)(AD)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 19/25. Will goes on a date with Jazz's sister Janet. (S)(R) **6.00** 20/25. Will offers his services to a posh visitor from England. (S1) (S)(R)
6.30 **The Simpsons** *Dial 'N' for Nerder:* Bart and Lisa think they have killed Martin. (S)(R)

9.00 Chernobyl: The Lost Tapes

7.00 **The Simpsons** *Smoke on the Daughter:* Lisa becomes addicted to passive smoking. (S)(R) **7.30** *Papa Don't Leech:* The family try to reunite a depressed country singer with her father. (S)(R)
8.00 **Micro Monsters with David Attenborough** 1/6. The broadcaster looks at battles and rivalries in the world of bugs. (S)(R)(AD) **8.30** 2/6. How creepy-crawly predators defuse the defences of their prey. (S)(R)
9.00 **Chernobyl: The Lost Tapes** Newly-discovered archive footage and witness accounts reveal the story behind the 1986 nuclear disaster and the heroic efforts made to prevent another explosion. (S)(R)(AD)
10.50 **The Force: North East** Police hunt for a man wanted for domestic violence, while a tip-off leads to a drugs raid. (S)(R)
11.50 **Sex and the City** *Four Women and a Funeral:* 5/18. The girls attend a funeral. (S)(R) **12.25** AM *The Cheating Curve:* 6/18. Charlotte dumps her boyfriend. (S2) (S)(R)
1.00 **Road Wars** (R)
2.00 **Brit Cops: Rapid Response** (R)
3.00 **Hawaii Five-0** 21/24. (S1) (S)(R)
4.00 **S.W.A.T.** 5/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
8.30-9.00pm Would I Lie to You? (S)(R) **10.40** Scot Squad (S)(R) **11.10** Sportscene: SWPL Highlights (S)(R) **11.55** Zara McDermott: Disordered Eating New edition (S) **12.55am** The Graham Norton Show (S)(R) **1.45** Have I Got News for You (S)(R) **2.15** Weather for the Week Ahead (S) **2.20-6.00am** BBC News (S)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
7.00pm Hope Street New episode (S) **7.45** Northern Irish Mums New edition (S) **8.00** EastEnders (S)(AD) **8.30-9.00pm** Panorama New edition (S)

WALES
Sky 952, Virgin 864, Freesat 964
3.00-3.45pm Blood, Sweat and Cheer (S)(R) **8.30-9.00pm** NEW SERIES A Special School (S)

BBC2

N. IRELAND
Sky 972, Freesat 969
7.00-7.30pm The One Show (S) **10.00-10.30pm** Trad Ar Fad! New edition (S)

WALES
Sky 971, Freesat 971
10.00-10.30pm Age of Outrage New episode (S)

ITV1

As main ITV1 except:
WALES
10.45pm Sharp End (S) **11.15-11.45pm** Fishlock's Choice (S)(R)

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Arfordir Cymru: Llyn **1.30** Wil ac Aeron: Taith Rwmania **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Straeon y Ffin **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Sgwrs Dan y Lloer New edition **8.25** Ffasiwn Drefn New edition (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio **9.30** Pen Petrol New edition **10.00** Sgorio **10.30-11.35pm** Efaciwîs (AD)

TV&Satellite week
New issue on sale tomorrow

BBC3

117/141/173 | 107/157 | 23 | 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Hungry for It** 7/8. The cooks level up basic biscuits into Insta-worthy desserts.
7.55 **The Catch Up**
8.00 **Young MasterChef** New edition 7/10. The contestants must cook a feast on a budget of £30.
8.30 **Meet the Khans: Big in Bolton** New edition 3/5. The Khans head for a night out at the boxing with family.
9.00 **Gordon Ramsay's Future Food Stars** 3/8. The chef sets an extreme challenge – 1,000ft in the air.
10.00 FILM **The Accountant** Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. (2016, 15, 123min) ★★★
12.00 M'T **Meet the Khans: Big...**
12.30 AM **Young MasterChef**
1.00 **Hungry for It**
2.00 **Bad Education**
2.30 **Gassed Up**
3.20 **to 3.50** AM **Young MasterChef**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo visits Manchester.
7.30 **The Joy of Painting** Bob Ross paints majestic mountains looming over a colourful seascape.
8.00 **Vienna: Empire, Dynasty and Dream** 3/3. Historian Simon Sebag Montefiore follows the Habsburgs to their dramatic demise.
9.00 **Britain's Lost Masterpieces** 3/3. Bendor Grosvenor believes a portrait once attributed to Rubens may in fact be a painting by Anthony Van Dyck.
10.00 **The US and the Holocaust** New edition 2/3. The US is divided as World War Two begins.
12.10 AM **The Joy of Painting**
12.40 **Hope Street** 8/10. Niamh fears her father is suffering from PTSD. (S2)
1.25 **Great British Railway...**
1.55 **Vienna: Empire, Dynasty and Dream** As 8.00pm.
2.55 **to 3.05** AM **Mozart Uncovered**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's House of Craft** Making napkin rings.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.55 **Kirstie and Phil's Love It or List It** From Cullercoats on North Tyneside.
6.55 **Escape to the Chateau** Dick and Angel look ahead to wedding season, with eight couples booking the chateau for their big day.
7.55 **Grand Designs** Kevin McCloud meets a master craftsman who plans to build a castle in rural Devon made entirely of mud, forming the huge property out of two curved roundhouses connected by glazing.
9.00 **George Clarke's Remarkable Renovations** George meets a couple who are turning an electrical substation in Cornwall into a unique home.
10.00 **24 Hours in Police Custody** CID detective Dave Brecknock investigates a burglary at a country estate.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in Police Custody** As 10.00pm.
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Misbah realises that Zain is hiding something important from her.
7.30 **Modern Family** 16/24. Claire tries to track down Haley, who has gone off the grid following a row. (S6)
8.00 NEW SERIES **Below Deck** 1/15. The return of the reality show sees an unfamiliar face welcoming the crew aboard, shocking everyone, while first officer Eddie struggles to bring his team up to speed.
9.00 **Gogglebox** Opinions on shows including *Love Is Blind*, *Starstruck* and *Cheaters*.
10.00 **Naked Attraction** A singer and a development manager take part.
11.05 **First Dates**
12.10 AM **Gogglebox**
2.15 **Below Deck**
3.05 **Naked Attraction**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **The Real A&E**
7.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Law & Disorder**
11.00 **Caught on Dashcam**
12.00 NOON **The Good Doctor** 10/18. Salen learns the surgical staff have joined Lim's efforts to take her down. (S5)
1.00 PM **9-1-1** 2/18. (S3)
2.00 **Blue Bloods** 4/16. (S11)
3.00 **Bull** 6/23. (S1)
4.00 **Nothing to Declare** Six editions of the documentary.

10.00 The Equalizer

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *The New Normal:* 6/16. Danny faces backlash over a tough call he made in the field. (S11)

9 PM

9.00 **Coroner** *Safe Space:* 10/12. Death follows River and Dennis as they move into a new loft, and Peggy goes missing. (S4)

10 PM

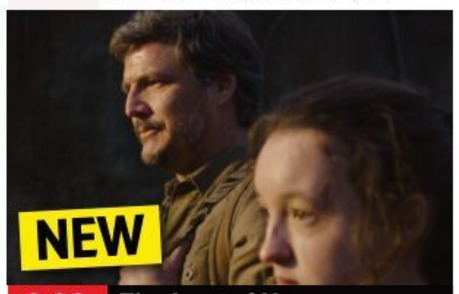
10.00 **The Equalizer** *DWB:* 13/18. McCall races to find Dante when he is abducted by a pair of panicked deputies. (S2)
11.00 **FBI** 19/22. (S4)
12.00 M'T **FBI: Most Wanted** (S1)
1.00 AM **Bull** 20/22. (S6)
2.00 **Elementary** 1/13. (S7)
3.00 **9-1-1** 2/18. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 220

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town**
7.55 **The Sopranos** 11&12/13. (S1)
10.05 **Ray Donovan** 1&2/12. (S1)
12.15 PM **Game of Thrones** (S1)
1.20 **Six Feet Under** 3&4/13. (S1)
3.30 **The Sopranos** 13/13. Artie discovers the person who burned down his restaurant. **4.35** 1/13. FBI interest mounts in the waste disposal business. (S2)
5.45 **Ray Donovan** 3/12. Ray sends Avi to Boston to find evidence. **6.50** 4/12. Mickey is reunited with an ex-girlfriend. (S1)



9.00 The Last of Us

7.55 **Game of Thrones** *Fire and Blood:* 10/10. Robb's bannermen make a momentous declaration, and Catelyn confronts Jaime Lannister. (S1)

9.00 NEW SERIES **The Last of Us** 1/9. Drama series that takes place 20 years after modern civilization has been destroyed. Stars Pedro Pascal. *See feature, page 4.* (S1)
10.35 **Succession** *Secession:* 1/9. Kendall plans his next move. (S3)
11.45 **Big Little Lies** 2/7. (S1)
12.50 AM **Babylon Berlin** 3/8. Kardakov flees after the Soviet attack. Subtitled. **1.50** 4/8. The May Day stand-off erupts in violence. (S1)
2.50 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 346 361

6.00 AM **Stop, Search, Seize**
8.00 **DC's Legends of Tomorrow**
9.00 **The Blacklist** 17/22. (S9)
10.00 **Supergirl** 10/23. (S3)
11.00 **NCIS: New Orleans** (S3)
1.00 PM **Hawaii Five-0** (S1)
2.00 **S.W.A.T.** 5/21. (S3)
3.00 **The Blacklist** 16/22. (S9)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 10/23. Mon-El hopes Brainiac-5 can snap Kara out of her coma. (S3)
6.00 **Stargate SG-1** 4/22. Samantha fights for equality. (S1)

10.00 A League of Their Own...

7.00 **Stargate SG-1** *Broca Divide:* 5/22. Members of the team undergo a startling transformation. (S1)

8.00 **Agatha Raisin** *Agatha Raisin and the Curious Curate – Part One:* 5/6. Agatha's friend Sarah is accused of murder.

9.00 **Agatha Raisin** *Agatha Raisin and the Curious Curate – Part Two:* 6/6. Agatha fights to clear Sarah's name. (S2)

10.00 **A League of Their Own Road Trip: Dingle to Dover** Andrew Flintoff and Jamie Redknapp continue their travels.
11.00 **The Force: North East**
1.00 AM **Road Wars**
2.00 **Brit Cops: Rapid Response**
3.00 **Hawaii Five-0** 21/24. The team are called in to prevent an undercover NYPD police officer taking revenge. (S1)
4.00 **S.W.A.T.** 5/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Secret Crush**
8.00 **Dress to Impress**
9.00 **Chuck** 21/22. (S2)
10.00 **One Tree Hill** 9/22. (S1)
11.00 **The O.C** 9/27. (S1)
12.00 NOON **Secret Crush**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 22/22. (S2)
4.00 **One Tree Hill** 10/22. (S1)
5.00 **The O.C** 10/27. (S1)
6.00 **Celebrity Catchphrase**

9.00 Love Island

7.00 FILM **Legally Blonde** Comedy starring Reese Witherspoon as a seemingly ditzy blonde who enrols at Harvard Law School and proves she is anything but dumb. With Luke Wilson. (2001, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 NEW SERIES **Love Island** Maya Jama takes over as presenter as the relationship show returns, with single people heading to a villa in South Africa to try to find love.
10.35 **Family Guy** 20/21. Cleveland returns to Quahog. (S12)
11.00 **Family Guy** 13/21. Peter and his cronies confront God. (S12)
11.30 **American Dad!** (S14&16)
12.25 AM **Kavos Weekender** (S1)
1.25 **Iain Stirling's CelebAbility**
2.10 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **George and Mildred**
9.15 **Agatha Christie's Marple**
11.30 **Heartbeat**
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.45 **Inspector Morse** *Deceived by Flight:* Murder delays an Oxford cricket match.
6.00 **Heartbeat** *A Talent for Deception:* Kate's ex-boyfriend turns up and is suspected of a hit-and-run accident.

8.00 Agatha Christie's Poirot

7.00 **Heartbeat** *Baby Blues:* A grandmother is suspected of snatching a baby from outside a shop following a family quarrel.

8.00 **Agatha Christie's Poirot** *Murder in the Mews:* A woman's body is discovered in Captain Hastings' garage.

9.00 **Long Lost Family** Featuring an 83-year-old woman desperate to find the daughter she has not seen for 60 years.

10.00 **DCI Banks** *Ghosts – Part One:* 5/6. The body of a student is found dumped in a ravine. (S4)
11.00 **DCI Banks** *Ghosts – Part Two:* 6/6. The team trace Hexton to Gerald and Elaine Foster's house, but it is too late – the former officer has kidnapped lap-dancer Melanie. (S4)
12.10 AM **Agatha Christie's Marple**
2.20 **to 2.30** AM **Unwind**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: My Kind of Town: Wick**
2.30 **Sign Zone: Iain Robertson Rambles – The Hebridean Way**
3.00 **Sign Zone: This Farming Life**
4.00 **This Is BBC Scotland**
7.00 **Sportscene: SWPL Highlights**
7.45 **Rewind 1990s**
8.00 **This Farming Life**
9.00 **The Nine**
10.00 **River City** New episode A massive storm approaches Shieldinch.
10.30 **The Scotts** 2/6. Laura is troubled by the apparent doppelgänger of a Hollywood star. (S2)
11.00 **Raiders of the Lost Archive** Exploring Scottish innovation.
11.30 PM **to 12.00** M'T **Sky High Club: Scotland and Beyond**

Sky Comedy

114/115 135 123 | 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Everybody Hates Chris**
10.00 **Entourage** (S7)
11.10 **House of Lies** (S2)
12.30 PM **The Fresh Prince of Bel Air** 17&18/25. (S1)
1.30 **A.P. Bio** 6&7/8. (S3)
2.25 **The Office (US)** (S9)
2.55 **Pen15** 10&11/15. (S2)
4.00 **The Conners** 10/11. (S1)
4.30 **Futurama** (S3)
5.00 **The Office (US)** (S9)
5.30 **The Fresh Prince of Bel Air** 19&20/25. (S1)
6.30 **Futurama** (S3&4)
7.30 **The Office (US)** (S2)
8.00 **The Conners** Series finale 11/11. Darlene mulls over a life-changing offer. (S1)
8.30 **The Office (US)** (S2)
9.00 **Black Monday** 8-10/10. Triple bill of episodes. (S1)
11.00 **Girls** 3&4/10. (S1)
12.10 AM **Sex and the City**
1.15 **Curb Your Enthusiasm**
2.25 **SMILF** 9&10/10. (S2)
3.35 **Everybody Hates Chris**
4.00 **to 5.00** AM **Futurama**

Sky Arts

130 130 165 140 | 11 | 147 365

6.00 AM **Lang Lang: New York Rhapsody**
7.45 **Joseph Calleja: Lead Me Home**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **The Warner Saga**
1.00 PM **Tales of the...**
2.00 **Munch from the Munch Museum and National Gallery, Oslo**
3.00 **Portrait Artist 2022**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **André Rieu: Live in Sydney**
10.00 **Nina Simone: The Lost Album** Documentary.
11.30 **Two Trains Runnin'**
1.05 AM **Lenny Henry's Got the Blues**
2.05 **Buddy Guy: The Blues Chase the Blues Away**
4.00 **The South Bank Show**
5.00 **Music Icons: New Wave**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 156 | 36 | 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Motorway Patrol**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 10/22. (S2)
5.00 **Warehouse 13** (S1)
6.00 **The Librarians** (S2)
7.00 **Caught Red Handed**
8.10 **Nothing to Declare**
9.00 **New York Homicide**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **Britcam: Emergency on Our Streets**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 | 345 360

8.00 AM **My Wife and Kids**
9.00 **The Middle** (S4)
10.00 **Last Man Standing** (S6)
12.00 NOON **Friends** (S9)
7.25 PM **Friends** 23&24/24. Double bill. The gang visit Barbados. (S9) **8.25** 1/18. Phoebe discovers that Mike has a girlfriend. (S10)
9.00 **Rhod Gilbert's Growing Pains** Jeremy Vine, Gemma Cairney and James Acaster reflect on their teenage years.
10.00 **Jimmy Carr: Laughing & Joking** Stand-up show recorded at London's Hammersmith Apollo in 2013.
11.00 **Drunk History**
12.00 M'T **The Ricky Gervais Show** 12/13. (S3)
12.30 AM **South Park**
2.30 **The Ren & Stimpy Show**
3.00 **Beavis and Butt-Head**
3.20 **Ugly Americans**
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.15 PM **Real Housewives of New York City**
1.10 **The Real Housewives of Cheshire**
2.10 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA** Property series.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New Jersey**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched**
9.55 **The Real Housewives of Atlanta** Marlo hosts a high-fashion gala.
11.00 **The Cabins** One guest tries everything to keep his date interested.
12.05 **to 1.00** AM **The Only Way Is Essex**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Saint**
6.55 **The Adventures of Sherlock Holmes**
8.00 **Magnum, PI**
9.05 **The Sweeney**
10.10 **Minder**
11.15 **The Saint**
12.20 PM **The Adventures of Sherlock Holmes**
1.30 **River Monsters**
2.30 **Magnum, PI**
3.35 **The Sweeney**
4.40 **Minder**
5.45 **The Motorbike Show**

10.30 The Silence of the Lambs

6.45 LIVE **Snooker: World Grand Prix** Jill Douglas presents coverage of day one of the first of three tournaments in the Players Series, held at The Centaur in Cheltenham, featuring last-32 matches played over the best of seven frames. Analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty and commentary by David Hendon and Phil Yates.

10.30 FILM **The Silence of the Lambs** Psychological thriller starring Jodie Foster and Anthony Hopkins. (1990, 18, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Professionals** *Cry Wolf:* A woman is terrorised by a masked stalker.
1.55 **The Protectors**
2.30 **to 3.00** AM **Unwind**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 139 138 348 363

6.00 AM **The Outpost** 6/10. (S1)
7.00 **The Librarians** 5/10. (S2)
8.00 **Teleshopping**
11.00 **Blood & Treasure** 5/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 4&5/26. (S6)
2.00 PM **Warehouse 13** (S4)
3.00 **The Librarians** 5/10. (S2)
4.00 **Blood & Treasure** 5/13. (S1)
5.00 **Stargate SG-1** 20/22. (S3)
6.00 **Star Trek: The Next Generation** *Relics:* 4/26. The crew discover wreckage from the *USS Jenolan*. (S6)

8.00 Merlin

7.00 **Star Trek: The Next Generation** *Schisms:* 5/26. The crew are afflicted by peculiar symptoms. (S6)

8.00 **Merlin** *Queen of Hearts:* 10/13. Morgana reveals Arthur and Gwen's courtship to Uther. (S3)

9.00 **Stan Lee's Lucky Man** *Lamb to the Slaughter:* 9/10. A desperate Eve makes a mistake she quickly comes to regret.

10.00 **Stan Lee's Lucky Man** *A Hero of Our Time:* 10/10. Harry chooses between stopping Isabella and losing everyone. (S2)
11.00 **The Twilight Zone** Triple bill of the reboot of the Rod Serling anthology series. (S1)
2.00 AM **Blood & Treasure** (S1)
3.00 **Wynonna Earp** 6/12. (S2)
4.00 **Stargate SG-1** 20/22. (S3)
5.00 **to 6.00** AM **Star Trek: The Next Generation** 4/26. (S6)

+1 hour 229

Alibi

109/110 809 126 343 358

7.10 AM **Murdoch Mysteries** (S8)
9.00 **Hudson & Rex** 16/16. (S2)
10.00 **Unforgettable** 9/13. (S2)
11.00 **Person of Interest** (S1)
12.00 NOON **The Doctor Blake Mysteries** 6/10. (S1)
1.00 PM **Death in Paradise** (S2)
2.00 **Murdoch Mysteries** (S8)
4.00 **Hudson & Rex** 16/16. (S2)
5.00 **Unforgettable** 9/13. A trained killer who previously outsmarted Carrie returns. (S2)
6.00 **Without a Trace** 8/24. A firefighter disappears. (S2)

7.00 Person of Interest

7.00 **Person of Interest** *Super:* 11/23. Reese recovers from being shot in a rented apartment. (S1)

8.00 **Death in Paradise** *Death in the Clinic:* 3/8. A body is discovered floating in the pool of a cosmetic surgery clinic.

9.00 **Death in Paradise** *A Deadly Curse:* 4/8. Treasure hunters arrive on the island to track down a pirate's loot. (S2)

10.00 **Murdoch Mysteries** *There's Something About Mary:* Murdoch looks into the suspicious death of a stage manager.
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **Hudson & Rex** (S2)
1.00 AM **The Doctor Blake Mysteries** 6/10. A migrant worker dies in an apparent industrial accident. (S1)
2.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Porridge**
10.40 **Last of the Summer Wine**
12.00 NOON **Keeping Up...**
12.40 PM **My Hero**
1.20 **Dad's Army**
2.00 **Porridge**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.35 **dinnerladies**
5.25 **Keeping Up Appearances**
6.00 **Are You Being Served?**
6.35 **Dad's Army**

9.25 Absolutely Fabulous

7.20 **Dad's Army** Captain Mainwaring's men pose as traitors.

8.00 **dinnerladies** The staff have a bet on Bren's chances with Tony. **8.40** Bren's romance with Tony is ruined by the unexpected reappearance of her husband.

9.25 **Absolutely Fabulous** Saffy's first play is due to open at a small theatre.

10.00 **Not Going Out** Lee rents Kate's old room to Tim's younger sister Lucy.
10.40 **Live at the Apollo** Kevin Bridges hosts.
11.40 **Absolutely Fabulous** Edina and Patsy must face up to the 'change'.
12.20 AM **French and Saunders**
1.35 **Not Going Out** As 10.00pm.
2.20 **Absolutely Fabulous**
2.50 **dinnerladies**
3.25 **to 4.00** AM **The Rebel**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Cops on the Rock**
9.00 **The Force: Behind the Line**
10.00 **Rick Stein's Far Eastern Odyssey** From Malaysia.
11.00 **Rick Stein's Long Weekends**
12.00 NOON **The Force: Behind the Line** Double bill.
1.00 PM **Border Force: America's Gatekeepers**
2.00 **Top Gear** Double bill.
4.00 **QI XL** With Sindhu Vee.
5.00 **Taskmaster** With Aisling Bea.

7.00 House of Games

7.00 **Richard Osman's House of Games** With Michelle Gayle and Rory Bremner.
7.40 **Would I Lie to You?** With Greg Davies, Alex Jones, John Cooper Clarke and Rick Edwards.
8.20 **QI** With guests Bridget Christie, Mark Watson and Johnny Vegas.

9.00 **QI** Guests Joe Lycett, Phil Wang and Ellie Taylor join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More 2018 News for You** An extended compilation of the most memorable news stories of 2018.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **QI** As 8.20pm.
2.00 **House of Games** As 7.00pm.
2.30 **Not Going Out**
3.00 **to 4.00** AM **Have I Got a Bit More 2018 News for You**

+1 hour 211 131 74

Monday

7 PM
8 PM
9 PM
10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 14&15/19. (S1)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Secrets** Drama.
11.50 **Great! Movie News**
12.00 NOON **Castle** (S4)
1.00 PM **Body of Proof** (S3)
3.00 **Sue Thomas: F.B.Eye**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 7/24. Corporal Walker goes native. **8.30** 8/24. Hot Lips questions Colonel Blake's fitness to command. (S2)
9.00 **Randall and Hopkirk (Deceased)** 18/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM

+1 hour 257 220 62 143

4seven

137 143 193 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun** A classic car rally.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **Kirstie and Phil's Love It or List It**
8.00 **How to Live to 100**
9.00 FILM **Jack Reacher** Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. (2012, 15, 130min) ★★★
11.35 **999: On the Front Line**
12.40 AM **In the Footsteps of Killers** The Templeton Woods Murders.
1.45 **Catching a Killer: A Knock at the Door**
3.05 **George Clarke's Amazing Spaces**
4.10 **to 4.40** AM **Food Unwrapped**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **Entertainment News**
9.05 **NCIS** 4-7/24. (S10)
1.00 PM **Law & Order** (S15)
6.00 **NCIS** *Yankee White:* 1/23. The team are called in when a senior officer dies on presidential plane *Air Force One*. **7.00** *Hung Out to Dry:* 2/23. A Marine plunges to his death after his parachute fails to open. **8.00** *Seadog:* 3/23. A naval commander's body is washed ashore. (S1)
9.00 **The Blacklist** *The Longevity Initiative (No. 97):* 17/22. Red targets a scientist who is conducting a series of disturbing experiments in a bid to make himself immortal. (S2)
10.00 **Law & Order: Special Victims Unit** (S20&19)
1.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Nightmare Tenants, Slum Landlords**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War...**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Documentary.
8.00 **Bargain-Loving Brits in the Sun**
9.00 **Rich Kids Go Skint**
10.00 **Cold Case Killers**
11.00 **Countdown to Murder**
12.00 M'T **Skin A&E**
1.00 AM **My Lover, My Killer**
2.00 **GPs: Behind Closed...**
3.00 **Suits** 10/16. (S8)
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: Veteran Street**
11.00 **DIY SOS: The Big Build**
12.00 NOON **MasterChef USA**
1.00 PM **Tipping Point**
4.00 **DIY SOS: Veteran Street**
5.00 **Property Brothers: Forever Homes** Double bill of the property show.
7.00 **MasterChef USA** New edition The cooks must make a Michelin star dish using signature Vietnamese ingredients.
8.00 **Changing Rooms Australia** New edition The couples have a day to finish the final rooms.
9.00 **DIY SOS: The Big Build**
10.20 **24 Hours in A&E**
12.20 AM **Children's Ward**
1.00 **Young Vets**
2.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **All Creatures Great and Small**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Pie in the Sky**
4.10 **All Creatures Great and Small**
5.25 **As Time Goes By**
6.00 **Are You Being Served?**
6.40 **Some Mothers Do 'Ave 'Em**
7.20 **Last of the Summer Wine** Sitcom.
8.00 **The Inspector Lynley Mysteries**
10.00 **New Tricks**
11.10 **Hustle**
12.30 AM **Some Mothers Do 'Ave 'Em** As 6.40pm.
1.10 **As Time Goes By**
1.50 **Pie in the Sky**
2.50 **to 4.00** AM **Howards' Way**

+1 hour 243 226 60

MONDAY

Documentaries

Monday

RealityXtra

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive** (S1)
1.05 PM **JAG** 7&8/25. Double bill. (S5)
3.00 **Perry Mason**
5.00 **The Fugitive** *Nightmare at Northoak*: 11/30. Kimble performs a heroic act and it all but costs him his life. (S1)
6.00 **Matlock** *The Legacy – Part One*: 3/19. The lawyer defends a man with a connection to his father, who is accused of murder. (S7)
7.00 **Judge Judy** Real-life small-claims cases on issues affecting family life, presided over by former New York judge Judy Sheindlin.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Medical Detectives**

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 12/26. (S3)
9.00 **Mutant X** 6/22. (S1)
10.00 **Star Trek: The Next Generation** 17/26. (S3)
11.00 FILM **2021: War of the Worlds** Sci-fi thriller. (2021, PG, 78min) ★★
12.50 PM **Legend Lowdown**
1.00 FILM **Firequake** Sci-fi. (2014, 12, 90min) ★
2.50 **Legend Lowdown**
3.00 FILM **3 Headed Shark Attack** (2015, 18) ★★
4.50 **Legend Lowdown**
5.00 **Star Trek** 3/26. (S2)
6.00 **Star Trek: The Next Generation** 18/26. (S3)
7.00 **Airwolf** 7/12. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Convoy** Comedy. (1978, 12) ★★★
11.05 FILM **Identity** Mystery. (2003, 15) ★★★
12.55 AM FILM **Cult of Chucky** Horror thriller. (2017, 18, 91min) ★★★
2.45 **to 4.30** AM FILM **500 MPH Storm** (2013) ★★

Challenge

145 160 48 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions.
7.00 **Pointless Celebrities** A special family edition of the quiz with Vanessa Feltz, Ben Ofoedu, Shaun Ryder, Joanne Ryder and Les Dennis.
8.00 **The Chase** Double bill of the game show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!

159 159 835 164 163

7.00 AM **Hollywood Medium with Tyler Henry**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Big Rich Texas**
12.00 NOON **Botched**
1.00 PM **Life of Kylie**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** Terry Dubrow is asked to transform a woman's chest. **8.00** Terry makes a breast cancer survivor feel whole again.
9.00 **Keeping Up with the Kardashians** Kourtney rejects Scott. **10.00** Kris receives a proposition from a royal family for her eggs.
11.00 **Big Rich Texas**
12.00 M'T **Dr 90210**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **to 5.00** AM **How Do I Look?**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Fish Town**
7.00 **Discovering**
8.00 **The Directors**
9.00 **The Sixties**
10.00 **JFK: Destiny Betrayed**
11.05 **The Guest Wing**
12.00 NOON **Forever Prisoner**
2.10 PM **Life According to Sam** Documentary.
4.00 **The Directors**
5.00 **Discovering**
6.00 **The Sixties**
7.00 **JFK: Destiny Betrayed**
8.05 **The Guest Wing**
9.00 **Chernobyl: The Lost Tapes**
11.00 **Deadline Day: Football's Transfer Window** Documentary.
12.00 M'T **The Return: Life After ISIS**
1.50 AM **A Crime on the Bayou** Documentary.
3.40 **Pretending I'm A Superman: The Tony Hawk Video Game Story** Documentary.
5.00 **to 6.00** AM **Discovering**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Hope for Wildlife**
8.00 **Monkey Life**
9.00 **Orangutan Jungle School** Documentary.
10.00 **Africa's Wild Horizons**
11.00 **Into the Wild: India**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Malawi Wildlife Rescue**
3.00 **Orangutan Jungle...**
4.00 **Africa's Wild Horizons**
5.00 **Into the Wild: India**
6.00 **Hope for Wildlife**
7.00 **Monkey Life** Double bill.
8.00 **Micro Monsters**
9.00 **Planet Shark**
10.00 **Hope for Wildlife**
11.00 **Into the Wild: India**
12.00 M'T **How Animals Talk to Each Other**
1.00 AM **Africa's Claws and Jaws** Documentary.
2.00 **Micro Monsters**
3.00 **Planet Shark**
4.00 **Malawi Wildlife Rescue**
5.00 **to 6.00** AM **Orangutan Jungle School**

HGTV

158 286 44 166

7.00 AM **Building Off the...**
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer to Fabulous**
2.00 **Rock the Block**
3.00 **Love Your Garden**
4.00 **Sarah Beeny's Renovate Don't Relocate**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **My Dream Derelict Home in the Sun** New edition
9.00 NEW SERIES **Fixer Upper: The Castle**
9.30 NEW SERIES **The Retro Plant Shop with Mikey and Jo**
10.00 **Home Again with the Fords** A farmhouse.
11.00 **Fixer to Fabulous**
12.00 M'T **Escape to the...**
1.00 AM **Building Off the...**
2.00 **to 4.00** AM **Highlights**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Girl Meets Farm** New editions Double bill.
9.00 **Ainsley's Good Mood...**
10.00 **The Hairy Bikers' Chicken and Egg**
11.00 **Rachel Allen: Bake!**
12.00 NOON **Bake Off: The Professionals**
2.00 PM **James Martin's Favourite Feasts**
3.00 **River Cottage**
4.00 **The Pioneer Woman**
5.00 **Barefoot Contessa**
6.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
7.00 **Great British Bake Off**
8.00 **Ainsley's Good Mood Food** Caramel chicken.
9.00 **Hairy Bikers' Chicken...**
10.00 **Rick Stein's Food...**
11.00 **Restaurant: Impossible**
12.00 M'T NEW SERIES **Guy's Grocery Games**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: The Last Frontier** Reality series.
12.00 NOON **Yukon Men**
1.00 PM **Ace of Cakes**
2.00 **Cake Boss**
4.00 **Building Off the Grid**
5.00 **Alaska: Homestead Rescue** Reality series.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: The Last Frontier** Reality series.
9.00 **Murder Comes to Town** The murders of Charles and Grace Lewis.
10.00 **Swamp Murders**
11.00 **Yukon Gold**
12.00 M'T **Alaska: Last Frontier** Reality series.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Entertainment News**
9.15 **Winter Road Rescue**
9.50 **Trucking Hell**
10.50 **Outback Truckers**
11.50 FILM **Guns at Batasi** Drama. (1964, b/w, PG, 103min) ★★★
1.55 PM FILM **The Last Hunt** Western. (1955, PG, 108min) ★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
7.00 **Trucking Hell**
8.00 **Police Interceptors**
9.00 FILM **Wild Card** Action thriller starring Jason Statham. (2015, 15, 92min) ★★★
11.00 FILM **The Rookie** Thriller starring and directed by Clint Eastwood. (1990, 18, 116min) ★
1.25 AM **Police Interceptors**
2.25 **Mobs & Yobs: Caught on Camera**
3.25 **Car Crash TV**
4.10 **to 5.00** AM **Airport 24/7: Thailand**

Sky Crime

122 122 820 137 136 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Stop, Search, Seize**
11.00 **UK Border Force**
12.00 NOON **Murdered at First Sight** Crime series.
1.00 PM **Murders That Shocked The Nation**
2.00 **What the Killer Did Next**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **An Unexpected Killer**
10.00 **Forensics: Catching the Killer** Documentary.
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **World's Most Evil...**
2.00 **What the Killer Did Next**
3.00 **Murders That Shocked...**
4.00 **Law & Disorder**
5.00 **to 6.00** AM **Highlights**

+1 hour 222 221

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A 77-year-old on a road trip is attacked by a thief and shot to death. **7.30** A flight attendant's murder bears a striking similarity to a killing five years earlier.
8.00 **48 Hours**
9.00 **It Takes a Killer** A triple homicide rocks a community and destroys a family. **9.30** A man snaps and goes on killing spree in Brooklyn, New York.
10.00 **Murder in Paradise**
11.00 **Snapped: Killer Couples** A husband and father goes missing.
12.00 M'T **Medical Detectives**
1.00 AM **It Takes a Killer**
2.00 **Murder in Paradise**
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Kent.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **Posh Pawnbrokers**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A leaking tent.
1.00 PM **The Bidding Room**
2.00 **Animal Cops Houston**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Cornwall Air 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **The Edinburgh Auction House** New edition Delving through homes in Scotland in search of valuable items.
10.00 **The Repair Shop**
11.00 **Ghost Adventures**
12.00 M'T **The Osbournes Want to Believe**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze

164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Nature Gone Wild**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Nature Gone Wild**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal** From Stoke-on-Trent.
9.00 **The Curse of Oak Island** The team sense they are about to intercept the Chappell Vault.
10.00 **Secrets in the Ice**
11.00 **Lost Gold of World War II** Documentary.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Poland**
1.00 PM **Cake Boss**
2.00 **My 600lb Life**
3.00 **My Lottery Dream Home**
4.00 **Seeking Sister Wife**
5.00 **sMothered**
6.00 **Flip or Flop**
7.00 **Little People, Big World** New edition
8.00 **I am Shauna Rae** New edition
9.00 **sMothered** New edition
10.00 **Dr. Pimple Popper**
11.00 **Seeking Sister Wife**
12.00 M'T **I am Shauna Rae**
1.00 AM **sMothered**
2.00 **Dr. Pimple Popper**
3.00 **Seeking Sister Wife**
4.00 **Curvy Brides Boutique**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Highland Vet**
1.00 PM **GPs: Behind Closed Doors** Double bill.
3.00 **The Yorkshire Vet**
5.00 **The Highland Vet**
6.00 **Walking Tudor England**
7.00 **The Yorkshire Vet** Julian performs an emergency blood plasma transfusion on a baby alpaca.
8.00 **Atlantic: A Year in the Wild** Spring in the north is short and creatures do not have long to start a family.
9.00 **A Farm Through Time**
10.00 **Forged in Fire**
11.50 **Inside the Steam Train Museum**
12.50 AM **Lighthouses: Building the Impossible**
1.50 **Secrets of the Royal Palaces** Double bill.
3.35 **to 4.00** AM **The Yorkshire Vet**

Quest

144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters**
12.00 NOON **How It's Made**
1.00 PM **The Repair Shop**
2.00 **The Restoration Man**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Outback Opal Hunters**
10.00 **Gem Hunters Down Under** Documentary.
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Helicopter ER**
2.00 **Salvage Hunters: Classic Cars**
3.00 **How It's Made: Dream Cars** Ferrari FF.
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes: Wedding SOS** Reality series.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **The Killer in My Family** Crime series.
2.00 **Disappeared**
3.00 **Evil Online**
4.00 **Animal Cops Phoenix**
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper**
9.00 NEW SERIES **Unbelievable Me** Unique individuals living with rare medical conditions.
10.00 **Embarrassing Bodies: Back to the Clinic**
11.00 **The Fraudsters**
12.00 M'T **Forensic Detectives**
1.00 AM **The Perfect Murder** Crime series.
2.00 **A Crime to Remember**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Building Off the Grid**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers: Dream Car**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush** Double bill.
3.00 **Building Off the Grid**
4.00 **Alaska: The Last Frontier**
5.00 **Wheeler Dealers** Mike buys a 1979 Triumph TR7.
6.00 **Salvage Hunters** Drew bargains for a Victorian canopy.

9.00 Kindig Customs

7.00 **Diesel Brothers** The team salute the military with an action-packed night of insane stunts, while Heavy D is hoping to make history by jumping the Brodozer over a flying airplane.

9.00 **Kindig Customs** New edition With the Camaro's design firmed up, the build continues, but soon hits a roadblock.

10.00 **Mike Brewer's World of Cars** Mike meets hot rodder Gene Winfield. **10.30** Mike looks at the future of classic cars.

11.00 **Naked and Afraid** Lee and LeAnn head to Indio Maiz after a deadly hurricane hits Nicaragua.
12.00 M'T **Combat Dealers**
1.00 AM **Kindig Customs** As 9pm.
2.00 **Mike Brewer's World of Cars**
3.00 **Moonshiners**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Intruders**
3.00 **Legends of the Wild**
4.00 **Saved By the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet**
6.00 **Insane Pools: Off the Deep End** Pool designer Lucas Congdon creates a jungle oasis in a suburban backyard.

6.00 Insane Pools

7.00 **Amanda to the Rescue** Amanda travels to California to pick up at least four new dogs.

8.00 **Expedition Bigfoot** Mireya and Ronny return to where they think they heard whistles and saw glowing eyes.

9.00 **Expedition Bigfoot** Mireya and Ronny have a terrifying experience when they realise they are not alone in the forest.

10.00 **Alaska: The Last Frontier** The family come together to finish Grady's Perl Island cabin build.

11.00 **Crikey! It's the Irwins**
1.00 AM **Alaska: The Last Frontier** The Kilchers take Thanksgiving off the homestead and onto the floating homestead.
2.00 **Saved By the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 259

Nat Geographic

129 129 825 266 268

8.00 AM **Food Factory**
8.30 **Money Meltdown**
9.00 **Nazi Megastructures**
10.00 **WW2: Hell Under the Sea**
11.00 **Secrets of the Pyramids**
12.00 NOON **Air Crash Investigation** Documentary.
1.00 PM **Wicked Tuna**
2.00 **Drain the Oceans: Secrets of the Civil War**
3.00 **Anne Frank: The Nazi Capture** Documentary.
5.00 **Lost Cities with Albert Lin**
6.00 **Lost Treasures of Egypt**

8.00 To Catch a Smuggler

7.00 **Air Crash Investigation** A plane crashes within a mile of the airport where it was attempting to make an emergency landing.

8.00 **To Catch a Smuggler** New edition AMO agents in Puerto Rico chase smugglers at sea who toss their load overboard.

9.00 **Ultimate Airport Dubai** Highlights from the series, including the discovery of an octopus in a passenger's bag.

10.00 **Car S.O.S** Tim and Fuzz are off to Southampton to take on a 1969 Jensen Interceptor.

11.00 **Air Crash Investigation**
12.00 M'T **Wicked Tuna: North v South** Documentary.
1.00 AM **Ice Road Rescue**
2.00 **Lords of War**
2.30 **Food Factory**
4.10 **Exotic Animal ER: Double Dose**
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Counting Cars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Weird or What?**
11.00 **Ultimate Mysteries**
12.00 NOON **The Proof Is Out There**
1.00 PM **What on Earth?**
2.00 **Curse of Skinwalker Ranch**
3.00 **Legends of the Pharaohs: Secrets of the Pyramid Builders** The Sphinx.
4.00 **Counting Cars**
5.00 **Pawn Stars**
6.00 **American Pickers**

9.00 Strangest Things

7.00 **Forged in Fire** Four smiths are challenged to make a single blade using two different techniques.

8.00 **Storage Wars** New editions Kenny gets bowled over by his locker. **8.30** Ivy treats his son to a birthday locker.

9.00 **Strangest Things** New edition Three carvings that could shed light on the mysteries of Stonehenge.

10.00 **Ancient Skies** Exploring how people continued to unleash their imaginations on the skies.

11.00 **Egypt's Unexplained Files**
12.00 M'T **The Real Conjuring: Our Story** Documentary.
1.00 AM **Storage Wars**
2.00 **Ultimate Mysteries**
3.00 **Egypt's Unexplained Files**
4.00 **What on Earth?**
5.00 **to 6.00** AM **The Proof Is Out There**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Murder Maps** Double bill.
8.00 **Abandoned Engineering**
9.00 **Secret Nazi Bases**
10.00 **Warbird Workshop**
11.00 **Fred Dibnah's Building of Britain** Double bill.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers and Cash**
4.00 **Secret Nazi Bases**
5.00 **Warbird Workshop**
6.00 **Great British Railway Journeys** Michael travels from Whitland to Swansea. **6.30** A visit to Ebbw Vale.

8.00 Hornby: A Model World

7.00 **Fred Dibnah's Building of Britain** Exploring the Leeds-Liverpool canal. **7.30** A visit to Eastnor Castle in Herefordshire.

8.00 **Hornby: A Model World** New edition Musician Jools Holland reveals his 45ft model railway layout hidden away in his loft.

9.00 **The Architecture the Railways Built** Tim Dunn visits London's King's Cross and learns of Bristol's funicular railway.

10.00 **Bangers and Cash** A Cold War Soviet classic, the Moskvitch goes under the hammer but gets few admirers for style.

11.00 **Abandoned Engineering** A closer look at a sprawling Wild West ghost town that is abandoned in Montana, USA, but is still haunted by tales of murder and corruption.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Murder Maps**

+1 hour 255 217 75

Monday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **NASA's Unexplained Files**
7.00 **How the Universe Works**
8.00 **Inside the Royal Navy**
9.00 **Combat Dealers**
10.00 **Treasure Quest: Snake Island**
11.00 **Sinkholes: Swallowed Alive** Documentary.
12.00 NOON **NASA's...**
1.00 PM **Expedition Unknown**
2.00 **Truth Behind the Moon Landing**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Documentary.
5.00 **Inside the Royal Navy**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **Tales from the Explorers Club**
10.00 **How the Universe Works**
11.00 **Sinkholes...**
12.00 M'T **Combat Dealers**
2.00 AM **Tales from the...**
3.00 **to 5.00** AM **Highlights**

+1 hour 277 261

Eden

166 245

9.00 AM **Bahama Blue**
10.00 **Aquarium: An Aquatic Life** Documentary.
11.00 **The Zoo**
12.00 NOON **Fascinating New Zealand** Documentary.
1.00 PM **World's Greatest Palaces** Documentary.
2.00 **Bahama Blue**
3.00 **Fascinating New...**
4.00 **Life in the Great Wetlands** Documentary.
5.00 **Aquarium...**
6.00 **The Zoo**
7.00 **World's Greatest...**
8.00 **Bahama Blue**
9.00 **Life in the Great...**
10.00 **The Zoo**
11.00 **Aquarium...**
12.00 M'T **World's Greatest...**
1.00 AM **Bahama Blue**
2.00 **Aquarium...**
3.00 **The Zoo**
3.50 **Life in the Great...**
4.40 **World's Greatest...**
5.30 **to 6.00** AM **Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Bizarre Animal Friends** Documentary.
9.00 **When Sharks Attack**
12.00 NOON **Snakes in the City** A black mamba.
1.00 PM **Yukon Vet**
2.00 **South America's Curious Characters**
3.00 **Something Bit Me**
4.00 **America's Funniest Home Videos: Animal Edition** Comedy clips.
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** Documentary.
8.00 **Pop Goes the Vet with Dr Joya** New edition
9.00 **Cesar Millan: Better Human Better Dog** New edition
10.00 **When Sharks Attack**
11.00 **Snakes in the City**
12.00 M'T **Something Bit Me**
1.00 AM **Caught in the Act**
2.00 **Snakes in the City**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **South America's Curious Characters**

Sky History 2

163 163 840 272

8.00 AM **Digging for Britain**
9.00 **Combat Machines**
10.00 **Lost Gold of World War II** Documentary.
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Digging for Britain**
3.00 **Ancient Aliens: The Ultimate Evidence**
4.00 **Mega Disasters**
5.00 **Combat Ships**
6.00 **Alien Files: Unsealed**
7.00 **Digging for Britain**
8.00 **Ancient Aliens: The Ultimate Evidence**
9.00 **Paranormal: Caught on Camera**
10.00 **Paranormal Survivor**
11.00 **Ancient Aliens**
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **Paranormal: Caught on Camera**
3.00 **Paranormal Survivor**
4.00 **Lost Gold of World War II** Documentary.
5.00 **to 6.00** AM **The Curse of Oak Island**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Mutant Weather**
9.25 **The Last Voices of World War One**
10.30 **Hadrian** Documentary.
11.45 **Jazz** As 9.40pm.
1.00 PM **Beautiful Serengeti**
1.40 **Mutant Weather**
2.40 **The Last Voices of World War One**
3.50 **Hadrian** Documentary.
5.05 **Jazz** As 9.40pm.
6.20 **Mutant Weather**
7.20 **The Last Voices of World War One** Steve Humphries explores the spring of 1918.
8.25 **Hadrian** Dan Snow assesses the life of the Roman emperor.
9.40 **Jazz** Exploring how the post-war period saw a new generation of performers.
10.55 **The Last Voices of World War One**
12.15 AM **Hadrian**
1.30 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Meet, Marry, Murder**
11.00 **Murder Masterminds**
12.00 NOON **Buried in the Backyard**
1.00 PM **Fear Thy Neighbour**
2.00 **Exhumed: Killer...**
3.00 **On the Case**
4.00 **What the Killer Did Next** Documentary.
5.00 **Jo Frost on Britain's Killer Kids**
6.00 **The First 48**
7.00 **Buried in the Backyard**
8.00 **On the Case with Paula Zahn** New edition
9.00 **Murdertown** New edition
10.00 **I Am a Stalker**
11.00 **I Am a Killer**
12.00 M'T **Meet, Marry, Murder**
1.00 AM **Murdertown**
2.00 **Jo Frost on Britain's...**
3.00 **Fear Thy Neighbour**
4.00 **On the Case**
5.00 **to 6.00** AM **Exhumed...**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 848 401 501 515

6.10 AM **Eiffel** As 1.50pm.
8.10 **The Estate** As 8.00pm.
10.00 **The Last Son** As 11.45pm.
11.55 **One Way** As 9.50pm.
1.50 PM **Eiffel** Drama with Romain Duris and Emma Mackey. (2021, 15, 108min) ★★★
3.55 **Der Kaiser** Sports biopic. Subtitled. (2022, PG, 110min)
5.45 **Operation Mincemeat** Wartime drama starring Colin Firth and Matthew Macfadyen. (2021, 12, 128min) ★★★★

8.00 The Estate

8 PM

8.00 The Estate Comedy starring Toni Collette and Anna Faris. Two sisters attempt to win over their terminally-ill, difficult-to-please aunt in the hope of becoming the beneficiaries of her wealthy estate. (2022, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.50 One Way Action thriller starring Kevin Bacon. After robbing his former crime boss, a badly wounded man goes on the run. (2022, 15, 95min)★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

11.45 **The Last Son** Western, starring Sam Worthington and Heather Graham. (2021, 15, 96min) ★★
1.40 AM **Crimes of the Future** David Cronenberg's sci-fi horror with Viggo Mortensen. (2022, 18, 107min) ★★★
3.40 **Operation Mincemeat** (2021)
5.55 **to 6.25** AM **Sky Cinema Preview**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **The Twilight Saga: Breaking Dawn – Part 1**
8.10 **The Twilight Saga: Breaking Dawn – Part 2** As 7.00pm.
10.20 **Twilight** (2008, 12) ★★★
12.30 PM **The Twilight Saga: New Moon** (2009, 12) ★★★
2.50 **The Twilight Saga: Eclipse** Supernatural romance thriller. (2010, 12, 123min) ★★★
5.00 **The Twilight Saga: Breaking Dawn – Part 1** Supernatural thriller. (2011, 12, 117min) ★★

2.50 Twilight: Eclipse

7.00 The Twilight Saga: Breaking Dawn – Part 2 Supernatural thriller. (2012, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Last Night in Soho Mystery starring Thomasin McKenzie and Anya Taylor-Joy. An aspiring fashion designer is mysteriously able to enter the 1960s, where she encounters a dazzling wannabe singer. (2021, 18, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Fifty Shades of Grey** Erotic drama based on EL James' bestseller, starring Jamie Dornan and Dakota Johnson. (2015, 18, 120min) ★★
1.10 AM **Shaft** Crime thriller starring Samuel L Jackson. (2000, 18, 99min) ★★★
3.00 **French Exit** Comedy drama starring Michelle Pfeiffer. (2020, 15, 113min) ★★★
5.00 **to 6.00** AM **The Ultimate Christmas Movies**

Sky Cinema Family

306 306 850 406 506 520

6.00 AM **Smurfs: The Lost Village** Adventure. (2017, U) ★★★
7.45 **Stuart Little 2** (2002) ★★★★
9.20 **Peter Rabbit 2** (2020) ★★★
11.10 **Max Winslow and the House of Secrets** Sci-fi. (2019, 12) ★
1.00 PM **Alvin and the Chipmunks** Comedy. (2007, U) ★★★
2.30 **Stuart Little** (1999) ★★★★★
4.00 **Adventures of Sharkboy and Lavagirl in 3-D** (2005) ★★
5.45 **Mr Magorium's Wonder Emporium** (2007, U) ★★★

10.05 Dino Dana: The Movie

7.35 Divergent Sci-fi adventure based on the book series by Veronica Roth, starring Shailene Woodley. A teenager in a strictly ordered future society discovers a conspiracy to wipe out a group of outsiders. (2014, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Dino Dana: The Movie Adventure with Michela Luci and Saara Chaudry. (2020, U, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Furry Vengeance** Family comedy with Brendan Fraser. A developer encounters determined opposition from woodland animals. (2010, PG, 88min) ★★
1.20 AM **Wickensburg** Adventure directed by Richard Boddington, starring Denise Richards and Julian Richings. (2022, PG, 90min) ★★★
3.05 **Dino Dana: The Movie**
4.35 **to 6.10** AM **Stuart Little**

Sky Cinema Action

307 307 851 407 507 521

7.00 AM **The Cinema List: Bourne**
7.20 **Vertical Limit** As 3.30pm.
9.40 **San Andreas** As 8.00pm.
11.40 **Charlie's Angels** As 1.45am.
1.25 PM **Batman Forever** Comic-book adventure. (1995, 12, 121min) ★★★
3.30 **Vertical Limit** Adventure thriller with Chris O'Donnell. (2000, 12, 124min) ★★
5.40 **Ambulance** Crime drama starring Jake Gyllenhaal. (2022, 15, 136min) ★★★★

10.00 Reindeer Games

8.00 San Andreas Disaster movie starring Dwayne Johnson and Carla Gugino. Following an earthquake in California, a helicopter pilot makes a dangerous journey across the state to rescue his daughter. (2015, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Reindeer Games Thriller starring Ben Affleck and Gary Sinise. (2000, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Virtuosity** Sci-fi thriller with Denzel Washington, Kelly Lynch and Russell Crowe. (1995, 15, 103min) ★★★
1.45 AM **Charlie's Angels** Comedy thriller with Drew Barrymore, Cameron Diaz and Lucy Liu. (2000, 15, 97min) ★★
3.35 **The Cinema List: Bourne**
4.00 **to 6.10** AM **Gunfight at the OK Corral** Classic Western starring Burt Lancaster. (1956, PG, 122min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Poms** Comedy drama. (2019, 12, 90min) ★★★
8.40 **The Nutty Professor** (1996)
10.20 **Hitch** As shown at 11.45pm.
12.20 PM **Maid in Manhattan**
2.15 **The Hangover Part III**
4.05 **Meet the Parents** Comedy starring Robert De Niro, Ben Stiller and Teri Polo. (2000, 12, 108min) ★★★★
6.00 **Meet the Fockers** Comedy sequel starring Robert De Niro. (2004, 12, 115min) ★★

10.00 The Hangover Part III

8.00 Maid in Manhattan Romantic comedy starring Jennifer Lopez and Ralph Fiennes. A *Cinderella*-style romance ensues after a rising politician mistakes a hotel chambermaid for a socialite. (2002, PG, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Hangover Part III Dark comedy sequel starring Bradley Cooper. (2013, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Hitch** Romantic comedy with Will Smith and Eva Mendes. (2005, 12, 118min) ★★★
1.50 AM **Jackass 2.5** Comedy sequel with Johnny Knoxville. (2007, 18, 64min) ★
3.10 **The Nutty Professor** Comedy remake with Eddie Murphy and Jada Pinkett. (1996, 12, 95min) ★★★
4.50 **to 6.30** AM **Penelope** Romantic fantasy comedy. (2006, U, 87min) ★★★

primetime

Sky Cinema Greats

311 311 849 404 504 518

7.05 AM **Cinema List: Sports Films**
7.20 **Hondo** As shown at 2.05am.
9.00 **Blue Hawaii** As 6.05pm.
10.55 **Dad's Army** World War Two comedy. (2016, PG) ★★★
12.50 PM **Gladiator** Ridley Scott's historical epic with Russell Crowe. (2000, 15, 154min) ★★★★
3.40 **Black Hawk Down** Ridley Scott's war drama with Josh Hartnett. (2001, 15, 144min) ★★★

6.05 **Blue Hawaii** Musical starring Elvis Presley and Joan Blackman. (1961, PG, 103min) ★★
8.00 **Roustabout** Musical starring Elvis Presley as a handyman whose singing saves a travelling carnival from bankruptcy. (1964, U, 97min) ★★
9.55 **Trading Places** Satirical comedy starring Dan Aykroyd and Eddie Murphy. A stuffy financier is forced to swap places with a fast-talking hustler. (1983, 15, 116min) ★★★★★

11.55 **Ace High** Spaghetti Western. (1968, 15, 116min) ★★★
2.05 AM **Hondo** Western. (1953, PG, 84min) ★★★
3.40 **Promising Young Woman** Thriller starring Carey Mulligan. (2020, 15, 113min) ★★★★
5.45 **to 6.00** AM **The Cinema List**

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Sky Cinema Preview**
6.25 **The Angry Birds Movie** Animation. (2016, U) ★★★
8.05 **Shaun the Sheep Movie** Animation. (2015, U) ★★★★
9.30 **Happy Feet** Animated comedy. (2006, U, 108min) ★★★★
11.20 **Even Mice Belong in Heaven**
12.50 PM **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★

2.20 **Mosley** Animated adventure. (2019, PG, 100min) ★★★
4.00 **The Secret Life of Pets** Animation. (2016, U) ★★★
5.30 **Dr Seuss' The Lorax** Animation. (2012, U, 86min) ★★★
7.10 **Minions** Animated comedy. (2015, U, 91min) ★★★★
8.50 **Even Mice Belong in Heaven** Animation. (2021, PG) ★★★
10.30 **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** Animation. (2015, U, 73min) ★★

12.00 M'T **The Reef 2: High Tide** Animated comedy adventure sequel. (2013, U, 80min) ★★
1.25 AM **Magic Arch** Animated fantasy. (2020, PG, 82min) ★
3.00 **Lego DC Super Heroes...**
4.30 **to 6.00** AM **Away** Animation. (2019, U, 75min) ★★★★

TCM Movies

315 415 416

6.00 AM **Off Set** With Jamie Cullum.
6.15 **The Man from UNCLE** (S3)
8.30 **Waterloo** Historical drama. (1970, U, 132min) ★★★
11.15 **The Man from UNCLE** (S3)
1.30 PM **Operation Daybreak** World War Two drama. (1975, 15, 104min) ★★★
3.55 **Law of the Panhandle** Western starring Johnny Mack Brown. (1950, b/w, PG, 55min) ★★

5.10 **Fort Worth** Western starring Randolph Scott and David Brian. (1951, U, 80min) ★★
6.50 **Memphis Belle** Wartime drama Starring Matthew Modine. (1990, PG, 102min) ★★★
9.00 **Magnum Force** Thriller sequel to *Dirty Harry*, starring Clint Eastwood. Inspector Harry Callahan investigates underworld killings in San Francisco. (1973, 18, 117min) ★★★★
11.35 **The Quiet Ones** Horror. (2014, 15, 96min) ★★

1.40 AM **Teleshopping**
3.45 **Off Set** Actor Ben Miller discusses his career.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Get Some In!** 6/6. (S4)
6.30 **A Bell for Adano** Drama. (1945, b/w, PG, 104min) ★★★
8.35 **Blue Pullman**
9.00 **Secret People** Political drama. (1951, b/w, PG, 96min) ★★★
10.50 **They Knew Mr Knight** Drama. (1945, b/w, U, 90min) ★★
12.40 PM **The Day the Earth Stood Still** Vintage sci-fi drama. (1951, b/w, U, 90min) ★★★★★

2.30 **Crown Court** 4/36. (S1)
3.00 **Night Mail** Classic documentary. (1936, b/w, U, 24min) ★★★★
3.25 **Sea of Sand** Action drama. (1958, b/w, U, 97min) ★★★
5.25 **Terminus** Documentary.
6.00 **The Footage Detectives**
7.00 **In Suspicious Circumstances**
8.00 **The Main Chance** 11/13. (S2)
9.00 **An Inspector Calls** Drama based on J B Priestley's famous play, starring Alastair Sim. (1954, b/w, PG, 79min) ★★★★
10.35 **Driving The Train 1959**

11.00 **Secret Army** 3/13. (S2)
12.05 AM **Images** Chilling drama. (1972, 18, 100min) ★★
2.10 **Nickelodeon** Comedy drama. (1976, U, 122min) ★★
4.40 **Look at Life**
4.50 **to 6.00** AM **Edgar Wallace Mystery Theatre**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Subject 117:* 1/22. Sci-fi action drama. (S1)
8.00 **Farscape** *Twice Shy:* 14/22. Noranti and Rygel barter for a slave woman. (S4)
9.00 **Escape Room** Horror starring Skeet Ulrich. Four friends get trapped in an LA escape room with a demonically possessed killer. (2017, 15, 86min) ★
10.50 **Extraterrestrial** Sci-fi horror with Brittany Allen and Freddie Stroma. (2014, 15, 98min) ★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Farscape**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Looted** Crime drama. (2019, 15, 89min) ★★★★
7.35 **Hotel Mumbai** Fact-based thriller. (2018, 15) ★★★★
9.40 **Those Who Wish Me Dead** Drama. (2021, 15, 100min) ★★
11.25 **Every Breath You Take**
1.20 PM **The Desperate Hour** Thriller. (2021, 12) ★★★★
3.00 **Stillwater** Crime thriller. (2021, 15, 139min) ★★★
5.25 **Prisoners** Crime thriller. (2013, 15, 153min) ★★★★

8.00 The Dry

8.00 **The Dry** Crime drama starring Eric Bana. A federal agent returns to his drought-stricken home town to attend a friend's funeral, but his arrival opens up a decades-old wound. With Genevieve O'Reilly. (2020, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Every Breath You Take** Thriller starring Casey Affleck. A psychiatrist whose client commits suicide finds his family life disrupted after introducing her surviving brother to his wife and daughter. (2021, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Things to Do in Denver When You're Dead** Thriller. (1995, 18, 115min) ★★★★
2.15 **Surveillance** Offbeat thriller. (2008, 18, 97min) ★★★
4.05 **to 6.00** AM **Those Who Wish Me Dead** As 9.40am.

Sky Cinema Drama

310 310 410 510 524

6.20 AM **Long Story Short** Comedy. (2021, 15, 90min) ★★★
8.00 **Pig** As shown at 4.25am.
9.40 **In the Bedroom** As 12.25am.
11.55 **The Importance of Being Earnest** Oscar Wilde's comedy. (2002, U, 98min) ★★
1.35 PM **Babel** Epic global drama. (2006, 15, 143min) ★★★
4.00 **The Hours** Melodrama. (2002, 12, 115min) ★★★
5.55 **Control** Music biopic. (2007, b/w, 15, 116min) ★★★★★

5.55 Control

8.00 **Straight Outta Compton** Biopic of hip-hop group NWA, telling the story of how they redefined the genre with hard-hitting songs about urban life. Stars O'Shea Jackson Jr, Corey Hawkins, Jason Mitchell, Neil Brown Jr and Aldis Hodge. (2015, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Hamlet** Update of the Shakespeare tragedy set in modern-day New York. Stars Ethan Hawke and Kyle MacLachlan. (2000, 12, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **In the Bedroom** Psychological drama. (2001, 15, 130min) ★★★★★
2.45 **The Champion of Auschwitz** Polish drama. Subtitled. (2020, 15, 91min) ★★★★
4.25 **to 6.00** AM **Pig** Drama. (2021, 15, 92min) ★★★★

Sky Cinema Dystopia

304 304 858 411 511 525

7.10 AM **School's Out Forever** Comedy. (2020, 15) ★★★
9.00 **The Cabin in the Woods** Horror. (2011, 15) ★★★★
10.40 **Knowing** (2009, 15) ★★★★
12.45 PM **The Accursed** Horror. (2022, 15, 90min) ★★
2.40 **Resident Evil: Welcome to Raccoon City** As 1.30am.
4.30 **Resident Evil** Sci-fi thriller. (2002, 15, 100min) ★★★
6.15 **After Yang** Sci-fi drama. (2022, PG, 96min) ★★★★

6.15 After Yang

8.00 **Escape from LA** Futuristic adventure sequel starring Kurt Russell as an outlaw trying to retrieve a satellite weapon device from the earthquake-created island of Los Angeles. With Steve Buscemi. (1996, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **From Dusk Till Dawn** Gory horror thriller starring George Clooney, Harvey Keitel and Quentin Tarantino. (1995, 18, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Evil Dead** Gory remake of Sam Raimi's 1982 horror classic, starring Jane Levy, Shiloh Fernandez and Jessica Lucas. (2013, 18, 89min) ★★★
1.30 AM **Resident Evil: Welcome to Raccoon City** Sci-fi horror thriller starring Kaya Scodelario and Robbie Amell. (2021, 15, 107min) ★★★
3.25 **Resident Evil** As 4.30pm.
5.10 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Feel Good

302 302 856 402 502 516

6.10 AM **Charming the Hearts of Men** Historical romance. (2021, 12, 107min) ★★★
8.05 **Sabrina** (1995, PG) ★★★
10.15 **Matilda** (1996, PG) ★★★★
12.00 NOON **The Terminal** Comedy drama. (2004, 12) ★★★★
2.15 PM **View from the Top** Romantic comedy drama. (2003, PG, 87min) ★★★
4.00 **Chicago** (2002, 12) ★★★★
6.00 **Kate & Leopold** Comedy. (2001, 12, 118min) ★★★

6.00 Kate & Leopold

8.00 **Footloose** Teen dance drama remake starring Kenny Wormald and Julianne Hough. A Boston teenager moves to a small Southern town where dancing is banned. With Dennis Quaid and Andie MacDowell. (2011, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **In the Heights** Musical starring Anthony Ramos and Corey Hawkins. A sympathetic New York bodega owner saves every penny every day as he imagines and sings about a better life. (2021, PG, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Save the Cinema** Drama. (2021, 12, 109min) ★★★
2.20 **The Cider House Rules** Coming-of-age drama. (1999, 12, 124min) ★★★★
4.30 **to 6.30** AM **Akeelah and the Bee** Inspirational drama. (2006, 12, 113min) ★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **His Girl Friday** Comedy. (1940, b/w, U) ★★★★★
12.50 PM **The League of Gentlemen** Comedy thriller. (1959, b/w, PG) ★★★★
3.05 **A Shot in the Dark** Comedy. (1964, PG, 98min) ★★★
5.10 **Johnny English Strikes Again** Comedy with Rowan Atkinson. (2018, PG, 89min) ★★★
6.55 **Isle of Dogs** Animation. (2018, PG, 101min) ★★★★★

9.00 Made in Italy

Isle of Dogs (film started at 6.55pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Made In Italy** Comedy drama starring Liam Neeson. An estranged father and son team up to sell an old Tuscan villa left to them by their late wife and mother. (2020, 15, 94min) ★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz, Drew Barrymore and Lucy Liu. (2003, 12, 106min) ★ 10 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 **to 3.10** AM **Blue Juice** Comedy drama starring Sean Pertwee, Catherine Zeta-Jones and Ewan McGregor. (1995, 15, 96min) ★★ 11 PM

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **All of My Heart** Romantic drama. (2015, PG, 81min) ★★
7.45 **How to Find Forever** Romantic drama. (2021, PG, 105min) ★★
9.30 **Designed with Love** Romantic drama. (2020, PG, 85min) ★★
11.15 **Just for the Summer** Romantic drama. (2020, PG, 90min) ★★
1.00 PM **Love Stories in Sunflower Valley** Romantic comedy. (2021, PG, 90min) ★★
2.45 **Eat, Drink and Be Married** Drama. (2019, U, 105min) ★★
4.30 **Snowkissed** Romantic comedy. (2021, PG, 84min) ★★
6.15 **Love at First Dance** Drama starring Becca Tobin and Niall Matter. (2018, PG, 105min) ★★
8.00 **Destination Wedding** Romantic comedy with Alexa PenaVega. (2017, PG, 84min) ★★
10.00 **A Feeling of Home** Romance. (2019, PG, 90min) ★★
11.45 **Love's Sweet Recipe** Romantic drama. (2021, PG, 85min) ★★
1.30 AM **A Romance Wedding** Comedy. (2020, PG, 85min) ★★
3.00 **A Love to Remember** Drama. (2021, PG, 90min) ★★
4.30 **to 6.00** AM **The Wedding Fix** Drama. (2022, PG, 87min) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Murder 101: Locked Room Mystery** (2008, PG) ★★
11.00 **The Alleged Abduction** Mystery. (2019, PG, 90min) ★★
1.00 PM **Eve of Abduction** Thriller. (2018, 12, 90min) ★★
3.00 **Kidnapped: 48 Hours of Terror** Crime thriller starring Ian Zering. (2010, 15, 110min) ★★
4.50 **Loophole** Crime thriller. (1980, PG, 105min) ★★★
7.10 **Daddy Day Care** Family comedy starring Eddie Murphy and Jeff Garlin as two unemployed fathers who decide to run a day-care centre for children. With Anjelica Huston. (2003, PG, 92min) ★★★
9.00 **The Lost City of Z** Drama telling the true story of explorer Percy Fawcett, who went in search of a mysterious Amazon city in the 1920s. Stars Charlie Hunnam and Robert Pattinson. (2016, 15, 141min) ★★★★
11.45 **Cold in July** Crime thriller. (2014, 15, 108min) ★★★★
2.00 AM **The Novel Murders: Garage Sale Mystery VI** (2016, PG) ★★
4.00 **to 6.00** AM **The Mask Murder: Garage Sale Mystery** (2018) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S7)
7.10 **Crash: The Mystery of Flight 1501** Drama. (1990, PG) ★★
9.05 **500 MPH Storm** Disaster movie. (2013, PG, 86min) ★★
10.50 **The Blitz on the North**
12.00 NOON **M*A*S*H** (S7)
1.00 PM **Coroner Creek** Western. (1948, PG, 89min) ★★
2.55 **Panhandle** Western. (1948, b/w, U, 85min) ★★
4.45 **Battle for the Bulge**
5.45 **Mission to Death** Adventure. (1966, 12, 76min) ★★
7.20 **Earthfall** Sci-fi thriller starring Pressly Coker, Raffaello Degruttola and Jeff Doucette (2015, 12, 89min) ★★
9.00 **Bullet** Action thriller starring Danny Trejo and Torsten Voges. A cop on the verge of retirement becomes a vigilante when his grandson is kidnapped by the heads of a drug cartel. (2014, 15, 86min) ★★
10.50 **10 Minutes Gone** Action mystery. (2019, 15, 89min) ★
12.45 AM **Bunraku** Action fantasy. (2010, 15, 119min) ★★★
3.10 **to 4.00** AM **Bombers of the Second World War**

+1 hour 324

Movies 24

325 419

7.00 AM **Mix Up In The Mediterranean** As 7pm.
9.00 **Love in the Limelight** As 9pm.
11.00 **You Had Me at Aloha** As 11pm.
1.00 PM **At Home in Mitford** As 1am.
3.00 **An Inheritance to Die For: An Aurora Teagarden Mystery** Drama. (2019, PG, 86min) ★★
5.00 **Calling for Love** Romantic comedy starring Karissa Lee Staples. (2020, PG, 90min) ★★
7.00 **Mix Up In The Mediterranean** Romantic comedy with Jessica Lowndes and Jeremy Jordan. A man impersonates his twin brother to enter a culinary contest. (2021, PG, 84min) ★★
9.00 **Love in the Limelight** Romantic comedy starring Alexa and Carlos PenaVega. A woman is reunited with her high-school crush, now a boy band singer, and her grandmother plots to bring them together. (2022, PG, 84min) ★★
11.00 **You Had Me at Aloha** Drama. (2021, PG, 84min) ★★
1.00 AM **At Home in Mitford** Drama. (2017, PG, 84min) ★★
3.00 **to 5.00** AM **An Inheritance to Die For: An Aurora...**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Legally Blonde** *ITV2* Comedy starring Reese Witherspoon as a ditzy blonde who enrols at Harvard Law School. ★★★
9.00 **Jack Reacher** *4Seven* Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. ★★★
9.00 **Wild Card** *5Action* Action thriller starring Jason Statham, Michael Angarano and Milo Ventimiglia. ★★★
10.00 **The Accountant** *BBC3* Action thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. ★★★
10.30 **The Silence of the Lambs** *ITV4* Oscar-winning psychological thriller starring Jodie Foster and Anthony Hopkins. ★★★★★
11.00 **The Rookie** *5Action* Police action thriller starring and directed by Clint Eastwood, co-starring Charlie Sheen, Sonia Braga and Raul Julia. ★
11.15 **A Bigger Splash** *BBC2* Drama starring Tilda Swinton and Ralph Fiennes. ★★★★

MONDAY Sport

16 January

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
7.45 **LIVE Big Bash League Melbourne Stars v Brisbane Heat.** Coverage of the T20 match from Melbourne Cricket Ground.
11.45 **The Best of The Big Bash**
12.00 NOON **The Football Show**
1.00 PM **Transfer Talk** A round-up of the latest transfer news.
2.00 **Sky Sports News**
3.00 **LIVE SA20 Sunrisers Eastern Cape v MI Cape Town.** Coverage of the T20 match from St George's Park, Gqeberha.
7.30 **LIVE EFL Port Vale v Peterborough United.** Coverage of the League One clash from Vale Park. Kick-off **8.00pm**.
10.30 **The Gloves Are Off** Chris Eubank Jr and Liam Smith talk about their upcoming bout.
11.00 **LIVE NBA Basketball Memphis Grizzlies v Phoenix Suns.** Coverage of the Western Conference match from FedExForum. Tip-off **11.00pm**.
1.30 AM **LIVE NFL** Coverage of the sixth Wild Card play-off match.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
8.30 **Premier League Highlights**
10.00 **The Football Show**
11.30 **Ref Watch** The team analyse the weekend's big refereeing decisions.
12.00 NOON **The Football Show**
1.00 PM **Premier League Years**
3.00 **Premier League Highlights**
4.00 **Best PL Goals 17/18**
5.00 **Premier League Highlights** Chelsea v Crystal Palace. **5.30** Newcastle United v Fulham. **6.00** Highlights from Tottenham Hotspur v Arsenal.
6.30 **Soccer AM: The Best Bits**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox** The presenter is joined by Tony Adams. **8.30** With Peter Schmeichel.
9.00 **Premier League Review**
10.00 **Soccer AM: The Best Bits**
10.30 **PL Retro**
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2018/19**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
9.00 **WSL** Highlights.
10.00 **EFL Cup Retro**
12.00 NOON **EFL**
3.00 PM **EFL Highlights**
4.00 **EFL Goals: Leagues 1 & 2**
4.30 **WSL** Highlights from West Ham United v Manchester City. **5.00** Arsenal v Chelsea.
5.30 **SPFL Highlights**
6.00 **Soccer AM: The Best Bits**
6.30 **EFL Highlights** Action from Hull City v Huddersfield Town. **6.45** Highlights of Luton Town v West Bromwich Albion. **7.00** Middlesbrough v Millwall. **7.15** Highlights from Preston North End v Norwich City.
7.30 **LIVE EFL Port Vale v Peterborough United.** Coverage of the League One clash from Vale Park. Kick-off **8.00pm**.
10.30 **WSL** Highlights from West Ham United v Manchester City.
11.00 **EFL Greatest Games**
12.00 M'T **Championship Season Review 14/15**
1.00 AM **EFL Cup Retro**
3.45 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Stuart Broad – My Greatest Spells** Double bill.
6.45 **Big Bash League**
7.45 **LIVE Big Bash League Melbourne Stars v Brisbane Heat.** Coverage of the T20 match from Melbourne Cricket Ground.
11.45 **The Best of The Big Bash**
12.00 NOON **SA20**
1.00 PM **One-Day International Cricket** Pakistan v New Zealand.
2.00 **SA20** Highlights from Durban Super Giants v Paarl Royals.
3.00 **LIVE SA20 Sunrisers Eastern Cape v MI Cape Town.** Coverage of the T20 match from St George's Park, Gqeberha.
7.30 **Big Bash League** Highlights of Melbourne Stars v Brisbane Heat.
8.30 **One-Day International Cricket** Highlights of the third ODI between Pakistan v New Zealand.
9.30 **SA20** Highlights from Sunrisers Eastern Cape v MI Cape Town.
10.30 **Big Bash League**
11.30 **SA20**
12.30 AM **Best of England v Australia**
12.50 **Ashes Greats**
1.00 **SA20**
5.00 **Best of England v Australia**
5.20 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **DP World Tour Golf**
11.30 **PGA Tour Golf** The Sony Open.
3.30 PM **Golf** Highlights of the Latin America Amateur Championship.
4.00 **Junior Golf** Justin Rose Telegraph Junior Golf Championship. **4.30** The Junior European Open.
5.00 **DP World Tour Golf** Highlights from day three of the Hero Cup.
7.00 **PGA Tour Golf** Highlights from the Sony Open in Hawaii
8.00 **DP World Tour Golf** Highlights from day three of the Hero Cup at Abu Dhabi Golf Club, as two ten-man teams from Great Britain & Ireland and Continental Europe go against one another.
10.00 **PGA Tour Golf**. Action from the Sony Open in Hawaii at the Waialae CC in Honolulu.
11.00 **Junior Golf** Highlights from the Junior European Open. **11.30** The Justin Rose Telegraph Junior Golf Championship.
12.00 M'T **DP World Tour Golf** Highlights of the Hero Cup.
2.00 AM **PGA Tour Golf**
3.00 **Junior Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **LIVE Women's ODI Cricket Australia v Pakistan.** The first ODI from Brisbane.
8.30 **The WRC Magazine**
9.00 **Down The Clubhouse**
10.00 **Premier League**
11.30 **Premier League Stories**
12.00 NOON **Premier League Review**
1.00 PM **Premier League – The Big Interview**
1.30 **What I Wore**
1.45 **LIVE ILT20 Dubai Capitals v Gulf Giants.** From Dubai.
5.30 **ESPN FC Presents: Gab & Juls**
6.00 **Champions Cup Highlights**
7.00 **The WRC Magazine**
7.30 **LIVE Serie A Empoli v Sampdoria.** Kick-off 7.45pm.
9.45 **BT Sport Goals Reload**
10.15 **What I Wore**
10.30 **ESPN FC Presents: Gab & Juls**
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM **LIVE WWE Monday Night Raw** Wrestling coverage.
4.15 **Ariel Helwani Meets**
4.45 **What I Wore: Hector Bellerin**
5.00 **Premier League Legends**
5.30 **to 6.00** AM **ESPN FC Presents: Gab & Juls**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **ESPN FC** Football news.
6.30 **WWE NXT Highlights**
7.30 **LIVE FIH Hockey Men's World Cup Malaysia v Chile.** Coverage from Rourkela in India. Push-back 7.30am.
9.30 **LIVE FIH Hockey Men's World Cup New Zealand v Netherlands.** Push-back 9.30am.
11.30 **LIVE FIH Hockey Men's World Cup France v South Africa.** Push-back 11.30am.
1.30 PM **LIVE FIH Hockey Men's World Cup Argentina v Australia.** Push-back 1.30pm.
3.30 **ESPN FC** Football news.
4.00 **Ligue 1 Highlights**
5.00 **Women's ODI Cricket**
6.00 **Premier League**
7.30 **BT Sport Films**
8.45 **Deaf Away Days**
9.00 **Fishing: On the Bank**
10.00 **MLB Classic**
12.00 M'T **LIVE College Basketball Miami Hurricanes v Syracuse Orange.** Tip-off 12.00m't.
2.00 AM **LIVE College Basketball Prairie View A&M Panthers v Alcorn State Braves.**
4.00 **SEC Storied**
5.00 **to 6.00** AM **Rugby Stories**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Joe Cole Cast**
6.30 **Premier League – The Big Interview**
7.00 **Premier League Review**
8.00 **Serie A** Napoli v Juventus. **9.00** Cremonese v Monza. **10.00** Lecce v AC Milan. **11.00** Inter Milan v Hellas Verona. **12.00** NOON Sassuolo v Lazio. **1.00** PM Udinese v Bologna. **2.00** Torino v Spezia. **3.00** Atalanta v Salernitana. **4.00** AS Roma v Fiorentina.
5.00 **Spanish Super Cup** Action from the Spanish Super Cup final.
6.30 **BT Sport Films**
8.00 **Ligue 1 Highlights** A look back at recent action, including Rennes v Paris Saint-Germain.
9.00 **UFC** A chance to see Kelvin Gastelum v Nassourdine Imavov.
12.00 M'T **Spanish Super Cup**
1.30 AM **Premier League Legends**
2.00 **Ligue 1 Highlights**
3.00 **ESPN Classic Boxing** A replay of Cassius Clay v Sonny Liston. **4.00** The rematch between Muhammad Ali and Sonny Liston. **4.30** Another chance to see Cassius Clay v Floyd Patterson.
5.30 **to 6.00** AM **ESPN Classic Boxing: Conteh v Lopez**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Bitesize Highlights**
4.00 **NFL Highlights** Action from the fifth Wild Card play-off match. **5.00** Action from the third Wild Card play-off match.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NFL Bitesize Highlights** The first Wild Card play-off match. **8.15** Brief highlights of the second Wild Card play-off match. **8.30** Brief highlights of the third Wild Card play-off match. **8.45** Brief highlights of the fifth Wild Card play-off match.
9.00 **NFL Highlights** Action from the fourth Wild Card play-off match. **10.00** Action from the first Wild Card play-off match.
11.00 **Total Access**
12.00 M'T **NFL Bitesize Highlights**
1.00 AM **LIVE NFL** Coverage of the sixth Wild Card play-off match.
4.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **My Icon**
8.00 **NBA Basketball**
10.00 **NFL Highlights**
12.00 NOON **One-Day International Cricket** Pakistan v New Zealand.
1.00 PM **Junior Golf**
2.00 **Premier League Years**
4.00 **NFL Highlights**
5.00 **Junior Golf**
5.30 **NBA Basketball**
7.30 **PGA Tour Golf** Action from the Sony Open in Hawaii at the Waialae CC in Honolulu.
8.30 **Big Bash League** Action from Melbourne Stars v Brisbane Heat.
9.30 **Behind the Ropes** An insight into the training camps of Chris Eubank Jr and Liam Smith.
10.30 **The Gloves Are Off**
11.00 **LIVE NBA Basketball Memphis Grizzlies v Phoenix Suns.** Coverage of the Western Conference match from FedExForum. Tip-off **11.00pm**.
1.30 AM **NBA Basketball**
2.00 **One-Day International Cricket**
3.00 **SA20**
4.00 **Big Bash League**
5.00 **to 6.00** AM **Junior Golf**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **Pat XO** Documentary.
7.00 **ESPN FC** Football news.
7.30 **College Basketball**
12.45 PM **ESPN FC** A round-up of the news from the world of football.
1.15 **College Basketball**
4.45 **BT Sport Reload** The best bits from BT Sport over the last week.
5.00 **College Basketball** Gonzaga Bulldogs v Portland Pilots.
6.45 **BT Sport Reload**
7.00 **College Basketball** A replay of Temple Owls v Memphis Tigers. **8.45** A chance to see Texas Longhorns v Iowa State Cyclones.
10.30 **30 for 30: Playing For The Mob** Henry Hill's alleged involvement in fixing Boston College basketball games.
12.00 M'T **ESPN FC Presents: Gab & Juls** The latest news.
12.30 AM **NCAA Championship**
3.30 **ESPN FC Presents: Gab & Juls**
4.00 **ESPN Films: Unguarded**
5.30 **to 6.00** AM **The WRC Magazine**

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM **LIVE Australian Open Tennis** Coverage of day one of the opening Grand Slam event of the season, featuring first-round matches at Melbourne Park.
10.00 **LIVE Australian Open Tennis** Concluding coverage of the first day's play at Melbourne Park.
1.00 PM **Australian Open Tennis Cube**
1.15 **Australian Open Tennis** Action from day one of the opening Grand Slam event of the season.
8.00 **Australian Open Tennis** First-round action from the first day's play of the opening Grand Slam event of the season.
12.00 M'T **LIVE Australian Open Tennis** Coverage of the second day's play of the opening Grand Slam event of the season, featuring first-round matches staged at Melbourne Park.
4.00 **to 7.00** AM **LIVE Australian Open Tennis** Continued coverage of day two in Melbourne.

Eurosport 2

411 411 869 | 522 | 413 436

7.00 AM **LIVE Australian Open Tennis** Coverage of day one.
1.00 PM **Alpine Skiing**
2.00 **Biathlon**
2.30 **LIVE Speed Skating: Winter World University Games** The latest speed skating coverage from Lake Placid, USA.
7.05 **LIVE Biathlon: Winter World University Games** The single mixed relay from Lake Placid, .
8.00 **Masters Snooker** Action from the final at Alexandra Palace.
10.00 **LIVE Ski Jumping: Winter World University Games** The Women's HS90 competition from Lake Placid, USA.
11.05 **Figure Skating: Winter World University Games**
11.50 **Federica Brignone: Best of Super G 2022**
12.00 M'T **to 7.00** AM **LIVE Australian Open Tennis** Coverage of day two in Melbourne.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League Highlights**
7.00 **Sail GP** Highlights from day one of the event in Singapore. **8.30** Day two in Singapore.
10.00 **NBA Basketball**
12.00 NOON **Kobe's Final Game: Utah Jazz @ LA Lakers 2016**
2.00 PM **Super League: The Detail**
2.30 **Super League Highlights**
4.00 **Fight Night**
5.00 **The Gloves Are Off**
5.30 **NBA Basketball**
7.30 **LIVE NBA 360** Rolling coverage from all of today's basketball matches, as attention switches between the games taking place at some of the key moments.
11.30 **LIVE NBA Basketball Memphis Grizzlies v Phoenix Suns.** Coverage of the Western Conference match from FedExForum. Tip-off **11.00pm**.
1.30 AM **NBA Basketball**
2.00 **World Darts Championship**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
12.00 NOON **Formula 1**
2.00 PM **Graham Hill – World Champion**
2.30 **Formula 1** A chance to see the 2022 Australian Grand Prix.
4.35 **Max & Crofty: Abu Dhabi '21 Revisited**
4.45 **History of Team Orders**
4.50 **Fittipaldi in His Lotus 72**
5.00 **Formula 1** A chance to see the 2022 Emilia Romagna Grand Prix.
7.05 **2022 – End of Season Funnies**
7.10 **Ted's Goodbye to Vettel**
7.20 **Felipe Drugovich: Brazil's New Star**
7.30 **Formula 1** Another chance to see the 2022 Miami Grand Prix.
9.45 **Max & Crofty: Abu Dhabi '21 Revisited**
9.55 **Mauro Forghieri Remembered**
10.00 **Formula 1** Another chance to see the 2022 Spanish Grand Prix.
12.15 AM **Johnny, Seb & The Green Pea** A 100-year-old Aston Martin.
12.30 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Tuesday

17 January

Evening Planner

Factual

Winterwatch
BBC2, 8pm
Wildlife updates from Chris Packham and Michaela Strachan in Norfolk, and Iolo Williams and Gillian Burke in Edinburgh.

Factual

Know Your Sht: Inside Our Guts**
C4, 8pm
Presenters Alana Macfarlane-Kempner and Lisa Macfarlane break the poo taboo.

Comedy

The Conners
Sky Comedy, 8pm
As the comedy returns, Darlene (Sara Gilbert) is stuck in the middle, and Jackie (Laurie Metcalf) has new responsibilities.

Comedy

The Family Pile
ITV1, 9.30pm
Comedy starring Amanda Abbington as one of four sisters who clash over the sale of their childhood family home.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Waterloo Road		9.00 Silent Witness		10.00 News; Local News	10.40 Bad...
	102 BBC2	7.00 This Farming Life		8.00 Winterwatch		9.00 India: The Modi Question		10.00 Detectorists	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 The Martin Lewis Money Show: Live		9.00 Bradley &...	9.30 The Family Pile	10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Know Your S**t: Inside Our Guts		9.00 24 Hours in A&E		10.00 Belfast Midwives	
	105 CHANNEL 5	7.00 GPs: Behind Closed Doors		8.00 Dogs Behaving (Very) Badly		9.00 Ben Fogle: New Lives in the Wild		10.00 The Girl in the Cellar: 8 Years...	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 American Auto		9.00 The Last of Us			10.35 Hold the...
ENTERTAINMENT	117 BBC3	7.00 Hungry for It		8.00 Young...	8.30 Meet the...	9.00 Gordon Ramsay's Future Food Stars		10.00 Big Zuu's Big Eats	
	116 BBC4	7.00 Great British...	7.30 The Joy of...	8.00 To the Manor...	8.30 The Mistress	9.00 A History of Britain by Simon Schama		10.00 Catching Britain's Killers: The Crimes...	
	118 ITV2	7.00 Ninja Warrior UK: Race for Glory		8.00 Superstore		9.00 Love Island		10.05 Kavos Weekender	
	136 MORE4	◂ 6.55 Escape to the Chateau		7.55 Grand Designs				10.00 Trains from Hell: Caught on Camera	
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Below Deck		9.00 Gogglebox		10.00 Naked Attraction	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Bull		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 The Last of Us			10.35 City on a...
	110 GOLD	◂ 6.40 Dad's Army		8.00 dinnerladies			9.20 Absolutely Fabulous	10.00 Not Going Out	
	111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?	8.20 QI				10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 DCI Banks	
	120 ITV4	◂ 6.45 Snooker: World Grand Prix – Live: Coverage of the evening session on day two							10.30 All Elite...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Scary Movie 2			10.30 Greatest Ever...
	139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Reginald the Vampire			
	113 SKY MAX	7.00 Stargate SG-1		8.00 Hold the Front Page		9.00 Flintoff: From Lord's to the Ring		10.00 Wolfe	
	132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise		9.00 The Coroner		10.00 WPC 56	
	130 SKY ARTS	7.00 Wonderland: From JM Barrie to JRR...		8.00 Cirque du Soleil: Volta					10.15 Punchdrunk: Behind the...
DOCUMENTARY	125 DISCOVERY	7.00 Diesel Brothers		8.00 Gold Rush				10.00 Gold, Lies & Videotape	
	162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 The Aquarium				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Snakes in the City				10.00 Drain the Oceans: Deep Dive	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Mystery Places		9.00 The Real Conjuring: Our Story		10.00 The Proof Is Out There	
	155 YESTERDAY	7.00 Fred Dibnah's Made in Britain		8.00 Secrets of Britain		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers and Cash	
	121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 The Guest Wing		9.00 What's My Name: Muhammad Ali			
FILMS - Sky Cinema	301 PREMIERE	◂ 6.10 The Duke		8.00 Operation Mincemeat					10.25 One Way
	303 HITS	◂ 6.10 Whiplash		8.00 The Matrix					10.20 The Mexican
	311 GREATS	◂ 5.40 A Few Good Men		8.00 The Bridges at Toko-Ri			9.55 Ace High		
	305 ANIMATION	◂ 6.00 The Ant Bully	7.35 Gnomeo & Juliet			9.15 The Adventures of Tom Thumb and Thumbelina			10.35 Lego...
	306 FAMILY	◂ 5.35 Four Kids and It	7.35 Furry Vengeance			9.10 The Brady Bunch Movie			
	307 ACTION	◂ 6.00 Conan the Barbarian		8.00 King Kong					
	308 COMEDY	◂ 6.30 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.40 The Truman Show		
	309 THRILLER	◂ 6.00 Old		8.00 The Sweeney				10.00 Things to Do in Denver When You're...	
	310 DRAMA	◂ 6.05 The Impossible		8.00 Miss Potter				9.50 The Danish Girl	
	304 DYSTOPIA	◂ 6.05 A Quiet Place Part II		8.00 Prince of Darkness				9.50 From Dusk Till Dawn 2: Texas Blood Money	
	302 FEEL GOOD	◂ 6.00 Steel Magnolias		8.00 Groundhog Day			9.55 Chocolat		
	313 FILM4	◂ 6.35 Star Trek				9.00 Red Sparrow			
	315 TCM MOVIES	◂ 6.40 Beau Brummell				9.00 The Enforcer			
SPORT	401 MAIN EVENT	◂ 3.00 SA20 – Live	7.30 The Transfer...	8.00 Sky Sports News					10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Gary Neville's...	8.30 The HangOUT...	9.00 Premier League Review		10.00 The HangOUT...	10.30 PL Retro
	403 FOOTBALL	7.00 Bundesliga Special: Midseason Review		8.00 The HangOUT...	8.30 WSL		9.30 Bundesliga Special: Midseason Review		10.30 EFL Highlights
	404 CRICKET	◂ 3.00 SA20 – Live	7.30 Big Bash League		8.30 SA20				10.30 Big Bash...
	413 BT SPORT 1	7.00 PL Stories	7.30 A-League Highlights	8.15 BT Sport Goals Reload		9.00 WWE Monday Night Raw			
	414 BT SPORT 2	7.00 Heineken Champions Cup Highlights		8.00 Down The Clubhouse		9.00 UEFA Champions League Greatest...		10.00 Fishing: On the Bank	

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live: Cost of Living Special** New edition (S)
10.00 **Rip Off Britain Live: Cost of Living Special** New edition (S)
10.45 **For Love or Money** (S)(R)
11.15 **Homes Under the Hammer** New edition From Norfolk. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **The Farmers' Country Showdown** New edition (S)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **The Repair Shop** New edition A pig-shaped footstool. (S)(AD)
4.30 **Make It at Market** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Waterloo Road

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Whitney goes for her first baby scan, while Alfie sneakily reopens the Vic. (S)(AD)
8.00 **Waterloo Road** New episode The Walters family find themselves in an unexpected crisis with nowhere to turn for help. Meanwhile, Val uncovers a truth about Kai, causing problems for him and Danny. (S11) (S)(AD)
9.00 **Silent Witness** New episode *Star – Part Two:* 6/10. Nikki manages to get behind the mask of the lead suspect, while Jack has a breakthrough at the festival site. A surprise event at the Lyell brings hope. (S26) (S)(AD)
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW TO BBC1 **Bad Education** 1/6. The comedy series returns. Stephen and Mitchell are told one of them will be fired. *Previously on BBC3. See feature, page 11.* (S4) (S)
■ Entire series on BBC iPlayer
11.10 **Pretty Little Liars: Original Sin** New episode *Aftermath:* 3/10. As Millwood deals with the aftermath of recent events, Imogen uncovers secrets to unmask 'A'. (S1) (S)
12.00 M'T **Michael McIntyre's Big Show** 1/6. With guests Rylan, Joel Corry and Tom Grennan. (S)(R)
1.05 AM **Would I Lie to You?** (S)(R)
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Farmers' Country Showdown** From Barnard Castle Farmers' Market. (S)(R)
7.15 **Make It at Market** (S)(R)(AD)
8.00 **Sign Zone: Digging for Britain** Alice Roberts visits a 200-year-old mine trapped in time. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Bowls: World Championships** Coverage from Potters Resort at Hopton-on-Sea, Norfolk, including the mixed pairs final and an open singles match. (S)
5.15 **Flog It!** From East Yorkshire. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Kriss Akabusi, Grace Dent, Tim Lovejoy and Lauren Steadman. (S)
6.30 **Take a Hike** New edition The group walk around Bala Lake. (S)

6.00 House of Games

7.00 **This Farming Life** 5/12. In Fife, Ronnie and Pete are training one of their best mares Butterfly and her foal for the Royal Highland Show competition, but when Pete spots a problem with Butterfly's hooves, it's game over. (S)(R)
8.00 NEW SERIES **Winterwatch** Chris Packham and Michaela Strachan present wildlife stories from Wild Ken Hill in Norfolk, as cameras capture winter spectacles in full swing. (S)
■ Continues tomorrow
9.00 NEW SERIES **India: The Modi Question** 1/2. Documentary focusing on Indian PM Narendra Modi and the persistent allegations about his attitude towards India's Muslim population that have plagued his premiership. (S)
10.00 **Detectorists** 3/6. Terry believes a man has buried his missing wife in a paddock. (S1) (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **Love & Mercy** Biopic of the Beach Boys' singer-songwriter Brian Wilson, following his creative peak and declining mental health in later years. Stars John Cusack, Paul Dano and Paul Giamatti. (S) (2014, 12, 115min) ★★★★
1.10 AM **Sign Zone: Tokyo Vice** *Kishi Kaisei:* 2/8. (S1) (S)(R)(AD)
2.05 **Sign Zone: The Traitors** (S)(R)(AD)
3.05 **Sign Zone: Flipping Profit** (S)(R)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** New edition David Dickinson and the dealers are in Barry, south Wales, where Jan Keyne wrestles herself a tiger, and Stewart Hofgartner has the cash to secure a deal on a door lock. (S)(AD)
3.00 **Lingo** New edition Word-based quiz show hosted by Adil Ray. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Bradley & Barney: Breaking Dad

7.30 **Emmerdale** Gabby takes her celebrations too far, and Ryan asks Chloe some difficult questions. (S)(AD)
8.00 **The Martin Lewis Money Show: Live** New edition As January continues, along with rises in bills and the cost of living, Martin is on hand to help the nation through this financially tricky time. (S)
9.00 **Bradley & Barney Walsh: Breaking Dad** New edition 3/7. The Walshes are in Guatemala. (S)(AD)
9.30 NEW SERIES **The Family Pile** 1/6. Comedy series. *See feature, page 8.* (S1) (S)(AD)
■ Entire series on ITVX
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Britain's Notorious Prisons** Featuring first-hand testimony from past inmates and staff, this documentary reveals the truth about life behind the walls of Manchester's Strangeways Prison, one of Britain's most notorious jails. (S)(R)(AD)
11.40 **The John Bishop Show** The comedian and actor performs topical stand-up routines and chats to guests from the worlds of film, TV, sport and music. (S)(R)
12.25 AM **Shop: Ideal World**
3.00 **Dickinson's Real Deal** From Barry, south Wales. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Lingo** (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 6-8/24. (S10) (S)(R)(AD)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Come Dine with Me: The Professionals** In Liverpool. (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition A holiday home in Madeira. (S)
4.00 **A New Life in the Sun** New edition A sandstorm causes trouble for Mike and Craig. (S)
5.00 **Junior Bake Off** New edition (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Warren is rushed to hospital, and Misbah realises Zain is hiding something from her. (S)(AD)

9.00 24 Hours in A&E

7.00 **News** (S)
8.00 NEW SERIES **Know Your S**t: Inside Our Guts** Alana Macfarlane-Kempner and Lisa Macfarlane talk to experts at Poo HQ about different issues members of the public are having with their gut health. (S)(AD)
9.00 **24 Hours in A&E** New edition An 18 year-old is rushed in after suffering a cardiac arrest during a football game, and a 30 year-old has a severe ankle injury following a head-on traffic collision. (S)(AD)
10.00 **Belfast Midwives** New edition 3/5. Childhood sweethearts Margaret and Ryan are expecting their second child but when baby Arthur is born, midwife Alex is concerned he needs extra care. (S)(AD)
11.05 **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
12.10 AM **In the Footsteps of Killers** (R)
1.05 **Ramsay's Kitchen Nightmares USA** From Connecticut. (S)(SL)(R)
1.55 **Travel Man: 48 Hours in Antwerp** With Katherine Parkinson. (S)(R)
2.20 **Couples Come Dine with Me** (R)
3.15 **Great Pottery Throw Down** (S)(R)
4.20 **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)
5.15 **to 6.10** AM **Building the Dream** (R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **Traffic Cops** (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **A Stepmother's Secret** Thriller starring Julia Terranova. (S) (2022, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Songwriter Lee Duffy is saving money to record his own song. (S)
5.00 **News** (S)
6.00 **Holiday Homes in the Sun** Amanda Lamb, JB Gill, and Sam Pinkham are in the Tamar Valley, on the border of Devon and Cornwall, competing to find the best holiday homes. (S)(R)
6.55 **News** (S)

8.00 Dogs Behaving (Very) Badly

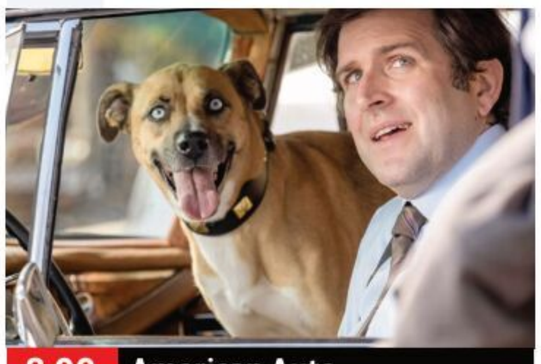
7.00 **GPs: Behind Closed Doors** New edition Dr Eleanor Beecraft tries to convince a patient to quit smoking and ex-US Air Force officer Scott is grappling with long-term chronic pain. (S)
7.55 **News** (S)
8.00 **Dogs Behaving (Very) Badly** New edition 3/15. Graeme travels to the Peak District to meet Sandie, an owner in desperate need of his help with her troublesome terrier called Blossom. (S)
9.00 **Ben Fogle: New Lives in the Wild** New edition Ben heads to Slab City in California to meet an extraordinary homeless artist called DNA, who Ben had previously met whilst filming in the area. (S)
10.00 NEW **The Girl in the Cellar: 8 Years Underground** Documentary telling the shocking story of Natascha Kampusch, who was abducted in 1998 when she was 10 years old and held hostage for 3,096 days. (S)
12.05 AM **Crimes That Shook Britain** Examining the crimes of former carpenter John Sweeney. (S)(R)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Holiday Homes in the Sun** Amanda Lamb, JB Gill and Sam Pinkham are in Amalfi. (S)(R)
4.00 **My Mum's Hotter Than Me!** (R)
4.50 **House Busters** (S)(SL)(R)
5.15 **to 5.40** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Arctic Secrets** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 11/23. (S3) (S)(R)
11.00 **NCIS: New Orleans** (S3) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **S.W.A.T.** 6/21. (S3) (S)(R)(AD)
3.00 **Big Cat Country** (S)(R)
4.00 **The Conners** 11/11. (S1) (S)(R)
4.30 **Futurama** (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 21/25. Will becomes romantically involved with one of his aunt's students. (S)(R)
6.00 22/25. Will gets into trouble with the law. (S1) (S)(R)
6.30 **The Simpsons** *Apocalypse Cow:* Bart succeeds in saving the life of a sickly calf. (S)(R)



8.00 American Auto

7.00 **The Simpsons** *Any Given Sundance:* Lisa makes a documentary about her family. (S)(R) **7.30** *Mona Leaves-A:* Homer tries to fulfil his mother's dying wish. With the guest voice of Glenn Close. (S)(R)
8.00 **American Auto** *Earnings Call:* 3/10. Katherine promises a big announcement. (S)(R) **8.30** *The $10k Car:* 4/10. Sadie and Cyrus struggle with how honest to be about Katherine's idea. (S1) (S)(R)
9.00 **The Last of Us** 1/9. Apocalyptic drama starring Pedro Pascal and Bella Ramsey. A hardened survivor is hired to smuggle a 14-year-old girl out of an oppressive quarantine zone. (S1) (R)
10.35 **Hold the Front Page** 2/6. Nish Kumar and Josh Widdicombe head to West Sussex to work for a local newspaper. (S)(R)
11.35 **Romantic Getaway** 5/6. Deacon and Allison make an enemy of Kethan. (S)(R)(AD) **12.05** AM 6/6. Esme helps Deacon and Allison. (S1) (S)(R)
12.35 **The Force: North East** (S)(R)
1.30 **Road Wars** (R)
2.00 **Brit Cops: Rapid Response** (R)
3.00 **Hawaii Five-0** 22/24. (S1) (S)(R)
4.00 **S.W.A.T.** 6/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.00-7.30pm River City (S)(R)
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.40pm Beauty Queen and Single New edition (S) **11.10** Bad Education New episode (S)(AD) **11.40** Pretty Little Liars: Original Sin (S)(R) **12.35-1.35am** Michael McIntyre's Big Show (S)(R)
WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm True North (S)(R)
WALES
Sky **971**, Freesat **971**
7.00-8.00pm This Farming Life (S)(R) **11.15** First Minister's Questions (S) **12.05am** QI (S)(R) **12.35-1.10am** Hitchcock's Leading Actors: Talking Pictures (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Dim Byd i'w Wisgo (AD) **12.30** Heno **1.00** Ceffylau Cymru **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Colleen Ramsey: Bywyd a Bwyd **6.30** Sgorio **6.57** Newyddion S4C a'r Tywydd **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Rygbi Cymru: Y Gêm yn y Gwaed New edition **10.00** Heliwr New episode **11.00-11.35pm** Ar Werth

TV&Satellite week
New issue on sale today

BBC3

117/141/173 | 107/157 | 23 | 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Hungry for It**
7.55 **The Catch Up**
8.00 **Young MasterChef** New edition 8/10. The final five contestants face an ice cream parlour challenge.
8.30 **Meet the Khans: Big in Bolton** New edition 4/5. Amir and Faryal head to Manchester for work.
9.00 **Gordon Ramsay's Future Food Stars** 4/8. The contenders run a high-end diner in the Cotswolds.
10.00 NEW SERIES **Big Zuu's Big Eats** 1/10. Big Zuu meets Jimmy Carr in Croydon. **10.25** New edition 2/10. Big Zuu heads to Portsmouth to cook for Rosie Jones.
10.45 **Meet the Khans: Big in Bolton** As 8.30pm.
11.15 **People Just Do Nothing**
12.15 AM **Young MasterChef**
12.45 **Hungry for It**
1.45 **People Just Do Nothing**
2.45 **Bad Education**
3.15 **Young MasterChef**
3.45 **to 3.55** AM **Press X to Continue**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael journeys from Maltby to Hinckley.
7.30 **The Joy of Painting** Bob Ross paints a majestic snow-covered mountain.
8.00 **To the Manor Born** Marjory tries to protect a rare bird nesting on the estate.
8.30 **The Mistress** Comedy starring Felicity Kendal.
9.00 **A History of Britain by Simon Schama** The story of the Battle of Hastings.
10.00 **Catching Britain's Killers: The Crimes That Changed Us** 2/3. The story of a murder in the town of Billingham, Teesside, in 1989.
11.00 **Ancient Worlds**
12.00 M'T **Elizabeth I's Secret Agents** Documentary.
1.00 AM **The Joy of Painting**
1.30 **Great British Railway Journeys** As 7.00pm.
2.00 **Catching Britain's Killers: The Crimes That Changed Us** As 10.00pm.
3.00 **to 4.00** AM **A History of Britain by Simon Schama**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's House of Craft** With Rufus Hound.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.55 **Kirstie and Phil's Love It or List It** Phil Spencer returns to Brixworth in Northamptonshire.
6.55 **Escape to the Chateau** Dick and Angel have their hands full as they prepare to host seven weddings.
7.55 **Grand Designs** Kevin McCloud follows the progress of private chef Ed and pilates instructor Vicky, who want to convert a concrete cowshed in the Somerset countryside into a three-bedroom home. **9.00** Kevin meets retired racehorse breeder John and his wife Helen in Dunstable, Bedfordshire.
10.00 **Trains from Hell: Caught on Camera** Documentary featuring real-life footage showing what can go wrong both on and off the train tracks, from shocking near-misses to rush-hour rage.
11.05 **Dogging Tales**
12.20 AM **Grand Designs**
1.25 **8 Out of 10 Cats Does Countdown**
2.30 **24 Hours in A&E**
3.30 **to 3.55** AM **Food Unwrapped**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
7.55 **Junior Bake Off**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Juliet confides in Peri about her scan results.
7.30 **Modern Family** 17/24. Jay and Claire butt heads while shooting an advert. (S6)
8.00 **Below Deck** New edition 2/15. Captain Sean's hands-on managerial style continues to frustrate Eddie as the staff work hard to pull off an elaborate beach picnic for the guests.
9.00 **Gogglebox** *Peaky Blinders, Love Is Blind, Celebrity Hunted* and *Celebrity Mastermind* are appraised.
10.00 **Naked Attraction** A 21-year-old man wants to find a partner who shares his love of adventure.
11.05 **First Dates**
12.10 AM **Gogglebox**
2.15 **Below Deck**
3.05 **Naked Attraction**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **The Real A&E**
7.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Law & Disorder**
11.00 **Caught on Dashcam**
12.00 NOON **The Good Doctor** 11/18. A personal connection between Shaun and a patient threatens his objectivity. (S5)
1.00 PM **9-1-1** 3/18. (S3)
2.00 **Blue Bloods** 5/16. (S11)
3.00 **Bull** 7/23. (S1)
4.00 **Nothing to Declare** Six editions of the documentary.

8.00 Blue Bloods

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *In Too Deep:* 7/16. After witnessing a drive-by shooting, Danny clashes with the detective assigned to the case. (S11)

9 PM

9.00 **Bull** New episode *Silent Killer:* 21/22. A building owner is accused of killing tenants by carbon monoxide poisoning. (S6)

10 PM

10.00 **Law & Order: Special Victims Unit** *I Thought You Were on My Side:* 3/22. A mobster is accused of rape. (S23)
11.00 **FBI** 20/22. (S4)
12.00 M'T **FBI: Most Wanted** (S1)
1.00 AM **New Amsterdam** (S5)
2.00 **Private Eyes** 1/12. (S4)
3.00 **9-1-1** 3/18. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 220

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **The Sopranos** (S1&2)
10.05 **Ray Donovan** 3&4/12. (S1)
12.15 PM **Game of Thrones** (S1)
1.20 **Six Feet Under** 5&6/13. (S1)
3.30 **The Sopranos** 2/13. Junior urges Tony to make peace. **4.35** 3/13. Meadow gets into trouble for drinking. (S2)
5.45 **Ray Donovan** 5/12. Mickey pays Ezra an unexpected visit. **6.50** 6/12. Ray attempts to shut a case down by creating an incriminating video. (S1)

10.35 City on a Hill

7.55 **Game of Thrones** *The North Remembers:* 1/10. Robb Stark tries to avenge his father, and Stannis Baratheon sets his sights on the Iron Throne. (S2)

9.00 **The Last of Us** 1/9. Drama that takes place 20 years after civilization has been destroyed. Stars Pedro Pascal and Bella Ramsey. (S1)

10.35 **City on a Hill** *What They Saw in Southie High:* 2/10. Decourcy finds out that he has an enemy. (S1)

11.40 **The Tunnel: Sabotage** 5/8. Elise's tragic past comes back to haunt her. (S2)
12.40 AM **Watchmen** 2/9. (S1)
1.50 **Lovecraft Country** 1/10. (S1)
3.00 **Game of Thrones** 1/10. (S2)
4.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 346 361

6.00 AM **Stop, Search, Seize**
8.00 **DC's Legends of Tomorrow**
9.00 **The Blacklist** 18/22. (S9)
10.00 **Supergirl** 11/23. (S3)
11.00 **NCIS: New Orleans** (S3)
1.00 PM **Hawaii Five-0** (S1)
2.00 **S.W.A.T.** 6/21. (S3)
3.00 **The Blacklist** 17/22. (S9)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 11/23. (S3)
6.00 **Stargate SG-1** 6/22. O'Neill and the team are assigned to investigate the disappearance of SG-9. (S1)

10.00 Wolfe

7.00 **Stargate SG-1** *Cold Lazarus:* 7/22. O'Neill is knocked unconscious and replaced by an alien double. (S1)

8.00 **Hold the Front Page** 2/6. Nish Kumar and Josh Widdicombe head to West Sussex to work for a local newspaper.

9.00 **Flintoff: From Lord's to the Ring** 1/3. Following former cricketer Andrew Flintoff as he pursues a new career as a boxer.

10.00 **Wolfe** 3/6. The forensic scientist and the team investigate the case of a billionaire found dead in a sealed room. (S1)

11.00 **Road Wars** Thames Valley Police combat vehicle crime. **12.00** M'T Boy racers cause trouble in a car park.
1.00 AM **The Force: North East**
2.00 **Brit Cops: Rapid Response**
3.00 **Hawaii Five-0** 22/24. (S1)
4.00 **S.W.A.T.** 6/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Secret Crush**
8.00 **Dress to Impress**
9.00 **Chuck** 22/22. (S2)
10.00 **One Tree Hill** 10/22. (S1)
11.00 **The O.C** 10/27. (S1)
12.00 NOON **Secret Crush**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 1/19. (S3)
4.00 **One Tree Hill** 11/22. (S1)
5.00 **The O.C** 11/27. (S1)
6.00 **Celebrity Catchphrase**

10.05 Kavos Weekender

7.00 **Ninja Warrior UK: Race for Glory** More competitors take on the obstacle course.

8.00 **Superstore** 19/21. Carol returns from suspension. **8.30** 20/21. Amy joins Jonah for lunch with his parents and brother. (S5)

9.00 **Love Island** New edition The relationship-based reality show continues as the singles settle into life in the villa.

10.05 **Kavos Weekender** New edition David is isolating in his room after catching coronavirus and drafts in Jordan Davies.

11.05 **Family Guy** 21/21. Stewie is reborn into a British family. **11.35** 14/21. Chris is the heir to Carter's fortune. (S12)
12.00 M'T **American Dad!** (S14)
12.55 AM **Superstore** (S5&6)
1.55 **Plebs** 3&8/8. (S3)
2.50 **to 3.00** AM **Unwind**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **George and Mildred**
9.15 **Agatha Christie's Marple**
11.30 **Heartbeat**
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.45 **Inspector Morse** *The Secret of Bay 5b:* A woman ruffles Morse's feathers.
6.00 **Heartbeat** *Wall of Silence:* Blaketon tries to halt a crimewave before the Assistant Chief Constable arrives.

10.00 DCI Banks

7.00 **Heartbeat** *Missing:* Workers at a visiting funfair get their hands on a stolen painting and sell it to Greengrass.

8.00 **Midsomer Murders** *Death in Disguise:* Barnaby visits a new age commune, where a man with a connection to the leader's shady past has fallen to his death – just as a vast inheritance might be coming the group's way.

10.00 **DCI Banks** *To Burn in Every Drop of Blood – Part One:* 1/6. The victim of a frenzied attack is found in the woods. (S5)
11.00 **DCI Banks** *To Burn in Every Drop of Blood – Part Two:* 2/6. Banks is suspicious when a woman commits suicide and leaves a note confessing to murder. (S5)
12.05 AM **Agatha Christie's Marple**
2.15 **to 2.30** AM **Unwind**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Iain Robertson Rambles – The Hebridean Way** 2/4. Iain is joined by *River City* co-star Kari Corbett.
7.30 **Sky High Club: Scotland and Beyond** 3/10. Shannon, Karolina and Alannah are asked to be the faces of a promo campaign.
8.00 **Who Owns Scotland?** 2/2. Martin Geissler investigates who owns the nation's rural land.
9.00 **The Nine**
10.00 NEW **Giving It Stick** Celebrating the game of shinty and the Highland communities that play it.
11.00 PM **to 12.00** M'T **Darren McGarvey's Addictions** 2/3. Darren uncovers why Scotland has the highest drug death rate in Europe.

Sky Comedy

114/115 | 135 123 | 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Everybody Hates Chris**
10.00 **Entourage** (S7&8)
11.15 **House of Lies** (S2)
12.30 PM **Fresh Prince of...**
1.30 **A.P. Bio** (S3&4)
2.25 **The Office (US)** (S9)
2.55 **Pen15** 12&13/15. (S2)
4.00 **The Conners** 11/11. (S1)
4.30 **Futurama** (S3)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S4)
7.30 **The Office (US)** (S2)
8.00 NEW SERIES **The Conners** 1/20. (S2)
8.30 **The Office (US)** (S2)
9.00 **American Auto** (S1)
10.00 **Romantic Getaway** (S1)
11.00 **The Late Late Show with James Corden** New edition Talk show.
12.00 M'T **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
1.00 AM **Veep** 2&3/10. (S5)
2.15 **Vice Principals** (S1)
3.30 **Everybody Hates Chris**
4.05 **to 5.00** AM **Futurama**

Sky Arts

130 130 165 140 | 11 | 147 365

6.00 AM **Arts Uncovered**
6.15 **Peter Grimes**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year**
1.00 PM **Tales of the...**
2.00 **Big Design Challenge**
3.00 **Landscape Artist 2015**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Wonderland: From JM Barrie to JRR Tolkien**
8.00 **Cirque du Soleil: Volta**
10.15 NEW **Punchdrunk: Behind the Mask**
11.15 **DH Lawrence: Sex, Exile and Greatness**
12.15 AM **Soundtracks: Songs That Defined History** Documentary.
1.15 **Beside Bowie: The Mick Ronson Story**
3.15 **Shook by Samuel Bailey**
5.00 **Music Icons**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 | 156 | 36 | 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Motorway Patrol**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 11/22. (S2)
5.00 **Warehouse 13** (S1)
6.00 **The Librarians** (S2)
7.00 **Caught Red Handed**
8.10 **Nothing to Declare**
9.00 **FBI** 11&12/19. (S2)
11.00 **Killer in My Village** The case of Rachel O'Reilly.
12.00 M'T **Murders That Shocked The Nation**
1.00 AM **Britcam: Emergency on Our Streets**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 | 181 132 | 345 360

8.00 AM **My Wife and Kids**
9.00 **The Middle** (S4)
10.00 **Last Man Standing** (S6)
11.55 **Friends** (S9&10)
7.00 PM **Friends** 7/18. Ross discovers Rachel has an irrational fear of swings. **7.30** 8/18. Monica cooks Thanksgiving dinner. **8.00** 9/18. Monica and Chandler go to Ohio to meet the mother of the baby they plan to adopt. **8.30** 10/18. Chandler is spotted with a blonde beauty. (S10)
9.00 FILM **Scary Movie 2** Horror spoof sequel. (2001, 18, 82min) ★
10.30 **Greatest Ever Movie Blunders**
11.30 **The Ricky Gervais Show**
12.30 AM **South Park** (S7)
2.30 **The Ren & Stimpy Show**
3.00 **Beavis and Butt-Head**
3.20 **Fugget About It** (S1)
3.45 **Last Man Standing** (S6)
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.15 PM **Real Housewives of New York City**
1.10 **The Real Housewives of Cheshire**
2.10 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA** Property series.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New Jersey**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta** New edition Kenya bonds with Sheree and reveals some gossip about Drew.
10.00 **Botched**
11.00 **The Cabins**
12.00 M'T **to 1.00** AM **The Only Way Is Essexmas**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Saint**
6.55 **The Adventures of Sherlock Holmes**
8.00 **Magnum, PI**
9.00 **The Sweeney**
10.05 **Minder**
11.10 **The Saint**
12.15 PM **Made in Britain**
12.45 LIVE **Snooker: World Grand Prix** Coverage of the afternoon session on day two at The Centaur in Cheltenham.
5.30 **World of Sport**
5.45 **The Motorbike Show**

11.40 Cobra

6.45 LIVE **Snooker: World Grand Prix** Jill Douglas presents coverage of the evening session on day two of the first of three events in the Players Series at The Centaur in Cheltenham, featuring four last-32 matches played over the best of seven frames. Analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty, and commentary by David Hendon and Phil Yates.

10.30 **Wrestling: AEW Rampage** Wrestling action with many of AEW's biggest stars.
11.40 FILM **Cobra** Crime thriller starring Sylvester Stallone as a maverick cop on the trail of a serial killer. With Brigitte Nielsen. (1986, 18, 87min) ★★
1.25 AM **Auto Mundial**
1.55 **Motorsport Mundial**
2.30 **to 3.00** AM **Unwind**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 139 138 348 363

6.00 AM **The Outpost** 7/10. (S1)
7.00 **The Librarians** 6/10. (S2)
8.00 **Teleshopping**
11.00 **Blood & Treasure** 6/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 6&7/26. (S6)
2.00 PM **Warehouse 13** (S4)
3.00 **The Librarians** 6/10. (S2)
4.00 **Blood & Treasure** 6/13. (S1)
5.00 **Stargate SG-1** 21/22. (S3)
6.00 **Star Trek: The Next Generation** 6/26. An intern learns her true heritage. Guest stars Olivia D'Abo. (S6)

9.00 Reginald the Vampire

7.00 **Star Trek: The Next Generation** *Rascals:* 7/26. The Ferengi claim the *Enterprise* as salvage. (S6)
8.00 **Merlin** *The Sorcerer's Shadow:* 11/13. The wizard meets a young warrior with magical powers. (S3)
9.00 **Reginald the Vampire** New episode *Hypnos:* 3/10. Reginald and Sarah go on their first date and mayhem ensues.
10.00 **Reginald the Vampire** New episode *All The Time in the World:* 4/10. In 1972, Angela meets Maurice. (S1)
11.00 **Lovecraft Country** (S1)
1.00 AM **Blood & Treasure** 6/13. Danny and Lexi follow a clue to the mountains of Spain. (S1)
2.00 **Wynonna Earp** 7/12. (S2)
3.00 **Stargate SG-1** 21/22. (S3)
4.00 **to 6.00** AM **Star Trek: The Next Generation**

+1 hour 229

Alibi

109/110 809 126 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Hudson & Rex** 1/16. (S3)
10.00 **Unforgettable** 13/13. (S2)
11.00 **Person of Interest** (S1)
12.00 NOON **The Doctor Blake Mysteries** 7/10. (S1)
1.00 PM **Death in Paradise** (S2)
2.00 **Murdoch Mysteries** (S9)
4.00 **Hudson & Rex** 1/16. (S3)
5.00 **Unforgettable** 13/13. (S2)
6.00 **Without a Trace** 9/24. Jack's team scour the city for an esteemed neurosurgeon who has gone missing. (S2)

6.00 Without a Trace

7.00 **Person of Interest** *Legacy:* 12/23. The Machine directs Reese and Finch to protect a lawyer. (S1)
8.00 **Death in Paradise** *A Deadly Curse:* 4/8. Treasure hunters arrive on the island to track down a pirate's loot. (S2)
9.00 **The Coroner** *Perfectly Formed:* 2/10. Building work at an abandoned cottage unearths a child's remains. (S2)
10.00 **WPC 56** *Requiem:* 5/5. News of Briggs' death forces the team members to decide where their loyalties lie. (S3)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **Hudson & Rex** 1/16. Charlie recalls the first case that he and Rex solved. (S3)
1.00 AM **The Doctor Blake Mysteries** 7/10. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Porridge**
10.40 **Last of the Summer Wine**
12.00 NOON **Keeping Up...**
12.40 PM **My Hero**
1.20 **Dad's Army**
2.00 **Porridge**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **dinnerladies**
5.20 **Keeping Up Appearances**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

10.40 Live at the Apollo

7.20 **Dad's Army** Private Pike borrows Mainwaring's new staff car to take his girlfriend to the cinema
8.00 **dinnerladies** The crew prepare for the millennium dinner. **8.40** Petula's bizarre lifestyle finally catches up with her, forcing Bren to make a difficult decision.
9.20 **Absolutely Fabulous** Emma Bunton arrives for a meeting with Edina.
10.00 **Not Going Out** Lee pretends to be gay.
10.40 **Live at the Apollo** With Lee Nelson, Stewart Francis and Paul Chowdhry.
11.40 **Absolutely Fabulous** Edina suffers nightmares about becoming a grandmother.
12.15 AM **French and Saunders**
1.35 **Not Going Out** As 10.00pm.
2.10 **Absolutely Fabulous**
2.40 **dinnerladies**
3.25 **to 4.00** AM **The Rebel**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Cops on the Rock**
9.00 **The Force: Behind the Line**
10.00 **Rick Stein's Far Eastern Odyssey** Sri Lanka and Bali.
11.00 **Rick Stein's Long Weekends**
12.00 NOON **The Force: Behind the Line** Double bill.
1.00 PM **Border Force: America's Gatekeepers**
2.00 **Top Gear** Double bill.
4.00 **QI** With Joe Lycett.
5.00 **Taskmaster** Double bill.

7.40 Would I Lie to You?

7.00 **Richard Osman's House of Games** With Michelle Gayle and Rory Bremner.
7.40 **Would I Lie to You?** With Alan Davies, Richard Osman, Germaine Greer and Jermaine Jenas.
8.20 **QI** With guest panellists Stephen K Amos, Ivo Graham and Holly Walsh.
9.00 **QI** Guests Matt Lucas, Holly Walsh and Susan Calman join regular panellist Alan Davies and host Sandi Toksvig.
10.00 **Have I Got a Bit More News for You** David Dimbleby hosts, with guests Stacey Dooley and Henning Wehn.
11.00 **Taskmaster**
12.00 M'T **Would I Lie to You?**
12.40 AM **Mock the Week**
1.20 **QI** As 8.20pm.
2.00 **House of Games** As 7.00pm.
2.30 **Not Going Out**
3.00 **to 4.00** AM **Have I Got a Bit More News for You**

+1 hour 211 131 74

Tuesday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 16&17/19. (S1)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Remembrance** Drama starring Eva La Rue.
11.50 **Great! Movie News**
12.00 NOON **Castle** (S4)
1.00 PM **Body of Proof** (S3)
3.00 **Sue Thomas: F.B.Eye**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 12/24. Hawkeye and Trapper go on a quest for an incubator. **8.30** 13/24. Radar suffers an accident. (S2)
9.00 **Randall and Hopkirk (Deceased)** 19/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 193 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **The Dog House**
8.00 **George Clarke's Amazing Spaces** The architect delves into the world of small builds.
9.00 **The Great Pottery Throw Down** Amateur potters take part in a 35-day throwing contest.
10.15 **Celebrity Gogglebox** Shows include *Platinum Party at the Palace.*
11.20 **Jon & Lucy's Odd Couples** Relationship challenge hosted by Jon Richardson and Lucy Beaumont.
12.20 AM **24 Hours in A&E**
1.25 **Belfast Midwives**
2.30 **8 Out of 10 Cats Does Countdown**
3.35 **to 4.35** AM **I Literally Just Told You**

5USA

141 141 153 21 129

9.00 AM **Entertainment News**
9.05 **NCIS** 8-11/24. (S10)
1.00 PM **Law & Order** (S15)
6.00 **NCIS** *The Immortals:* 4/23. A sailor's body is discovered at the bottom of the sea. **7.00** *The Curse:* 5/23. A hunter finds the mummified body of a navy lieutenant. **8.00** *High Seas:* 6/23. Two sailors are found dead of an apparent overdose. (S1)
9.00 FILM **Exiled: A Law & Order Movie** Crime drama starring Chris Noth. A former homicide detective uses his a murder case as an excuse to regain his rank. (1998, 15, 84min) ★★
10.55 **Law & Order: Special Victims Unit** (S20&19)
1.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Nightmare Tenants, Slum Landlords**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Documentary.
8.00 **Ambulance: Code Red**
9.00 **The Cruise: Below Deck**
10.00 **999: Critical Condition**
11.00 **Casualty 24/7: Every Second Counts**
12.00 M'T **Skin A&E**
1.00 AM **Dirty Home Rescue**
2.00 **GPs: Behind Closed...**
3.00 **Suits** 11/16. (S8)
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Million Pound Build for Children in Need**
12.00 NOON **MasterChef USA**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Property Brothers: Forever Homes**
7.00 **MasterChef USA** New edition The chefs make signature dishes from Gordon Ramsay's Michelin star menu.
8.00 **Extreme Food Phobics**
9.00 **Alex Jones: Making Babies** Documentary.
10.00 **One Born Every Minute**
11.00 **999 Rescue Squad**
12.00 M'T **24 Hours in A&E**
1.00 AM **Young Vets**
2.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.25 AM **All Creatures Great and Small**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Pie in the Sky**
4.10 **All Creatures Great and Small**
5.25 **As Time Goes By**
6.00 **Are You Being Served?**
6.40 **Some Mothers Do 'Ave 'Em** Frank sets out to call the doctor.
7.20 **Last of the Summer Wine** Compo's nephew Gordon gets married.
8.00 **Dalziel & Pascoe**
10.00 **New Tricks** *Roots.*
11.10 **Hustle**
12.30 AM **Some Mothers Do 'Ave 'Em** As 6.40pm.
1.10 **As Time Goes By**
1.50 **Pie in the Sky**
2.50 **to 4.00** AM **Howards' Way**

+1 hour 243 226 60

RealityXtra

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive** (S1)
1.05 PM **JAG** (S5)
3.00 **Perry Mason** (S4)
5.00 **The Fugitive** *Glass Tightrope*: 12/30. Kimble witnesses a killing and tries to save an innocent man from being charged with murder. (S1)
6.00 **Matlock** *The Legacy – Part Two*: 4/19. Josh Winfield confesses to murdering Arthur Kendall, but Ben is suspicious and asks Conrad to investigate the woman Kendall had been with not long before he died. (S7)
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Medical Detectives**

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 13/26. (S3)
9.00 **Mutant X** 7/22. (S1)
10.00 **Star Trek: The Next Generation** 18/26. (S3)
11.00 FILM **3 Headed Shark Attack** Sci-fi thriller. (2015, 18, 89min) ★★
12.50 PM **Legend Lowdown**
1.00 FILM **The Bone Eater** Horror. (2007, 12) ★★
2.50 **Legend Lowdown**
3.00 FILM **Alien Convergence** Thriller. (2017, 15) ★★
4.50 **Legend Lowdown**
5.00 **Star Trek** 4/26. (S2)
6.00 **Star Trek: The Next Generation** 19/26. (S3)
7.00 **Airwolf** 8/12. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **The Humanity Bureau** Sci-fi thriller. (2017, 15, 95min) ★★
10.55 FILM **Ghosts of War** Horror. (2020, 18) ★★
12.50 AM FILM **Sacrifice** Horror. (2020, 15) ★★
2.35 **to 4.30** AM FILM **Cabin Fever** Horror. (2016) ★

Challenge

152 145 48 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions.
7.00 **Pointless Celebrities** Quiz show with stars from the 1970s including David Jensen, Les McKeown, Diane Keen, Martin Jarvis, Liza Goddard, Isla St Clair and Patti Boulaye.
8.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!

159 159 835 164 163

7.00 AM **Hollywood Medium with Tyler Henry**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Big Rich Texas**
12.00 NOON **Botched**
1.00 PM **Life of Kylie**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** A transgender showgirl seeks help. **8.00** Dr Paul Nassif fixes a crater on a woman's nose.
9.00 **Keeping Up with the Kardashians** Khloe tries to cure Kourtney's indecisiveness. **10.00** Kim is torn over maintaining a relationship with Cait.
11.00 **Big Rich Texas**
12.00 M'T **Dr 90210**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **to 5.00** AM **How Do I Look?**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Fish Town**
7.00 **Discovering: Charlton Heston**
8.00 **The Directors**
9.00 **The Sixties**
10.00 **JFK: Destiny Betrayed**
11.05 **The Guest Wing**
12.00 NOON FILM **Listen to Me Marlon** A portrait of Marlon Brando. (2015, 15, 100min) ★★★★
2.00 PM **The Go-Go's**
4.00 **The Directors**
5.00 **Discovering: Charlton Heston**
6.00 **The Sixties**
7.00 **JFK: Destiny Betrayed**
8.05 **The Guest Wing**
9.00 **What's My Name: Muhammad Ali** Chronicling the life of the sporting legend.
12.25 AM **Missile from the East** Documentary.
2.15 **Spring Awakening: Those You've Known**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Charlton Heston**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Hope for Wildlife**
8.00 **Arctic Secrets**
9.00 **Big Cat Country**
10.00 **Africa's Wild Horizons**
11.00 **Into the Wild: India**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Malawi Wildlife Rescue**
3.00 **Big Cat Country**
4.00 **Africa's Wild Horizons**
5.00 **Into the Wild: India**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **The Wadden Sea** The young rabbits discover they are not safe.
9.00 **Africa's Claws and Jaws**
10.00 **Hope for Wildlife**
11.00 **Into the Wild: India**
12.00 M'T **Becoming Orangutan**
1.00 AM **Gangs of Baboon Falls** Documentary.
2.00 **The Wadden Sea**
3.00 **Africa's Claws and Jaws**
4.00 **Malawi Wildlife Rescue**
5.00 **to 6.00** AM **Big Cat...**

HGTV

158 286 44 166

7.00 AM **Building Off the...**
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer to Fabulous**
2.00 **Fixer Upper: The Castle**
2.30 **The Retro Plant Shop**
3.00 **Love Your Garden**
4.00 **Sarah Beeny's Renovate Don't Relocate**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 **My Lottery Dream Home: 100 Dreams Come True** New edition
10.00 **Unsellable Houses** New edition
11.00 **Fixer to Fabulous**
12.00 M'T **Escape to the...**
1.00 AM **Building Off the...**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Girl Meets Farm** New editions Double bill.
9.00 **Ainsley's Good Mood...**
10.00 **The Hairy Bikers' Chicken and Egg**
11.00 **Rachel Allen: Bake!**
12.00 NOON **The Great Comic Relief Bake Off**
2.00 PM **James Martin's United Cakes of America** Double bill.
3.00 **River Cottage**
4.00 **The Pioneer Woman**
5.00 **Barefoot Contessa**
6.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
7.00 **Great British Bake Off**
8.00 **Ainsley's Good Mood...**
9.00 **Hairy Bikers' Chicken...**
10.00 **Rick Stein's Food...**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Ace of Cakes**
2.00 **Cake Boss**
4.00 **Building Off the Grid**
5.00 **Alaska: Homestead Rescue** Reality series.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Two new skippers take on the treacherous sea.
9.00 **Gold Divers** High summer temperatures cause the miners to find new strategies.
10.00 **Aussie Gold Hunters**
11.00 **Yukon Gold**
12.00 M'T **Alaska: The Last Frontier** Reality series.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Trucking Hell**
10.00 **Outback Truckers**
11.00 **Police Interceptors**
11.55 FILM **Decision Before Dawn** War drama. (1951, 15, 119min) ★★
2.25 PM FILM **Colt .45** Western adventure. (1950, U, 74min) ★★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** Following motorway officers as they crack down on the nation's worst drivers.
10.00 **Outback Truckers**
11.00 **World's Deadliest Weather: Caught on Camera** A frozen lake.
12.00 M'T **Police Interceptors**
2.05 AM **999: Criminals Caught on Camera**
3.05 **Car Crash TV**
4.00 **Airport 24/7: Thailand**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Stop, Search, Seize**
11.00 **UK Border Force**
12.00 NOON **Murdered at...**
1.00 PM **Murders That Shocked The Nation**
2.00 **What the Killer Did Next**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **World's Most Evil Killers** New edition
10.00 **How I Caught the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **What the Killer...**
3.00 **Murders That Shocked The Nation**
4.00 **Law & Disorder**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 221

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Double bill following medical detectives as they solve real crimes.
8.00 **48 Hours** The disappearance of Gabby Petito and the hunt for her partner Brian Laundrie. **9.30** A pregnant wife vanishes without a trace on Christmas Eve.
10.00 **Murder By the Sea** Deadly tales from the coastlines of the UK.
11.00 **Snapped: Killer Couples**
12.00 M'T **Medical Detectives**
1.00 AM **It Takes a Killer**
2.00 **Murder By the Sea**
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Italy.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **The Repair Shop**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A travel trunk.
1.00 PM **The Bidding Room**
2.00 **Animal Cops Houston**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Cornwall Air 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **The Great British Sewing Bee** The contestants must make children's clothes.
10.30 **Dr. Pimple Popper: Before The Pop**
11.00 **Ghost Adventures**
12.00 M'T **The Osbournes Want to Believe**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze

164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Nature Gone Wild**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Nature Gone Wild**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal** The team of antiques experts visit St Albans, Hertfordshire, where they discover a retro clock and a stereoscope.
9.00 **Hardcore Pawn**
10.00 **Court Cam** Double bill.
11.00 **Counting Cars**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Poland**
1.00 PM **Cake Boss**
2.00 **My 600lb Life**
3.00 **Lottery Dream Home**
4.00 **Seeking Sister Wife**
5.00 **sMothered**
6.00 **Flip or Flop**
7.00 **Say Yes to the Dress**
8.00 **Brother Vs. Brother**
9.00 **Married to Real Estate**
10.00 **I Love a Mama's Boy** New edition
11.00 **Dr Pimple Popper**
12.00 M'T **Brother Vs. Brother**
1.00 AM **Married to Real...**
2.00 **I Love a Mama's Boy**
3.00 **Dr Pimple Popper**
4.00 **Curvy Brides Boutique**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Highland Vet**
1.00 PM **GPs: Behind Closed Doors** Double bill.
3.00 **The Yorkshire Vet**
5.00 **The Highland Vet**
6.00 **Walking Victorian Britain** In Birmingham.
7.00 **Inside the Steam Train Museum** The staff throw a Halloween event.
8.00 **Walking Britain's Roman Roads**
9.00 **Lighthouses: Building the Impossible** Rob Bell profiles the Longstone lighthouse off the coast of Northumberland.
10.00 **Forged in Fire**
11.50 **Walking Britain's Roman Roads**
12.50 AM **Kew Gardens: A Year in Bloom**
1.50 **Secrets of the Royal Palaces** Double bill.
3.35 **to 4.00** AM **The Yorkshire Vet**

Quest

144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How It's Made: Dream Cars**
1.00 PM **The Repair Shop**
2.00 **The Restoration Man**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **The Woodland Workshop** New edition
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Helicopter ER**
2.00 **Salvage Hunters...**
3.00 **How It's Made: Dream Cars** Double bill.
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes: Wedding SOS** Reality series.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **American Monster**
2.00 **Disappeared**
3.00 **Forbidden: Dying for Love**
4.00 **Animal Cops Phoenix**
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family** A woman hopes to be reunited with the daughter she gave up for adoption as a teenager.
8.00 **My 600lb Life: Where Are They Now?** New edition Holly faces a wedding and skin surgery.
10.00 **1000-lb Best Friends**
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 **A Crime to Remember**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Building Off the Grid**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers: Dream Car**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush**
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers**
6.00 **Salvage Hunters** Drew Pritchard finds a lamp that could make his trip worthwhile.

8.00 Gold Rush

7.00 **Diesel Brothers** Heavy D's plan falls apart when he plans to turn a K5 Blazer into an off-road showpiece for a client.
8.00 **Gold Rush** New edition Following the gold miners of the Yukon as they put everything on the line in the hope of striking it rich.
10.00 NEW SERIES **Gold, Lies & Videotape** A treasure hunting family set out to retrieve the rights to a treasure trove.
11.00 **Naked and Afraid** Gary and Karra's skills will be put to the test. After days of starvation, an unripe fruit causes one of them serious illness.
12.00 M'T **Gold Rush** As 8pm.
2.00 AM **Gold, Lies & Videotape**
3.00 **Moonshiners**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Insane Pools: Off the Deep End** A jungle oasis.
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **How Do Animals Do That?** Double bill.
2.00 **Swimming with Monsters with Steve Backshall**
3.00 **Rugged Justice**
4.00 **Saved By the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet**
6.00 **Insane Pools: Off the Deep End** A tiny pool.

9.00 The Aquarium

7.00 **Amanda to the Rescue** An energetic kitten faces being put down after breaking its leg for the second time.
8.00 **The Aquarium** A sea lion has stomach trouble and Big Mama the guitarfish may be living up to her name.
9.00 **The Aquarium** Technology from California is brought to the aquarium to monitor beluga whale activity.
10.00 **Alaska: The Last Frontier** Eivin takes his son on his first coming of age hunt, while Jane and Atz Lee fish for pike.
11.00 **Expedition Bigfoot**
1.00 AM **Alaska: The Last Frontier** Tempers flare as Otto, Eivin, and Levi move an old workshop cabin to Otto's property.
2.00 **Saved By the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 259

Nat Geographic

129 129 825 266 268

8.00 AM **Food Factory**
8.30 **Money Meltdown**
9.00 **Nazi Megastructures**
10.00 **WW2: Hell Under the Sea**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Air Crash Investigation** Documentary.
1.00 PM **Wicked Tuna**
2.00 **Drain the Oceans: Buried Secrets of the Gold Rush**
3.00 **Nazi Megastructures**
5.00 **Buried Secrets of the Bible**
6.00 **Lost Treasures of Egypt** Archaeologists hunt for clues to the rise of mummification.

10.00 Drain the Oceans

7.00 **Air Crash Investigation** Investigators become suspicious when an airline suffers two accidents within six months.
8.00 **Snakes in the City** Simon has his hands full with a black mamba that will not be caught, and a cobra hiding in a room.
9.00 **Snakes in the City** Simon has his hands full with a lightning-fast mamba, and an unidentified snake terrorises a school.
10.00 **Drain the Oceans: Deep Dive** New edition Shipwrecks so mysterious their fate became the stuff of legends.
11.00 **Air Crash Investigation**
12.00 M'T **Wicked Tuna: North v South** The fleet communicate in order to find the fish.
1.00 AM **Ice Road Rescue**
2.00 **Food Factory**
4.10 **Exotic Animal ER: Double Dose** Documentary.
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Counting Cars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Storage Wars**
11.00 **Ultimate Mysteries**
12.00 NOON **The Proof Is Out There**
1.00 PM **What on Earth?**
2.00 **Curse of Skinwalker Ranch**
3.00 **Legends of the Pharaohs: Secrets of the Pyramid Builders** Documentary.
4.00 **Counting Cars**
5.00 **Pawn Stars**
6.00 **American Pickers**

9.00 The Real Conjuring

7.00 **Forged in Fire** In a nod to Korean bladesmithing, the challenge is to recreate the Hwando sword and attempt the water quench.
8.00 **Mystery Places** A look at Togo's traditional religious practices and a tour of the incredible Danakil Desert in Ethiopia.
9.00 **The Real Conjuring: Our Story** 2/2. The 18th-century farmhouse of horrors in Rhode Island.
10.00 **The Proof Is Out There** A UFO spotted over one of the world's holiest sites. **10.30** A pattern of UFO sightings near volcanoes.
11.00 **Paranormal: Caught on Camera** A man witnesses a possible alien invasion.
12.00 M'T **The Curse of Oak Island**
2.00 AM **Ultimate Mysteries**
3.00 **Paranormal: Caught on...**
4.00 **What on Earth?**
5.00 **to 6.00** AM **The Proof Is Out There**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Murder Maps** Double bill.
8.00 **Abandoned Engineering**
9.00 **Secret Nazi Bases**
10.00 **Warbird Workshop**
11.00 **Fred Dibnah's Made in Britain** Double bill.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers and Cash**
4.00 **Secret Nazi Bases**
5.00 **Warbird Workshop**
6.00 **Great British Railway Journeys** Michael Portillo arrives in Newport, Gwent. **6.30** From Taunton.

8.00 Secrets of Britain

7.00 **Fred Dibnah's Made in Britain** The Lake District's industrial heritage. **7.30** A traditional ironworks in Scotland.
8.00 **Secrets of Britain** Charting the history of subterranean London, uncovering Roman remains and plague pits.
9.00 **Bangers & Cash: Restoring Classics** Derek thinks a 29,000-mile Ford Capri should be kept original.
10.00 **Bangers and Cash** The team is under pressure with a record number of cars to auction, but Derek finds room for one more.
11.00 **Abandoned Engineering** The desert town that faced a disaster of biblical proportions. Plus, vast coastal ruins that reveal a past once wiped from history.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Murder Maps**

+1 hour 255 217 75

Tuesday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Unexplained Files**
7.00 **How the Universe Works**
8.00 **Devonport: Inside the Royal Navy**
9.00 **Combat Dealers...**
10.00 **Treasure Quest: Snake Island**
11.00 **King Tut's Mystery Tomb Opened**
12.00 NOON **Unexplained...**
1.00 PM **Expedition Unknown**
2.00 **Truth Behind the Moon Landing**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Documentary.
5.00 **Devonport: Inside...**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **Tales from the Explorers Club**
10.00 **How the Universe Works**
11.00 **King Tut's Mystery...**
12.00 M'T **Combat Dealers**
2.00 AM **Tales from the...**
3.00 **to 5.00** AM **Highlights**

+1 hour 277 261

Eden

166 245

9.00 AM **Bahama Blue**
10.00 **Aquarium: An Aquatic Life** Documentary.
11.00 **The Zoo** Double bill.
12.00 NOON **World's Greatest Palaces**
2.00 PM **Bahama Blue**
3.00 **Life in the Great Wetlands** The Amazon.
5.00 **Aquarium: An Aquatic...**
6.00 **The Zoo** Double bill.
7.00 **World's Greatest Palaces** Documentary.
8.00 **Bahama Blue**
9.00 **Life in the Great...**
10.00 **The Zoo** Double bill.
11.00 **Aquarium: An Aquatic...**
12.00 M'T **World's Greatest...**
1.00 AM **Bahama Blue**
2.00 **Aquarium: An Aquatic...**
3.00 **The Zoo** Double bill.
3.50 **Life in the Great...**
4.40 **World's Greatest...**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Bizarre Animal Friends** Documentary.
9.00 **Botswana**
12.00 NOON **Snakes in the City** Documentary.
1.00 PM **Yukon Vet**
2.00 **Madagascar's Weirdest**
3.00 **Weirdest Animals: Freaky Families**
4.00 **America's Funniest Home Videos: Animal Edition**
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** Documentary.
8.00 **Secrets of the Zoo** New edition
9.00 **The Hatcher Family Dairy** Documentary.
10.00 **Pop Goes the Vet with Dr Joya**
11.00 **Snakes in the City**
12.00 M'T **Something Bit Me**
1.00 AM **Caught in the Act**
2.00 **Snakes in the City**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Madagascar's Weirdest**

Sky History 2

163 163 840 272

8.00 AM **Digging for Britain**
9.00 **Combat Machines**
10.00 **WW2 Treasure Hunters**
11.00 **Ancient Aliens**
1.00 PM **Conspiracy Files: Unsealed** Double bill.
2.00 **Digging for Britain**
3.00 **Conspiracy**
4.00 **James Nesbitt: Disasters That Changed Britain**
5.00 **Combat Ships**
6.00 **Conspiracy Files: Unsealed** Double bill.
7.00 **Digging for Britain**
8.00 **Conspiracy**
9.00 **History's Greatest Mysteries** The Holy Grail.
10.00 **Curse of Skinwalker Ranch** Documentary.
11.00 **Ancient Aliens**
1.00 AM **Conspiracy**
2.00 **History's Greatest Mysteries** As 9pm.
3.00 **Curse of Skinwalker Ranch** Documentary.
4.00 **WW2 Treasure Hunters**
5.00 **to 6.00** AM **The Curse of Oak Island**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.40 **Nazi Hunters**
9.35 **A History of Ancient Britain: Orkney's Stone Age Temple**
10.40 **Europe's Forgotten...**
11.45 **Jazz** As 9.40pm.
1.00 PM **Attenborough's Ant Mountain**
2.05 **Nazi Hunters**
3.00 **A History of Ancient Britain: Orkney's Stone Age Temple**
4.05 **Europe's Forgotten...**
5.15 **Jazz** As 9.40pm.
6.25 **Nazi Hunters**
7.25 **A History of Ancient Britain: Orkney's Stone Age Temple**
8.30 **Europe's Forgotten Border** Documentary.
9.40 **Jazz** The mellow sound of cool jazz.
10.55 **A History of Ancient Britain: Orkney's Stone Age Temple**
12.00 M'T **Europe's Forgotten...**
1.15 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Meet, Marry, Murder**
11.00 **Murder Masterminds**
12.00 NOON **Buried in the...**
1.00 PM **Fear Thy Neighbour**
2.00 **Exhumed: Killer Revealed** Documentary.
3.00 **On the Case**
4.00 **What the Killer Did Next** Saima Khan.
5.00 **Jo Frost on Britain's Killer Kids**
6.00 **The First 48**
7.00 **Buried in the Backyard**
8.00 **On the Case with Paula Zahn**
9.00 **Buried in the Backyard**
10.00 **Murdered By Morning**
11.00 **I Am a Killer**
12.00 M'T **Meet, Marry, Murder**
1.00 AM **Buried in the...**
2.00 **Murdered By Morning**
3.00 **Fear Thy Neighbour**
4.00 **On the Case**
5.00 **to 6.00** AM **Exhumed: Killer Revealed**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

TUESDAY Films

Sky Cinema Premiere

301 301 848 401 501 515

6.25 AM **Eiffel** As 2.15pm.
8.30 **The Estate** Comedy with Toni Collette. (2022, 15, 96min) ★★
10.25 **The Last Son** As 12.20am.
12.20 PM **One Way** As 10.25pm.
2.15 **Eiffel** Drama starring Romain Duris. (2021, 15, 108min) ★★★
4.20 **Der Kaiser** Sports biopic starring Klaus Steinbacher. Subtitled. (2022, PG, 110min)
6.10 **The Duke** Comedy drama starring Jim Broadbent. (2020, 12, 95min) ★★★★

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Summerland** As 4.15am.
7.50 **Minari** Romantic drama. (2020, 12, 115min) ★★★★
9.50 **The Matrix** As 8.00pm.
12.10 PM **Reminiscence** (2021)
2.10 **Paranormal Activity** Home-video horror chiller. (2007, 15, 86min) ★★★
3.45 **The Talented Mr Ripley** Psychological thriller. (1999, 15, 139min) ★★★★★
6.10 **Whiplash** Music drama. (2014, 15, 106min) ★★★★★

Sky Cinema Family

306 306 850 406 506 520

6.10 AM **Sky Cinema Preview**
6.40 **Alvin and the Chipmunks** Comedy. (2007, U) ★★★
8.25 **Adventures of Sharkboy and Lavagirl in 3-D** (2005) ★★
10.10 **Mr Magorium's Wonder Emporium** (2007, U) ★★★
12.00 NOON **Divergent** (2014) ★★★
2.30 PM **Alvin and the Chipmunks: The Squeakquel** (2009) ★★
4.00 **Earth to Echo** (2014) ★★★
5.35 **Four Kids and It** (2020) ★★★
7.35 **Furry Vengeance** (2010) ★★

Sky Cinema Action

307 307 851 407 507 521

6.10 AM **Hero** As 2.10pm.
8.00 **The International** As 4pm.
10.10 **Reindeer Games** Thriller. (2000, 15, 105min) ★★★★
12.10 PM **Charlie's Angels: Full Throttle** As 1.35am.
2.10 **Hero** Chinese adventure. Subtitled. (2002, 12) ★★★★
4.00 **The International** Thriller. (2009, 15, 113min) ★★★★
6.00 **Conan the Barbarian** Action fantasy adventure. (2010, 15, 112min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Are We There Yet?**
8.15 **The Boss** omedy, starring Melissa McCarthy and Kristen Bell. (2015, 15, 89min) ★★★
10.00 **Ace Ventura Pet Detective**
11.30 **Ace Ventura: When Nature Calls** As shown at 8.00pm.
1.10 PM **Sonic the Hedgehog 2**
3.15 **The Truman Show** (1997)
5.00 **Liar Liar** As 11.30pm.
6.30 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★

Tuesday primetime

8.00 Operation Mincemeat

8 PM

8.00 **Operation Mincemeat** Drama starring Colin Firth and Matthew Macfadyen. During World War Two, two intelligence officers use a corpse and false papers to outwit German troops. With Rufus Wright, Kelly Macdonald and Jason Isaacs. (2021, 12, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.25 **One Way** Thriller starring Kevin Bacon. After robbing his former crime boss, a badly wounded man goes on the run with a bag full of cash and drugs. (2022, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.20 AM **The Last Son** Western. (2021, 15, 96min) ★★
2.10 **Crimes of the Future** Sci-fi horror with Viggo Mortensen. (2022, 18, 107min) ★★★
4.10 **to 6.25** AM **Operation Mincemeat** As 8.00pm.

+1 hour 312

10.20 The Mexican

8.00 **The Matrix** Sci-fi action thriller starring Keanu Reeves. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. With Laurence Fishburne, Carrie-Anne Moss and Hugo Weaving. (1999, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Mexican** Action comedy starring Brad Pitt and Julia Roberts. A hapless crook attempts to retrieve a valuable pistol from across the Mexican border. (2001, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Reminiscence** Sci-fi romance with Hugh Jackman. (2021, 12, 116min) ★★★
2.40 **Paranormal Activity** (2007)
4.15 **to 6.00** AM **Summerland** Drama with Gemma Arterton. (2020, 12, 99min) ★★★

7.35 Furry Vengeance

Furry Vengeance (film started at 7.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **The Brady Bunch Movie** Spoof comedy based on the hit TV sitcom, starring Shelley Long, Gary Cole and Christopher Daniel Barnes. It's 1995, but the Brady family are still living in the 1970s. (1995, 12, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Hero Mode** Director AJ Tesler's comedy, starring Chris Carpenter, Mira Sorvino, Philip Solomon and Bret Harrison. (2021, PG, 88min) ★★
12.40 AM **The Prince & Me** Romantic comedy starring Julia Stiles and Luke Mably. (2004, PG, 111min) ★★
2.45 **One Special Night** Romantic drama starring James Garner. (1999, PG, 87min) ★★
4.25 **to 6.00** AM **Hero Mode**

8.00 King Kong

8.00 **King Kong** Peter Jackson's spectacular remake of the classic monster movie, starring Naomi Watts, Jack Black and Adrien Brody. A 1930s film crew travel to a mysterious, unexplored island and encounter the 'eighth wonder of the world' – a giant gorilla to whom the natives offer human sacrifices. (2005, 12, 187min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **The Lost City of Z** Drama with Charlie Hunnam, Robert Pattinson and Sienna Miller. (2016, 15, 141min) ★★★★
1.35 AM **Charlie's Angels: Full Throttle** Action comedy sequel starring Cameron Diaz, Drew Barrymore and Lucy Liu. (2003, 12, 106min) ★
3.35 **to 6.00** AM **The Hunt for Red October** Cold War thriller starring Sean Connery. (1990, PG, 135min) ★★★★

9.40 The Truman Show

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Truman Show** Comedy starring Jim Carrey as the star of the world's longest running documentary soap opera. With Ed Harris. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Liar Liar** Comedy starring Jim Carrey and Maura Tierney. (1997, 12, 86min) ★★★★
1.05 AM **Sonic the Hedgehog 2** Adventure comedy sequel starring James Marsden. (2022, PG, 122min) ★★★
3.10 **Carry On Sergeant** The first *Carry On* comedy. (1958, b/w, U, 83min) ★★★
4.50 **to 6.30** AM **Are We There Yet?** Comedy starring Ice Cube. (2005, PG, 95min) ★

Sky Cinema Greats

311 311 849 404 504 518

6.00 AM **White Christmas** (1954)
8.05 **Roustabout** Musical with Elvis Presley. (1964, U, 97min) ★★
9.50 **Trading Places** Comedy. (1983, 15, 116min) ★★★★★
11.50 **A Few Good Men** As 5.40pm.
2.10 PM **The Warriors** Thriller. (1979, 15, 94min) ★★★
3.45 **Young Sherlock Holmes** Adventure with Nicholas Rowe. (1985, PG, 109min) ★★★
5.40 **A Few Good Men** Courtroom drama starring Tom Cruise, Jack Nicholson and Demi Moore. A slick young US Navy lawyer locks horns with the martinet commander of a US military base in Cuba over a murder trial. (1992, 15, 132min) ★★★★
8.00 **The Bridges at Toko-Ri** Korean War drama starring William Holden. (1954, U, 99min) ★★★
9.55 **Ace High** Spaghetti Western starring Eli Wallach and Terence Hill. (1968, 15, 116min) ★★★
12.00 M'T **American Beauty** Oscar-winning satirical comedy. (1999, 18, 122min) ★★★★★
2.05 AM **The Quiet Man** John Ford's drama. (1952, U, 129min) ★★★
4.20 **to 6.25** AM **White Christmas** Vintage festive musical. (1954, U, 120min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Sky Cinema Preview**
6.30 **Dr Seuss' The Lorax** Animation. (2012, U, 86min) ★★★
8.05 **The Secret Life of Pets** (2016)
9.40 **Minions** Animated comedy. (2015, U, 91min) ★★★★
11.15 **Magic Arch** Animated fantasy. (2020, PG, 82min) ★
12.50 PM **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
2.30 **The Reef 2: High Tide** Animated sequel. (2013, U) ★★
4.00 **Sing 2** Animated sequel. (2021, PG, 110min) ★★★★
6.00 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
7.35 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
9.15 **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U) ★★
10.35 **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG, 71min) ★★
11.50 **Planet 51** Animated adventure. (2009, U, 86min) ★★★
1.30 AM **Gulliver Returns** Animated adventure. (2021, U, 90min)
3.05 **Sky Cinema Preview**
3.25 **Lego Batman: The Movie...**
4.40 **to 6.00** AM **The Adventures of Tom Thumb and Thumbelina**

TCM Movies

315 415 416

6.00 AM **Off Set** With Jamie Cullum.
6.25 **The Man from UNCLE** (S3)
8.40 **The Treasure of the Sierra Madre** Adventure. (1948, b/w, PG, 126min) ★★★★★
11.15 **The Man from UNCLE** (S3)
1.30 PM **The Spy Who Came in from the Cold** Thriller. (1965, b/w, PG, 107min) ★★★★
3.50 **Bandits of the West** Western. (1953, b/w, PG, 54min) ★★
5.00 **The Bounty Hunter** Western. (1954, U, 79min) ★★
6.40 **Beau Brummell** Costume drama starring Stewart Granger. (1954, U, 111min) ★★★
9.00 **The Enforcer** Action thriller starring Clint Eastwood. San Francisco cop Harry Callahan, tries to track down a gang of homicidal young hoodlums with the help of a new female partner. (1976, 18, 95min) ★★★
11.00 **Righteous Kill** Crime thriller. (2008, 15, 100min) ★★★
1.05 AM **Teleshopping**
3.15 **Off Set** With Ben Miller.
3.30 **Close Up** Triple bill.
5.00 **Hollywood's Best Directors**
5.30 **Off Set** With Jamie Cullum.
5.40 **to 6.45** AM **Man from UNCLE**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Freckles** Western. (1960, U, 83min) ★★
7.45 **Beyond the Curtain** Thriller. (1960, b/w, U, 88min) ★★
9.30 **Interpol Calling** (S1)
10.00 **Bedelia** (1946, b/w, PG) ★★
11.50 **Stockport in 1959**
12.20 PM **Face the Music** Thriller. (1954, b/w, PG, 84min) ★★
2.05 **The Last Angry Man** Drama. (1959, b/w, U, 100min) ★★
4.10 **The Rocking Horse Winner** Drama. (1949, b/w, PG) ★★★
6.00 **Scotland Yard** (S1)
6.35 **Wings of Danger** Thriller. (1952, b/w, PG, 73min) ★★
7.50 **Look at Life**
8.00 **Maigret** 8/13. (S4)
9.05 **Steptoe & Son Ride Again** Spin-off from the TV comedy series. (1973, PG, 98min) ★★★
11.00 **Public Eye** 12/13. (S7)
12.00 M'T **Cellar Club with Caroline...**
12.05 AM **The Two Faces of Dr Jekyll** Horror. (1960, 15, 88min) ★★
1.50 **Cellar Club with Caroline Munro**
1.55 **Homicidal** Chiller. (1961, 18) ★★
3.40 **Cellar Club with Caroline Munro**
3.45 **Fear No More** Mystery. (1961, b/w, PG, 80min) ★★
5.20 **Cellar Club with Caroline Munro**
5.25 **to 6.00** AM **Mrs G Goes to College**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Crazy Eddie:* 2/22. Cade escapes from the psychiatric hospital. (S1)
8.00 **Farscape** *Mental as Anything:* 15/22. D'Argo is accused of killing his wife. (S4)
9.00 **Cold Skin** Fantasy horror starring Ray Stevenson, David Oakes and Aura Garrido. (2017, 15, 108min) ★★★
11.05 **The Neighbour** Horror starring Josh Stewart and Bill Engvall. (2016, 18, 87min) ★★★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Farscape**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Sky Cinema Preview**
6.30 **False Positive** (2021, 15) ★★
8.20 **The Desperate Hour** Thriller. (2021, 12, 84min) ★★★★
10.00 **The Sweeney** As 8.00pm.
12.00 NOON **The Outfit** Drama. (2022, 15, 105min) ★★★
2.00 PM **The Dry** Crime drama. (2020, 15, 117min) ★★★★
4.10 **Teaching Mrs Tingle** Thriller. (1999, 15, 96min) ★★★
6.00 **Old** M Night Shyamalan's horror. (2021, 15, 108min) ★★

8.00 The Sweeney

8.00 **The Sweeney** Action thriller based on the iconic 1970s TV series, starring Ray Winstone and Ben Drew. Flying Squad cops Jack Regan and George Carter try to foil a plot to rob a private bank off Trafalgar Square. (2012, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Things to Do in Denver When You're Dead** Offbeat thriller starring Andy Garcia as a retired gangster who is persuaded by his ex-boss into committing one last crime. With Christopher Walken. (1995, 18, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Surveillance** Thriller. (2008, 18, 97min) ★★★
2.05 **The Secrets We Keep** Thriller. (2020, 15, 97min) ★★★
4.00 **to 6.20** AM **Raging Fire** Action adventure. (2021, 15, 126min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **My New York Year**
7.45 **A Mouthful of Air** (2021)
9.35 **The Imitation Game** (2014)
11.35 **Control** Music biopic. (2007, b/w, 15, 116min) ★★★★★
1.40 PM **Hamlet** Update of the William Shakespeare tragedy set in modern-day New York. (2000, 12, 111min) ★★
3.35 **Straight Outta Compton** Music biopic. (2015, 15) ★★★
6.05 **The Impossible** Disaster movie. (2012, 12, 114min) ★★★★

6.05 The Impossible

8.00 **Miss Potter** Biopic starring Renée Zellweger as children's author Beatrix Potter, who defied her upper-class family to win fame and wealth for her books in 1900s England. (2006, PG, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Danish Girl** Period drama starring Eddie Redmayne and Alicia Vikander. An artist in 1920s Copenhagen becomes one of the first people to undergo sex reassignment surgery. (2015, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Imitation Game** Biopic of Alan Turing, starring Benedict Cumberbatch. (2014, 12, 112min) ★★★★
2.05 AM **A Mouthful of Air** Drama. (2021, 15, 105min) ★★★★
4.05 **to 6.00** AM **My New York Year** Drama starring Margaret Qualley. (2020, 15) ★★★

Sky Cinema Dystopia

304 304 858 411 511 525

6.10 AM **The Accursed** Horror. (2022, 15, 90min) ★★
8.05 **Terminator Salvation** (2009)
10.15 **After Yang** Sci-fi drama. (2022, PG, 96min) ★★★★
12.05 PM **Escape from LA** Adventure sequel. (1996, 15, 102min) ★★
2.00 **Snowpiercer** Fantasy thriller. (2013, 15, 126min) ★★★★
4.15 **Resident Evil: Apocalypse** Thriller. (2004, 15) ★★★
6.05 **A Quiet Place Part II** Horror sequel. (2020, 15) ★★★★

8.00 Prince of Darkness

8.00 **Prince of Darkness** John Carpenter's horror starring Donald Pleasence, Lisa Blount and Jameson Parker. Satan stalks the earth in the guise of some mysterious green ooze. (1987, 18, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **From Dusk Till Dawn 2: Texas Blood Money** Horror sequel starring Robert Patrick, Duane Whitaker and Bo Hopkins. (1999, 18, 88min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Evil Dead 2** Cult director Sam Raimi's tongue-in-cheek horror sequel starring Bruce Campbell and Sarah Berry. (1987, 18, 85min) ★★★
12.55 AM **The Host** Romantic sci-fi thriller starring Saoirse Ronan. (2013, 12, 127min) ★★★
3.05 **Resident Evil: Apocalypse**
4.45 **to 6.45** AM **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale. (2009, 12, 110min) ★★★

Sky Cinema Feel Good

302 302 856 402 502 516

6.30 AM **View from the Top** Drama. (2003, PG) ★★★
8.05 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
10.00 **Chicago** (2002, 12) ★★★★
12.00 NOON **Footloose** Dance drama remake. (2011, 12) ★★★
2.00 PM **Kate & Leopold** Comedy. (2001, 12, 118min) ★★★
4.00 **Shall We Dance?** Comedy drama. (2004, 12) ★★★
6.00 **Steel Magnolias** Comedy drama. (1989, PG) ★★★★

9.55 Chocolat

8.00 **Groundhog Day** Romantic fantasy comedy starring Bill Murray and Andie MacDowell. A cynical TV weatherman finds himself reliving the same 24 hours over and over again. (1993, PG, 103min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Chocolat** Comedy fantasy starring Juliette Binoche, Judi Dench and Johnny Depp. An enigmatic single mother clashes with a pious nobleman after she opens a chocolate shop during Lent in a small French town. (2000, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Cider House Rules** Coming-of-age drama. (1999, 12, 124min) ★★★★
2.30 **Akeelah and the Bee** Drama. (2006, 12, 113min) ★★★★
4.30 **to 6.10** AM **The Sunlit Night** Drama. (2019, 15) ★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Millions Like Us** Drama. (1943, b/w, U) ★★★★
1.05 PM **Three Hours to Kill** Western. (1954, 12) ★★
2.40 **Run Silent, Run Deep** Military drama starring Burt Lancaster. (1958, b/w, U, 90min) ★★★
4.30 **The Riddle of the Sands** Spy adventure. (1978, U) ★★★
6.35 **Star Trek** Sci-fi adventure prequel starring Chris Pine. (2009, 12, 127min) ★★★★

9.00 Red Sparrow

Star Trek (film started at 6.35pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Red Sparrow** Spy thriller starring Jennifer Lawrence. A ballerina is recruited to a Russian intelligence service, where she is forced to use her body as a weapon. With Joel Edgerton and Jeremy Irons. (2018, 15, 134min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.45 **Animal Kingdom** Australian crime drama set in 1980s Melbourne, starring James Frecheville, Ben Mendelsohn, Joel Edgerton and Guy Pearce. (2010, 15, 113min) ★★★★ **11 PM**
2.00 **to 3.55** AM **The Keeping Room** Western starring Brit Marling, Hailee Steinfeld, Muna Otaru and Sam Worthington. (2014, 15, 93min) ★★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Harvest Love** Romantic drama. (2017, PG, 84min) ★★
7.45 **Lying To Be Perfect** Romantic comedy. (2010, PG, 89min) ★★
9.30 **Autumn Dreams** Comedy. (2015, PG, 105min) ★★
11.15 **Valentine in the Vineyard** Romance with Rachael Leigh Cook. (2019, PG, 105min) ★★
1.00 PM **I Married Who?** Comedy. (2012, PG, 86min) ★★
2.45 **Sincerely, Yours, Truly** Drama. (2020, PG, 90min) ★★
4.30 **The Convenient Groom** Romantic drama starring Karen Kruper. (2016, PG, 86min) ★★
6.15 **Surprised by Love** Romantic comedy. (2015, PG, 84min) ★★
8.00 **The Last Bridesmaid** Romantic drama starring Rachel Boston. (2019, PG, 90min) ★★
10.00 **For the Love of Chocolate** Comedy. (2021, PG, 85min) ★★
11.45 **Love on Harbor Island** Drama. (2020, PG, 81min) ★★
1.30 AM **Cooking Up Love** Romantic drama. (2020, PG, 85min) ★★
3.00 **Appetite for Love** Romantic comedy. (2016, PG, 84min) ★★
4.30 **to 6.00** AM **Love Is a Piece of Cake** Drama. (2020, PG ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Ex-Wife Killer** Thriller. (2017, 12, 90min) ★★
11.00 **Deadly Switch** Thriller. (2019, 12, 90min) ★★
1.00 PM **Cradle Swapping** Drama. (2017, 12, 88min) ★★
3.00 **Fatal Getaway** Thriller. (2019, PG, 90min) ★★
4.50 **The Return of the Soldier** Drama starring Julie Christie. (1982, PG, 102min) ★★★
7.10 **Daddy Day Camp** Family comedy sequel starring Cuba Gooding Jr and Paul Rae. After making a success of a day-care centre, two fathers decide to start a summer day camp. (2007, PG, 88min) ★★
9.00 **The Forgotten** Sci-fi thriller starring Julianne Moore. A woman's young son is killed in a plane crash, but then close family begin to deny the boy ever existed. With Dominic West. (2004, 12, 91min) ★★★★
10.50 **Cell** Sci-fi thriller starring John Cusack. (2014, 15, 95min) ★★★
1.05 AM **The Butterfly Effect** Thriller. (2003, 15, 113min) ★★★
3.35 **to 6.00** AM **Breaker Morant** Drama. (1979, PG) ★★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S7)
7.10 **Steel Sharks** Action adventure. (1996, 18, 91min) ★
9.05 **Storm** Thriller. (1999, 12) ★
10.55 **Wings at War 3: Liberation of Europe** Documentary.
12.00 NOON **M*A*S*H** (S7)
1.00 PM **Badland** Western. (2019, 12, 90min) ★★
3.30 **Four Fast Guns** Western. (1960, b/w, U, 72min) ★★
5.05 **Castle Keep** War adventure. (1969, 15, 107min) ★★★
7.15 **Deadly Voltage** Adventure with Alaina Huffman and Mimi Kuzyk. (2015, PG, 84min) ★★
9.00 **Push** Sci-fi thriller starring Chris Evans and Dakota Fanning. Two fugitives from a secret government agency that imprisons people with paranormal abilities travel to Hong Kong to track down a fellow runaway. With Camilla Belle. (2008, 12, 111min) ★
11.05 **The Recall** Sci-fi thriller. (2017, 15, 90min) ★★★
12.55 AM **Cell** Sci-fi thriller. (2014, 15, 95min) ★★★
3.00 **to 4.00** AM **The Blitz on Cologne**

+1 hour 324

Movies 24

325 419

7.00 AM **Love on Iceland** As 7pm.
9.00 **Game, Set, Love** As 9pm.
11.00 **All Summer Long** As 11pm.
1.00 PM **Save the Wedding** As 1am.
3.00 **Love's Second Chance** Drama starring Gabrielle Christian. (2020, PG, 90min) ★★
5.00 **Eat, Drink and Be Married** Romantic drama starring Jocelyn Hudon and Jake Foy. (2019, U, 90min) ★★
7.00 **Love on Iceland** Romantic comedy starring Kaitlin Doubleday. A young woman heads on a trip to Iceland with her college friends, but does not expect to run into her ex. (2020, U, 84min) ★★
9.00 **Game, Set, Love** Romantic comedy with Davida Williams and Richard Harmonv. A former tennis pro coaches an infamous player for a tournament, and sees past his bad reputation. (2022, PG, 84min) ★★
11.00 **All Summer Long** Romantic drama. (2019, PG, 89min) ★★
1.00 AM **Save the Wedding** Drama. (2021, PG, 86min) ★★
3.00 **to 5.00** AM **Love's Second Chance** As shown at 3pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Exiled: A Law & Order Movie** *5USA* Crime drama starring Chris Noth and Dabney Coleman. A former homicide detective uses his involvement in a murder case as an excuse to regain his rank. ★★
9.00 **Scary Movie 2** *Comedy Central* Horror spoof sequel written by and starring Marlon and Shawn Wayans. The survivors of the first *Scary Movie* find more spooky secrets during a research study at Hell House. With Anna Faris, Regina Hall and Natasha Lyonne. ★
11.15 **Love & Mercy** *BBC2 (Not Wales)* Biopic of the Beach Boys' singer-songwriter Brian Wilson, following his creative peak and declining mental health in later years. Stars John Cusack and Paul Dano. ★★★★
11.40 **Cobra** *ITV4* Crime thriller with Sylvester Stallone and Brigitte Nielsen. Maverick cop Marion 'Cobra' Cobretti is assigned to the case of the 'Night Slasher', a seemingly motiveless serial killer who has recently claimed his 16th victim. ★★

TUESDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
7.45 LIVE **Big Bash League Sydney Sixers v Adelaide Strikers.** Coverage of the T20 match from C.ex International Stadium, Coffs Harbour.
11.45 LIVE **SA20 Paarl Royals v Durban Super Giants.** Coverage of the T20 encounter from Eurolux Boland Park, Paarl.
3.00 PM LIVE **SA20 Joburg Super Kings v Pretoria Capitals.** Coverage of the T20 encounter from DP World Wanderers Stadium in Johannesburg.
7.30 **The Transfer Show** Analysis of the latest football transfer news.
8.00 **Sky Sports News** A round-up of the sports news, with live analysis, comment and extended interviews with the headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Ruud van Nistelrooy** A profile of the former Manchester United striker.
7.30 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals: Arsenal**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox** David Ginola looks back at his most memorable moments.
8.30 **The HangOUT with Cesar Azpilicueta**
9.00 **Premier League Review**
10.00 **The HangOUT with Cesar Azpilicueta**
10.30 **PL Retro** Bournemouth v Liverpool from 2016/17.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro**
12.00 NOON **Soccer AM: Best Bits**
12.30 PM **EFL Goals: Leagues 1 & 2**
1.00 **WSL** Highlights.
1.30 **EFL Highlights**
2.30 **Soccer AM: The Best Bits**
3.00 **EFL Goals: Leagues 1 & 2**
3.30 **WSL** Highlights.
4.30 **EFL Highlights**
5.00 **EFL Greatest Games**
5.30 **SPFL Highlights**
6.00 **EFL Highlights**
7.00 **Bundesliga Special: Midseason Review**
8.00 **The HangOUT with Cesar Azpilicueta**
8.30 **WSL** Highlights.
9.30 **Bundesliga Special: Midseason Review**
10.30 **EFL Highlights**
11.00 **The HangOUT with Cesar Azpilicueta**
11.30 **EFL Greatest Games**
12.00 M'T **Championship Season Review 15/16**
1.00 AM **EFL Cup Retro**
3.45 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **The Best of The Big Bash**
6.45 **Big Bash League**
7.45 LIVE **Big Bash League Sydney Sixers v Adelaide Strikers.** Coverage of the T20 match from C.ex International Stadium, Coffs Harbour.
11.00 LIVE **SA20 Paarl Royals v Durban Super Giants.** Coverage of the T20 encounter from Eurolux Boland Park, Paarl.
3.00 PM LIVE **SA20 Joburg Super Kings v Pretoria Capitals.** Coverage of the T20 encounter from DP World Wanderers Stadium in Johannesburg.
7.30 **Big Bash League**
8.30 **SA20** Highlights from Paarl Royals v Durban Super Giants. **9.30** Action from Joburg Super Kings v Pretoria Capitals.
10.30 **Big Bash League** Action from Sydney Sixers v Adelaide Strikers.
11.30 **SA20** Highlights from Paarl Royals v Durban Super Giants. **12.30** AM Action from Joburg Super Kings v Pretoria Capitals.
1.30 **Ashes Greats**
2.05 **Big Bash League**
3.00 **SA20**
5.00 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Best of the Open Zone**
7.00 **British Masters Masterclass**
8.00 **Golf Academy**
9.00 **School of Golf**
10.00 **DP World Tour Golf**
11.00 **PGA Tour Golf**
12.00 NOON **Best of the Open Zone**
1.00 PM **British Masters Masterclass**
2.00 **Golf Academy**
3.00 **School of Golf**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **DP World Tour Golf**
6.00 **PGA Tour Golf** The Sony Open
7.00 **DP World Tour Golf** Highlights from day three of the Hero Cup at Abu Dhabi Golf Club, as two 10-man teams from Great Britain & Ireland and Continental Europe go against one another.
8.00 **How the 2004 Ryder Cup Was Won**
10.00 **Women In Golf: Breaking with Tradition**
11.00 **PGA Tour Golf** Highlights of the Sony Open in Hawaii.
12.00 M'T **DP World Tour Golf**
1.00 AM **British Masters Masterclass**
2.00 **Golf Academy**
3.00 **School of Golf**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **ESPN FC** Football news.
6.30 **Premier League Review**
7.30 **FIH Hockey Men's World Cup**
9.30 **Champions Cup Highlights**
10.30 **Clash Daytona**
11.30 **Premier League Review**
12.30 PM **BT Sport Goals Reload**
12.45 **Women's One-Day International Cricket**
1.45 LIVE **ILT20 Sharjah Warriors v MI Emirates.** Coverage of the match at Sharjah Cricket Stadium.
5.30 **ESPN FC** Football news.
6.00 **Premier League Review** A look back at the best of the recent action from the top-flight.
7.00 **Premier League Stories**
7.30 **A-League Highlights**
8.00 **Chip Shot Challenge**
8.15 **BT Sport Goals Reload**
8.45 **Premier League Reload**
9.00 **WWE Monday Night Raw**
11.30 **Ariel Helwani Meets**
12.00 M'T **WWE NXT Highlights**
1.00 AM LIVE **WWE NXT** Wrestling coverage as the next generation of stars showcase their talents.
3.15 **Ariel Helwani Meets**
3.45 **What I Wore: Jamie Vardy**
4.00 **Classic Rugby Revisited**
5.30 **to 6.00** AM **Joe Cole Cast**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Isuzu UTE A-League**
11.00 **PL Legends: Ruud van Nistelrooy** A profile of the former Manchester United striker.
11.30 LIVE **FIH Hockey Men's World Cup South Korea v Japan.** From Bhubaneswar in India. Push-back **11.30am**.
1.30 PM LIVE **FIH Hockey Men's World Cup Germany v Belgium.** From Bhubaneswar in India. Push-back **1.30pm**.
3.30 **WWE NXT UK Classics**
4.30 **Ligue 1 Highlights**
5.30 **Classic Rugby Revisited**
7.00 **Champions Cup Highlights**
8.00 **Down The Clubhouse**
9.00 **UEFA Champions League Greatest Nights** A look back at some of Liverpool's most unforgettable matches.
10.00 **Fishing: On the Bank**
11.00 **Women's One-Day International Cricket**
12.00 M'T **to 6.00** AM LIVE **Women's One-Day International Cricket Australia v Pakistan.** Coverage of the second ODI in the three-match series from Allan Border Field in Brisbane.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Empoli v Sampdoria.
7.00 **Ligue 1** Highlights.
11.00 **Clash Daytona**
12.00 NOON **Ligue 1** Monaco v Ajaccio. **1.00** PM Highlights of Rennes v Paris Saint-Germain.
2.00 **Primeira Liga** Action from Benfica v Sporting Lisbon.
3.00 **Serie A** Empoli v Sampdoria.
4.00 **Fishing: On the Bank**
5.00 **Spanish Super Cup** Action from the Spanish Super Cup final.
6.30 **BT Sport Goals Reload**
7.00 **The WRC Magazine**
7.30 **Joe Cole Cast**
8.00 **Primeira Liga** Action from Benfica v Sporting Lisbon.
9.00 **BT Sport Films** An in-depth look at the world of referees.
10.00 **Ligue 1 Highlights**
11.00 **A-League Highlights**
11.30 **Premier League Legends**
12.00 M'T LIVE **College Basketball** Coverage of an NCAA match.
2.00 AM LIVE **College Basketball Kentucky Wildcats v Georgia Bulldogs.** The NCAA clash from Rupp Arena. Tip-off **2.00am**.
4.00 **BT Sport Goals Reload**
4.30 **to 6.00** AM **ESPN Classic Boxing**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Highlights** Action from the sixth Wild Card play-off game.
4.00 **NFL Bitesize Highlights** The fourth Wild Card play-off match. **4.15** Brief highlights of the third Wild Card play-off match. **4.30** Brief highlights of the first Wild Card play-off match. **4.45** Brief highlights of the ixth Wild Card play-off match.
5.00 **NFL Highlights** Action from the fifth Wild Card play-off match.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present.
8.00 **NFL Bitesize Highlights** The sixth Wild Card play-off match. **8.15** Brief highlights of the fourth Wild Card play-off match. **8.30** Brief highlights of the third Wild Card play-off match. **8.45** Brief highlights of the second Wild Card play-off match.
9.00 **NFL Review Show** Analysis of the Wild Card play-off matches.
11.00 **Total Access**
1.00 AM **NFL Review Show**
3.00 **NFL Highlights**
4.00 **to 6.00** AM **NFL Review Show**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Ruud van Nistelrooy** A profile of the former Manchester United striker.
7.30 **My Icon**
7.45 LIVE **Big Bash League Sydney Sixers v Adelaide Strikers.** Coverage of the T20 match from C.ex International Stadium, Coffs Harbour.
11.45 **My Icon**
12.00 NOON **NBA Basketball** Memphis Grizzlies v Phoenix Suns.
2.00 PM **Premier League Years**
4.00 **NFL Highlights**
5.00 **Big Bash League** Action from Melbourne Stars v Brisbane Heat.
6.00 **Show Jumping**
7.00 **NFL Highlights** Action from the fifth Wild Card play-off match. **7.00** Action from the sixth Wild Card play-off match.
9.00 **Big Bash League** Action from Sydney Sixers v Adelaide Strikers.
10.00 **PGA Tour Golf** The Sony Open.
11.00 **Super League Highlights**
11.45 **International Netball**
2.00 AM **SA20**
4.00 **Big Bash League**
5.00 **to 6.00** AM **NFL Bitesize Highlights**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **ESPN SportsCenter**
6.15 **Around the Horn**
6.45 **Pardon the Interruption**
7.15 **ESPN SportsCenter**
7.30 **ESPN FC** Football news.
8.00 **NCAA Championship**
11.00 **The WRC Magazine**
11.30 **ESPN SportsCenter**
11.45 **ESPN FC** Football news.
12.15 PM **Around the Horn**
12.45 **Pardon the Interruption**
1.15 **ESPN SportsCenter**
1.30 **30 for 30**
5.00 **The WRC Magazine**
5.30 **ESPN SportsCenter**
5.45 **Around the Horn**
6.15 **Pardon the Interruption**
6.45 **ESPN SportsCenter**
7.00 **College Basketball**
10.30 **I Hate Christian Laettner**
12.00 M'T **30 for 30: Chasing Tyson**
1.30 AM **30 for 30: What Carter Lost**
3.00 **30 for 30: Qualified**
4.30 **to 6.00** AM **NCAA Championship**

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM LIVE **Australian Open Tennis** Coverage of day two of the opening Grand Slam event of the season, featuring first-round matches at Melbourne Park.
10.00 LIVE **Australian Open Tennis** Concluding coverage of the second day at Melbourne Park.
1.00 PM **Australian Open Tennis Cube**
1.15 **Australian Open Tennis** Action from day two of the opening Grand Slam event of the season.
8.00 **Australian Open Tennis** Highlights of the first-round singles matches on the second day at Melbourne Park.
12.00 M'T LIVE **Australian Open Tennis** Coverage of the third day's play of the opening Grand Slam event of the season, featuring second-round matches staged at Melbourne Park.
4.00 **to 7.00** AM LIVE **Australian Open Tennis** Further coverage of day three in Melbourne.

Eurosport 2

411 411 869 | 522 | 413 436

7.00 AM LIVE **Australian Open Tennis** Day two from Melbourne.
1.00 PM LIVE **Ski Jumping: Winter World University Games** The men's HS90 ski jumping competition at Lake Placid, USA.
2.30 LIVE **Alpine Skiing: Winter World University Games** The first run in the women's giant slalom at Lake Placid, USA.
4.05 **Alpine Skiing**
5.00 **Figure Skating**
5.30 LIVE **Alpine Skiing: Winter World University Games** The second run in the women's giant slalom from Lake Placid, USA.
7.05 **Alpine Skiing**
8.00 **Biathlon**
8.30 **Formula E** The Mexico City ePrix.
9.30 **Dakar Rally**
10.30 **Cycling: Tour Down Under**
11.15 **Figure Skating**
12.00 M'T **to 7.00** AM LIVE **Australian Open Tennis** Coverage of day three.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League Highlights**
6.45 **International Netball**
9.00 **NBA Basketball**
1.00 PM **Sail GP** Action from day one of the event in Singapore. **2.30** Day two action.
4.00 **Behind the Ropes** An insight into the training camps of Chris Eubank Jr and Liam Smith.
5.00 **NBA Basketball** A chance to see Memphis Grizzlies v Phoenix Suns.
7.00 **Muggsy: Always Believe**
8.30 **NBA on Fire**
9.00 **Fight Night** A chance to see Chris Eubank Jr v Wanik Awdijan.
9.30 **Chris Eubank Jr: Off Limits**
10.00 **Fight Night** A chance to see Chris Eubank Jr v Liam Williams.
11.00 **NBA Basketball** A chance to see Memphis Grizzlies v Phoenix Suns.
1.00 AM **NBA on Fire**
1.30 **NBA Basketball**
3.30 **Fight Night**
4.00 **The Gloves Are Off**
4.30 **to 6.00** AM **Sail GP**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
11.45 **Johnny, Seb & The Green Pea**
12.00 NOON **Formula 1** A replay of the 2022 Azerbaijan Grand Prix.
2.15 PM **Magnussen's Pole at the Skypad** Kevin Magnussen reviews his maiden Formula 1 pole.
2.25 **Ricciardo's MMA Outing**
2.30 **Formula 1** A chance to see the 2022 Canadian Grand Prix.
4.45 **Glock & Hamilton Reunited**
4.55 **History of Team Orders**
5.00 **Formula 1** A chance to see the 2022 British Grand Prix.
7.15 **Fittipaldi in His Lotus 72**
7.25 **Mauro Forghieri Remembered**
7.30 **Formula 1** A chance to see the 2022 Austrian Grand Prix, the 11th round of the season.
9.30 **Graham Hill: World Champion**
10.00 **Formula 1** Another chance to see the 2022 French Grand Prix, the 12th round of the season staged at Circuit Paul Ricard.
12.15 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Wednesday Evening Planner

18 January

Documentary

Surgeons: At the End of Life

BBC2, 9pm

Cameras follow specialists at work at Addenbrooke's Hospital in Cambridge.

Profile

Ken Loach: This Cultural Life

BBC4, 10pm

A profile of the director, followed by a screening of *Up the Junction* (10.30pm).

OnDemand

Little Demon

Available today

In this adult animation, a mum and her Antichrist daughter try to live a normal life, while being regularly plagued by Satan.

OnDemand

NCIS

Available today

The crime drama returns for an impressive 20th season with Parker on the run and the team hunting for The Raven.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Match of the Day – Live: Coverage of a third-round replay					10.00 News; Local News	
102 BBC2	7.00 This Farming Life		8.00 Winterwatch		9.00 Surgeons: At the Edge of Life		10.00 Our Flag...	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Next Level Chef		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 The Light in the Hall		10.00 The Caribbean: Billionaires' Paradise	
105 CHANNEL 5	7.00 You Are What You Eat		8.00 My Cornwall with Fern Britton		9.00 No Place Like Home		10.00 A&E After Dark	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Landscape Artist of the Year		9.00 Hold the Front Page		10.00 Deadline Day: Football's Transfer...	
ENTERTAINMENT								
117 BBC3	7.00 Top Gear		8.00 Young...	8.30 Jobfished	9.15 Film: Beautiful Boy			
116 BBC4	7.00 Great British...	7.30 The Joy of...	8.00 Michael Palin's New Europe		9.00 The Beginning and End of the Universe		10.00 Ken Loach...	10.30 Up the...
118 ITV2	7.00 Ninja Warrior UK: Race for Glory		8.00 Superstore		9.00 Love Island		10.05 The Stand Up...	10.35 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau		7.55 Grand Designs		9.00 Best Year Ever... 2000		10.00 The Secret World of Crisps	
135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Below Deck		9.00 Gogglebox		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 New Amsterdam		10.00 9-1-1	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 Big Little Lies		10.05 The Last of Us	
110 GOLD	◂ 6.40 Dad's Army		8.00 dinnerladies			9.20 Absolutely Fabulous	10.00 Not Going Out	
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?		8.20 QI	9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 Lewis				10.00 DCI Banks	
120 ITV4	◂ 6.45 Snooker: World Grand Prix – Live: Coverage of the evening session on day three							10.30 Film: Blues...
112 COMEDY CENTRAL	7.00 Friends				9.00 Live at the Apollo		10.00 Jimmy Carr: Being Funny	
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Film: Prince of Darkness			
113 SKY MAX	7.00 Stargate SG-1		8.00 Flintoff: From Lord's to the Ring		9.00 Hold the Front Page		10.00 Strike Back: Vengeance	
132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise		9.00 CSI: Vegas		10.00 Clarice	
130 SKY ARTS	7.00 Portrait Artist of the Year 2014		8.00 Landscape Artist of the Year		9.00 Jealous Guy: The Assassination of John Lennon			
DOCUMENTARY								
125 DISCOVERY	7.00 Diesel Brothers		8.00 Outback Truckers		9.00 The Dino Hunters		10.00 Moonshiners	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Sharks of the Badlands		9.00 Shark Vortex		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Alaska: The Next Generation		9.00 America's Hardest Prisons		10.00 Car S.O.S.	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Mountain Men		9.00 The Curse of Oak Island		10.00 The Lost Pirate Kingdom	
155 YESTERDAY	7.00 Fred Dibnah's Made in Britain		8.00 Australia with Julia Bradbury		9.00 Billy Connolly's Great American Trail		10.00 Bangers and Cash	
121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 Urban Secrets		9.00 Spector		10.00 Deadline Day: Football's Transfer...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 The Estate		8.00 Eiffel				10.05 One Way	
303 HITS	◂ 6.20 Nobody		8.00 The Matrix Reloaded					10.20 Bad Neighbours
311 GREATS	◂ 6.00 Sunset Boulevard		8.00 Life Is Beautiful				10.00 American Beauty	
305 ANIMATION		7.15 Paws of Fury: The Legend of Hank			8.55 Animals United			10.35 Lego DC...
306 FAMILY	◂ 5.45 Bandslam	7.35 Spy Kids				9.20 Annie		
307 ACTION	◂ 5.50 Warcraft		8.00 The Batman					
308 COMEDY	◂ 6.00 Ted 2		8.00 I Love You, Man				10.00 The Station Agent	
309 THRILLER	◂ 6.15 Vantage Point		8.00 No Sudden Move					10.10 Those Who Wish Me Dead
310 DRAMA	◂ 6.05 Shirley Valentine		8.00 The Cider House Rules					10.10 Belfast
304 DYSTOPIA	◂ 6.05 I Am Legend		8.00 Cloverfield			9.40 From Dusk Till Dawn 3: The Hangman's Daughter		
302 FEEL GOOD	◂ 6.10 My Best Friend's Wedding		8.00 The Pursuit of Happyness				10.00 As Good As It Gets	
313 FILM4	◂ 6.40 Goodbye Christopher Robin				9.00 Alien: Covenant			
315 TCM MOVIES	7.10 The Lonely Man				9.00 Fire Down Below			
SPORT								
401 MAIN EVENT	◂ 3.00 SA20 – Live	7.30 SPFL – Live: Kilmarnock v Rangers (Kick-off 8.00)						10.30 Behind the...
402 PREMIER LEAGUE	7.00 PL Stories	7.30 The HangOUT...	8.00 Gary Neville's Soccerbox		9.00 PL Stories	9.30 PL 100 Club	10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 The HangOUT...	7.30 SPFL – Live: Kilmarnock v Rangers (Kick-off 8.00)						10.30 The HangOUT...
404 CRICKET	◂ 3.00 SA20 – Live	7.30 Big Bash League		8.30 SA20				10.30 Big Bash...
413 BT SPORT 1	◂ 6.45 EuroCup Basketball – Live: Aquila Basket Trento v London Lions (Tip-off 7.00)				9.00 WWE NXT			
414 BT SPORT 2	◂ 6.30 Heineken...	7.30 Serie A – Full...	8.00 The Rugby's On		9.00 UFC Countdown		10.00 UFC	

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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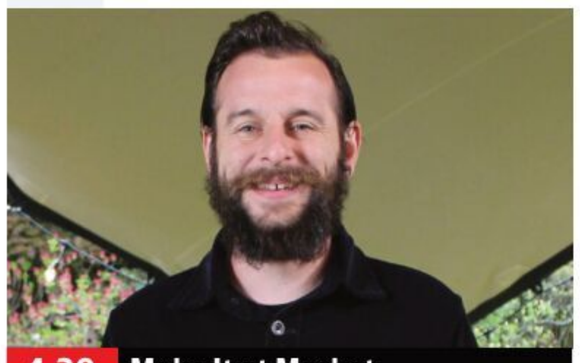
Wednesday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live: Cost of Living Special** New edition (S)
10.00 **Rip Off Britain Live: Cost of Living Special** New edition (S)
10.45 **For Love or Money** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **The Farmers' Country Showdown** New edition (S)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **The Repair Shop** New edition (S)
4.30 **Make It at Market** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Political Broadcast** By the Labour Party. (S)



4.30 Make It at Market

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)

7.30 **LIVE Football: FA Cup** All the action from a third-round replay, as the world's oldest domestic cup competition continues. (S)

8 PM

9 PM

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM King of Thieves** Crime drama based on the Hatton Garden heist, starring Michael Caine, Michael Gambon, Francesca Annis, Jim Broadbent, Ray Winstone and Tom Courtenay. A group of retired criminals attempt to pull off a major burglary in London's jewellery district. (S) (2018, 15, 105min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **The Apprentice** 2/12. Alan Sugar's candidates make and sell bao buns to the public and corporate clients. (S)(R)
1.25 **Weather for the Week Ahead** Seven-day forecast. (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Farmers' Country Showdown** (S)(R)
7.15 **Make It at Market** (S)(R)(AD)
8.00 **Sign Zone: See Hear** New edition Exploring deaf representation on the silver screen. (S)
8.30 **Sign Zone: A Countryside Winter** Nigel Slater's lamb hotpot. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **LIVE Bowls: World Championships** Coverage from Potters Resort at Hopton-on-Sea, Norfolk, featuring an open singles match and the first ladies' singles semi-final. (S)
5.15 **Flog It!** From Nottingham. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Take a Hike** New edition The group walk in Snowdonia. (S)

8.00 Winterwatch

7.00 **This Farming Life** 6/12. When Emma misses not one but two ferries with her livestock, it serves as a harsh reminder that the couple are not used to island living just yet. Joanna and David press ahead with their farm shop. (S)(R)

8.00 **Winterwatch** New edition Chris Packham and Michaela Strachan present wildlife stories from Wild Ken Hill in Norfolk, and examine footage that the remote cameras have captured after dark. (S)
■ Continues tomorrow

9.00 **NEW SERIES Surgeons: At the Edge of Life** 1/6. The specialists at Addenbrooke's Hospital in Cambridge treat a man who has serious injuries after crashing his motorbike and a motorist who has damaged her spine. (S)(AD)

10.00 **Our Flag Means Death** New episode *A Gentleman Pirate:* 3/10. Stede's men take a trip in hope of ransoming the remaining hostage. (S1) (S)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **India: The Modi Question** 1/2. Documentary examining tensions between Indian prime minister Narendra Modi and India's Muslim minority. (S)(R)
12.15 AM **Sign Zone: See Hear** (S)(R)
12.45 **Sign Zone: The Traitors** (S)(R)(AD)
1.45 **Sign Zone: The Travelling Auctioneers** In Somerset. (S)(R)
2.30 **Sign Zone: The Love Box in Your Living Room** (S)(R)(AD)
3.30 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** New edition David Dickinson is at the RAF Museum in London, with Alison Chapman, Karen Dalmeny, Henry Nicholls and Mark Stevens. (S)(AD)
3.00 **Lingo** New edition Word-based quiz show hosted by Adil Ray. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.25 **Party Political Broadcast** By the Labour Party. (S)
6.30 **ITV News** (S)

9.00 Next Level Chef

7.30 **Emmerdale** Nicola encourages Bernice to make a huge investment, and Will comforts Dawn. (S)(AD)

8.00 **Coronation Street** Paul seeks revenge for Mike's treatment of Summer, Ryan gives Nick an insight into the real Damon, and Daniel plots a thoughtful surprise for Daisy. (S)(AD)

9.00 **Next Level Chef** New edition 2/8. Gordon Ramsay hosts the culinary challenge, which sees the contestants go Italian, but the kitchen in which they work depends on how well they did last week. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **The Family Pile** 1/6. Comedy about four sisters who clash over the sale of the family home. (S1) (S)(R)(AD)
12.10 AM **Shop: Ideal World**
3.00 **Tonight: When Can I See My GP?** Dr Amir Khan investigates how to fix primary care. (S)(SL)(R)
3.25 **James Martin's French Adventure** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Dickinson's Real Deal** (S)(SL)(R)(AD)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 9-11/24. (S10) (S)(R)(AD)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Come Dine with Me: The Professionals** In Newcastle. (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition (S)
4.00 **A New Life in the Sun** New edition Transforming a 16th-century chateau into a B&B. (S)
5.00 **Junior Bake Off** New edition Harry Hill hosts as the junior bakers face Bread Day. (S)(AD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Juliet confides in Peri about her scan results. (S)(AD)

8.00 Kirstie & Phil's Love It or List It

7.00 **News** (S)

8.00 **Kirstie & Phil's Love It or List It** New edition Heather and Tim from Lothianburn enlist the help of the hosts to see if they can improve the house they live in or if they should start afresh somewhere new. (S)(AD)

9.00 **The Light in the Hall** New episode 5/6. Things go from bad to worse for Sharon and Joe. Shelley and Cat try to help Joe remember what happened the night he went to prison. (S1) (S)(AD)
■ Concludes tomorrow

10.00 **The Caribbean: Billionaires' Paradise** New edition 3/4. In Barbados, Shana Hinds and Faith Callender collaborate on a new track, and photographer Junior Sealy completes a design project on a millionaire's villa. (S)(AD)
11.05 **Billion Pound Cruise** Daily life on the mammoth cruise ship *Symphony of the Seas.* (S)(R)(AD)
12.10 AM **24 Hours in A&E** (S)(SL)(R)
1.05 **Belfast Midwives** (S)(SL)(R)(AD)
2.00 **Ramsay's Kitchen Nightmares USA** From New Orleans. (S)(SL)(R)
2.50 **FILM Mistress America** Comedy. (S) (2015, 15, 90min) ★★★★
4.20 **Building the Dream** (S)(SL)(R)
5.15 **to 6.10** AM **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **Traffic Cops** (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 NEW TO C5 **Death, Disappearance and Deceit: Mystery 101** Crime drama starring Jill Wagner. *Previously shown on Movies 24.* (S)
4.00 **Bargain-Loving Brits in the Sun** New edition Jackie plans to expand her portfolio by going into tea production. (S)
5.00 **News** (S)
6.00 **Holiday Homes in the Sun** Amanda Lamb, JB Gill and Sam Pinkham are in Sorrento in Italy, competing to find the best holiday home. (S)(R)
6.55 **News** (S)

8.00 My Cornwall with Fern Britton

7.00 **You Are What You Eat** 3/6. Trisha Goddard and Dr Amir Khan help a busy mum and an entrepreneur, both in need of a life-changing intervention. (S)(R)
7.55 **News** (S)
8.00 **My Cornwall with Fern Britton** Series finale 3/3. The presenter's last leg of her trip takes her to an industrious corner of Cornwall, the ancient Hundreds of Kerrier and Penwith. (S)
9.00 **No Place Like Home** New edition 3/6. The actor and author Ben Miller returns to his hometown of Nantwich in Cheshire, where he embarks on a surprising and moving journey of discovery. (S)
10.00 **A&E After Dark** A 56-year-old motorcyclist is rushed in after colliding with a deer, and consultant Dr Andy must establish why the woman is having trouble feeling her legs. (S)(R)
11.05 **Skin A&E** Four dermatologists treat patients for cysts, lipomas and skin tags. (S)(R)(AD)
12.05 AM **Ambulance: Code Red** A child is run over while on the way to school. (S)(R)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Holiday Homes in the Sun** (R)
3.50 **My Mum's Hotter Than Me!** (R)
4.40 **House Busters** (S)(SL)(R)
5.05 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Arctic Secrets** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 11/23. (S3) (S)(R)
11.00 **NCIS: New Orleans** (S3) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **S.W.A.T.** 7/21. (S3) (S)(R)(AD)
3.00 **Big Cat Country** (S)(R)
4.00 **The Conners** 1/20. (S2) (S)(R)
4.30 **Futurama** (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 23/25. Carlton accepts a dangerous challenge. (S)(R) **6.00** 24/25. Will and Carlton spy on Ashley as she goes on her first date. (S1) (S)(R)
6.30 **The Simpsons** *All About Lisa:* Lisa becomes Krusty the Clown's new assistant. (S)(R)

8.00 Landscape Artist of the Year

7.00 **The Simpsons** *Every Man's Dream:* Homer and Marge have a trial separation. With the voice of Lena Dunham. (S)(R) **7.30** *'Cue Detective:* Homer is challenged to a barbecue cook-off by a TV chef. (S)(R)
8.00 **Landscape Artist of the Year** New edition Joan Bakewell and Stephen Mangan present as the next batch of painters heads to Ascot Racecourse in Berkshire.
9.00 **Hold the Front Page** New edition 3/6. Nish Kumar and Josh Widdicombe work at the *Yorkshire Post*, reviewing restaurants, reporting on potholes and celebrating *Emmerdale*'s 50th birthday. (S)
10.00 **Deadline Day: Football's Transfer Window** A look at the transfer market, featuring access to world-class players and Europe's premier agents to reveal how multimillion-pound deals get done. (R)
11.00 **Brassic** 3/6. Ash is drugged during a bare-knuckle bout against a fighter from a rival family of travellers. (S1) (S)(R)
12.00 M'T **An Idiot Abroad** 2/8. Karl Pilkington explores India. (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **Brit Cops: Rapid Response** (R)
3.00 **Hawaii Five-0** 23/24. (S1) (S)(R)
4.00 **S.W.A.T.** 7/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
2.15pm Politics Scotland (S) **3.00-3.45** The Farmers' Country Showdown New edition (S) **12.25am** The Edit (S)(R) **12.40** The Apprentice (S)(R) **1.40** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.40pm True North New edition (S) **11.10** FILM King of Thieves (S) (2018, 15, 105min) ★★ **12.55-1.25am** Would I Lie to You? (S)(R)

WALES
Sky 952, Virgin 864, Freesat 964
No variations

BBC2

N. IRELAND
Sky 972, Freesat 969
11.15pm The Irish League Show (S) **11.45pm-12.45am** India: The Modi Question (S)(R)

WALES
Sky 971, Freesat 971
No variations

ITV1

No variations

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Pysgod i Bawb **12.30** Heno **1.00** Ffasiwn Drefn (AD) **1.30** Sgwrs Dan y Lloer **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Canu gyda Fy Arwr **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cerys Matthews a'r Goeden Faled **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C a'r Tywydd **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Colleen Ramsey: Bywyd a Bwyd New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Gogglebocs Cymru New edition **10.00** Hywel Gwynfryn yn 80 **11.05-11.40pm** Straeon y Ffin

TV&Satellite week
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BBC3

117/141/173 | 107/157 | 23 | 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear**
7.55 **The Catch Up**
8.00 **Young MasterChef** New edition 9/10. Only one challenge separates the remaining four cooks from a place in this year's *Young MasterChef* final.
8.30 **Jobfished** Catrin Nye investigates the story of people who were hired to work for a design agency that did not exist.
9.15 FILM **Beautiful Boy** Fact-based drama about a family's experiences of addiction, relapse and recovery over many years. Stars Steve Carell and Timothée Chalamet. (2018, 15, 116min) ★★★★
11.10 **Cuckoo** Ken is hopeful.
12.05 AM **Bad Education**
12.35 **Young MasterChef**
1.05 **Cuckoo**
2.05 **Bad Education**
2.35 **Jobfished**
3.20 **Press X to Continue**
3.30 **to 4.00** AM **Young MasterChef**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** A look at how a radical reformer made his mark on Birmingham.
7.30 **The Joy of Painting** A scene depicting a cloudy sky above crashing waves.
8.00 **Michael Palin's New Europe** 2/7. The presenter travels to Bulgaria.
9.00 **The Beginning and End of the Universe** Professor Jim Al-Khalili unravels the cosmic mystery of science's creation story.
10.00 **Ken Loach: This Cultural Life** New edition The film director discusses his influences and inspirations.
10.30 **Up the Junction: The Wednesday Play** Drama directed by Ken Loach.
11.40 **Michael Palin's New Europe** As 8.00pm.
12.40 AM **The Beginning and End of the Universe**
1.40 **Great British Railway...**
2.10 **The Joy of Painting**
2.40 **to 3.40** AM **Britain's Lost Masterpieces**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Candy canes and passion fruit marshmallows.
9.15 **A Place in the Sun: Home or Away**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.55 **Kirstie and Phil's Love It or List It** Helping a couple in Poole, Dorset, who cannot agree whether to sell their four-bedroom bungalow or renovate instead.
6.55 **Escape to the Chateau** Dick celebrates his birthday with a hot-air balloon ride.
7.55 **Grand Designs** Following a couple knocking down an old Thames boathouse and building a cutting-edge home in its place.
9.00 **Best Year Ever... 2000** Series finale 4/4. The pop culture trends of the year 2000, including Furbies, Nokia mobiles and the head-to-head chart battle of 'posh versus posher'.
10.00 **The Secret World of Crisps** 2/3. Documentary about the biggest players in Britain's crisp industry.
11.05 **24 Hours in A&E**
12.05 AM **Best Year Ever... 2000**
1.15 **8 Out of 10 Cats Does Countdown**
2.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
7.55 **Junior Bake Off**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Misbah and Zain try to come up with a plan.
7.30 **Modern Family** 18/24. Haley takes Alex to a concert to take her mind off college – and ends up getting her drunk. (S6)
8.00 **Below Deck** New edition 3/15. The crew welcome their second charter group onboard *My Seanna*. Later, Rachel confronts Eddie about the unsavoury remarks he made about her.
9.00 **Gogglebox** Opinions on shows including *Our House, Celebrity Hunted, Killing Eve* and *The Apprentice*.
10.00 **Naked Attraction** Two contestants from Yorkshire look for love.
11.05 **First Dates**
12.10 AM **Gogglebox**
2.15 **Below Deck**
3.05 **Naked Attraction**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **The Real A&E**
7.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Law & Disorder**
11.00 **Caught on Dashcam**
12.00 NOON **The Good Doctor** 12/18. The team look after a woman with Valley fever and a big secret. (S5)
1.00 PM **9-1-1** 4/18. (S3)
2.00 **Blue Bloods** 6/16. (S11)
3.00 **Bull** 8/23. (S1)
4.00 **Nothing to Declare** Six editions of the documentary.

10.00 9-1-1

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *More Than Meets the Eye:* 8/16. The killer who held Danny and Baez hostage resurfaces. (S11)

9 PM

9.00 **New Amsterdam** New episode *Falling:* 11/13. Medical drama starring Ryan Eggold. (S5)

10 PM

10.00 **9-1-1** *Sink or Swim:* 2/18. A tsunami hits the Santa Monica Pier, placing Buck and Christopher's lives in danger. (S3)
11.00 **FBI** 21/22. (S4)
12.00 M'T **FBI: Most Wanted** (S1)
1.00 AM **Criminal Minds** 9&10/10. Double bill of episodes. (S15)
3.00 **9-1-1** 4/18. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 220

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **The Sopranos** 2&3/13. (S2)
10.05 **Ray Donovan** 5&6/12. (S1)
12.15 PM **Game of Thrones** (S2)
1.20 **Six Feet Under** 7&8/13. (S1)
3.30 **The Sopranos** 4/13. Tony travels to Italy on business. **4.35** 5/13. Christopher takes an acting class. (S2)
5.45 **Ray Donovan** 7/12. Mickey manipulates an A-list star. **6.50** 8/12. Terry, Bunchy and Ray mark the anniversary of their sister's death. (S1)

11.40 Devils

7.55 **Game of Thrones** *The Night Lands:* 2/10. Theon is reunited with his father on the Iron Islands, and Stannis makes plans for a naval invasion. (S2)

9.00 **Big Little Lies** *Living The Dream:* 3/7. Madeline gets under Renata's skin in retaliation for snubbing Ziggy. (S1)

10.05 **The Last of Us** 1/9. A hardened survivor is hired to smuggle a 14-year-old girl out of an oppressive quarantine zone. (S1)
11.40 **Devils** 3/10. Vicky Bale suspects that Massimo may be involved in a death. (S1)
12.45 AM **Britannia** 2/9. (S1)
1.50 **Boardwalk Empire** (S1)
2.55 **Game of Thrones** As 7.55pm.
4.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 346 361

6.00 AM **Stop, Search, Seize**
8.00 **DC's Legends of Tomorrow**
9.00 **The Blacklist** 19/22. (S9)
10.00 **Supergirl** 11/23. (S3)
11.00 **NCIS: New Orleans** (S3)
1.00 PM **Hawaii Five-0** (S1)
2.00 **S.W.A.T.** 7/21. (S3)
3.00 **The Blacklist** 18/22. (S9)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 11/23. (S3)
6.00 **Stargate SG-1** 8/22. Daniel is presumed dead after an alien abducts him and sends the rest of the team home. (S1)

9.00 Hold the Front Page

7.00 **Stargate SG-1** *Brief Candle:* 9/22. The team are unable to help O'Neill when he begins to age rapidly. (S1)

8.00 **Flintoff: From Lord's to the Ring** 2/3. Andrew Flintoff meets boxing legend Mike Tyson.

9.00 **Hold the Front Page** New edition 3/6. Nish Kumar and Josh Widdicombe work at the *Yorkshire Post*.

10.00 **Strike Back: Vengeance** 2/10. Stonebridge, Scott and the rest of the team struggle to reach an evacuation point. (S3)
11.00 **Brassic** 3/6. Ash is drugged during a bare-knuckle fight against a rival fighter. (S1)
12.00 M'T **An Idiot Abroad**
1.00 AM **The Force: North East**
2.00 **Brit Cops: Rapid Response**
3.00 **Hawaii Five-0** 23/24. (S1)
4.00 **S.W.A.T.** 7/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Secret Crush**
8.00 **Dress to Impress**
9.00 **Chuck** 1/19. (S3)
10.00 **One Tree Hill** 11/22. (S1)
11.00 **The O.C** 11/27. (S1)
12.00 NOON **Secret Crush**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 2/19. (S3)
4.00 **One Tree Hill** 12/22. (S1)
5.00 **The O.C** 12/27. (S1)
6.00 **Celebrity Catchphrase**

7.00 Ninja Warrior UK

7.00 **Ninja Warrior UK: Race for Glory** Contenders take on the course as the competition to find champions continues.

8.00 **Superstore** 21/21. Dina tries to help Amy keep a huge secret. (S5) **8.30** 1/15. The pandemic is beginning to hit. (S6)

9.00 **Love Island** New edition The relationship-based reality show continues, with the contestants living like celebrities in the villa.

10.05 **The Stand Up Sketch Show** With Shane Todd, Nigel Ng and Helen Bauer.
10.35 **Family Guy** 15/21. Peter takes up smoking. (S12)
11.05 **Family Guy** 16/21. Brian passes on herpes. (S12)
11.35 **American Dad!** (S14)
12.30 AM **Superstore** 2&3/15. (S6)
1.25 **CelebAbility**
2.10 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **George and Mildred** (S4)
9.15 **Agatha Christie's Marple**
11.30 **Heartbeat**
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.45 **Inspector Morse**
6.00 **Heartbeat** *Speed Kills:* Nick investigates a break-in at the surgery, Kate discovers why a patient has been suffering miscarriages and Greengrass reports his car stolen.

8.00 Lewis

7.00 **Heartbeat** *Riders of the Storm:* Nick awaits the arrival in Aidensfield of a criminal who has been released from prison.

8.00 **Lewis** *The Dead of Winter:* After a body is found on an Oxford tour bus, the detectives are led to a country estate where Hathaway spent his childhood. Guest stars Nathaniel Parker.

10.00 **DCI Banks** *A Little Bit of Heart – Part One:* 3/6. The search for a missing husband and father soon escalates. (S5)
11.00 **DCI Banks** *A Little Bit of Heart – Part Two:* 4/6. The team are thrown when a rescued kidnap victim is found dead, with evidence suggesting a local gang is to blame. (S5)
12.05 AM **Agatha Christie's Marple**
2.05 **to 2.30** AM **Unwind**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **My Kind of Town: Wick** From Caithness.
7.30 **Fish Town** 2/6. The trawler *Reliance* is hit by a rogue wave.
8.00 **Bump Birth Baby** 2/6. YouTube star Eilidh takes us behind the scenes of her second pregnancy.
8.30 **Screen Grab** Georgie Powell is in Dunoon, helping a family with their tech dependency.
9.00 **The Nine**
10.00 **River City** New episode Lydia's night takes a monstrous turn.
10.30 **Sky High Club: Scotland and Beyond** Kuda and Dean settle into their new lives.
11.00 **Sportscene: Premiership Highlights** Top-flight action.
11.45 PM **to 12.00** M'T **Growing Up Scottish**

Sky Comedy

114/115 | 135 123 | 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Everybody Hates Chris**
10.00 **Entourage** 2&3/8. (S8)
11.15 **House of Lies** (S2)
12.30 PM **Fresh Prince of...**
1.25 **A.P. Bio** 2&3/8. (S4)
2.20 **The Office (US)** (S9)
2.45 **Pen15** 14&15/15. (S2)
4.00 **The Conners** 1/20. (S2)
4.30 **Futurama** (S3)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S5)
7.30 **The Office (US)** (S2)
8.00 **The Conners** New episode 2/20. (S2)
8.30 **The Office (US)** (S2)
9.00 **Girls** 5&6/10. (S1)
10.15 **Sex and the City** (S2)
11.15 **The Late Late Show with James Corden** New edition Talk show.
12.15 AM **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
1.15 **Silicon Valley** (S3)
3.00 **Sex and the City** (S2)
3.30 **Everybody Hates Chris**
4.00 **to 5.00** AM **Futurama**

Sky Arts

130 130 165 140 | 11 | 147 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **World War II & Cinema** Documentary.
1.00 PM **Tales of the...**
2.00 **Manet from the Royal Academy of Arts**
3.00 **Landscape Artist 2015**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Portrait Artist 2014**
8.00 **Landscape Artist of the Year** New edition
9.00 **Jealous Guy: The Assassination of John Lennon** Documentary.
10.50 **Lennon's Last Weekend**
12.20 AM **Discovering: John Lennon**
1.20 **Off Camera**
2.35 **John Wayne: America at All Costs**
3.35 **Julie Andrews Forever**
4.35 **Music Icons**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 | 156 | 36 | 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Motorway Patrol**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 12/22. (S2)
5.00 **Warehouse 13** (S1)
6.00 **The Librarians** (S2)
7.00 **Caught Red Handed**
8.10 **Nothing to Declare**
9.00 **Ross Kemp: Extreme World** Double bill.
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murders That Shocked The Nation**
1.00 AM **Britcam: Emergency on Our Streets**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 | 345 360

8.00 AM **My Wife and Kids**
9.00 **The Middle** (S4)
10.00 **Last Man Standing** (S6)
11.55 **Friends** (S10)
7.00 PM **Friends** 15/18. Phoebe learns Joey's agent has died. **7.30** 16/18. The gang throw a going-away party for Rachel. **8.00** 17&18/18. The last-ever episode. Monica and Chandler wait anxiously for Erica to give birth. (S10)
9.00 **Live at the Apollo**
10.00 **Jimmy Carr: Being Funny** Stand-up show.
11.00 **Channel Hopping with Jon Richardson**
12.00 M'T **Ricky Gervais Show**
12.30 AM **South Park** (S7)
2.30 **The Ren & Stimpy Show**
3.00 **Beavis and Butt-Head**
3.20 **Fugget About It** (S1)
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Real Housewives of New York City**
1.05 **The Real Housewives of Cheshire**
2.05 **The Only Way Is Essexmas**
3.05 **Million Dollar Listing: LA** Property series.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New Jersey**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date** New edition
9.00 **Botched** Double bill.
10.30 **Botched: Most Outrageous OMG Patients Countdown**
11.00 **The Cabins**
12.00 M'T **to 1.00** AM **The Only Way Is Essex**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Saint**
6.55 **The Adventures of Sherlock Holmes**
8.00 **Magnum, PI**
9.05 **The Sweeney**
10.05 **Minder**
11.15 **The Saint**
12.15 PM **Made in Britain** (S2)
12.45 LIVE **Snooker: World Grand Prix** The afternoon session on day three from The Centaur in Cheltenham.
5.30 **The Best of the 70s**
5.45 **The Motorbike Show**

10.30 The Blues Brothers

6.45 LIVE **Snooker: World Grand Prix** Jill Douglas presents coverage of the evening session on day three of the first of three events in the Players Series, held at The Centaur in Cheltenham, featuring the opening four last-16 matches, played over the best of seven frames. With analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty, and commentary by David Hendon and Phil Yates.

10.30 FILM **The Blues Brothers** Cult comedy starring Dan Aykroyd and John Belushi as brothers who get their old band back together. (1980, 15, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Heathrow: Britain's Busiest Airport**
2.10 **The Protectors**
2.45 **to 3.00** AM **Unwind**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 139 138 348 363

6.00 AM **The Outpost** 8/10. (S1)
7.00 **The Librarians** 7/10. (S2)
8.00 **Teleshopping**
11.00 **Blood & Treasure** 7/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 8&9/26. (S6)
2.00 PM **Warehouse 13** (S4)
3.00 **The Librarians** 7/10. (S2)
4.00 **Blood & Treasure** 7/13. (S1)
5.00 **Stargate SG-1** 22/22. Artificial organisms attack Earth. (S3)
6.00 **Star Trek: The Next Generation** 8/26. The crew take up leisure pursuits. (S6)

9.00 Prince of Darkness

7.00 **Star Trek: The Next Generation** *The Quality of Life:* 9/26. Data believes a new life-form is emerging. (S6)
8.00 **Merlin** *The Coming of Arthur – Part One:* 12/13. The wizard sets out to retrieve a magical cup. With Ralph Ineson. (S3)
9.00 FILM **Prince of Darkness** Grisly horror from John Carpenter, starring Donald Pleasence, Lisa Blount and Jameson Parker. Satan stalks the earth in the guise of some mysterious green ooze. (1987, 18, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Reginald the Vampire** (S1)
1.00 AM **Blood & Treasure** 7/13. Danny and Lexi must improvise in order to stay alive. (S1)
2.00 **Wynonna Earp** 8/12. (S2)
3.00 **Stargate SG-1** 22/22. (S3)
4.00 **to 6.00** AM **Star Trek: The Next Generation**

+1 hour 229

Alibi

109/110 809 126 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Hudson & Rex** 2/16. (S3)
10.00 **Unforgettable** 1/13. (S3)
11.00 **Person of Interest** (S1)
12.00 NOON **The Doctor Blake Mysteries** 8/10. (S1)
1.00 PM **Death in Paradise** (S2)
2.00 **Murdoch Mysteries** (S9)
4.00 **Hudson & Rex** 2/16. (S3)
5.00 **Unforgettable** 1/13. (S3)
6.00 **Without a Trace** 10/24. The squad investigate the mysterious disappearance of a father-to-be. (S2)

9.00 CSI: Vegas

7.00 **Person of Interest** *Root Cause:* 13/23. An unemployed man appears to be planning to kill a congressman. (S1)
8.00 **Death in Paradise** *Murder Onboard:* 5/8. Camille's best friend collapses on stage. Guest stars Jamelia. (S2)
9.00 **CSI: Vegas** New episode *Koala:* 4/21. Three masked assailants invade a home and murder an entire family. (S2)
10.00 **Clarice** *You Can't Rule Me:* 4/13. After a suspect is assassinated, Clarice and ViCAP are investigated by SA Anthony Herman. (S1)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **Hudson & Rex** 2/16. A prison van crash frees a convicted killer. (S3)
1.00 AM **The Doctor Blake Mysteries** 8/10. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Porridge**
10.40 **Last of the Summer Wine**
12.00 NOON **Keeping Up...**
12.40 PM **My Hero**
1.20 **Dad's Army**
2.00 **Porridge**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **dinnerladies**
5.20 **Keeping Up Appearances**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

8.00 dinnerladies

7.20 **Dad's Army** The platoon plan to re-enact the battle between St George and the dragon.
8.00 **dinnerladies** Bren frets over a new DIY table-clearing initiative. **8.40** Tony worries Bren will be distracted during her TV debut.
9.20 **Absolutely Fabulous** Patsy resents Saffy's new close relationship with her mother. With Minnie Driver.
10.00 **Not Going Out** Guy's constant presence in the flat angers Lee.
10.40 **Live at the Apollo** Omid Djalili hosts.
11.40 **Absolutely Fabulous** Eddie and Patsy go hunting.
12.20 AM **French and Saunders**
1.35 **Not Going Out** As 10.00pm.
2.20 **Absolutely Fabulous**
2.55 **dinnerladies** As 8.00pm.
3.25 **to 4.00** AM **Absolutely Fabulous**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Cops on the Rock**
9.00 **The Force: Behind the Line**
10.00 **Rick Stein's Far Eastern Odyssey** From Bangladesh.
11.00 **Rick Stein's Long Weekends**
12.00 NOON **The Force: Behind the Line** Double bill.
1.00 PM **Border Force: America's Gatekeepers**
2.00 **Top Gear** Double bill.
4.00 **QI** With Matt Lucas.
5.00 **Taskmaster** Double bill.

8.20 QI

7.00 **Richard Osman's House of Games** With Michelle Gayle and Maisie Adam.
7.40 **Would I Lie to You?** With Clare Balding, Rhod Gilbert, Nick Grimshaw and Rob Delaney.
8.20 **QI** With guests panellists Ed Gamble, Lou Sanders and Sindhu Vee.
9.00 **QI XL** Sandi Toksvig's debut as host, with Alan Davies, Cariad Lloyd, Romesh Ranganathan and Phill Jupitus.
10.00 **Have I Got a Bit More News for You** Alan Johnson hosts the quiz, with guests Janey Godley and Tim Shipman.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **QI** As shown at 8.20pm.
2.00 **House of Games** As 7.00pm.
2.30 **Not Going Out**
3.00 **to 4.00** AM **Have I Got a Bit More News for You**

+1 hour 211 131 74

Wednesday

7 PM
8 PM
9 PM
10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 18&19/19. (S1)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Daddy** Drama with Patrick Duffy.
11.50 **Great! Movie News**
12.00 NOON **Castle** (S4)
1.00 PM **Body of Proof** (S3)
3.00 **Sue Thomas: F.B.Eye**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 14/24. Hot Lips dumps Frank. **7.30** 15/24. The medics get an officers' club. **8.00** 16/24. Henry falls for a cheerleader. **8.30** 17/24. Hawkeye plays the market. (S2)
9.00 **Randall and Hopkirk (Deceased)** 20/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 193 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **A Place in the Sun** A couple hope to find a property in Valencia.
7.45 **The Great Pottery Throw Down** The potters craft a keepsake box with a disguised lid.
9.00 **24 Hours in A&E** An 18-year-old is rushed in after suffering a cardiac arrest. **10.00** A 74-year-old is rushed in with suspected sepsis.
11.05 **999: On the Front Line**
12.10 AM **Kirstie and Phil's Love It or List It**
1.15 **Grand Designs**
2.15 **The Dog House**
3.20 **The Light in the Hall**
4.15 **to 4.45** AM **The Simpsons**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **Entertainment News**
9.05 **NCIS** 12-15/24. (S10)
1.00 PM **Law & Order** (S15)
6.00 **NCIS** *Sub Rosa:* 7/23. The team investigate when a decomposing body is found in a bath of acid at a naval base. **7.00** *Minimum Security:* 8/23. Gibbs and the team travel to Cuba to investigate the death of a US Navy translator. **8.00** *Marine Down:* 9/23. The team launch an investigation when a Marine, supposedly killed in action, appears to contact his widow from beyond the grave. (S1)
9.00 **Criminal Minds** 18&19/23. Double bill of the crime drama. (S5)
11.00 **Law & Order: Special Victims Unit** (S20&19)
2.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Nightmare Tenants, Slum Landlords**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Documentary.
8.00 **Car Pound Cops: Give Me My Car Back!**
9.00 FILM **The Magnificent Seven** Western remake. (2016, 12, 132min) ★★★
11.45 FILM **Kiss the Girls** Thriller. (1997, 18) ★★★
2.05 AM **Skin A&E**
3.05 **Suits** 12/16. (S8)
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **MasterChef USA**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Property Brothers: Forever Homes**
7.00 **MasterChef USA** New edition The cooks must elevate takeout meals to fine dining, restaurant quality dishes.
8.00 **DIY SOS: The Big Build**
9.20 **One Born Every Minute**
10.20 **Alex Jones: Making Babies** Alex witnesses the emotional turmoil and resilience of the patients undergoing IVF.
11.20 **Children's Ward**
12.00 M'T **24 Hours in A&E**
1.00 AM **Young Vets**
2.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **All Creatures Great and Small**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Pie in the Sky**
4.10 **All Creatures Great and Small**
5.25 **As Time Goes By**
6.00 **Are You Being Served?**
6.40 **Some Mothers Do 'Ave 'Em** The Spencers go on a second honeymoon.
7.20 **Last of the Summer Wine** Foggy implements a new fitness regime.
8.00 **Sherlock** *The Final Problem:* 3/3. (S4)
10.00 **New Tricks** *Wild Justice.*
11.20 **Hustle**
12.40 AM **Some Mothers Do...**
1.20 **As Time Goes By**
2.00 **Pie in the Sky**
3.00 **to 4.00** AM **Howards' Way**

+1 hour 243 226 60

WEDNESDAY

Documentaries

Wednesday

RealityXtra

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive** (S1)
1.05 PM **JAG** 11&12/25. (S5)
3.00 **Perry Mason**
5.00 **The Fugitive** *Terror at High Point*: 13/30. Kimble becomes involved in a problem concerning his boss and boss's wife. (S1)
6.00 **Matlock** *The Ghost*: 5/19. A man asks Ben to appeal on behalf of his wife, who is accused of a crime, but the attorney grows suspicious when he discovers the woman is on trial for the murder of her husband. (S7)
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Medical Detectives**

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 14/26. (S3)
9.00 **Mutant X** 8/22. (S1)
10.00 **Star Trek: The Next Generation** 19/26. (S3)
11.00 FILM **Alien Convergence** Thriller. (2017, 15) ★★
12.50 PM **Legend Lowdown**
1.00 FILM **Jetstream** Drama. (2012, 12, 88min) ★★
2.50 **Legend Lowdown**
3.00 FILM **Nostradamus** Sci-fi. (2000, 15) ★★
4.50 **Legend Lowdown**
5.00 **Star Trek** 5/26. (S2)
6.00 **Star Trek: The Next Generation** 20/26. (S3)
7.00 **Airwolf** 9/12. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Wheels of Terror** Drama. (1987, 15) ★★
11.05 FILM **Seal Team VI: Journey into Darkness** Drama. (2008, 12) ★★
1.00 AM FILM **Evil Dead 2** Horror. (1987, 18) ★★★
2.50 FILM **Black Rock** Horror. (2012, 15) ★★★
4.20 **to 4.30** AM **Legend...**

Challenge

145 160 48 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman present a star-studded version of the general knowledge quiz.
8.00 **The Chase** Double bill of the game show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!

159 159 835 164 163

7.00 AM **Hollywood Medium with Tyler Henry**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
12.00 NOON **Botched**
1.00 PM **Life of Kylie**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** Tiffany 'New York' Pollard hopes the doctors can fix her botched breast job. **8.00** Three outrageous stories of individuals seeking perfection.
9.00 **Keeping Up with the Kardashians** Khloe receives some shocking news about her fertility. **10.00** Kim and Kourtney get a glimpse into Khloe's private life.
12.00 M'T **Dr 90210**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **to 5.00** AM **How Do I Look?**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Fish Town**
7.00 **Discovering**
8.00 **The Directors**
9.00 **The Sixties**
10.00 **JFK: Destiny Betrayed**
11.05 **Urban Secrets**
12.00 NOON **Between the World and Me**
1.40 PM **My Icon**
2.00 FILM **89** Documentary chronicling the story of one of football's most dramatic triumphs. (2017, PG, 91min) ★★★
3.50 **My Icon**
4.00 **The Directors**
5.00 **Discovering**
6.00 **The Sixties**
7.00 **JFK: Destiny Betrayed**
8.05 **Urban Secrets**
9.00 **Spector**
10.00 **Deadline Day: Football's Transfer Window** Documentary.
11.00 **The United Way**
12.50 AM **Music Box**
2.55 **The Forever Prisoner**
5.10 **to 6.00** AM **Discovering**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Hope for Wildlife**
8.00 **Arctic Secrets**
9.00 **Big Cat Country**
10.00 **Africa's Wild Horizons**
11.00 **Into the Wild: India**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Macro Worlds**
3.00 **Big Cat Country**
4.00 **Africa's Wild Horizons**
5.00 **Into the Wild: India**
6.00 **Hope for Wildlife**
7.00 **Monkey Life** Double bill.
8.00 **Becoming Orangutan**
9.00 **Gangs of Baboon Falls**
10.00 **Hope for Wildlife** A baby owl needs to be reunited with its parents.
11.00 **Into the Wild: India** A stallion follows a herd.
12.00 M'T **Wild Latin America**
1.00 AM **Reef Wrecks**
2.00 **Becoming Orangutan**
3.00 **Gangs of Baboon Falls**
4.00 **Macro Worlds**
5.00 **to 6.00** AM **Big Cat Country**

HGTV

158 286 44 166

7.00 AM **Building Off the...**
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer to Fabulous**
2.00 **Unsellable Houses**
3.00 **Love Your Garden**
4.00 **Sarah Beeny's Renovate Don't Relocate**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 **My Lottery Dream Home** Double bill.
10.00 **Good Bones** New edition The team is ready to break ground.
11.00 **Fixer to Fabulous**
12.00 M'T **Escape to the Country**
1.00 AM **Building Off the...**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Girl Meets Farm** New editions Double bill.
9.00 **Ainsley's Good Mood...**
10.00 **The Hairy Bikers' Chicken and Egg**
11.00 **Rachel Allen: Bake!**
12.00 NOON **The Great Comic Relief Bake Off**
2.00 PM **James Martin's United Cakes of America** Double bill.
3.00 **River Cottage Every Day**
4.00 **The Pioneer Woman**
5.00 **Barefoot Contessa**
6.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
7.00 **Great British Bake Off**
8.00 **Ainsley's Good Mood Food** Green vegetables.
9.00 **Hairy Bikers' Chicken...**
10.00 **Rick Stein's Food...**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Ace of Cakes**
2.00 **Cake Boss**
4.00 **Building Off the Grid**
5.00 **Alaska: Homestead Rescue** Reality series.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: The Last Frontier** Reality series.
9.00 **Alaska: Homestead Rescue** The Raneys convert an old barn into a commercial fishing kitchen.
11.00 **Jade Fever** Double bill.
12.00 M'T **Alaska: The Last Frontier** Reality series.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Entertainment News**
9.10 **Trucking Hell**
10.10 **Outback Truckers**
11.05 **Police Interceptors**
12.10 PM FILM **Tumbleweed** Western adventure. (1953, U, 79min) ★★
1.55 FILM **Pork Chop Hill** War drama. (1959, b/w, PG, 94min) ★★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
9.00 FILM **Cold Pursuit** Action drama starring Liam Neeson and Laura Dern. (2019, 15, 119min) ★★★
11.15 FILM **Out for Justice** Martial arts thriller starring Steven Seagal. (1991, 18, 91min) ★
1.10 AM **Police Interceptors**
2.15 **999: Criminals Caught on Camera**
3.10 **Car Crash TV**
4.00 **Airport 24/7: Thailand**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Stop, Search, Seize**
11.00 **UK Border Force**
12.00 NOON **Murdered at First Sight**
1.00 PM **Murders That Shocked The Nation**
2.00 **What the Killer Did Next**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **The Hillside Strangler: Devil in Disguise**
11.10 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **Catching the Killer**
2.00 **What the Killer Did Next**
3.00 **Murders That Shocked...**
4.00 **Law & Disorder**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 221

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A 77-year-old on a road trip is attacked by a thief and shot to death. **7.30** How investigators use forensic techniques to solve crimes.
8.00 **48 Hours**
9.00 **It Takes a Killer** A killing sparks a highly publicised investigation. **9.30** The discovery of a burned body sparks a race to find the killer.
10.00 **Crimes That Shook Australia** A killing spree in Tasmania in 1996.
11.00 **Snapped: Killer Couples**
12.00 M'T **Medical Detectives**
1.00 AM **It Takes a Killer**
2.00 **Crimes That Shook Australia** Documentary.
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From France.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **Posh Pawnbrokers**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Vintage games.
1.00 PM **The Bidding Room**
2.00 **Animal Cops Houston**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Cornwall Air 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **My Feet Are Killing Me** New edition A teenager with webbed toes.
10.00 **The Bad Skin Clinic** A woman with thick skin on her feet.
11.00 **Ghost Adventures**
12.00 M'T **The Osbournes Want to Believe**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze

164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Nature Gone Wild**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Mega Disasters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal** From Burton-on-Trent in Staffordshire.
9.00 **The UnXplained with William Shatner** A series of vanishings in the Bermuda Triangle. **10.00** Devastating plagues in history.
11.00 **Uncharted Mysteries**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes... Poland**
1.00 PM **Cake Boss**
2.00 **My 600lb Life**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
6.00 **Flip or Flop**
7.00 **Seeking Sister Wife**
8.00 **Long Island Medium** The Caputos prepare for their family to grow as Theresa's daughter Victoria gets engaged.
10.00 **Sister Wives** New edition
11.00 **Extreme Sisters**
12.00 M'T **Long Island Medium**
2.00 AM **Sister Wives**
3.00 **Extreme Sisters**
4.00 **Curvy Brides Boutique**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Highland Vet**
1.00 PM **GPs: Behind Closed Doors** Double bill.
3.00 **The Yorkshire Vet**
5.00 **The Highland Vet**
6.00 **Walking Victorian Britain** Exploring the history of Liverpool.
7.00 **World War II in Colour** Japan's attack on Pearl Harbour in 1941. **8.00** The air and sea battles for control of the Mediterranean island of Malta.
9.00 **D-Day** 1&2/2. Veterans describe their experiences of D-Day.
11.00 **Forged in Fire**
1.50 AM **Walking Tudor England** The hills and dales of Yorkshire.
2.50 **Secrets of the Royal Palaces**
3.35 **to 4.00** AM **The Yorkshire Vet**

Quest

144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters**
12.00 NOON **How It's Made**
1.00 PM **The Repair Shop**
2.00 **The Restoration Man**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers – Quick Fixes**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters: Classic Cars** New edition
10.00 **Yorkshire Auction House**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Helicopter ER**
2.00 **Salvage Hunters**
3.00 **How It's Made: Dream Cars** Double bill.
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes: Wedding SOS** Reality series.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **American Monster**
2.00 **Disappeared**
3.00 **Betrayed**
4.00 **Animal Cops Phoenix**
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family** Two siblings hoping to fulfil their mother's dying wish.
8.00 **Dr Pimple Popper**
9.00 **Who Do You Think You Are?** With Jack and Michael Whitehall.
10.00 **Hoarding: Buried Alive** A girl receives a visit from a reformed extreme hoarder.
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder** Crime series.
2.00 **A Crime to Remember**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
9.00 **Railroad Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers: Dream Car**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush** Double bill.
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers** Mike Brewer gets his hands on a 1999 Z3 M Coupe.
6.00 **Salvage Hunters** An unusual items at a beachside sale.

9.00 The Dino Hunters

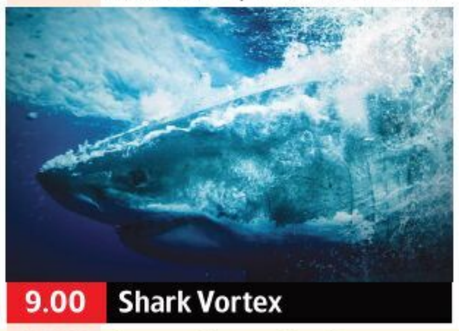
7.00 **Diesel Brothers** The guys transform an old K5 Blazer and square body truck bed into a party on wheels.
8.00 **Outback Truckers** Scotty is pulled over by transport inspectors, and Mark faces dangerous oncoming traffic.
9.00 **The Dino Hunters** New edition The Harris-Bolan crew unearth an extremely rare Ceratopsian.
10.00 **Moonshiners** New edition Documentary following the efforts of illegal whiskey brewers.
11.00 **Naked and Afraid** Survivalists are pushed to the limit.
12.00 M'T **Combat Dealers** Bruce spends £40,000 on a World War Two army uniform.
1.00 AM **The Dino Hunters**
2.00 **Moonshiners**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Insane Pools: Off the Deep End** A tiny pool.
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Crikey! It's the Irwins**
4.00 **Saved By the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** A dog is rushed to the clinic after being hit by a car.
6.00 **Insane Pools: Off the Deep End** Transforming a backyard into a waterpark wonderland.



9.00 Shark Vortex

7.00 **Amanda to the Rescue** Amanda rescues a three-legged shepherd-mix as part of a road trip rescue mission.
8.00 **Sharks of the Badlands** Greg Skomal joins Kina Scollay to test new technology for shark detecting surveillance.
9.00 **Shark Vortex** The arrival of 30 species of shark to the waters of southern New England every summer.
10.00 **Alaska: The Last Frontier** Reality show following the lives of an Alaskan family.
11.00 **The Aquarium** A sea lion has stomach trouble. **12.00** M'T Beluga whale activity is monitored.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved By the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 259

Nat Geographic

129 129 825 266 268

8.00 AM **Food Factory** Double bill.
9.00 **Nazi Megastructures**
10.00 **WW2: Hell Under the Sea**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Air Crash Investigation**
1.00 PM **Wicked Tuna**
2.00 **Lost Nukes of the Cold War: Drain the Oceans**
3.00 **Inside the SS** Double bill.
5.00 **Buried Secrets of the Bible** The story of the destruction of Sodom and Gomorrah.
6.00 **Lost Treasures of Egypt** Archaeologists investigate the queens of ancient Egypt.

8.00 Alaska: Next Generation

7.00 **Air Crash Investigation** Investigators examine the case of a plane that crashed and burst into flames just after take-off.
8.00 **Alaska: The Next Generation** Young Alaskans are forced to survive through adaptation to reap nature's bounty.
9.00 **America's Hardest Prisons** Featuring a violent gang member serving time with her aunt.
10.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a radically modified VW Beetle called a VW Wizard.
11.00 **Air Crash Investigation**
12.00 M'T **Wicked Tuna: North v South** The battle continues while mates try to keep pace.
1.00 AM **Ice Road Rescue**
2.00 **Food Factory**
4.10 **Exotic Animal ER: Double Dose** Documentary.
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Counting Cars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Mystery Places**
11.00 **Ultimate Mysteries**
12.00 NOON **The Proof Is Out There**
1.00 PM **What on Earth?**
2.00 **Curse of Skinwalker Ranch**
3.00 **Legends of the Pharaohs**
4.00 **Counting Cars**
5.00 **Pawn Stars** Rick eyes a giant US Navy Jack.
6.00 **American Pickers**

10.00 The Lost Pirate Kingdom

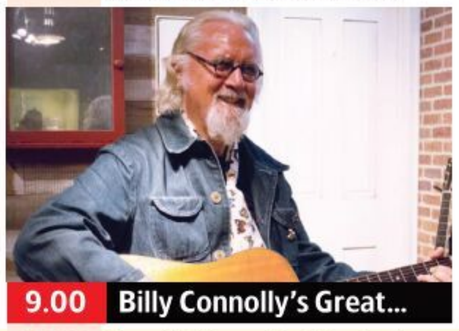
7.00 **Forged in Fire** It's hammer time in the forge when four smiths have to make knives out of 10lb sledgehammers.
8.00 **Mountain Men** New edition Tom and Sean try to preserve a buffalo hide, while Nancy makes custom moccasins.
9.00 **The Curse of Oak Island** New edition The team are stunned when Gary unearths artefacts near the old ship's wharf.
10.00 **NEW SERIES The Lost Pirate Kingdom** The rise and fall of the early-18th century pirate republic based in the Bahamas.
11.15 **Pirate Treasure of the Knights Templar**
12.10 AM **Colosseum**
1.10 **Mountain Men** As 8pm.
2.05 **Ultimate Mysteries**
3.05 **Pirate Treasure of the...**
4.00 **What on Earth?**
5.00 **The Proof Is Out There**
5.30 **to 6.00** AM **Highlights**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Murder Maps** Double bill.
8.00 **Abandoned Engineering**
9.00 **Secret Nazi Bases**
10.00 **Warbird Workshop**
11.00 **Fred Dibnah's Made in Britain** Double bill.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers and Cash**
4.00 **Secret Nazi Bases**
5.00 **Warbird Workshop**
6.00 **Great British Railway Journeys** Michael Portillo travels to the Lizard. **6.30** From Hull to Malton.



9.00 Billy Connolly's Great...

7.00 **Fred Dibnah's Made in Britain** A former pumping station in Sunderland. **7.30** Fred Dibnah visits a forge in Sheffield.
8.00 **Australia with Julia Bradbury** Julia has a go at paddle boarding, and meets Australia's favourite koala.
9.00 **Billy Connolly's Great American Trail** Billy visits New Jersey, and embarks on a pilgrimage to the Martin Guitar Company.
10.00 **Bangers and Cash** A widow reluctantly parts with her late husband's collection of Rolls-Royces and Bentleys.
11.00 **Abandoned Engineering** A secretive underground base that concealed the power to destroy nations, and an industrial relic clinging to the edge of a waterfall.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Murder Maps**

+1 hour 255 217 75

Wednesday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **NASA's Unexplained Files**
7.00 **How the Universe Works**
8.00 **Inside the Royal Navy**
9.00 **Combat Dealers**
10.00 **Treasure Quest**
11.00 **Scandals of Ancient Egypt** Documentary.
12.00 NOON **NASA's...**
1.00 PM **Expedition Unknown**
2.00 **Truth Behind the Moon Landing**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Documentary.
5.00 **Inside the Royal Navy**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **Tales from the Explorers Club**
10.00 **How the Universe Works**
11.00 **Scandals of Ancient...**
12.00 M'T **Combat Dealers**
2.00 AM **Tales from the...**
3.00 **Truth Behind the...**
4.00 **to 5.00** AM **Highlights**

+1 hour 277 261

Eden

166 245

9.00 AM **Bahama Blue**
10.00 **Aquarium: An Aquatic...**
11.00 **The Zoo**
12.00 NOON **World's Greatest Palaces**
2.00 PM **Bahama Blue**
3.00 **Life in the Great Wetlands** Documentary.
5.00 **Aquarium: An Aquatic Life** Documentary.
6.00 **The Zoo**
7.00 **World's Greatest...**
8.00 **Bahama Blue**
9.00 **Life in the Great Wetlands** Documentary.
10.00 **The Zoo**
11.00 **Aquarium: An Aquatic Life** Documentary.
12.00 M'T **World's Greatest Palaces** Documentary.
1.00 AM **Bahama Blue**
2.00 **Aquarium: An Aquatic...**
3.00 **The Zoo**
3.50 **Life in the Great...**
4.40 **World's Greatest...**
5.30 **to 6.00** AM **Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Bizarre Animal Friends** Documentary.
9.00 **Secrets of the Zoo: North Carolina**
12.00 NOON **Snakes in the...**
1.00 PM **Yukon Vet**
2.00 **Polar Worlds With Bertie Gregory**
3.00 **Yukon Vet**
4.00 **America's Funniest Home Videos: Animal Edition** Comedy clips.
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** Documentary.
8.00 **The Hatcher Family Dairy** New edition
9.00 **America's Funniest Home Videos: Animal Edition** Comedy clips.
10.00 **America's National Parks** The Everglades.
11.00 **Snakes in the City**
12.00 M'T **Something Bit Me**
1.00 AM **Caught in the Act**
2.00 **Snakes in the City**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Polar Worlds**

Sky History 2

163 163 840 272

8.00 AM **Digging for Britain**
9.00 **Combat Machines**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **National Park Mysteries** Double bill.
2.00 **Digging for Britain**
3.00 **Curse of the Ancients**
4.00 **Air Crash: Disasters Uncovered**
5.00 **Combat Ships**
6.00 **National Park Mysteries**
7.00 **Digging for Britain**
8.00 **Curse of the Ancients** The disastrous final days of the Roman Empire.
9.00 **Kings of Pain** Adam and Caveman Rob get bitten by a lizard.
10.00 **The Proof Is Out There**
11.00 **Ancient Aliens**
1.00 AM **Curse of the Ancients** As 8pm.
2.00 **Kings of Pain** As 9pm.
3.00 **The Proof Is Out There**
4.00 **River Hunters**
5.00 **to 6.00** AM **The Curse of Oak Island**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.40 **Nazi Hunters**
9.40 **Britain's Ancient Capital: Secrets of**
10.40 **Europe's Forgotten Dictatorships**
11.50 **Jazz** The 50s and 60s.
1.00 PM **David Attenborough's Light on Earth**
2.05 **Nazi Hunters**
3.05 **Britain's Ancient Capital: Secrets of...**
4.10 **Europe's Forgotten Dictatorships**
5.15 **Jazz** The 50s and 60s.
6.30 **Nazi Hunters**
7.30 **Britain's Ancient Capital: Secrets of Orkney** Documentary.
8.35 **Europe's Forgotten Dictatorships**
9.40 **Jazz** The 50s and 60s.
10.55 **Britain's Ancient Capital: Secrets of Orkney**
12.00 M'T **Europe's Forgotten Dictatorships**
1.05 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Meet, Marry, Murder**
11.00 **Murder Masterminds**
12.00 NOON **Buried in the Backyard**
1.00 PM **Fear Thy Neighbour**
2.00 **Exhumed: Killer Revealed** Crime series.
3.00 **On the Case**
4.00 **What the Killer Did Next** Documentary.
5.00 **Jo Frost on Britain's Killer Kids**
6.00 **The First 48**
7.00 **Buried in the Backyard**
8.00 **On the Case** New edition
9.00 **I Knew My Murderer**
10.00 **Sunshine Slayings** New edition
11.00 **I Am a Killer**
12.00 M'T **Meet, Marry...**
1.00 AM **What the Killer...**
2.00 **Sunshine Slayings**
3.00 **Fear Thy Neighbour**
4.00 **On the Case**
5.00 **to 6.00** AM **Exhumed...**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday

Sky Cinema Premiere

301 301 848 401 501 515

6.25 AM **Cinema List: Best of 2022**
6.40 **The Last Son** As 12.00m't.
8.35 **The Estate** As 6.10pm.
10.25 **Eiffel** As shown at 8.00pm.
12.30 PM **One Way** As 10.05pm.
2.25 **Der Kaiser** Sports biopic. Subtitled. (2022, PG, 110min)
4.15 **The Bad Guys** Animation with the voice of Sam Rockwell. (2022, PG, 100min) ★★★
6.10 **The Estate** Comedy starring Toni Collette and Anna Faris. (2022, 15, 96min) ★★

4.15 The Bad Guys

8 PM

8.00 **Eiffel** Romantic drama starring Romain Duris and Emma Mackey. Gustave Eiffel's life changes when he crosses paths with his love, Adrienne, and their relationship inspires him to change the Paris skyline. (2021, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.05 **One Way** Thriller starring Kevin Bacon. After robbing his former crime boss, a badly wounded man goes on the run with a bag full of cash and drugs. (2022, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.00 M'T **The Last Son** Western. (2021, 15, 96min) ★★
1.55 AM **Crimes of the Future** David Cronenberg's horror. (2022, 18, 107min) ★★★
3.55 **The Bad Guys** As 4.15pm.
5.50 **to 7.45** AM **Boxing Day** Comedy starring Aml Ameen. (2021, 12, 109min) ★★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Father of the Bride**
8.10 **Friends with Benefits** Romantic comedy. (2011, 15, 105min) ★★★
10.10 **The Matrix Reloaded** (2003)
12.30 PM **Paranormal Activity 2**
2.15 **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
4.10 **The Mexican** Action comedy. (2001, 15, 123min) ★★★
6.20 **Nobody** Crime drama starring Bob Odenkirk. (2021, 15, 88min) ★★★★

10.20 Bad Neighbours

8.00 **The Matrix Reloaded** Sci-fi action thriller sequel starring Keanu Reeves. With only 36 hours to go before a machine army overwhelm the underground city of Zion, hope rests on the messiah-like Neo to save humanity from the Matrix. (2003, 15, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Bad Neighbours** Comedy starring Seth Rogen, Zac Efron and Rose Byrne. (2014, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Bad Neighbours 2** Comedy sequel starring Seth Rogen. (2016, 15, 90min) ★★
1.45 AM **Paranormal Activity 2** Horror thriller sequel. (2010, 15, 90min) ★★★★
3.25 **The Cinema List: Esea British Talent**
3.50 **to 6.00** AM **Father of the Bride** Comedy remake. (2022, 12, 117min) ★★★

Sky Cinema Family

306 306 850 406 506 520

6.00 AM **Alvin and the Chipmunks: The Squeakquel** (2009) ★★
7.30 **Earth to Echo** (2014) ★★★
9.05 **Four Kids and It** (2020) ★★★
10.55 **The Prince & Me** (2004) ★★
12.45 PM **The Brady Bunch Movie** Comedy. (1995, 12) ★★★
2.20 **Alvin and the Chipmunks: Chipwrecked** (2011, U) ★★
4.00 **Bratz** Comedy. (2007, PG) ★★
5.45 **Bandslam** (2009, PG) ★★★
7.35 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★

9.20 Annie

Spy Kids (film started at 7.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Annie** Musical remake starring Quvenzhané Wallis and Jamie Foxx. An orphan goes to live with a businessman running for mayor, and inspires him to change his cynical ways. With Rose Byrne. (2014, PG, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **One Special Night** Romantic drama starring James Garner. (1999, PG, 87min) ★★
1.15 AM **Joey & Ella: A Kangaroo Tail** Adventure starring Ashton Leigh and Jennifer Michele. (2021, U, 89min) ★★
3.00 **Redemption of the Ghost** Crime drama starring Gene Bicknell and Diane Ladd. (2000, PG, 111min) ★★
4.50 **to 6.35** AM **Joey & Ella: A Kangaroo Tail** As 1.15am.

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Skyfire** As 4.45am.
7.50 **Conan the Barbarian** Fantasy. (2010, 15, 112min) ★★
9.50 **The Lost City of Z** Drama. (2016, 15, 141min) ★★★★
12.15 PM **The Hunt for Red October** Cold War thriller. (1990, PG, 135min) ★★★★
2.40 **King Kong** Remake of the classic monster movie. (2005, 12, 187min) ★★★★
5.50 **Warcraft** Fantasy adventure. (2016, 12, 123min) ★★★

5.50 Warcraft

8.00 **The Batman** Comic-book drama starring Robert Pattinson. When a masked terrorist starts murdering seemingly innocent people, Batman begins investigating on the streets of Gotham City. With Zoë Kravitz, Jeffrey Wright, Paul Dano and Colin Farrell. (2021, 15, 176min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Northman** Historical adventure starring Alexander Skarsgård and Nicole Kidman. (2022, 15, 137min) ★★★★
1.20 AM **Escape from LA** Adventure sequel starring Kurt Russell. (1996, 15, 102min) ★★
3.05 **The Hunted** Action thriller starring Tommy Lee Jones. (2003, 15, 94min) ★★★
4.45 **to 6.25** AM **Skyfire** Disaster thriller starring Jason Isaacs. (2019, 12, 97min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Are We Done Yet?**
8.10 **Paul Blart: Mall Cop** (2009)
9.50 **Paul Blart: Mall Cop 2** (2015)
11.30 **I Love You, Man** As 8.00pm.
1.30 PM **Cinema List: Sports Films**
1.55 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★
4.05 **Ted** Comedy starring Mark Wahlberg and Mila Kunis. (2012, 15, 106min) ★★★
6.00 **Ted 2** Comedy sequel. (2015, 15, 112min) ★★★

8.00 I Love You, Man

8.00 **I Love You, Man** Comedy starring Paul Rudd and Jason Segel. An LA real estate agent with no close male friends tries to find someone to act as Best Man at his forthcoming wedding. With Rashida Jones. (2009, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Station Agent** Comedy drama starring Peter Dinklage. (2003, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Paul Blart: Mall Cop** Crime comedy starring Kevin James. (2009, PG, 91min) ★
1.20 AM **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. (2015, PG, 92min) ★★
3.10 **Carry On Nurse** Comedy starring Kenneth Connor. (1959, b/w, PG, 85min) ★★★
4.50 **to 6.35** AM **Are We Done Yet?** Comedy sequel to *Are We There Yet?*, starring Ice Cube. (2007, PG, 91min) ★★

primetime

Sky Cinema Greats

311 311 849 404 504 518

6.25 AM **Harlow** As 4.30am.
8.35 **The Parallax View** As 2.35am.
10.20 **Young Sherlock Holmes** Fantasy. (1985, PG, 109min) ★★★
12.20 PM **The Warriors** Thriller. (1979, 15, 94min) ★★★
2.10 **The Bridges at Toko-Ri** War drama. (1954, U, 99min) ★★★
4.00 **Breakfast at Tiffany's** Vintage romantic comedy. (1961, PG, 106min) ★★★★★

6.00 **Sunset Boulevard** Classic melodrama with William Holden and Gloria Swanson. (1950, b/w, PG, 110min) ★★★★★
8.00 **Life Is Beautiful** Italian tragi-comedy starring Roberto Benigni. An Italian Jew tries to shield his son from the horrors of a concentration camp. Subtitled. (1998, PG, 109min) ★★★★
10.00 **American Beauty** Satirical comedy starring Kevin Spacey, Annette Bening and Thora Birch. (1999, 18, 122min) ★★★★★

12.15 AM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
2.35 **The Parallax View** Conspiracy thriller starring Warren Beatty. (1974, 15, 102min) ★★★★
4.30 **to 6.40** AM **Harlow** Biopic. (1965, PG, 120min) ★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Sky Cinema Preview**
6.20 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
8.00 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
9.45 **The Adventures of Tom Thumb and Thumbelina** Animated family adventure. (2002, U, 72min) ★★
11.10 **Gulliver Returns** Animated adventure. (2021, U, 90min) ★★

12.45 PM **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
2.20 **Planet 51** Animated adventure. (2009, U, 86min) ★★★
4.00 **The Amazing Maurice** Animation. (2022, PG) ★★★★
5.40 **Escape from Planet Earth** Animation. (2013, U) ★★★
7.15 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 97min) ★★★
8.55 **Animals United** Animation featuring the voice of James Corden. (2010, U, 92min) ★★

10.35 **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** Animation. (2016, U, 75min) ★★
12.00 M'T **Molly Monster** Animated adventure. (2016, U, 72min) ★★
1.20 AM **Escape from Planet Earth**
2.50 **LEGO DC Comics Super...**
4.20 **to 6.00** AM **Animals United**

TCM Movies

315 415 416

6.45 AM **The Man from UNCLE** (S3)
7.50 **Battle of the Bulge** War drama. (1965, PG, 141min) ★★★
11.15 **The Man from UNCLE** (S3)
1.30 PM **Knights of the Round Table** Arthurian adventure. (1953, PG, 115min) ★★★
3.55 **Wagons West** Western. (1952, U, 71min) ★★★
5.25 **Wichita** Western adventure. (1955, U, 81min) ★★

7.10 **The Lonely Man** Western with Anthony Perkins and Jack Palance. An ex-convict and former gunslinger attempts to atone for his violent criminal past. (1957, b/w, PG, 87min) ★★★
9.00 **Fire Down Below** Action thriller starring Steven Seagal and Marg Helgenberger. A federal agent goes undercover to investigate illegal toxic waste dumping in Kentucky. (1997, 18, 101min) ★
11.10 **Point Break** Action thriller remake. (2015, 12, 114min) ★★

1.30 AM **Teleshopping**
3.40 **Off Set** Singer-songwriter Jamie Cullum discusses his influences.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Detectives** (S1)
6.30 **Woman Hater** Comedy. (1948, b/w, PG, 105min) ★
8.35 **Operation Diplomat** Drama. (1953, b/w, U, 70min) ★★
10.00 **The Onedin Line** 3/15. (S1)
11.00 **Born of the Sea** Drama. (1949, b/w, U, 47min) ★★
12.00 NOON **The Last Days of Dolwyn** Drama starring Richard Burton. (1948, b/w, U) ★★

1.55 PM **Glimpses: Rollercoaster**
2.00 **Upstairs, Downstairs** (S2)
3.10 **Lust for Gold** Western. (1949, b/w, PG, 90min) ★★
5.05 **The Parson and the Outlaw** Western. (1957, b/w, U) ★★
6.35 **The Westerner** 1/13. (S1)
7.05 **Any Man's Kingdom 1956**
7.30 **Time to Remember**
8.00 **Gideon's Way** 4/26. (S1)
9.00 **Vanishing Point** Thriller starring Barry Newman and Cleavon Little. (1971, 18, 107min) ★★★
10.55 **Friday On My Mind**

1.20 AM **Woman Times Seven** Comedy anthology with Shirley Maclaine in seven different roles. (1967, 12, 99min) ★★★
3.25 **The Final Conflict** Satanic horror. (1981, 18, 108min) ★★
5.30 **Welcome to North Wales**
5.50 **to 6.00** AM **Look at Life**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Asteroid-a-geddon** Action adventure starring Eric Roberts. (2020, PG, 90min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Mata Hari:* 3/22. Cade tries to discover the truth about a femme fatale. (S1)
8.00 **Farscape** *Bringing Home the Beacon:* 16/22. Aeryn witnesses a strange arrival. (S4)
9.00 **The Midnight Man** Horror starring Robert Englund, Gabrielle Haugh and Lin Shaye. (2016, 15, 95min) ★★
10.55 **Killer Mermaids** Horror starring Kristina Klebe and Franco Nero. (2014, 15, 94min) ★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Farscape**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Profile** Mystery thriller. (2018, 15, 106min) ★★★★
8.20 **The Card Counter** As 4.10am.
10.25 **The Outfit** Crime drama. (2022, 15, 105min) ★★★
12.25 PM **Teaching Mrs Tingle** Black comedy thriller. (1999, 15, 96min) ★★★
2.15 **Old** Horror. (2021, 15) ★★
4.15 **Traitor** Suspense thriller. (2008, 12, 114min) ★★★
6.15 **Vantage Point** Action thriller. (2008, 12, 90min) ★★★

10.10 Those Who Wish Me Dead

8.00 **No Sudden Move** Crime drama starring Don Cheadle, Benicio Del Toro and Jon Hamm. A group of criminals are brought together under mysterious circumstances, and have to work together to uncover what is really going on. (2021, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Those Who Wish Me Dead** Crime drama starring Angelina Jolie. A murder witness finds himself pursued by twin assassins in the Montana wilderness with a survival expert sent to protect him. With Aidan Gillen. (2021, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Donnie Brasco** Drama. (1997, 18, 126min) ★★★★
2.25 **Barbarians** Horror thriller. (2021, 15, 89min) ★★★
4.10 **to 6.00** AM **The Card Counter** Thriller. (2021, 15) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **The Colour Room** Drama. (2021, PG, 109min) ★★★★
8.00 **Doubt** As shown at 4.00am.
10.00 **Dreamgirls** As 1.35am.
12.15 PM **The Danish Girl** Drama. (2015, 15, 117min) ★★★
2.20 **The Impossible** Disaster movie. (2012, 12, 114min) ★★★★
4.20 **Miss Potter** Biopic. (2006, PG, 93min) ★★★★
6.05 **Shirley Valentine** Romantic comedy with Pauline Collins. (1989, 15, 108min) ★★★★

6.05 Shirley Valentine

8.00 **The Cider House Rules** Coming-of-age drama based on the novel by John Irving, starring Tobey Maguire and Charlize Theron. In 1940s Maine, an orphan discovers first love – and some of the harsher realities of adult life. (1999, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Belfast** Kenneth Branagh's drama starring Jamie Dornan. (2021, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Penelope** Romantic fantasy comedy starring Christina Ricci and James McAvoy. (2006, U, 87min) ★★★
1.35 AM **Dreamgirls** Musical with Jamie Foxx, Beyoncé Knowles, Jennifer Hudson, Eddie Murphy and Danny Glover. (2006, 12, 130min) ★★★★
4.00 **to 6.00** AM **Doubt** Period drama starring Meryl Streep and Philip Seymour Hoffman. (2008, 15, 104min) ★★★★

Sky Cinema Dystopia

304 304 858 411 511 525

6.45 AM **Final Days** As 5.00am.
8.35 **Snowpiercer** Fantasy thriller. (2013, 15, 126min) ★★★★
10.45 **Prince of Darkness** Horror. (1987, 18, 101min) ★★★
12.45 PM **Cloverfield** As 8.00pm.
2.25 **A Quiet Place Part II** Horror sequel. (2020, 15) ★★★★
4.15 **Resident Evil: Extinction** Sci-fi horror thriller sequel. (2007, 15, 90min) ★★
6.05 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★

8.00 Cloverfield

8.00 **Cloverfield** Disaster movie starring Mike Vogel. A young New Yorker with a camcorder films events as he and his friends react to a shocking catastrophe in the city. (2007, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

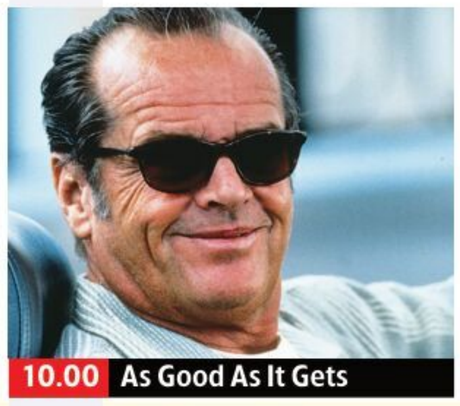
9.40 **From Dusk Till Dawn 3: The Hangman's Daughter** Western chiller sequel starring Marco Leonardi, Michael Parks and Ara Celi. (2000, 18, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Mimic** Horror starring Mira Sorvino and Jeremy Northam. (1997, 15, 105min) ★★★★
1.20 AM **The Cabin in the Woods** Offbeat horror thriller starring Kristen Connolly, Chris Hemsworth and Fran Kranz. (2011, 15, 91min) ★★★★
3.10 **Resident Evil: Extinction**
5.00 **to 6.40** AM **Final Days** Thriller starring Tyler Posey, Summer Spiro and Donald Sutherland. (2020, 15, 92min) ★★★

Sky Cinema Feel Good

302 302 856 402 502 516

6.10 AM **Here Today** As 2.15am.
8.10 **Chocolat** Comedy fantasy. (2000, 12, 120min) ★★★★
10.15 **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★
12.10 PM **Shall We Dance?** Drama. (2004, 12, 106min) ★★★
2.10 **Steel Magnolias** Comedy drama. (1989, PG) ★★★★
4.10 **Ghost Town** Fantasy comedy. (2008, 12, 102min) ★★★★
6.10 **My Best Friend's Wedding** Comedy. (1997, 12) ★★★★


10.00 As Good As It Gets

8.00 **The Pursuit of Happyness** Fact-based drama starring Will Smith as a single father in early 1980s San Francisco who endures poverty and homelessness as he struggles to make the grade as a stockbroker. (2006, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **As Good As It Gets** Comedy starring Jack Nicholson. A neurotic novelist gradually rediscovers his humanity through his encounters with a painter and a single mother. (1997, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Dream Horse** Fact-based comedy drama. (2020, PG, 113min) ★★★★
2.15 **Here Today** Comedy drama. (2021, 12, 93min) ★★
4.15 **to 6.15** AM **12 Mighty Orphans** Sports drama. (2021, 12, 118min) ★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Went the Day Well?** World War Two thriller. (1942, b/w, PG, 92min) ★★★★★
12.50 PM **The Black Arrow** Adventure with Louis Hayward. (1948, b/w, U, 77min) ★★★
2.25 **Fire Down Below** Melodrama. (1957, PG, 116min) ★★★
4.40 **The Colditz Story** War drama. (1954, b/w, U, 97min) ★★★
6.40 **Goodbye Christopher Robin** Biopic. (2017, PG) ★★★★

9.00 Alien: Covenant

Goodbye Christopher Robin (film started at 6.40pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Alien: Covenant** Sci-fi thriller starring Katherine Waterston and Michael Fassbender. A crew of colonists sent to populate an alien planet have their mission diverted by a mysterious signal. (2017, 15, 117min) ★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Croupier** Thriller set in a casino, starring Clive Owen and Alex Kingston. A struggling writer reluctantly returns to his old job as a croupier in order to pay off his debts. (1997, 15, 93min) ★★★ 11 PM
1.10 **to 3.30** AM **Shadow** Chinese drama starring Chao Deng. Subtitled. (2018, 15, 116min) ★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **A Midnight Kiss** Romantic drama. (2018, PG, 95min) ★★
7.45 **Love's Second Chance** Drama. (2020, PG, 105min) ★★
9.30 **Charm of Love** Romantic drama. (2020, PG, 9min) ★★
11.15 **Undercover Bridesmaid** Drama. (2012, PG, 86min) ★★
1.00 PM **Autumn in the Vineyard** Romantic drama with Brendan Penny. (2016, PG, 84min) ★★
2.45 **My Birthday Romance** Romantic comedy drama. (2020, PG, 90min) ★★
4.30 **All of My Heart** Romantic drama. (2015, PG, 81min) ★★
6.15 **Strawberry Summer** Romantic drama starring Julie Mond. (2012, U, 90min) ★★
8.00 **A Picture Perfect Wedding** Drama. (2021, PG, 90min) ★★
10.00 **The Baby Proposal** Comedy. (2019, PG, 105min) ★★
11.45 **Valentine Ever After** Romantic drama. (2016, PG, 84min) ★★
1.30 AM **Love Map** Romantic comedy. (2022, PG, 90min) ★★
3.00 **A Honeymoon to Remember** Drama. (2021, PG, 85min) ★★
4.30 **to 6.00** AM **Love at Sunset Terrace** Drama. (2020, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Dangerous Attraction** Psychological thriller. (2012, PG, 90min) ★★
11.00 **Deadly Vengeance** Thriller. (2019, PG, 87min) ★★
1.00 PM **A Daughter's Deception** Drama. (2019, 12, 85min) ★★
3.00 **Hidden Intentions** Thriller (2018, 12, 90min) ★★
4.50 **Trouble in the Sky** Airborne drama. (1960, U, 76min) ★★
6.55 **Bewitched** Comedy fantasy with Nicole Kidman and Will Ferrell. An actor unwittingly casts a real witch to co-star in a revival of the 1960s TV series about a witch married to a mortal man. (2005, PG, 102min) ★★★
9.00 **Hitman: Redemption** Thriller starring Ron Perlman. A former Mossad agent reaches the end of his career and decides to change his ways in order to become a new man and alter his life. (2019, 15, 104min) ★★★
11.05 **Into the Ashes** Thriller. (2018, 15, 98min) ★★★
1.10 AM **Personal Shopper** Thriller. (2016, 15, 105min) ★★★★
3.30 **to 6.00** AM **What's Eating Gilbert Grape** (1993, 15) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S7)
7.10 **Indian Uprising** Western. (1951, U, 75min) ★★★
8.55 **Tornado Warning** Sci-fi action thriller. (2012, PG, 90min) ★★
10.45 **The War in the Jungle**
12.00 NOON **M*A*S*H** (S7)
1.00 PM **Gunman's Walk** Western. (1958, PG, 95min) ★★
2.55 **Jesse James: Lawman** Western. (2015, 12, 77min) ★★
4.35 **Betrayal: The Battle for Warsaw** Documentary.
5.35 **The Enemy General** War drama. (1960, b/w, U, 74min) ★★
7.10 **Stormageddon** Thriller starring Joseph Gatt and John Hennigan. (2015, PG, 90min) ★★
9.00 **Men of War** Action drama with Dolph Lundgren and Charlotte Lewis. A mercenary swaps sides and decides to defend a South Sea island against his rapacious ex-employers. (1994, 18, 99min) ★★
10.55 **Active Stealth** Action thriller starring Daniel Baldwin and Tim Abell. (1999, 18, 95min) ★
12.55 AM **Assassination Games** Thriller. (2010, 18, 95min) ★★
3.00 **to 4.00** AM **War in the Atlantic**

+1 hour 324

Movies 24

325 419

7.00 AM **Midway to Love** As 7pm.
9.00 **From the Heart** As 9pm.
11.00 **A Little Daytime Drama**
1.00 PM **Exit Stage Death: Picture Perfect Mysteries** (2020) ★★
3.00 **A Beautiful Place to Die: A Martha's Vineyard Mystery** Drama. (2020, PG, 104min) ★★
5.00 **A Very Foul Play: An Aurora Teagarden Mystery** Drama. (2019, PG, 85min) ★★
7.00 **Midway to Love** Romantic drama starring Rachel Hendrix and Daniel Stine. A disillusioned TV presenter returns to her home town and is reunited with her high school sweetheart. (2019, PG, 87min) ★★
9.00 **From the Heart** Romance starring Galadriel Stineman. A travel guide writer goes home to settle her dad's affairs, where she's reminded of her life before she left the Amish community. (2020, PG, 90min) ★★
11.00 **A Little Daytime Drama** Comedy. (2021, PG, 90min) ★★
1.00 AM **Exit Stage Death: Picture Perfect Mysteries** (2020) ★★
3.00 **to 5.00** AM **A Beautiful Place to Die: A Martha's Vineyard...**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TLL LATE

9.00 PM **Prince of Darkness** *Sky Sci-Fi* Grisly horror from John Carpenter, starring Donald Pleasence. ★★★
9.00 **Cold Pursuit** *5Action* Action drama starring Liam Neeson and Laura Dern. ★★★
9.15 **Beautiful Boy** *BBC3* Drama based on the memoirs by father and son David and Nic Sheff, starring Steve Carell and Timothée Chalamet. ★★★★
10.00 **King Arthur: Legend of the Sword** *5STAR* Fantasy drama, starring Charlie Hunnam and Àstrid Bergès-Frisbey. ★★★
10.30 **The Blues Brothers** *ITV4* Cult comedy musical from John Landis starring John Belushi and Dan Aykroyd. ★★★★★
10.40 **King of Thieves** *BBC1* *(NI: 11.10pm)* Crime drama based on the Hatton Garden heist, starring Michael Caine and Michael Gambon. ★★
11.15 **Out for Justice** *5Action* Martial arts thriller starring Steven Seagal and William Forsythe. ★
2.50 AM **Mistress America** *Channel 4* Comedy starring Lola Kirke and Greta Gerwig. ★★★★

Wednesday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
8.00 **Ashes Greats**
8.10 LIVE **Big Bash League Perth Scorchers v Hobart Hurricanes.** Coverage of the T20 match from Optus Stadium.
12.00 NOON LIVE **SA20 MI Cape Town v Sunrisers Eastern Cape.** Coverage of the T20 match from Six Gun Grill Newlands, Cape Town.
3.00 PM LIVE **SA20 Pretoria Capitals v Joburg Super Kings.** Coverage of the T20 match from SuperSport Park, Centurion.
7.30 LIVE **SPFL Kilmarnock v Rangers.** Coverage of the Scottish top-flight encounter from the BBSP Stadium Rugby Park. Kick-off **8.00pm**.
10.30 **Behind the Ropes** An insight into the training camps of Chris Eubank Jr and Liam Smith.
11.30 **The Gloves Are Off**
12.00 M'T **Sky Sports News**
3.30 **to 6.00** AM LIVE **DP World Tour Golf** Coverage of the opening day's play of the Abu Dhabi HSBC Championship.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Paolo Di Canio**
7.30 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League Stories**
7.30 **The HangOUT with Cesar Azpilicueta**
8.00 **Gary Neville's Soccerbox** The presenter is joined by John Barnes. **8.30** With Matt Le Tissier.
9.00 **Premier League Stories** Behind the scenes of the top flight.
9.30 **Premier League 100 Club**
10.00 **Premier League Icons**
10.30 **PL Retro** Leicester City v West Ham United from 2016.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro**
12.00 NOON **EFL Highlights**
1.00 PM **Bundesliga Special**
2.00 **EFL Goals: Leagues 1 & 2**
2.30 **WSL** The latest action.
3.30 **EFL Highlights**
5.00 **EFL Greatest Games**
5.30 **Best Scottish Premiership Goals 2021/22**
6.00 **EFL Highlights**
6.30 **EFL Goals: Leagues 1 & 2**
7.00 **The HangOUT with Cesar Azpilicueta**
7.30 LIVE **SPFL Kilmarnock v Rangers.** From BBSP Stadium Rugby Park. Kick-off **8.00pm**.
10.30 **The HangOUT with Cesar Azpilicueta**
11.00 **Bundesliga Clubs**
12.55 AM **Bundesliga Legends**
1.25 **Bundesliga Top 10 Moments**
1.35 **Bundesliga Top 5 Brazilian Goals** Memorable strikes.
1.40 **EFL Greatest Games**
2.00 **Bundesliga Special**
3.00 **EFL Greatest Games**
3.15 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Ashes Greats**
6.10 **SA20**
8.10 LIVE **Big Bash League Perth Scorchers v Hobart Hurricanes.** Coverage of the T20 match from Optus Stadium.
11.00 LIVE **SA20 MI Cape Town v Sunrisers Eastern Cape.** Coverage of the T20 match from Six Gun Grill Newlands, Cape Town.
3.00 PM LIVE **SA20 Pretoria Capitals v Joburg Super Kings.** Coverage of the T20 match from SuperSport Park, Centurion.
7.30 **Big Bash League** Perth Scorchers v Hobart Hurricanes.
8.30 **SA20** MI Cape Town v Sunrisers Eastern Cape. Highlights of the T20 match from Six Gun Grill Newlands in Cape Town.
9.30 **SA20** Highlights of Pretoria Capitals v Joburg Super Kings.
10.30 **Big Bash League** Perth Scorchers v Hobart Hurricanes.
11.30 **SA20**
1.30 AM **Big Bash League**
2.30 **SA20**
4.30 **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **to 6.00** AM **Big Bash League**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Tour Golf**
11.00 **How the 1997 Ryder Cup Was Won** A look back at the event.
2.00 PM **The Open Films: McIlroy 2014** Action from the 2014 Open Championship.
3.00 **The Open Films: Woods 2000** A look back at action from the 2000 Open Championship.
4.00 **The Open Films: Ballesteros 1984** Action from the 1984 Open Championship.
5.00 **The Open Films: Clarke 2011** The 2011 Open Championship.
6.00 **The Open – Official Films** A look at the 2022 tournament.
7.00 **PGA Tour: The Cut**
7.30 **PGA Tour Golf** Action from the Sony Open in Hawaii.
8.30 **DP World Tour Golf** Highlights from day three of the Hero Cup at Abu Dhabi Golf Club.
9.30 **PGA Tour: The Cut**
10.00 **How the 1997 Ryder Cup Was Won** From Valderrama Golf Club in Sotogrande, Spain.
1.00 AM **PGA Tour: The Cut**
1.30 **PGA Tour Golf**
3.30 **to 6.00** AM LIVE **DP World Tour Golf** Day one of the Abu Dhabi HSBC Championship.

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **ESPN FC** Football news.
6.30 **A-League Highlights**
7.00 LIVE **A-League Women Western Sydney Wanderers v Melbourne Victory.** Coverage of the match from Wanderers Football Park. Kick-off **7.00am**.
9.00 **Ligue 1 Highlights**
10.00 **Primeira Liga**
11.00 **Heineken Champions Cup**
12.00 NOON **The WRC Magazine**
12.30 PM **Ligue 1** Lens v Auxerre.
1.30 **Premier League Reload**
1.45 LIVE **ILT20 Abu Dhabi Knight Riders v Desert Vipers**
5.30 **BT Sport Goals Reload**
5.45 **ESPN FC** Football news.
6.15 **Serie A: Full Impact**
6.45 LIVE **EuroCup Basketball Aquila Basket Trento v London Lions.** Tip-off **7.00pm**.
9.00 **WWE** Wrestling action.
11.45 **BT Sport Goals Reload**
12.00 M'T LIVE **College Basketball** Coverage of an NCAA match.
2.00 AM LIVE **College Basketball Oklahoma State Cowboys v Oklahoma Sooners.**
4.00 **ESPN Films: 144**
5.30 **to 6.00** AM **Serie A: Full Impact**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM LIVE **Women's One-Day International Cricket Australia v Pakistan.** Coverage of the second ODI in the three-match series from Allan Border Field in Brisbane.
8.30 **Fishing: On the Bank**
9.30 **BT Sport Goals Reload**
10.00 **Serie A** Highlights.
3.00 PM **Joe Cole Cast**
3.30 **The WRC Magazine**
4.00 **Premier League Stories**
4.30 **BT Sport Goals Reload**
5.00 **BT Sport Reload**
5.30 **Women's One-Day International Cricket** Action from the second women's ODI as Australia and Pakistan face-off.
6.30 **Heineken Champions Cup Highlights** The third round.
7.30 **Serie A – Full Impact**
8.00 **The Rugby's On**
9.00 **UFC Countdown** A look ahead to the upcoming UFC action.
10.00 **UFC** A chance to see Kelvin Gastelum v Nassourdine Imavov.
1.00 AM **UFC Greatest Fights**
3.30 **UFC Countdown**
4.30 **UCL Stories of the Finals**
5.00 **to 6.00** AM **BT Sport Goals Reload**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **WWE NXT UK Classics**
7.00 **WWE Monday Night Raw**
9.30 **UEFA Man In The Middle**
1.30 PM **MLB Classic** A look back at the 25 to postseason performers from the MLB in 2022.
2.30 **Ligue 1** Marseille v Lorient. **3.30** Lyon v Strasbourg. **4.30** Lille v Troyes.
5.30 **WWE SmackDown Highlights**
6.30 **WWE Raw Highlights**
7.30 **Isuzu UTE A-League** Macarthur FC v Central Coast Mariners. **8.30** Perth Glory v Sydney FC. **9.30** Highlights from Brisbane Roar v Wellington Phoenix. **10.30** Highlights from Adelaide United v Melbourne Victory. **11.30** Western Sydney Wanderers v Melbourne City. **12.30** AM Highlights from Western United v Newcastle Jets.
1.30 **Women's One-Day International Cricket** Action from the second women's ODI as Australia and Pakistan face-off.
2.30 **The Rugby's On** A look back at the past week's rugby action.
2.30 **ESPN Classic Boxing** Muhammad Ali v Oscar Bonavena from 1970.
5.00 **to 6.00** AM **ESPN Classic Boxing**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
9.00 **NFL Review Show**
11.00 **NFL Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Highlights** Action from New Orleans Saints v Philadelphia Eagles from 2018/19.
4.00 **NFL Review Show**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights** The first Wild Card play-off match. **8.15** Brief highlights of the second Wild Card play-off match. **8.30** Brief highlights of the third Wild Card play-off match. **8.45** Brief highlights of the fourth Wild Card play-off match. **9.00** Brief highlights of the fifth Wild Card play-off match. **9.15** Brief highlights of the sixth Wild Card play-off match.
9.30 **One Jets Drive**
10.00 **The Super Bowl That Wasn't** The story behind why Arizona lost the right to host the Super Bowl.
11.00 **Total Access**
1.00 AM **One Jets Drive**
1.30 **NFL Bitesize Highlights**
3.00 **NFL Review Show**
5.00 **to 6.00** AM **One Jets Drive**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Paolo Di Canio**
7.30 **My Icon**
8.10 LIVE **Big Bash League Perth Scorchers v Hobart Hurricanes.** Coverage of the T20 match from Optus Stadium.
12.10 PM **My Icon**
12.30 **PL Legends: Paolo Di Canio**
1.00 **NFL Bitesize Highlights**
2.00 **Premier League Years**
4.00 **DP World Tour Golf**
5.00 **Sail GP** Action from day one. **6.30** Action from day two.
8.00 **NFL Bitesize Highlights** The first Wild Card play-off match. **8.15** Brief highlights of the second Wild Card play-off match. **8.30** Brief highlights of the third Wild Card play-off match. **8.45** Brief highlights of the fourth Wild Card play-off match.
9.00 **Big Bash League**
10.00 **The HangOUT with Cesar Azpilicueta**
10.30 **Behind the Ropes**
11.30 **The Gloves Are Off**
12.00 M'T **NBA Basketball**
2.00 AM **SA20**
4.00 **Big Bash League**
5.00 **to 6.00** AM **ODI Cricket**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **Pardon the Interruption**
7.00 **College Basketball**
10.30 **ESPN FC** Football news.
11.00 **ESPN SportsCenter**
11.15 **30 for 30: Qualified**
12.45 PM **ESPN SportsCenter**
1.00 **Around the Horn**
1.30 **Pardon the Interruption**
2.00 **ESPN SportsCenter**
2.15 **NCAA Championship**
5.15 **ESPN FC** Football news.
5.45 **ESPN SportsCenter**
6.00 **Around the Horn**
6.30 **Pardon the Interruption**
7.00 **College Basketball** Another chance to see an NCAA match. **8.45** A chance to see Kentucky Wildcats v Georgia Bulldogs.
10.30 **30 for 30: Bad Boys**
12.30 AM **BT Sport Reload**
1.00 **30 for 30: Be Water**
3.00 **30 for 30: The Two Bills**
4.30 **to 6.00** AM **NCAA Championship**

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM LIVE **Australian Open Tennis** Coverage of day three.
7.45 LIVE **Australian Open Tennis** Further coverage of day three.
10.00 LIVE **Australian Open Tennis** Concluding coverage of the third day's play of the opening Grand Slam event of the season, featuring second-round matches staged at Melbourne Park.
1.00 PM **Australian Open Tennis Cube**
1.15 **Australian Open Tennis** Action from day three of the opening Grand Slam event of the season, featuring second-round matches.
8.00 **Australian Open Tennis** Coverage of the third day's play from Melbourne Park.
12.00 M'T **to 7.00** AM LIVE **Australian Open Tennis** Coverage of day four of the opening Grand Slam event of the season, featuring second-round matches at Melbourne Park.

Eurosport 2

411 411 869 | 522 | 413 436

7.00 AM LIVE **Australian Open Tennis** Coverage of the third day's play at Melbourne Park.
1.00 PM **Show Jumping**
2.00 **Biathlon** The World Cup event.
2.30 LIVE **Alpine Skiing: Winter World University Games** Coverage of the first run in the men's giant slalom event.
4.35 **Alpine Skiing**
5.30 **Figure Skating**
6.00 LIVE **Alpine Skiing: Winter World University Games** Coverage of the second run in the men's giant slalom event.
8.05 **Discovery Golf**
8.35 **Best of Super G**
8.45 **Best of Giant Slalom**
9.00 **Cycling: Tour Down Under**
9.45 **Cycling: Zwift Academy**
10.15 **SailGP** Round eight in Singapore.
10.45 **Best of Giant Slalom**
11.00 **Show Jumping**
12.00 M'T **to 7.00** AM LIVE **Australian Open Tennis** The fourth day.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League Highlights** Top-flight action.
7.00 **Fight Night**
7.30 **Chris Eubank Jr: Off Limits**
8.00 **Fight Night**
9.00 **Behind the Ropes**
10.00 **World Darts Championship**
1.30 PM **The Gloves Are Off**
2.00 **Betfred Super League Highlights** Top-flight action.
2.45 **Betfred Super League**
3.00 **Betfred Super League Highlights** Top-flight action.
4.00 **Fight Night**
5.00 **NBA Basketball** A replay of Detroit Pistons v New York Knicks.
7.00 **NBA on Fire**
7.30 **NBA Basketball** A replay of Memphis Grizzlies v Phoenix Suns.
9.30 **Behind the Ropes**
10.30 **The Gloves Are Off**
11.00 **Fight Night**
12.00 M'T **NBA Basketball**
2.00 AM **World Darts Championship**
5.30 **to 6.00** AM **The Gloves Are Off**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
12.00 NOON **Formula 1**
2.15 PM **George Russell F1 Winner**
2.25 **Lewis: Nelson Mandela The Icon** Lewis Hamilton reflects on meeting Nelson Mandela.
2.30 **Formula 1** The 2022 Belgian Grand Prix, the 14th round of the season, which took place at Circuit de Spa-Francorchamps.
4.35 **Ted's Goodbye to Vettel**
4.45 **Mauro Forghieri Remembered**
4.50 **Felipe Drugovich: Brazil's New Star**
5.00 **Formula 1** The 2022 Dutch Grand Prix, the 15th round of the season at Circuit Zandvoort.
7.15 **Fittipaldi in His Lotus 72**
7.25 **Ricciardo's MMA Outing**
7.30 **Formula 1** Another chance to see the 2022 Italian Grand Prix.
9.30 **Formula 1** . Another chance to see 2022 Singapore Grand Prix, the 17th round of the season.
12.15 **to 6.00** AM **Best of 2022**

SKY HD SD VIRGIN HD BT HD

Thursday

19 January

Evening Planner

Football

Premier League
Sky Sports, kick-off 8pm
Man City v Spurs: The Londoners won at their last meeting, but Erling Haaland is on hand to exact revenge for the Blues.

OnDemand

Paramount+

The Chemistry of Death
Available today
Six-part crime drama starring Harry Treadaway, based on the best-selling novels.

OnDemand

NETFLIX

That 90s Show
Available today
In this *That 70s Show* spin-off, Red and Kitty (Debra Jo Rupp) host a group of teens in their basement.

OnDemand

itvX

The Sex Lives of College Girls
Available today
Second season of the comedy drama following four roommates at Essex College.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One... †	7.30 EastEnders	8.00 Dragons' Den		9.00 The Apprentice		10.00 News; Local News	
	102 BBC2	7.00 This Farming Life		8.00 Winterwatch		9.05 Marie Antoinette		10.00 Apprentice...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Your Car... †	9.00 Britain's Notorious Prisons... †		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 The Light in the Hall		10.00 In the Footsteps of Killers	
	105 CHANNEL 5	7.00 Nick Knowles' Big House Clearout		8.00 Build Your Dream Home in the Country		9.00 The Madame Blanc Mysteries		10.00 Million Pound Motorhomes	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Film: The Dark Knight Rises			
ENTERTAINMENT	117 BBC3	7.00 Top Gear		8.00 Film: Lara Croft: Tomb Raider			9.35 Bad Education	10.05 Shrill	
	116 BBC4	7.00 Great British...	7.30 The Joy of...	8.00 Elizabeth I's Secret Agents		9.00 Film: Green Book			
	118 ITV2	7.00 Ninja Warrior UK: Race for Glory		8.00 Superstore		9.00 Love Island		10.05 Plebs	
	136 MORE4	◂ 6.55 Escape to the Chateau		7.55 Grand Designs		9.00 24 Hours in A&E		10.00 999: What's Your Emergency?	
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Below Deck		9.00 Gogglebox		10.00 Naked Attraction	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Law & Order: Special Victims Unit		10.00 Private Eyes	
	108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 Watchmen		10.05 Euphoria	
	110 GOLD	◂ 6.40 Dad's Army		8.00 dinnerladies			9.20 Absolutely Fabulous	10.00 Harry Enfield and Chums	
	111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?		8.20 QI	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 DCI Banks	
	120 ITV4	◂ 6.45 Snooker: World Grand Prix – Live: The opening two quarter-finals						10.00 Film: Collateral	
	112 COMEDY CENTRAL	7.00 Friends				9.00 The Ricky Gervais Show		10.00 Beavis and Butt-Head	
	139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 The Twilight Zone			
	113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad		9.00 Rob & Romesh vs Fashion		10.00 Hold the Front Page	
	132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 My Life Is Murder	
	130 SKY ARTS	7.00 Landscape Artist of the Year		8.00 Discovering: Jodie Foster		9.00 Comedy Legends		10.00 The Movies	
DOCUMENTARY	125 DISCOVERY	7.00 Diesel Brothers		8.00 Outback Truckers		9.00 Ed Stafford: First Man Out		10.00 Alaskan Bush People	
	162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Guardians of Rescue				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Gold Diggers		9.00 Wicked Tuna: Outer Banks Showdown		10.00 Car S.O.S.	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Colosseum		10.00 Alone: Frozen	
	155 YESTERDAY	7.00 Fred Dibnah's Made in Britain		8.00 Bangers and Cash		9.00 Hornby: A Model World		10.00 Bangers and Cash	
	121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 Urban Secrets		9.00 The Wimbledon Kidnapping			
FILMS - Sky Cinema	301 PREMIERE	◂ 6.05 The Last Son		8.00 The Estate			9.45 Eiffel		
	303 HITS	◂ 5.50 Collateral		8.00 The Matrix Revolutions				10.15 Ace Ventura Pet Detective	
	304 GREATS	◂ 5.20 A.I. Artificial Intelligence		8.00 Children of a Lesser God				10.00 An Officer and a Gentleman	
	305 ANIMATION		7.20 Riverdance: The Animated Adventure			9.00 Wheely			10.35 Lego DC...
	306 FAMILY	◂ 5.50 Annie		7.50 Spy Kids 2: Island of Lost Dreams			9.45 Maya the Bee: The Golden Orb		
	307 ACTION	◂ 5.05 The Batman		8.00 The Northman				10.20 Brooklyn's Finest	
	308 COMEDY	◂ 6.20 Bean		8.00 Big Daddy			9.40 Shaun of the Dead		
	309 THRILLER	◂ 6.15 Unhinged		8.00 2 Guns				10.00 Donnie Brasco	
	310 DRAMA	◂ 6.00 The Hours		8.00 Manchester by the Sea				10.25 Brooklyn	
	311 SCI-FI	◂ 5.55 Knowing		8.00 Terminator 2: Judgment Day					10.35 Battle...
	302 FEEL GOOD	◂ 5.40 Jerry Maguire		8.00 The Truman Show			9.55 The Terminal		
	313 FILM4	◂ 6.45 How to Lose a Guy in 10 Days				9.00 Bombshell			
	315 TCM MOVIES	7.05 Churchill				9.00 Righteous Kill			
SPORT	401 MAIN EVENT	7.00 Premier League – Live: Manchester City v Tottenham Hotspur (Kick-off 8.00)							10.30 Behind the...
	402 PREMIER LEAGUE	7.00 Premier League – Live: Manchester City v Tottenham Hotspur (Kick-off 8.00)							
	403 FOOTBALL	7.00 Women's...	7.30 Football Weekly	8.00 Scottish...	8.30 EFL Goals	9.00 Bundesliga...	9.30 Inside the WSL	10.00 Women's...	10.30 Scottish...
	404 CRICKET	◂ 3.00 SA20 – Live	7.30 Big Bash League		8.30 The Best of The Big Bash		9.30 SA20		10.30 Big Bash...
	413 BT SPORT 1	7.00 World Rally Championship – Live		8.15 ESPN FC	8.45 FIH Hockey Men's World Cup				
	414 BT SPORT 2	◂ 6.30 Ligue 1...	7.30 Fishing: On the Bank		8.30 The Rugby's On		9.30 Serie A – Full...	10.00 MLB Classic	

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live: Cost of Living Special** New edition (S)
10.00 **Rip Off Britain Live: Cost of Living Special** New edition (S)
10.45 **For Love or Money** (S)(R)
11.15 **Homes Under the Hammer** New edition From Leeds. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **The Farmers' Country Showdown** New edition (S)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** New edition (S)
4.30 **Make It at Market** New edition Helping a jewellery maker. (S)(AD)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Dragons' Den

7 PM

7.00 **The One Show** Alex Jones and Ronan Keating present the topical show. (S)
7.30 **EastEnders** Alfie's plan backfires, and Lola starts thinking about a face from her past. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition 3/14. A mother and son showcase their Mumbai-inspired chutney business and an outdoor enthusiast pitches his accessible gardening enterprise. Hosted by Evan Davis. (S)(AD)

9 PM

9.00 **The Apprentice** New edition 3/12. Lord Sugar tasks the candidates to create a new pre-school cartoon aimed at two-to-four-year-olds to pitch to industry experts. (S)
■ *The Apprentice: You're Fired* follows on BBC2

10 PM

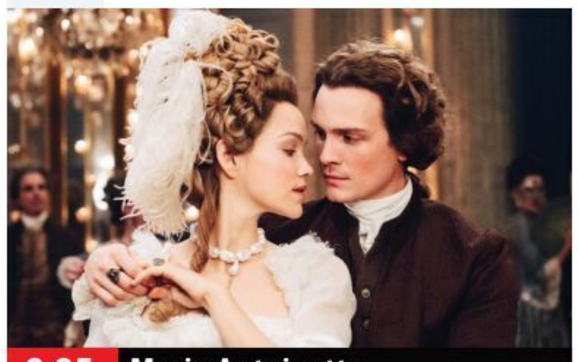
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce chairs the topical debate from Hoddesdon in Hertfordshire. (S)

11.40 **Newscast** A weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Celebrity Mastermind** Victoria Smurfit, Wayne Hemingway, Ria Lina and James Buckley are put to the test by Clive Myrie. (S)(R)
12.40 **We Are England** (S)(R)
1.10 **Weather for the Week Ahead** Seven-day forecast. (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Farmers' Country Showdown** (S)(R)
7.15 **Make It at Market** (S)(R)(AD)
8.00 **Sign Zone: Charlie Mackesy: The Boy, the Mole, the Fox, the Horse and Me** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Bowls: World Championships** Coverage from Potters Resort at Hopton-on-Sea, Norfolk, featuring the first ladies' singles final and a match from the open singles competition. (S)
5.15 **Flog It!** Revisiting historic venues from the series. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Take a Hike** New edition Fitness fan Zara takes the group up – and down – the Great Orme. (S)



9.05 Marie Antoinette

7.00 **This Farming Life** 7/12. Emma, Ewan and even two-year-old Len are preparing for the Bute Agricultural Show – the highlight of the island's agricultural calendar – before a health scare with sheepdog Joffe. (S)(R)

8.00 **Winterwatch** New edition Chris Packham and Michaela Strachan revel in some of winter's most dazzling displays, and there is an insight into some of Britain's smallest mammals. (S)
■ Continues tomorrow

9.05 **Marie Antoinette** New episode *Queen of France:* 4/8. Marie Antoinette and Louis are about to make their first official visit to Paris, but when the King becomes seriously ill, the succession suddenly becomes a reality. (S1) (S)(AD)

10.00 **The Apprentice: You're Fired** New edition 3/11. Host Tom Allen interviews the latest candidate to be fired. (S)
10.30 **Newsnight** (S)

11.10 **Weather** (S)
11.15 **What We Do in the Shadows** 8-10/10. Triple bill. (S2) (S)(R)(AD)
12.20 AM **FILM Ghost Stories** Horror anthology starring Andy Nyman. A professor famous for debunking hoaxes and ghost sightings is given a dossier of three unsolvable cases. (S) (2017, 15, 90min) ★★★★
1.50 **Sign Zone: The Traitors** (S)(R)(AD)
2.50 **Sign Zone: The Travelling Auctioneers** (S)(R)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** New edition David Dickinson sets up shop in Bosworth, with his team Tim Hogarth, Stewart Hofgartner, Karen Dalmeny and Mark Stevens. (S)(AD)
3.00 **Lingo** New edition Word-based quiz show hosted by Adil Ray. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

3.00 Lingo

7.30 **Emmerdale** It is the day of Kyle's hearing, Paddy feels isolated, and Mandy has a plan for Chas. (S)(AD)

8.30 **Tonight: Your Car – Time to Switch?** New edition Ginny Buckley looks at the affordability and reliability of electric cars. (S)

9.00 **NEW Britain's Notorious Prisons: Wormwood Scrubs** The truth about life behind the walls of one of Britain's most notorious jails, including the story of spy George Blake, and his 1966 escape from Wormwood Scrubs. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)

11.10 **Next Level Chef** 2/8. This week the contestants go Italian – but the kitchen in which each of them works depends on how well they did last week. (S)(R)(AD)
12.15 AM **Wrestling: AEW Rampage** Hard-hitting wrestling action. (S)
1.10 **Shop: Ideal World**
3.00 **Maternal** 1/6. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Dickinson's Real Deal** (S)(SL)(R)(AD)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 12-14/24. (S10) (S)(R)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Come Dine with Me: The Professionals** In Newcastle. (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition (S)
4.00 **A New Life in the Sun** New edition A famous face pays a visit to Mike and Craig's café. (S)
5.00 **Junior Bake Off** New edition The bakers attempt a traditional Chinese dessert. (S)(AD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Misbah and Zain try to come up with a plan. (S)(AD)

8.00 The Dog House

7.00 **News** (S)

8.00 **The Dog House** New edition Timid puppy Harry seeks a new home, while it is unclear whether grumpy Westie Hamish will share a smile and his beloved toy with Jacqui from Bolton. (S)(AD)

9.00 **The Light in the Hall** Series finale 6/6. Cat and Joe return to the woods to see if revisiting the scene of the crime can help jog his memory. Sharon is desperate for answers, but they might not be the ones she wants. (S1) (S)(AD)

10.00 **In the Footsteps of Killers** New edition 2/6. Focusing on the unsolved case of eight-year-old Vishal Mehrotra, who vanished in central London in July 1981. His partial remains were discovered in Sussex seven months later. (S)(AD)

11.05 **Killed By a Rich Kid** Examining the 2019 death of teenager Yousef Makki in one of England's most affluent suburbs. (S)(R)
12.35 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.25 **Couples Come Dine with Me** (R)
2.20 **FILM Shoplifters** Japanese drama starring Lily Franky. Subtitled. (2018, 15, 120min) ★★★★★
4.20 **Building the Dream** (S)(SL)(R)(AD)
5.15 **to 6.10** AM **Junior Bake Off** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **Traffic Cops** (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(AD)
2.15 FILM PREMIERE **Happily Never After** Thriller starring Erinn Fredin and Alexis Allotta. (S) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Cameras focus on Jordanne, who juggles four businesses. (S)
5.00 **News** (S)
6.00 **Holiday Homes in the Sun** Amanda Lamb, JB Gill and Sam Pinkham head to the Dubrovnik suburb of Lapad as they try to find a holiday home on Croatia's Adriatic coast. (S)(R)
6.55 **News** (S)

7.00 Nick Knowles' Big House...

7.00 **Nick Knowles' Big House Clearout** New edition The presenter travels to Mersea Island in Essex to help a family who are drowning in clutter. (S)
7.55 **News** (S)
8.00 **Build Your Dream Home in the Country** New edition 3/20. Mark Millar helps a family transforming a metal barn in a field into a dream luxury abode with two kitchens and a main bedroom. (S)
9.00 **The Madame Blanc Mysteries** New episode 4/7. Drama starring Sally Lindsay. Jean and Dom assist Caron in solving a murder in a remote country mansion. (S2) (S)
10.00 **Million Pound Motorhomes** 2/10. Following a man from the Wirral who has made the life-changing decision to leave his job as a financial director and live full time in his new motorhome. (S)(R)
11.05 **Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove makes his way through traffic to reach the scene of a hit-and-run. (S)(R)
12.05 AM **Police: Night Shift 999** (R)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Holiday Homes in the Sun** (R)
3.50 **Cruising with Jane McDonald**
4.40 **House Busters** (S)(SL)(R)
5.05 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Arctic Secrets** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 13/23. (S3) (S)(R)
11.00 **NCIS: New Orleans** (S3) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **S.W.A.T.** 8/21. (S3) (S)(R)(AD)
3.00 **Big Cat Country** (S)(R)
4.00 **The Conners** 2/20. (S2) (S)(R)
4.30 **Futurama** (S)(R)(AD)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 25/25. With guest star Queen Latifah. (S1) (S)(R) **6.00** 1/24. Will's infatuation with his girlfriend Kathleen fades when the pair get trapped by an earthquake. (S2) (S)(R)
6.30 **The Simpsons** *Puffless:* Maggie goes on an adventure. (S)(R)

9.00 The Dark Knight Rises

7.00 **The Simpsons** *Friend with Benefit:* Lisa makes friends with a girl whose father is a billionaire. With Kristen Bell. (S)(R) **7.30** *Lisa with an S:* Lisa stays with a Broadway legend for a month. (S)(R)
8.00 **An Idiot Abroad** 3/8. Karl Pilkington stops off in Israel on his way to Petra, Jordan, and is subjected to a mock kidnapping before visiting Bethlehem, the Wailing Wall, and swimming in the Dead Sea. (S)(R)(AD)
9.00 FILM **The Dark Knight Rises** Crime action drama sequel starring Christian Bale and Tom Hardy. Eight years on from the events of *The Dark Knight*, Bruce Wayne is drawn out of his reclusive existence when Gotham City is torn apart by class warfare and terrorist attacks, organised by the evil Bane. With Anne Hathaway. (S) (2012, 12, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Sex and the City** *The Chicken Dance:* 7/18. Miranda falls for a houseguest. (S)(R) **12.30** AM *The Man, the Myth, the Viagra:* 8/18. Samantha dates a millionaire. (S2) (S)(R)
1.00 **Road Wars** (R)
2.00 **S.W.A.T.** 9/21. (S3) (S)(R)(AD)
3.00 **Hawaii Five-0** 24/24. (S1) (S)(R)
4.00 **S.W.A.T.** 8/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
11.15am Bargain Hunt **12.00noon-1.00pm** First Minister's Questions **6.55pm** Party Political Broadcast **7.00-7.30pm** River City

N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.40pm The View **11.20** Question Time **12.20am** Newscast **12.50** The Apprentice **1.50-6.00am** BBC News

WALES
Sky 952, Virgin 864, Freesat 964
12.40-1.10am Question of Sport

BBC2

N. IRELAND
Sky 972, Freesat 969
10.00-10.30pm Beauty Queen and Single **11.10** The Apprentice: You're Fired **11.40** What We Do in the Shadows **12.50** QI **1.20-1.50am** Sign Zone: See Hear

WALES
Sky 971, Freesat 971
No variations

ITV1

As main ITV1 except:
ANGLIA
10.45-11.10pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.10pm Around the House
LONDON
10.45-11.10pm The Late Debate
CENTRAL
10.45-11.10pm Central Lobby
GRANADA
10.45-11.10pm The Granada Debate
MERIDIAN
10.45-11.10pm The Last Word
WALES
10.45-11.10pm Face to Face
WEST/WESTCOUNTRY
10.45-11.10pm The Westcountry Debate
YORKSHIRE
10.45-11.10pm Last Orders

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion **12.05pm** Codi Pac **12.30** Heno **1.00** Cymry ar Gynfas **1.30** Colleen Ramsey: Bywyd a Bwyd **2.00** Newyddion **2.05** Prynhawn Da **3.00** Newyddion **3.05** Efaciwîs **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ffermio **6.30** Ffasiwn Drefn **7.00** Heno **7.30** Newyddion **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion **9.00** Y Byd yn ei Le **9.45** Curadur **10.15** Rygbi Pawb **11.00** Pen Petrol **11.25pm-12.00m't** Wil ac Aeron: Taith Rwmania

BBC3

117/141/173 | 107/157 | 23 | 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** A race across the Arabian peninsula.
7.55 **The Catch Up**
8.00 FILM **Lara Croft: Tomb Raider** Fantasy adventure based on the popular computer games, starring Angelina Jolie, Jon Voight, Iain Glen and Daniel Craig. (2001, 12, 100min) ★★★★
9.35 **Bad Education** 1/6. Stephen and Mitchell are told one of them will be fired. (S4)
10.05 NEW SERIES **Shrill** 1/8. A newly single Annie jumps back into the dating world – with mixed results. **10.30** New episode 2/8. Amadi sets Annie up on a disastrous blind date. (S3)
10.55 **Young MasterChef**
12.25 AM **Bad Education**
12.55 **Meet the Khans: Big in Bolton** The Khans head off for a night out at the boxing. **1.25** Amir and Faryal head to Manchester for work.
1.55 **Gassed Up**
2.40 **Zen Motoring**
2.55 **to 3.50** AM **Cuckoo**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael travels from Newry to Portadown.
7.30 **The Joy of Painting** Bob Ross paints a frozen pond surrounded by snow drifts.
8.00 **Elizabeth I's Secret Agents** 2/3. The Earl of Essex tries to take over Robert Cecil's spy network.
9.00 FILM **Green Book** Oscar-winning comedy drama starring Viggo Mortensen and Mahershala Ali. In the 1960s, a working-class bouncer becomes the driver of an African-American classical pianist. With Linda Cardellini. (2018, 12, 130min) ★★★★
11.00 FILM **Amundsen** Drama telling the life story of explorer Roald Amundsen, starring Pål Sverre Hagen. (2019, 12, 125min) ★★★
1.00 AM **Around the World in 80 Treasures**
2.00 **Elizabeth I's Secret Agents**
3.00 **to 3.30** AM **Great British Railway Journeys**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Creating plates.
9.15 **A Place in the Sun: Home or Away**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer are in Lancing, West Sussex, where a couple are considering whether to stay put or move on from their Victorian semi.
6.55 **Escape to the Chateau** Dick and Angel prepare for winter and attend a food festival in Rouen.
7.55 **Grand Designs** Following the progress of a south London couple who want to build a home that resembles a giant stack of glass cubes.
9.00 **24 Hours in A&E** A builder dislocates his shoulder in an unusual way.
10.00 **999: What's Your Emergency?** Focusing on cases of alcohol-related call-outs involving excessive drinking by women.
11.05 **Million Pound Mega Yachts** Documentary.
12.10 AM **Emergency Helicopter Medics**
1.15 **8 Out of 10 Cats Does Countdown**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
7.55 **Junior Bake Off**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Romeo is in for a surprise when he gets home.
7.30 **Modern Family** 19/24. Phil thinks he has found the perfect present for Jay. (S6)
8.00 **Below Deck** New edition 4/15. The crew of *My Seanna* experience poor behaviour from a charter guest, and Jessica begins to remember how much wear and tear a charter season can take on a person.
9.00 **Gogglebox** Opinions on *Marcus Wareing's Tales from a Kitchen Garden* and *This Is Going to Hurt*.
10.00 **Naked Attraction** Contestants from Scotland and Manchester look for love.
11.05 **First Dates**
12.10 AM **Gogglebox**
1.15 **Rick and Morty**
2.15 **Below Deck**
3.05 **Naked Attraction**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **The Real A&E**
7.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Law & Disorder**
11.00 **Caught on Dashcam**
12.00 NOON **The Good Doctor** 13/18. A woman wants a controversial surgery. (S5)
1.00 PM **9-1-1** 5/18. (S3)
2.00 **Blue Bloods** 7/16. (S11)
3.00 **Bull** 9/23. The legal advisor helps a young man who reminds him of himself. (S1)
4.00 **Nothing to Declare**

7.00 Nothing to Declare

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *For Whom the Bell Tolls:* 9/16. Baez turns to Danny for help when she finds a corpse in her front yard. (S11)

9 PM

9.00 **Law & Order: Special Victims Unit** *And the Empire Strikes Back:* 1/22. Benson's loyalty to Garland is tested. (S23)

10 PM

10.00 **Private Eyes** *Family Plot:* 1/12. Shade and Angie return to solve more cases in Toronto. (S4)
11.00 **FBI** 22/22. (S4)
12.00 M'T **FBI: Most Wanted** (S1)
1.00 AM **The Rookie** 12/22. (S4)
2.00 **The Rookie** 13/22. (S4)
3.00 **9-1-1** 5/18. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 220

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town**
7.00 **Richard E Grant's Hotel Secrets** From New Orleans.
7.55 **The Sopranos** 4&5/13. (S2)
10.05 **Ray Donovan** 7&8/12. (S1)
12.15 PM **Game of Thrones** (S2)
1.20 **Six Feet Under** 9&10/13. (S1)
3.30 **The Sopranos** 6/13. Tony attacks a former friend. **4.35** 7/13. Christopher falls for a film executive. (S2)
5.45 **Ray Donovan** 9/12. Mickey finds incriminating evidence. **6.50** 10/12. The Donovans put on a united front. (S1)

9.00 Watchmen

7.55 **Game of Thrones** *What Is Dead May Never Die:* 3/10. Tyrion plots to identify a spy, and Catelyn tries to foster an alliance with the Baratheons. (S2)

9.00 **Watchmen** *She Was Killed by SpaceJunk:* 3/9. FBI agent Laurie Blake takes over a recent murder investigation. (S1)

10.05 **Euphoria** *Made You Look:* 3/8. Jules falls for a boy online and asks Rue to help her take some suggestive photos. (S1)
11.10 **The Last of Us** 1/9. (S1)
12.45 AM **Treme** 3/10. Albert makes an upsetting discovery. **1.55** 4/10. LaDonna coaxes a reluctant Antoine. (S1)
3.00 **Game of Thrones** As 7.55pm.
4.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 346 361

6.00 AM **Stop, Search, Seize**
8.00 **DC's Legends of Tomorrow**
9.00 **The Blacklist** 20/22. (S9)
10.00 **Supergirl** 13/23. (S3)
11.00 **NCIS: New Orleans** (S3)
1.00 PM **Hawaii Five-0** (S1)
2.00 **S.W.A.T.** 8/21. (S3)
3.00 **The Blacklist** 19/22. (S9)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 13/23. The DEO capture a Worldkiller. (S3)
6.00 **Stargate SG-1** 10/22. O'Neill and Teal'c become trapped underground. (S1)

5.00 Supergirl

7.00 **Stargate SG-1** *The Torment of Tantalus:* 11/22. A rescue attempt leaves the team trapped. (S1)

8.00 **An Idiot Abroad** Karl Pilkington stops off in Israel on his way to Petra, Jordan, and is subjected to a mock kidnapping.

9.00 **Rob & Romesh vs Fashion** Comedians Rob Beckett and Romesh Ranganathan examine the world of fashion.

10.00 **Hold the Front Page** 3/6. Nish Kumar and Josh Widdicombe work at the *Yorkshire Post*.
11.00 **The Force: North East**
1.00 AM **Road Wars**
2.00 **S.W.A.T.** 9/21 The team search for an officer who was abducted during a failed operation. (S3)
3.00 **Hawaii Five-0** 24/24. (S1)
4.00 **S.W.A.T.** 8/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Secret Crush**
8.00 **Dress to Impress**
9.00 **Chuck** 2/19. (S3)
10.00 **One Tree Hill** 12/22. (S1)
11.00 **The O.C** 12/27. (S1)
12.00 NOON **Secret Crush**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 3/19. (S3)
4.00 **One Tree Hill** 13/22. (S1)
5.00 **The O.C** 13/27. (S1)
6.00 **Celebrity Catchphrase**

10.05 Plebs

7.00 **Ninja Warrior UK: Race for Glory** Contenders take on the course as the competition to find champions continues.

8.00 **Superstore** 2/15. Mateo and Glenn plan a tribute. **8.30** 3/15. Jonah throws his hat into the ring for the supervisor position. (S6)

9.00 **Love Island** New edition The reality show continues as the singles settle into life in the villa. Presented by Maya Jama.

10.05 **Plebs** 5/8. Marcus is asked out by Gloria. **10.35** 6/8. The boys attend a free trial session at a new bathhouse. (S4)
11.05 **Family Guy** 1/19. The Griffins are stuck in Springfield. **11.30** 2/19. Peter creates a controversial comic strip (S13)
12.00 M'T **American Dad!** (S14)
12.55 AM **Superstore** (S6)
1.50 **Hey Tracey!** (S2)
2.45 **to 3.00** AM **Unwind**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **George and Mildred** (S4)
9.15 **Agatha Christie's Marple**
11.30 **Heartbeat**
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.45 **Inspector Morse** *The Sins of the Fathers:* A brewery manager is murdered.
6.00 **Heartbeat** *Dead Ringer:* One of Nick's colleagues is suspected of robbery and Greengrass develops a keen interest in a greyhound.

8.00 Vera

7.00 **Heartbeat** *Going Home:* An attempted murder leads Nick to uncover a local landowner's past.

8.00 **Vera** *Natural Selection:* The detective investigates when the body of a wildlife ranger is found on an island. She seems to have been murdered, but was alone on the island when she died.

10.00 **DCI Banks** *Undertow – Part One:* 5/6. The team try to find out who brutally stabbed a fellow officer. (S5)
11.00 **DCI Banks** *Undertow – Part Two:* 6/6. Banks operates on the other side of the law to bring a crime boss to justice, and realises a one-on-one clash may be his chance. (S5)
12.05 AM **Agatha Christie's Marple**
2.05 **to 2.30** AM **Unwind**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Great Escapes with Colin and Justin**
7.25 **Beechgrove Repotted**
7.30 **Sky High Club: Scotland and Beyond**
8.00 **My Kind of Town: Larkhall** New edition 3/4. Ian Hamilton and his dog Major visit Larkhall.
8.30 **Iain Robertson Rambles: The Hebridean Way** New edition 3/4. Iain takes a 44-mile boat trip towards St Kilda.
9.00 **The Nine**
10.00 **Scot Squad** New episode 3/5. The Chief is linked to a job vacancy. (S8)
10.30 **Scam Land: Money, Mayhem and Maseratis**
11.00 **The Scotts** 2/6. Laura is troubled by a doppelgänger. (S2)
11.30 PM **to 12.00** M'T **The Karen Dunbar Show**

Sky Comedy

114/115 | 135 123 | 347 362

8.00 AM **Highlights**
10.00 **Entourage** 4&5/8. (S8)
11.15 **House of Lies** (S3)
12.30 PM **Fresh Prince of...**
1.30 **A.P. Bio** 4&5/8. (S4)
2.30 **The Office (US)** (S9)
3.00 **Everybody Hates Chris**
4.00 **The Conners** 2/20. (S2)
4.30 **Futurama** (S3)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S5)
7.30 **The Office (US)** (S2)
8.00 **The Conners** New episode 3/20. (S2)
8.30 **The Office (US)** (S2)
9.00 **Sex and the City** (S2)
10.00 **Code 404** 3/6. (S2)
10.30 **The Late Late Show with James Corden** New edition Talk show.
11.30 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
12.30 AM **The Office (US)** (S2)
1.00 **Camping (US)** (S1)
2.00 **Young Rock** New episode (S3)
2.30 **to 5.00** AM **Highlights**

Sky Arts

130 130 165 140 | 11 | 147 365

6.00 AM **André Rieu: Live in Sydney**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Lenny Henry's Got the Blues**
1.00 PM **Tales of the...**
2.00 **The Art of the Garden**
3.00 **Landscape Artist 2015**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Landscape Artist of the Year** From Ascot.
8.00 **Discovering**
9.00 **Comedy Legends**
10.00 **The Movies**
11.00 **The Directors** New edition The life and career of Milos Forman.
12.00 M'T **United Kingdom of Pop** 1/2. Documentary.
2.30 AM **The Space: Theatre of Survival**
4.30 **Hitchcock Presents**
5.00 **Music Icons: Doo-Wop**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 | 156 | 36 | 144

7.00 AM **Border Security**
8.00 **Motorway Patrol**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Border Patrol**
2.00 **Border Security**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 13/22. (S2)
5.00 **Warehouse 13** (S1)
6.00 **The Librarians** (S2)
7.00 **Caught Red Handed**
8.10 **Nothing to Declare**
9.00 **Manifest** 4&5/13. (S3)
11.00 **Britain's Most Evil Killers** Stephen Port.
12.00 M'T **Murders That Shocked The Nation** The case of John Straffen.
1.00 AM **Britcam: Emergency on Our Streets** Documentary.
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 | 181 132 | 345 360

8.00 AM **My Wife and Kids**
9.00 **The Middle** (S5)
10.00 **Last Man Standing** (S6)
11.50 **Friends** (S10&1)
8.00 PM 9/24. Joey is turned away by his family. **8.30** 10/24. The gang celebrate New Year's Eve. (S1)
9.00 **The Ricky Gervais Show** 1/13. First episode of the animation. (S1) **9.30** 12/13. Over-zealous sports fans. (S3)
10.00 NEW SERIES **Beavis and Butt-Head** 1&2/12. Revival of the animated comedy series. (S1)
11.00 **Ugly Americans** (S1)
12.00 M'T **South Park** (S7)
2.00 AM **Fugget About It** Series finale 13/13. (S2)
2.30 **The Ren & Stimpy Show**
3.00 **Beavis and Butt-Head**
3.20 **Fugget About It** (S1)
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.15 PM **Real Housewives of New York City**
1.10 **The Real Housewives of Cheshire**
2.10 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA** Property series.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New Jersey**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Emergency Nurses: A&E Stories** A motorcycle crash victim is treated.
10.00 **Tanya Bardsley: Me and ADHD**
11.00 **The Cabins**
12.00 M'T **to 1.00** AM **The Only Way Is Essex**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Saint**
6.55 **The Adventures of Sherlock Holmes**
8.05 **Magnum, PI**
9.05 **The Sweeney**
10.10 **Minder**
11.20 **The Saint**
12.25 PM **World of Sport**
12.45 LIVE **Snooker: World Grand Prix** Coverage of the afternoon session on day four at The Centaur in Cheltenham.
5.30 **World of Sport**
5.45 **The Motorbike Show**

10.00 Collateral

6.45 LIVE **Snooker: World Grand Prix** Jill Douglas presents coverage of the evening session on day four of the first of three events in the Players Series, held at The Centaur in Cheltenham, featuring the opening two quarter-finals. With analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty and commentary by David Hendon and Phil Yates.

10.00 FILM **Collateral** Director Michael Mann's thriller starring Tom Cruise, Jamie Foxx and Jada Pinkett Smith. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Bear & Jonny Wilkinson's Wild Adventure**
1.25 **The Adventures of Sherlock Holmes** A solicitor is accused of murdering a builder.
2.40 **to 3.00** AM **Unwind**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 139 138 348 363

6.00 AM **The Outpost** 9/10. (S1)
7.00 **The Librarians** 8/10. (S2)
8.00 **Teleshopping**
11.00 **Blood & Treasure** 8/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 10&11/26. (S6)
2.00 PM **Warehouse 13** (S5)
3.00 **The Librarians** 8/10. (S2)
4.00 **Blood & Treasure** (S1)
5.00 **Stargate SG-1** 1/22. (S4)
6.00 **Star Trek: The Next Generation** 10/26. Picard embarks on an espionage mission. (S6)

9.00 The Twilight Zone

7.00 **Star Trek: The Next Generation** *Chain of Command – Part Two:* 11/26. The Cardassians torture Picard. (S6)
8.00 **Merlin** *The Coming of Arthur – Part Two:* 13/13. Morgana and Morgause's immortal army wreaks havoc on Camelot. (S3)
9.00 **The Twilight Zone** *A Traveller:* 4/10. A man mysteriously appears in a police station's holding cells. (S1)
10.00 **The Twilight Zone** *The Wunderkind:* 5/10. **10.55** *Six Degrees of Freedom:* 6/10. A nuclear war breaks out. (S1)
12.00 M'T FILM **Armed Response** Action thriller starring Wesley Snipes. (2017, 15, 93min) ★
2.00 AM **Blood & Treasure** (S1)
3.00 **Wynonna Earp** 9/12. (S2)
4.00 **Stargate SG-1** 1/22. (S4)
5.00 **to 6.00** AM **Star Trek: The Next Generation**

+1 hour 229

Alibi

109/110 809 126 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Hudson & Rex** 3/16. (S3)
10.00 **Unforgettable** 2/13. (S3)
11.00 **Person of Interest** (S1)
12.00 NOON **The Doctor Blake Mysteries** 9/10. (S1)
1.00 PM **Death in Paradise** (S2)
2.00 **Murdoch Mysteries** (S9)
4.00 **Hudson & Rex** 3/16. (S3)
5.00 **Unforgettable** 2/13. A boxer is beaten to death. (S3)
6.00 **Without a Trace** 11/24. An investigative journalist goes missing. (S2)

9.00 Murdoch Mysteries

7.00 **Person of Interest** *Wolf and Cub:* 14/23. Reese helps a teenager whose brother was murdered. (S1)
8.00 **Death in Paradise** *A Dash of Sunshine:* 6/8. Poole is reunited with an unwelcome face from the past. (S2)
9.00 NEW SERIES **Murdoch Mysteries** *Sometimes They Come Back – Part One:* 1/24. Crabtree leaves Effie at the altar. (S16)
10.00 **My Life Is Murder** *Call of the Wild:* 1/10. A woman shoots a stranger at point blank range in Auckland Harbour. (S2)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **Hudson & Rex** 3/16. Charlie and Rex search for a survivalist community. (S3)
1.00 AM **The Doctor Blake Mysteries** 9/10. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Porridge**
10.40 **Last of the Summer Wine**
12.00 NOON **Keeping Up...**
12.40 PM **My Hero**
1.20 **Dad's Army**
2.00 **Porridge**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **dinnerladies**
5.20 **Keeping Up Appearances**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

10.00 Harry Enfield and Chums

7.20 **Dad's Army** Mainwaring tries to talk Frazer into depositing his gold sovereigns in a safe place.
8.00 **dinnerladies** First episode. Norman the breadman fails to deliver. **8.40** The staff await a royal visit, and Stan has to pick the right toupee.
9.20 **Absolutely Fabulous** Saffy goes into labour, leaving Eddie torn between love and duty.
10.00 **Harry Enfield and Chums** The Terminator invades a period drama.
10.40 **Absolutely Fabulous** Guest stars Elton John.
11.20 **Mrs Brown's Boys** Agnes tries to solve Dermot's relationship problems.
12.00 M'T **French and Saunders**
1.20 AM **Harry Enfield and Chums** As 10.00pm.
2.00 **Absolutely Fabulous**
2.45 **to 4.00** AM **dinnerladies**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Yianni: Supercar Customiser** Double bill.
8.00 **Cops on the Rock**
9.00 **The Force: Behind the Line**
10.00 **Rick Stein's Road to Mexico**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **The Force: Behind the Line** Double bill.
1.00 PM **Border Force: America's Gatekeepers**
2.00 **Top Gear** Double bill.
4.00 **QI XL** Extended edition of Sandi Toksvig's debut as host.
5.00 **Taskmaster** Double bill.

10.00 Have I Got a Bit More...

7.00 **Richard Osman's House of Games** With Maisie Adam and Rory Bremner.
7.40 **Would I Lie to You?** With Richard Hammond, Sean Lock, Judy Murray and Trevor Noah.
8.20 **QI** With guest panellists Ahir Shah, Sara Pascoe and Suzi Ruffell.
9.00 **QI XL** Lucy Beaumont, Jason Manford, Rhod Gilbert and Alan Davies answer questions on the North and the Norse.
10.00 **Have I Got a Bit More News for You** Steph McGovern hosts, with guests Ash Sarkar and Josh Widdicombe.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **QI** As 8.20pm.
2.00 **House of Games**
2.30 **Not Going Out**
3.00 **to 4.00** AM **Have I Got a Bit More News for You**

+1 hour 211 131 74

Thursday

7 PM
8 PM
9 PM
10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 1&2/19. (S2)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's A Perfect Stranger** Romantic drama.
11.50 **Great! Movie News**
12.00 NOON **Castle** (S4)
1.00 PM **Body of Proof** (S3)
3.00 **Sue Thomas: F.B.Eye**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 20/24. The 4077th is overrun with a sudden influx of casualties. **8.30** 21/24. The camp's supply lines are cut. (S2)
9.00 **Randall and Hopkirk (Deceased)** (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 193 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **George Clarke's Amazing Spaces**
8.00 **Kirstie and Phil's Love It or List It** From Lothianburn.
9.00 **Grand Designs Revisited** Kevin McCloud revisits carpenter Bill Bradley and his wife Sarah.
10.00 **8 Out of 10 Cats Does Countdown** With Alan Carr, Jonathan Ross, Judi Love and Russell Kane.
11.05 **24 Hours in A&E**
12.10 AM **In the Footsteps of Killers** Documentary.
1.15 **The Caribbean: Billionaires' Paradise**
2.15 **Billion Pound Cruise**
3.20 **The Light in the Hall**
4.15 **to 4.45** AM **Travel Man: 48 Hours in Vilnius**

5USA

141 141 153 21 129

9.00 AM **Entertainment News**
9.05 **NCIS** 16-19/24. (S10)
1.00 PM **Law & Order** (S15)
6.00 **NCIS** *Left for Dead:* 10/23. A woman is buried alive but manages to escape. **7.00** *Eye Spy:* 11/23. A satellite technician's activities inadvertently lead him to witness the murder of a navy commander involved in a weapons project. **8.00** *My Other Left Foot:* 12/23. The severed leg of a missing Marine is fund in a rubbish bin. (S1)
9.00 **Blue Bloods** *Critical Condition:* 3/22. A bank robbery turns into a hostage situation. (S2)
10.00 **Law & Order: Special Victims Unit**
1.50 AM **The Blacklist**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War...**
11.00 **Nightmare Tenants, Slum Landlords**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Documentary.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Cold Case Killers** New edition
10.00 **Ambulance: Code Red**
11.00 **999: Critical Condition**
12.00 M'T **Skin A&E**
1.00 AM **Rich Kids Go Skint**
2.00 **GPs: Behind Closed...**
3.00 **Suits** 13/16. (S8)
3.45 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Grenfell**
12.00 NOON **MasterChef USA**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Property Brothers: Forever Homes**
7.00 **MasterChef USA** New edition
8.00 **Alex Jones: Making Babies** New edition Alex is finally able to work independently on the early pregnancy scan list.
9.00 **The Secret Life of 4, 5, 6 Year Olds Australia** New edition
10.00 **24 Hours in A&E**
11.00 **Louis Theroux: Extreme Love – Dementia**
12.00 M'T **24 Hours in A&E**
1.00 AM **Young Vets**
2.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **All Creatures Great and Small**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Pie in the Sky**
4.10 **All Creatures Great and Small**
5.25 **As Time Goes By**
6.00 **Are You Being Served?**
6.40 **Some Mothers Do 'Ave 'Em** Frank plans to visit Betty in hospital.
7.20 **Last of the Summer Wine** Foggy organises a trip to the seaside.
8.00 **Judge John Deed**
10.00 **New Tricks**
11.20 **Hustle**
12.40 AM **Some Mothers Do 'Ave 'Em** As 6.40pm.
1.20 **As Time Goes By**
2.00 **Pie in the Sky**
3.00 **to 4.00** AM **Howards' Way**

+1 hour 243 226 60

THURSDAY

Documentaries

RealityXtra

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive** (S1)
1.05 PM **JAG** 13&14/25. (S5)
3.00 **Perry Mason**
5.00 **The Fugitive** 14/30. (S1)
6.00 **Matlock** *The Class:* 6/19. A student mysteriously disappears after the attorney conducts a lecture for a university law class about the perfect crime. (S7)
7.00 **Judge Judy** Twelve editions, including at: **11.15** A pair of divorced parents fight over their daughter's car insurance settlement. **11.40** The case of a dispute between a landlord and a tenant.
12.05 AM **Judge Judy**
1.00 **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Medical Detectives**

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 15/26. (S3)
9.00 **Mutant X** 9/22. (S1)
10.00 **Star Trek: The Next Generation** 20/26. (S3)
11.00 FILM **Nostradamus** Sci-fi. (2000, 15) ★★
1.00 PM FILM **The Mole People** Chiller. (1956, b/w, PG, 90min) ★★
2.30 **The Twilight Zone** (S1)
3.00 FILM **Independents' Day** Sci-fi. (2016, 15) ★★
5.00 **Star Trek** 6/26. (S2)
6.00 **Star Trek: The Next Generation** 21/26. (S3)
7.00 **Airwolf** 10/12. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Deadly Force** Thriller. (1983, 18) ★
10.55 FILM **Gallowwalkers** Horror Western. (2012, 15, 88min) ★★
12.45 AM FILM **The Vault** Horror. (2017, 15) ★★
2.35 **to 4.20** AM FILM **Shed of the Dead** Horror. (2019, 15, 82min) ★★

Challenge

145 160 48 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions.
7.00 **Pointless Celebrities** A comedians version of the quiz, with James Acaster, Tom Allen, Joel Dommett, Marlon Davis, Alex Horne, Ellie Taylor, Isy Suttie and Ava Vidal.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!

159 159 835 164 163

7.00 AM **Hollywood Medium with Tyler Henry**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Big Rich Texas**
12.00 NOON **Botched**
1.30 PM **Life of Kylie**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** A woman seeks help to remedy her facial disfigurement. **8.00** A gambler with a serious case of man boobs seeks help.
9.00 **Keeping Up with the Kardashians** Kourtney goes on a girls trip to Mexico for her birthday. **10.00** Kim struggles to regain her confidence.
11.00 **Big Rich Texas**
12.00 M'T **Dr 90210**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **to 5.00** AM **How Do I Look?**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Fish Town**
7.00 **Discovering**
8.00 **The Directors**
9.00 **The Sixties**
10.00 **JFK: Destiny Betrayed**
11.05 **Urban Secrets**
12.00 NOON **Black Art: In The Absence of Light**
1.45 PM **My Icon**
2.00 **Clint Eastwood: A Life in Film**
3.40 **My Icon**
4.00 **The Directors**
5.00 **Discovering**
6.00 **The Sixties**
7.00 **JFK: Destiny Betrayed**
8.05 **Urban Secrets**
9.00 **The Wimbledon Kidnapping**
11.00 **Chernobyl: The Lost Tapes** Documentary.
1.00 AM FILM **Bowling for Columbine** Satirist Michael Moore's offbeat documentary. (2002, 15, 114min) ★★★★
3.20 **Swiped: Hooking Up In The Digital Age**
5.00 **to 6.00** AM **Discovering**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Hope for Wildlife**
8.00 **Arctic Secrets**
9.00 **Big Cat Country**
10.00 **Africa's Wild Horizons**
11.00 **Into the Wild: India**
12.00 NOON **Hope for Wildlife** Documentary.
1.00 PM **Monkey Life**
2.00 **Macro Worlds**
3.00 **Big Cat Country**
4.00 **Africa's Wild Horizons**
5.00 **Into the Wild: India**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Wild Latin America** An orphaned bear must learn to fend for itself.
9.00 **Reef Wrecks**
10.00 **Hope for Wildlife**
11.00 **Into the Wild: India**
12.00 M'T **Wildlife ER**
1.00 AM **Monkey Life**
2.00 **Wild Latin America**
3.00 **Reef Wrecks**
4.00 **Macro Worlds**
5.00 **to 6.00** AM **Big Cat Country**

HGTV

158 286 44 166

7.00 AM **Building Off the Grid** From Colorado.
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer to Fabulous**
2.00 **Good Bones**
3.00 **Love Your Garden**
4.00 **Sarah Beeny's Renovate Don't Relocate**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 **My Dream Derelict Home in the Sun** A Birmingham couple tackle a big renovation.
10.00 **Rock the Block**
11.00 **Fixer to Fabulous**
12.00 M'T **Escape to the...**
1.00 AM **Building Off the...**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Girl Meets Farm** New editions Double bill.
9.00 **Ainsley's Good Mood...**
10.00 **The Hairy Bikers'...**
11.00 **Rachel Allen: Bake!**
12.00 NOON **The Great Comic Relief Bake Off**
2.00 PM **United Cakes of America** Double bill.
3.00 **River Cottage**
4.00 **The Pioneer Woman**
5.00 **Barefoot Contessa**
6.00 **Rick's Food Heroes: Another Helping**
7.00 **Great British Bake Off**
8.00 **Ainsley's Good Mood Food** Fruits and berries.
9.00 **The Hairy Bikers' Mediterranean Adventure** From Italy.
10.00 **Rick's Food Heroes...**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Ace of Cakes**
2.00 **Cake Boss**
4.00 **Building Off the Grid**
5.00 **Alaska: Homestead Rescue** Documentary.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Jake Harris learns how to drive the *Cornelia Marie*.
8.00 **Alaska: Last Frontier** Alaska's stay at home order proves a challenge.
9.00 **Giant Man & Tiny Wife: Body Bizarre**
10.00 **Monsters Inside Me**
11.00 **Jade Fever**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Winter Road Rescue**
9.35 **Trucking Hell**
10.35 **Outback Truckers**
11.30 **Police Interceptors**
12.35 PM FILM **Ride Clear of Diablo** Western. (1954, U, 80min) ★★
2.20 FILM **The Sheepman** Comedy Western starring Glenn Ford. (1958, U, 86min) ★★★
4.00 **Trucking Hell: Rollover Specials**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
9.00 **Trucking Hell** New edition A 40-ton lorry careers off the M1 and plunges down an embankment.
10.00 **Outback Truckers**
11.00 **WWE – Raw Highlights**
11.55 **Police Interceptors**
1.55 AM **999: Criminals Caught on Camera**
2.55 **Car Crash TV**
3.45 **Airport 24/7: Thailand**
4.30 **to 5.00** AM **Winter Road Rescue**

Sky Crime

122 122 820 137 136 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Stop, Search, Seize**
11.00 **UK Border Force**
12.00 NOON **Murdered at First Sight**
1.00 PM **Murders That Shocked The Nation**
2.00 **What the Killer Did Next**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Forensics: Catching the Killer** New edition
10.00 **How I Caught the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **Snapped**
2.00 **What the Killer Did Next**
3.00 **Murders That Shocked...**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway...**

+1 hour 222 221

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Double bill of editions.
8.00 **48 Hours** The search for Linda O'Keefe's killer.
9.00 **It Takes a Killer** A wife and mother of three disappears. **9.30** Police unravel a web of twisted lies.
10.00 **Crimes That Shook Australia** The story of British expat Jason Downie who killed teenager Chantelle Rowe and her parents.
11.00 **Snapped: Killer Couples** A loving couple are gunned down outside their home.
12.00 M'T **Medical Detectives**
1.00 AM **It Takes a Killer**
2.00 **Crimes That Shook Australia** As 10.00pm.
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** North Yorkshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **Posh Pawnbrokers**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A swivel chair.
1.00 PM **The Bidding Room**
2.00 **Animal Cops Houston**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Cornwall Air 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Paranormal: Caught on Camera** New edition A shadowy figure stalks investigators.
10.00 **The Osbournes Want to Believe**
11.00 **Ghost Adventures**
12.00 M'T **The Osbournes Want to Believe**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze

164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Mega Disasters**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Mega Disasters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Close Encounters Down Under** New edition UFO activity in Queensland's farming country.
10.00 **Alien Files: Unsealed**
11.00 **Curse of Skinwalker Ranch** The excavation of a mysterious pit leads to a frightening encounter.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Poland**
1.00 PM **Cake Boss**
2.00 **My 600lb Life**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
6.00 **Flip or Flop**
7.00 **Dr Pimple Popper**
8.00 **My 600lb Life** A man who gained weight after his football dreams were dashed by multiple concussions.
10.00 **My Feet Are Killing Me**
11.00 **Dr Pimple Popper**
12.00 M'T **My 600lb Life**
2.00 AM **My Feet Are...**
3.00 **Dr Pimple Popper**
4.00 **Curvy Brides Boutique**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Highland Vet**
1.00 PM **GPs: Behind Closed Doors** Double bill.
3.00 **The Yorkshire Vet**
5.00 **The Highland Vet**
6.00 **Walking Victorian Britain** In Nottingham
7.00 **Kew Gardens: A Year in Bloom** The staff have plenty of watering to do during a summer drought.
8.00 **Cruising with Susan Calman** 1/2. Susan sets sail from the bustling city of Barcelona.
9.00 **Mrs Thatcher vs the Miners** The story of how Margaret Thatcher defeated the miners in 1984/85.
10.35 **Forged in Fire**
3.00 AM **Secrets of the Royal Palaces**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage... Classic Cars**
12.00 NOON **How It's Made: Dream Cars**
1.00 PM **The Repair Shop**
2.00 **The Restoration Man**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters – The Restorers: Quick Fixes**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Fifth Gear Recharged** New edition
10.00 **Salvage Hunters: Classic Cars**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Helicopter ER**
2.00 **Salvage... Classic Cars**
3.00 **How It's Made: Dream...**
4.00 **to 5.00** AM **How It's...**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes: Wedding SOS** Reality show.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes... Atlanta**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Betrayed**
4.00 **Animal Cops Phoenix**
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper** Twins with matching bumps.
9.00 **Crimes Gone Viral** New editions A thief meets his match when he steals a feisty grandmother's purse. **9.30** A thief steals an RV and takes off in a residential area.
10.00 **A Killer's Mistake**
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 **A Crime to Remember**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Railroad Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers: Dream Car**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush**
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers**
6.00 **Salvage Hunters** Drew Pritchard travels to Norway to browse a collection of classic car parts.

9.00 Ed Stafford: First Man Out

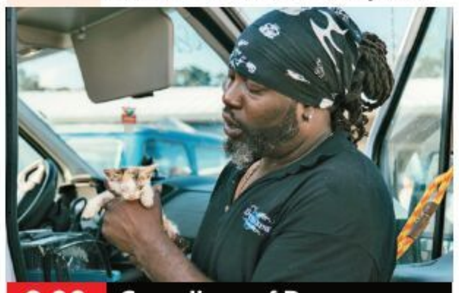
7.00 **Diesel Brothers** Heavy D powers up with his next SEMA build – a 6x6 with a custom full-track assembly.
8.00 **Outback Truckers** Chaz Butt embarks on a mission to help farmers in drought-ravaged New South Wales.
9.00 **Ed Stafford: First Man Out** New edition Donny Dust joins Ed in a race across the unforgiving Amazon Jungle.
10.00 **Alaskan Bush People** The Wolfpack reflect on never-before-seen moments as they embark on a new chapter.
11.00 **Naked and Afraid** Two strangers are stranded in the swamps of Mississippi.
12.00 M'T **Combat Dealers**
1.00 AM **Ed Stafford: First Man Out** As shown at 9.00pm.
2.00 **Alaskan Bush People**
3.00 **Moonshiners**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Insane Pools: Off the Deep End**
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Insane Pools: Off the Deep End**
1.00 PM **Amanda to the Rescue**
2.00 **Expedition Bigfoot**
4.00 **Saved By the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** A tribe of fainting goats.
6.00 **Insane Pools: Off the Deep End** Creating a Mexican-style resort in a Florida backyard.



8.00 Guardians of Rescue

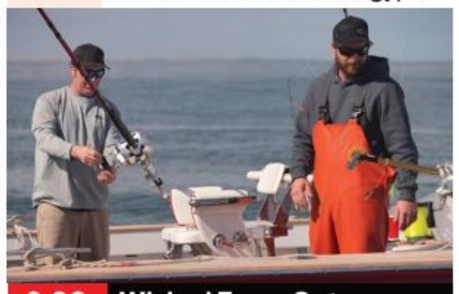
7.00 **Amanda to the Rescue** Amanda Giese and her family and friends tackle canine cases.
8.00 **Guardians of Rescue** Marceline and Elle investigate a claim about starving horses.
9.00 **Guardians of Rescue** The Guardians go to Louisiana in the aftermath of devastating floods to rescue displaced animals.
10.00 **Alaska: The Last Frontier** Eivin builds a motorised cart for Findlay, and there is a rush to fix a breached fence.
11.00 **Sharks of the Badlands** Greg Skomal tests technology for shark detecting surveillance.
12.00 M'T **Shark Vortex**
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved By the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 259

Nat Geographic

129 129 825 266 268

8.00 AM **Food Factory**
9.00 **Nazi Megastructures**
10.00 **WW2: Hell Under the Sea**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Air Crash Investigation**
1.00 PM **Wicked Tuna**
2.00 **Draining New York: What Lies Beneath?**
3.00 **Hitler's Death Army: Das Reich** Double bill.
5.00 **Lost Cities of the Old Testament** Documentary.
6.00 **Lost Treasures of Egypt** How robbers looted the pyramids and tombs of ancient Egypt.



9.00 Wicked Tuna: Outer...

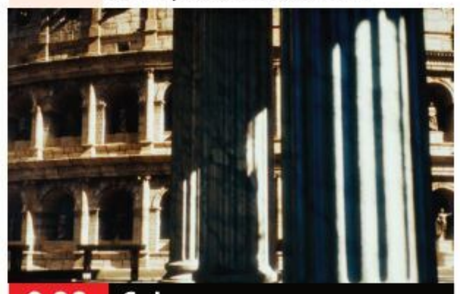
7.00 **Air Crash Investigation** Investigators look into the crash of a commercial airliner over a war zone in eastern Ukraine.
8.00 **Gold Diggers** Halfway through the season, the mining companies are struggling with adverse conditions.
9.00 **Wicked Tuna: Outer Banks Showdown** New edition Captain Greg Mayer aims to retake the lead.
10.00 **Car S.O.S** Fuzz Townshend and Tim Shaw are in Wolverhampton to take on a 1980 Jaguar XJ-S V12.
11.00 **Air Crash Investigation**
12.00 M'T **Wicked Tuna: North v South**
1.00 AM **Ice Road Rescue**
2.00 **Food Factory**
4.10 **Exotic Animal ER: Double Dose**
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Counting Cars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Mountain Men**
11.00 **Ultimate Mysteries**
12.00 NOON **The Proof Is Out There**
1.00 PM **What on Earth?**
2.00 **Curse of Skinwalker Ranch**
3.00 **Legends of the Pharaohs**
4.00 **Counting Cars**
5.00 **Pawn Stars**
6.00 **American Pickers** The Wolfe brothers find the granddaddy of all pinball machines.



9.00 Colosseum

7.00 **Forged in Fire** The smiths are given the option to tackle a more difficult first round challenge for an easier second one.
8.00 **Pawn Stars** New edition Corey has an appetite for a deal when a Guns N' Roses collector box rocks into the shop.
9.00 **Colosseum** New episode *The Builder:* 2/8. Haterius must construct a labyrinth underneath the Colosseum floor. (S1)
10.00 **Alone: Frozen** New edition The landscape presents new challenges and opportunities.
11.00 **Hitler's Secret Sex Life** Rumours and theories about Hitler's sexual psychology.
12.00 M'T **Alexander the Great**
2.00 AM **Ultimate Mysteries**
3.00 **Hitler's Secret Sex Life**
4.00 **What on Earth?**
5.00 **to 6.00** AM **The Proof Is Out There**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Murder Maps**
8.00 **Abandoned Engineering**
9.00 **Secret Nazi Bases**
10.00 **Warbird Workshop**
11.00 **Fred Dibnah's Made in Britain** Double bill.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers and Cash**
4.00 **Secret Nazi Bases**
5.00 **Warbird Workshop**
6.00 **Great British Railway Journeys** From West Yorkshire. **6.30** Michael Portillo travels from Sheffield to Nantwich.

5.00 Warbird Workshop

7.00 **Fred Dibnah's Made in Britain** Craftsmanship in Yorkshire and Derbyshire. **7.30** Fred visits a steam-powered museum.
8.00 **Bangers and Cash** Derek heads to Scotland in a rainstorm to pick up a Jaguar E-type and a rare MGC convertible.
9.00 **Hornby: A Model World** Musician Jools Holland reveals his incredible 45ft model railway layout hidden away in his loft.
10.00 **Bangers and Cash** Office manager Sarah attempts to bring order to the auto memorabilia sale.
11.00 **Abandoned Engineering** An American prison with links to a cult leader, and a cavernous tunnel network in France offering shelter from unrelenting bombardment.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Murder Maps**

+1 hour 255 217 75

Thursday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

177 257

6.00 AM **NASA's...**
7.00 **How the Universe Works**
8.00 **Inside the Royal Navy**
9.00 **Combat Dealers**
10.00 **Treasure Quest: Snake Island**
11.00 **Life After: Chernobyl**
12.00 NOON **NASA's Unexplained Files**
1.00 PM **Expedition Unknown**
2.00 **Truth Behind the Moon Landing**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** A family saga.
5.00 **Inside the Royal Navy**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **Tales from the Explorers Club**
10.00 **How the Universe Works**
11.00 **Life After: Chernobyl**
12.00 M'T **Combat Dealers**
2.00 AM **Tales from the...**
3.00 **Truth Behind the...**
4.00 **to 5.00** AM **Blowing...**

+1 hour 277 261

Eden

166 245

9.00 AM **Bahama Blue**
10.00 **Sea of Creepy Monsters**
11.00 **The Zoo**
12.00 NOON **World's Greatest Palaces**
2.00 PM **Bahama Blue**
3.00 **Life in the Great Wetlands** Documentary.
4.00 **Bahama Blue**
5.00 **Sea of Creepy Monsters**
6.00 **The Zoo**
7.00 **World's Greatest Palaces** A look at Kensington Palace.
8.00 **Bahama Blue**
10.00 **The Zoo**
11.00 **Sea of Creepy Monsters**
12.00 M'T **World's Greatest...**
1.00 AM **Bahama Blue**
2.00 **Sea of Creepy Monsters**
3.00 **The Zoo**
3.50 **Bahama Blue**
4.40 **World's Greatest Palaces** As 7.00pm.
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Bizarre Animal Friends** Documentary.
9.00 **Unknown Waters with Jeremy Wade**
12.00 NOON **Snakes in the...**
1.00 PM **Yukon Vet**
2.00 **Wild China: Giant Pandas** Documentary.
3.00 **Wild Japan**
4.00 **America's Funniest Home Videos: Animal Edition**
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** Penguin mates prepare to become surrogate parents.
8.00 **Africa's Deadliest**
9.00 **Something Bit Me**
10.00 **America's Funniest Home Videos: Animal Edition**
11.00 **Snakes in the City**
12.00 M'T **Something Bit Me**
1.00 AM **Caught in the Act**
2.00 **Snakes in the City**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Wild China: Giant Pandas**

Sky History 2

163 163 840 272

8.00 AM **Digging for Britain**
9.00 **Combat Ships**
10.00 **Damian Lewis: Spy Wars**
11.00 **Ancient Aliens**
1.00 PM **The Proof Is Out There** Double bill.
2.00 **Digging for Britain**
3.00 **History of Weapons**
4.00 **World's Deadliest Weather** Wildfires.
5.00 **Combat Ships**
6.00 **The Proof Is Out There**
7.00 **Digging for Britain** Archaeological finds across the North of Britain, including clues to Scotland's first kingdoms.
8.00 **History of Weapons**
9.00 **Royal Mob** 3/4. At the turn of the century, Queen Victoria dies.
10.00 **Best of Monsterquest**
11.00 **Ancient Aliens**
1.00 AM **History of Weapons**
2.00 **Royal Mob**
3.00 **Best of Monsterquest**
4.00 **Damian Lewis: Spy Wars**
5.00 **to 6.00** AM **The Curse of Oak Island**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.45 **Nazi Hunters**
9.40 **Britain's Ancient Capital: Secrets of...**
10.50 **Europe's Forgotten Dictatorships**
11.50 **Jazz** As 9.40pm.
1.00 PM **Nature's Big Year**
2.10 **Nazi Hunters**
3.10 **Britain's Ancient Capital: Secrets of...**
4.15 **Europe's Forgotten Dictatorships**
5.15 **Jazz** As 9.40pm.
6.30 **Nazi Hunters**
7.30 **Britain's Ancient Capital: Secrets of Orkney** Documentary.
8.35 **Europe's Forgotten Dictatorships**
9.40 **Jazz** A reflection on the decreasing popularity of jazz in the 1960s.
10.55 **Britain's Ancient Capital: Secrets of...**
12.00 M'T **Europe's Forgotten Dictatorships**
1.05 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Meet, Marry, Murder**
11.00 **Murder Masterminds**
12.00 NOON **Buried in the...**
1.00 PM **Fear Thy Neighbour**
2.00 **Exhumed: Killer...**
3.00 **On the Case with Paula Zahn**
4.00 **What the Killer Did Next** Bei Carter.
5.00 **Jo Frost on Britain's Killer Kids**
6.00 **The First 48**
7.00 **Buried in the Backyard**
8.00 **On the Case with Paula Zahn** New edition
9.00 **Cold Case Files**
10.00 **The First 48** New edition
11.00 **I Am a Killer**
12.00 M'T **Meet, Marry, Murder**
1.00 AM **Jo Frost on...**
2.00 **The First 48**
3.00 **Fear Thy Neighbour**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Exhumed: Killer Revealed**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 848 401 501 515

7.45 AM **Sky Cinema Preview**
8.35 **Der Kaiser** Sports biopic. Subtitled. (2022, PG, 105min)
10.20 **The Bad Guys** Animation. (2022, PG, 100min) ★★★
12.15 PM **The Duke** Comedy drama. (2020, 12, 95min) ★★★★
2.05 **One Way** As 1.30am.
3.50 **Operation Mincemeat** War drama. (2021, 12) ★★★★
6.05 **The Last Son** Western starring Sam Worthington. (2021, 15, 96min) ★★

6.05 The Last Son

8 PM

8.00 **The Estate** Comedy with Toni Collette. Two sisters attempt to win over their terminally-ill, difficult-to-please aunt in the hope of becoming the beneficiaries of her wealthy estate. (2022, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Eiffel** Romantic drama with Romain Duris and Emma Mackey. Gustave Eiffel's life changes when he crosses paths with his love, Adrienne. (2021, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.40 **Crimes of the Future** David Cronenberg's sci-fi horror starring Viggo Mortensen, Léa Seydoux and Kristen Stewart. (2022, 18, 107min) ★★★
1.30 AM **One Way** Action thriller starring Kevin Bacon. (2022, 15, 95min) ★★★
3.15 **Operation Mincemeat** (2021)
5.30 **to 6.30** AM **Sky Cinema Preview**

11 PM

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **The Electrical Life of Louis Wain** Biopic. (2021, 12, 111min) ★★★★
8.00 **The Glorias** As 3.00am.
10.30 **The Matrix Revolutions**
12.50 PM **Paranormal Activity 3**
2.25 **Bad Neighbours** Comedy. (2014, 15, 93min) ★★★
4.10 **Bad Neighbours 2** Comedy sequel. (2016, 15, 90min) ★★
5.50 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★

5.50 Collateral

8.00 **The Matrix Revolutions** Sci-fi action thriller starring Keanu Reeves. As the machine army advance on the underground city of Zion, messiah-like hero Neo remains trapped between the Matrix and the machine world. (2003, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Ace Ventura Pet Detective** Comedy starring Jim Carrey as a Miami private detective who specialises in tracking down lost pets. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★
1.25 AM **Paranormal Activity 3** Horror prequel. (2011, 15) ★
3.00 **The Glorias** Biopic. (2020, 12, 139min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Family

306 306 850 406 506 520

6.35 AM **Sky Cinema Preview**
7.15 **Alvin and the Chipmunks: Chipwrecked** (2011, U) ★★
8.45 **Bratz** Comedy. (2007, PG) ★★
10.35 **Bandslam** (2009, PG) ★★★
12.40 PM **Spy Kids** (2001, U) ★★★★
2.20 **Alvin and the Chipmunks: The Road Chip** Comedy sequel. (2015, U, 90min) ★★
4.00 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
5.50 **Annie** Musical with Jamie Foxx. (2014, PG, 115min) ★★★

9.45 Maya the Bee: Golden Orb

7.50 **Spy Kids 2: Island of Lost Dreams** Adventure comedy sequel starring Alexa Vega. The spies try to locate a mysterious island populated by a scientist and his menagerie of monsters. (2002, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Maya the Bee: The Golden Orb** Animated adventure with the voice of Coco Jack Gillies. (2021, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Penelope** Romantic fantasy comedy starring Christina Ricci and James McAvoy. (2006, U, 87min) ★★★
1.10 AM **Save the Cinema** Comedy drama starring Samantha Morton, Tom Felton and Jonathan Pryce. (2021, 12, 109min) ★★★
3.15 **Maya the Bee: The Golden Orb** As shown at 9.45pm.
4.55 **to 6.40** AM **Paulie** Comedy. (1998, U, 92min) ★★★

Sky Cinema Action

307 307 851 407 507 521

6.25 AM **The Cinema List: Bourne**
6.45 **Warcraft** Fantasy adventure. (2016, 12, 123min) ★★★
8.55 **Shooter** As 12.35am.
11.05 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
1.15 PM **The 355** Action thriller. (2022, 12, 122min) ★★★
3.20 **Catwoman** Action fantasy. (2004, 12, 104min) ★★
5.05 **The Batman** Action drama starring Robert Pattinson. (2021, 15, 176min) ★★★★

10.20 Brooklyn's Finest

8.00 **The Northman** Historical adventure starring Alexander Skarsgård. Prince Amleth, the son of the murdered Viking King Aurvandill War-Raven, heads to Iceland to exact his revenge. With Nicole Kidman, Claes Bang and Ethan Hawke. (2022, 15, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Brooklyn's Finest** Crime thriller starring Richard Gere, Don Cheadle, Ethan Hawke and Wesley Snipes. Three cops serving in one Brooklyn precinct find their lives spinning out of control on the same night. (2009, 18, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Shooter** Action thriller starring Mark Wahlberg. (2007, 15, 125min) ★★★★
2.55 **The 355** As 1.15pm.
5.05 **to 7.00** AM **Catwoman**

Sky Cinema Comedy

308 308 408 508 522

6.35 AM **Faith Based** As 2.45am.
8.15 **The Cinema List: Sports Films**
8.40 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★
10.55 **Bean** As shown at 6.20pm.
12.40 PM **Ted** (2012, 15) ★★★
2.40 **Ted 2** Comedy sequel. (2015, 15, 112min) ★★★
4.40 **The Station Agent** Comedy drama. (2003, 15) ★★★★
6.20 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★

8.00 Big Daddy

8.00 **Big Daddy** Comedy starring Adam Sandler as a law school graduate who adopts a five-year-old boy to impress his girlfriend. With Joey Lauren Adams and Kristy Swanson. (1999, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Shaun of the Dead** Horror comedy starring Simon Pegg, Kate Ashfield, Nick Frost, Lucy Davis and Dylan Moran. (2004, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★
1.00 AM **Jackass 3** Comedy sequel starring Johnny Knoxville. (2010, 15, 93min) ★★
2.45 **Faith Based** Comedy written by and starring Luke Barnett. (2020, 12, 92min) ★★
4.25 **to 6.00** AM **Carry On Teacher** Comedy starring Ted Ray and Kenneth Connor. (1959, b/w, U, 86min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.40 AM **Hondo** Western. (1953, PG, 84min) ★★★
8.20 **Paint Your Wagon** As 4.50am.
11.00 **Breakfast at Tiffany's** Comedy. (1961, PG, 106min) ★★★★★
1.10 PM **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
3.10 **Life Is Beautiful** Oscar-winning Italian tragi-comedy. Subtitled. (1998, PG, 109min) ★★★★
5.20 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
8.00 **Children of a Lesser God** Moving romantic drama about the relationship between a speech teacher and a rebellious young deaf woman. Stars William Hurt and Marlee Matlin. (1986, 15, 110min) ★★★★
10.00 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
12.10 AM **A Place in the Sun** Drama starring Montgomery Clift. (1951, b/w, PG, 122min) ★★★★
2.15 **A.I. Artificial Intelligence**
4.50 **to 7.35** AM **Paint Your Wagon** Musical starring Clint Eastwood, Lee Marvin and Jean Seberg. (1969, PG, 164min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Escape from Planet Earth** Animation. (2013, U) ★★★
7.30 **The Amazing Maurice** Animation. (2022, PG) ★★★★
9.20 **Animals United** Animation. (2010, U, 92min) ★★
11.05 **Molly Monster** Animated family adventure. (2016, U, 72min) ★★
12.35 PM **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 97min) ★★★
2.15 **Postman Pat: The Movie** Animation. (2014, U) ★★
4.00 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
5.40 **Penguins of Madagascar** Animation. (2014, U) ★★★★
7.20 **Riverdance: The Animated Adventure** Animation. (2021, U, 90min) ★★★
9.00 **Wheely** Animation (2018, PG) ★
10.35 **LEGO DC Comics Super Heroes: Justice League – Gotham City Breakout** Animation. (2016, U, 75min) ★★
12.00 M'T **Blinky Bill the Movie** Animated adventure. (2015, U, 93min) ★★★
1.35 AM **The Hero of Colour City** Animation. (2014, U, 85min)
3.00 **LEGO DC Comics Super Heroes: Justice League...**
4.25 **to 6.00** AM **Wheely** As 9pm.

TCM Movies

315 415 416

6.00 AM **Off Set** With Jamie Cullum.
6.25 **The Man from UNCLE** (S3)
8.40 **The Cowboys** Western. (1971, 12, 128min) ★★★
11.15 **The Man from UNCLE** (S4)
1.30 PM **Carry On Constable** Comedy starring Sidney James. (1960, b/w, U, 86min) ★★★
3.20 **Memphis Belle** Wartime drama starring Matthew Modine. (1990, PG, 102min) ★★★
5.35 **Apache War Smoke** Western. (1952, b/w, U, 68min) ★★
7.05 **Churchill** Historical drama, starring Brian Cox, Miranda Richardson and John Slattery. (2017, PG, 105min) ★★
9.00 **Righteous Kill** Crime thriller starring Robert De Niro and Al Pacino. A pair of veteran New York police detectives hunt for a serial killer who leaves behind a poem at the site of each slaying. With Curtis Jackson. (2008, 15, 100min) ★★★
11.10 **The Outlaw Josey Wales** Western. (1976, 18) ★★★★★
1.55 AM **Teleshopping**
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Honey West** 9/30. (S1)
6.30 **Freedom to Die** Crime thriller. (1961, b/w, PG, 62min) ★★
7.45 **Seven Doors to Death** Mystery. (1944, b/w, PG, 64min) ★★
9.00 **Black Saddle** 4/20. (S1)
9.30 **The Lion** (1962, PG) ★★
11.25 **Danger on Dartmoor** Family adventure. (1980, U, 56min) ★★
12.35 PM **Harriet Craig** Melodrama. (1950, b/w, PG, 94min) ★★★
2.30 **Crown Court** (S1)
3.00 **Melvyn's Talking Pictures**
3.10 **You Only Live Once** Drama. (1937, b/w, PG, 85min) ★★★
4.55 **Melvyn's Talking Pictures**
5.05 **Cheaper by the Dozen** Comedy. (1950, U, 85min) ★★★★
6.50 **The Many Faces of Christopher Lee**
8.00 **The Saint** 22/27. (S2)
9.00 **Justice** 7/13. (S2)
10.00 **How to Undress in Public Without Undue Embarrassment** Spoof. (1965, b/w, 18) ★★
11.00 **Enemy at the Door** 12/13. (S2)
12.00 M'T **Five Fingers** Spy thriller. (1952, b/w, U, 105min) ★★★
2.10 AM **Thunderhoof** Western. (1948, b/w, PG, 77min) ★★
3.45 **The House on 92nd Street** Thriller. (1945, b/w, U) ★★★★
5.30 **to 6.00** AM **One Step Beyond**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Hypnotic:* 4/22. Cade infiltrates a therapy group. (S1)
8.00 **Farscape** *A Constellation of Doubt:* 17/22. The Scarrans take Aeryn to a secret base. (S4)
9.00 **It Follows** Horror thriller starring Maika Monroe. After sleeping with her boyfriend for the first time, a teenager is stalked by an unseen, supernatural menace. (2014, 15, 96min) ★★★★
11.00 **Knuckleball** Thriller with Michael Ironside and Luca Villacis. (2018, 15, 89min) ★★★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Farscape**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Masquerade** Horror. (2021, 18, 80min) ★★
6.15 **Mona Lisa and the Blood...**
8.15 **The Good Neighbour** Thriller. (2022, 15, 97min) ★★★
10.15 **Vantage Point** Action thriller. (2008, 12, 90min) ★★★
12.00 NOON **Those Who Wish Me Dead** Drama. (2021, 15) ★★
1.55 PM **Traitor** (2008, 12) ★★★
4.05 **No Sudden Move** Drama. (2021, 15, 115min) ★★★★
6.15 **Unhinged** (2020, 15) ★★★

10.00 Donnie Brasco

8.00 **2 Guns** Action thriller starring Denzel Washington and Mark Wahlberg. A pair of double-dealing crooks join forces for real after inadvertently stealing $43million from the CIA. With Paula Patton. (2013, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Donnie Brasco** Fact-based crime drama starring Al Pacino and Johnny Depp. An ageing gangster takes a young man under his wing, unaware that he is an undercover FBI agent. (1997, 18, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Law Abiding Citizen** Thriller starring Jamie Foxx. (2009, 18, 109min) ★★
2.20 **The Cold Light of Day** Thriller. (1995, 18, 101min) ★
4.15 **to 6.15** AM **Mona Lisa and the Blood Moon** Mystery. (2021, 15, 106min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Finding You** Romance. (2021, PG, 119min) ★★
8.10 **Love Story** As 12.30am.
10.05 **Penelope** Fantasy comedy. (2006, U, 87min) ★★★
11.50 **The Cider House Rules** Drama. (1999, 12) ★★★★
2.05 PM **Shirley Valentine** Comedy. (1989, 15, 108min) ★★★★
4.05 **Belfast** Kenneth Branagh's drama. (2021, 12) ★★★★
6.00 **The Hours** Melodrama. (2002, 12, 115min) ★★★

6.00 The Hours

8.00 **Manchester by the Sea** Drama starring Casey Affleck and Michelle Williams. A man returns to his home town when his brother dies and he is named guardian of his teenage nephew. With Kyle Chandler. (2016, 15, 134min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Brooklyn** Drama starring Saoirse Ronan. An Irish immigrant starts a new life in 1950s New York, but her past catches up with her and she faces a harsh choice. (2015, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Love Story** Romance. (1970, PG, 100min) ★★★★
2.25 **Sundown** Drama starring Tim Roth. (2021, 15) ★★★★
4.05 **to 6.00** AM **Georgetown** Crime drama with Christoph Waltz. (2019, 15, 99min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.40 AM **Mimic** Horror thriller. (1997, 15, 105min) ★★★★
8.40 **The Cabin in the Woods** Horror. (2011, 15) ★★★★
10.30 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
12.25 PM **Vampire in Brooklyn**
2.10 **Escape from LA** Adventure sequel. (1996, 15, 102min) ★★
4.05 **Resident Evil: Afterlife** Thriller sequel. (2010, 15) ★★★
5.55 **Knowing** Mystery thriller. (2009, 15, 116min) ★★★★

10.35 Battle: Los Angeles

8.00 **Terminator 2: Judgment Day** Sci-fi action thriller sequel starring Arnold Schwarzenegger as a cyborg from the future that has been programmed to protect humanity's destined saviour. With Linda Hamilton and Edward Furlong. (1991, 15, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Battle: Los Angeles** Sci-fi adventure starring Aaron Eckhart and Michelle Rodriguez. A group of Marines set out to defend LA from invading aliens. (2011, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Snowpiercer** Fantasy. (2013, 15, 126min) ★★★★
2.55 **Vampire in Brooklyn** Horror comedy with Eddie Murphy. (1995, 15, 101min) ★★
4.40 **to 6.35** AM **Escape from LA**

Sky Cinema Feel Good

302 302 856 402 502 516

6.15 AM **Sky Cinema Preview**
7.15 **The Pursuit of Happyness** Drama. (2006, 12) ★★★
9.25 **Ghost Town** Fantasy comedy. (2008, 12, 102min) ★★★★
11.25 **As Good As It Gets** Comedy. (1997, 15, 138min) ★★★★
1.55 PM **My Best Friend's Wedding** Comedy. (1997, 12) ★★★★
3.55 **Clueless** Satirical comedy. (1995, 12, 97min) ★★★★
5.40 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★

5.40 Jerry Maguire

8.00 **The Truman Show** Comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney, Ed Harris and Natascha McElhone. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **The Terminal** Steven Spielberg's comedy drama starring Tom Hanks as a traveller from Eastern Europe who becomes stranded in New York's JFK airport terminal by a coup back home. With Catherine Zeta-Jones. (2004, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
2.05 **12 Mighty Orphans** Sports drama. (2021, 12, 118min) ★★
4.15 **to 6.00** AM **Summerland** Drama with Gemma Arterton. (2020, 12, 99min) ★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Winchester '73** Western. (1950, b/w, U, 92min) ★★★
12.50 PM **Destroyer** War drama. (1943, b/w, U, 99min) ★★
3.00 **It Should Happen To You** Vintage romantic comedy. (1953, b/w, U, 100min) ★★★
4.45 **Carry On Regardless** Comedy. (1961, b/w, PG, 85min) ★★★
6.45 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★

9.00 Bombshell

How to Lose a Guy in 10 Days (film started at 6.45pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. A group of women take on Fox News head Roger Ailes and the toxic atmosphere he presided over at the network. (2019, 15, 109min) ★★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **First Man** Director Damien Chazelle's Oscar-winning drama based on the book by James R Hansen, starring Ryan Gosling and Claire Foy. (2018, 12, 135min) ★★★★ 11 PM
2.00 **to 3.55** AM **Morgan** Sci-fi thriller starring Kate Mara, Anya Taylor-Joy, Rose Leslie and Michelle Yeoh. (2016, 15, 92min) ★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Blueprint to the Heart** Drama. (2020, PG, 90min) ★★
7.45 **The Beauty of Love** Romantic drama. (2021, PG, 105min) ★★
9.30 **I Do, I Do, I Do** Romantic fantasy. (2015, PG, 90min) ★★
11.15 **Harvest Moon** Romantic drama. (2015, PG, 84min) ★★
1.00 PM **Walking the Dog** Romantic comedy starring Jennifer Finnigan. (2017, PG, 84min) ★★
2.45 **The Seven Year Hitch** Comedy. (2012, PG, 88min) ★★
4.30 **Cooking with Love** Romantic comedy. (2018, PG, 90min) ★★
6.15 **Love on Ice** Romantic drama. (2017, PG, 84min) ★★
8.00 **A Romance Wedding** Romantic comedy with Morgan Kohan. (2020, PG, 85min) ★★
10.00 **Dater's Handbook** Romantic comedy starring Meghan Markle. (2016, U, 83min) ★★
11.45 **Love's Complicated** Romantic comedy. (2016, PG, 90min) ★★
1.30 AM **The Birthday Wish** Drama. (2017, PG, 84min) ★★
3.00 **A Love to Remember** Drama. (2021, PG, 90min) ★★
4.30 **to 6.00** AM **Listen Out for Love** Comedy. (2022, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Jane Doe: How to Fire Your Boss** Murder mystery. (2007, PG, 83min) ★★
11.00 **Evil Intent** Thriller. (2019, 12) ★
1.00 PM **The Midwife's Deception** Thriller. (2018, PG, 90min) ★★
3.00 **Web of Lies** Suspense thriller. (2018, 12, 110min) ★
4.50 **Little Women** Screen version of Louisa May Alcott's classic tale. (1994, U, 114min) ★★★
7.10 **Big Daddy** Comedy starring Adam Sandler as a law school graduate who adopts a five-year-old boy to impress his girlfriend. With Joey Lauren Adams and Kristy Swanson. (1999, 12, 95min) ★★★
9.00 **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe and Tian Jing. (2016, 12, 103min) ★★★
11.10 **Transsiberian** Thriller. (2008, 15, 106min) ★★★
1.25 AM **The Winter Soldier** Sci-fi adventure. (2016, 15) ★★
3.30 **to 6.00** AM **Evening** Romance. (2007, 12, 117min) ★★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S7)
7.10 **Crash Point Zero** Adventure. (2000, 15, 93min) ★★
9.10 **Meteor Storm** Sci-fi action thriller. (2010, 12, 90min) ★
10.50 **The De Havilland Comet**
12.00 NOON **M*A*S*H** (S7)
1.00 PM **Revolt at Fort Laramie** Western. (1957, PG, 73min) ★★
2.40 **Brother Outlaw** Western. (1971, 12, 84min) ★★
4.20 **Battle of Kursk** Documentary.
5.15 **Tank Force** Wartime action adventure starring Victor Mature. (1958, PG, 102min) ★★★
7.05 **Air Collision** Action drama starring Reginald VelJohnson. (2012, PG, 92min) ★
9.00 **The Shanghai Job** Action thriller starring Orlando Bloom. A private security agent has to escort a valuable antique out of Shanghai, but is ambushed during the journey. With Lei Wu. (2017, 15, 95min) ★★
10.55 **Half Past Dead 2** Action thriller sequel starring Bill Goldberg. (2007, 15, 92min) ★★
12.45 AM **Son of a Gun** Crime drama. (2013, 15, 108min) ★★★
3.00 **to 4.00** AM **The War in the Air**

+1 hour 324

Movies 24

325 419

7.00 AM **Baby, It's Cold Inside**.
9.00 **Mystery 101: Killer Timing**
11.00 **Witness to Murder: A Darrow & Darrow Mystery** (2020) ★★
1.00 PM **Redemption in Cherry Springs** Mystery. (2021, PG) ★★
3.00 **Martha's Vineyard Mystery: Death & Deceit** Crime drama. (2020, PG, 89min) ★★
5.00 **Right in Front of Me** Romantic comedy. (2021, PG, 84min) ★★
7.00 **Baby, It's Cold Inside** Romantic drama starring Jocelyn Hudon and Steve Lund. A travel agent and the owner of an ice hotel work together to make a success of the wintry destination. (2020, PG, 84min) ★★
9.00 **Mystery 101: Killer Timing** Drama starring Jill Wagner and Kristoffer Polaha. An escaped serial killer and an attempt on Travis's life lead Amy Winslow to her most dangerous case yet. (2021, PG, 84min) ★★
11.00 **Witness to Murder: A Darrow & Darrow Mystery** (2020) ★★
1.00 AM **Redemption in Cherry Springs** Mystery. (2021, PG) ★★
3.00 **to 5.00** AM **Martha's Vineyard Mystery: Death & Deceit**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **Lara Croft: Tomb Raider** *BBC3* Fantasy adventure starring Angelina Jolie. ★★★★
9.00 **The Dark Knight Rises** *Sky Showcase* Action drama sequel starring Christian Bale. ★★★★
9.00 **Green Book** *BBC4* Comedy drama with Viggo Mortensen and Mahershala Ali. ★★★★
10.00 **Collateral** *ITV4* Director Michael Mann's thriller starring Tom Cruise and Jamie Foxx. ★★★★
11.00 **Amundsen** *BBC4* Roald Amundsen biopic with Pål Sverre Hagen. Partly subtitled. ★★★
12.00 M'T **Armed Response** *Sky Sci-Fi* Action thriller starring Wesley Snipes, Anne Heche, Dave Annable and Seth Rollins. ★
12.20 AM **Ghost Stories** *BBC2 (Not NI)* Horror anthology starring Andy Nyman, Martin Freeman and Paul Whitehouse. ★★★★
1.00 **Bowling for Columbine** *Sky Documentaries* Offbeat documentary exploring America's fascination with guns. ★★★★
2.20 **Shoplifters** *Channel 4* Japanese drama starring Lily Franky, Sakura Ando and Mayu Matsuoka. Subtitled. ★★★★★

Thursday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE DP World Tour Golf Coverage of day one of the Abu Dhabi HSBC Championship.
7.30 LIVE DP World Tour Golf Further coverage of day one of the Abu Dhabi HSBC Championship at Yas Links.
1.30 PM Sky Sports News
3.00 LIVE SA20 Paarl Royals v Sunrisers Eastern Cape. Coverage of the T20 match from Eurolux Boland Park, Paarl.
7.00 LIVE Premier League Manchester City v Tottenham Hotspur. Coverage of the top-flight clash from the Etihad Stadium. Kick-off 8.00pm.
10.30 Behind the Ropes
11.30 The Gloves Are Off
12.00 M'T TNT Pre-Game Show
12.30 AM LIVE NBA Basketball Boston Celtics v Golden State Warriors. Coverage of the inter-conference match at TD Garden. Tip-off 12.30am.
3.00 LIVE NBA Basketball Phoenix Suns v Brooklyn Nets. Coverage of the match at Footprint Centre. Tip-off 3.00am.
5.30 to 6.00 AM Inside the NBA

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM PL Greatest Games
7.00 Premier League Legends
8.00 Premier League Best Goals
9.00 Premier League 100 Club
10.00 The Football Show
12.00 NOON Gary Neville's Soccerbox With Sol Campbell. 12.30 PM With Thierry Henry.
1.00 Premier League Years
3.00 PL Greatest Games
4.00 Premier League Best Goals
5.00 Premier League 100 Club
6.00 Premier League Stories
6.30 Premier League – The Big Interview
7.00 LIVE Premier League Manchester City v Tottenham Hotspur. Coverage of the top-flight clash from the Etihad Stadium. Kick-off 8.00pm.
10.45 Premier League Stories
11.15 Premier League – The Big Interview
11.45 PL Greatest Games
12.00 M'T Premier League Highlights
12.30 AM Premier League Icons
1.00 Premier League Years
3.00 PL Greatest Games
4.00 Premier League Best Goals
5.30 to 6.00 AM Premier League 100 Club

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM Championship Retro
8.45 EFL Greatest Games
9.00 Old Firm Derby Best Goals
9.30 EFL Greatest Games
10.00 EFL Cup Retro
12.00 NOON WSL
1.00 PM EFL Highlights
1.30 Soccer AM: The Best Bits
2.00 EFL Highlights
3.30 Bundesliga Special
4.30 SPFL Highlights
5.15 EFL Greatest Games
5.30 Women's Football Weekly
6.00 Bundesliga Weekly
6.30 Inside the WSL
7.00 Women's Championship Show
7.30 Women's Football Weekly
8.00 Scottish Premiership
8.15 SPFL Highlights
8.30 EFL Goals: Leagues 1 & 2
9.00 Bundesliga Weekly
9.30 Inside the WSL
10.00 Women's Championship Show
10.30 Scottish Premiership
10.45 SPFL Highlights
11.00 EFL Greatest Games
12.00 M'T Championship 2017/18
1.00 AM SPFL Highlights
3.00 Scottish Premiership Goals
3.30 Old Firm Derby Best Goals
4.00 Edinburgh Derby Best Goals
4.30 to 6.00 AM SPFL

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM The Best of The Big Bash
6.45 Big Bash League
7.45 LIVE Big Bash League Sydney Thunder v Melbourne Renegades. The T20 match from Manuka Oval, Canberra.
11.45 The Best of The Big Bash
12.00 NOON One-Day International Cricket Pakistan v New Zealand.
1.00 PM SA20 MI Cape Town v Sunrisers Eastern Cape. 2.00 Highlights of Pretoria Capitals v Joburg Super Kings.
3.00 LIVE SA20 Paarl Royals v Sunrisers Eastern Cape. Coverage of the T20 match from Eurolux Boland Park, Paarl.
7.30 Big Bash League
8.30 The Best of The Big Bash
9.30 SA20 Highlights of Paarl Royals v Sunrisers Eastern Cape.
10.30 Big Bash League
11.30 SA20 Recent action.
12.30 AM T20 Tri-Series
4.00 Stuart Broad – My Greatest Spells The 2009 Ashes.
4.45 Ashes Greats
5.00 to 6.00 AM LIVE Big Bash League Adelaide Strikers v Perth Scorchers. Coverage of the T20 match at Adelaide Oval.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM LIVE DP World Tour Golf Coverage of day one of the Abu Dhabi HSBC Championship.
7.30 LIVE DP World Tour Golf Coverage of day one of the Abu Dhabi HSBC Championship at Yas Links in the United Arab Emirates.
1.30 PM Golf Highlights of the Latin America Amateur Championship.
2.00 PGA Tour Golf
3.00 Chronicles of a Champion Golfer A profile of Tiger Woods.
3.30 PGA Tour: The Cut
4.00 DP World Tour Golf
5.00 LIVE LPGA Tour Golf Day one of the Hilton Grand Vacations Tournament of Champions from Lake Nona Golf & Country Club.
8.00 LIVE PGA Tour Golf Coverage of day one of the American Express from PGA West Stadium Course at La Quinta Country Club in California.
12.00 M'T PGA Tour Golf
1.00 AM Chronicles of a Champion Golfer Triple bill of editions.
2.30 PGA Tour Golf
3.30 to 6.00 AM LIVE DP World Tour Golf Day two of the Abu Dhabi HSBC Championship.

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM BT Sport Goals Reload
6.30 Women's ODI Cricket
7.30 LIVE Men's Hockey World Cup Malaysia v New Zealand.
9.30 LIVE Men's Hockey World Cup Netherlands v Chile.
11.30 LIVE Men's Hockey World Cup Spain v England. From India. Push-back 11.30am.
1.30 PM LIVE Men's Hockey World Cup India v Wales.
3.30 The WRC Magazine
4.00 BT Sport Reload
4.15 Premier League
5.00 ESPN FC Football news.
6.00 Premier League – The Big Interview
6.30 The WRC Magazine
7.00 LIVE World Rally Championship Rallye Monte Carlo, the first round of the season.
8.00 BT Sport Reload
8.15 ESPN FC Football news.
8.45 FIH Hockey Men's World Cup
10.45 UFC Fight Camp
11.15 LIVE Women's T20 Super Smash Auckland Hearts v Wellington Blaze.
3.00 to 6.30 AM LIVE Men's T20 Super Smash

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM ESPN FC Football news.
6.30 UCL Stories of the Finals
7.00 WWE NXT
8.45 Serie A Recent action.
1.45 PM LIVE ILT20 Dubai Capitals v Gulf Giants. Coverage of the match at Sharjah Cricket Stadium.
5.30 EuroCup Basketball Aquila Basket Trento v London Lions.
6.30 Ligue 1 Highlights
7.30 Fishing: On the Bank Angling magazine show presented by Rob Hughes and Andy Ford.
8.30 The Rugby's On
9.30 Serie A – Full Impact
10.00 MLB Classic The 40 best moments from the MLB in 2022.
11.00 EuroCup Basketball
12.00 M'T LIVE College Basketball Coverage of an NCAA encounter.
2.00 AM LIVE College Basketball Colorado Buffaloes v Washington Huskies. Coverage of the NCAA clash from Coors Events Centre. Tip-off 2.00am.
4.00 to 6.00 AM LIVE College Basketball Pepperdine Waves v Saint Mary's Gaels. Coverage of the NCAA clash from Firestone Fieldhouse. Tip-off 4.00am.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM Ligue 1 Highlights
7.00 Serie A – Full Impact
7.30 A-League Highlights
8.00 Currie Club
8.30 UCL Greatest Nights: Tottenham
9.30 Champions Cup Highlights
10.30 The Rugby's On
11.30 The WRC Magazine
12.00 NOON Women's One-Day International Cricket
1.00 PM Ligue 1
4.00 Primeira Liga
5.00 WWE Wrestling action.
10.00 Premier League Reload
10.15 Boxing: Ali v Frazier III 1975
11.30 Boxing: Bruno v Bugner 1987
12.00 M'T Boxing: McGuigan v McDonnell 1989
12.30 AM Boxing: McCrory v Lumumba 1989
1.00 Boxing: Nelson v McDonnell 1989 From the Royal Albert Hall.
1.30 A-League Highlights
2.00 Serie A – Full Impact
2.30 UFC Countdown
3.30 BT Sport Reload
4.00 EuroCup Basketball
5.00 UFC Fight Camp
5.30 to 6.00 AM ESPN FC Presents: Gab & Juls

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM NFL: America's Game
7.00 NFL Highlights
9.00 Super Bowl Gameday
9.30 One Jets Drive
10.00 NFL Highlights
12.00 NOON Good Morning Football
3.00 PM NFL Bitesize Highlights
5.00 NFL: A Football Life
6.00 NBC's Pro-Football Talk
8.00 NFL Gameday
8.30 One Jets Drive
9.00 Her Huddle
9.30 NFL Bitesize Highlights Green Bay Packers v Los Angeles Rams in the 2020/21 play-offs. 9.45 Buffalo Bills v Baltimore Ravens in the 2020/21 play-offs. 10.00 Kansas City Chiefs v Cleveland Browns in 2020/21. 10.15 Highlights of New Orleans Saints v Tampa Bay Buccaneers in the 2020/21 play-offs.
10.30 NFL Gameday
11.00 Total Access News from the NFL.
1.00 AM Her Huddle
1.30 NFL Gameday
2.00 NFL Highlights
4.00 One Jets Drive
4.30 Her Huddle
5.00 to 6.00 AM NFL Bitesize Highlights

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM PL Greatest Games
7.00 Premier League Legends
7.30 My Icon
8.00 NRL Penrith Panthers v Parramatta Eels in the Grand Final.
9.00 Show Jumping
10.00 World Darts Championship The semi-final matches on day 15.
1.30 PM Premier League Legends
2.00 Premier League Years Highlights of the 1993/94 season.
4.00 Sail GP Dubai Sail Grand Prix.
4.30 The Best of The Big Bash Action from Sydney Sixers v Perth Scorchers in the 2015 final.
4.45 LIVE T20 Tri-Series South Africa v India Women. Coverage from Buffalo Park, East London, South Africa.
8.30 The Gloves Are Off Chris Eubank Jr and Liam Smith talk about their upcoming bout.
9.00 Fight Night A chance to see Chris Eubank Jr v Liam Williams.
10.00 Her Huddle
10.30 Inside the WSL
11.00 Big Bash League
12.00 M'T Show Jumping
1.00 AM World Darts Championship
4.30 Inside the WSL
5.00 to 6.00 AM Big Bash League

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM ESPN SportsCenter
6.15 Around the Horn
6.45 Pardon the Interruption
7.15 ESPN The latest news.
8.00 The WRC Magazine
8.30 ESPN Films Presents
10.00 30 for 30
11.30 What I Wore
11.45 ESPN The latest news.
12.30 PM Around the Horn
1.00 Pardon the Interruption
1.30 ESPN SportsCenter
1.45 BT Sport Reload
2.00 30 for 30: Dominican Dream
4.00 ESPN The latest news.
4.45 Around the Horn
5.15 Pardon the Interruption
5.45 BT Sport Reload
6.00 College Basketball
9.30 ESPN FC Presents: Gab & Juls
10.00 30 for 30
12.30 AM Gab & Juls
1.00 30 for 30
5.00 to 6.00 AM In Depth with Graham Bensinger

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM LIVE Australian Open Tennis Coverage of day four.
7.45 LIVE Australian Open Tennis Continued coverage of day four.
10.00 LIVE Australian Open Tennis Concluding coverage of day four of the opening Grand Slam event of the season, featuring second-round matches.
1.00 PM Australian Open Tennis Cube
1.15 Australian Open Tennis Action from day four of the opening Grand Slam event of the season, featuring second-round matches.
8.00 Australian Open Tennis Highlights of the second-round singles matches on the fourth day at Melbourne Park.
12.00 M'T to 7.00 AM LIVE Australian Open Tennis Coverage of the fifth day's play of the opening Grand Slam event of the season, featuring the opening third-round matches staged at Melbourne Park.

Eurosport 2

411 411 869 | 522 | 413 436

7.00 AM LIVE Australian Open Tennis Coverage of the fourth day's play at Melbourne Park.
1.00 PM Masters Snooker
3.00 LIVE Speed Skating: Winter World University Games Coverage of the 500m mixed relay.
5.20 SailGP
5.50 Best of Super G
6.00 LIVE Nordic Combined Skiing: Winter World University Games
6.50 Best of Slalom
7.00 Alpine Skiing
9.00 Cycling: Tour Down Under
9.45 Cycling: Zwift Academy
10.15 Cycling: Gent-Wevelgem
10.30 Discovery Golf
11.00 LIVE Nordic Combined Skiing: Winter World University Games
11.45 Alpine Skiing
12.00 M'T to 7.00 AM LIVE Australian Open Tennis Coverage of the fifth day.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM Betfred Super League
7.30 Super League: The Detail
8.00 Rugby League Retro
10.00 Behind the Ropes
11.00 Fight Night
11.30 Chris Eubank Jr: Off Limits
12.00 NOON Fight Night
1.00 PM Behind the Ropes
2.00 Women's Super League
3.00 Chris Eubank Jr: Off Limits
3.30 Fight Night
4.30 The Gloves Are Off
5.00 NBA Basketball
7.00 NBA Action
7.30 LIVE NBA Basketball Detroit Pistons v Chicago Bulls. The Eastern Conference clash at Accor Arena in Paris. Tip-off 8.00pm.
10.30 Fight Night
11.30 NBA Action
12.00 M'T TNT Pre-Game Show
12.30 AM LIVE NBA Basketball Boston Celtics v Golden State Warriors. Tip-off 12.30am.
5.30 to 6.00 AM Inside the NBA

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM Best of 2022
12.00 NOON Formula 1 A replay of the 2022 Japanese Grand Prix.
1.45 PM The Notebook
2.15 Magnussen's Pole at the Skypad With Kevin Magnussen.
2.25 History of Team Orders
2.30 Formula 1 A chance to see the 2022 United States Grand Prix.
4.45 Glock & Hamilton Reunited
4.55 2022 – End of Season Funnies
5.00 Formula 1 A chance to see the 2022 Mexico City Grand Prix.
7.15 Max & Crofty: Abu Dhabi '21 Revisited The season finale.
7.25 Lewis: Nelson Mandela The Icon With Lewis Hamilton.
7.30 Formula 1 A chance to see the 2022 Sao Paulo Grand Prix.
9.45 Mauro Forghieri Remembered
9.50 Brundle Drives the BRM P153
10.00 Formula 1 A chance to see the 2022 Abu Dhabi Grand Prix.
12.15 AM George Russell F1 Winner
12.25 to 6.00 AM Best of 2022

SKY HD SD VIRGIN HD BT HD

Friday

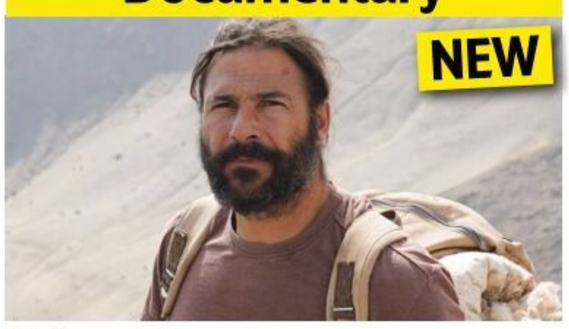
20 January

Evening Planner

Thriller

The Hanging Sun
Sky Premiere, 10.30am & 8pm
Devils' Alessandro Borghi stars as a hitman who goes on the run, finding refuge in a village in northern Italy.

Documentary

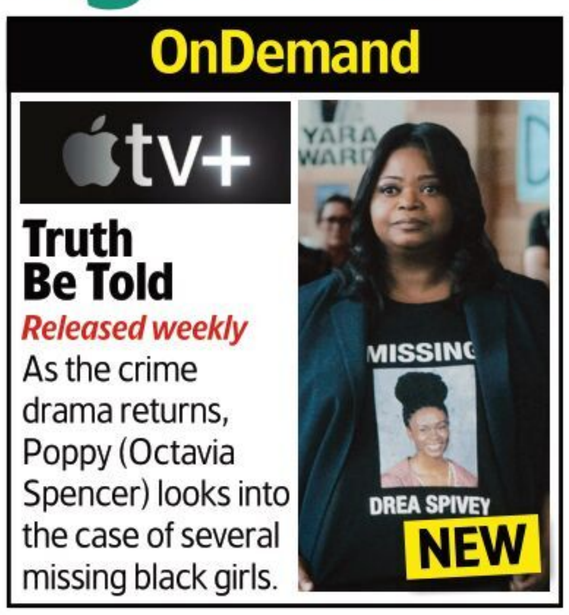


Primal Survivor: Over the Andes
National Geographic, 6pm
Daredevil presenter Hazen Audel sets off on a journey across South America.

Drama

Ben Is Back
BBC3, 9pm
Critically-acclaimed drama starring Julia Roberts as a mother who tries to help her addict son, Ben (Lucas Hedges).

OnDemand



Truth Be Told
Released weekly
As the crime drama returns, Poppy (Octavia Spencer) looks into the case of several missing black girls.

Friday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Would I Lie... †	8.30 Amanda &...	9.00 Death in Paradise		10.00 News; Local News	
	102 BBC2	7.00 Monty Don's Adriatic Gardens		8.00 Winterwatch		9.00 QI XL	9.45 Live at the Apollo		10.30 Newsnight
	103 ITV1	◂ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Midsomer Murders			
	104 CHANNEL 4	7.00 News		8.00 Food...	8.30 Travel Man...	9.00 Jon & Lucy's Odd Couples		10.00 8 Out of 10 Cats Does Countdown	
	105 CHANNEL 5	7.00 Toby Carvery: How Do They Do It?		8.00 Cruising with Susan Calman		9.00 Holidaying with Jane McDonald		10.00 Top of the Pops: Most Shocking...	
	106 SKY SHOWCASE	7.00 The Simpsons	7.30 Young Rock	8.00 Hold the Front Page		9.00 Never Mind the Buzzcocks			10.30 Chris Eubank...
ENTERTAINMENT	117 BBC3	7.00 Top Gear		8.00 Waterloo Road		9.00 Film: Ben Is Back			
	116 BBC4	7.00 All New Top of the Pops				9.00 Wayfaring Stranger with Phil...		10.00 Transatlantic Sessions	
	118 ITV2	7.00 Ninja Warrior UK: Race for Glory		8.00 Superstore		9.00 Love Island			10.05 Don't Hate the Playaz
	136 MORE4	◂ 6.55 A Place in the Sun	7.45 The Great Pottery Throw Down			9.00 24 Hours in A&E			
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 Below Deck		9.00 Celebrity Gogglebox for SU2C		10.00 Celebrity Gogglebox 2021	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Rookie			
	108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 Babylon Berlin		10.00 Der Pass	
	110 GOLD	◂ 6.40 Dad's Army		8.00 dinnerladies			9.20 Mrs Brown's Boys	10.00 Hancock: Very Nearly An Armful	
	111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 QI	9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Doc Martin				10.00 Des	
	120 ITV4	◂ 6.45 Snooker: World Grand Prix – Live: Coverage of the opening semi-final							10.15 All Elite Wrestling...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Kevin & Perry Go Large			
	139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Lovecraft Country			
	113 SKY MAX	7.00 Stargate SG-1		8.00 Hold the Front Page		9.00 Never Mind the Buzzcocks			10.30 Strike Back...
	132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private...		10.00 Death in Paradise	
	130 SKY ARTS	7.00 The Shadows: The Final Tour						10.00 Bryan Ferry Plays Baloise Session	
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush				9.00 Alaskan Killer Bigfoot		10.00 Hunting Atlantis	
	162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Intruders		9.00 Monsters Inside Me		10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Food Factory USA		9.00 Colossal Machines		10.00 Car S.O.S.	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Weird or What? with William Shatner		9.00 True Caribbean Pirates			
	155 YESTERDAY	7.00 Fred Dibnah's Made in Britain		8.00 Secrets of the London Underground				10.00 Bangers and Cash	
	121 SKY DOCS	7.00 Deadline Day: Football's Transfer...		8.00 Spector		9.00 The Zen Diaries of Garry Shandling			
FILMS - Sky Cinema	301 PREMIERE	◂ 6.05 Eiffel		8.00 The Hanging Sun			9.45 The Estate		
	303 HITS	◂ 6.20 Ace Ventura: When Nature Calls		8.00 The Matrix: Resurrections					10.30 Scream
	304 GREATS	◂ 4.35 The Godfather Part II		8.00 The Godfather Part III					
	305 ANIMATION		7.20 Planet 51			8.50 Spirit Untamed			10.25 The Wacky Hen
	306 FAMILY	◂ 6.15 Space Jam: A New Legacy			8.15 Spy Kids 3: Game Over			9.55 Penelope	
	307 ACTION	◂ 5.45 The Suicide Squad		8.00 Ambulance					10.20 Bad Boys
	308 COMEDY	◂ 6.30 Zombieland		8.00 Groundhog Day			9.45 Wayne's World		
	309 THRILLER	◂ 6.00 2 Guns		8.00 Lord of War					10.15 Law Abiding Citizen
	310 DRAMA	◂ 6.00 Brooklyn		8.00 Sabrina				10.10 Chocolat	
	311 SCI-FI	◂ 6.10 Resident Evil: Retribution		8.00 Transformers					10.25 Snowpiercer
	302 FEEL GOOD	◂ 5.40 Coach Carter		8.00 The Terminal					10.15 Pitch Perfect
	313 FILM4	◂ 6.10 Ghostbusters				9.00 Dreamland			
	315 TCM MOVIES	◂ 6.40 The Glenn Miller Story				9.00 U.S. Marshals			
SPORT	401 MAIN EVENT	◂ 3.30 SA20 – Live	7.30 EFL – Live: Burnley v West Bromwich Albion (Kick-off 8.00)						10.30 Chris Eubank...
	402 PREMIER LEAGUE	7.00 PL – The Big...	7.30 PL Stories	8.00 PL Highlights	8.30 Gary Neville's...	9.00 PL Preview	9.30 PL – The Big...	10.00 PL Stories	10.30 PL Retro
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Burnley v West Bromwich Albion (Kick-off 8.00)						10.30 Inside the WSL
	404 CRICKET	◂ 3.00 SA20 – Live	7.30 Big Bash League				9.30 SA20		10.30 Big Bash...
	413 BT SPORT 1	◂ 6.30 The Rugby's...	7.30 Heineken Champions Cup – Live: Leicester Tigers v Ospreys (Kick-off 8.00)						10.15 BT Sport Films
	414 BT SPORT 2	7.00 PL – The Big...	7.30 Heineken Champions Cup – Live: Lyon v Bulls (Kick-off 8.00)						10.30 UFC Live

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101/115 801 101 101 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live: Cost of Living Special** New edition (S)
10.00 **Rip Off Britain Live: Cost of Living Special** Series finale (S)
10.45 **For Love or Money** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Father Brown** New episode *The Gardeners of Eden:* 3/10. (S10) (S)
2.30 **The Farmers' Country Showdown** From Melton Mowbray. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **The Repair Shop** New edition (S)
4.30 **Make It at Market** Series finale Mentor Zoe helps a musician. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Death in Paradise

7 PM

7.00 **The One Show** Alex Jones and Ronan Keating present the topical show. (S)
7.30 **EastEnders** Lily makes a big decision, and Alfie gathers everyone but the moment is interrupted. (S)(AD)

8 PM

8.00 **Would I Lie to You?** New edition 3/11. With Josie Gibson, Steven Bartlett, Shirley Ballas and Chris McCausland. (S)
8.30 **Amanda & Alan's Italian Job** New edition 3/8. The duo renovate the bathrooms. (S)(AD)

9 PM

9.00 **Death in Paradise** New episode 3/8. The team investigate the murder of an estate agent during the sale of a local beauty spot. Meanwhile, love is in the air for Neville following an unexpected encounter. (S12) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show** New edition 14/21. Graham is joined by guests Michelle Williams, Helena Bonham Carter, Russell T Davies, Oti Mabuse and Brendan Fraser. (S)
11.30 FILM **Long Shot** Comedy drama starring Charlize Theron and Seth Rogen. A journalist strikes up a relationship with a US Secretary of State, soon to run for office as the first female president. (S) (2019, 15, 115min) ★★★★
1.25 AM **That's My Jam** 5/8. Mo Gilligan hosts as Camilla Luddington and Chris Carmack take on Kimberly Wyatt and Gina Yashere. (S)(R)
2.25 **Weather for the Week Ahead** (S)
2.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **The Farmers' Country Showdown** From Devon. (S)(R)
7.15 **Make It at Market** (S)(R)(AD)
8.00 **Sign Zone: The Polar Bear Family and Me** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics UK** (S)
1.00 LIVE **Bowls: World Championships** Coverage from Potters Resort at Hopton-on-Sea, Norfolk, featuring the second and third open singles quarter-finals. (S)
5.15 **Flog It!** From Penrhyn Castle in Gwynedd, north Wales. (S)(R)
6.00 **Richard Osman's House of Games** New edition Grace Dent, Tim Lovejoy, Kriss Akabusi and Lauren Steadman take part. (S)
6.30 **Take a Hike** Series finale 15/15. Former make-up artist Piers hosts the final hike in north Wales. (S)

9.00 QI XL

7.00 **Monty Don's Adriatic Gardens** 2/3. The presenter begins the latest leg in the city of Trieste, close to Italy's border with Croatia, to visit a public garden first created by a Royal plantsman. (S)(R)(AD)
8.00 **Winterwatch** New edition Chris Packham and Michaela Strachan reveal some ingenious beetle adaptations in the macro studio at Wild Ken Hill in Norfolk. Plus, Megan McCubbin goes swimming with starlings. (S)
9.00 **QI XL** New edition Sandi Toksvig talks about tails – and tales – with Rob Beckett, Daliso Chaponda, Sarah Millican and regular panellist Alan Davies. (S)
9.45 **Live at the Apollo** New edition Kiri Pritchard-McLean, Catherine Bohart and Babatunde Aléshé share their views on modern life in the stand-up show at London's Hammersmith Apollo. (S)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Surgeons: At the Edge of Life** 1/6. The specialists at Addenbrooke's Hospital treat a man who has serious injuries after crashing his motorbike. (S)(R)(AD)
12.05 AM **Sign Zone: The Traitors** (S)(R)
1.10 **Sign Zone: Panorama** (S)(R)
1.40 **Sign Zone: Marie Antoinette** (R)
2.35 **Sign Zone: Detectorists Special** Feature-length special with Toby Jones and Mackenzie Crook. (S)(R)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** New edition David Dickinson heads to Walsall with his team Tim Hogarth, Tracy Thackray-Howitt, Fay Rutter and James Layte. (S)
3.00 **Lingo** New edition Word-based quiz show hosted by Adil Ray. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Bear is concerned about Paddy, while Mary shows Rodney her dating app. (S)(AD)
8.00 **Coronation Street** A triggered memory places Teddy in Stephen's firing line, Daisy makes a blunder in her bid to fight back, and Gemma decides to offer a child-minding service. (S)(AD)
9.00 **Midsomer Murders** *Death of the Small Coppers:* The headmaster of a local school is murdered, his body found pinned to the wall in the manner of his own butterfly collection. The dead man was a member of a mysterious international club for geniuses, which are currently testing the school's pupils for possible new recruits. Barnaby and Winter investigate the secretive organisation, which has proven controversial in the local area. (S)(R)(AD)
10.50 **ITV News** (S)
11.20 **Local News** (S)
11.40 **The NFL Show** Laura Woods is joined by Osi Umenyiora and Jason Bell to present highlights and previews of play-off matches. (S)
12.40 AM **Shop: Ideal World**
3.00 **Dickinson's Real Deal** David Dickinson is in Walsall with Tim Hogarth, Fay Rutter, James Layte and Tracy Thackray-Howitt. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Lingo** (S)(SL)(R)

+1 hour 203 114 35 112

CHANNEL 4

104 104/108 804 104/108 4 104 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 15-17/24. (S10) (S)(R)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Come Dine with Me: The Professionals** In Nottingham. (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition (S)
4.00 **A New Life in the Sun** New edition Mike and Craig try to survive the winter at their bar. (S)
5.00 **Junior Bake Off** New edition Pastry Day arrives. (S)(AD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Juliet tells Peri that she received some good news from the test results. (S)(AD)

8.30 Travel Man: 48 Hours in Dublin

7.00 **News** (S)
8.00 **Food Unwrapped** New edition Kate Quilton visits the Scottish isles to discover how they are growing truffles. (S)(AD)
8.30 **Travel Man: 48 Hours in Dublin** New edition With comedian Mawaan Rizwan. (S)(AD)
9.00 **Jon & Lucy's Odd Couples** New edition 2/6. Comedians Sara Pascoe and Steen Raskopoulos take on Blue singer Duncan James and Rodrigo Reis in a head-to-head contest to decide who has the best relationship. (S)(AD)
10.00 **8 Out of 10 Cats Does Countdown** 2/6. Jimmy Carr hosts as Alan Carr and Harriet Kemsley take on Jonathan Ross and Maisie Adam. Plus, Huge Davies joins lexicographer Susie Dent in Dictionary Corner. (S)(R)
11.05 **Celebrity Gogglebox** A rolling cast of famous faces appraise *Stranger Things*, *This Is MY House*, *Million Pound Pawn* and *Romeo and Duet*. (S)(R)(AD)
12.10 AM **The Kardashians: Billion Dollar Dynasty** (S)(SL)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(SL)(R)
2.40 **Come Dine with Me** (S)(R)(AD)
4.55 **Food Unwrapped** (S)(R)
5.25 **to 6.15** AM **Junior Bake Off** (S)(R)

+1 hour 204/208 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **Traffic Cops** (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)
2.15 FILM PREMIERE **A Deadly Mother** Thriller starring Monica Rose Betz and Crystal Allen. (S) (2020, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Cameras revisit Carolyn Drew, a B&B and wig shop owner. (S)
5.00 **News** (S)
6.00 **Holiday Homes in the Sun** Amanda Lamb, JB Gill and Sam Pinkham head to Lisbon to find the perfect holiday home for a weekend break, including a quirky apartment. (S)(R)
6.55 **News** (S)

9.00 Holidaying with Jane...

7.00 **Toby Carvery: How Do They Do It?** Behind the scenes at the restaurant chain that serves millions of roast dinners every Sunday. (S)(R)
7.55 **News** (S)
8.00 **Cruising with Susan Calman** New edition 4/6. The comedian visits the Bay of Kotor in Montenegro, one of the filming locations of *Game of Thrones*. (S)
9.00 **Holidaying with Jane McDonald** Series finale 3/3. The singer takes a trip to Cyprus, where she delves into the myths and legends that surround this sun-soaked Ionian region. (S)
10.00 NEW **Top of the Pops: Most Shocking Moments** One-off documentary revealing the chaotic backstage reality behind the popular BBC music show. (S)
11.30 **Britain's Favourite Rock Songs** A celebration of the UK's favourite and best-selling tracks from the genre. (S)(R)
1.20 AM **LeoVegas Live Casino Show**
3.20 **Holiday Homes in the Sun** (R)
4.05 **Cruising with Jane McDonald** 2/4. A journey around the Inner Hebrides. (S)(SL)(R)
4.50 **House Busters** (S)(R)
5.15 **to 5.40** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Sky News Breakfast**
8.00 **Arctic Secrets** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 14/23. (S3) (S)(R)
11.00 **NCIS: New Orleans** (S3) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 10/21. (S3) (S)(R)(AD)
3.00 **Big Cat Country** (S)(R)
4.00 **The Conners** 3/20. (S2) (S)(R)
4.30 **Futurama** (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 2/24. Will and Carlton try to help Ashley make peace with a school bully. (S)(R) **6.00** 3/24. Will skips classes at school. (S2) (S)(R)
6.30 **The Simpsons** *Paths of Glory:* Marge and Homer suspect Bart might be a sociopath. (S)(R)

7.30 Young Rock

7.00 **The Simpsons** *Habeus Tortoise:* Homer tries to solve a mystery. (R)
7.30 **Young Rock** New episode *Going Heavy:* In 1998, Dwayne hits new heights as The Rock. (S8)
8.00 **Hold the Front Page** 3/6. Nish Kumar and Josh Widdicombe work at the *Yorkshire Post*, reviewing restaurants, celebrating *Emmerdale*'s 50th birthday and reporting on potholes. (R)
9.00 **Never Mind the Buzzcocks** Greg Davies, Noel Fielding, Daisy May Cooper and Jamali Maddix are joined by Joy Crookes, Serge Pizzorno and Tom Davis. (S)(R)(AD) **9.45** Guests Shaggy, Rosie Jones and Example join host Greg Davies, team captains Noel Fielding and Daisy May Cooper and regular panellist Jamali Maddix. (S)(R)(AD)
10.30 **Chris Eubank Jr v Liam Smith: Weigh-in** The boxers hit the scales ahead of their fight. (R)
11.30 **Romantic Getaway** 5/6. Deacon and Allison make an enemy of Kethan. (S)(R)(AD) **12.00** M'T 6/6. Esme helps Deacon and Allison make their escape. (S1) (S)(R)
12.30 AM **The Force: North East** (R)
1.30 **Road Wars** (R)
3.00 **Hawaii Five-0** 1/23. (S2) (S)(R)
4.00 **S.W.A.T.** 10/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
8.00-8.30pm Life on the Bay (S)(R) **11.30** Would I Lie to You? (S)(R) **12.00m't** FILM Long Shot (S) (2019, 15, 115min) ★★★★ **1.55am** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
6.55-7.00pm Party Election Broadcast (S) **7.30** B&B by the Sea New edition (S) **8.00-8.30** EastEnders (S) **10.40** Give My Head Peace Series finale (S) **11.10** The Graham Norton Show New episode (S) **12.00m't** Would I Lie to You? New episode (S) **12.30am** Celebrity Mastermind (S)(R) **1.05-1.25am** Weather Watchers with Barra Best (S)(R)

WALES
Sky 952, Virgin 864, Freesat 964
2.30-3.00pm Amy Dowden's Dare to Dance (S)(R)

BBC2

N. IRELAND
Sky 972, Freesat 969
No variations

WALES
Sky 971, Freesat 971
7.00-8.00pm This Farming Life (S)(R) **11.05** NEW The i-Word (S) **11.20pm-12.05am** Hollywood's Great Directors: Talking Pictures (S)(R)

ITV1

As main ITV1 except:
WALES
7.00-7.30pm Born to Farm New edition (S)

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bwrdd i Dri (AD) **12.30** Heno **1.00** Ar Werth **1.30** Darn Bach o Hanes (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Rygbi Cymru: Y Gêm yn y Gwaed **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau Cymru **6.30** Pobol y Rhondda **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **7.55** LIVE Rygbi Ewrop **10.00** Sgwrs Dan y Lloer **10.35-11.40pm** Yr Amgueddfa (AD)

TV&Satellite week
New issue on sale now

BBC3

117/141/173 | 107/157 | 23 | 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Freddie Flintoff, Chris Harris and Paddy McGuinness test three company cars.
7.55 **The Catch Up**
8.00 **Waterloo Road** 3/7. The Walters family find themselves in a crisis with nowhere to turn for help. Val uncovers a truth about Kai, causing problems for him and Danny. (S11)
9.00 FILM PREMIERE **Ben Is Back** Drama with Julia Roberts and Lucas Hedges. A drug-addicted teenage boy shows up unexpectedly at his family's home on Christmas Eve. (2018, 15, 103min) ★★★★ *See review, page 27.*
11.05 **Meet the Khans: Big in Bolton** The Khans head off for a night at the boxing; and Amir gives Gary Neville a tour of Bolton.
12.05 AM **Young MasterChef**
1.35 **Hot Cakes**
2.35 **Press X to Continue**
2.45 **to 3.45** AM **People Just Do Nothing**

BBC4

116 116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Top of the Pops** Performances by Inspiral Carpets, Def Leppard, Tori Amos and Haddaway. **7.30** Featuring Depeche Mode, Joe, Celine Dion, Garth Brooks and ZZ Top. **8.00** With Dire Straits, Fine Young Cannibals and A-ha. **8.30** Performances by Halo James, The Quireboys and New Kids on the Block.
9.00 **Wayfaring Stranger with Phil Cunningham** 2/3. Phil Cunningham's journey takes him to Country Music's hall of fame in Nashville.
10.00 **Transatlantic Sessions** With Emmylou Harris. **10.30** With Mary Black.
11.00 **Reginald D Hunter's Songs of the Border** A musical road trip along the US-Mexico border.
12.15 AM **Southern Rock at the BBC** With Lynyrd Skynyrd.
1.15 **Wayfaring Stranger with Phil Cunningham**
2.15 **to 3.45** AM **Top of the Pops**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Kirstie Allsopp learns how to bind books.
9.15 **A Place in the Sun: Home or Away**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
3.10 **Four in a Bed**
5.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer visit Cowbridge, Wales, to help a couple who have a home that, on the surface, looks perfect.
6.55 **A Place in the Sun** Danni Menzies helps a couple who are looking to retire to Spain.
7.45 **The Great Pottery Throw Down** The 11 potters craft a keepsake box with a disguised lid and face a surprise blindfold challenge. Judges Rich Miller and Keith Brymer Jones must decide who will leave this week.
9.00 **24 Hours in A&E** A 19-year-old patient is flown in with a possible penile fracture resulting from a canal barge accident. **10.00** A 21-year-old woman's kidneys are suspected to be failing.
11.10 **8 Out of 10 Cats Does Countdown** With Jessica Knappett and Kevin Bridges. **12.15** AM With Alan Carr.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
7.55 **Junior Bake Off**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Tom and Yazz put a smile back on Shaq's face.
7.30 **Modern Family** 20/24. Jay switches sides after joining Cam's bowling team. (S6)
8.00 **Below Deck** New edition 5/15. Eddie deals with his relationship fallout as Jake and Rayna try to figure out their feelings after Jake's revelation, while Fraser feels like he is failing in his job.
9.00 **Celebrity Gogglebox for SU2C** Another chance to see celebrities cast their eyes over the week's best TV as part of Channel 4's Stand Up to Cancer 2021 night.
10.00 **Celebrity Gogglebox 2021** A look back at memorable moments.
11.05 **Naked Attraction**
1.15 AM **First Dates**
2.15 **Below Deck**
3.05 **Celebrity Gogglebox**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

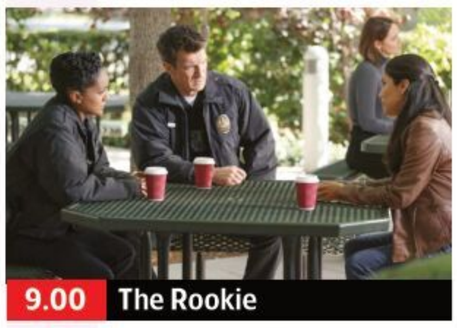
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111 341 356

6.00 AM **The Real A&E**
7.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Frontline Crime UK**
11.00 **Caught on Dashcam**
12.00 NOON **The Good Doctor** 14/18. Murphy, Glassman and Allen are forced to take on all the cases. (S5)
1.00 PM **9-1-1** 6/18. (S3)
2.00 **Blue Bloods** 8/16. (S11)
3.00 **Bull** 10/23. A CEO seeks help when one of her employees is killed by a self-driving car. (S1)
4.00 **Nothing to Declare**


9.00 The Rookie

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *The Common Good:* 10/16. A high-profile video game player is murdered. (S11)

9 PM

9.00 **The Rookie** *Long Shot:* 14/22. Officer Chen and Sergeant Bradford are on the hunt for a perpetrator on a citywide crime spree.

10 PM

10.00 **The Rookie** *Hit List:* 15/22. Officer Harper puts Officer Aaron through a plain clothes exercise. (S4)
11.00 **FBI** 1/22. (S1)
12.00 M'T **FBI: Most Wanted** (S1)
1.00 AM **Coroner** 10/12. (S4)
2.00 **The Equalizer** 13/18. (S2)
3.00 **9-1-1** 6/18. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 220

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Richard E Grant's Hotel Secrets** From Berlin.
7.00 **Fish Town**
7.55 **The Sopranos** 6&7/13. (S2)
10.05 **Ray Donovan** 9&10/12. (S1)
12.15 PM **Game of Thrones** (S2)
1.20 **Six Feet Under** 11&12/13. (S1)
3.30 **The Sopranos** 8/13. Meadow receives a helping hand. **4.35** 9/13. Carmela confronts Tony about his infidelity. (S2)
5.45 **Ray Donovan** 11/12. Bunchy has a violent encounter. **6.50** 12/12. Mickey is kicked out of Bunchy's flat. (S1)

5.45 Ray Donovan

7.55 **Game of Thrones** *Garden of Bones:* 4/10. Catelyn urges the Baratheon brothers to unite, and Daenerys arrives at the city of Qarth. (S2)

9.00 **Babylon Berlin** 5/8. Those in charge look to change the discourse on the May Day violence. Subtitled. (S1)

10.00 **Der Pass** 2/8. When another body is found, Stocker and Winter draw parallels to the first case. Subtitled. (S1)
11.00 **The Wire** 5/13. Marlo tries to have Omar framed for murder. **12.05** AM 6/13. Carcetti reacts to a smear campaign. (S4)
1.10 **Devils** 3/10. (S1)
2.15 **In Treatment** 20/28. (S3)
2.50 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 122 121 346 361

6.00 AM **Stop, Search, Seize**
8.00 **DC's Legends of Tomorrow**
9.00 **The Blacklist** 21/22. (S9)
10.00 **Supergirl** 14/23. (S3)
11.00 **NCIS: New Orleans** (S3)
1.00 PM **Hawaii Five-0** 1/23. (S2)
2.00 **S.W.A.T.** 10/21. (S3)
3.00 **The Blacklist** 20/22. (S9)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 14/23. (S3)
6.00 **Stargate SG-1** 12/22. Teal'c returns to Chulak to prevent his son being enslaved by the Goa'uld. (S1)

9.00 Never Mind the Buzzcocks

7.00 **Stargate SG-1** *Fire and Water:* 13/22. The team return from an expedition with the news that Jackson has been killed. (S1)

8.00 **Hold the Front Page** 3/6. Nish Kumar and Josh Widdicombe work at the *Yorkshire Post*.

9.00 **Never Mind the Buzzcocks** Joy Crookes, Serge Pizzorno and Tom Davis join Greg Davies. **9.45** With guests Shaggy, Rosie Jones and Example.
10.30 **Strike Back: Vengeance** 3/10. Stonebridge requests reassignment to Section 20. (S3)
11.30 **Banshee** 9/10. Hood reflects on his friendship with Job and ponders his future. (S3)
12.30 AM **Wolfe** 3/6. A billionaire is found dead. (S1)
1.30 **Road Wars** Double bill.
3.00 **Hawaii Five-0** 1/23. (S2)
4.00 **S.W.A.T.** 10/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 176 6 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Secret Crush**
8.00 **Dress to Impress**
9.00 **Chuck** 3/19. (S3)
10.00 **One Tree Hill** 13/22. (S1)
11.00 **The O.C** 13/27. (S1)
12.00 NOON **Secret Crush**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 4/19. (S3)
4.00 **One Tree Hill** 14/22. (S1)
5.00 **The O.C** 14/27. (S1)
6.00 **Celebrity Catchphrase**

10.05 Don't Hate the Playaz

7.00 **Ninja Warrior UK: Race for Glory** Contenders take on the course as the competition to find champions continues.

8.00 **Superstore** 4/15. Dina is in charge for the day. **8.30** 5/15. The employees address systemic racism in the store. (S6)

9.00 **Love Island** New edition The relationship-based reality show continues, with the single people living like celebrities.

10.05 **Don't Hate the Playaz** Big Narstie, Melvin Odoom and Thanyia Moore join the regulars.
10.50 **Family Guy** 3/19. (S13)
11.20 **Family Guy** 17/21. Peter takes Stewie to the park for some father-son bonding. (S12)
11.45 **American Dad!** (S14)
12.40 AM **Superstore** (S6)
1.40 **The Stand Up Sketch Show**
2.05 **CelebAbility**
2.50 **to 3.00** AM **Unwind**

+1 hour 218 116 29 114

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **George and Mildred** (S5)
9.15 **Agatha Christie's Marple**
11.30 **Heartbeat**
1.40 PM **Classic Emmerdale**
2.10 **Classic Coronation Street**
3.45 **Inspector Morse** *Driven to Distraction:* Lewis and Morse clash over procedure.
6.00 **Heartbeat** *A Chilly Reception:* A wedding is thrown into confusion by a family death, and Kate is displeased when a relative brings important news.

10.00 Des

7.00 **Heartbeat** *The Frighteners:* One of Kate's patients receives threats and Greengrass takes the law into his own hands.

8.00 **Doc Martin** *Of All the Harbours in All the Towns:* 5/6. A schoolgirl develops a crush on the doctor. Guest stars John Alderton.

9.00 **Doc Martin** *Haemophobia:* 6/6. Martin is the target of a joke after his fear of blood becomes common knowledge. (S1)

10.00 **Des** 1/3. Fact-based drama starring David Tennant as serial killer Dennis Nilsen. (S1)
11.00 **Des** 2/3. Dennis withdraws his cooperation from the police and turns to Brian, leaving Jay faced with the challenge of having to deal with a criminal biographer. (S1)
12.05 AM **Agatha Christie's Marple**
2.10 **to 2.30** AM **Unwind**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
8.00 **Paramedics on Scene** 1/10. A team are called to a mountain-bike crash in the Borders.
9.00 **Model Scots** Following the diverse lives of some of Scotland's most successful and aspiring models.
10.00 **Still Game** 8/9. Jack and Victor become detectives when they think Pete the Jakey might be working for the secret service. (S2)
10.30 **Real Kashmir FC** Following Davie Robertson as he moves to India to manage up-and-coming team Real Kashmir FC.
11.30 PM **to 12.00** M'T **Scottish Cup Classics** A replay of Falkirk v Inverness Caledonian Thistle from 2015.

Sky Comedy

114/115 135 123 347 362

8.00 AM **Will & Grace** (S10)
9.00 **Everybody Hates Chris**
9.30 **Entourage** 6-8/8. (S8)
11.15 **House of Lies** (S3)
12.30 PM **Fresh Prince of...**
1.30 **A.P. Bio** 6-8/8. (S4)
3.00 **The Office (US)** (S9)
3.30 **Everybody Hates Chris**
4.00 **The Conners** 3/20. (S2)
4.30 **Futurama** (S3)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S5)
7.30 **Young Rock** New episode (S3)
8.00 **The Conners** New episode 4/20. (S2)
8.30 **The Office (US)** (S2)
9.00 **Ricky Gervais: Science**
10.45 **Romantic Getaway** (S1)
11.45 **The Late Late Show with James Corden** New edition Talk show.
12.45 AM **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
1.45 **Vice Principals** (S1)
2.55 **Ballers** 6/10. (S3)
3.35 **to 5.00** AM **Highlights**

Sky Arts

130 130 165 140 11 147 365

6.00 AM **Darbar Festival**
7.00 **Rachmaninov: Rhapsody/The Two Pigeons**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Wonderland: From JM Barrie to JRR Tolkien**
1.00 PM **Tales of the...**
2.00 **DH Lawrence: Sex, Exile and Greatness**
3.00 **Landscape Artist 2015**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **The Shadows: Final Tour** From 2004.
10.00 **Bryan Ferry Plays Baloise Session**
11.20 **More Than This: The Story of Roxy Music**
12.20 AM **Jeff Lynne's ELO: Wembley or Bust**
2.50 **David Gilmour: Live**
4.40 **Auction**
5.05 **Music Icons: Glam Rock**
5.35 **to 6.00** AM **Discovering**

Pick

151 156 36 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Motorway Patrol**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 14/22. (S2)
5.00 **Warehouse 13** (S1)
6.00 **The Librarians** (S2)
7.00 **Caught Red Handed**
8.10 **Nothing to Declare**
9.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers** Stefano Brizzi.
12.00 M'T **Murders That Shocked The Nation**
1.00 AM **Britcam: Emergency on Our Streets**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 345 360

8.00 AM **My Wife and Kids**
9.00 **The Middle** (S5)
10.00 **Last Man Standing** (S7)
12.00 NOON **Friends** (S1)
8.00 PM **Friends** 19/24. Rachel loses Ross's pet monkey, prompting the gang to form a search party to find it. **8.30** 20/24. Chandler's date ignores him. (S1)
9.00 FILM **Kevin & Perry Go Large** Comedy spin-off starring Harry Enfield and Kathy Burke. (2000, 15, 82min) ★★
10.40 FILM **Jackass Presents: Bad Grandpa .5** Comedy with Johnny Knoxville. (2014, 15, 82min) ★★
12.25 AM **South Park** (S7&8)
1.55 **Kevin Bridges Live: The Story Continues**
2.55 **Paul Chowdhry: Live Innit** Stand-up show.
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 28 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.15 PM **Real Housewives of New York City**
1.10 **The Real Housewives of Cheshire**
2.10 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA** Property series.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New Jersey**
6.00 **Masters of Flip**
7.00 **Buying and Selling** Jonathan and Drew help a woman whose parents are ready to retire.
8.00 **Dinner Date**
9.00 **Botched** Double bill.
11.00 **The Cabins** For one lucky dater there is a second chance of love.
12.00 M'T **to 1.00** AM **The Only Way Is Essex**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Saint**
6.55 **The Return of Sherlock Holmes**
8.00 **Magnum, PI**
9.00 **The Sweeney**
10.05 **Minder**
11.15 **The Saint**
12.15 PM **Made in Britain**
12.45 LIVE **Snooker: World Grand Prix** Coverage of the concluding two quarter-finals.
4.30 **The Best of the 80s**
4.45 **Minder**
5.50 **The Motorbike Show**

4.45 Minder

6.45 LIVE **Snooker: World Grand Prix** Jill Douglas presents coverage of the opening semi-final on day five of the first of three events in the Players Series at The Centaur in Cheltenham, where the first player to reach six frames will progress to the final. With analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty, and commentary by David Hendon and Phil Yates.

10.15 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling .
12.15 AM **The Saint** *The Helpful Pirate:* Templar traces a victim of an antiques racket.
1.20 **Motorsport Mundial** Motorsport news and action.
1.50 **Auto Mundial**
2.20 **The Protectors**
2.55 **to 3.00** AM **Unwind**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 139 138 348 363

6.00 AM **The Outpost** 10/10. (S1)
7.00 **The Librarians** 9/10. (S2)
8.00 **Teleshopping**
11.00 **Blood & Treasure** 9/13. (S1)
12.00 NOON **Star Trek: The Next Generation** 12/26. (S6)
2.00 PM **Warehouse 13** 2/6. (S5)
3.00 **The Librarians** 9/10. (S2)
4.00 **Blood & Treasure** 9/13. (S1)
5.00 **Stargate SG-1** 2/22. (S4)
6.00 **Star Trek: The Next Generation** 12/26. Professor Moriarty wreaks havoc aboard the *Enterprise*. (S6)

9.00 Lovecraft Country

7.00 **Star Trek: The Next Generation** *Aquiel:* 13/26. The *Enterprise* crew investigate two suspicious deaths. (S6)

8.00 **Merlin** *The Darkest Hour – Part One:* 1/13. Morgana summons creatures from another world to attack Camelot. (S4)

9.00 **Lovecraft Country** *Strange Case:* 5/10. Ruby experiences the perks of life as a white woman, while Atticus lashes out at Montrose for his betrayal. **10.10** *Meet Me in Daegu:* 6/10. Nursing student Ji-ah crosses paths with a wounded Atticus. (S1)

11.20 **Reginald the Vampire** 3&4/10. Double bill of the fantasy comedy. (S1)
1.20 AM **Blood & Treasure** (S1)
2.10 **Wynonna Earp** 10/12. (S2)
3.05 **Stargate SG-1** 2/22. (S4)
4.00 **to 6.00** AM **Star Trek: The Next Generation**

+1 hour 229

Alibi

109/110 809 126 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Hudson & Rex** 4/16. (S3)
10.00 **Unforgettable** 3/13. (S3)
11.00 **Person of Interest** 15/23. (S1)
12.00 NOON **The Doctor Blake Mysteries** 10/10. (S1)
1.00 PM **Death in Paradise** (S2)
2.00 **Murdoch Mysteries** (S9)
4.00 **Hudson & Rex** 4/16. (S3)
5.00 **Unforgettable** 3/13. (S3)
6.00 **Without a Trace** 12/24. The team search for a missing criminal defence attorney. With Jerry O'Connell. (S2)

4.00 Hudson & Rex

7.00 **Person of Interest** *Blue Code:* 15/23. Reese attempts to infiltrate a smuggling ring. (S1)

8.00 **Death in Paradise** *A Stormy Occurence:* 7/8. A meteorologist is found dead – just as a storm is brewing. (S2)

9.00 **Shakespeare & Hathaway: Private Investigators** 3/10. An undertaker is given only 24 hours to live. (S1)

10.00 **Death in Paradise** *The Healer:* 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)

11.00 **Without a Trace** As 6pm.
12.00 M'T **Hudson & Rex** 4/16. A scuba diver's oxygen supply is severed. (S3)
1.00 AM **The Doctor Blake Mysteries** 10/10. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.30 AM **Highlights**
8.40 **My Hero**
9.20 **Are You Being Served?**
10.00 **Porridge**
10.40 **Last of the Summer Wine**
12.00 NOON **Keeping Up...**
12.40 PM **Dad's Army**
2.00 **Porridge**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **dinnerladies**
5.20 **Keeping Up Appearances**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

9.20 Mrs Brown's Boys

7.20 **Dad's Army** Mainwaring and the platoon are assigned to guard a vital telephone line.

8.00 **dinnerladies** Philippa has a bright idea for raising the kitchen staff's spirits. **8.40** Bren's mother wreaks havoc and incurs Stan's wrath by pursuing an ill-considered romance.

9.20 **Mrs Brown's Boys** Agnes tries to solve Dermot's relationship problems.

10.00 **Hancock: Very Nearly An Armful** Jack Dee hosts a retrospective documentary celebrating the work of Tony Hancock.

12.00 M'T **Harry Enfield and Chums** Stan and Pam flash their cash in Spain.
12.35 AM **Absolutely Fabulous**
1.55 **The Fosters**
2.20 **dinnerladies**
3.00 **The Fosters**
3.25 **to 4.00** AM **The Rebel**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Yianni: Supercar Customiser** Double bill.
8.00 **Cops on the Rock**
9.00 **The Force: Behind the Line**
10.00 **Rick Stein's Road to Mexico**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **The Force: Behind the Line** Double bill.
1.00 PM **Border Force: America's Gatekeepers**
2.00 **Top Gear** Double bill.
4.00 **QI XL** With Jason Manford, Lucy Beaumont and Rhod Gilbert.
5.00 **Taskmaster** Double bill.

2.00 Top Gear

7.00 **Richard Osman's House of Games** With Maisie Adam and Rory Bremner.
7.40 **Room 101** Frank Skinner asks Jack Dee, Gary Lineker and Fay Ripley to reveal their pet hates.
8.20 **QI** With guest panellists David Mitchell, Rob Brydon, Dara O Briain.

9.00 **Have I Got a Bit More News for You** David Tennant hosts the satirical quiz, with Zoe Lyons and Johnny Mercer.

10.00 **QI XL** Guests Aisling Bea, Corey Taylor and Ross Noble join regular panellist Alan Davies and host Sandi Toksvig.

11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **QI** As shown at 8.20pm.
2.00 **House of Games**
2.30 **Not Going Out**
3.00 **to 4.00** AM **Have I Got a Bit More News for You**

+1 hour 211 131 74

Friday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye**
8.00 **Highway to Heaven**
10.00 **Danielle Steel's No Greater Love** Drama.
11.50 **Great! Movie News**
12.00 NOON **Castle** 1/24. (S5)
1.00 PM **Body of Proof** (S3)
3.00 **Sue Thomas: F.B.Eye**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 24/24. Hawkeye and Trapper convince secret agents that Frank is a fifth columnist. (S2) **8.30** 1/24. A general mistakes Klinger for his wife. (S3)
9.00 **Randall and Hopkirk (Deceased)** 22/26. (S1)
10.00 **The Persuaders!** (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S2&3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 193 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **George Clarke's Old House, New Home**
8.00 **George Clarke's Amazing Spaces**
9.00 FILM **Men in Black: International** Fantasy with Chris Hemsworth, Tessa Thompson and Rebecca Ferguson. (2019, 12, 110min) ★★★
11.15 FILM **Mission: Impossible** Brian De Palma's action thriller with Tom Cruise. (1996, PG, 110min) ★★★
1.30 AM **Celebrity Gogglebox**
2.30 **8 Out of 10 Cats Does Countdown**
3.30 **Emergency Helicopter Medics** Documentary.
4.30 **to 5.00** AM **Travel Man: 48 Hours in Dublin**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **Entertainment News**
9.05 **NCIS** 20-23/24. (S10)
1.00 PM **Law & Order**
6.00 **NCIS** *One Shot, One Kill:* 13/23. The team race to find a sniper who targets Marine recruiters. **7.00** *The Good Samaritan:* 14/23. After three similar execution-style killings, the team discover that one of the victims, an aviator, was going through a divorce. **8.00** *Enigma:* 15/23. Gibbs charges Kate and Tony with finding a wanted former commanding officer. **9.00** *Bete Noire:* 16/23. An investigation gets under way when Ducky, Gerald and Kate are taken hostage. (S1)
10.00 **Law & Order: Special Victims Unit**
1.50 AM **The Blacklist**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters &...**
11.00 **Nightmare Tenants, Slum Landlords**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters &...**
6.00 **Home and Away**
7.00 **Shoplifters & Scammers: At War with the Law**
8.00 **Car Pound Cops: Give Me My Car Back!** New edition
9.00 FILM **The Transporter** Thriller. (2002, 15) ★★★
10.55 FILM **Taken 2** Thriller. (2012, 12, 98min) ★★★
12.40 AM **GPs: Behind Closed Doors** Documentary.
1.40 **Porn Stars: Our Secret World**
2.45 **Suits** 14/16. (S8)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: Grenfell**
11.00 **DIY SOS: The Big Build**
12.00 NOON **MasterChef USA**
1.00 PM **Tipping Point**
4.00 **DIY SOS: Grenfell**
5.00 **Property Brothers: Forever Homes**
7.00 **MasterChef USA** New edition The cooks attempt to make a dish that celebrates spice.
8.00 **Inside the Ambulance**
9.00 **999 Rescue Squad**
10.00 **Miranda** The joke-shop owner vows to get fit. **10.40** Miranda tries to do something for a good cause. **11.20** Things look up for Miranda's love life.
12.00 M'T **24 Hours in A&E**
1.00 AM **Young Vets**
2.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **All Creatures Great and Small**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Pie in the Sky**
4.10 **All Creatures Great and Small**
5.25 **As Time Goes By**
6.00 **Are You Being Served?**
6.40 **Some Mothers Do 'Ave 'Em** Frank pays a visit to a psychiatrist.
7.20 **Last of the Summer Wine** Compo helps his miserable nephew.
8.00 **Father Brown**
10.00 **New Tricks**
11.20 **Hustle**
12.40 AM **Some Mothers Do...**
1.20 **As Time Goes By**
2.00 **Pie in the Sky**
2.50 **to 4.00** AM **Howards' Way**

+1 hour 243 226 60

RealityXtra

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive** (S1)
1.05 PM **JAG** 15&16/25. (S5)
3.00 **Perry Mason**
5.00 **The Fugitive** 15/30. (S1)
6.00 **Matlock** *The Singer:* 7/19. The attorney defends a record producer accused of murder. (S7)
7.00 **Judge Judy** Twelve editions, including at: **11.15** Knocked out cold after being sucker punched at a party, a man suffers a broken jaw and sues for damages. **11.40** Afraid she was about to be deliberately hit by her ex-friend's car, a woman justifies her retaliatory vandalism.
12.05 AM **Judge Judy**
1.00 **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Donal MacIntyre's Murder Files**
5.00 **to 6.00** AM **Medical Detectives**

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 16/26. (S3)
9.00 **Mutant X** 10/22. (S1)
10.00 **Star Trek: The Next Generation** 21/26. (S3)
11.00 FILM **Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
1.00 PM FILM **The Gambler** Musical. (1980, PG) ★★
3.00 FILM **Super Cyclone** Disaster movie. (2012, 12, 90min) ★
5.00 **Star Trek** 7/26. (S2)
6.00 **Star Trek: The Next Generation** 22/26. (S3)
7.00 **Airwolf** 11/12. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **The Lawnmower Man 2: Beyond Cyberspace** Sci-fi. (1995, 12, 92min) ★
10.50 FILM **The Flock** Thriller. (2007, 18) ★★★★
12.45 AM FILM **Open 24 Hours** Horror. (2018, 18) ★★★
2.45 **to 4.30** AM FILM **The Heretics** Horror. (2017, 15, 87min) ★★

Challenge

145 160 48 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions.
7.00 **Pointless Celebrities** A musical theatre edition, featuring Ray Quinn, Joanne Clifton, Ben Forster, Kerry Ellis, Jenna Russell, Hannah Waddingham, Duncan James and Jade Ewen.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!

159 159 835 164 163

7.00 AM **Hollywood Medium with Tyler Henry**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Big Rich Texas**
12.00 NOON **Botched**
1.00 PM **I Am Cait**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** Paul Nassif tries to help singer Norwood Young find his voice again. **8.00** Paul helps a female impersonator.
9.00 **Keeping Up with the Kardashians** Kourtney is distracted during a getaway with Kendall. **10.00** Scott threatens to ruin Kourtney's trip.
11.00 **Big Rich Texas**
12.00 M'T **Dr 90210**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **to 5.00** AM **How Do I Look?**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Fish Town**
7.00 **Discovering: Gary Cooper**
8.00 **The Directors**
9.00 **The Sixties**
10.00 FILM **Project Nim** Documentary. (2011, 12, 99min) ★★★★
12.00 NOON **Life According to Sam** Documentary.
1.50 PM **My Icon: Michael Campbell**
2.00 **Six by Sondheim**
3.45 **My Icon: Keegan Hirst**
4.00 **The Directors**
5.00 **Discovering: Gary Cooper**
6.00 **The Sixties**
7.00 **Deadline Day: Football's Transfer Window** Documentary.
8.00 **Spector**
9.00 **The Zen Diaries of Garry Shandling**
1.55 AM **Magic & Bird: A Courtship of Rivals**
3.45 **Baghdad ER**
5.00 **to 6.00** AM **Discovering: Gary Cooper**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Hope for Wildlife**
8.00 **Arctic Secrets**
9.00 **Big Cat Country**
10.00 **Africa's Wild Horizons**
11.00 **Into the Wild: India**
12.00 NOON **Hope for Wildlife** Documentary.
1.00 PM **Monkey Life**
2.00 **Macro Worlds**
3.00 **Big Cat Country**
4.00 **Africa's Wild Horizons**
5.00 **Into the Wild: India**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Wildlife ER** New edition Prickly patients.
9.00 **Monkey Life**
10.00 **Hope for Wildlife**
11.00 **Into the Wild: India**
12.00 M'T **Alien Abyss**
1.00 AM **A Wild Year on Earth** Spring arrives.
2.00 **Wildlife ER**
3.00 **Monkey Life**
4.00 **Macro Worlds**
5.00 **to 6.00** AM **Big Cat Country**

HGTV

158 286 44 166

7.00 AM **Building Off the Grid** From New York.
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer to Fabulous**
2.00 **My Dream Derelict Home in the Sun**
3.00 **Love Your Garden**
4.00 **Sarah Beeny's Renovate Don't Relocate**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 **Good Bones**
10.00 **Fixer Upper: The Castle**
10.30 **The Retro Plant Shop with Mikey and Jo**
11.00 **Fixer to Fabulous**
12.00 M'T **Escape to the...**
1.00 AM **Building Off the...**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Girl Meets Farm** New editions Double bill.
9.00 **Ainsley's Good Mood...**
10.00 **The Hairy Bikers'...**
11.00 **Rachel Allen: Bake!**
11.30 **Rachel's Easy Meals**
12.00 NOON **The Great Comic Relief Bake Off**
2.00 PM **United Cakes of America** Double bill.
3.00 **River Cottage**
4.00 **The Pioneer Woman**
5.00 **Barefoot Contessa**
6.00 **Friday Night Feast**
7.00 **Great British Bake Off**
8.00 **Ainsley's Good Mood Food** Seaside treats.
9.00 **The Hairy Bikers' Mediterranean Adventure**
10.00 **Friday Night Feast**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Ace of Cakes**
2.00 **Cake Boss**
4.00 **Building Off the Grid**
5.00 **Homestead Rescue: Raney Ranch**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Richard Hammond's Workshop** Richard finds a classic Mini that needs restoring.
10.00 **Richard Hammond's Big** Richard explores the Kölnbrein Dam in Austria.
11.00 **Jade Fever**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Trucking Hell: Rollover Specials**
10.00 **Outback Truckers**
11.00 **Police Interceptors**
12.00 NOON FILM **The Angry Hills** Action drama with Robert Mitchum. (1959, b/w, PG, 105min) ★★★
2.10 PM FILM **The Big Trees** Action drama starring Kirk Douglas. (1952, U, 89min) ★★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
9.00 **Traffic Cops**
10.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
11.00 **Police: Suspect No 1**
12.00 M'T **Police Interceptors**
2.05 AM **Armed & Dangerous: Caught on Camera** The use of CCTV to fight crime.
3.05 **Car Crash TV**
4.00 **Airport 24/7: Thailand**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Highway Cops**
9.00 **Nothing to Declare**
10.00 **Stop, Search, Seize**
11.00 **UK Border Force**
12.00 NOON **Murdered at First Sight**
1.00 PM **Murders That Shocked The Nation**
2.00 **What the Killer Did Next**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Snapped** New edition
10.00 **How I Caught the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **Unexpected Killer**
2.00 **What the Killer Did Next**
3.00 **Murders That Shocked...**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 221

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Toxicologists try to determine whether a man was poisoned. **7.30** Exploring how investigators use science to solve crimes.
8.00 **48 Hours** The 2003 fire at the Station Nightclub in Rhode Island.
9.00 **It Takes a Killer** The murder of a woman in Montana sends police on the hunt for a killer. **9.30** A Californian teacher suddenly dies.
10.00 **Crimes That Shook Australia** Derek Percy.
11.00 **Snapped: Killer Couples**
12.00 M'T **Medical Detectives**
1.00 AM **It Takes a Killer**
2.00 **Crimes That Shook...**
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **Posh Pawnbrokers**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A bamboo chair.
1.00 PM **The Bidding Room**
2.00 **Animal Cops Houston**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Minute by Minute: Emergency**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **A Haunting**
10.00 **Help! My House Is Haunted** New edition An 800-year-old hotel with terrifying reports of paranormal activity.
11.00 **Ghost Adventures**
12.00 M'T **Spooked Scotland**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze

164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Mega Disasters**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Mega Disasters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Walking Through History** The thriving 18th-century smuggling trade in Cornwall.
10.00 **The Search for the Tesla Files** Marc, Jason and Travis follow the trail back to New York.
11.00 **Secrets in the Ice**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Benelux**
1.00 PM **Cake Boss**
2.00 **My 600lb Life**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
6.00 **Flip or Flop**
7.00 **My Lottery Dream Home** Double bill.
8.00 **1000lb Sisters**
9.00 **The Bad Skin Clinic**
10.00 **Naked and Afraid: Of Love** New edition A raucous Nashville night threatens one couple.
12.00 M'T **1000lb Sisters**
1.00 AM **The Bad Skin Clinic**
2.00 **Naked and Afraid: Of...**
4.00 **Curvy Brides Boutique**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Highland Vet**
1.00 PM **GPs: Behind Closed Doors** Double bill.
3.00 **The Yorkshire Vet**
5.00 **The Highland Vet**
6.00 **Walking Victorian Britain** Exploring the history of Edinburgh. **7.00** The history of Victorian London.
8.00 **Brian Cox: How the Other Half Live** Series finale 2/2. The actor visits Miami, where he meets two women whose lives have been upended by the recent property boom.
9.00 **HMP Full Sutton: Evil Behind Bars**
10.35 **Forged in Fire**
12.30 AM **Walking Victorian Britain** Triple bill.
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How It's Made: Dream Cars**
1.00 PM **The Repair Shop**
2.00 **The Restoration Man**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Helicopter ER**
10.00 **Ambulance**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Helicopter ER**
2.00 **Salvage... Classic Cars**
3.00 **How It's Made: Dream...**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes: Wedding SOS** Reality series.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress: Atlanta** Double bill.
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Betrayed**
4.00 **Animal Cops Phoenix**
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper**
9.00 **Signs of a Psychopath** New editions A car accident leads police to a monstrous psychopath. **9.30** A 'Tourniquet Killer' terrorises young girls in Texas.
10.00 **Murder in the Wicked West** New edition
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 **A Crime to Remember**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Railroad Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers: Dream Car**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush**
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers** Mike finds a 1976 Land Rover Series III.
6.00 **Salvage Hunters** The boys realise they have to fill up the van or the trip will make a loss.

10.00 Hunting Atlantis

7.00 **Gold Rush** Following the gold miners of the Yukon as they put everything on the line in the hope of striking it rich.
9.00 **Alaskan Killer Bigfoot** Paranormal investigators perform a cleansing ceremony to rid the village of its demonic energy.
10.00 **Hunting Atlantis** A mysterious Greek island where an ancient civilisation built a massive marble pyramid.
11.00 **Naked and Afraid** Anthony and Suzanne head deep into north-eastern Brazil to the Soninho River.
12.00 M'T **Combat Dealers**
1.00 AM **Alaskan Killer Bigfoot**
2.00 **Hunting Atlantis**
3.00 **Gold Rush**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Insane Pools: Off the Deep End**
9.00 **Amanda to the Rescue**
10.00 **Saved By the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Insane Pools: Off the Deep End**
1.00 PM **Amanda to the Rescue**
2.00 **The Aquarium**
4.00 **Saved By the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet**
6.00 **Insane Pools: Off the Deep End** Lucas Congdon creates a retiring military couple's dream pool.

8.00 Intruders

7.00 **Amanda to the Rescue** Amanda encounters a puppy with serious neurological issues.
8.00 **Intruders** A family in Arkansas move into a house already inhabited by an infestation of deadly spiders.
9.00 **Monsters Inside Me** An infection threatens to rob a student of her eyeball, and a mysterious affliction paralyses a young boy.
10.00 **Alaska: The Last Frontier** Atz Lee and Jane help homesteader Mike repurpose an old city house into a cabin.
11.00 **Monsters Inside Me** An infection eats the blood of a health worker.
12.00 M'T **Guardians of Rescue**
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved By the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 259

Nat Geographic

129 129 825 266 268

8.00 AM **Food Factory**
9.00 **Nazi Megastructures**
10.00 **WW2: Hell Under the Sea**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Air Crash Investigation**
1.00 PM **Wicked Tuna**
2.00 **Drain the Oceans: Thai Cave Rescue**
3.00 **Hitler Youth**
5.00 **Lost Cities: The Great Flood**
6.00 NEW SERIES **Primal Survivor: Over the Andes** 1/3. Documentary following the first leg of Hazen Audel's journey across South America.

6.00 Primal Survivor

7.00 **Air Crash Investigation** The mystery of why a brand new design of jet crashed during a demonstration flight.
8.00 **Food Factory USA** Italian golden Cannoli and cheesy balls. **8.30** Kettle cooked potato chips and lollipops.
9.00 **Colossal Machines** The world's largest aircraft, including the C5 Galaxy, subbed the Screaming Giant.
10.00 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Lincolnshire to work on a 1929 Rolls-Royce Doctors Coupe.
11.00 **Air Crash Investigation**
12.00 M'T **Wicked Tuna: North v South** Documentary.
1.00 AM **Ice Road Rescue**
2.00 **Food Factory**
4.10 **Exotic Animal ER: Double Dose** A red-footed tortoise may have a spinal injury.
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Counting Cars**
8.00 **American Pickers**
9.00 **Pawn Stars**
11.00 **Ultimate Mysteries**
12.00 NOON **National Park Mysteries** Double bill.
1.00 PM **What on Earth?**
2.00 **Curse of Skinwalker Ranch**
3.00 **Legends of the Pharaohs**
4.00 **Counting Cars**
5.00 **Pawn Stars**
6.00 **American Pickers** The Wolfe brothers pay big for some nuggets of petroliana.

7.00 Forged in Fire

7.00 **Forged in Fire** Two bladesmiths re-create the terrifying North African Tuareg Takoba.
8.00 **Weird or What? with William Shatner** Scientists examine claims that ancient pharaohs used cocaine.
9.00 **True Caribbean Pirates** Docu-drama looking at swashbuckling anti-heroes such as Captain Henry Morgan, Blackbeard and William Kidd, revealing the true character of the seafaring villains.
11.00 **The Real Conjuring: Our Story**
12.00 M'T **Strangest Things**
1.00 AM **Weird or What? with William Shatner**
2.00 **Ultimate Mysteries**
3.00 **The Real Conjuring: Our...**
4.00 **What on Earth?**
5.00 **to 6.00** AM **National Park Mysteries**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Murder Maps**
8.00 **Abandoned Engineering**
9.00 **Secret Nazi Bases**
10.00 **Warbird Workshop**
11.00 **Fred Dibnah's Made in Britain** Double bill.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers and Cash**
4.00 **WW2: Frontlines**
5.00 **Warbird Workshop**
6.00 **Great British Railway Journeys** A journey between Liverpool and north Wales. **6.30** Criccieth to Caernarfon.

8.00 Secrets of the London...

7.00 **Fred Dibnah's Made in Britain** A visit to the Severn Valley railway. **7.30** The world's oldest working steam engine.
8.00 **Secrets of the London Underground** A night-time track walk exploring forgotten stations on the District Line.
9.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore Clapham South deep level shelter.
10.00 **Bangers and Cash** Dave finds a very rare 1970s Sunbeam Lotus that has been rotting away in a farmyard for 29 years.
11.00 **Abandoned Engineering** A ghost island once belonging to a secretive country on the edge of Europe, and a haunting site in the UK with evidence of strange burial practices.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Murder Maps**

+1 hour 255 217 75

Friday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **NASA's Unexplained Files**
7.00 **How the Universe Works**
8.00 **Inside the Royal Navy**
9.00 **Combat Dealers**
10.00 **Treasure Quest: Snake Island**
11.00 **Day After D-Day**
12.00 NOON **NASA's...**
1.00 PM **Expedition Unknown**
2.00 **Secrets Underground**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** A devious plot.
5.00 **The American Revolution** Documentary.
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **Expedition Unknown**
10.00 **How the Universe Works**
11.00 **Day After D-Day**
12.00 M'T **Combat Dealers**
2.00 AM **Expedition Unknown**
3.00 **Secrets Underground**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 277 261

Eden

166 245

9.00 AM **Bahama Blue**
10.00 **China's 10 Deadliest Snakes with Nigel Marven** Examining the country's snakes.
11.00 **The Zoo**
12.00 NOON **World's Greatest Palaces**
2.00 PM **Bahama Blue**
5.00 **China's 10 Deadliest...**
6.00 **The Zoo**
7.00 **World's Greatest Palaces** Neuschwanstein Castle in Germany.
8.00 **Bahama Blue**
10.00 **The Zoo**
11.00 **China's 10 Deadliest...**
12.00 M'T **World's Greatest...**
1.00 AM **Bahama Blue**
2.00 **China's 10 Deadliest...**
3.00 **The Zoo**
3.50 **Bahama Blue**
4.40 **World's Greatest Palaces** As 7.00pm.
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Bizarre Animal Friends** Series highlights.
9.00 **Hidden Wonders of Europe** Triple bill.
12.00 NOON **Snakes in the...**
1.00 PM **Yukon Vet**
2.00 **Wild Arctic**
3.00 **Wild Antarctica**
4.00 **America's Funniest Home Videos: Animal Edition**
5.00 **Snakes in the City: Lady & The Mamba**
6.00 **Snakes in the City: Simon Goes Wild**
7.00 **Secrets of the Zoo: Tampa** Documentary.
8.00 **Man-Eater of the Congo** Documentary.
9.00 **Saving Giraffes: The Long Journey Home**
10.00 **Night Killers**
11.00 **Snakes in the City**
12.00 M'T **Something Bit Me**
1.00 AM **Caught in the Act**
2.00 **Snakes in the City**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Wild Arctic**

Sky History 2

163 163 840 272

8.00 AM **Digging for Britain**
9.00 **Combat Ships**
10.00 **Weeks of War**
11.00 **Ancient Aliens**
1.00 PM **Ancient Mysteries**
2.00 **Digging for Britain**
3.00 **Rome: Rise and Fall of an Empire**
4.00 **When Big Things Go Wrong** The crash-landing of a Boeing 777.
5.00 **Combat Ships**
6.00 **UFO Files**
7.00 **Digging for Britain**
8.00 **Rome: Rise and Fall of an Empire**
9.00 **Evil Encounters**
10.00 **Paranormal: Caught on Camera**
11.00 **Ancient Aliens**
1.00 AM **Rome: Rise and Fall of an Empire**
2.00 **Evil Encounters**
3.00 **Paranormal: Caught on Camera**
4.00 **Weeks of War**
5.00 **to 6.00** AM **The Curse of Oak Island**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.40 **Nazi Hunters**
9.40 **Britain's Ancient...**
10.45 **Michael Flynn's Holy...**
11.55 **Plot to Overturn the...**
1.00 PM **Nature's Fear Factor**
2.05 **Nazi Hunters**
3.05 **Britain's Ancient...**
4.10 **Michael Flynn's Holy...**
5.20 **Plot to Overturn the...**
6.30 **Nazi Hunters**
7.30 **Britain's Ancient Capital: Secrets of Orkney** Documentary.
8.35 NEW **Michael Flynn's Holy War** Investigating retired US general Michael Flynn.
9.45 **Plot to Overturn the Election** Claims that Donald Trump was cheated out of a second term in office.
10.55 **Britain's Ancient Capital: Secrets of...**
12.00 M'T **Michael Flynn's...**
1.15 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Meet, Marry, Murder**
11.00 **Murder Masterminds**
12.00 NOON **Buried in the...**
1.00 PM **Fear Thy Neighbour**
2.00 **Exhumed: Killer...**
3.00 **On the Case with...**
4.00 **What the Killer Did Next** Peter Fasoli.
5.00 **Kids Who Kill: Evil Up Close** Ayssa Bustamante.
6.00 **The First 48**
7.00 **Buried in the Backyard**
8.00 **On the Case with Paula Zahn** New edition
9.00 **Kids Behind Bars: Life or Parole**
10.00 **Court Cam**
11.00 **I Am a Killer**
12.00 M'T **Meet, Marry, Murder**
1.00 AM **What the Killer...**
2.00 **Kids Who Kill: Evil...**
3.00 **Fear Thy Neighbour**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Exhumed: Killer Revealed**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Sky Cinema Premiere

301 301 848 401 501 515

6.30 AM **Eiffel** As 6.05pm.
8.35 **The Bad Guys** As 5.25am.
10.30 PREMIERE **The Hanging Sun**
12.15 PM **The Estate** As 9.45pm.
2.05 **One Way** Action thriller.. (2022, 15, 95min) ★★★
3.50 **Operation Mincemeat** Wartime drama starring Colin Firth and Matthew Macfadyen. (2021, 12, 128min) ★★★★
6.05 **Eiffel** Drama starring Romain Duris and Emma Mackey. (2021, 15, 108min) ★★★

1.15 Crimes of the Future

8 PM **8.00** PREMIERE **The Hanging Sun** Drama starring Alessandro Borghi. An assassin seeks refuge in an isolated village, where events test his conscience. (2022, 15, 93min) ★★ *See review, page 23.* SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.45** **The Estate** Comedy starring Toni Collette and Anna Faris. Two sisters hope to become the beneficiaries of her wealthy aunt's estate. (2022, 15, 96min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.30** **The Duke** Comedy drama starring Jim Broadbent. (2020, 12, 95min) ★★★★
1.15 AM **Crimes of the Future** David Cronenberg's sci-fi horror with Viggo Mortensen. (2022, 18, 107min) ★★★
3.10 **Operation Mincemeat** (2021)
5.25 **to 7.10** AM **The Bad Guys** Animated family adventure. (2022, PG, 100min) ★★★

11 PM

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **The Nutty Professor**
7.40 **We Broke Up** Comedy drama. (2021, 15, 80min) ★★★
9.10 **Teaching Mrs Tingle** (1999)
10.50 **The Matrix: Resurrections**
1.20 PM **Paranormal Activity 4**
2.50 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
4.50 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
6.20 **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★

6.20 Ace Ventura: When...

8.00 **The Matrix: Resurrections** Sci-fi action thriller sequel starring Keanu Reeves. To find out if his reality is a physical or mental construct, Mr Anderson – aka Neo – has to choose to follow the white rabbit once more. (2021, 15, 148min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Scream** Horror sequel with Neve Campbell and Courteney Cox. (2022, 18, 114min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Paranormal Activity 4** Found-footage horror sequel. (2012, 15, 97min) ★★
2.20 **Teaching Mrs Tingle** Black comedy thriller. (1999, 15, 96min) ★★★
4.00 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
5.40 **to 6.00** AM **The Cinema List: Esea British Talent**

Sky Cinema Family

306 306 850 406 506 520

6.40 AM **Sky Cinema Preview**
7.10 **Alvin and the Chipmunks: The Road Chip** (2015, U) ★★
8.55 **MouseHunt** (1997, PG) ★★★★
10.45 **Paulie** (1998, U) ★★★
12.25 PM **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
2.20 **Nancy Drew and the Hidden Staircase** (2019, PG) ★★★
4.00 **Sonic the Hedgehog 2** Comedy. (2022, PG) ★★★
6.15 **Space Jam: A New Legacy** Adventure. (2021, U) ★★★

6.15 Space Jam: A New Legacy

8.15 **Spy Kids 3: Game Over** Sci-fi comedy adventure starring Daryl Sabara, Alexa Vega and Sylvester Stallone. A teen agent gets caught inside a fiendish video game. (2003, U, 84min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
9.55 **Penelope** Fantasy comedy starring Christina Ricci, James McAvoy and Catherine O'Hara. (2006, U, 87min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **Pups Alone** Family comedy with the voices of Jennifer Love Hewitt and Danny Trejo. (2021, PG, 107min) ★★★
1.20 AM **Save the Cinema** Drama with Samantha Morton, Tom Felton and Jonathan Pryce. (2021, 12, 109min) ★★★
3.10 **It Takes Two** Family comedy starring Kirstie Alley, Steve Guttenberg and Ashley Olsen. (1995, U, 97min) ★
5.00 **to 6.45** AM **Pups Alone**

Sky Cinema Action

307 307 851 407 507 521

7.00 AM **Traitor** Suspense thriller. (2008, 12, 114min) ★★★
9.00 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
11.15 **Run Hide Fight** Crime drama. (2020, 15, 109min) ★
1.10 PM **Clear and Present Danger** Action thriller. (1994, 12, 141min) ★★★
3.40 **Stealth** Action thriller. (2005, 12, 121min) ★★
5.45 **The Suicide Squad** Adventure. (2021, 15, 132min) ★★★★

10.20 Bad Boys

8.00 **Ambulance** Crime drama starring Jake Gyllenhaal. A man desperate for money asks for help from his adoptive brother, a criminal who instead offers him a score, but their getaway goes wrong. With Eiza Gonzalez, Yahya Abdul-Mateen II and Garret Dillahunt. (2022, 15, 136min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Bad Boys II** Action comedy thriller sequel. (2003, 15, 147min) ★★★
3.00 **Black Site** Action thriller. (2022, 15, 93min) ★★
4.40 **to 6.30** AM **Jackie Chan's The Tuxedo** (2002, 12) ★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **The Cinema List: The 90s**
6.20 **Carry On Cruising** (1962)
8.00 **Ride Along** (2014, 12) ★★
9.45 **Ride Along 2** (2016, 12) ★★
11.40 **Big Daddy** (1999, 12) ★★★
1.25 PM **Gambit** Heist comedy. (2012, 12, 85min) ★★★
3.00 **Tommy Boy** Comedy. (1995, 12, 96min) ★★
4.45 **Shaun of the Dead** Horror comedy. (2004, 15) ★★★★
6.30 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★

8.00 Groundhog Day

8.00 **Groundhog Day** Comedy starring Bill Murray and Andie MacDowell. A cynical TV weatherman finds himself reliving the same 24 hours over and over again. (1993, PG, 103min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **Wayne's World** Comedy starring Mike Myers and Dana Carvey as two young dudes who host a cable TV show from their basement. (1992, PG, 95min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Wayne's World 2** Comedy sequel starring Mike Myers, Dana Carvey and Tia Carrere. (1993, PG, 95min) ★★★
1.05 AM **Hot Fuzz** Cop thriller spoof starring Simon Pegg, Nick Frost and Timothy Dalton. (2007, 15, 115min) ★★★★★
3.10 **Tommy Boy** As 3.00pm.
4.50 **to 6.30** AM **Carry On Cruising** Comedy with Sidney James and Kenneth Williams. (1962, U, 85min) ★★

Sky Cinema Greats

304 304 849 404 504 518

7.35 AM **A Place in the Sun** Drama. (1951, b/w, PG, 122min) ★★★★
9.50 **Children of a Lesser God** Moving romantic drama. (1986, 15, 110min) ★★★★
11.50 **The Odd Couple** Comedy. (1968, PG, 105min) ★★★★★
1.40 PM **The Godfather** Francis Ford Coppola's gangster epic starring Marlon Brando and Al Pacino. (1971, 15, 167min) ★★★★★
4.35 **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. (1974, 18, 200min) ★★★★★
8.00 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's gangster epic starring Al Pacino as Michael Corleone, now an ageing businessman trying to put his criminal days behind him. With Diane Keaton and Talia Shire. (1990, 15, 162min) ★★★
10.50 **The Accused** Courtroom drama. (1988, 18, 111min) ★★★★
12.45 AM **Marathon Man** Thriller. (1976, 18, 126min) ★★★★★
2.50 **Harold and Maude** Comedy. (1971, 15, 89min) ★★★★
4.25 **to 6.30** AM **Ace High** Western. (1968, 15, 116min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Penguins of Madagascar** Animation. (2014, U) ★★★★
7.50 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
9.30 **Wheely** Animated comedy. (2018, PG, 90min) ★
11.10 **Blinky Bill the Movie** Animation. (2015, U, 93min) ★★★
12.50 PM **Postman Pat: The Movie** Animation. (2014, U, 87min) ★★
2.20 **Harvie and the Magic Museum** Animation. (2017, U, 86min) ★★
4.00 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
5.30 **The Boss Baby 2: Family Business** Animated comedy sequel. (2021, PG, 107min) ★★
7.20 **Planet 51** Animation featuring the voice of Dwayne Johnson. (2009, U, 86min) ★★★
8.50 **Spirit Untamed** Animation. (2021, U, 88min) ★★★
10.25 **The Wacky Hen** Animation. (2019, U, 80min) ★★
11.50 **Lego Scooby-Doo!: Haunted Hollywood** (2016, U) ★★
1.10 AM **Astro Kid** Animation. (2019, PG, 89min) ★★★
2.45 **The Wacky Hen** As 10.25pm.
4.10 **Lego Scooby-Doo!: Haunted...**
5.40 **to 6.00** AM **Sky Cinema Preview**

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
6.35 **Off Set** Double bill.
7.15 **The Man from UNCLE** (S4)
9.30 **Wichita** Western. (1955, U) ★★
11.15 **The Man from UNCLE** (S4)
1.30 PM **The Ladykillers** Ealing comedy starring Alec Guinness. (1955, U, 97min) ★★★★★
3.25 **Law of the Panhandle** Western starring Johnny Mack Brown. (1950, b/w, PG, 55min) ★★
4.40 **Destry Rides Again** Comedy Western with James Stewart. (1939, b/w, PG, 94min) ★★★★★
6.40 **The Glenn Miller Story** Musical biopic starring James Stewart. (1954, U, 116min) ★★★★★
9.00 **U.S. Marshals** Action thriller sequel to *The Fugitive*, starring Tommy Lee Jones and Wesley Snipes. A US marshal pursues an escaped prisoner and discovers that he is an ex-CIA agent who has been framed. (1998, 15, 131min) ★★★
11.40 **The Quiet Ones** Horror. (2014, 15, 96min) ★★
1.45 AM **Teleshopping**
3.50 **Off Set** With Jamie Cullum.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best...**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Castle Sinister** Horror. (1948, b/w, PG, 49min) ★★
7.00 **Value for Money** Romantic comedy. (1955, U, 89min) ★★
8.45 **The Curse of the Wraydons** Drama. (1946, b/w, PG) ★★★
10.40 **The Black Book** Drama. (1949, b/w, PG, 89min) ★★
12.30 PM **Notorious** Hitchcock thriller. (1946, b/w, U, 101min) ★★★★★
2.30 **Crown Court** (S1)
3.00 **A High Wind in Jamaica** Adventure. (1965, PG) ★★★★★
5.05 **Mask of Dust** Motor-racing drama. (1954, U, 85min) ★★
6.40 **The Chain** (1984, PG) ★★
8.30 **Dial 999** (S1)
9.00 **Cellar Club with Caroline Munro**
9.05 **The Company of Wolves** Horror starring Angela Lansbury. (1984, 18, 95min) ★★★★
10.55 **Cellar Club with Caroline Munro**
11.00 **Killer Fish** Adventure thriller. (1978, 15, 97min) ★★
1.00 AM **Cellar Club with Caroline...**
1.05 **The Ghoul** Horror chiller. (1933, b/w, PG, 79min) ★★
2.45 **Cellar Club with Caroline Munro**
2.50 **Christopher Columbus** Drama. (1948, PG, 104min) ★★
4.50 **Look at Life**
5.00 **to 6.00** AM **Target: The Corruptors**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Fall of Hyperion** Sci-fi thriller. (2008, 12, 88min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Elixir:* 5/22. Cade arrives in a small town to investigate a dramatic death. (S1)
8.00 **Farscape** *Prayer:* 18/22. Aeryn is interrogated. (S4)
9.00 **Bloodline** Thriller starring Seann William Scott. A social worker who deals with abused teenagers struggles to keep his violent tendencies in check. (2018, 18, 97min) ★★
11.00 **Honeymoon** Horror with Rose Leslie and Harry Treadaway. (2014, 15, 86min) ★★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Farscape**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **The Good Neighbour** Thriller. (2022, 15) ★★★
8.15 **Antebellum** Horror mystery. (2019, 15, 105min) ★★
10.15 **Poker Face** As 2.05am.
12.05 PM **Blacklight** Action thriller. (2022, 15, 104min) ★
2.05 **Red Lights** Thriller. (2012, 15, 109min) ★★★
4.15 **Unhinged** Action thriller. (2020, 15, 90min) ★★★
6.00 **2 Guns** Action thriller. (2013, 15, 104min) ★★★

10.15 Law Abiding Citizen

8.00 **Lord of War** Black comedy thriller starring Nicolas Cage as a cynical arms dealer who outwits his rivals and the law but can't keep disaster at bay forever. With Ethan Hawke, Jared Leto, Bridget Moynahan and Ian Holm. (2005, 5, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Law Abiding Citizen** Crime thriller starring Jamie Foxx, Gerard Butler and Colm Meaney. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Under Siege 2** Action thriller sequel starring Steven Seagal and Eric Bogosian. (1995, 18, 99min) ★★★
2.05 **Poker Face** Thriller directed by and starring Russell Crowe. (2022, 15, 120min) ★★★
3.55 **Naked Singularity** Crime comedy starring John Boyega. (2021, 15, 93min) ★★★
5.35 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.00 AM **North Hollywood** (2021)
7.40 **Land** Robin Wright's drama. (2021, 12, 89min) ★★★★
9.15 **Labor Day** As 12.25am.
11.15 **Manchester by the Sea** Drama starring Casey Affleck. (2016, 15, 134min) ★★★★★
1.35 PM **The Hours** Drama. (2002, 12, 115min) ★★★
3.35 **Babel** Epic global drama. (2006, 15, 143min) ★★★
6.00 **Brooklyn** Drama with Saoirse Ronan. (2015, 12) ★★★★

6.00 Brooklyn

8.00 **Sabrina** Romantic comedy starring Harrison Ford and Julia Ormond. A chauffeur's daughter returns a glamorous woman from two years in Paris and stirs the interest of her father's stuffy boss and his playboy younger brother. (1995, PG, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Chocolat** Comedy fantasy starring Juliette Binoche and Johnny Depp. A single mother clashes with a pious nobleman after she opens a chocolate shop during Lent in a small French town. (2000, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Labor Day** Drama. (2013, 12, 111min) ★★★
2.25 **Georgetown** Crime drama. (2019, 15, 99min) ★★★
4.15 **to 6.00** AM **North Hollywood** Comedy drama. (2021, 15, 93min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.35 AM **The Cinema List: The 90s**
6.50 **Final Days** (2020, 15) ★★★
8.40 **The Host** (2013, 12) ★★★
11.00 **Terminator 2: Judgment Day** Sci-fi action thriller sequel. (1991, 15, 146min) ★★★★★
1.45 PM **Knowing** Mystery thriller. (2009, 15, 116min) ★★★★
4.00 **Battle: Los Angeles** Adventure. (2011, 12, 116min) ★★★
6.10 **Resident Evil: Retribution** Sci-fi action thriller sequel. (2012, 15, 92min) ★★★

6.10 Resident Evil: Retribution

8.00 **Transformers** Sci-fi action adventure starring Shia LaBeouf, Tyrese Gibson and Josh Duhamel. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Snowpiercer** Fantasy thriller starring Chris Evans and Song Kang-ho. In a snow-ravaged world, travellers fight for survival on a train that perpetually circumnavigates the globe. (2013, 15, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Blade** Adventure chiller. (1998, 18, 121min) ★★★
2.40 **Blade 2** Action horror sequel. (2002, 18, 117min) ★★★★
4.40 **to 6.40** AM **Blade: Trinity** Comic-book adventure sequel. (2004, 15, 113min) ★★

Sky Cinema Feel Good

302 302 856 402 502 516

6.00 AM **Book of Love** Comedy. (2022, 12, 106min) ★★★
7.50 **Letters to Juliet** As 2.15am.
9.40 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
11.40 **Clueless** Satirical comedy. (1995, 12, 97min) ★★★★
1.30 PM **Jerry Maguire** Comedy drama. (1996, 15) ★★★★
3.50 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
5.40 **Coach Carter** Sports drama. (2004, 12, 136min) ★★★

5.40 Coach Carter

8.00 **The Terminal** Steven Spielberg's comedy drama starring Tom Hanks as a traveller from Eastern Europe who becomes stranded in New York's JFK airport terminal by a coup back home. With Catherine Zeta-Jones. (2004, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Pitch Perfect** Musical comedy starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Rebel Wilson. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Pitch Perfect 2** Comedy sequel starring Anna Kendrick. (2015, 12, 112min) ★★★
2.15 **Letters to Juliet** Romantic comedy. (2010, PG, 105min) ★
4.15 **to 6.00** AM **The Station Agent** Comedy drama. (2003, 15, 90min) ★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The League of Gentlemen** Comedy thriller. (1959, b/w, PG) ★★★★
1.15 PM **The Great Sioux Massacre** Western. (1965, U, 91min) ★★
3.30 **The Man Who Would Be King** Adventure starring Sean Connery and Michael Caine. (1975, PG, 129min) ★★★★★
6.10 **Ghostbusters** Fantasy comedy starring Kristen Wiig. (2016, 12, 113min) ★★★

9.00 Dreamland

Ghostbusters (film started at 6.10pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Dreamland** Romantic drama starring Finn Cole and Margot Robbie. During the Great Depression, Eugene Evans dreams of escaping his small town when he discovers a wounded bank robber. (2019, 15, 98min) ★★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Guard** Comedy thriller starring Brendan Gleeson and Don Cheadle. An outspoken Irish police officer must join forces with an uptight FBI agent to intercept a shipment of narcotics in County Galway. (2011, 15, 96min) ★★★★ 11 PM
1.00 **to 3.20** AM **Criminal** Thriller starring Kevin Costner. (2015, 15, 113min) ★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **A Dash of Love** Romantic drama. (2017, PG, 83min) ★★
7.45 **Love on Trend** Romantic drama. (2021, PG, 85min) ★★
9.30 **Calling for Love** Romantic comedy. (2020, PG, 90min) ★★
11.15 **Our Dream Wedding** Romantic drama. (2020, PG, 90min) ★★
1.00 PM **Flip That Romance** Drama starring Julie Gonzalo. (2019, PG, 90min) ★★
2.45 **The Wedding Ring** Romantic drama. (2020, PG, 85min) ★★
4.30 **For the Love of Chocolate** Romantic comedy drama. (2021, PG, 85min) ★★
6.15 **Love on Harbor Island** Drama. (2020, PG, 81min) ★★
8.00 **A Wedding to Remember** Romantic drama with Cristina Rosato. (2020, PG, 85min) ★★
10.00 **A Vineyard Romance** Romantic drama. (2021, PG, 86min) ★★
11.45 **Frozen in Love** Romance. (2018, PG, 84min) ★★
1.30 AM **All for Love** Romantic comedy. (2017, PG, 83min) ★★
3.00 **Love at the Parade** Romantic drama. (2012, PG, 90min) ★★
4.30 **to 6.00** AM **Lead with Your Heart** Drama. (2015, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **The Sinister Surrogate** Thriller. (2018, 12, 90min) ★★
11.00 **Hidden in Plain Sight** Thriller. (2019, 12, 87min) ★
1.00 PM **Mommy Be Mine** Thriller. (2018, 12, 90min) ★★
3.00 **My Evil Stepdad** Thriller. (2019, PG, 90min) ★★
4.50 **Running Wild** Fact-based adventure starring Brooke Shields. (1995, PG, 98min)
6.55 **Tracker** Period action drama starring Ray Winstone and Temuera Morrison. In 1903 New Zealand, a Boer tracker joins a military search party hunting a Maori sailor. With Gareth Reeves. (2010, 12, 101min) ★★★
9.00 **Robin Hood** Ridley Scott's epic adventure telling the story of how Robin Hood became an outlaw, starring Russell Crowe, Cate Blanchett, William Hurt, Mark Strong and Mark Addy. (2010, 12, 140min) ★★★
11.45 **Bunraku** Action fantasy. (2010, 15, 119min) ★★★
2.10 AM **Drone** Thriller. (2017, 15) ★★
4.00 **to 6.00** AM **Bridge to Terabithia** Fantasy adventure. (2007, PG, 96min) ★★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S7)
7.10 **Scorpio One** Sci-fi thriller. (1998, 12, 92min) ★★
9.10 **Earthstorm** Sci-fi action thriller. (2006, PG, 90min) ★★
10.55 **Wings at War 4: The Rising Sun**
12.00 NOON **M*A*S*H** (S7)
1.00 PM **Rails into Laramie** Western. (1954, U, 81min) ★★
2.40 **Indian Uprising** Western. (1951, U, 75min) ★★★
4.10 **Bombers of the Second World War** Documentary.
5.10 **The Mountain Road** World War Two adventure. (1959, U, 120min) ★★
7.20 **Earthtastrophe** Sci-fi thriller starring Paige Lauren Billiot. (2016, PG, 82min) ★★
9.00 **The Keeper** Action thriller starring Steven Seagal. An LA cop-turned-bodyguard takes a job looking after the daughter of a wealthy businessman. (2009, 15, 90min) ★★
11.05 **Bullet** Action thriller with Danny Trejo. (2014, 15, 86min) ★★
12.55 AM **Assassination Games** Thriller with Jean-Claude Van Damme. (2010, 18, 95min) ★★
2.55 **to 4.00** AM **The Blitz on Berlin**

+1 hour 324

Movies 24

325 419

7.00 AM **A Winter Getaway** As 7pm.
9.00 **One Perfect Wedding** As 9pm.
11.00 **Chronicle Mysteries**
1.00 PM **Finding Love in Mountain View** As shown at 1am.
3.00 **A Love to Remember** Romantic drama with Rhiannon Fish. (2021, PG, 90min) ★★
5.00 **A Romance Wedding** Romantic comedy with Morgan Kohan. (2020, PG, 85min) ★★
7.00 **A Winter Getaway** Romantic comedy starring Nazneen Contractor and Brooks Darnell. A man given a luxury holiday as a gift finds himself being mistaken for a millionaire. (2021, PG, 84min) ★★
9.00 **One Perfect Wedding** Romantic drama starring Taylor Cole and Jack Turner. A couple's plans for a destination wedding at the ski resort where they met encounters a series of setbacks. (2021, PG, 84min) ★★
11.00 **Chronicle Mysteries**
1.00 AM **Finding Love in Mountain View** Romantic drama. (2020, PG, 90min) ★★
3.00 **to 5.00** AM **A Love to Remember** As 3pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **The Transporter** *5STAR* Action thriller starring Jason Statham, Shu Qi, Matt Schulze and François Berléand. ★★★
9.00 **Kevin & Perry Go Large** *Comedy Central* Comedy spin-off starring Harry Enfield and Kathy Burke. ★★
9.00 **Men in Black: International** *4Seven* Fantasy sequel starring Chris Hemsworth and Tessa Thompson. ★★★
9.00 **Ben Is Back** *BBC3* Drama with Julia Roberts, Lucas Hedges and Courtney B Vance. ★★★★
10.40 **Jackass Presents: Bad Grandpa .5** *Comedy Central* Hidden camera comedy starring Johnny Knoxville and Jackson Nicoll. ★★
10.55 **Taken 2** *5STAR* Action thriller sequel starring Liam Neeson and Maggie Grace. ★★★
11.15 **Mission: Impossible** *4Seven* Brian De Palma's action thriller based on the 1960s TV series, starring Tom Cruise. ★★★
11.30 **Long Shot** *BBC1 (Scot: 12.00m't)* Comedy drama starring Charlize Theron and Seth Rogen. ★★★★

Friday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE DP World Tour Golf Coverage of day two of the Abu Dhabi HSBC Championship.
7.30 LIVE DP World Tour Golf Further coverage of day two of the Abu Dhabi HSBC Championship.
1.30 PM Chris Eubank Jr v Liam Smith: Weigh-in
2.00 LIVE Horse Racing Coverage of this afternoon's meetings.
3.30 LIVE SA20 Durban Super Giants v Pretoria Capitals. The T20 match from Hollywoodbets Kingsmead Stadium, Durban.
7.30 LIVE EFL Burnley v West Bromwich Albion. Coverage of the Championship clash from Turf Moor, as Vincent Kompany's high-flyers take on an improving West Brom side. Kick-off 8.00pm.
10.30 Chris Eubank Jr v Liam Smith: Weigh-in
11.00 The Gloves Are Off
11.30 Behind the Ropes
12.30 AM Sky Sports News
5.00 to 6.00 AM LIVE DP World Tour Golf Coverage of the third day's play of the Abu Dhabi HSBC Championship from Yas Links in the United Arab Emirates.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM PL Greatest Games
7.00 Premier League Legends
8.00 Premier League Best Goals
9.00 Premier League Highlights
9.30 Premier League 100 Club
10.00 The Football Show
12.00 NOON Premier League Highlights
12.30 PM Gary Neville's Soccerbox
1.00 Premier League Years
3.00 Premier League Highlights
3.30 PL Greatest Games
4.00 Best PL Goals 97/98
5.00 Premier League 100 Club
6.00 Premier League Highlights
6.30 Premier League Preview
7.00 Premier League – The Big Interview
7.30 Premier League Stories
8.00 Premier League Highlights Highlights of Manchester City v Tottenham Hotspur.
8.30 Gary Neville's Soccerbox
9.00 Premier League
10.30 PL Retro
12.30 AM Premier League Icons
1.00 Premier League Years
3.00 PL Greatest Games
4.00 Best PL Goals
5.00 Premier League Best Goals
5.30 to 6.00 AM PL 100 Club

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM Retro League One
8.45 EFL Greatest Games
9.00 Edinburgh Derby Best Goals
9.30 EFL Greatest Games
10.00 EFL Cup Retro
12.00 NOON Bundesliga Weekly
12.30 PM Inside the WSL
1.00 Women's Championship Show
1.30 Women's Football Weekly
2.00 Scottish Premiership Round-Up
2.15 SPFL Highlights
2.30 EFL Goals: Leagues 1 & 2
3.00 Bundesliga Weekly
3.30 Inside the WSL
4.00 Women's Championship Show
4.30 Scottish Premiership Round-Up
4.45 SPFL Highlights
5.00 EFL Greatest Games
5.30 Women's Championship Show
6.00 Inside the WSL
6.30 Women's Football Weekly
7.00 EFL Highlights
7.30 LIVE EFL Burnley v West Bromwich Albion. Kick-off 8pm.
10.30 Inside the WSL
11.00 EFL Greatest Games
12.00 M'T Championship Season Review 2018/19
1.00 AM EFL Cup Retro
3.45 EFL Greatest Games
4.00 to 6.00 AM EFL Cup Retro

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM LIVE Big Bash League Adelaide Strikers v Perth Scorchers. Coverage of the T20 match from Adelaide Oval.
8.30 LIVE Big Bash League Brisbane Heat v Hobart Hurricanes. Coverage of the T20 match from Brisbane Cricket Ground.
12.30 PM SA20 Paarl Royals v Sunrisers Eastern Cape.
1.30 The Best of The Big Bash
2.00 SA20 Recent action.
3.00 LIVE SA20 Durban Super Giants v Pretoria Capitals. Coverage of the T20 encounter from Hollywoodbets Kingsmead Stadium in Durban.
7.30 Big Bash League
9.30 SA20 Action from Durban Super Giants v Pretoria Capitals.
10.30 Big Bash League
12.30 AM Best of England v Australia
12.50 Ashes Greats
1.00 SA20 Recent action.
5.00 Stuart Broad – My Greatest Spells
5.25 Ashes Greats
5.40 to 6.00 AM Best of England v Australia

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM LIVE DP World Tour Golf Coverage of day two of the Abu Dhabi HSBC Championship at Yas Links in the United Arab Emirates.
1.30 PM Golf's Greatest Holes
2.00 PGA Championship Official Films The 2022 tournament.
3.00 Chronicles of a Champion Golfer Profile of Sandy Lyle.
3.30 Rory McIlroy: Back on Top
4.00 DP World Tour Golf
5.00 LIVE LPGA Tour Golf Day two of the Hilton Grand Vacations Tournament of Champions from Lake Nona Golf & Country Club in Orlando, Florida.
8.00 LIVE PGA Tour Golf Day two of the American Express from PGA West Stadium Course at La Quinta Country Club in California.
12.00 M'T DP World Tour Golf
1.00 AM Chronicles of a Champion Golfer Double bill of editions.
2.00 DP World Tour Golf
3.00 Chronicles of a Champion Golfer Double bill of editions.
4.00 DP World Tour Golf
5.00 to 7.00 AM LIVE DP World Tour Golf Coverage of the third day's play of the Abu Dhabi HSBC Championship.

BT Sport 1

413 413 870 | 527 | 408 430

6.30 AM The Rugby's On
7.30 BT Sport Reload
7.45 Serie A – Full Impact
8.15 A-League Highlights
8.45 LIVE Isuzu UTE A-League Adelaide Utd v Macarthur FC.
10.45 Premier League
12.00 NOON Serie A – Full Impact
12.30 PM What I Wore
12.45 The Rugby's On
1.45 LIVE ILT20 Abu Dhabi Knight Riders vs Desert Vipers.
5.30 Champions Cup Highlights
6.30 The Rugby's On
7.30 LIVE Heineken Champions Cup Leicester Tigers v Ospreys. Coverage of the Pool B match. Kick-off 8.00pm.
10.15 BT Sport Films
11.45 Chip Shot Challenge
12.00 M'T WWE NXT Highlights
1.00 AM LIVE WWE Friday Night SmackDown Wrestling action.
3.00 BT Sport Reload
3.15 LIVE A-League Women Western United v Brisbane Roar. Kick-off 3.20am.
5.15 World Rally Championship
5.45 to 6.00 AM UEFA Champions League – Stories of the Finals

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM Currie Club
6.30 FIH Hockey Men's World Cup
7.30 LIVE FIH Hockey Men's World Cup Australia v South Africa. Push-back 7.30am.
9.30 LIVE FIH Hockey Men's World Cup France v Argentina. Push-back 9.30am.
11.30 LIVE FIH Hockey Men's World Cup Belgium v Japan. From India. Push-back 11.30am.
1.30 PM LIVE FIH Hockey Men's World Cup Korea v Germany. From India. Push-back 1.30pm.
3.30 FIH Hockey Men's World Cup
4.30 Isuzu UTE A-League
5.30 ESPN FC Football news.
6.00 Deaf Away Days
6.15 Premier League
7.30 LIVE Heineken Champions Cup Lyon v Bulls. Coverage of the Pool A clash. Kick-off 8.00pm.
10.15 Deaf Away Days
10.30 UFC Live
11.00 Women's One-Day International Cricket
12.00 M'T to 6.00 AM LIVE Women's One-Day International Cricket Australia v Pakistan. The third and final ODI in Sydney.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM ESPN FC Football news.
6.30 Premier League Legends
7.00 WWE Wrestling action.
9.00 UCL Stories of the Finals
9.30 Classic Rugby Revisited
11.00 EuroCup Basketball
12.00 NOON MLB Classic
1.00 PM ESPN FC Football news.
1.30 UEFA Champions League Greatest Nights
2.30 Premier League Legends
3.00 WWE NXT Wrestling action.
4.45 What I Wore: Jermain Defoe
5.00 Inside Serie A
5.30 UCL Greatest Nights: Chelsea
6.30 Down The Clubhouse
7.30 Serie A – Full Impact
8.00 Inside Serie A Football news.
8.30 WWE NXT UK Classics
9.30 What I Wore: Jermain Defoe
9.45 LIVE Women's T20 Super Smash Central Hinds v Otago Sparks. From Saxton Oval.
1.30 AM LIVE T20 Super Smash Central Stags v Otago Volts. Coverage from Saxton Oval.
5.00 to 7.00 AM LIVE A-League Women Adelaide United v Melbourne Victory. Coverage of the match from ServiceFM Stadium. Kick-off 5.00am.

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM NFL: America's Game
7.00 NFL Review Show
9.00 NFL Gameday
9.30 One Jets Drive
10.00 Her Huddle
10.30 NFL Bitesize Highlights
11.00 NFL Highlights Tampa Bay Buccaneers v Los Angeles Rams.
12.00 NOON NBC's Pro-Football Talk
2.00 PM NFL Highlights Action from Kansas City Chiefs v Buffalo Bills.
3.00 NFL Gameday
3.30 One Jets Drive
4.00 Her Huddle
4.30 NFL Bitesize Highlights
6.00 Good Morning Football
8.45 NFL Bitesize Highlights Brief highlights of the second Wild Card play-off match.
9.00 NFL Gameday
9.30 Her Huddle
10.00 NFL Bitesize Highlights
11.00 Total Access
1.00 AM One Jets Drive
1.30 NFL Highlights Action from the third Wild Card play-off match.
2.30 NFL Bitesize Highlights
3.00 NFL Highlights
4.00 Her Huddle
4.30 NFL Gameday
5.00 to 6.00 AM NFL Highlights

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM PL Greatest Games
7.00 Premier League Legends
7.30 My Icon
8.00 NFL Highlights
9.00 NBA Action
9.30 NBA Basketball
11.30 Inside the WSL
12.00 NOON Fight Night
1.00 PM The Gloves Are Off
1.30 Chris Eubank Jr v Liam Smith: Weigh-in
2.00 Premier League Years
4.00 Sail GP
4.30 Inside the WSL
5.00 NBA Basketball
7.15 Bundesliga
7.20 LIVE Bundesliga RB Leipzig v Bayern Munich. Coverage of the German top-flight clash from Red Bull Arena. Kick-off 7.30pm.
9.30 The Gloves Are Off
10.00 Fight Night A chance to see Chris Eubank Jr v Wanik Awdijan.
10.30 Chris Eubank Jr v Liam Smith: Weigh-in The boxers hit the scales ahead of their fight.
11.00 The Gloves Are Off
11.30 Behind the Ropes
12.30 AM Big Bash League
1.30 NBA Basketball
5.30 to 6.00 AM The Gloves Are Off

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM ESPN SportsCenter
6.15 Around the Horn
6.45 Pardon the Interruption
7.15 ESPN SportsCenter
7.30 ESPN FC Football news.
8.00 30 for 30
12.00 NOON X Games Aspen
1.00 PM Around the Horn
1.30 Pardon the Interruption
2.00 30 For 30
4.00 College Basketball
9.15 X Games Aspen
10.15 ESPN SportsCenter
10.30 World Rally Championship
11.00 UFC Fight Camp
11.30 Premier League Preview
12.00 M'T LIVE NCAA Women's Gymnastics Championship
3.00 AM Pardon the Interruption
3.30 UFC Fight Camp
4.00 to 6.00 AM LIVE A-League Women Melbourne City v Western Sydney Wanderers. Coverage of the match from Casey Fields. Kick-off 4.00am.

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM LIVE Australian Open Tennis Coverage of day five.
7.45 LIVE Australian Open Tennis Continued coverage of day five.
10.00 LIVE Australian Open Tennis Concluding coverage of day five of the opening Grand Slam event of the season, featuring third-round matches at Melbourne Park.
1.00 PM Australian Open Tennis Cube
1.15 Australian Open Tennis Action from day five of the opening Grand Slam event of the season, featuring third-round matches.
8.00 Australian Open Tennis The best of the third-round singles action on day five from Melbourne Park.
12.00 M'T to 7.00 AM LIVE Australian Open Tennis Coverage of the third-round matches on the sixth day of the first Grand Slam of the year, staged at Melbourne Park.

Eurosport 2

411 411 869 | 522 | 413 436

7.00 AM LIVE Ski Jumping Coverage from Sapporo in Japan.
8.45 Best of Downhill
9.00 LIVE Alpine Skiing The women's super-G event in Italy.
12.00 NOON Ski Jumping
1.00 PM LIVE Alpine Skiing The women's super-G event in Italy.
2.00 Alpine Skiing
3.00 LIVE Speed Skating: Winter World University Games
3.50 Discovery Golf
4.20 Best of Slalom
4.30 Ski Jumping
5.30 Alpine Skiing
6.30 LIVE Snowboarding: Winter World University Games The men's and women's big air events.
8.05 Alpine Skiing
9.00 Cycling: Tour Down Under
9.45 Cycling: Zwift Academy
10.15 Alpine Skiing
12.00 M'T to 7.00 AM LIVE Australian Open Tennis The third-round matches on the sixth day.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM Inside the NBA
6.30 NBA Action
7.00 The Wheelchair Super League Grand Final
8.00 Super League Stories
9.00 Behind the Ropes
10.00 Fight Night
10.30 Chris Eubank Jr: Off Limits
11.00 Fight Night
12.00 NOON Behind the Ropes
1.00 PM The Gloves Are Off
1.30 Chris Eubank Jr v Liam Smith: Weigh-in
2.00 NBA on Fire
2.30 NBA Action
3.00 NBA Basketball
7.30 LIVE British Basketball Sheffield Sharks v Bristol Flyers. Coverage of the match at Ponds Forge International Sports Centre. Tip-off 7.30pm.
10.00 Hoop Cities: Kaunas
11.00 NBA Basketball
1.00 AM NBA Basketball
5.00 to 6.00 AM Fight Night

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM Best of 2022
8.00 Indycar Back-to-back highlights, including at:
4.00 PM Highlights from the Honda Indy 200 at Mid-Ohio.
5.00 Highlights from the 2022 Indy 300 At Toronto.
6.00 Highlights of the Hy-VeeDeals.com 250.
7.00 Highlights of The Hy-Vee Salute to Farmers 300.
8.00 Highlights from the 2022 Gallagher Grand Prix, which took place at Indianapolis Motor Speedway.
9.00 Action from the Big Machine Music City Grand Prix, which took place at Nashville Street Circuit.
10.00 Highlights of the Bommarito Automotive Group 500.
11.00 The Grand Prix of Portland.
12.00 M'T Indycar Highlights of the Grand Prix of Monterey.
1.00 AM Johnny, Seb & The Green Pea A 100-year-old Aston Martin.
1.15 to 6.00 AM Best of 2022

SKY HD SD VIRGIN HD BT HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

BBC iPLAYER Operation Ouch! Science Live Lesson

Monday, 11am, CBBC/BBC iPlayer

Dr Chris and Dr Xand Tulleken are in the *Operation Ouch!* lab for this science lesson, in which they explain how the heart works, and how we can keep our hearts happy and healthy.

Dr Ronx is also on hand with a special team of helpers to explain more about the circulatory system, how the blood travels around the body delivering oxygen and nutrients to vital organs.

The lesson finishes with Dr Chris and Dr Xand taking part in a heart-to-heart pop quiz.

There will be live website commentary on the BBC website, where you can also find activity sheets and other resources for the lesson.

sky KIDS Silly Pets

Available now, Sky Kids

In this howl-a-minute spin-off to Sky Kids' *Silly Animals*, Gary the vlogging dog (voiced by comedian Alan Carr) turns his attention from the wild side to our domesticated friends. From cats opening doors, to dogs barking at their own reflections and owners giving their pets silly voices, this show brings some of the funniest fails in pet history to our screens. As Alan Carr/Gary the Dog himself says: 'Pets doing silly things for the whole family to enjoy – what's not to love?'

More great shows to watch this week...

Winnie the Pooh

Available now, Disney+

Wednesday (18 Jan) is Winnie the Pooh Day, so it's the perfect time to stream some Pooh Bear on Disney+. Choose from classics like *The Tigger Movie* or the live-action *Christopher Robin* starring Ewan McGregor.

Junior Bake Off NEW

Weekdays, 5pm, C4

The junior version of the baking competition returns for another series, with host Harry Hill and judges Liam Charles and Ravneet Gill welcoming a new batch of budding young bakers to the famous tent.

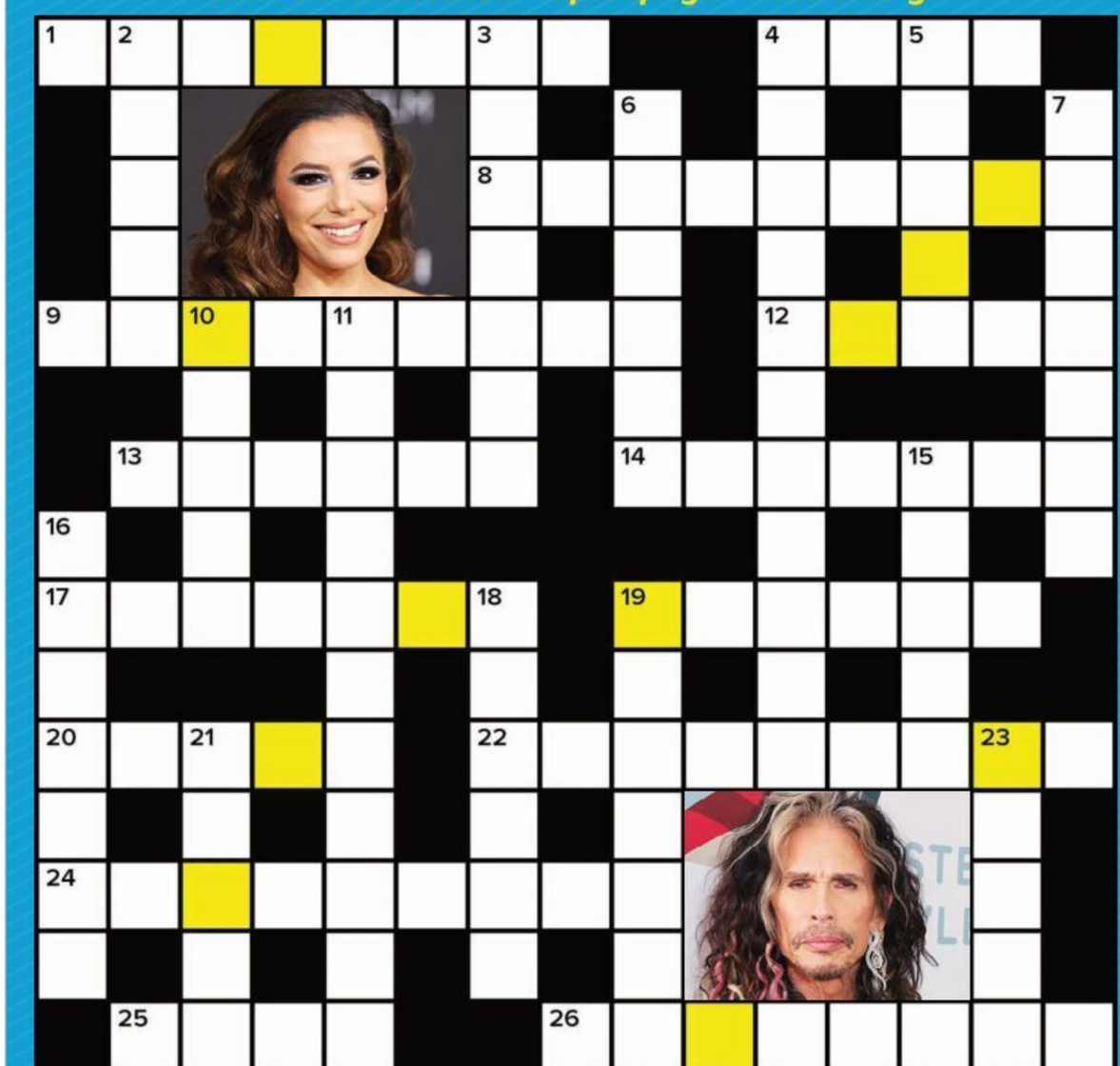
Julia Donaldson Collection

Available now, BBC iPlayer

If you loved *The Smeds and the Smoos* at Christmas, why not head over to BBC iPlayer to revisit favourites including *The Gruffalo*.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out British acting dame (6,5). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: Played Gabrielle Solis in *Desperate Housewives*, Eva -------- (8)
4 TV show hosted by Judith Chalmers from 1974-2003, ---- *You Were Here...?* (4)
8 Daniela ----- ----, played Janey Harper in the BBC1 sitcom *My Family* (5-4)
9 1973 single and album by the US rock band Eagles (9)
12 ----- Sandé, singer who had a 2012 hit with *Next to Me* (5)
13 ------ Fox, star of BBC1 crime drama *Silent Witness* (6)
14 Huw -------, long-time BBC newsreader (7)
17 1996 movie starring Pete Postlethwaite and Ewan McGregor, ------- *Off* (7)
19 BBC children's TV series, *In the Night* ------ (6)
20 ----- Ziff, Marge's ex-boyfriend in *The Simpsons* (5)
22 Writer, broadcaster and former MP, Gyles --------- (9)
24 The main presenter of BBC1 quiz show *Pointless*, Alexander --------- (9)
25 *The Wall* host, Danny ---- (4)
26 Played Frank Spencer in comedy *Some Mothers Do 'Ave 'Em*, Michael -------- (8)

DOWN

2 Laurel and Hardy biopic released in the UK in 2019, *Stan &* ----- (5)
3 Harrison Ford movie role, ------- *Jones* (7)
4 Film comedy starring Mike Myers and Dana Carvey that was released in 1992 (6,5)
5 *Curb Your Enthusiasm* actor, ----- Essman (5)
6 *Friday I'm* -- ----, 1992 hit single by The Cure (2,4)
7 ------- Joan Hart, American actor who starred in *Sabrina the Teenage Witch* (7)
10 Plays Maria Connor in *Coronation Street*, ----- Longchambon (5)
11 *Murder on the Dancefloor* singer, Sophie ----- ------ (5-6)
15 Starred as Superman in four films, Christopher ----- (5)
16 First name of Grampa in *The Simpsons* (7)
18 Played Angie Watts in *EastEnders*, Anita ------ (6)
19 Harry Potter's friend, Hermione ------- (7)
21 Rock opera by The Who featuring *Pinball Wizard* and made into a film in 1975 (5)
23 See picture clue: Aerosmith frontman, Steven ----- (5)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, SKY, BBC

CROSSWORD SOLUTION

ANSWER: MAGGIE SMITH ACROSS: 1 Longoria 4 Wish 8 Denby-Ashe 9 Desperado 12 Emeli 13 Emilia 14 Edwards 17 Brassed 19 Garden 20 Artie 22 Brandreth 24 Armstrong 25 Dyer 26 Crawford
DOWN: 2 Ollie 3 Indiana 4 Wayne's World 5 Susie 6 In Love 7 Melissa 10 Samia 11 Ellis-Bextor 15 Reeve 16 Abraham 18 Dobson 19 Granger 21 Tommy 23 Tyler

Coming soon

Better

FIRST LOOK

Leila Farzad and Andrew Buchan star in a dark thriller about police corruption

Gritty crime drama *Better*, airing on BBC1 later this year, takes a stark look at the intense connection between a cop and a gangster.

The five-part series is set in Leeds and sees Leila Farzad (*I Hate Suzie*) take centre stage as talented DI Lou Slack, who has followed in the footsteps of her father to become a respected figure within Yorkshire's police.

But Lou is hiding an unsettling secret, as, 19 years previously, she forged a sinister pact with dynamic Irish underworld figure Col McHugh (*Broadchurch*'s Andrew Buchan), which allowed Lou to climb the career ladder and helped Col become a wealthy businessman.

Col is now a merciless crime boss who is heading up a drug-trafficking gang, but for Lou, the corruption is starting to leave a sour taste, particularly after her family has a brush with danger. Can Lou make amends and end Col's reign of terror?

Samuel Edward-Cook plays Lou's doting husband, Ceri, while Zak Ford-Williams is their son, Owen, and the cast also includes Ceallach Spellman, Carolin Stoltz, Anton Lesser, and Olivia Nakintu as Lou's friend DC Esther Okoye.

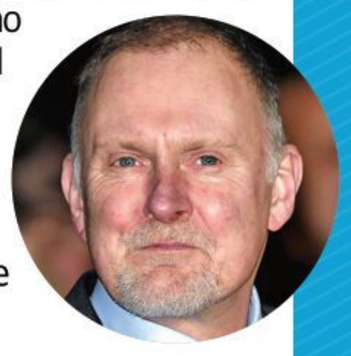
'*Better* is a brilliant, fresh take on the morality tale,' says Farzad. 'I am excited to have the opportunity to play Lou, the vehicle through which we explore the multivalent layers of good and bad. She's a complex, flawed yet utterly human character.'

Leila Farzad as Lou

WHAT'S NEXT FOR...

Robert Glenister

In Channel 5's four-part Liverpool-set drama **Black Cab**, the actor plays taxi driver Tony, who becomes addicted to a radio talk show hosted by enigmatic DJ Lawrence (Sean Pertwee). Suzanne Packer co-stars.



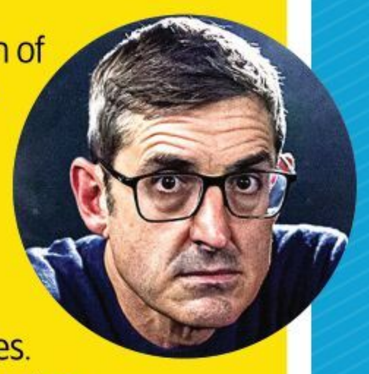
Jason Watkins

ITV1's moving documentary **Jason and Clara: In Memory of Maudie** will see the actor and wife Clara Francis reflect on the tragic death of their two-year-old daughter, Maude, from sepsis in 2011.

Coming Back

BBC1 comedy **Ghosts** will return for a fifth series as Mike (Kiell Smith-Bynoe) and Alison (Charlotte Ritchie) devise new money-making schemes for their haunted Button House after a fire.

For a second run of **Louis Theroux Interviews...** on BBC2, the broadcaster will have more in-depth chats with famous faces. 'Expect more big stars and BAFTA-winning excellence from yours truly,' says Theroux.



Next week

On sale Tuesday 17 January

Extraordinary

Disney+'s comedy follows Jen (Máiréad Tyers), who is desperate to discover her superpower.

Lockwood & Co

A trio of teenagers work as ghost hunters in Netflix's London-based fantasy.

Teen Wolf: The Movie

Paramount+'s feature-length sequel to the TV series, starring Tyler Posey as werewolf Scott.

Shrinking

Jason Segel and Harrison Ford in Apple TV+'s comedy about a therapist who starts being honest.

Standard Subscription rates (1 year): UK £164.99, Europe/Eire 341.40 Euros, USA $398.30, Rest of World £284.50. For inquiries, contact *TV&Satellite Week* Subscriptions, FREEPOST Future Plc, or email help@magazinesdirect.com. If you require any other issue/s of Future Plc magazines, these are available online at magazinesdirect.com, or call +44(0)330 333 1113. **Subscription delays** Disruption remains within UK and international delivery networks. Please allow 1-2 days before contacting us about a late delivery at help@magazinesdirect.com

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We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.

Wallace & Gromit

THE WRONG TROUSERS 30 YEARS

MECHANICAL WATCH

"WELL THAT WENT AS WELL AS COULD BE EXPECTED DIDN'T IT" – WALLACE

REAR OF THE CASING: Reverse etched with Feathers McGraw, the official logo and an individual edition number

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In 1993, an iconic stop-motion animated short film captured the world's imagination – Nick Park's **The Wrong Trousers** – featuring the much loved duo Wallace & Gromit on another hilarious adventure! Commemorating 2023's 30th anniversary of this animation, The Bradford Exchange is delighted to present a specially commissioned comemorative timepiece – the officially licensed *Wallace & Gromit 'The Wrong Trousers' 30th Anniversary Mechanical Watch.*

Expertly handcrafted, this unique market-first mechanical movement edition captures official imagery of Wallace in The Wrong Trousers and Gromit looking on, in addition to the official logo at the dial top. The stainless steel casing is plated in rich gold, and a black genuine leather strap complements the artwork. At 6 o'clock is the 30th anniversary logo depicting Feathers McGraw, and invention-style rivets on the blue metallic edging signify the dial markers. That's not all – the casing reverse is engraved with Feathers McGraw on the reverse!

Individually numbered on the casing reverse, this tribute to a legendary British animation will only available from The Bradford Exchange and your purchase will be covered by our 120-day money-back guarantee – subject to production commencing. It will be available for just 5 interest-free instalments of £29.99 – that's only £149.95 (plus £9.99 S&S)*. Pay nothing now – simply complete and return your Reservation Application today! Production dependent on total reservations received. We will notify you should production not proceed within 60 days. Production dependent on total reservations received. We will notify you should production not proceed within 60 days.

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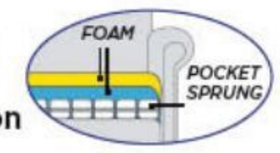

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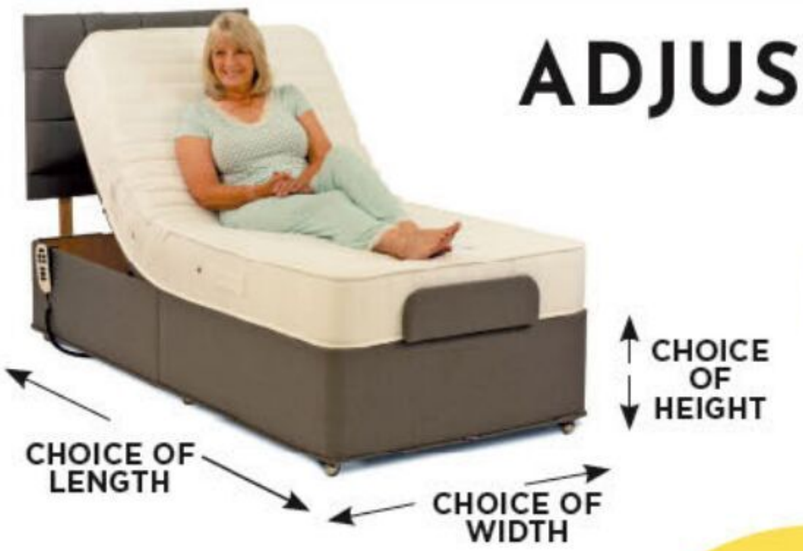

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